FACT BOOK ON AGING
IN
BRITISH COLUMBIA


The Gerontology Research Centre
Simon Fraser University

# FACT BOOK ON AGING IN BRITISH COLUMBIA 

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## Foreword

This Fact Book on Aging in British Columbia was produced in response to the many requests received each year by the Gerontology Research Centre for information about the province's older population. These requests come from the variety of individuals and groups who generally access Centre resources: students, faculty, various levels of government, community groups and agencies, private consultants and practitioners, the media, business and industry and the general public. They cover a broad variety of topics: from questions about the ethnic composition of the elderly population to questions about life expectancy, health care utilization, housing and family composition.

This document attempts to bring together in one place and in a form useful to our various user groups, all of the frequently requested information as well as some, not so frequently requested, but which we felt was important for persons working to gain a comprehensive picture of the elderly in British Columbias.

Much of the information is drawn from the Census of Canada. Because of frustration we have experienced in attempting to track data reported by other researchers, we have gone to considerable effort to cite the full title, catalogue number, table number and publication date of all source documents.

We also have included far more numbers than either the Fact Book on Aging in Canada (Health and Welfare Canada, 1983) after which this document is modelled, or such Statistics Canada overview publications as The Elderly in Canada (1984 Catalogue No. 99-932). This was done nuite deliberately; again as a result of our frustration in working with others' data which sometimes is presented in a way that makes it quite time consuming, difficult
or, in the case of unpublished source material, impossible to reconstruct the original data for re-analysis or combination in a different way.

This does not mean that we have done away with such useful summary statistics as percentages. To the contrary, these are almost always presented -- but frequently in a table rather than in graphic form. In regard to percentages, it should be noted that when figures do not add up to 100 , it is due to rounding in which case the figures may total $99 \%$ or 101\%. Rounding also accounts for small discrepancies (5-20) in numbers reported for total populations vs the sum of component parts or, between data in different tables.

It should also be noted that unless stated otherwise, terms such as "the aged", "the elderly", etc. refer to persons aged 65 and over. This reflects conventional usage of these terms and the way data are frequently aggregated. It should not be taken to imply lack of recognition of the heterogenity of the older population.

Topics covered in this document are listed in the Table of Contents and include: the size and historical rate of growth of the elderly population of British Columbia; trends in life expectancy, mortality rates and causes of death; the marital status of the elderly population; its geographic distribution and residential mobility; its ethnic composition; a description of living arrangements and housing; employment, education and economic status; and health service utilization. Several other important topics have been omitted, mainly because provincial information was unavailable or the data base was too small to be considered reliable. These topics include: sources of income; diet and physical activity;
self-reported health status; visits to physicians and dentists; source of family support; criminal victimization rates; and leisure activities.

The Canadian Government Report on Aging (1982) states "the development of good policies and programs reflects upon good research. This is in turn dependent upon a reliable data base" (p. 150). Currently, only a limited amount of reliable data is available on the aging population of British Columbia. As more becomes available and with succeeding Censuses, plans are to up-date this document so that it can continue to service the needs of the growing number of individuals and groups requiring information concerning the senior segment of B.C.'s population.

Gloria Gutman<br>Ellen Gee Belle Bojanowski Darja Mottet<br>August, 1986

(iv)
Table of Contents Page

1. Size of the Elderly Population ..... 1
1.1 Past Trends and Future Growth ..... 1
1.2 Population Aging Within the Older Population Itself ..... 3
1.3 Median Age of the Population ..... 5
2. Sex Ratios ..... 7
3. Mortality ..... 9
3.1 Trends in Life Expectancy ..... 9
3.2 Mortality Rates ..... 13
3.3 Causes of Death ..... 15
4. Marital Status ..... 17
5. Geographic Distribution and Mobility ..... 20
5.1 The Older Population of B.C. in Relation to Other Provinces ..... 20
5.2 Rural-Urban Distribution ..... 22
5.3 Geographic Distribution Within British Columbia ..... 24
5.3.1 Geographic Distribution Within the Greater Vancouver ..... 26
Regional District
5.3.2 Geographic Distribution Within the Capital Regional ..... 28 District
5.4 Mobility ..... 30
5.4.1 Total Population and Population Aged 65+ ..... 31
5.4.2 Distance Moved ..... 32
5.4.3 Net Internal Migration ..... 35

## Page

6. Ethnic Composition ..... 37
6.1 Predominant Groups ..... 37
6.2 Proportion of Ethnic Origin Groups Aged 65+ ..... 39
6.3 Original Peoples ..... 41
7. Living Arrangements ..... 42
7.1 Persons by Type ..... 42
7.2 Private Households - Present and Future ..... 44
8. Housing ..... 47
8.1 Home Ownership ..... 47
8.2 Preferred Structural Type ..... 49
8.3 Condition of Dwelling ..... 52
8.4 Housing Costs ..... 54
9. Education ..... 56
9.1 Education Attainment ..... 56
10. Labour Force ..... 59
10.1 Labour Force Participation Trneds ..... 59
10.2 Occupations ..... 61
10.3 Full and Part-time Employment ..... 63
11. Income ..... 65
11.1 Income of Individuals ..... 65
11.2 Income of Families and Non-family Persons in Private ..... 67 Households
Page
12. Health Care Utilization ..... 69
12.1 Hospitalization ..... 69
12.2 Continuing Care ..... 74
12.3 Physician Services ..... 77
Appendices
13. Census Divisions and Subdivisions Included in Greater ..... 79
Vancouver Regional District Member Communities and
Electoral Areas
14. Census Divisions and Subdivisions Included in Capital ..... 80
Regional District Member Communities and Electoral Areas

## List of Tables

## Table Number

Page
1.1 Total Population and Population Aged 65+:
Canada and British Columbia, 1901-2001
1.2 Age Structure of the Population Aged 65+: ..... 4
British Columbia, 1981 and 2001
1.3 Median Age of Population: BritishColumbia, 1901-2001
2.1 Males and Females Aged 65+ and Sex Ratios: ..... 8 British Columbia, 1941 and 1981
3.1 Life Expectancy at Birth, Age 65, and Age 80, ..... 10 by Sex: British Columbia, 1931 to 1980-82
3.2 Age-specific Mortality Rates, by Sex: British ..... 14Columbia, 1971 and 1984
3.3 Leading Causes of Death, by Sex: British ..... 16
Columbia, 1984
4.1 Number and Percent of Population Aged 65+ ..... 18
in Marital Status Groups, by Age and Sex: British Columbia, 1981
5.1 Total Population and Population Aged 65+: ..... 21
Canada and Provinces, ..... 1981
5.2 Number and Percent of Total Population Aged ..... 23
$65+$ and Aged 80+, for Urban and Rural Areas: British Columbia, 1981
5.3 Total Population and Population Aged 65+ by ..... 25
Regional District: British Columbia, 1981
5.3.1 Total Population and Population Aged 65+: ..... 27Greater Vancouver Regional District, 1981
5.3 .2 Total Population and Population Aged 65+: ..... 29
Capital Regional District, 1981
5.4.1 Percent of the Population Aged 65+ who ..... 31 Changed Residence in the 5 Years Preceding the Censuses of 1961, 1971, 1976 and 1981: Canada and British Columbia

## Page

| 5.4.2 | Mobility Status of Population Aged 65+: Canada, British Columbia and Selected Areas Within B.C., 1976-1981 | 33 |
| :---: | :---: | :---: |
| 5.4 .3 | Net Internal Migration of Population Aged 65+, by Province, 1976-1981 | 36 |
| 6.1 .1 | Ten Leading Ethnic Origin Groups, Total Population and Population Aged 65+: British Columbia, 1981 | 38 |
| 6.1 .2 | Population Aged 65+, by Selected Ethnic Origin Groups: British Columbia, 1981 | 40 |
| 7.1 | Population Aged 65+, by Living Arrangements and Sex: British Columbia, 1981 | 43 |
| 7.2 .1 | Private Households Maintained by Persons Aged 65+, by Sex: British Columbia, 1981 | 45 |
| 7.2.2 | Households by Age of Head: British Columbia, 1981, 1991, 2001 | 45 |
| 8.1 .1 | Number and Percentage Distribution of Private Households, by Tenure, for Selected Age Groups of Household Heads: British Columbia, 1981 | 48 |
| 8.1 .2 | Percentage Distribution of Private Households, by Tenure and Sex, for Selected Age Groups of Household Heads: British Columbia, 1981 | 48 |
| 8.2 .1 | Number and Percentage Distribution of Elderly Households, by Structural Type: British Columbia, 1981 | 50 |
| 8.2.2 | Number and Percentage Distribution of Elderly Households, by Structural Type and Sex of Household Head: British Columbia, 1981 | 50 |
| 8.3 | Percentage Distribution of Housing Requiring Major Repair, by Sex of Household Head, for Selected Age Groups: British Columbia, 1981 | 53 |
| 8.4 | Average Monthly Housing Costs of the Population Aged 65+: British Columbia, 1981 | 55 |
| 9.1 | Highest Level of Schooling of the Population Aged 25-64 and 65+: British Columbia, 1981 | 57 |


|  |  | Page |
| :---: | :---: | :---: |
| 10.1 | Labour Force Participation Rates, by Age and Sex: Canada and British Columbia, 1961-1981 | 60 |
| 10.2 | Occupational Distribution of Total Labour Force and Labour Force Aged 65+, by Sex: British Columbia, 1981 | 62 |
| 10.3 | Percent of Labour Force Aged 55+ Employed Full-time and Part-time, by Sex: British Columbia, 1983 | 64 |
| 11.1 | Average Income of Individuals, by Age and Sex: British Columbia, 1981 | 66 |
| 11.2.1. | Number and Percentage Distribution of Families in Private Households, by Age of Head and Family Income: British Columbia, 1980 | 68 |
| 11.2 .2 | Number and Percentage Distribution of Nonfamily Persons in Private Households, by Age and Inc̣ome: British Columbia, 1980 | 68 |
| 12.1.1 | Hospital Separations per 1,000 Population for Selected Age Groups, by Sex: British Columbia, 1.971 and 1982-83 | 70 |
| 12.1.2 | Hospital Days per 1,000 Population for Selected Age Groups, by Sex: British Columbia, 1971 and 1982-83 | 72 |
| 12.2 .1 | Number and Percentage Distribution of Long Term Care/Extended Care Unit Clients Aged 65+, by Place of Care (Home/Facility): British Columbia, 1980-1984 | 75 |
| 12.2 .2 | Percent of Population in Care, by Age: British Columbia, 1981-1984 | 75 |
| 12.2 .3 | Population in Long Term Care/Extended Care Units, by Place of Care, Percent in Facility and Age: <br> British Columbia, 1980-1984 | 76 |
| 12.3.1 | Fee-for-Service Payments Per Capita, by Age and Sex: British Columbia, 1983-84 | 78 |

## List of Figures

Figure Number Page
Figure 3.1 Life Expectancy at Birth, Age 65 and Age 80, by ..... 11-12 Sex: British Columbia, 1931 to 1980-82
Figure 4.1 Marital Status Composition of Men and Women Aged ..... 19 65+: British Columbia, 1981
Figure 5.1 Percentage Distribution of Population Aged 65+ ..... 34 who Changed Residence, by Type of Move: British Columbia, 1976-1981
Figure 7.1 Percent of Households, by Age of Head: British ..... 46 Columbia, 1981, 1991, 2001
Figure 8.1 Percentage Distribution of Elderly Households, ..... 51 by Structural Type and by Sex of Household Head: British Columbia, 1981
Figure 9.1 . Percentage Distribution of Population Aged 25-64 ..... 58 and $65+$, by Highest Level of Schooling: British Columbia, 1981
Figure 12.1.1 Hospital Separations per 1,000 Population, by ..... 71 Age and Sex: British Columbia, 1971 and 1982-83
Figure 12.1.2 Hospital Days per 1,000 Population, by Age and ..... 73 Sex: British Columbia, 1971 and 1982-83

## 1. Size of the Elderly Population

### 1.1 Past Trends and Future Growth

The older population of British Columbia has grown consistently from slightly more than $4,000(4,045)$ persons aged 65 and over in 1901 to almost 300,000 (298,175) in 1981. This increment reflects a rate of growth five times that of the total population of the province which increased from 178,657 to $2,744,467$ over the same time period. The increase in the population aged 65 and over in B.C. is substantially greater than for Canada as a whole, which experienced a rate of growth only twice as great as for the total population.

Reflecting national trends, the growth of the population aged 80 and over has been even more dramatic than that of the population aged 65 and over: In 1901, only 368 British Columbians were aged 80 and over; by 1981 there were 58,475 in this age group. In other words, the increase in the population aged 80 and over was more than double the increase in the population aged 65 and over.

In 1981, $10.9 \%$ of British Columbians were aged 65 and over; $2.1 \%$ were aged 80 and over. Projections for the year 2001 are $13.5 \%$ and $3.6 \%$, respectively.

Table 1.1
Total Population and Population Aged 65+:
Canada and British Columbia, 1901-2001
Canada

| Year | Total Population | Population Aged 65+ $\qquad$ | \% of Population Aged 65+ |
| :---: | :---: | :---: | :---: |
| 1901 | 5,371.3 | 271.8 | 5.0 |
| 1911 | 7,206.6 | 335.6 | 4.7 |
| 1921 | 8,787.9 | 420.2 | 4.8 |
| 1931 | 10,376.8 | 576.1 | 5.6 |
| 1941 | 11,506.7 | 767.8 | 6.7 |
| 1951 | 14,009.4 | 1,086.3 | 7.8 |
| 1961 | 18,238.2 | 1,391.1 | 7.6 |
| 1971 | 21,568.3 | 1,744.4 | 8.1 |
| 1981 | 24,343.2 | 2,360.9 | 9.7 |
| 1991* | 26,781.1 | 3,173.1 | 11.8 |
| 2001* | 28,529.2 | 3,884.5 | 13.6 |
| British Columbia |  |  |  |
| Year | $\frac{\text { Total Population }}{\text { (in thousands) }}$ | $\begin{gathered} \text { Population } \\ \text { (in thousands) } \end{gathered}$ | $\begin{aligned} & \text { \% of Population } \\ & \text { Aged } 65+ \\ & \hline \end{aligned}$ |
| 1901 | 178.7 | 4.0 | 2.3 |
| 1911 | 392.5 | 9.5 | 2.4 |
| 1921 | 524.6 | 18.4 | 3.5 |
| 1931 | 694.3 | 38.0 | 5.5 |
| 1941 | +817.9 | 68.1 | 10.3 |
| 1951 | 1,165.2 | 126.1 | 10.8 |
| 1961 | 1,629.1 | 165.6 | 10.2 |
| 1971 | 2,184.6 | 205.0 | 9.4 |
| 1981 | 2,744.5 | 298.2 | 10.9 |
| 1991* | 3,232.0 | 410.5 | 12.7 |
| 2001* | 3,760.9 | 507.2 | 13.5 |

*The projected figures for 2001 assume: (a) fertility will stabilize by 1996 at 1.66 children per woman; (b) life expectancy at birth will increase from 71.9 in 1981 to 74.9 in 1996 and remain constant thereafter for males and increase from 79.0 to 81.6 and remain constant thereafter for females; (c) net international migration will be 50,000 per year in Canada and that B.C.'s share of net migration will continue at the level experienced in 1979-81; and (d) there will be a "gradual return to a westward flow" of internal migration within Canada.

Sources: Censuses of 1901-1981; Statistics Canada. Population Projections for Canada, Provinces and Territories 1984-2006, Catalogue. 91-520, Projection 3, May, 1985.

### 1.2 Population Aging Within the Older Population Itself

The older population is itself aging. The proportion aged 80 and over within the 65 and over age group is growing and it is expected to continue rising sharply in the near future. In 1981, people aged 80 and over represented $19.6 \%$ of B.C.'s population aged 65 and over; by 2001, they are expected to comprise $26.4 \%$ of the elderly population. In other words, the population aged 65 and over is expected to increase by $70 \%$ while the population aged 80 and over is expected to increase by $128 \%$.

Table 1.2

Age Structure of the Population Aged 65+: British Columbia, 1981 and 2001

*The projected figures for 2001 assume: fertility will stabilize by 1996 at 1.66 children per woman; (b) life expectancy at birth will increase from 71.9 in 1981 to 74.9 in 1996 and remain constant thereafter for males and increase from 79.0 to 81.6 and remain constant thereafter for females; (c) net internal migration will be 50,000 per year in Canada and that B.C.'s share of net migration will continue at the level experienced in 1979-81; and (d) there will be a "gradual return to a westward flow" of internal migration within Canada.

Source: Statistics Canada. 1981 Census. Population-Age, Sex and Marital Status, Catalogue 92-901, Vol. 1-National Series, September, 1982; Population Projections for Canada, Provinces and Territories 1984-2006, Catalogue 91-520, Projection 3, May, 1985.

### 1.3 Median Age of the Population

Another way of looking at population aging is to examine the median age. The median is a statistical figure which describes the age at which the population splits into two equal parts. As may be seen in Table 1.3, the median age in British Columbia has been steadily increasing since 1901, and in 1981 was about 30 years. The median age is projected to continue to increase to 37.7 years in 2001 .

Table 1.3

## Median Age of Population: British Columbia, 1901-2001

Year

1901
Median Age
(in years)
28.0

1911
1921
1931
1941
1951
1961
1971
1981
1991
2001

Sources: for 1901 and 1911, Statistics Canada. 1941 Census. Ages of the Population. Eighth Census of Canada, Vol. 3, King's Printer, 1946; for 1921-1971, Statistics Canada. Population Age Groups, Catalogue 92-751, Vol. 1-Part 2, April, 1973; for 1981, Statistics Canada. Population - Age, Sex and Marital Status, Catalogue 92-901, Vol. 1 - National Series, September, 1982; for 1991 and 2001, Statistics Canada. Population Projections for Canada, Provinces and Territories 1984-2006, Catalogue 91-520, Projection 3, May, 1985.

## 2. Sex Ratios

The B.C. population aged 65 and over has become increasingly dominated by women, in the numerical sense. In 1941, there were more men than women at all older ages except the age group $90+$; the overall sex ratio (the number of males per 100 females) was 133, a figure considerably higher than the national sex ratio of 104 . The very high sex ratio in B.C. was largely a function of high rates of male in-migration to the province, particularly in the latter part of the 19th Century and the early decades of this Century.

However, by 1981, women outnumbered men at all ages over 65, increasingly so with advancing years. The sex ratio for ages 65 and over was 79 males per 100 females; for ages 80 and over, there were 58 men for every 100 women. B.C. continues to have a higher sex ratio than the national average, although the gap has narrowed considerably.

Table 2.1
Males and Females Aged 65+ and Sex Ratios: British Columbia, 1941 and 1981

1941

| Age | Males | Females | Sex Ratio** |
| :--- | ---: | ---: | ---: |
| $65-69$ | 17,266 | 12,327 |  |
| $70-74$ | 11,223 | 8,196 | 140 |
| $75-79$ | 6,385 | 4,876 | 137 |
| $80-84$ | 2,801 | 2,543 | 131 |
| $85-89$ | 970 | 926 | 110 |
| $90+$ | 239 | 320 | 105 |
| Total: B.C. | 38,884 | 29,188 | 75 |
| Total: Canada* | 390,900 | 376,900 | 133 |

1981

| $65-69$ | 50,360 | 57,670 | 87 |
| :--- | ---: | ---: | ---: |
| $70-74$ | 35,970 | 42,495 | 85 |
| $75-79$ | 24,010 | 29,190 | 82 |
| $80-84$ | 12,235 | 19,165 | 64 |
| $85-89$ | 5,990 | 11,295 | 53 |
| $90+$ | 3,265 | 6,525 | 50 |
| Total: B.C. | 131,830 | 166,340 | 79 |
| Total: Canada | $1,010,850$ | $1,350,130$ | 75 |

* Excludes Newfoundland.
$* *$ Number of males per 100 females.
Sources: Dominion Bureau of Statistics. 1941 Census. Vol. 2, Table 3, 1944; Statistics Canada. 1981 Census. Population - Age, Sex and Marital Status, Catalogue 92-901, Table 4, September, 1982.

Table 3.1

Life Expectancy at Birth, Age 65, and Age 80, by Sex: British Columbia, 1931 to 1980-82

Average Years of Life Remaining at:

|  | Birth |  | Age 65 |  | Age 80 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Males | Females | Males | Females | Males | Females |
| 1931 | 62.2 | 65.3 | 13.4 | 14.6 | 5.7 | 6.4 |
| 1941 | 63.7 | 69.0 | 13.0 | 14.8 | 5.5 | 6.6 |
| 1951 | 66.7 | 72.4 | 13.5 | 15.9 | 5.8 | 7.1 |
| 1960-62 | 68.9 | 75.4 | 14.0 | 16.9 | 6.7 | 7.4 |
| 1970-72 | 69.9 | 76.7 | 14.5 | 18.0 | 6.8 | 7.9 |
| 1980-82 | 72.6 | 79.6 | 15.5 | 19.6 | 7.3 | 9.3 |
| $\begin{aligned} & \text { Increase from } \\ & 1931 \text { to } 1980-82 \\ & \text { (in years) } \end{aligned}$ | 10.4 | 14.3 | 2.1 | 5.0 | 1.6 | 2.9 |
| Percent of Increase occurring between 1970-72 and 1980-82 | 26.0 | 20.3 | 47.6 | 32.0 | 31.3 | 48.3 |

Sources: For 1931 and 1941, Life Tables for Canada and Regions, Dominion Bureau of Statistics Catalogue 48-515, 1947; for 1951, Provincial and Regional Life Tables, Dominion Bureau of Statistics Catalogue 84-512, August, 1960; for 1960-62, Provincial and Regional Life Tables, Dominion Bureau of Statistics Catalogue 84-517, October, 1964; for 1970-72 and 1980-82, Life Tables, Canada and Provinces, Statistics Canada Catalogue 84-532, October, 1974 and May, 1984.

## 3. Mortality

### 3.1 Trends in Life Expectancy

Major gains in life expectancy of British Columbians have been achieved in the past 50 years. While females outlive males throughout the entire period, the gains have been greater for females than males at all ages. In terms of life expectancy at birth, females have gained 14.3 years whereas males have gained 10.4 years. As a result, the male-female gap in life expectancy at birth has increased from 3 years in 1931 to 7 years in 1980-82.

Life expectancy at age 65 has increased 5 years for women and 2.1 years for men. Sixty-five year old women can expect (in 1980-82) to live a further 19.6 years, whereas comparably aged men can expect to live an additional 15.5 years. This difference ( 4.1 years) is substantially greater than the 1.2 year difference in 1931.

A similar trend occurs for life expectancy at age 80. Women aged 80 in 1980-82 can expect to live 9.3 more years compared to 7.3 more years for their male counterparts. This 2-year difference exceeds the . 7 year difference experienced in 1931.

A substantial portion of the gains in life expectancy has occurred since 1970-72, especially for the older population. For men at age 65, nearly one-half of the gains experienced since 1931 have occurred in the last decade; for women, the figure approximates one-third.

FIGURE 3.1
LIFE EXPECTANCY AT BIRTH, AGE 65 AND AGE 80, BY SEX:
BRITISH COLUMBIA, 1931 TO 1980-82


Source: Table 3.1

FIGURE 3.1
LIFE EXPECTANCY AT BIRTH, AGE 65 AND AGE 80, BY SEX: BRITISH COLUMBIA, 1931 TO 1980-82


Source: Table 3.1

### 3.2 Mortality Rates

It is not unexpected that mortality rates increase with advancing age. For both men and women in 1984, the mortality rate at ages 90 and over is more than 10 times the rate at ages 65-69.

As already noted, major reductions in mortality have occurred since the early 1970s. In the population aged 65 and over, mortality rates decreased by approximately $20 \%$ over the period 1971 to 1984 . However, the pattern of this reduction differs for men and women. For men, larger reductions have occurred among the population aged 65 to 74 . For women, substantially larger reductions have occurred at ages over 80. For example, for ages 85-89, female mortality rates decreased by nearly $21 \%$; the comparable figure for males is approximately 7\%. Even more striking, for the age group 90 and over, female mortality rates decreased by nearly $17 \%$ but male mortality rates increased by $6 \%$.

Table 3.2
Age-specific Mortality Rates, by Sex: British Columbia, 1971 and 1984

Mortality Rates
(per 1,000 population) Percent Change

| Age | Males |  | Females |  | $\begin{gathered} \text { Males } \\ 1971-1984 \end{gathered}$ | $\frac{\text { Females }}{1971-1984}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1971 | 1984 | 1971 | 1984 |  |  |
| 65-69 | 30.6 | 24.3 | 16.0 | 13.3 | -20.6 | -16.9 |
| 70-74 | 49.4 | 37.8 | 24.6 | 20.9 | -23.5 | -15.0 |
| 75-79 | 74.0 | 61.4 | 42.2 | 34.4 | -17.0 | -18.5 |
| 80-84 | 109.9 | 99.0 | 77.1 | 58.4 | - 9.9 | -24.3 |
| 85-89 | 167.3 | 155.3 | 127.9 | 101.4 | - 7.2 | -20.7 |
| 90+ | 244.0 | 259.0 | 234.9 | 195.3 | + 6.1 | -16.9 |
| $65+$ | 67.2 | 53.3 | 46.3 | 37.6 | -20.7 | -18.8 |
| 80+ | 142.1 | 133.2 | 111.1 | 96.0 | - 6.3 | -13.6 |

Sources: Statistics Canada. 1971 Vital Statistics. Vol. III: Deaths, Catalogue 84-206, Tables 3 and 12, February, 1974; Statistics Canada. 1984 Vital Statistics. Vol. I: Births and Deaths, Catalogue 84-204, Table 18, March, 1986; Statistics Canada. Postcensal Annual Estimates of Population by Marital Status, Age, Sex, and Components of Growth for Canada, Provinces and Territories. Vol. 2, 2nd issue, Catalogue 91-210, Table 2, May, 1985.

### 3.3 Causes of Death

Three leading causes of death - heart disease, malignant neoplasms, and cerebrovascular disease - account for more than two-thirds of all deaths in British Columbia. This pattern is in keeping with a population in which life expectancy is high and mortality is concentrated at the older ages.

The small differences between males and females - accidents comprise a larger portion of deaths for males and cerebrovascular disease comprises a larger portion of deaths for females - are, in part, a function of the age compositional differences between the sexes, i.e., that the male population is "younger" than the female one.

Table 3.3
Leading Causes of Death*, by Sex: British Columbia, 1984

| Cause of Death | Percent of All Deaths |  |
| :--- | :---: | :---: |
|  |  | Males |
| Heart Disease |  | Females |
| Malignant Neoplasms | 32.4 | 30.5 |
| Cerebrovascular Disease | 25.9 | 26.7 |
| Respiratory Diseases | 9.1 | 13.8 |
| Accidents | 8.7 | 7.7 |
| All other | 16.9 | 4.2 |
|  |  | 17.1 |
| Total number of deaths | 11,533 | 9,153 |

*These data refer to all ages combined as published Vital Statistics information is not cross-classified by age and province together.

Source: Statistics Canada. 1984 Vital Statistics. Vol. IV: Causes of Death, Catalogue 84-203, January, 1986.

## 4. Marital Status

Most older men are married while most older women are widowed. According to the 1981 Census, approximately three-quarters of male British Columbians aged 65 and over were married; however, nearly half of women aged 65 and over were widowed. Of those in the $65-69$ age group, $6 \%$ of men and $29 \%$ of women were widowed. More than half ( $57.1 \%$ ) of women in the group aged 75-79 were widowed; a comparably large proportion of men is not widowed until after they are at least 90 years old. By that age, $88.1 \%$ of women were widowed. The gap in life expectancy between the sexes, the tendency for men to marry younger women, and men's higher rate of remarriage have all contributed to the substantial difference in the marital status composition of the elderly male and elderly female population.

Table 4.1
Number and Percent of Population Aged 65+ in Marital Status Groups, by Age and Sex: British Columbia, 1981

Males

|  | $\begin{gathered} \frac{\text { Single }}{}{ }^{*} \\ \text { Number } \% \end{gathered}$ |  | $\frac{\text { Married** }}{\text { mber } \%}$ |  | Widowed |  | $\frac{\text { Divorced }}{\text { Number }} \%$ |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 65-69 | 2,955 | 5.9 | 42,575 | 84.5 | 3,035 | 6.0 | 1,795 | 3.6 | 50,360 | 100.0 |
| 70-74 | 2,400 | 6.7 | 28,990 | 80.6 | 3,455 | 9.6 | 1,125 | 3.1 | 35,970 | 100.0 |
| 75-79 | 1,935 | 8.1 | 17,845 | 74.3 | 3,645 | 15.2 | 580 | 2.4 | 24,015 | 100.0 |
| 80-84 | 1,110 | 9.1 | 7,905 | 64.6 | 2,955 | 24.2 | 270 | 2.2 | 12,235 | 100.0 |
| 85-89 | 515 | 8.6 | 3,235 | 54.0 | 2,165 | 36.1 | 80 | 1.3 | 5,990 | 100.0 |
| 90+ | 310 | 9.5 | 1,240 | 38.0 | 1,685 | 51.6 | 30 | 0.9 | 3,265 | 100.0 |
| $65+$ | 9,225 | 7.0 | 101,790 | 77.2 | 16,940 | 12.8 | 3,880 | 2.9 | 131,835 | 100.0 |

Females

|  | Number | \% | Number | \% | Number | \% | Number | \% | Number | \% |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 65-69 | 2,950 | 5.1 | 35,585 | 61.7 | 16,710 | 29.0 | 2,430 | 4.2 | 57,675 | 100.0 |
| 70-74 | 2,510 | 5.9 | 21,060 | 49.6 | 17,565 | 41.3 | 1,360 | 3.2 | 42,495 | 100.0 |
| 75-79 | 1,865 | 6.4 | 10,070 | 34.5 | 16,660 | 57.1 | 600 | 2.1 | 29,190 | 100.0 |
| 80-84 | 1,195 | 6.2 | 4,025 | 21.0 | 13,710 | 71.5 | 230 | 1.2 | 19,170 | 100.0 |
| 85-89 | 710 | 6.3 | 1,325 | 11.7 | 9,170 | 81.2 | 90 | 0.8 | 11,290 | 100.0 |
| $90+$ | 410 | 6.3 | 345 | 5.3 | 5,750 | 88.1 | 25 | 0.4 | 6,530 | 100.0 |
| $65+$ | 9,640 | 5.8 | 72,410 | 43.5 | 79,565 | 47.8 | 4,735 | 2.8 | 166,350 | 100.0 |

* Refers to the never-married.
** Includes separated.
Source: Statistics Canada. 1981 Census. Population. Age, Sex and Marital Status, Catalogue 92-901, Table 4, September, 1982.

FIGURE 4.1
MARITAL STATUS COMPOSITION OF MEN AND NOMEN AGED 65+: BRITISH COLUMBIA, 1981

Single


PAH HES


FEMALES

## 5. Geographic Distribution and Mobility

### 5.1 The Older Population of B.C. in Relation to Other Provinces

The geographic distribution of the elderly population in Canada parallels that of the total population. Like the general population, the aged population tends to be concentrated in the three provinces of Ontario, Quebec, and British Columbia. In 1981, the largest number of the aged resided in Ontario $(868,195)$, Quebec $(569,370)$ and British Columbia $(298,175)$.

The proportion of persons aged 65 and over within the total population of the provinces displays a different pattern. In 1981, Prince Edward Island, Saskatchewan and Manitoba, in that order, had the largest proportions of older persons in their total populations. B.C. was tied with Nova Scotia for fourth place.

Table 5.1
Total Population and Population Aged 65+: Canada and Provinces, 1981

|  | Total <br> Population | Population <br> $65+$ | \% of Population <br> Aged 65+ in <br> Canada | \% of Provinci <br> Population <br> Aged $65+$ |
| :--- | ---: | :---: | :---: | :---: |
| Nfld. | 567,681 | 43,780 | 1.9 | 7.7 |
| P.E.I. | 122,506 | 14,890 | .6 | 12.2 |
| N.S. | 847,442 | 92,560 | 3.9 | 10.9 |
| N.B. | 696,403 | 70,550 | 3.0 | 10.1 |
| Quebec | $6,438,403$ | 569,370 | 24.1 | 8.8 |
| Ontario | $8,625,107$ | 868,195 | 36.8 | 10.1 |
| Manitoba | $1,026,241$ | 121,830 | 5.2 | 11.9 |
| Saskatchewan | 968,313 | 116,170 | 4.9 | 12.0 |
| Alberta | $2,237,724$ | 163,385 | 6.9 | 7.3 |
| B.C. | $2,744,467$ | 298,175 | 12.6 | 10.9 |
|  |  |  |  |  |
|  |  |  |  |  |
| Canada | $24,343,181$ | $2,360,985$ | 100.0 | 9.7 |

Source: Statistics Canada. 1981 Census. Population. Age, Sex and Marital Status, Catalogue 92-901, Table 1, September, 1982.

### 5.2 Rural-Urban Distribution

In 1981, $84.4 \%$ of B.C.'s older adults lived in urban centres, with $43.7 \%$ residing in urban centres of 500,000 or more population. In all urban areas (except for the $10,000-29,999$ and $1,000-2,499$ sizes), the percentage of older people in the population exceeded the provincial average of 10.9 percent. Urban centres in the size range $100,000-499,999$ had the highest proportion of population 65 and over (17.4\%). This contrasts with Canada as a whole where the highest proportion of older persons ( $13.5 \%$ ) is found in towns with populations of 1,000 to 2,499 .

The distribution of persons 80 and over also contrasts with that of Canada as a whole. Nationally, $81 \%$ of the $80+$ population lives in urban centres; in B.C. the proportion is $90 \%$. Whereas in Canada as a whole, small towns of $1,000-2,499$ had a larger than average proportion of persons $80+$ relative to their total population ( $3.1 \%$ compared to a national average of $1.9 \%$ ), towns of this size in B.C. had an $80+$ population equal to the national average but below the provincial average ( $1.9 \%$ compared to $2.1 \%$ for the province as a whole).

The proportion of older persons in rural non-farm areas was also lower in B.C. than in Canada as a whole ( $8 \%$ as compared to $9.5 \%$ ), although the proportion in rural farm areas was approximately equal: one in 20 among those 65 and over and fewer than one in 100 aged 80 and over.

Table 5.2
Number and Percent of Total Population Aged 65+ and Aged 80+, for Urban and Rural Areas: British Columbia, 1981

| Areas | Total Population | Population Aged$65+$ |  | $\begin{array}{r}\begin{array}{r}\text { Population Aged } \\ 80+\end{array} \\ \hline\end{array}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Number | \% | Number | \% |
| B.C. | 2,744,465 | 298,175 | 10.9 | 58,475 | 2.1 |

Urban areas:

| $500,000+$ | $1,140,450$ | 130,435 | 11.4 | 27,640 | 2.4 |
| :--- | ---: | ---: | ---: | ---: | ---: |
| $100,000-499,999$ | 209,695 | 36,440 | 17.4 | 9,005 | 4.3 |
| $30,000-9999$ | 315,780 | 37,335 | 11.8 | 7,320 | 2.3 |
| $10,000-29,999$ | 262,865 | 24,955 | 9.5 | 4,710 | 1.8 |
| $5,000-9,999$ | 90,575 | 9,390 | 10.4 | 1,660 | 1.8 |
| $2,500-4,999$ | 72,250 | 8,535 | 11.8 | 1,425 | 2.0 |
| $1,000-2,499$ | 47,795 | 4,690 | 9.8 | 885 | 1.9 |
| Total | $2,139,410$ | 251,780 | 11.8 | 52,645 | 2.5 |

Rural areas:

| Non-farm | 545,400 | 43,365 | 8.0 | 5,490 | 1.0 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Farm | 59,655 | 3,030 | 5.1 | 340 | 0.6 |
| Total | 605,055 | 46,395 | 7.7 | 5,830 | 1.0 |

Source: Statistics Canada. 1981 Census. Population. Age, Sex and Marital Status, Catalogue 92-901, Table 6, September, 1982.

### 5.3 Geographic Distribution Within British Columbia

Almost half (45.9\%) of B.C.'s seniors live in the Greater Vancouver Regional District; $21.2 \%$ in the City of Vancouver. The Capital Regional District is the next most popular region of the province, occupied by $14.2 \%$ of the elderly population.

However, when Regional Districts are rank ordered in terms of the percentage of their population aged 65 and over, a different picture emerges. The Regional District with the highest proportion of its population aged 65+ is Okanagan Similkameen (18\%) followed by the Capital Region (17\%), Central Okanagan (14.5\%), and the Sunshine Coast (14.4\%).

Table 5.3
Total Population and Population Aged 65+, by Regional District:
British Columbia, 1981

| Regional District | Total Population | Population Aged 65+ |  |  | Distribu- Percenttion of Pop. age of Aged 65+ Population in B.C. Aged $65+$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Males | Females |  |  |
| 01 East Kootenay | 53,723 | 3,620 | 1,750 | 1,870 | 1.2 | 6.7 |
| 03 Central Kootenay | 52,045 | 6,590 | 3,245 | 3,345 | 2.2 | 12.7 |
| 05 Kootenay Boundary | 33, 232 | 4,165 | 2,075 | 2,090 | 1.4 | 12.5 |
| 07 Okanagan Similkameen | 57,185 | 10,290 | 5,035 | 5,255 | 3.5 | 18.0 |
| 09 Fraser Cheam | 56,934 | 7,035 | 3,290 | 3,745 | 2.4 | 12.4 |
| 11 Central Fraser Valley | 115,012 | 11,720 | 5,465 | 6,255 | 3.9 | 10.2 |
| 13 Dewdney Alouette | 62,004 | 6,065 | 2,835 | 3,230 | 2.0 | 9.8 |
| 15 Greater Vancouver | 1,169,831 | 137,100 | 56,745 | 80,355 | 45.9 | 11.7 |
| 17 Capital | 249,473 | 42,395 | 17,175 | 25,220 | 14.2 | 17.0 |
| 19 Cowichan Valley | 52,701 | 5,795 | 2,780 | 3,015 | 1.9 | 11.0 |
| 21 Nanaimo | 77,101 | 9,485 | 4,595 | 4,890 | 3.2 | 12.3 |
| 23 Alberni-Clayoquot | 32,558 | 2,180 | 1,040 | 1,140 | 0.7 | 6.7 |
| 25 Comox-Strathcona | 68,621 | 5,145 | 2,500 | 2,645 | 1.7 | 7.5 |
| 27 Powell River | 19,364 | 2,000 | 945 | 1,055 | 0.7 | 10.3 |
| 29 Sunshine Coast | 15,503 | 2,240 | 1,145 | 1,095 | 0.8 | 14.4 |
| 31 Squamish-Lillooet | 18,928 | 900 | 480 | 420 | 0.3 | 4.8 |
| 33 Thompson-Nicola | 101,983 | 6,440 | 3,150 | 3,290 | 2.2 | 6.3 |
| 35 Central Okanagan | 85,237 | 12,370 | 5,910 | 6,460 | 4.1 | 14.5 |
| 37 North Okanagan | 54,352 | 6,495 | 3,180 | 3,315 | 2.2 | 11.9 |
| 39 Columbia Shuswap | 40,131 | 3,855 | 1,980 | 1,875 | 1.3 | 9.6 |
| 41 Cariboo | 59,252 | 2,725 | 1,460 | 1,265 | 0.9 | 4.6 |
| 43 Mount Waddington | 14,671 | 350 | 190 | 160 | 0.1 | 2.4 |
| 45 Central Coast | 3,047 | 175 | 110 | 65 | 0.1 | 5.7 |
| 47 Skeena-Queen Charlotte | 24,023 | 1,070 | 530 | 540 | 0.4 | 4.5 |
| 49 Kitimat-Stikine | 42,400 | 1,185 | 645 | 540 | 0.4 | 2.8 |
| 51 Bulkley-Nechako | 38,309 | 1,580 | 850 | 730 | 0.5 | 4.1 |
| 53 Fraser-Fort George | 89,431 | 2,770 | 1,435 | 1,335 | 0.9 | 3.1 |
| 55 Peace River-Liard | 55,463 | 2,395 | 1,260 | 1,135 | 0.8 | 4.3 |
| 57 Stikine | 1,953 | 45 | 30 | 15 | <0.1 | 2.3 |
| Total | 2,744,467 | 298,175 | 131,830 | 166,340 | 100.0 | 10.9 |

Source: Statistics Canada. 1981 Census. British Columbia Census Divisions and Subdivisions. Population, Occupied Private Dwellings, Private Households, Census Families in Private Households: Selected Characteristics, Catalogue E-568, Table 1, August, 1982.

### 5.3.1 Geographic Distribution Within the Greater Vancouver Regional District

The Greater Vancouver Regional District (GVRD) consists of an area of just over 1,000 square miles ( 2,603 square kilometers), including 15 communities and 3 electoral areas with populations ranging in size from 425 to 415,555 persons.

Almost half ( $46.7 \%$ ) of the seniors in the GVRD live in the City of Vancouver. A further $12.1 \%$ live in the District Municipality of Burnaby while $8.9 \%$ live in Surrey.

In several communities within the GVRD, the proportion of seniors in the population exceeds substantially the provincial average. These communities include White Rock, where more than one-third (34.9\%) of the population is aged 65 and over, New Westminster (18.1\%), West Vancouver (15.6\%), Vancouver (15.2\%), and North Vancouver (12.6\%).

Table 5.3.1
Total Population and Population Aged 65+: Greater Vancouver Regional District, 1981

| Communities/ <br> Electoral Areas* | Total Popu lation | - Population Aged 65+ |  |  | Distribution of Pop. 65+ in GVRD | ```Percent- age of Population 65+``` |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Males | Females |  |  |
| Belcarra | 425 | 25 | 15 | 10 | <0.1 | 5.9 |
| Burnaby | 136, 500 | 16,555 | 6,750 | 9,805 | 12.1 | 12.1 |
| Coquitlam | 61,085 | 4,330 | 1,855 | 2,475 | 3.2 | 7.1 |
| Delta | 74,775 | 4,500 | 1,980 | 2,520 | 3.3 | 6.0 |
| Lions Bay | 1,075 | , 35 | 20 | 15 | <0.1 | 3.3 |
| New Westminster | 38,555 | 6,960 | 2,630 | 4,330 | 5.1 | 18.1 |
| North Vancouver City | 34,270 | 4,315 | 1,615 | 2,700 | 3.1 | 12.6 |
| North Vancouver District | $t \quad 66,635$ | 4,605 | 1,890 | 2,715 | 3.4 | 6.9 |
| Port Coquitlam | 27,530 | 1,385 | 625 | 760 | 1.0 | 5.0 |
| Port Moody | 14,920 | 595 | 255 | 340 | 0.4 | 4.0 |
| Richmond | 96,155 | 7,110 | 3,080 | 4,030 | 5.2 | 7.4 |
| Surrey | 147,325 | 12,205 | 5,695 | 6,510 | 8.9 | 8.3 |
| Vancouver | 415,555 | 63,305 | 25,950 | 37,355 | 46.2 | 15.2 |
| West Vancouver | 35,730 | 5,570 | 2,140 | 3,430 | 4.1 | 15.6 |
| White Rock | 13,550 | 4,725 | 1,900 | 2,825 | 3.5 | 34.9 |
| Electoral Areas: | 5,755 | 880 | 345 | 535 | 0.6 | 15. |
| Total 1 | 1,169,840 | 137,105 | 56,745 | 80,355 | 100.0 | 11.7 |

*See Appendix 1 for a listing of census divisions and subdivisions included in each GVRD community and electoral area.

Source: Statistics Canada. 1981 Census. Population, Occupied Private Dwellings, Private Households, Census Families in Private Households - British Columbia, Catalogue 93-922 (Vol. 2-Provincial Series), Table 2, December, 1982.
5.3.2 Geographic Distribution Within the Capital Regional District

The Capital Regional District (CRD), located on Southern Vancouver Island, encompasses a total land area of 937 square miles ( 2,427 square kilometers). Within its boundaries are 7 communities and 7 electoral areas.

More than one-third (39.2\%) of the seniors in the CRD lives in the City of Victoria; a further one-quarter (23.6\%) lives in the Municipality of Saanich.

In terms of the proportion of population aged 65+, three communities equal or exceed 20\%. These are: Oak Bay (28.4\%); Victoria (25.8\%); and Sidney (19.6\%).

Table 5.3.2
Total Population and Population Aged 65+: Capital Regional District, 1981

| Communities/ <br> Electoral Areas* | Total Population | Population Aged 65+ |  |  | Distribution of Pop. Aged $65+$ in CRD | Percentage of Population Aged 65+ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Total | Males | Females |  |  |
| Victoria | 64,380 | 16,590 | 5,850 | 10,740 | 39.2 | 25.8 |
| Central Saanich | 10,735 | 1,175 | 570 | 605 | 2.8 | 11.0 |
| Esquimalt | 15,870 | 2,245 | 950 | 1,295 | 5.3 | 14.1 |
| North Saanich | 6,255 | 875 | 440 | 435 | 2.1 | 14.0 |
| Oak Bay | 16,990 | 4,825 | 1,805 | 3,020 | 11.4 | 28.4 |
| Saanich | 78,710 | 10,000 | 4,380 | 5,620 | 23.6 | 12.7 |
| Sidney | 7,950 | 1,555 | 715 | 840 | 3.7 | 19.6 |
| Electoral Areas: | 48,585 | 5,090 | 2,460 | 2,630 | 12.0 | 10.5 |
| Total | 249,475 | 42,355 | 17,170 | 25,185 | 100.0 | 17.0 |

*See Appendix 2 for a listing of census divisions and subdivisions included in each CRD community and electoral area.

Source: Statistics Canada. 1981 Census. Population, Occupied Private Dwellings, Private Households, Census Families in Private Households - British Columbia, Catalogue 93-922 (Vol. 2 - Provincial Series), Table 2, December, 1982.

> 5.4 Mobility

### 5.4.1 Total Population and Population Aged 65+

Canadians are a mobile people. In each of the Census years, 1961, 1971, 1976 and 1981, approximately one-half (47.6\%-54.2\%) of the population five years of age and over and approximately one-quarter of the population 65 years of age and over ( $26.2 \%-31.5 \%$ ) were living in a different dwelling than five years earlier.

In each of these census periods, a substantially higher proportion of older British Columbians (32.6\%-40.3\%) changed residence than was the case for the country as a whole.

Table 5.4.1
Percent of the Population Aged 65+ who Changed Residence in the 5 Years Preceding the Censuses of 1961, 1971, 1976 and 1981: Canada and British Columbia

Percent of Population Aged 65+ Changing Residence

## Period

1956-1961
1966-1971
1971-1976
1976-1981

Canada
27.4
31.5
30.9
26.2
B.C.
34.7
40.3
39.0
32.6

Sources: Dominion Bureau of Statistics. 1961 Census. Population Sample. General Characteristics of Migrant and Non-migrant Population. Catalogue 98-509 (Vol. IV), Table 11, July, 1965; Statistics Canada. 1971 Census. Population. Internal Migration, Catalogue 92-719 Vol. 1, Part 2, Table 31, November, 1974; Statistics Canada. 1976 Census. Population. Demographic Characteristics Mobility Status. Catalogue 92-828, Table 35, December, 1978; Statistics Canada. 1981 Census. Mobility Status Canada, Provinces, Census Divisions, Census Metropolitan Areas, Catalogue 92-907, Table 1, October, 1983.

### 5.4.2 Distance Moved

Moves by the older age group are mainly of a short distance. For example, of the 90,060 elderly persons residing in B.C. in 1981 who changed residence between 1976 and $1981,47.3 \%(42,570)$ remained in the same Census subdivision; $31.2 \%(28,140)$ moved elsewhere within the province; 14\% (12,635) moved to B.C. from a different province; while 7.5\% (6,715) immigrated from a different country.

In comparison to Canada as a whole, a relatively larger proportion of B.C.'s older residents in 1981 lived outside the province in 1976. In Canada, $3.2 \%$ of the elderly population in 1981 had lived in a different province or in a different country in 1976; in B.C., the comparable figure was $7 \%$.

Table 5.4.2
Mobility Status of Population Aged 65+: Canada, British Columbia and
Selected Areas Within B.C., 1976-1981

| Mobility <br> Status | Canada |  | B.C. |  | CMA <br> Vancouver |  | $\begin{gathered} \text { CMA } \\ \text { Victoria } \\ \hline \end{gathered}$ |  | $\begin{array}{r} \text { Rest of } \\ \text { B.C. } \end{array}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number | \% | Number | \% | Number | $\%$ | Number | \% | Number | \% |
| Non-mover | 1,612,685 | 73.8 | 186,155 | 67.4 | 91,605 | 68.9 | 24,105 | 65.7 | 70,445 | 66.2 |
| Non-migrant mover* | 336,105 | 15.4 | 42,570 | 15.4 | 21,055 | 15.8 | 7,090 | 19.3 | 14,425 | 13.5 |
| Moved within same CMA |  |  |  |  | 8,715 |  | 585 |  |  |  |
| Moved within same |  |  |  |  |  | 8.9 |  | 6.0 |  |  |
| Province | 166,125 | 7.6 | 28,140 | 10.2 | 3,120 |  | 1,635 |  | 14,085 | 13.2 |
| Moved from different |  |  |  |  |  |  |  |  |  |  |
| Province | 39,290 | 1.8 | 12,635 | 4.6 | 4,185 | 3.1 | 2,535 | 6.9 | 5,915 | 5.6 |
| Moved from out side Canada | - 30,345 | 1.4 | 6,715 | 2.4 | 4,335 | 3.3 | 760 | 2.1 | 1,620 | 1.5 |

Total
$2,184,545100.0276,215100.0133,015100.036,715100.0106,485100.0$
*Non-migrants are movers who, on Census Day, were living within the same census subdivision (CSD) they resided in five years earlier.

Source: Statistics Canada. 1981 Census. Population. Mobility Status Canada, Provinces, Census Divisions, Census Metropolitan Areas, Catalogue 92-907, Tables 1 and 3, October, 1983.

FIGURE 5.1
PERCENTAGE DISTRIBUTION OF POPULATION AGED 65+
WHO CHANGED RESIDENCE,
BY TYPE OF MOVE: 1976-1981


CANHDA


BRITHSIM


### 5.4.3 Net Internal Migration

Between 1976 and 1981 B.C. experienced the highest net internal migration (i.e., within Canada) of all provinces for persons 65 and older. While Prince Edward Island, Nova Scotia, New Brunswick and Ontario also experienced net gains through interprovincial migration, the gains were not as great as in B.C.

While elderly migrants from the Maritime provinces seldom move west of Ontario, B.C. attracts seniors from the Prairies and from Ontario.

Vancouver and Victoria tend to be the preferred destinations of older migrants. Of those persons aged 65 and over who migrated to B.C. from a different province between 1976 and 1981, over one-half relocated in the census metropolitan areas of Vancouver and Victoria (33.1\% and $20.1 \%$, respectively). Of those moving to the province from a different country, three-quarters relocated in these two areas ( $64.6 \%$ in Vancouver and $11.3 \%$ in Victoria).

Table 5.4.3

# Net Internal Migration of Population Aged 65+, by Province, 1976-1981 

## Province

Newfoundland ..... 75Net Internal Migration
Prince Edward Island ..... 160
Nova Scotia ..... 560
New Brunswick ..... 260
Quebec-9,995
Ontario4,170
Manitoba ..... -1,440
Saskatchewan ..... -1,395
Alberta ..... - 365British Columbia8,330
Source: Statistics Canada. 1981 Census. Mobility Status, Canada, Provinces, Census Divisions, Census Metropolitan Areas, Catalogue 92-907, Table 1, October, 1983.

## 6. Ethnic Composition

### 6.1 Predominant Groups

In 1981, the largest ethnic group in Canada was the British, comprising $40.2 \%$ of the total population. The second largest group was the French ( $26.7 \%$ ), followed by Germans ( $4.7 \%$ ), the multiple origin group comprised of British and Other, and Italian.

The British were also the predominant ethnic origin group among British Columbians, both for the total population (51.0\%) and for those 65 and over (63.7\%). However, in contrast to Canada as a whole, in B.C. those of German origin constituted the second largest group. Among the total population, the British and Other group was the third largest group while among the elderly, Scandinavians constituted the third largest group. Chinese and French ranked fourth and fifth in terms of size in the total population, with Chinese and Ukrainians ranking fourth and fifth within the population aged 65+.
Table 6.1.1
Ten Leading Ethnic Origin Groups, Total Population and Population Aged 65+: British Columbia, 1981
Percent in
Percent in

| Total Population | Ethnic Group | Population Aged $65+$ | Ethnic Group |
| :---: | :---: | :---: | :---: |
| British | 51.0 | British | 63.7 |
| German | 6.9 | German | 7.0 |
| British and Other | 6.3 | Scandinavian | 4.7 |
| Chinese | 3.6 | Chinese | 2.9 |
| French | 3.4 | Ukranian | 2.6 |
| Native Peoples* | 3.0 | French | 2.6 |
| Scandinavian | 3.1 | Dutch | 2.0 |
| Dutch | 2.6 | Italian | 1.5 |
| Ukranian | 2.3 | British and Other | 1.4 |
| Indo-Pakistani | 2.1 | Polish | 1.3 |
| Total | 84.3 |  | 89.7 |
| *Includes those who reported a multiple ethnic origin. |  |  |  |
| Source: $\begin{aligned} \text { Statistics Canada. } 198 \\ \text { Origin, Religion, Place }\end{aligned}$ |  | Census. Population. | nguage, Ethnic |
|  |  | f Birth, Schooling, | alogue 93-934 |

### 6.2 Proportion of Ethnic Origin Groups Aged 65+

While among the predominant British group, $12.7 \%$ were elderly, there were several other ethnic groups in which the proportion aged 65+ substantially exceeded the provincial average. These groups included the Armenians, Austrians, Baltics, Belgians, Finnish, Polish, Romanians, Russians and Scandinavians.

Table 6.1.2
Population Aged 65+, by Selected Ethnic Origin Groups: British Columbia, 1981

| Ethnic Origin Group | Number $65+$ | Distribu of Pop. Ag | Percenta <br> Pop. Aged |
| :---: | :---: | :---: | :---: |
| African | 145 | 0.1. | 4.2 |
| Armenian | 105 | <0.1 | 12.4 |
| Asian Arab | 160 | 0.1 | 5.4 |
| Austrian | 1,375 | 0.5 | 15.2 |
| Balkan | 1,250 | 0.5 | 7.9 |
| Baltic | 1,085 | 0.4 | 23.7 |
| Belgian \& Luxembourg | 505 | 0.2 | 13.2 |
| British | 176,055 | 63.7 | 12.7 |
| Czech and Slovak | 1,230 | 0.4 | 11.7 |
| Chinese | 7,995 | 2.9 | 8.2 |
| Dutch (Netherlands) | 5,395 | 2.0 | 7.5 |
| Finnish | 1,680 | 0.6 | 15.5 |
| French | 7,215 | 2.6 | 7.8 |
| German | 19,395 | 7.0 | 10.3 |
| Greek | 410 | 0.1 | 4.9 |
| Hungarian | 1,620 | 0.6 | 10.2 |
| Indo-Chinese | 40 | $<0.1$ | 0.9 |
| Indo-Pakistani | 2,170 | 0.8 | 3.9 |
| Italian | 4,265 | 1.5 | 8.1 |
| Japanese | 1,610 | 0.6 | 10.0 |
| Jewish | 1,540 | 0.6 | 11.7 |
| North and South American | 75 | $<0.1$ | 1.7 |
| Native Peoples | 2,220 | 0.8 | 3.4 |
| Pacific Islands | 615 | 0.2 | 3.6 |
| Polish | 3,685 | 1.3 | 15.5 |
| Portugese | 485 | 0.2 | 3.0 |
| Romanian | 350 | 0.1 | 13.2 |
| Russian | 2,975 | 1.1 | 15.2 |
| Scandinavian | 13,120 | 4.7 | 15.4 |
| Spanish | 185 | 0.1 | 3.8 |
| Swiss | 635 | 0.2 | 10.0 |
| Ukrainian | 7,290 | 2.6 | 11.5 |
| West Asian | 35 | <0.1 | 2.0 |
| British and French | 1,800 | 0.7 | 4.2 |
| British and Other | 3,955 | 1.4 | 2.3 |
| French and Other | 340 | 0.1 | 2.2 |
| British, French and Other | 295 | 0.1 | 1.7 |
| European and Other | 1,120 | 0.4 | 2.7 |
| Native Peoples and Other | 285 | 0.1 | 1.6 |
| Other Single and/or Multiple Origins | 1,530 | 0.6 | 4.5 |
| Total | 276,240 | 100.0 | 10.9 |

Source: Statistics Canada. 1981 Census. Population. Language, Ethnic Origin, Religion, Place of Birth, Schooling, Catalogue 93-934 (Vol. 2 - Provincial Series), Table 3, April, 1984.

### 6.3 Original Peoples

In the 1981 Census, 491,000 Canadians identified their "roots" as one of Canada's original peoples. More than one-half of these persons lived in three provinces: Ontario, British Columbia and Alberta. B.C. alone had $16.8 \%$ of the total $(82,645)$.

While native peoples constituted $3 \%$ of the total population of the province, they were under-represented in the 65 and over population, constituting only 0.9\%.

1
This number includes 78,000 people who reported a multiple ethnic origin.

## 7. Living Arrangements

7.1 Persons by Type

The common belief that most older people live in institutions is not supported by the available data. As in the rest of Canada, the vast majority ( $91.2 \%$ ) of the elderly in British Columbia lives in private households. In 1981, only about $8 \%$ of the population 65 and over were residents of "collective dwellings," defined by Statistics Canada as including nursing, chronic care and old age homes; hospitals; religious institutions; hotels, motels, tourist homes, YM/YWCAs, etc.

The majority ( $75.3 \%$ ) of older men lives in families with a spouse and/or never-married children. Even among men aged 75 and over, almost two-thirds (64.4\%) live in such family settings. Among elderly women, the proportion living in family arrangements decreases dramatically with age ( $60.4 \%$ in the $65-74$ age group; $32.5 \%$ among those aged $75+$ ). There is a concomitant increase in the proportion living in non-family households, either alone in private households (31.5\% of women aged 65-74; 40.8\% of women aged $75+$ ) or as residents of "collective dwellings."

The large proportion of older women living alone is a relatively new phenomenon. Between 1961 and 1981 in B.C., the proportion of women aged 65 and over living alone increased from $21.2 \%$ to $35.2 \%$.

Table 7.1
Population Aged 65+, by Living Arrangements and Sex: British Columbia, 1981

|  | Total Population Aged 65+ |  | Ages 65-74 |  | Ages 75+ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Male | Female | Male | Female |
| Total* | 131,830 | 166,345 | 86,330 | 100,165 | 45,505 | 66,175 |
| Persons in Private Households | 122,110 | 149,940 | 82,905 | 97,190 | 39,205 | 52,750 |
| a) Family Households | 99,225 | 82,065 | 69,940 | 60,535 | 29,285 | 21,530 |
| b) Non-family Households | 22,885 | 67,875 | 12,965 | 36,655 | 9,920 | 31,220 |
| - with relatives | 2,015 | 6,330 | 1,110 | 3,200 | 905 | 3,130 |
| - with non-relatives | $2,080$ | $2,975$ | $1,305$ | 1,915 | $\begin{array}{r} 775 \\ 8 \quad 340 \end{array}$ | $1,060$ |
| Persons in Collective Dwellings | 9,110 | 15,545 |  |  |  |  |
| a) Nursing, chronic care and old age homes | 5,725 | 12,790 |  |  |  |  |
| b) Hospitals | 1,320 | 2,030 |  |  |  |  |
| c) Religious Institutions | 50 | 150 |  |  |  |  |
| d) Hotels, Motels, Tourist Homes | 1,975 | 565 |  |  |  |  |
| e) All other | 40 | 10 |  |  | - |  |

*Total population figures include an adjustment for temporary residents and persons outside the country on Census Day. These individuals are not included in Statistics Canada figures for persons in private households or collective dwellings.

Sources: Statistics Canada. 1981 Census. Census Families in Private Households. Persons, Children Living at Home, Living Arrangements, Catalogue 92-905, Table 6, September, 1982; for persons in collective dwellings, Statistics Canada. 1981 Census. Special Tabulation for British Columbia.

### 7.2 Private Households - Present and Future

The 1981 Census indicated that there were 115,760 private households in British Columbia headed by persons 65-74 years of age and 64,650 headed by persons 75 or older. These two groups total 180,410 households, which represent $18.1 \%$ of all households in the province.

Of these, $53.1 \%(95,785)$ were "family" households, i.e., they contained at least one "census family" (persons living in the same dwelling who have a husband-wife and/or a parent-never-married child relationship). The remaining were "non-family" households; $42.9 \%$ consisting of one person living alone in a private dwelling, and $4.1 \%$ consisting of a group of persons occupying a private dwelling but not constituting a census family.

Projections to 2001 indicate an increase in the proportion of elderly households, and of households headed by persons aged $35-44$ and 45-54, a reflection of the large numbers of persons who constitute the "baby boom."

Table 7.2.1
Private Households Maintained by Persons Aged 65+, by Sex: British Columbia, 1981

Total Aged 65+ Ages 65-74 Ages 75+ Males Females Males Females Males Females

Family Households

| a) One family <br> b) Multiple family | 85,875 <br> 870 | 8,885 <br> 155 | 62,065 | 6,190 | 23,810 | 2,665 |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| Non-family |  |  |  |  |  |  |

Source: Statistics Canada. 1981 Census. Private Households: Selected Characteristics - Canada, Provinces, Urban Size Groups, Rural Nonfarm and Rural Farm, Catalogue 92-933, Table 9, January, 1984.

Table 7.2.2
Households by Age of Head:
British Columbia, 1981, 1991, 2001

| Age of | 1981 |  | 1991 |  | 2001 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Head | Number | \% | Number | \% | Number | \% |
| <25 | 83,350 | 8.4 | 82,100 | 6.8 | 89,300 | 6.4 |
| 25-34 | 245,395 | 24.6 | 286,200 | 23.6 | 250,100 | 18.0 |
| 35-44 | 187,585 | 18.8 | 273,700 | 22.6 | 320,000 | 23.1 |
| 45-54 | 156,345 | 15.7 | 184,900 | 15.3 | 272,000 | 19.6 |
| 55-64 | 143, 550 | 14.4 | 151,900 | 12.5 | 184,400 | 13.3 |
| $65+$ | 180,415 | 18.1 | 232,000 | 19.2 | 270,800 | 19.5 |
| Total | 996,640 | 100.0 | 1,210,700 | 100.0 | 1,386,700 | 100.0 |

Source: Statistics Canada. 1981 Census. Occupied Private Dwellings, Private Households, Census Families in Private Households: Selected Characteristics, Catalogue 93-946, Table 33, April, 1984; Statistics Canada. Household and Family Projections Canada, Provinces and Territories 1976-2001, Catalogue 91-555 (Occasional), Table 5, Series B, December 1981.

FIGURE 7.1 PERCENT OF HOUSEHOLDS, BY AGE OF HEAD: BRITISH COLUMBIA, 1981, 1991, 2001


Source: Table 7.2.2

## 8. Housing

### 8.1 Home Ownership

Seniors in British Columbia are about as likely as younger persons to be homeowners. Data from the 1981 Census show that $65.9 \%$ of household heads aged 65 and over and $66.9 \%$ of heads aged 25-64 owned their homes. Heads aged 55-64 were more likely than either younger or older groups to be homeowners; slightly more than three-quarters (77.6\%) in this age group owned their homes in 1981. The percentage of household heads reporting homeownership drops as age increases past 65. Even in the 75-and-over age group, however, the majority (56.5\%) own their own home.

In all age groups, males are more likely to be homeowners than females. A majority of females in the $25-54$ (54.2\%) and $75+(55.4 \%)$ age groups is renters.

Of the 118,845 homes owned by household heads aged 65 and over in 1981, 9,810 or $8.3 \%$ were condominiums.

Table 8.1.1
Number and Percentage Distribution of Private Households, by Tenure, for Selected Age Groups of Household Heads: British Columbia, 1981

| Tenure | Number | \% | Number | \% | Number | \% | Number | \% |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 25-54 |  | 55-64 |  | 65-74 |  | $75+$ |  |
| Owners | 394,300 | 66.9 | 111,330 | 77.6 | 82,300 | 71.1 | 36,545 | 56.5 |
| Renters | 195,030 | 33.1 | 32,220 | 22.4 | 33,460 | 28.9 | 28,110 | 43.5 |
| Total | 589,330 | 100.0 | 143,550 | 100.0 | 115,760 | 100.0 | 64,655 | 100.0 |

Source: Statistics Canada. 1981 Census. Private Households: Selected Characteristics - Canada, Provinces, Urban Size Groups, Rural Nonfarm and Rural Farm. Catalogue 92-933, Table 9, January, 1984.

Table 8.1.2
Percentage Distribution of Private Households, by Tenure and by Sex, for Selected Age Groups of Household Heads: British Columbia, 1981

Age

|  | 25-54 |  | 55-64 |  | 65-74 |  | $75+$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Males | Females | Males | Females | Males | Females | Males | Females |
| Total | 463,685 | 125,645 | 106,450 | 37,105 | 74,680 | 41,080 | 32,915 | 31,650 |
|  | \% | \% | \% | \% | \% | \% | \% | \% |
| Owners | 72.6 | 45.8 | 82.8 | 62.6 | 79.3 | 56.1 | 68.0 | 44.6 |
| Renters | 27.4 | 54.2 | 17.2 | 37.4 | 20.7 | 43.9 | 32.0 | 55.4 |

Source: Statistics Canada. 1981 Census. Private Households: Selected Characteristics - Canada, Provinces, Urban Size Groups, Rural Non-farm and Rurai Farm, Catalogue 92-933, Tabie 9, january, 1984.

### 8.2 Preferred Structural Type

The single family detached dwelling is the housing form occupied by the majority (56.2\%) of British Columbia households headed by persons aged 65 and over. The next most popular dwelling is an apartment building with less than five stories. In 1981, this type of dwelling was occupied by $22.3 \%$ of elderly households. A further $10.9 \%$ lived in high-rise apartments. The remainder lived in other forms of multiple dwellings, including a small proportion (5.5\%) who resided in movable dwellings.

Elderly women are more likely than elderly men to live in multiple dwellings, regardless of their age group.

Although not shown here, $\%$ as in Canada as a whole, the percentage of British Columbians aged 65 and over living in single-detached dwellings decreased between 1971 and 1981 (from $64.6 \%$ to $56.2 \%$ ). This is partially attributable to the increase in the stock of multiple dwellings between 1971 and 1981, and the resultant increased opportunities for the elderly to choose this type of accommodation.

[^0]Table 8.2.1
Number and Percentage Distribution of Elderly Households, by Structural Type: British Columbia, 1981

Type of Dwelling
Age of
House-

| House- <br> hold | Single <br> Head | Apartment | Apartment | Movable | Single |
| :--- | :--- | :---: | :---: | :---: | :---: |
| Detached | $(-5$ Storeys $)$ | $(5+$ Storeys $)$ | Dwelling | Attached | Duplex |


| 65-74 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Number | 69,690 | 22,275 | 10,045 | 7,605 | 4,360 | 1,785 |
| \% | 60.2 | 19.2 | 8.7 | 6.6 | 3.8 | 1.5 |
| 75+ |  |  |  |  |  |  |
| Number | 31,765 | 17,975 | 9,495 | 2,285 | 2,315 | 820 |
| \% | 49.1 | 27.8 | 14.7 | 3.5 | 3.9 | 1.3 |
| Total 65+ |  |  |  |  |  |  |
| Number | 101,455 | 40,250 | 19,540 | 9,890 | 6,675 | 2,605 |
| \% | 56.2 | 22.3 | 10.9 | 5.5 | 3.7 | 1.4 |

Source: Statistics Canada. 1981 Census. Private Households: Selected Characteristics - Canada, Provinces, Urban Size Groups, Rural Nonfarm and Rural Farm, Catalogue 92-933, Table 9, January, 1984.

Table 8.2.2
Number and Percentage Distribution of Elderly Households, by Structural Type and Sex of Household Head: British Columbia, 1981

Sex of House| hold | $\begin{array}{l}\text { Single } \\ \text { Head }\end{array}$ | Apartment | Apartment | Movable | Single |
| :--- | :--- | :---: | :---: | :---: | :---: |

| Male |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| $\quad$ Number | 70,620 | 16,415 | 8,090 | 7,180 | 3,800 | 1,565 |
| $\%$ | 65.6 | 15.2 | 7.5 | 6.7 | 3.5 | 1.5 |
|  |  |  |  |  |  |  |
| Female |  |  |  |  |  |  |
| Number | 30,830 | 23,830 | 11,450 | 2,710 | 2,880 | 1,045 |
| $\%$ | 42.4 | 32.8 | 15.7 | 3.7 | 4.0 | 1.4 |

[^1]FIGURE 8.1
PERCENTAGE DISTRIBUTION OF ELDERLY HOUSEHOLDS, BY STRUCTURAL TYPE AND BY SEX OF HOUSEHOLD HEAD: BRITISH COLUMBIA, 1981

Movable Dwelling


MALES


FEMALES

### 8.3 Condition of Dwelling

Whether owners or renters, most British Columbians (94.5\%), live in housing that does not need major repair.

As the age of the household head increases, the percentage of dwellings needing major repair in fact drops slightly so that for heads aged 75 and over, only $3.5 \%$ live in housing that needs major repair compared with $5.8 \%$ in the $25-54$ age group, $4.8 \%$ in the $55-64$ age group, and $4.1 \%$ in the $65-74$ age group.

For all age groups except $75+$, the proportion of female households heads living in housing that requires major repairs is slightly higher than the proportion of males in such housing.

Table 8.3

Percentage Distribution of Housing Requiring Major Repair, by Sex of Household Head, for Selected Age Groups: British Columbia, 1981

| Sex of <br> Household Head | $25-54$ | $55-64$ | Age | $65-74$ |
| :--- | :---: | :---: | :---: | :---: |
| Male | 5.3 | 4.3 | 4.0 | 4.0 |
| Female | 7.7 | 6.0 | 4.2 | 3.1 |
| Total | 5.8 | 4.8 | 4.1 | 3.5 |

Source: Statistics Canada. 1981 Census. Private Households: Selected Characteristics - Canada, Provinces, Urban Size Groups, Rural Non-farm and Rural Farm, Catalogue 92-933, Table 9, January, 1984.

### 8.4 Housing Costs

Census data indicate that housing costs for elderly homeowners are relatively modest as most have built up equity in their homes over the years. However, renters pay a substantially larger portion of their income (nearly double for the age group 75+) on housing.

Table 8.4

Average Monthly Housing Costs of the Population Aged 65+: British Columbia, 1981

| Age | Average <br> Owner's <br> Major <br> Payments* | Average Gross Rent | Average Household Income | Owner's Major Payment as a Percentage of Income | Average <br> Renter's <br> Payment <br> as a <br> Percentage <br> of Income |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 65-74 | \$164 | \$270 | \$1,643 | 11.2 | 18.5 |
| 75+ | \$134 | \$247 | \$1,039 | 12.9 | 23.8 |

*Owner's major payments include payments for heat and light, water and other municipal services, monthly mortgage payments, and property taxes.

Source: Statistics Canada. 1981 Census. Private Households: Selected Characteristics - Canada, Provinces, Urban Size Groups, Rural Non-farm and Farm, Catalogue 92-933, Table 9, January, 1984.

## 9. Education

### 9.1 Educational Attainment

The elderly in British Columbia tend to be better educated than their counterparts elsewhere in Canada. In 1981, almost two-thirds (61.4\%) reported 9 or more years of schooling. Among all Canadians aged 65+, the comparable figure is $48.3 \%$.
B.C.'s elderly were less educated, however, than younger adults in the province (i.e., those aged 25-64). Among the younger adults, only $12.2 \%$ reported less than a grade 9 education, compared with $38.6 \%$ of those aged 65+. For each of the higher categories of education, the proportion among the elderly was lower than among the younger adults. At the high end of the educational scale, only $4.2 \%$ reported a university certificate or degree compared with $11.1 \%$ of the younger adults.

These findings reflect the progressive improvement of the educational status of the population over time. Another way of showing this trend is to note the progressive decrease over time in the proportion of elderly in B.C. with less than grade 9 education: $49.9 \%$ in $1971,45.2 \%$ in 1976, and $38.6 \%$ in 1981.

Table 9.1
Highest Level of Schooling of the Population Aged 25-64 and 65+: British Columbia, 1981

Ages

| Highest Level of Schooling | $25-64$ | Population Aged $65+$ |  |  |
| :--- | :---: | ---: | ---: | ---: | ---: |
|  | Total | Total | Males | Females |
|  |  |  |  |  |
| Less than Grade 9 | 165,440 | 106,500 | 51,025 | 55,475 |
| Grades 9-13 | 549,690 | 101,635 | 43,100 | 58,535 |
| Some post-secondary | 494,945 | 56,435 | 23,315 | 33,120 |
| University degree | 150,920 | 11,645 | 7,290 | 4,360 |
| Total | $1,360,995$ | 276,225 | 124,730 | 151,495 |

*Post-secondary includes universities, community colleges, institutes of technology, private trade schools, private business colleges, and diploma schools of nursing.

Source: Statistics Canada. 1981 Census. Population. Historical Tables for Census Education Data 1971, 1976 and 1981. Canada, Regions, Provinces, Catalogue 13-579, Table 1, June, 1984.

## FIGURE 9.1

PERCENTAGE DISTRIBUTION OF POPULATION AGED 25-64 AND 65+, BY HIGHEST LEVEL OF SCHOOLING: BRITISH COLUMBIA, 1981


POPULATION AGED 25-64


POPULATION AGED 65+

## 10. Labour Force

### 10.1 Labour Force Participation Trends

Since 1961, there has been a steady decline in the percentage of older men (ages 60-64 and 65+) participating in the labour force. This trend can be observed for both Canada and British Columbia, although rates of labour force participation are lower in British Columbia than in Canada as a whole. In 1981 in Canada, $17.3 \%$ of men aged $65+$ were in the labour force; the comparable figure for British Columbia was $13.8 \%$.

The trend for women is markedly different. Among younger women, there has been a large increase in labour force participation, in both Canada and British Columbia, as would be expected. Among women aged 60-64, there is an increase in labour force participation, unlike the trend observed for comparably aged men. Among women aged 65+, there has been little change in labour force participation rates. In 1981 in British Columbia, 5.4\% of women aged 65+ were part of the labour force.

Table 10.1
Labour Force Participation Rates, by Age and Sex:
Canada and British Columbia, 1961-1981*
Percent in Labour Force


## Canada

| 1961 | 94.1 | 94.3 | 91.9 | 86.7 | 75.8 | 28.5 | 29.6 | 31.0 | 33.4 | 27.9 | 20.3 | 6.7 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 1971 | 92.6 | 92.8 | 90.3 | 84.9 | 74.1 | 23.6 | 44.5 | 43.9 | 44.4 | 38.7 | 29.1 | 8.3 |
| 1976 | 91.2 | 91.9 | 89.3 | 82.4 | 69.0 | 19.2 | 53.5 | 53.2 | 48.8 | 39.2 | 27.3 | 6.9 |
| 1981 | 95.3 | 95.2 | 92.3 | 84.4 | 68.3 | 17.3 | 65.8 | 64.3 | 55.9 | 41.9 | 28.3 | 6.0 |

British Columbia

| 1961 | 94.5 | 93.8 | 90.7 | 83.4 | 68.7 | 19.6 | 28.4 | 33.0 | 36.8 | 29.1 | 19.1 | 5.1 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 1971 | 94.5 | 95.3 | 92.3 | 86.9 | 72.8 | 19.0 | 44.6 | 46.2 | 46.9 | 40.5 | 29.9 | 6.6 |
| 1976 | 91.1 | 92.3 | 89.8 | 81.0 | 63.5 | 14.3 | 53.9 | 55.8 | 50.8 | 39.3 | 25.1 | 5.2 |
| 1981 | 95.6 | 96.1 | 92.8 | 83.4 | 64.7 | 13.8 | 66.4 | 66.9 | 59.1 | 42.6 | 27.8 | 5.4 |

*Trend should be interpreted with caution, due to census changes in definition of labour force.

Sources: Dominion Bureau of Statistics. 1961 Census. General Review. The Canadian Labour Force, Catalogue 99-522, Table XIV, September, 1967 and Labour Force. Industries by Sex Showing Age, Marital Status and Class of Worker - Western Provinces, Catalogue 94-526, Table 9, September 1963; Statistics Canada. 1976 Census. Labour Force Activity. Labour Force Participation Rates by Age and Sex and by Marital Status and Sex, 1971 and 1976, Catalogue 94-804, Table 9, September, 1978; Statistics Canada. 1981 Census. Population. Labour Force Activity - Canada, Provinces, Urban Size Groups, Rura1 Non-farm and Rural Farm, Catalogue 92-915, Table 1, February, 1984.

### 10.2 Occupations

Among men aged 65+ in the labour force in British Columbia in 1981, the five leading occupations were Service (14.5\%), Sales (14.2\%), Other Professions (12.9\%), Managerial and Administrative (12.5\%), and Farming (11.8\%). Compared to the total labour force, older men are substantially over-represented in Farming ( $11.8 \%$ vs $2.8 \%$ ) and somewhat over-represented in Managerial and Administrative occupations, Other Professional occupations, Clerical occupations, Sales occupations, Service occupations. Men aged 65+ are under-represented in the traditionally-defined "blue collar" occupations. The majority of older women in the labour force are concentrated in four occupations - Clerical (27.9\%), Service (22.6\%), Other Professional (17.6\%) and Sales (16.1\%). The occupational distribution of older women more closely corresponds to that of the total female labour force than is the case for men.

Table 10.2
Occupational Distribution of Total Labour Force and Labour Force Aged $65+$, by Sex: British Columbia, 1981

| Type of Occupation | Total <br> Labour Force | Labour Force Aged 65+ |
| :---: | :---: | :---: |
|  | \% | \% |
| Males |  |  |
| Managerial and Administrative | 10.5 | 12.5 |
| Other Professional | 11.9 | 12.9 |
| Clerical | 6.0 | 8.3 |
| Sales | 8.9 | 14.2 |
| Service | 9.7 | 14.5 |
| Farming | 2.8 | 11.8 |
| Fishing, Forestry and Mining | 4.6 | 2.6 |
| Processing | 6.2 | 2.7 |
| Machining and Fabricating | 12.5 | 7.3 |
| Construction | 13.1 | 6.4 |
| Other | 13.8 | 6.7 |
| Total Occupations | 817,740 | 17,130 |

## Females

| Managerial and Administrative | 5.2 | 5.2. |
| :--- | ---: | ---: |
| Other Professional | 19.0 | 17.6 |
| Clerical | 37.3 | 27.9 |
| Sales | 10.7 | 16.1 |
| Service | 18.6 | 22.6 |
| Farming | 1.8 | 3.7 |
| Fishing, Forestry and Mining | 0.4 | 0.2 |
| Processing | 1.7 | 0.9 |
| Machining and Fabricating | 2.1 | 2.8 |
| Construction | 0.4 | 0.6 |
| Other | 2.7 | 2.4 |
| Total Occupations |  |  |

Source: Statistics Canada. 1981 Census. Population. Economic Characteristics - British Columbia, Catalogue 93-970, Table 9, May, 1984.
10.3 Full and Part-time Employment

Part-time employment is performed by nearly $18 \%$ of the labour force aged 55+, a figure which is approximately double that of the total labour force. Women are more likely to work part-time than men. In British Columbia in 1983, more than one-third of the female labour force aged 55+ was employed on a part-time basis.

Table 10.3
Percent of Labour Force Aged 55+ Employed Full-time and Part-time, by Sex, British Columbia, 1983

Type of Employment
Full-time*
Part-time

Males
Females
88.3
11.7
65.9
34.1

Total (55+)
82.2
17.8

Total (all ages)
90.9
9.1
*Full-time employment consists of persons who usually work 30 hours or more per week as well as those who usually whork less than 30 hours per week but consider themselves to be employed full-time.

Source: Statistics Canada. Labour Force Survey Division. Labour Force Annual Averages, 1975-1983, Catalogue 71-529, Table 29, February, 1984.

## 11. Income

### 11.1 Income of Individuals

In 1981, the average income reported by persons $65-69$ was $\$ 16,802$ for males and $\$ 8,478$ for females. For persons $55-64$, the average income was $\$ 22,892$ for males and $\$ 10,271$ for females. For men the income gap between those under and over 65 was substantial; for women, this gap was relatively small.

Table 11.1
Average Income of Individuals, by Age and Sex: British Columbia, 1981

| Age | $\frac{\text { Total }}{(\$)}$ | $\frac{\text { Males }}{(\$)}$ | $\frac{\text { Females }}{(\$)}$ |
| :--- | :---: | ---: | ---: |
| -19 | 4,391 | 4,620 | 4,123 |
| $20-24$ | 12,625 | 15,349 | 9,700 |
| $25-34$ | 17,792 | 23,032 | 11,810 |
| $35-44$ | 21,271 | 27,908 | 12,934 |
| $45-54$ | 20,012 | 26,015 | 11,994 |
| $55-64$ | 17,063 | 22,892 | 10,271 |
| $65-69$ | 12,337 | 16,802 | 8,478 |
| $70+$ | 9,140 | 10,649 | 7,954 |

Source: Statistics Canada. Income Distribution by Size in Canada, 1981, Catalogue 13-207, Table 55, May, 1983.
11.2 Income of Families and Non-family Persons in Private Households

As in Canada as a whole, the monetary incomes of older British Columbians tend to be disproportionately concentrated at the lower end of the income scale. In 1980, just over one-half (53.5\%) of census families with heads aged 65 and over had incomes under $\$ 15,000$ while only $18 \%$ of families with heads aged $15-64$ had money incomes that low.

Older unattached individuals are especially heavily concentrated in the lower money income groups. In 1980, more than two-thirds (69.3\%) had incomes under $\$ 8,000$.

Although not shown here*, it should be noted that within the $65+$ group, families with heads over the age of 70 are more disadvantaged than those with heads aged 65-69. In 1980, among B.C. families with heads aged 65-69, just over one-third (35\%) had incomes under $\$ 15,000$ compared with one-half (50.3\%) of those with heads aged 70 and over. It should also be noted that while females are disproportionately represented among elderly unattached individuals ( $74.9 \%$ are female), sex differences in the proportion economically disadvantaged are small. In 1980, fully $70.8 \%$ of unattached females aged $65+$ and $65 \%$ of attached males reported incomes under $\$ 8,000$.

[^2]Table 11.2.1
Number and Percentage Distribution of Families in Private Households, by Age of Head and Family Income: British Columbia, 1980

| Income Group | Population 15-64 |  | Population 65+ |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Number | \% | Number. | \% |
| Under \$5,000 | 30,015 | 4.8 | 2,190 | 2.2 |
| \$5,000-\$9,000 | 37, 235 | 5.9 | 24,235 | 24.1 |
| \$10,000-\$14,9.99 | 45,785 | 7.3 | 27,335 | 27.2 |
| \$15,000-\$19,999 | 60,640 | 9.7 | 14,065 | 14.0 |
| \$20,000-\$24,999 | 84,740 | 13.5 | 9,890 | 9.8 |
| \$25,000-\$29,999 | 86,945 | 13.9 | 6,690 | 6.7 |
| \$30,000-\$34,999 | 79,940 | 12.7 | 4,585 | 4.6 |
| \$35,000-\$39,999 | 60,465 | 9.6 | 3,145 | 3.1 |
| \$40,000-\$44,999 | 44,285 | 7.1 | 2,190 | 2.2 |
| \$45,000+ | 97,210 | 15.5 | 6,095 | 6.1 |
| Total | 627,280 | 100.0 | 100,410 | 100.0 |

Source: Statistics Canada. 1981 Census. Census Families in Private Households. Income - Canada, Provinces, Urban Size Groups, Rural Nonfarm and Rural Farm, Catalogue 92-936, Table 5A, January, 1984.

Table 11.2.2
Number and Percentage Distribution of Non-family Persons in Private Households, by Age and Income: British Columbia, 1980

| Income Group | Population 15-64 |  | Population 65+ |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Number | \% | Number | \% |
| Under \$2,000 | 35,570 | 11.8 | 3,705 | 3.5 |
| \$2,000-\$4,999 | 38,625 | 12.8 | 15,175 | 14.3 |
| \$5,000-\$7,999 | 32,260 | 10.7 | 54,455 | 51.5 |
| \$8,000-\$9,999 | 20,370 | 6.8 | 8,695 | 8.2 |
| \$10,000-\$14,999 | 55,555 | 18.5 | 12,115 | 11.5 |
| \$15,000-\$19,999 | 46,980 | 15.6 | 5,190 | 4.9 |
| \$20, 000-\$24,999 | 35,825 | 11.9 | 2,670 | 2.5 |
| \$25,000+ | 35,665 | 11.6 | 3,760 | 3.6 |
| Total | 300,850 | 100.0 | 105,770 | 100.0 |

[^3]
## 12. Health Care Utilization

### 12.1 Hospitalization

The number of separations from acute and rehabilitation hospitals per thousand population and hospital days used increases dramatically after age 55. In 1982-83, the number of separations per thousand men aged 70-74 was almost two-and-one half times larger than that for men aged 55-59; among those aged 85 and over, it was more than five times larger. Similar age-related increases are apparent for females.

While hospital use in B.C. fell between 1971 and $1982-83$ as a result of concentrated efforts to reduce hospital bed capacity, this overall decline was less among the elderly. For example; while patient days per capita for males fell $30 \%$ overall in this 11 year period, the decline for males aged $65-69$ was $25 \%$. For males over the age of 80 , it was only $10 \%$. Separation rates per capita, on the other hand, showed an increase over this period for all age groups of men over the age of 65 and for age groups of women over the age of 70 .

Table 12.1.1
Hospital Separations per 1,000 Population for Selected Age Groups, by Sex: British Columbia, 1971 and 1982-83

| Age | Males |  | Females |  |
| :---: | :---: | :---: | :---: | :---: |
|  | 1971 | 1982/83 | 1971 | 1982/83 |
| 15-19 | 81 | 70 | 185 | 125 |
| 55-59 | 208 | 194 | 180 | 152 |
| 60-64 | 247 | 239 | 194 | 180 |
| 65-69 | 277 | 287 | 222 | 218 |
| 70-74 | 356 | 363 | 257 | 268 |
| 75-79 | 398 | 435 | 286 | 329 |
| 80-84 | 460 | 533 | 327 | 391 |
| $85+$ | 500 | 582 | 357 | 438 |
| All Ages | 150 | 129 | 204 | 166 |

Source: Barer, M.L., Evans, R.G., Hertzman, C. and Lomas, J. (1986) "Towards Efficient Aging - Rhetoric and Evidence". Paper presented at the Third Canadian Conference on Health Economics, Winnipeg, May 29-30.

Figure 12.1.1
Hospital Separations per 1,000 Population by Age and Sex: British Columbia, 1971 and 1982-83


Female Separations per Thousand Population


Source: Table 12.1.1.

Table 12.1.2
Hospital Days per 1,000 Population for Selected Age Groups, by Sex: British Columbia, 1971 and 1982-83

| Age | Males |  | Females |  |
| :---: | :---: | :---: | :---: | :---: |
|  | 1971 | 1982/83 | 1971 | 1982/83 |
| 15-19 | 597 | 425 | 1052 | 597 |
| 55-59 | 2334 | 1638 | 2144 | 1311 |
| 60-64 | 3164 | 2105 | 2485 | 1737 |
| 65-69 | 3836 | 2870 | 3069 | 2390 |
| 70-74 | 5581 | 4027 | 3919 | 3163 |
| 75-79 | 6598 | 5343 | 4914 | 4494 |
| 80-84 | 8046 | 7238 | 5938 | 5867 |
| 85+ | 9632 | 8811 | 7277 | 7704 |
| All ages | 1496 | 1050 | 1751 | 1264 |

Source: Barer, M.L., Evans, R.G., Hertzman, C. and Lomas, J. (1986) "Towards Efficient Aging - Rhetoric and Evidence". Paper presented at the Third Canadian Conference on Health Economics, Winnipeg, May 29-30.

Figure 12.1.2

Hospital Days per 1,000 Population by Age and Sex: British Columbia, 1971 and 1982-83



Source: Table 12.1.2.

### 12.2 Continuing Care

In 1984, 47,666 persons 65 and over were clients of B.C.'s Long Term Care (LTC) Program.* Of these, $45.8 \%$ were receiving care in facilities and $54.2 \%$ care at home. Although the absolute number of clients receiving service increased by some 11,000 in the five year period 1980-1984, the home to facility ratio remained remarkably constant (54-56\% at home).

While level of care cannot be predicted by age alone, the probability that some level of service will be required increases markedly with age. In 1984, just over one-half (55\%) of the population aged 85 and over were receiving LTC service; $61.4 \%$ of women of this age group and $43 \%$ of men. This figure compares with less than one-quarter (21\%) in the age group 75-84 and only $6 \%$ in the age group 65-74.

As shown in Table 12.2.3, the proportion of persons receiving continuing care in facilities also rises with increasing age. While less than one-third of clients aged $65-74$ were receiving care in facilities in 1984, of those aged 85 and over in care, approximately two-thirds were in facilities.

While not all the very old are greatly incapacitated, there is a relationship between being older and being both at a higher level of care and in a facility.

[^4]Table 12.2.1
Number and Percentage Distribution of Long Term Care/ Extended Care Unit Clients Aged 65+, by Place of Care
(Home/Facility): British Columbia, 1980-1984*

|  | Home |  | Facility |  | Total |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Year | Number | $\%$ | Number | $\%$ | Number | $\%$ |
|  |  |  |  |  |  |  |
| 1980 | 20,452 | 55.9 | 15,945 | 44.1 | 36,397 | 100.0 |
| 1981 | 22,655 | 56.0 | 17,798 | 44.0 | 40,453 | 100.0 |
| 1982 | 23,501 | 53.4 | 20,478 | 46.6 | 43,979 | 100.0 |
| 1983 | 24,412 | 53.7 | 21,018 | 46.3 | 45,430 | 100.0 |
| 1984 | 25,845 | 54.2 | 21,821 | 45.8 | 47,666 | 100.0 |

*These are point-in-time data, September 30 in the case of 1980 and 1981, and October 31 for 1982-84.

Source: Client Analysis LTCCRO13, Ministry of Health, cited in Stark, A.J. "Seven Years of Co-ordinated Long-Term Care in One Canadian Province". In: The Health System in the First Decade of the 21st Century. Proceedings of the International Meeting on Future of Health and Health Systems in the Industrialized Society. Bellagio, Italy, May, 1985. New York. Praeger (forthcoming, 1987).

Table 12.2.2
Percent of Population in Care, by Age:
British Columbia, 1981-1984*
Year/Age
65-74
75-84
$85+$

| 1980 | 9 | 19 | 46 |
| :--- | :--- | :--- | :--- |
| 1981 | 5 | 20 | 50 |
| 1982 | 5 | 21 | 54 |
| 1983 | 6 | 21 | 54 |
| 1984 | 6 | 21 | 55 |

${ }^{*}$ These are point-in-time data, September 30 in the case of 1980 and 1981 , and October 31 for 1982-84.

Source: Client Analysis LTCCRO13, Ministry of Health, cited in Stark, A.J. "Seven Years of Co-ordinated Long-Term Care in One Canadian Province". In: The Health System in the First Decade of the 21st Century. Proceedings of the International Meeting on Future of Health and Health Systems in the Industrialized Society. Bellagio, Italy, May, 1985. New York. Praeger (forthcoming, 1987).

Table 12.2.3
Population in Long Term Care/Extended Care Units, by Place of Care, Percent in Facility and Age: British Columbia, 1980-1984*

| Year/Age | Place of Care | 65-74 |  | 75-84 |  | 85+ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Number | \% | Number | \% | Number | \% |
| 1980 | Fac. | 2,697 | 29.0 | 5,949 | 39.4 | 7,299 | 60.7 |
|  | Home | 6,594 |  | 9,131 |  | 4,727 |  |
|  | Total | 9,291 |  | 15,080 |  | 12,026 |  |
| 1981 | Fac. | 2,926 | 29.1 | 6,505 | 38.5 | 8,367 | 62.0 |
|  | Home | 7,138 |  | 10,387 |  | 5,130 |  |
|  | Total | 10,064 |  | 16,892 |  | 13,497 |  |
| 1982 | Fac. | 3,228 | 30.4 | 7,487 | 40.6 | 9,763 | 65.4 |
|  | Home | 7,395 |  | 10,941 |  | 5,165 |  |
|  | Total | 10,623 |  | 18,428 |  | 14,928 |  |
| 1983 | Fac. | 3,320 | 30.3 | 7,697 | 40.1 | 10,019 | 65.3 |
|  | Home | 7,609 |  | 11,490 |  | 5,313 |  |
|  | Total | 10,911 |  | 19,187 |  | 15,332 |  |
| 1984 | Fac. | 3,413 | 30.3 | 8,113 | 39.7 | 10,295 | 64.6 |
|  | Home | 7,851 |  | 12,347 |  | 5,647 |  |
|  | Total | 11,264 |  | 20,460 |  | 15,942 |  |

*These are point-in-time data, September 30 in the case of 1980 and 1981 , and October 31 for 1982-84.

Source: Client Analysis LTCCRO13, Ministry of Hea1th, cited in Stark, A.J. "Seven Years of Co-ordinated Long-Term Care in One Canadian Province". In: The Health System in the First Decade of the 21 st Century. Proceedings of the International Meeting on Future of Health and Health Systems in the Industrialized Society. Bellagio, Italy, May, 1985. New York. Praeger (forthcoming, 1987).

### 12.3 Physician Services

Table 12.2.1 shows per capita payments to physicians in 1983-84, disaggregated by sex and age. The pattern is one of high servicing by physicians of the very young, falling to a minimum for children aged 10-14 years, and increasing with age thereafter except for the maternity years for women.

While expenditures are noticeably greater for females than for males between the ages of 15 and 59, after the age of 60 the sex differential is reversed.

Table 12.3.1
Fee-for-Service Payments Per Capita, by Age and Sex: British Columbia, 1983-84*

| Age | Males. | Females |
| :---: | :---: | :---: |
|  | (\$) | (\$) |
| 0-4 | 224.7 | 195.7 |
| 5-9 | 141.4 | 123.7 |
| 10-14 | 119.3 | 114.3 |
| 15-19 | 128.8 | 209.2 |
| 20-29 | 136.7 | 356.8 |
| 30-39 | 165.2 | 340.4 |
| 40-49 | 198.6 | 305.4 |
| 50-59 | 280.1 | 324.7 |
| 60-64 | 390.6 | 363.6 |
| 65-69 | 441.4 | 403.7 |
| 70-74 | 546.8 | 462.4 |
| 75-79 | 640.3 | 509.9 |
| 80-84 | 715.2 | 533.8 |
| 85+ | 815.5 | 537.9 |
| *These data are based on payments to physicians in fiscal year 1983-84. |  |  |
| Source: | Barer, M.L. and Wong Fung, P. (1985). Fee Practice Medical Service Expenditures per Capita, 1983-84 and Full-Time - |  |
|  |  |  |
|  | Equivalent Physicians in British Columbia, 1979-80 to 1983-84 |  |
|  | HMRU Report 5:1, Table 44, University of B.C., Division of |  |

## Appendix 1

Census Divisions and Subdivisions Included in Greater Vancouver Regional District Member Communities and Electoral Areas
Communities/
Electoral Areas Census Divisions and Subdivisions, 1981
Belcarra
BurnabyCoquitlam
Delta
Lions Bay
New Westminster
North Vancouver City
North Vancouver District
Port Coquitlam
Port Moody
Richmond
Surrey
Vancouver
West Vancouver
White Rock
Electoral Areas:
A. University Endowment Lands - University Endowment Area, ..... SRD
B. Ioco-Anmore - Part of Greater Vancouver, Subd. A, SRD. Barnston Island 3,R
C. Bowen Island
Note 1: Key to abbreviations
C City
DM District (Municipality)
R Indian Reserve
SRD Subdivision of Regional District
VL Village
. Belcarra, VL ${ }^{1}$

- Burnaby, DM
- Coquitlam, DM
- Coquitlam 1,R
- Coquitlam 2,R
. Delta, DM
- Tsawwassen, R
- Lions Bay, VL
- New Westminster, C
- North Vancouver, C
- Mission 1,R
- North Vancouver, DM
- Burrard Inlet 3,R
- Capilano 5,R
- Port Coquitlam, C
- Port Moody, C
. Richmond, DM
- Surrey, DM
- Semiahmoo,
- Vancouver, C
- Musqueam 2,R
- West Vancouver, DM
- White Rock, C
- Part of Greater Vancouver, Subd. A, SRD

Census Divisions and Subdivisions Included in Capital Regional District Member Communities and Electoral Areas

| Communities/ |  |
| :---: | :---: |
| Electoral Areas | Census Divisions and Subdivisions, 1981 |
| Victoria <br> Central Saanich | Victoria, $\mathrm{Cl}^{1}$ |
|  | - Central Saanich, DM |
|  | . South Saanich 1,R |
|  | . East Saanich 2,R |
| Esquimalt <br> North Saanich | . Esquimalt, DM |
|  | . North Saanich, DM |
|  | . Cole Bay 3,R |
|  | . Union Bay 4, R |
| Oak Bay | . Oak Bay, DM |
| Saanich | . Saanich, DM |
| Sidney | . Sidney, T |
| Electoral Areas |  |
| A: Colwood |  |
| B: Langford |  |
| C: Metchosin . Becher Bay 1,R and 1,R |  |
| D: Sooke . Sooke 1,R |  |
| E: View Royal | . Esquimalt $1, R$ <br> . New Songhees 1A,R |
| F: Saltspring Island | . Saltspring Island |
|  | . Other Islands |
| G: Outer Gulf Islands | - Galiano Island |
|  | - Mayne Island |
|  | . Other Islands |
| Note 1: Key to abbreviations |  |
| C City |  |
| DM District (Municipality) |  |
| R Indian Reserve |  |
| SRD Subdivision of Regional District |  |
| T Town |  |

## GERONTOLOGY RESEARCH CENTRE SIMON FRASER UNIVERSITY

The Gerontology Research Centre was established in 1982 both to stimulate and to undertake research on topics related to population aging. The Centre also provides an information and consulting service. The research focus of the Centre relates generally to social gerontology and to the biophysiology of aging. Areas of research concentration identified to date include: victimization and exploitation of the elderly; population aging and changing life-styles; and aging and the built environment. The Centre publishes a bimonthly bulletin, sponsors a Research Forum and organizes conferences and workshops.



[^0]:    *Source: Statistics Canada. 1971 Census. Housing: Dwelling Characteristics by Age and Sex of Household Head, Catalogue 93-739. (Vol. 2 - Part 4), Table 35, June, 1975.

[^1]:    Source: Statistics Canada. 1981 Census. Private Households: Selected Characteristics - Canada, Provinces, Urban Size Groups, Rural Nonfarm and Rural Farm, Catalogue 92-933, Table 9, January, 1984.

[^2]:    *Source: Statistics Canada. Income Distributions by Size in Canada, Catalogue 13-207, Table 6, May, 1983; Statistics Canada. 1981 Census. Census Families in Private Households. Income - Canada, Provinces, Urban Size Groups, Rural Non-farm and Rural Farm, Catalogue 92-936, Table 5B, January, 1984.

[^3]:    Source: Statistics Canada. 1981 Census. Census Families in Private Households. Income - Canada, Provinces, Urban Size Groups, Rural Non-farm and Rural Farm, Catalogue 92-936, Table 5B, January, 1984.

[^4]:    *Approximately 6,500 additional clients aged less than 65 also received LTC in 1984, the majority in home support services.

