

## Instructions for Participants

### The information needs and information seeking of young women with breast cancer

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ACTION for Health

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## Instructions for participants

To help guide you in writing your story for us, we have made some sentence ‘stems’. You could begin by completing the sentence, and then carry on from there. Write as much as you wish. **Add anything that you think will help us** understand your experience. We are more interested in your story than having you answer every question in a survey fashion.

If you have questions you can email Bev at any time.

Once you have written your story and are satisfied that you’ve got everything important, save it and email it back to us.

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### 1. When I first discovered a worrisome change (before diagnosis), the information I needed was...

What I did to find that information was...

The information I found most helpful was...

The information I found least helpful was...

### 2. When I first learned that I had breast cancer (after diagnosis), the information I needed was...

What I did to get that information was ...

The most useful information I found was...

The information I needed but couldn't find was...

What would improve things for women at this time would be...

**4. Since my diagnosis, the information I have needed at various times includes...**

What I did to find the information was ...

The most useful information I found was ...

Information that I didn't find useful was...

Information that I never found at all was...

**6. Other comments...**

Thank you for taking time to do this!

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