# Examining the utility of strengths and protective factors in violence risk assessment measures in a tertiary civil psychiatric population

# by Simone Viljoen

M.Sc., University of Maastricht, 2009

Thesis Submitted in Partial Fulfillment of the Requirements for the Degree of Doctor of Philosophy

in the
Department of Psychology
Faculty of Arts and Social Science

# © Simone Viljoen 2014 SIMON FRASER UNIVERSITY Summer 2014

All rights reserved.

However, in accordance with the *Copyright Act of Canada*, this work may be reproduced, without authorization, under the conditions for "Fair Dealing." Therefore, limited reproduction of this work for the purposes of private study, research, criticism, review and news reporting is likely to be in accordance with the law, particularly if cited appropriately.

# **Approval**

name:	Simone viijoen
Degree:	Doctor of Philosophy (Psychology)
	Examining the utility of strengths and protective factors in violence risk assessment measures in a tertiary civil psychiatric population
Examining Committee:	Chair: Rebecca Cobb Associate Professor
Ronald Roesch Senior Supervisor Professor	
<b>Tonia L. Nicholls</b> Supervisor Adjunct Professor	
<b>Jodi Viljoen</b> Supervisor Associate Professor	
Julian Somers Internal Examiner Associate Professor Faculty of Health Sciences	
Dale McNiel External Examiner Professor Department of Psychiatry University of California, San	Francisco
Date Defended/Approved:	

#### **Partial Copyright Licence**



The author, whose copyright is declared on the title page of this work, has granted to Simon Fraser University the non-exclusive, royalty-free right to include a digital copy of this thesis, project or extended essay[s] and associated supplemental files ("Work") (title[s] below) in Summit, the Institutional Research Repository at SFU. SFU may also make copies of the Work for purposes of a scholarly or research nature; for users of the SFU Library; or in response to a request from another library, or educational institution, on SFU's own behalf or for one of its users. Distribution may be in any form.

The author has further agreed that SFU may keep more than one copy of the Work for purposes of back-up and security; and that SFU may, without changing the content, translate, if technically possible, the Work to any medium or format for the purpose of preserving the Work and facilitating the exercise of SFU's rights under this licence.

It is understood that copying, publication, or public performance of the Work for commercial purposes shall not be allowed without the author's written permission.

While granting the above uses to SFU, the author retains copyright ownership and moral rights in the Work, and may deal with the copyright in the Work in any way consistent with the terms of this licence, including the right to change the Work for subsequent purposes, including editing and publishing the Work in whole or in part, and licensing the content to other parties as the author may desire.

The author represents and warrants that he/she has the right to grant the rights contained in this licence and that the Work does not, to the best of the author's knowledge, infringe upon anyone's copyright. The author has obtained written copyright permission, where required, for the use of any third-party copyrighted material contained in the Work. The author represents and warrants that the Work is his/her own original work and that he/she has not previously assigned or relinquished the rights conferred in this licence.

Simon Fraser University Library Burnaby, British Columbia, Canada

revised Fall 2013

#### **Ethics Statement**



The author, whose name appears on the title page of this work, has obtained, for the research described in this work, either:

a. human research ethics approval from the Simon Fraser University Office of Research Ethics.

or

b. advance approval of the animal care protocol from the University Animal Care Committee of Simon Fraser University;

or has conducted the research

c. as a co-investigator, collaborator or research assistant in a research project approved in advance,

or

d. as a member of a course approved in advance for minimal risk human research, by the Office of Research Ethics.

A copy of the approval letter has been filed at the Theses Office of the University Library at the time of submission of this thesis or project.

The original application for approval and letter of approval are filed with the relevant offices. Inquiries may be directed to those authorities.

Simon Fraser University Library Burnaby, British Columbia, Canada

update Spring 2010

#### **Abstract**

Research on risk assessments utilizing protective factors with civil psychiatric populations remains limited. Additionally, there has been some debate regarding the generalizability of risk assessment measures to female populations given that many of these measures were developed with male populations. Despite this, no known studies exist that have made direct comparisons between male and female civil psychiatric patients on protective factors and violence prediction. The Structured Assessment of Protective Factors for Violence Risk (SAPROF; de Vogel et al., 2008) is a structured professional judgment risk assessment measure intended to be used in conjunction with a measure of risk factors, (i.e., HCR-20, Webster et al., 1997). The Short-Term Assessment of Risk and Treatability (START; Webster et al., 2004) is a multidisciplinary tool that is intended for use in inpatient and community settings and for which clinicians code the measure by considering a client's strengths and vulnerabilities. Until now there has been no empirical comparison of the START and SAPROF. To address these gaps in the current body of knowledge on the utility of protective factors in violence risk assessment, we conducted a prospective study, utilizing interview and file review to investigate strength based risk assessments in a male and female civil psychiatric population. Participants included 102 civil psychiatric patients residing at a large tertiary psychiatric hospital who were being transferred to community-based tertiary inpatient settings. Baseline file reviews and interview-based assessments were conducted prior to patient transfer to community based treatment facilities. Outcome data (i.e., verbal, sexual, and physical aggression) was collected every 6 months over a 12-month period. We found evidence that supports the use of strength based risk assessments with civil psychiatric populations. On the whole, the psychometric properties for all the measures included were good. Protective factors demonstrated incremental validity over the risk factors alone, as did summary risk judgments over actuarial assessments. We found a number of potentially interesting gender differences in the predictive validity of all the risk measures included. Generally, these measures performed better with the males when predicting physical and verbal aggression, and better with the females when predicting sexual aggression.

**Keywords**: Risk assessment; protective factors; violence; civil psychiatric patients; gender differences; serious mental illness

#### **Dedication**

To my mother and father who always believed in me even (especially) when I did not, your unwavering love and support is what got me here. I also dedicate this to my partner, Nathan M. LaPlante, who motivated me and supported me throughout this whole process.

#### **Acknowledgements**

As John Donne said "no man is an island," and the completion of this project would not have been possible without the support and encouragement of many people. I am very grateful to have had so many people around me to support me.

In particular, I would like to thank Dr. Tonia Nicholls, with whom I first began working during the completion of my Master's thesis, while I was attending Maastricht University. It became clear to me immediately that she was a role model and someone I wanted to continue working with. I was fortunate enough to have this wish come true once I was accepted into the Ph.D. program at SFU and she became my co-supervisor. In the time that I have known her, she has always inspired me and challenged me to reach my true potential. It is my deepest honour to be your first Ph.D. Student at SFU!

Thank you to my co-supervisor Dr. Ronald Roesch; if it weren't for you, I would not have had the great privilege to be a part of the SFU family. Thank you for taking me as a student and allowing me the opportunity to complete this project and program, both of which I am extremely proud of. Also, I have always appreciated your encouragement and support; it is truly rare to have such a knowledgeable, insightful and kind mentor.

I would also like to thank my committee member, Dr. Jodi Viljoen, whose attention to detail and thoughtful feedback helped to improve this project significantly. A special thanks to Dr. Dale McNiel, who flew from San Francisco, California to attend my defense, your work has influenced my own research pursuits and it was truly an honour to have you as my external examiner. Last but not least thank you to Dr. Julian Somers, who served as my internal examiner, thank you for your interesting and thought provoking questions during defense. I would also like to express my appreciation to you all for making my defense an intellectually stimulating and truly enjoyable experience.

I would like to acknowledge Dr. Michiel de Vries Robbé, Dr. Vivienne de Vogel and Dr. Corine de Ruiter, who introduced me to the SAPROF and inspired me to begin this line of research. In particular, thank you to Michiel for your interest and support in this project; your comments and input were invaluable.

I would like to express my sincere gratitude to the Social Sciences and Humanities Research Council of Canada (SSHRC) for their support of this project.

I would like to thank my family and friends that stood by me through it all. Mom, thank you for your strength, bravery and humour. Dad, thank you for being my "life supervisor" and for the countless editing and revisions of this dissertation and many other papers over years. To my brothers, Cullin McGregor and Tristan Viljoen, you are so special to me, especially since I never thought I would get siblings and finally 12 and 15 years later I was blessed with you both. Max McGregor and Kim Viljoen you are the best stepparents any one could ever ask for, I am truly lucky to have so many parents that love and care for me. Nana, Oupa, and Ouma, I know if you were still with us you would be proud of me. To my friends near and far, thank you for providing the necessary distraction needed and support along the way. In particular, thank you to Alana Cook, Brianne Layden, Duncan Greig, Ashley Pritchard, Yan Lim, Celine Jensen, Lauren Jackson, Heidi Crowe and Rebecca Camileri. Finally, Nathan LaPlante, for your unconditional love and encouragement, I will be eternally grateful.

### **Table of Contents**

Appr	oval	ii
	al Copyright Licence	
	s Statement	
Abst	act	v
	cation	
	owledgements	
	of Contents	
	f Tables	
	f Figures	
	f Acronyms	
	·	
٠.		_
	eter 1. Introduction	
	Serious Mental Illness and Violence/Offending	
	Prediction of Future Violence/Offending	
	Resilience and Protective Factors	
	Utility of Protective Factors in Risk Assessment	
	Gender differences in Violence/Offending	
	Gender Bias in Violence Risk Assessment	
1.7.	Objective of the Current Study	
1.8.	Research Questions	
1.9.	Hypotheses	11
Cha	eter 2. Methods	13
2.1.	Participants	
	Measures	
2.3.	Research Design	17
2.4.	Procedure	17
	2.4.1. Ethics Approval	17
	2.4.2. Recruitment and Retention	
	2.4.3. Baseline data collection	18
	2.4.4. Inter-rater reliability	
	2.4.5. Follow-up data collection	19
2.5.	Statistical Analyses	20
Cha	tor 2 Populto	24
	ster 3. Results	
3.1.	Sample Characteristics	
	3.1.1. Overall Characteristics	
2.0	3.1.2. Gender Differences in Characteristics	
3.2.	Base Rates of Outcome Variables	
	<ul><li>3.2.1. Base Rates for the Whole Sample</li><li>3.2.2. Base Rates Separated by Gender</li></ul>	
	3.2.2. Base Rates Separated by Gender	:30
3.3.	Hypothesis One: Measures will show good psychometric properties in this	

	3.3.1.	Short-Term Assessment of Risk and Treatability (START)	32
	3.3.2.	The Structured Assessment of Protective Factors for Violence Risk (SAPROF)	38
	3.3.3.	The Historical, Clinical, Risk Management-20 Version 2	
	3.3.4.		
3.4.		esis Two: Protective Factors Will Evidence Predictive Validity Of	
•		Violence Comparable With Risk Factors	44
	3.4.1.		
	_	The Structured Assessment of Protective Factors for Violence Risk	
		The Historical, Clinical, Risk Management-20 Version 2	
3.5.		esis Three: Protective Factors and Structured Professional	
0.0.		ents Made Using Both Risks and Protective Factors Will Show	
		ental Validityental Validity	51
	3.5.1.		
		SAPROF and HCR-20	
3.6.		lesis Four: There Will Be A Gender Difference In Validity Of Risk	
0.0.		sment Measures	65
	3.6.1.		00
	0.0.1.	of Measures	65
	3.6.2.	Short-Term Assessment of Risk and Treatability	
	3.6.3.	The Structured Assessment of Protective Factors for Violence Risk	
	3.6.4.	The Historical, Clinical, Risk Management-20 Version 2	
	3.6.5.	SAPROF and HCR-20 Gender Differences	
	pter 4.	Discussion	
4.1.		ary	
	4.1.1.	Base Rates of Physical and Sexual Aggression	77
	4.1.2.	Hypothesis One – Measures will show good psychometric	
		properties in this population	78
	4.1.3.	Hypothesis Two: Protective Factors Will Evidence Predictive	
		Validity Of Future Violence Comparable With Risk Factors	78
	4.1.4.	Hypothesis Three: Protective Factors and Structured Professional	
		Judgments Made Using Both Risks and Protective Factors Will	
		Show Incremental Validity	79
	4.1.5.	Hypothesis Four: There Will Be A Gender Difference In Validity Of	
		Risk Assessment Measures	80
4.2.	Conclu	sions	81
		ions	
4.4.	Recom	mendations for Future Research	86
	rences		
	endix A.	·	
	endix B.		
	endix C.		
	endix D.		
Ann	andiv E	SOS Incident Report	1/12

# **List of Tables**

Table 1.	Background Demographic Characteristics	26
Table 2.	Differences In Base Rates By Gender Follow-Up 1	31
Table 3.	Differences In Base Rates By Gender Follow-Up 2	31
Table 4.	START Strength Inter-rater Reliability (N=12)	33
Table 5.	START Strength Inter-rater Reliability without 2 outliers (N=10)	34
Table 6.	START Strength Scale Descriptive Statistics	35
Table 7.	START Vulnerability Inter-rater Reliability (N=12)	36
Table 8.	START Vulnerability Inter-rater Reliability without the 2 outliers (N=10)	37
Table 9.	START Vulnerabilities Scale Descriptive Statistics	38
Table 10.	SAPROF Inter-rater Reliability (N = 15)	39
Table 11.	SAPROF Descriptive Statistics	40
Table 12.	HCR-20 Inter-rater Reliability (N = 11)	42
Table 13.	HCR-20 Descriptive Statistics	43
Table 14.	Risk Measure Correlations	44
Table 15.	Predictive Validity (AUC) of START Strength Scale	45
Table 16.	Predictive Validity (AUC) of START Vulnerability Scale	46
Table 17.	Predictive Validity (AUC) of SAPROF Total Score	47
Table 18.	Predictive Validity (AUC) of SAPROF SPJ	48
Table 19.	Predictive Validity (AUC) of SAPROF SPJ 5 point	49
Table 20.	Predictive Validity (AUC) of HCR-20 Total	49
Table 21.	Predictive Validity (AUC) of HCR-20 SPJ	50
Table 22.	Predictive Validity (AUC) of START Violence Risk Judgment	51
Table 23.	Logistic Regression of START Strength and Vulnerability Total Scores	53
Table 24.	Logistic Regression of START Strength, Vulnerability and Violence Risk Judgment	55
Table 25.	Predictive Validity (AUC) of HCR-20 - SAPROF	58
Table 26.	Predictive Validity (AUC) of Final Integrated Risk Judgment	59
Table 27.	Predictive Validity (AUC) of Final Integrated Risk Judgment 5-point	60
Table 28.	Logistic Regression of SAPROF and HCR-20 Total Scores	61

Table 29.	Logistic Regression of SAPROF SPJ and SAPROF + HCR Risk  Judgment	62
Table 30.	Logistic Regression of HCR-20 SPJ and SAPROF + HCR Risk Judgment	64
Table 31.	Gender differences on Risk Measure Total Scores	65
Table 32.	Predictive Validity (AUC) of START Strength Scale Separated by Gender	66
Table 33.	Predictive Validity (AUC) of START Vulnerability Scale Separated by Gender	67
Table 34.	Predictive Validity (AUC) of START VRJ Separated by Gender	68
Table 35.	Predictive Validity (AUC) of SAPROF Total Score Separated by Gender	69
Table 36.	Predictive Validity (AUC) of SAPROF SPJ Separated by Gender	70
Table 37.	Predictive Validity (AUC) of SAPROF SPJ 5 point Separated by Gender	71
Table 38.	Predictive Validity (AUC) of HCR-20 Total Separated by Gender	72
Table 39.	Predictive Validity (AUC) of HCR-20 SPJ Separated by Gender	73
Table 40.	Predictive Validity (AUC) of HCR-20 – SAPROF Separated by Gender	74
Table 41.	Predictive Validity (AUC) of Final Integrated Risk Judgment Separated by Gender	75
Table 42.	Predictive Validity (AUC) of Final Integrated Risk Judgment 5-point Separated by Gender	76
List of	Figures	
Figure 1.	Recruitment Flow Chart	14
Figure 2.	Outcome Base Rates	28
Figure 3.	Serious Outcomes Base Rates	29
Figure 4.	Most Serious Incident Base Rates	30

#### **List of Acronyms**

AUC Area Under The Curve

FAM Female Additional Manual

HCR-20 The Historical, Clinical, Risk Management-20 Version 2

ICC Intraclass Correlation Coefficients
IFRJ Integrated Final Risk Judgments

IORNS Inventory Of Offender Risks, Needs, And Strengths

PCL-SV Psychopathy Checklist Screening Version

RA Research Assistants

ROC Receiver Operating Characteristic

RVH Riverview Hospital

SAPROF The Structured Assessment Of Protective Factors For Violence Risk

SAVRY Structured Assessment Of Violence Risk In Youth

SMI Serious Mental Illness SOS Start Outcome Scale

SPJ Structured Professional Judgment

START The Short-Term Assessment Of Risk And Treatability

VRJ Violence Risk Judgments

#### Chapter 1.

#### Introduction

#### 1.1. Serious Mental Illness and Violence/Offending

Past research has found a relationship between serious mental illness (SMI) and multiple negative outcomes such as violent behaviour, suicide, victimization and homelessness (Douglas, Guy, & Hart, 2009; Fazel, Gulati, Linsell, Geddes, Grann, 2009a; Fazel, Lichtenstein, Grann, Goodwin, & Långström, 2010; Hodgins, 1992; Hillbrand, 2001; Hiroeh, Appleby, Mortensen, & Dunn, 2001; Nicholls, Brink, Desmarais, Webster, & Martin, 2006; Roy, Crocker, Nicholls, Latimer, & Ayllon, 2014; Salkow, & Fichter, 2003; Short, Thomas, Luebbers, Mullen, & Ogloff, 2013; Short, Thomas, Mullen, & Ogloff, 2013; Volavka & Swanson, 2010). However, there is some debate as to the exact nature of the relationship between SMI and violence/offending. Hillbrand (2001) and Nicholls and colleagues (2006) concluded that patients with SMI showed relatively high rates of aggressive behaviour compared to previous research on the general population, and further that this aggression was correlated with other adverse behavioural outcomes such as victimization, self-harm, suicide ideation and behaviours, and self-neglect. Douglas and colleagues (2006) conducted a large-scale systematic review of the violence prediction literature, and found that a psychotic illness was associated with a 49-68% increased risk of violent behaviour.

A large-scale study by Appelbaum and colleagues (2000) following acute psychiatric patients discharged from hospital found that SMI was either not associated, or was even negatively associated, with violent behaviour. Additionally, a recent study by Elbogen and Johnson (2009), using the *National Epidemiologic Survey on Alcohol and Related Conditions*, found that severe mental illness alone did not predict future violence. Severe mental illness in combination with substance abuse/dependence and a

history of violence was the strongest predictor of future violence (Elbogen & Johnson, 2009). Furthermore, other studies have found that substance abuse acts as a mediating factor in violence perpetration among individuals with mental illness (e.g. Buckley, Miller, Lehrer, & Castle, 2009; Fazel et al., 2009a; Fazel, Långström, Hjern, Grann, & Lichtenstein, 2009b). For example, a systematic review by Fazel and colleagues (2009a) found that there was a relationship between schizophrenia and other psychotic spectrum disorders with violence perpetration, but that this relationship is mediated by substance abuse. In contrast, a recent study by Short et al., (2013) looked at the association between SMI and violence in a sample of 4168 patients with schizophrenia, and found that even patients diagnosed with schizophrenia but without co-morbid substance abuse disorders had an elevated risk of violence perpetration compared to the control group with no schizophrenia diagnosis.

Thus, the exact nature of the relationship between SMI and aggression against others is unclear. Some findings suggesting that SMI is related to violence perpetration, others have found no relationship and finally some studies suggest that substance abuse mediates the relationship. Regardless of the causal mechanism, it does appear that aggression towards others occurs frequently in psychiatric populations, thus having methods to assess and manage risk of violence perpetration within these populations is essential.

#### 1.2. Prediction of Future Violence/Offending

Given the relationship between SMI and violence, it is imperative within psychiatric settings for the safety of staff and patients that clinicians complete an assessment of risk of violence to self and others so that they can tailor treatment and implement safety strategies such that they are better able to manage that risk. Risk assessments are often utilised by courts and review boards to help inform decisions around how to balance an individual's civil liberties and public safety. For example, a risk assessment might be used to decide on sentencing length for an individual or if a patient should be released from a forensic psychiatric institution. A variety of tools have been developed for the prediction and management of future violence and offending. Many risk assessment tools rely largely on demographic and static risk factors, such as age,

prior offences, and childhood history, which remain largely unchangeable and are, therefore, less useful for treatment planning purposes (Rogers, 2000). Douglas and Skeem (2007) asserted that the focus on static risk factors to the exclusion of dynamic factors is not especially useful in terms of risk management. However, even in the case of measures that include dynamic risk factors, most risk assessment tools still largely ignore the presence of possible protective factors that reduce the likelihood that an individual will reoffend (Rogers, 2000; de Ruiter & Nicholls, 2011).

Risk assessments that ignore client's strengths and protective factors can have several potential detrimental effects. As mentioned above, risk assessments can have potential influence over an individual's civil liberties and freedoms, yet risk assessments that exclude protective factors reflect a biased/one-sided perspective (Rogers, 2000; de Ruiter & Nicholls, 2011). Assessments that only consider a patient's deficits and vulnerabilities may not be an accurate reflection of an individual's risk of re-offending, because protective factors may have a compensatory or mediating effect on the risk factors, leading to a more positive outcome (Webster et al., 2004, 2009). In addition, a one-sided risk assessment may also have a stigmatizing effect, particularly within forensic and civil psychiatric populations, and engender negative views of these patients in professionals and the general population (de Ruiter & Nicholls). Some experts argue that protective factors are simply the opposite or absence of risk factors (Costa, Jessor, & Turbin, 1999; Hawkins, Catalano, & Miller, 1992). Although this is possible, the relationship appears to be more complex, and whether a factor is protective or not depends largely on the context and the level of the factor (Rogers, 2000). Take the example of intelligence, having high levels of intelligence can be considered a protective factor, unless it is combined with psychopathic personality disorder, in which case having high intelligence might be a risk factor (de Vogel, de Ruiter, Bouman, & de Vries 2009)

In response to the concerns raised in the literature, risk measures that include protective factors have been developed, including four measures that have been published recently: the *Structured Assessment of Violence Risk in Youth* (SAVRY; Borum, Bartel, & Forth, 2006), *Inventory of Offender Risks, Needs, and Strengths* (IORNS; Miller, 2006a), *The Short-Term Assessment of Risk and Treatability* (START;

Webster et al., 2004), and *The Structured Assessment of Protective Factors for Violence Risk* (SAPROF; de Vogel et al., 2009). It seems intuitive that ignoring protective factors in risk assessment would only result in unbalanced and inaccurate risk assessments and that more focus should be placed on the use of tools which incorporate both risk and protective factors. Research on protective factors and their utility in risk assessments is limited, despite the fact that many scholars have called for their inclusion in these assessments (Rogers, 2000; de Ruiter & Nicholls, 2011; de Vogel, et al., 2009; Webster et al., 2006).

#### 1.3. Resilience and Protective Factors

Resilience in the forensic and psychiatric context might be best understood in terms of protective factors that help individuals either avoid or reduce their risk of negative expected outcomes (e.g. violence, suicide, victimization etc.). Thus, despite the presence of risk factors, a negative outcome is reduced or avoided as a result of protective factors (Fergus & Zimmerman, 2005). A related concept is vulnerability, which is sometimes seen as the polar opposite of resilience, in that vulnerability is the extent to which someone will have an increased likelihood of a negative outcome after exposure to a risk factor, whereas resilience relates to avoiding the negative outcome despite the presence of that vulnerability. When the negative outcome is avoided and the vulnerability is not present, this can be viewed as normative development or normative responding (Fergus & Zimmerman, 2005).

According to Bonanno (2004) there is a distinction between recovery and resilience, in that resilience is characterised more by the ability to generate positive experiences and emotions in the months following a trauma or even immediately afterwards. In contrast, recovery is characterised by an initial traumatic reaction with moderate to severe interruption in normal functioning, followed by a return to normal functioning some months later. Although Bonanno (2004) theorized about resilience in the context of posttraumatic response, this distinction is potentially applicable to psychiatric populations, for instance, in that recovery could be akin to desisting from offending behaviours once released into the community. Conversely, resilience could be

seen in individuals who are considered at high risk for offending but are able to avoid an antisocial life style and alternatively engage in a pro-social lifestyle.

There is also the trait view of resilience, which states that resiliency is a personality trait that some individuals have which help them to overcome adversity, and in this view resiliency is a protective factor (Richardson, 2002). This view is problematic in that it implies that if one has this "resiliency trait," then one is resilient to all types of risks; this would be similar to proposing that one is not only immune to smallpox but also to chicken pox. It seems plausible that different negative outcomes could be buffered by different protective factors. On the other hand, the risk literature supports the view of concurrence in risk factors. For example, we know that childhood abuse is associated with vulnerability for many psychopathologies, including, substance abuse, suicide and violence. The implication that resilience is a trait also suggests that it is static and thus invariant, however, research has indicated that protective factors are in fact dynamic, and may even possibly be taught (Schwartz, Magee, Griffin, & Dupuis 2004; Webster et al., 2006). Additionally, the "resiliency trait" is an internal protective factor, but it is also possible that there are external protective factors that will have an equal or greater influence on resilience depending on the context of the risk and the population (de Vries Robbé, 2014).

Fergus and Zimmerman (2005) describe what is referred to as the resilience process, which basically states that resiliency entails the use of internal protective factors or "assets" in combination with external protective factors or "resources". This seems to be the most useful theory with regard to recidivism research, in that it is clear that some risks are influenced not only by internal factors such as self-esteem and self-efficacy but also by external factors, such as social support or socio- economic status. More importantly, these factors are malleable to change, and thus can guide treatment and risk management. Thus, for the purpose of this study, a *process* conceptualization of resilience was adopted, and as such, both internal and external protective factors were considered.

Within the process concept of resiliency, Fergus and Zimmerman (2005) described three models of resiliency. *Compensatory resilience* directly influences the risk

factor by working against it independently and thus counteracting or compensating for the effects of the risk. *Protective models of resilience* view negative effects of risk factors as being moderated by protective factors, which could mean that the protective factor either reduces the effects of a negative event or it neutralizes it; these are referred to as protective-reactive and protective-stabilizers, respectively. Lastly, the *challenging model* postulates that resilience is seen more as a "what does not kill you only makes you stronger" philosophy, in that it describes a curvilinear model were both too much and too little risk are seen as resulting in negative outcomes. The challenge model reflects an assumption that individuals need to experience some hardship in order to learn from these experiences and overcome them, using assets and resources as tools to help them attain success. In this model, the same variable could be considered a risk factor or a protective or "promotive factor." It is the extent of exposure that determines which it becomes. Specifically, when the factor is challenging enough but not overwhelming, the individual can learn from it, it becomes a promotive factor. In contrast, if the factor is so challenging that it overwhelms the individual, and then it becomes a risk factor.

#### 1.4. Utility of Protective Factors in Risk Assessment

The budding extant literature indicates that protective factors may be useful in risk assessments in adults (Braithwaite et al., 2010; Chu, Thomas, Ogloff, & Daffern, 2011; Desmarais et al., 2012; Gray et al., 2011; Miller, 2006b; Nonstad, et al., 2011; O'Shea, & Dickens, 2014; Viljoen et al., 2011; de Vries Robbé et al., 2011; de Vries Robbé & de Vogel, 2010; Wilson et al., 2010) and adolescent populations (Lodewijks, 2008; Rennie & Dolan 2010). Research has shown that individuals who desisted from future negative behaviours (i.e., did not commit an act of violence) displayed more protective factors and fewer risk factors than those who recidivated (Desmarais et al., 2012; Gray et al., 2011; Miller, 2006b; Nonstad, et al., 2011 Viljoen et al., 2011; Wilson et al., 2010). Thus, it may be the interaction between protective factors and risk factors that is important in the desistence process, in that more protective factors in combination with low risk factors may be needed to stop engaging in aggression or offending behaviours. Furthermore, several studies have shown that protective factors demonstrate good predictive validity providing evidence for the utility of protective factors

in risk assessment measures (Braithwaite et al., 2010; Chu, et al., 2011; Desmarais et al., 2012; Gray et al., 2011; Lodewijks, 2008; Miller, 2006b; Nonstad, et al., 2011; Rennie & Dolan 2010; Viljoen et al., 2011; de Vries Robbé et al., 2011; de Vries Robbé & de Vogel, 2010; Wilson et al., 2010). Only a few studies have directly investigated the incremental validity of protective factors over risk factors. These studies have revealed mixed results, with some studies finding support for the additive value of protective factors (Desmarais et al., 2012; Lodewijks, 2008; de Vries Robbé & de Vogel, 2010; de Vries Robbé et al., 2011) while other studies did not find evidence to support incremental validity of protective factors (Chu et al., 2011; Viljoen et al.; 2011; Wilson et al., 2010).

In summary, the literature indicates that protective factors may be useful in risk assessments, which are instrumental in informing mental health professionals how at risk populations such as psychiatric patients and offenders will cope while institutionalized, after transfer to lower security levels and ultimately after release into the community. Specifically, these measures provide clinical practitioners with a useful tool that can help to predict recidivism/desistence upon release through identifying gaps in services, supports, and skills as well as avenues for fostering success. These findings suggest a balanced evaluation of the clients' strengths and weaknesses that can help patients and their direct care providers to manage their risk of engaging in different forms of aggression while institutionalized. However, the literature on desistence and the use of protective factors in risk assessment is still in the early stages, and as such there is still much to be clarified. Future studies still need to determine whether certain protective factors are more important than others, or whether there is merely an additive effect of having more protective factors than risks. For example, is one of Fergus and Zimmerman's (2005) three models of resiliency superior (i.e., compensatory, protective, or challenging) in explaining desistence, or is some other model of resilience needed to describe desistence? Investigation into the individual aspects of those who successfully navigate through their release period, as well as those who do not, will inform our understanding of the characteristics of resilience and also which protective factors are more influential in the resilience process. Similarly, identifying additional protective factors that are predictive of success in the community can help to enhance risk assessment tools and make them more effective in clinical practice. Lastly, future studies will need to compare directly the incremental validity of protective factors in assessment of future risk of violence and success in the community, as only a handful of studies have looked specifically at the additive value of protective factors in these measures.

#### 1.5. Gender differences in Violence/Offending

There is a plethora of literature that shows than men are more aggressive than women (for review see Nicholls et al., in press). For example, men are convicted of more offences in general including more violent offences than women (West, Sabol, Greenman, 2010). According to United States Bureau of Justice statistics, in 2009 1,500,278 men and 113,462 women were convicted prisoners under the jurisdiction of a state or federal facility (West et al., 2010). Of these convicted prisoners 661,600 men and 31,800 females committed a violent offence. However, it has been suggested that fewer females are being prosecuted for their crimes, which may explain in part these differences in incarceration rates. For example, a study by Horowitz and Pottieger (1991) looking at social biases in the adjudication process with adolescent offenders found that a higher percent of male arrest for a Major Felony went on to adjudication than females (68% vs. 50%), although there were significantly higher numbers of arrest for males than for females (133 vs. 12). Additionally, there is growing evidence to suggest that the apparent gender difference in aggression and violence is diminishing. For example, male violence rates are decreasing while female rates are substantially increasing (Graves, 2006).

Within institutional settings the rates of violence are more similar between men and women (Binder & McNiel, 1990; Ehmann et al., 2001; Lam, McNiel, & Binder, 2000; Hodgins, 1992; Nicholls, Ogloff, & Ledwidge, 2003; Nicholls et al., in press), and intimate partner violence (Dutton, Nicholls, & Spidel, 2005; Magdol, Moffitt, Caspi, Newman, Fagan, Silva, 1997; Lie, Schilit, Bush, Montague, Reyes, 1991). In a seminal article by Hodgins (1992), results showed that women with a major mental illness were 27 times more likely to have committed a violent offence than women who did not have a diagnosis. The men were four times more likely to have committed a violence offence than men without a diagnosis. Similar findings were reported by Short and colleagues (2013), who found that female schizophrenic patients without a substance abuse

disorder had higher odds ratios for violence perpetration than males (females OR = 8.59 vs. males OR = 2.25).

Looking at rates of recidivism after release from forensic and psychiatric institutions, studies that directly compared male and female offender recidivism rates in the community found that females had lower recidivism rates than males (e.g. Freeman & Sandler, 2008; Harris, Rice, & Cormier, 2002; de Vogel & de Ruiter, 2005). However, other studies found similar rates of recidivism between men and women (e.g. Garb, 1997; Schaap et al., 2009; Skeem et al., 2005). Recidivism is challenging to measure because success can be very difficult to operationalize due to what is known as the "dark figure of crime". Most studies rely on either court data or on self-report data in order to ascertain whether individuals reintegrated into the community have reoffended or not. It is clear why this method is problematic, as many crimes go undetected by the authorities and offenders themselves may be reluctant to disclose information about offending for fear of being rearrested. It remains unclear whether female offenders reoffend less than males do or if female reoffending is just not being detected by the criminal justice system. As previously mentioned, males and females do not differ with regard to rates of violent incidents whilst in forensic and psychiatric institutions, thus violence occurring in the community might be under detected (Nicholls et al., 2003; Ross, Hart, & Webster, 1998; de Vogel & de Ruiter, 2005).

#### 1.6. Gender Bias in Violence Risk Assessment

Most risk assessments have been developed and validated using male populations, thus it is important to investigate whether they are as effective with females as with males, especially in light of the recent findings that men and women equally aggress while institutionalized and have similar rates of re-offenses after release (Garb, 1997; Nicholls et al., 2003; Poels, 2007; Schaap et al., 2009; Skeem et al., 2005). A recent review on the effectiveness of risk assessments with female populations found very little evidence to support the use of risk assessments with female populations (de Vogel & de Vries Robbé, 2013). One particular type of risk assessment called, *Structured Professional Judgment* (SPJ), utilises a list of known risk factors, which are then taken into account for an individual by a mental health professional were a final risk

judgement is made by evaluating all of the available information. In these types of assessments, it is clear that there is the risk of biases affecting the judgments of mental health professionals and potentially resulting in inaccurate risk assessments. As a result of some of these concerns, de Vogel and colleagues (2012) published additional guidelines for assessing specific risk factors for women in addition to the HCR-20: the Female Additional Manual (FAM).

Studies looking at gender bias in the assessment of risk for violence have found that in general mental health practitioners are less accurate in their judgments with females as compared to males. They tend to rate females as lower risk than males, and in addition they tend to rate females who should be higher risk (i.e., recidivated) as lower risk (Lidz, Mulvey, & Gardner, 1993; McNiel & Binder, 1995; Skeem et al., 2005). For example, one study with a short-term inpatient population found that the males had a higher likelihood of a false positive error and the females had a higher likelihood of a false negative error, or in other words the risk of violence was underestimated for the female patients and overestimated for the male patients (McNiel & Binder, 1995). Skeem and colleagues (2005) found the same effect and also found that the gender of the mental health professional did not improve the accuracy of these judgments indicating that both genders equally underestimated the risk of violence in women in that sample. Thus, it seems that both genders in the mental health profession are likely to be gender biased in their assessments of future risk. Thus, mental health professionals are applying faulty logic in their judgments; they are using aggregate data and applying it to the individual.

#### 1.7. Objective of the Current Study

Given the gaps in the literature outlined above, our overarching goal for this study was to examine the utility of protective factors in risk assessment measures in a chronic civil psychiatric population, which is a commonly under-researched population.

#### 1.8. Research Questions

- 1. Are strength-based risk assessment measures valid and reliable in a civil psychiatric population?
- 2. Are protective factors as predictive of negative outcomes as risk factors?
- 3. Do protective factors and structured professional judgments made using both risks and protective factors show incremental validity in the prediction of negative outcomes?
- 4. Are strength-based risk assessment measures equally reliable and valid for men and women?

#### 1.9. Hypotheses

- All the measures included will show good psychometric properties in this sample, similar to previous findings in other civic or forensic psychiatric populations (Braithwaite et al., 2010; Chu, et al., 2011; Desmarais et al., 2012; Gray et al., 2011; Lodewijks, 2008; Miller, 2006b; Nonstad, et al., 2011; Rennie & Dolan 2010; Viljoen et al., 2011; de Vries Robbé et al., 2011; de Vries Robbé & de Vogel, 2010; Wilson et al., 2010).
- 2. In line with previous research, protective factors will evidence predictive validity of future violence comparable with risk factors (Braithwaite et al., 2010; Chu, et al., 2011; Desmarais et al., 2012; Gray et al., 2011; Lodewijks, 2008; Miller, 2006b; Nonstad, et al., 2011; Rennie & Dolan 2010; Viljoen et al., 2011; de Vries Robbé et al., 2011; de Vries Robbé & de Vogel, 2010; Wilson et al., 2010).
- 3. Consistent with previous findings, protective factors and structured professional judgments made using both risks and protective factors will show incremental validity in the prediction of negative outcomes (Desmarais et al., 2012; Lodewijks, 2008; de Vries Robbé & de Vogel, 2010; de Vries Robbé et al., 2011).

4. Given previous research demonstrating gender biases in violence predictions (e.g. de Vogel & de Vries Robbé, 2013; Skeem et al., 2005) we hypothesis there will be a gender difference in validity (i.e. predictive) of all the risk measures, including the strength-based measures.

#### Chapter 2. Methods

#### 2.1. Participants

This project was part of a larger body of research conducted with patients with severe mental illness (SMI) who were residing in BC's only tertiary psychiatric hospital, Riverview Hospital (RVH). The facility was closed down and patients were moved to residential treatment facilities in the community as part of BC's redevelopment of psychiatric services. We attempted to recruit the entire population of patients being transferred from this facility to community-based care. At the start of data collection, RVH housed N = 300 individuals living with SMI of which approximately 243 patients were identified for transfer to the new regionalized tertiary psychiatric facilities as part of the Riverview Redevelopment Project<sup>1</sup>. The vast majority of these patients were hospitalized involuntarily under section 22 of the BC Mental Health Act, indicating that they presented a risk of harm to themselves or others and/or that they were gravely unable to care for their needs. Psychiatrists were asked to provide assent for each patient to be included in the study, of those 230 patients approved to take part, 68 where incompetent to consent and required consent from a substitute decision maker, of which we were only able to contact 5, all SDMs provided consent for the patient to take part in the study. Of the 162 patients who where competent to consent 156 where approached and 143 agreed to be consented. Out of the 148 (five substitute decision makers and 143 patients) that agreed to be consented three where rejected, 33 declined to participate, and 112 where enrolled. During the baseline stage, five participants were recategorized to non-redevelopment status (i.e., they were discharged from the hospital)

<sup>&</sup>lt;sup>1</sup> RVH is the last tertiary care psychiatric hospital in BC, and has been slowly downsizing since 1960 with the goal of closure. The final phase of the redevelopment plan includes development of regionalized tertiary psychiatric facilities to treat severely mentally ill individuals that are hard to place and require a similar level of care provided at RVH. In this final stage patients are either discharged to the community or transferred to these regional tertiary psychiatric facilities.

and where excluded resulting in a sample of 107. At follow up one two participants were deceased and three had withdrawn from the study, therefore the final sample was 102 (see Figure 1).

In some cases participants had already moved from RVH to their community based facility, and their baseline data was collected using file only (n = 23). Some participants were not stable enough to be interviewed and therefore data collection was done using file information only (n = 33), resulting in a mixed sample of interview and file review (n = 56) and file review only (n = 46) participants.

300 Patients housed at RVH 243 RVH Redevelopment Patients Psychiatrist Psychiatrist Assesnt not obtained (n =13) sesnt obtained (n =230) 68 incompetent SDM consent 162 competent to consent required 63 SDM not 5 SDM approached 156 approached 6 not approached approached 148 (143 patients and 5 SDM) 13 declined to be agreed to be consented consented 112 patients 33 declined 3 rejected enrolled 5 switched to 2 were deceased 3 withdrew from non-redevelopment before end of follow up 1 FINAL SAMPLE n = 102

Figure 1. Recruitment Flow Chart

#### 2.2. Measures

A purpose-built coding package that covered several variables, including information about demographic background such as; age, ethnicity, education level, and employment history was used to review the files. Additionally, information was collected on psychological characteristics such as alcohol and substance abuse, current psychiatric diagnosis, and psychiatric history. Forensic history was also obtained including previous forensic psychiatric admissions and history of previous offences (see Appendix B).

Short-Term Assessment of Risk and Treatability (START; Webster et al., 2004; 2009) is a brief clinical guide for the dynamic assessment of clients' risks, strengths, and treatability (Webster et al., 2004, 2009). The START is designed as a structured professional judgment guideline intended to inform the evaluation of multiple-risk domains relevant to everyday psychiatric clinical practice such as: violence, suicide, selfharm, self-neglect, substance misuse, unauthorized leave, and victimization. This tool is intended for use with a broad range of adults in correctional, forensic and civil psychiatric inpatient and community settings. There are 20 items and each item is scored both as vulnerability and strength with scores of 0 (none), 1 (possible), or 2 (definite). These ratings are made using succinct descriptions for each item provided in the manual. After coding the items, the assessor has to make seven different judgments of risk (i.e., violence to others, suicide, self-harm, self-neglect, unauthorized absence, substance use, and victimization), which are each coded as low, moderate, or high risk. The measure is intended for interdisciplinary use and is also meant to inform both therapeutic and forensic assessments (see Heilbrun, 2001; Monahan, 1980). A semi-structured interview was developed in order assist RAs with coding the START (see Appendix C).

The Structured Assessment of Protective Factors for Violence Risk (SAPROF; de Vogel, de Ruiter, Bouman, & de Vries Robbé, 2009) is a measure of protective factors and is intended for use with forensic psychiatric adult populations, to always be used in conjunction with traditional risk focused measures such as the HCR – 20 (Webster et al., 1997). There are 17 protective factors of which 15 are dynamic, with each item coded on a 3-point scale (0, 1, 2). These 17 items are grouped around three scales within the

SAPROF: Internal factors, Motivational factors and External factors. Once a clinician has rated all of the items, he or she makes the Final Protection Judgment of low, moderate, or high based on all the items coded. Lastly, the Final Protective Judgment is considered along with the Final Risk Judgment (made on the HCR-20) to inform an Integrated Final Risk Judgment (low, moderate or high) by interpreting and weighing the risk and protective factors in their totality.

The Historical, Clinical, Risk Management-20 Version 2 (HCR-20, Webster, Douglas, Eaves, & Hart, 1997) is a structured professional guideline, which consists of three main areas: 10 historical factors, five clinical factors, and lastly five risk management factors. Whereas the clinical and risk items are considered dynamic in that they are changeable, the historical items are static as they are generally resistant to change (but some items can worsen). Each item is given a rating of 0 (not present), 1 (possible/less serious), or 3 (definite/serious). A trained clinician uses all available sources of information to complete the assessment and make their judgement of risk. There is a possible score range of 0 – 40 with a higher score indicating higher risk.

To assess psychopathy the *Psychopathy Checklist Screening Version* (PCL:SV, Hart, Cox, & Hare 1995) was used. The PCL-R is considered the gold standard in the assessment of psychopathy (Fulero, 1995). However, the PCL-R is a lengthy and time-consuming measure and as such the PCL-SV (Hart et al., 1995) was developed for screening for the possibility of psychopathy with civil psychiatric patients. The PCL:SV is a 12-item scale based on a subset of PCL-R items that measure emotional detachment and social deviance, or antisocial behaviour. The PCL:SV can be completed in fewer than one and a half hours in both civic and forensic settings. Each item is scored with a 0, 1, or 2, resulting in a maximum score of 40, with a cut-off score of 30 or higher for a diagnosis of psychopathy. A semi-structured interview was developed in order to assist RAs with coding both the PCL:SV and the HCR-20 (see Appendix D).

START Outcome scale (SOS; Nicholls, Gagnon, Crocker, Brink, Desmarais, & Webster, 2007) is a modified version of the Overt Aggression Scale (OAS; Yudofski, Silver, Jackson, Endicott, & Williams, 1986) for use in research and clinical practice. The SOS consists of 11 outcomes: 1) verbal aggression, 2) physical aggression against

objects, 3) physical aggression against self, 4) physical aggression against other people, 5) self-neglect, 6) substance abuse, 7) victimization, 8) sexual aggression, 9) unauthorized leave, 10) suicidal behaviour, and 11) stalking. Each adverse outcome category is rated according to its severity on a 4-point scale from *least severe* (1) to *most severe* (4). Prior research shows that the START outcome scale can be reliably coded from patient files (intraclass correlation coefficient = .70; Nicholls et al., 2006).

#### 2.3. Research Design

We used a prospective design using both file review and interview methods to collect all of our data. Many previous studies have found that file review is a viable means of collecting this type of data (see Douglas, Guy, & Weir, 2006; Nicholls et al., 2006).

#### 2.4. Procedure

#### 2.4.1. Ethics Approval

Firstly, ethics approval for the proposed amendments to the original study protocol (i.e. adding the SAPROF) were obtained from the British Columbia Forensic Psychiatric Services Commission Research Advisory Committee, Simon Fraser University Research Ethics Board, and University of British Columbia Research Ethics Board prior to the start of data collection. Research assistants for this project received training in the research protocols specific to this study, underwent criminal record checks, and completed confidentiality agreements. They were continually mentored regarding safe and responsible data management and ethical issues.

#### 2.4.2. Recruitment and Retention

Baseline file reviews and interviews were conducted at Riverview Hospital when patients were identified for transfer to the new community-based facilities. Psychiatrist approval was obtained prior to approaching patients in order to recruit them for

participation in the study. Patients whose psychiatrist felt they were incapable of consenting did not take part in the study fully (i.e. were excluded from interviews and file review was completed only). Patients that were deemed able to consent were approached by research assistants on their ward and asked if they wished to participate. They were given a description of the objectives of the research and also the potential risks and benefits of participating. Participants were provided a small remuneration (\$10/interview) for each interview session (three interview sessions total) to compensate participants for their time and reduce attrition rates. Baseline data collection was completed between 2008 and 2012. Follow-up data collection was completed between 2009 and 2013. We had no attrition the first follow-up, with sample size of 102, and minimal attrition by the second follow-up with a sample of 100.

#### 2.4.3. Baseline data collection

File reviews were conducted on all hospital chart records to collect information pertaining to demographic, social, psychiatric, forensic, and legal histories. A semi-structured interview was utilized for the patients that were interviewed at baseline for the START (Appendix C) and the HCR-20 and PCL:SV (Appendix D). At this point all original measures included in this study (i.e. START, PCL-SV and HCR-20) were then coded. Data collection was initiated after some of the participants had been transferred to the community based facility, thus for a subset (n = 23, 22.5%) of the sample the data was collected retrospectively as opposed to prospectively. The SAPROF was added to the protocol at a later date, after the majority of the baseline data was collected, therefore the SAPROF was coded retrospectively using file information only.

#### 2.4.4. Inter-rater reliability

In order to assess inter-rater reliability of all the risk measures (i.e. START, SAPROF, PCL-SV and HCR-20) approximately 15% were coded by two research assistants (RA). The file reviews and risk measures were coded by 12 RAs in total. All the RAs received training for the risk assessment measures they coded from certified trainers. RAs were either assigned the HCR-20 and the PCL-SV, or they were assigned the START measure to avoid any potential bias in comparisons between the HCR-20

and START. In other words, if someone coded the START they did not code the HCR-20 or the PCL-SV for any given participant. As previously noted, the SAPROF was not included in the original protocol, thus the primary author and two other RAs retrospectively coded the SAPROF for all of the participants. However, as the primary author and two RAs collected data on this project and have conducted several of the baseline data collections we ensured that the RA that coded the SAPROF did not code any of the other risk assessment measures (i.e. HCR-20, START or PCL:SV) at baseline to minimize any potential bias in coding. As the SAPROF is intended to be used with the HCR-20 the previous HCR-20 total score and risk rating was provided to the RA that was coding the participant in order to be able to make a final integrated risk judgment.

#### 2.4.5. Follow-up data collection

To assess the predictive validity of these measures, negative outcomes were coded (i.e., violence to others, self-neglect, suicidality, etc.) prospectively from file and interview information at whichever community-based care facility patients were residing in at the time. Outcomes were coded at two follow-up time periods, once after six months and again after a year. Due to the nature of these facilities the negative outcomes could either reflect behaviours occurring in the inpatient setting (i.e. in their community-based care facility) or in the community while the patient was on pass in the community. RAs were kept blind from information pertaining to the outcomes even when coding the SAPROF for baseline retrospectively. RVH files do not have follow-up information on patients at their new facilities so the RAs did not have access to any data pertaining to outcomes when coding the files. Due to limited resources, availability of RAs, and the nature of the data collection methods of the larger project it was not always possible to ensure that the RA who completed the follow-up data collection was different to the RA coding the SAPROF. Specifically, data collection was structured in such a way that the same person does not always collect all of the follow-up data. For example one participant could have follow-up data collected by 4 different RAs. Therefore, for some participants all three of the RAs coding the SAPROF had also completed at least one

follow-up.<sup>2</sup> However, best efforts were made by the RAs that if they could recall outcomes from a participant's follow-up then another RA that could not recall outcomes would be assigned that participant to try to minimize potential bias.

#### 2.5. Statistical Analyses

Statistical analysis was performed using SPSS 20.0 for Mac OS X (SPSS INC, Chicago, IL). Firstly, descriptive statistics were used (i.e., central tendency and frequency distribution) to characterize the group as a whole with regard to demographic and background details. Student's *t*-tests were conducted to analyze the continuous variables and Chi-square tests for categorical variables. For Chi-square analysis, the Pearson Chi square statistic was used when Cochran's rule has been satisfied (i.e., each cell contains five or more counts); Fisher's Exact Test was used when Cochran's rule has not been satisfied. When possible, variables were collapsed into fewer categories to try to avoid having cells with fewer than five counts. Specifically, *T*-tests and Chi-square tests were used to establish that the male and female patients did not differ significantly with regard to background and demographic variables; additionally, these tests were performed to check that the two groups do not differ in relation to the duration of the index hospitalization. Furthermore, descriptive statistics were used to present prevalence statistics on the negative outcomes and Chi square statistics were used to analyze any potential gender differences on the negative outcomes.

Psychometric analysis was conducted using means for total scores, scale scores and item scores for all of the risk measures used in this study (i.e. START, SAPROF, and HCR-20). Inter-rater reliability for all of the risk measures used in this study (i.e. START, SAPROF, and HCR-20) was assessed with Intraclass Correlation Coefficients (ICC), using the one-way random effect model and absolute agreement type as each case was rated by a different set of raters, randomly selected from the pool of judges (McGraw & Wong, 1996; Shrout & Fleiss, 1979). According to Fleiss (1986), the

<sup>&</sup>lt;sup>2</sup> Of the total sample of 102, only 13 cases were coded by an RA that had previously completed a follow-up on a participant. Selected analyses were repeated with the 13 participants removed from the data set, results can be found under Appendix A.

critical values for single measure ICCs are as follows: ICC  $\geq$  0.75, excellent; 0.60-0.74, good; 0.40- 0.59, moderate; and  $\leq$  0.40, poor.

The SOS data obtained from patient interviews and file reviews were collapsed to create several outcome variables. Firstly, an outcome variable was created in line with the HCR-20 definition of violence (i.e. "actual, attempted, or threatened harm to a person or person" [Webster et al., 1997, p. 24]), which included actual or attempted violence towards a person, threatened violence, and sexual aggression (using: SOS verbal aggression levels 3 and 4; SOS physical aggression against others levels 2, 3, and 4; SOS sexual aggression levels 2, 3, and 4). Additionally, three separate variables were created to look at all verbal aggression, all physical aggression, and all sexual aggression collapsed across severity levels. Additional variables were created to examine severe physical violence, serious verbal aggression and serious sexual aggression. Serious verbal aggression included "impulsively threatens violence towards others," and "makes clear threats of violence towards others repeatedly or deliberately." Serious physical aggression towards others included "strikes, pushes, scratches, pulls hair (without injury)," kicks, punches, bites (mild-moderate physical injury)," and "attacks others, uses weapons (severe physical injury)." Lastly, serious sexual aggression this included "makes sexually threatening statements, exposes genitals to others, masturbates in public or is voyeuristic", "sexually touches or fondles others nonconsensually", and "commits coercive or violent sexual assaults (with/without penetration; oral, genital, or anal), uses weapons". Lastly, an aggregate outcome variable was created for the most serious incident overall (including physical or sexual aggression) reported (either by patient or file) and separately for the most serious violent and sexual incidents (see appendix E). These different hierarchical levels of outcomes where developed in order to evaluate the ability of these measures to predict different degrees of severity of aggression. Specifically, these measures are intended to evaluate the risk of more severe forms of aggression, thus severe outcome variables where created. On the other hand less severe forms of aggression are more frequently occurring in psychiatric settings, thus it is important to investigate the utility of these measures to identify those lower severity but frequent outcomes.

The risk measures where coded once at baseline. Follow up data was collected at six months and twelve months. Analyses were conducted using two time points: 1. the six month out comes and 2. aggregated data from both time periods (i.e., any outcomes occurring within 12 months.

Receiver Operating Characteristic (ROC) analysis was conducted to test the ability of the risk assessment measures to predict the measured outcomes on the SOS. For the ROC analysis a positive finding on the outcomes (i.e., the presence of an outcome) was used as the outcome target for each of the measures: HCR-20, HCR-20 -SAPROF (created by subtracted the SAPROF total score from HCR-20 total score), START vulnerability scale, and the summary risk judgments. A negative finding of the outcome (i.e. absence of violence) was used as the outcome target for the SAPROF, SPAROF protective judgment, and START strength scale. The main advantage of ROC analysis is that it is reasonably insensitive to low base rates, and is often used in recidivism research to test predictive validity of risk assessment tools (Rice & Harris, 1995; de Vogel & de Ruiter, 2005). The ROC plots the fraction of true positives (sensitivity) against the fraction of false positives (1 - specificity) for every possible cut off score of an instrument. The probability that a randomly selected member from a specific group would score higher on the instrument being tested than a randomly selected member of the opposing group is represented by the Area Under the Curve (AUC) value. Generally, AUC values above 0.70 are considered good to excellent (Douglas, Shaffer, Blanchard, Guy, Reeves, & Weir, 2014; Rice & Harris, 2005; Swets, 1988). Rice and Harris (2005) calculated values of AUCs that compared to Cohen's d effect sizes. They reported that AUC values of < .55 indicated poor predictive validity, 0.55 - 0.63 indicated fair predictive validity, 0.64 - 0.71 indicated good predictive validity, and AUC values of 0.71 - 1.00 indicated excellent predictive validity. ROC analyses will be repeated separately for each gender to evaluate if each risk measure is equally predictive for both genders.

In order to assess incremental validity of protective factors over risk factors and SPJ over actuarial risk assessments we used hierarchical logistic regression. We first checked that there was no multicollinearity issues present between any of the relevant predictor variables, which there were none. For all these analyses the strength/protective

scores were reverse- coded such that lower strength scores represent higher strengths. Lastly, in order to control for the effect of gender on the predictive validity of the risk measures gender was entered into the first step of each logistic regression.

## Chapter 3. Results

## 3.1. Sample Characteristics

#### 3.1.1. Overall Characteristics

The final sample contained 102 civil psychiatric patients residing at a large tertiary psychiatric hospital in western Canada. The sample was 60.8% male and ranged from 20 to 73 years of age (M=46.66, SD=12.4). The majority of the patients had a primary diagnosis of a schizophrenia spectrum disorder (89.0%), followed by a mood disorder (7.0%), dementia (3.0%) and substance use disorder (1.0%). Further, 34.3% were also diagnosed with an Axis II disorder or traits, with the most common diagnosis being borderline intellectual functioning (25.7%) and antisocial personality disorder and/or traits (25.7%) followed by borderline personality disorder and/or traits (8.6%). Most patients were involuntarily detained (99.0%) at the time of admission and at the time of data collection (95.1%). The average number of weeks spent in the hospital was 286.91, with a range of 4 to 1509 (SD = 329.31). The most prevalent ethnic background was Caucasian (76.5%), followed by Asian (8.8%), First Nations (7.8%), Other (2.9%), Afro-Canadian (2.0%), Indo-Canadian (1.0%), and Hispanic (1.0%). Around half of the sample had less than grade 12 education (52.0%), almost a third had completed grade 12 high school (29.4%), and close to one fifth had more than a high school education (17.6%). At the time of admission, the majority of the participants were single (71.6%), separated or divorced (18.7%), with a smaller proportion either married (4.9%), common law (2.0%), widowed (2.0%) or other (1.0%). In order to be hospitalized at RVH a referral needs to be made from other institutions (i.e. psychiatric institution or hospitals) therefore all of the patients were residing in a supervised institution prior to hospitalization at RVH. Before being referred to RVH, many of the participants resided in a private home or apartment (28.7%). The remaining participants were admitted directly from an inpatient psychiatric hospital (19.1%), boarding house/hotel (19.1%),

homeless/homeless shelter (14.9%), other (6.4%), supervised living arrangement (5.3%), residential treatment facility (3.2%), nursing/rest home (2.1) and jail/prison/remand centre (1.1%). Only three participants received income from employment (3.6%), with the majority of the remaining sample receiving their income from disability pension (80.7%), welfare (12.0%), family support (7.2%), savings/inheritance (3.6%), or workers compensation benefits (1.2%).

#### 3.1.2. Gender Differences in Characteristics

The male and female participants were compared to ensure that the two groups did not differ significantly on demographic and other background factors. As can be seen in Table 1, the two groups did not differ significantly on most of the variables coded for demographic background, social economic status, education, ethnicity, psychiatric history and forensic history. The male and female patients did differ in terms of whether they had a history of being charged for crime as an adult, with the males having significantly higher rates than females (61.40% vs. 37.50%;  $\chi 2$  (1) = 5.38, p ≤ 0.05).

It should be noted, however, that there were several trend significance findings. The males had a higher number of weeks in the hospital than the females (332.64 vs. 212.29; t (98) = 1.79, p  $\leq$  0.1), the females were more likely to be involuntary at admission than the males (100.0% vs. 91.90;  $\chi$ 2 (1) = 3.39, p  $\leq$  0.1), the males were more likely to have income than the females (96.4% vs. 86.5;  $\chi$ 2 (1) = 3.07, p  $\leq$  0.1), males were more likely to have a substance abuse history than the females (75.4% vs. 60.0;  $\chi$ 2 (1) = 2.70, p  $\leq$  0.1), and the males were more likely to have a history of a conviction as an adult than the females (44.8% vs. 28.2;  $\chi$ 2 (1) = 2.73, p  $\leq$  0.1).

 Table 1.
 Background Demographic Characteristics

Outcome	Male % (n)	Female % (n)	$\chi^2$ (df)/t (df)	<i>p</i> -value
Age (Mean, SD)	46.59 (12.68)	46.59 (12.13)	-0.07 (99)	0.94
Length of Stay in weeks (Mean, SD)	332.64 (384.61)	212.29 (192.51)	1.79 (98)	0.08 †
Legal Status (Involuntary)	91.90 (57)	100.00 (40)	3.39 (1)	0.07 †
Ethnicity			2.10 (1)	0.15
Caucasian	74.20 (46)	80.00 (32)	` ,	
First Nations	8.10 (5)	7.50 (3)		
Asian	6.50 (4)	12.50 (5)		
Other	11.20 (7)	0.0 (0)		
Language			0.70 (1)	0.40
English	87.10 (54)	80.00 (32)		
Cantonese/Mandarin	3.20 (2)	12.50 (5)		
Other	9.70 (6)	7.50 (3)		
Education			2.70 (2)	0.26
High School Incomplete	59.00 (36)	42.50 (17)		
High School Complete	26.20 (16)	35.00 (14)		
Greater than High School	14.70 (9)	22.50 (9)		
Do They Have Monthly Income (yes)	96.40 (53)	86.50 (32)	3.07 (1)	0.08 †
Unemployed	95.00 (57)	97.50 (39)	0.39 (1)	0.52
Type of Residence			0.21 (1)	0.64
Private Home/Apt	19.30 (11)	43.20 (16)		
Inpatient Psychiatric Hospital	28.10 (16)	5.40 (2)		
Boarding/Rooming Hotel	21.10 (12)	16.20 (6)		
Supervised Living Arrangement	5.30 (3)	5.40 (2)		
Residential Treatment facility	3.50 (2)	2.70 (1)		
Homeless/Homeless Shelter	15.80 (9)	13.50 (5)		
Nursing/Rest Home	1.80 (1)	2.70 (1)		
Marital Status			0.15 (1)	.698
Single	80.60 (50)	57.50 (23)		
Common Law	1.60 (1)	2.50 (1)		
Married	1.60 (1)	10.00 (4)		
Separated/ Divorced	12.90 (8)	27.50 (11)		
Widowed	1.60 (1)	2.50 (1)		
Other	1.60 (1)	0.00 (0)		
Primary Axis I Diagnosis at Admission				
Schizophrenia Spectrum	88.50 (54)	89.70 (35)		
Substance Use Disorder	0.00 (0)	2.60 (1)		
Mood Disorder	8.20 (5)	5.10 (2)		
Dementia	3.30 (2)	2.60 (1)		

Primary Axis II Diagnosis at Admission Antisocial PD Antisocial Traits Borderline PD Borderline Traits Borderline IQ	35.50 (22) 9.10 (2) 13.60 (3) 0.00 (0) 0.00 (0) 22.70 (5)	32.50 (13) 15.40 (2) 15.40 (2) 15.40 (2) 7.70 (1) 30.80 (4)	0.09 (1)	0.76
Schizotypal Other	9.10 (2) 45.50 (10)	0.00 (0) 15.40 (2)		
Previous RVH Hospitalization	71.20 (42)	72.50 (29)	0.02 (1)	0.89
Previous FPH Hospitalization	37.70 (23)	23.10 (9)	2.33 (1)	0.13
Previous Other Hospitalization	100.00 (59)	97.50 (39)	1.49 (1)	0.22
Substance Abuse History	75.40 (46)	60.00 (24)	2.70 (1)	0.10 †
Charged as an Adult	61.40 (35)	37.50 (15)	5.38 (1)	0.02*
Convicted as an Adult	44.80 (26)	28.20 (11)	2.73 (1)	0.10 †
Violent Convictions as Adult	29.60 (16)	15.80 (6)	2.35 (1)	0.13

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed).

#### 3.2. Base Rates of Outcome Variables

## 3.2.1. Base Rates for the Whole Sample

Figure 2 depicts the base rates of the outcome variables collapsed over time frames. At follow-up one we found base rates of 52% for violence, 66.7% for verbal aggression and 24.5% for sexual aggression. When Follow-up one base rates were combined with base rates at follow-up two we found rates of 64.4% for violence, 76.2% for verbal aggression and 29% for sexual aggression. These rates include varying degrees of severity, and we therefore also looked at base rates for severe violence, serious verbal aggression and serious sexual aggression.

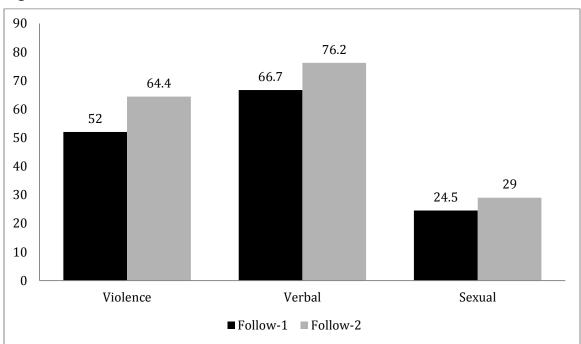


Figure 2. Outcome Base Rates

Note. Base rates are cumulative over time frames

Figure 3 depicts base rates of the serious outcome variables collapsed over time frames. At follow-up one we found base rates of 28.4% for severe violence, 25.5% for serious verbal aggression and 8.8% for serious sexual aggression. When Follow-up one base rates for serious outcomes were combined with base rates for serious outcomes at follow-up two we found rates of 45% for serious physical aggression, 37.6% for serious verbal aggression and 14% for serious sexual aggression.

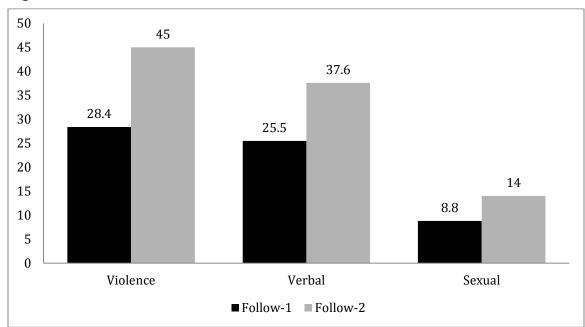


Figure 3. Serious Outcomes Base Rates

Note. Base rates are cumulative over time frames

Figure 4 depicts the base rates for the most serious incident reported (overall and separately for violent and sexual aggression) either by file or by the patient collapsed over time frames. At follow-up one we found base rates of 42.2% for overall most serious incident reported, 33.3% for most serious incident of violent aggression reported and 10.8% for most serious incident of sexual aggression reported. When Follow-up one base rates were combined with base rates at follow-up two we found rates of 59.6% for overall most serious incident reported, 53.5% for most serious incident of violent aggression reported and 17.8% for most serious incident of sexual aggression reported.

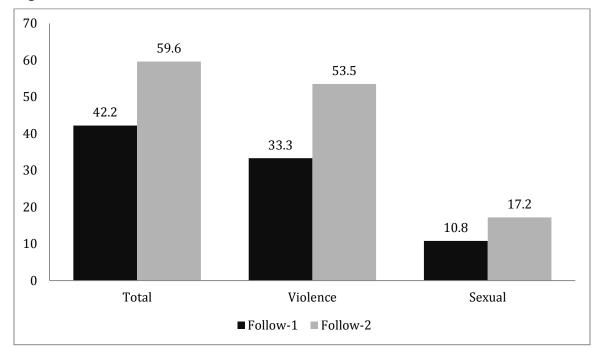


Figure 4. Most Serious Incident Base Rates

Note. Base rates are cumulative over time frames

### 3.2.2. Base Rates Separated by Gender

Table 2 outlines the base rates by gender for all the outcome variables for follow-up one. The males did not differ significantly from the females on almost any of the outcome variables, with the exception of the most serious sexual aggression incident reported. The males had significantly higher rates of most serious sexual aggression incident reported (17.7% vs. 0%,  $\chi^2$  (1) = 7.88,  $p \le 0.01$ ).

Table 2. Differences In Base Rates By Gender Follow-Up 1

Outcome	Male % (n)	Female % (n)	Chi-Square (df)	<i>p</i> -value
Violence	58.1 (36)	42.5 (17)	2.36 (1)	0.13
Physical Aggression	38.7 (24)	37.5 (14)	0.02 (1)	0.90
Verbal Aggression	64.5 (40)	70.0 (28)	0.33 (1)	0.57
Sexual Aggression	29.0 (18)	17.5 (7)	1.75 (1)	0.19
Serious physical aggression	25.8 (16)	32.5 (13)	0.54 (1)	0.46
Serious verbal aggression	29.0 (18)	20.0 (8)	1.04 (1)	0.31
Serious sexual aggression	8.1 (5)	10.0 (4)	0.11 (1)	0.73
Most Serious Incident Reporteda	46.8 (29)	35.0 (14)	1.38 (1)	0.24
Most Serious Violent Only	32.3 (20)	35.0 (14)	0.08 (1)	0.77
Most Serious Sexual Only	17.7 (11)	0.0 (0)	7.88 (1)	0.01**

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a. Including Physical and Sexual aggression

Table 3 outlines the base rates separated by gender for all the outcome variables for follow-up two. Similar to follow-up one, the males did not significantly differ from the females on almost any of the outcome variables with the exception of the most serious sexual aggression incident reported. The males had significantly higher rates of most serious sexual aggression incident reported (23.3% vs. 7.7%,  $\chi^2$  (1) = 4.01,  $p \le 0.05$ ).

Table 3. Differences In Base Rates By Gender Follow-Up 2

Outcome	Male % (n)	Female % (n)	Chi-Square (df)	<i>p</i> -value
Violence	68.9 (42)	57.5 (23)	1.36 (1)	0.24
Physical Aggression	56.5 (35)	50.0 (20)	0.41(1)	0.52
Verbal Aggression	75.4 (46)	77.5 (31)	0.06 (1)	0.81
Sexual Aggression	33.3 (20)	22.5 (9)	1.37 (1)	0.24
Serious physical aggression	45.0 (27)	45.0 (18)	0.00 (1)	1.00
Serious verbal aggression	44.3 (27)	27.5 (11)	2.89 (1)	0.09 <sup>†</sup>
Serious sexual aggression	15.0 (9)	12.5 (5)	0.13 (1)	0.72
Most Serious Incident Reported <sup>a</sup>	63.3 (38)	53.8 (21)	0.88 (1)	0.35
Most Serious Violent Only	55.0 (33)	51.3 (20)	0.13 (1)	0.72
Most Serious Sexual Only	23.3 (14)	7.7 (3)	4.01 (1)	0.04*

Note. \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a. Including Physical and Sexual aggression

# 3.3. Hypothesis One: Measures will show good psychometric properties in this population

#### 3.3.1. Short-Term Assessment of Risk and Treatability (START)

Inter-rater reliability. As can be seen from Table 4, Inter-rater reliability analyses showed single measure ICCs of .44 ( $p \le 0.05$ ) for total Strength Scale scores, .56 ( $p \le 0.05$ ) for total Vulnerability Scale scores, and .24 (p = .20) for Violence Risk Judgments (VRJ). With regard to individual items on the Strength Scale, the Inter-rater reliabilities ranged from poor to excellent, with ICCs ranging from -.20 (Conduct) to 1.00 (Medication Adherence), with only seven items were  $p \le .05$  (See Table 4 for details). Looking at the individual items on the Vulnerability Scale, the Inter-rater reliabilities again ranged from poor to excellent, with ICCs ranging from -.34 (Coping) to .94 (Self Care), and with nine items were  $p \le .05$  (See Table 7 for details). Upon closer inspection of the ratings, it became clear that the Strength Scale had two pronounced outliers with rating differences of 10 points or more. Both these cases were coded using file information only and were both female participants, it is possible that there was vague and insufficient information in these files resulting in differing scores. When these outliers were removed, the ICC was good for both the Strength Scale (N = 10; ICC = .71) and Vulnerability Scale (N = 10; ICC = .65) total scores (See Table 5 and Table 8 for details).

Descriptive Statistics. Table 6 shows the mean total and item ratings for the Strengths Scale of the START. The Strengths Scale had a mean of 13.21 (SD = 6.19) and a range of 1 to 28 (possible range = 0 to 40). Means for the Strength item ratings ranged from 0.38 (SD = 0.48) to 1.22 (SD = 0.80) and all items ranged from 0-2 (possible range = 0 to 2). Table 9 shows the mean total and item ratings for the Vulnerabilities Scale. The Vulnerability scale had a mean of 19.25 (SD = 6.31) and a range of 3 to 34 (possible range = 0 to 40). Means for the Vulnerability item ratings ranged from 0.40 (SD = 0.48) to 1.44 (SD = 0.64) and all items ranged from 0-2 (possible range = 0 to 2). Pearson r correlations were conducted to see to what extent the strength scale was related to the vulnerability scale. Table 14 shows the Vulnerability total score correlated negatively with the Strength total score (r = -.43,  $p \le 0.001$ ).

Table 4. START Strength Inter-rater Reliability (N=12)

		_			
Scale		ICC₁ One-way Random	P-Value	ICC <sub>1</sub> Mixed Absolute	P-Value
Total So	core	0.44	0.05	0.44	0.08
Final Vi	olence SPJ	0.24	0.21	0.26	0.19
Items					
1.	Social Skills	0.27	0.17	0.25	0.22
2.	Relationships	0.29	0.16	0.29	0.17
3.	Occupation	0.75	0.00	0.75	0.00
4.	Recreation	0.34	0.12	0.34	0.12
5.	Self-Care	0.60	0.01	0.59	0.02
6.	Mental State	-0.13	0.67	-0.19	0.71
7.	<b>Emotional State</b>	0.28	0.17	0.25	0.22
8.	Substance Use	0.53	0.03	0.52	0.04
9.	Impulse Control	0.02	0.48	0.00	0.50
10.	External Triggers	0.50	0.04	0.49	0.05
11.	Social Support	0.29	0.16	0.27	0.21
12.	Material Resources	0.63	0.01	0.65	0.01
13.	Attitudes	0.28	0.17	0.25	0.22
14.	Med. Adherence	1.00	n/a	1.00	n/a
15.	Rule Adherence	0.59	0.02	0.59	0.01
16.	Conduct	-0.20	0.75	-0.06	0.59
17.	Insight	0.49	0.04	0.49	0.05
18.	Plans	0.26	0.19	0.24	0.23
19.	Coping	0.23	0.22	0.20	0.27
	Treatability	0.13	0.34	0.21	0.20

Table 5. START Strength Inter-rater Reliability without 2 outliers (N=10)

		_			
Scale		ICC₁ One-way Random	P-Value	ICC <sub>1</sub> Mixed Absolute	P-Value
Total So	core	0.71	0.01	0.71	0.01
Final Vi	olence SPJ	0.27	0.21	0.29	0.17
Items					
1.	Social Skills	0.36	0.13	0.33	0.18
2.	Relationships	0.39	0.11	0.37	0.14
3.	Occupation	0.73	0.00	0.74	0.00
4.	Recreation	0.29	0.19	0.31	0.16
5.	Self-Care	0.44	0.08	.043	0.11
6.	Mental State	-0.13	0.64	-0.17	0.68
7.	<b>Emotional State</b>	0.33	0.15	0.31	0.19
8.	Substance Use	0.60	0.02	0.59	0.04
9.	Impulse Control	0.04	0.45	0.00	0.50
10.	External Triggers	0.62	0.02	0.61	0.03
11.	Social Support	0.47	0.06	0.46	0.09
12.	Material Resources	0.63	0.02	0.64	0.01
13.	Attitudes	0.46	0.07	0.44	0.10
14.	Med. Adherence	1.00	n/a	1.00	n/a
15.	Rule Adherence	0.56	0.03	0.57	0.03
16.	Conduct	-0.20	0.72	-0.08	0.62
17.	Insight	0.40	0.10	0.40	0.11
18.	Plans	0.65	0.01	0.64	0.02
19.	Coping	0.16	0.31	0.12	0.37
20.	Treatability	0.39	0.11	0.43	0.06

Table 6. START Strength Scale Descriptive Statistics

Scale	Mean	Std. Deviation	Range
Strength Scale Total Score	13.21	6.19	1- 28
Items			
<ol> <li>Social Skills</li> </ol>	0.89	0.64	0 - 2
2. Relationships	0.69	0.63	0 - 2
3. Occupation	0.45	0.61	0 - 2
4. Recreation	0.82	0.65	0 - 2
5. Self-Care	0.82	0.65	0 - 2
6. Mental State	0.44	0.61	0 - 2
7. Emotional State	0.74	0.66	0 - 2
8. Substance Use	1.22	0.80	0 - 2
9. Impulse Control	0.41	0.59	0 - 2
10. External Triggers	0.48	0.54	0 - 2
11. Social Support	0.81	0.66	0 - 2
12. Material Resources	0.66	0.65	0 - 2
13. Attitudes	0.76	0.65	0 - 2
14. Med. Adherence	0.63	0.61	0 - 2
15. Rule Adherence	0.84	0.59	0 - 2
16. Conduct	0.79	0.60	0 - 2
17. Insight	0.41	0.57	0 - 2
18. Plans	0.38	0.58	0 - 2
19. Coping	0.38	0.53	0 - 2
20. Treatability	0.57	0.57	0 - 2

Table 7. START Vulnerability Inter-rater Reliability (N=12)

Scale	ICO	C <sub>1</sub> One-way Random	P-Value	ICC <sub>1</sub> Mixed Absolute	P-Value
Total Score	0.5	5	0.02	0.56	0.02
Items					
<ol> <li>Social S</li> </ol>	kills 0.4	9	0.04	0.48	0.06
<ol><li>Relations</li></ol>	ships 0.5	8	0.02	0.57	0.02
<ol><li>Occupat</li></ol>	ion 0.6	0	0.01	0.59	0.02
<ol><li>Recreati</li></ol>	on 0.2	6	0.19	0.27	0.18
5. Self-Car	e 0.9	4	0.00	0.94	0.00
6. Mental S	State 0.5	3	0.03	0.52	0.04
7. Emotion	al State 0.2	2	0.22	0.27	0.16
8. Substan	ce Use 0.7	7	0.00	0.77	0.00
9. Impulse	Control 0.1	6	0.29	0.17	0.28
10. External	Triggers 0.1	6	0.29	0.32	0.04
11. Social S	upport 0.7	7	0.00	0.77	0.00
12. Material	Resources 0.3	9	0.08	0.39	0.10
13. Attitudes	0.0	4	0.44	0.00	0.50
14. Med. Ad	herence 0.5	0	0.04	0.52	0.02
15. Rule Adl	nerence 0.4	2	0.07	0.41	0.10
16. Conduct	-0.2	25	0.80	-0.14	0.71
17. Insight	0.1	4	0.32	0.11	0.37
18. Plans	0.6	9	0.00	0.67	0.01
19. Coping	-0.3	34	0.88	-0.25	0.83
20. Treatabi	lity 0.2	3	0.22	0.20	0.27

Table 8. START Vulnerability Inter-rater Reliability without the 2 outliers (N=10)

Scale		ICC₁ One-way Randor	n P-Value	ICC <sub>1</sub> Mixed Absolute	P-Value
Total Sc	ore	0.65	0.01	0.65	0.02
Items					
1.	Social Skills	0.49	0.06	0.47	0.09
2.	Relationships	0.58	0.03	0.57	0.04
3.	Occupation	0.64	0.01	0.63	0.02
4.	Recreation	0.27	0.20	0.28	0.20
5.	Self-Care	1.00	n/a	1.00	n/a
6.	Mental State	0.22	0.25	0.18	0.31
7.	Emotional State	0.28	0.19	0.36	0.08
8.	Substance Use	0.75	0.00	0.75	0.01
9.	Impulse Control	0.15	0.32	0.16	0.32
10.	External Triggers	0.04	0.45	0.21	0.17
11.	Social Support	0.73	0.00	0.73	0.01
12.	Material Resources	0.40	0.10	0.38	0.14
13.	Attitudes	0.04	0.45	0.00	0.50
14.	Med. Adherence	0.43	80.0	0.46	0.05
15.	Rule Adherence	0.52	0.04	0.51	0.06
16.	Conduct	-0.29	0.81	-0.20	0.75
17.	Insight	-0.13	0.64	-0.20	0.70
18.	Plans	0.65	0.01	0.64	0.02
19.	Coping	-0.34	0.85	-0.29	0.83
20.	Treatability	0.05	0.43	0.00	0.50

Table 9. START Vulnerabilities Scale Descriptive Statistics

Scale	Mean	Std. Deviation	Range
Vulnerabilities Scale Total Score	19.25	6.31	3 - 34
Items			
1. Social Skills	1.09	0.66	0 - 2
2. Relationships	0.95	0.64	0 - 2
3. Occupation	1.21	0.76	0 - 2
4. Recreation	0.87	0.64	0 - 2
5. Self-Care	1.05	0.67	0 - 2
6. Mental State	1.44	0.64	0 - 2
7. Emotional State	1.08	0.62	0 - 2
8. Substance Use	0.40	0.65	0 - 2
9. Impulse Control	1.02	0.72	0 - 2
10. External Triggers	0.68	0.69	0 - 2
11. Social Support	1.09	0.71	0 - 2
12. Material Resources	0.81	0.67	0 - 2
13. Attitudes	0.81	0.69	0 - 2
14. Med. Adherence	0.73	0.73	0 - 2
15. Rule Adherence	0.77	0.63	0 - 2
16. Conduct	0.74	0.69	0 - 2
17. Insight	1.37	0.74	0 - 2
18. Plans	1.12	0.69	0 - 2
19. Coping	1.13	0.69	0 - 2
20. Treatability	0.92	0.63	0 - 2

# 3.3.2. The Structured Assessment of Protective Factors for Violence Risk (SAPROF)

Inter-rater reliability. As can be seen from Table 10, Inter-rater reliability analyses showed single measure ICCs of .75 ( $p \le .001$ ) for total SAPROF scores, .64 ( $p \le .01$ ) for Final Protection Judgments and .58 ( $p \le .01$ ) for Final Protection Judgments 5 Point Scale. With regard to the Integrated Final Risk Judgments (IFRJ), we found ICCs of .76 ( $p \le .001$ ) and .84 ( $p \le .001$ ) for the IFRJ 5-Point Scale. Inter-rater reliability analysis for the Scales showed .74 ( $p \le .001$ ) for the Internal Scale, .76 ( $p \le .001$ ) for the

Motivational Scale, and .48 ( $p \le .05$ ) for the External Scale. With regard to individual items, the Inter-rater reliabilities ranged from poor to excellent, ICCs ranging from -.19 (Life Goals) to .87 (Empathy), and all but three items were  $p \le .05$  (See Table 10 for details). Notably, four of the items had zero variability and ICCs could not be calculated. These items were all from the External Scale and may account for the lower ICCs on this scale.

Table 10. SAPROF Inter-rater Reliability (N = 15)

Scale		ICC₁ One-way Ra	ndom P-Value	ICC <sub>1</sub> Mixed Absolute	P-Value
Total Sc	ore	0.75	0.00	0.75	0.00
Final Pro	otective SPJ	0.64	0.00	0.63	0.01
Final Pro	otective 5-Point SPJ	0.58	0.01	0.57	0.01
Integrate	ed SPJ	0.76	0.00	0.76	0.00
Integrate	ed 5-Point SPJ	0.84	0.00	0.84	0.00
Internal	Scale Total	0.74	0.00	0.74	0.00
Motivation	onal Scale Total	0.76	0.00	0.75	0.00
External	Scale Total	0.48	0.03	0.47	0.04
Items:					
1.	Intelligence	0.80	0.00	0.80	0.01
2.	Secure Attachment In Childhood	0.81	0.00	0.81	0.00
3.	Empathy	0.87	0.00	0.90	0.00
4.	Coping	0.29	0.13	0.33	0.07
5.	Self-Control	0.10	0.35	0.07	0.40
6.	Work	0.74	0.00	0.74	0.00
7.	Leisure Activities	0.36	0.08	0.35	0.10
8.	Financial Management	0.49	0.02	0.49	0.03
9.	Motivation For Treatment	0.64	0.00	0.63	0.01
10.	Attitudes Towards Authority	0.48	0.03	0.48	0.03
11.	Life Goals	-0.19	0.76	-0.19	0.76
12.	Medication	0.80	0.00	0.80	0.00
13.	Social Network	0.48	0.03	0.47	0.04
14.	Intimate Relationship	0 Variance	n/a	0 Variance	n/a
15.	Professional Care	0 Variance	n/a	0 Variance	n/a
16.	Living Circumstances	0 Variance	n/a	0 Variance	n/a
17.	External Control	0 Variance	n/a	0 Variance	n/a

Descriptive Statistics. Table 11 shows the mean total and item ratings for the SAPROF. The total score had a mean of 15.56 (SD = 4.60) and a range of 6 to 27 (possible range = 0 to 34). The mean for the Internal Scale was 3.59 (SD = 2.22) with a range of 0 to 10 (possible range = 0 to 10). The mean for the Motivational Scale was 4.66 (SD = 2.82) with a range of 0 to 11 (possible range = 0 to 14). The mean for the External Scale was 7.23 (SD = 1.08) with a range of 6 to 10 (possible range = 0 to 10). Individual item ratings ranged from 0.25 (SD = 0.62) to 1.99 (SD = 0.09) and all but two items ranged from 0-2 (possible range = 0 to 2).

 Table 11.
 SAPROF Descriptive Statistics

Scale		Mean	Std. Deviation	Range
Total Sc	ore	15.56	4.60	6-27
Internal	Scale	3.59	2.22	0-10
Motivation	onal Scale	4.66	2.82	0-11
External	Scale	7.23	1.08	6-10
Items:				
1.	Intelligence	.37	.517	0-2
2.	Secure Attachment In Childhood	1.23	.855	0-2
3.	Empathy	.95	.786	0-2
4.	Coping	.44	.623	0-2
5.	Self-Control	.53	.656	0-2
6.	Work	.36	.657	0-2
7.	Leisure Activities	.87	.767	0-2
8.	Financial Management	.61	.761	0-2
9.	Motivation For Treatment	.72	.750	0-2
10.	Attitudes Towards Authority	.96	.757	0-2
11.	Life Goals	.30	.559	0-2
12.	Medication	.84	.797	0-2
13.	Social Network	1.01	.802	0-2
14.	Intimate Relationship	.25	.620	0-2
15.	Professional Care	2.00	.000	2-2
16.	Living Circumstances	1.99	.099	1-2
17.	External Control	1.98	.198	0-2

#### 3.3.3. The Historical, Clinical, Risk Management-20 Version 2

Inter-rater reliability. As can be seen from Table 12, inter-rater reliability analyses showed single measure ICCs of .80 ( $p \le 0.001$ ) for total scores, .68 ( $p \le .01$ ) for Historical total scores, .31 (p = .15) for Clinical total scores, .89 ( $p \le .001$ ) for Risk total scores, and .42 ( $p \le .05$ ) for VRJ. With regard to individual items, the Inter-rater reliabilities ranged from poor to excellent, ICCs ranging from -.05 (Substance Use Problems) to 0.92 (Noncompliance with Remediation Attempts), and 11 items were  $p \le .05$  (See Table 14 for details). It should be noted that one item (Major Mental Illness) had zero variance and therefore ICC could not be computed.

Descriptive Statistics. Table 13 shows the mean total and item ratings for the HCR-20. The total score had a mean of 23.64 (SD = 5.59) and a range of 9 to 35 (possible range = 0 to 40). The mean for the Historical Scale was 11.76 (SD = 3.89) with a range of 2 to 19 (possible range = 0 to 20). The mean for the Clinical Scale was 6.25 (SD = 1.94) with a range of 0 to 10 (possible range = 0 to 10). The mean for the Risk Scale was 5.61 (SD = 1.83) with a range of 2 to 10 (possible range = 0 to 10). Individual item ratings ranged from 0.32 (SD = 0.53) to 1.96 (SD = 0.20) and all but one item ranged from 0-2 (possible range = 0 to 2).

Table 12. HCR-20 Inter-rater Reliability (N = 11)

Scale		ICC₁ One-way Random	P-Value	ICC <sub>1</sub> Mixed Absolute	P-Value
Total So	core	0.80	0.00	0.80	0.00
History	Total	0.68	0.01	0.68	0.01
Clinical	Total	0.31	0.15	0.31	0.16
Risk To	tal	0.89	0.00	0.89	0.00
Risk SP	J	0.42	0.08	0.49	0.01
Items					
1.	Previous Violence	0.68	0.01	0.68	0.01
2.	Young Age At First Violent Incident	0.86	0.00	0.86	0.00
3.	Relationship Instability	0.10	0.37	0.17	0.27
4.	Employment Problems	0.41	0.08	0.39	0.12
5.	Substance Use Problems	-0.05	0.56	-0.11	0.62
6.	Major Mental Illness	0 Variance	n/a	0 Variance	n/a
7.	Psychopathy	0.81	0.00	0.80	0.00
8.	Early Maladjustment	0.78	0.00	0.78	0.00
9.	Personality Disorder	0.75	0.00	0.75	0.00
10.	Prior Supervision Failure	0.67	0.01	0.66	0.01
11.	Lack Of Insight	0.43	0.07	0.41	0.11
12.	Negative Attitudes	0.38	0.10	0.41	0.07
13.	Active Symptoms Of Major Mental Illness	0.41	0.08	0.41	0.09
14.	Impulsivity	0.33	0.14	0.33	0.15
15.	Unresponsive To Treatment	0.87	0.00	0.87	0.00
16.	Plans Lack Feasibility	0.77	0.00	0.77	0.00
17.	Exposure To Destabilizers	0.86	0.00	0.86	0.00
18.	Lack Of Personal Support	0.76	0.00	0.77	0.00
19.	Noncompliance With Remediation Attempts	0.92	0.00	0.92	0.00
20.	Stress	0.33	0.14	0.36	0.10

Table 13. HCR-20 Descriptive Statistics

Scale		Mean	Std. Deviation	Range
Total S	core	23.64	5.59	9 - 35
History	Total	11.76	3.89	2 - 19
Clinical	Total	6.25	1.94	0 - 10
Risk To	tal	5.61	1.83	2 - 10
Items				
1.	Previous Violence	1.34	0.79	0 - 2
2.	Young Age At First Violent Incident	0.89	0.73	0 - 2
3.	Relationship Instability	1.66	0.59	0 - 2
4.	Employment Problems	1.62	0.57	0 - 2
5.	Substance Use Problems	1.13	0.89	0 - 2
6.	Major Mental Illness	1.96	0.20	1 - 2
7.	Psychopathy	0.32	0.53	0 - 2
8.	Early Maladjustment	1.00	0.86	0 - 2
9.	Personality Disorder	0.60	0.74	0 - 2
10.	Prior Supervision Failure	1.35	0.71	0 - 2
11.	Lack Of Insight	1.61	0.57	0 - 2
12.	Negative Attitudes	0.55	0.62	0 - 2
13.	Active Symptoms Of Major Mental Illness	1.74	0.52	0 - 2
14.	Impulsivity	1.21	0.77	0 - 2
15.	Unresponsive To Treatment	1.13	0.70	0 - 2
16.	Plans Lack Feasibility	0.98	0.71	0 - 2
17.	Exposure To Destabilizers	0.98	0.66	0 - 2
18.	Lack Of Personal Support	1.20	0.79	0 - 2
19.	Noncompliance With Remediation Attempts	1.11	0.69	0 - 2
20.	Stress	1.35	0.59	0 - 2

#### 3.3.4. Correlations between Risk Measures

Table 14 shows a Pearson r correlation matrix of all the risk measures and the PCL-SV. The SAPROF total score demonstrated a strong negative correlation with the total score on the HCR-20 (r = -.41, p ≤ 0.001), the START Vulnerability Scale (r = -.36, p ≤ 0.001), and the PCL-SV (r = -.31, p ≤ 0.01). Conversely, the SAPROF total score did not significantly correlate with the START Strength Scale (r = .14, p = ns). The correlation between the total scores on the HCR-20 was positive with the START Vulnerability Scale (r = .50, p ≤ 0.001), the PCL-SV total score (r = .66, p ≤ 0.001), and negative with START Strength Scale (r = -.26, p ≤ 0.01).

Table 14. Risk Measure Correlations

	PCL	HCR-20	SAPROF	Strength scale	Vulnerabilities scale
PCL					
HCR-20	0.66***				
SAPROF	-0.31**	-0.41***			
Strength Scale	-0.24*	-0.26**	0.14		
Vulnerabilities Scale	0.37***	.50***	-0.36***	-0.43***	

Note. \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed)

These results provide support for this hypothesis, in that we found generally good psychometric properties for all of the risk measures, with the exception of the Inter-rater reliability results for the START.

# 3.4. Hypothesis Two: Protective Factors Will Evidence Predictive Validity Of Future Violence Comparable With Risk Factors

#### 3.4.1. Short-Term Assessment of Risk and Treatability

START Strength Scale Total Scores. Table 15 shows the ROC analysis for START Strength total scores for both follow-up time frames. At follow-up one START Strength total scores significantly predicted violence (AUC = 0.63,  $p \le 0.05$ ), any physical aggression towards others (AUC = 0.65,  $p \le 0.01$ ), the most serious incident

reported (AUC = 0.66,  $p \le 0.01$ ), and the most serious violent incident (AUC = 0.66,  $p \le 0.01$ ). START Strength total scores also showed a trend towards significant prediction of verbal aggression (AUC = 0.61,  $p \le 0.10$ ), serious physical aggression against others (AUC = 0.62,  $p \le 0.10$ ), and serious verbal aggression (AUC = 0.62,  $p \le 0.10$ ).

Table 15. Predictive Validity (AUC) of START Strength Scale

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>
Violence	0.63*	0.60□
Physical Aggression	0.65**	0.60 <sup>†</sup>
Verbal Aggression	0.61 <sup>†</sup>	0.64*
Sexual Aggression	0.60	0.55
Serious physical aggression	0.62 <sup>†</sup>	0.64*
Serious verbal aggression	0.62 <sup>†</sup>	0.56
Serious sexual aggression	0.61	0.51
Most Serious Incident Reported <sup>o</sup>	0.66**	0.62*
Most Serious Violent Only	0.66**	0.64*
Most Serious Sexual Only	0.57	0.59

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a p = 102. Devel (2-tailed). 2 respectively.

At follow-up two, START Strength total scores significantly predicted verbal aggression (AUC = 0.64,  $p \le 0.05$ ), serious physical aggression towards others (AUC = 0.64,  $p \le 0.05$ ), the most serious incident reported (AUC = 0.62,  $p \le 0.05$ ), and the most serious violent incident (AUC = 0.64,  $p \le 0.05$ ). START Strength total scores also showed a trend towards significant prediction of violence (AUC = 0.60,  $p \le 0.10$ ), and physical aggression against others (AUC = 0.60,  $p \le 0.10$ ).

START Vulnerability Scale Total Scores. Table 16 shows the ROC analysis for START Vulnerability Scale total scores for both follow-up time frames. At follow-up one, START Vulnerability total scores significantly predicted serious verbal aggression (AUC = 0.64,  $p \le 0.05$ ).

At follow-up two, START Vulnerability total scores significantly predicted most serious sexual incident reported (AUC = 0.69,  $p \le 0.05$ ), and serious verbal aggression

(AUC = 0.62,  $p \le 0.05$ ). START Vulnerability Scale total scores also showed a trend towards significant prediction of any verbal aggression (AUC = 0.61,  $p \le 0.10$ ).

Table 16. Predictive Validity (AUC) of START Vulnerability Scale

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>
Violence	0.54	0.54
Physical Aggression	0.50	0.52
Verbal Aggression	0.59	0.61 <sup>†</sup>
Sexual Aggression	0.60	0.59
Serious physical aggression	0.51	0.54
Serious verbal aggression	0.64*	0.62*
Serious sexual aggression	0.53	0.48
Most Serious Incident Reported <sup>c</sup>	0.55	0.56
Most Serious Violent Only	0.52	0.54
Most Serious Sexual Only	0.61	0.69*

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). \*  $p \le 0.1$  level (2-tailed). \*  $p \le 0.05$  level

# 3.4.2. The Structured Assessment of Protective Factors for Violence Risk

SAPROF Total Score. Table 17 shows the ROC analysis for SAPROF total scores for both follow-up time frames. At follow-up one, SAPROF total scores significantly predicted most serious sexual incident (AUC = 0.70,  $p \le 0.05$ ). SAPROF total scores also showed a trend towards significant prediction of serious verbal aggression (AUC = 0.62,  $p \le 0.10$ ), and serious sexual aggression against others (AUC = 0.68,  $p \le 0.10$ ).

At follow-up two SAPROF total scores significantly predicted verbal aggression (AUC = 0.63,  $p \le 0.05$ ), serious verbal aggression (AUC = 0.67,  $p \le 0.01$ ), and most serious sexual incident (AUC = 0.71,  $p \le 0.01$ ). SAPROF total scores also showed a trend towards significantly predicting the most serious incident reported (AUC = 0.60,  $p \le 0.10$ ).

Table 17. Predictive Validity (AUC) of SAPROF Total Score

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>
Violence	0.59	0.59
Physical Aggression	0.52	0.54
Verbal Aggression	0.60	0.63*
Sexual Aggression	0.61	0.60
Serious physical aggression	0.50	0.55
Serious verbal aggression	0.62 <sup>†</sup>	0.67**
Serious sexual aggression	0.68 <sup>†</sup>	0.58
Most Serious Incident Reported <sup>c</sup>	0.58	0.60 <sup>†</sup>
Most Serious Violent Only	0.52	0.58
Most Serious Sexual Only	0.70*	0.71**

Note. \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a n = 102. n = 100. Including Physical and Sexual aggression

SAPROF Protective Judgment. Table 18 shows the ROC analysis for SAPROF Protective Judgment for both follow-up time frames. At follow-up one SAPROF Protective Judgment did not significantly predict any outcomes. SAPROF Protective Judgment showed a trend towards significant prediction of serious sexual aggression (AUC = 0.67,  $p \le 0.10$ ).

At follow-up two SAPROF Protective Judgment significantly predicted serious verbal aggression (AUC = 0.64,  $p \le 0.05$ ). SAPROF Protective Judgment showed a trend towards significantly predicting the most serious sexual incident reported (AUC = 0.64,  $p \le 0.10$ ).

Table 18. Predictive Validity (AUC) of SAPROF SPJ

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>
Violence	0.53	0.56
Physical Aggression	0.46	0.51
Verbal Aggression	0.55	0.60
Sexual Aggression	0.55	0.56
Serious physical aggression	0.43	0.49
Serious verbal aggression	0.58	0.64*
Serious sexual aggression	0.67 <sup>†</sup>	0.58
Most Serious Incident Reported <sup>c</sup>	0.49	0.59
Most Serious Violent Only	0.44	0.56
Most Serious Sexual Only	0.63	0.64 <sup>†</sup>

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a n = 102. n = 100. Including Physical and Sexual aggression

SAPROF Protective Judgment 5-point. Table 19 shows the ROC analysis for SAPROF Protective Judgment 5-point version for both follow-up time frames. At follow-up one SAPROF Protective Judgment 5-point did not significantly predict any outcomes. SAPROF Protective Judgment 5-point did show a trend towards significant prediction of sexual aggression (AUC = 0.56,  $p \le 0.10$ ), serious verbal aggression (AUC = 0.62,  $p \le 0.10$ ), and serious sexual aggression (AUC = 0.69,  $p \le 0.10$ ).

At follow-up two SAPROF Protective Judgment 5-point significantly predicted serious verbal aggression (AUC = 0.64,  $p \le 0.05$ ). SAPROF Protective Judgment 5-point showed a trend towards significantly predicting any verbal aggression (AUC = 0.63,  $p \le 0.10$ ), and the most serious sexual incident reported (AUC = 0.64,  $p \le 0.10$ ).

Table 19. Predictive Validity (AUC) of SAPROF SPJ 5 point

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>
Violence	0.56	0.55
Physical Aggression	0.49	0.49
Verbal Aggression	0.60	0.63 <sup>†</sup>
Sexual Aggression	0.56 <sup>†</sup>	0.56
Serious physical aggression	0.49	0.51
Serious verbal aggression	0.62 <sup>†</sup>	0.64*
Serious sexual aggression	0.69 <sup>†</sup>	0.57
Most Serious Incident Reported <sup>o</sup>	0.52	0.57
Most Serious Violent Only	0.49	0.54
Most Serious Sexual Only	0.63	0.63 <sup>†</sup>

Note. \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a n = 102. n = 100. Including Physical and Sexual aggression

## 3.4.3. The Historical, Clinical, Risk Management-20 Version 2

*HCR-20 Total Score*. Table 20 shows the ROC analysis for HCR-20 total scores for both follow-up time frames. At follow-up one HCR-20 total scores did not significantly predict any of the outcome variables. HCR-20 total scores did show a trend towards significant prediction of verbal aggression (AUC = 0.61,  $p \le 0.10$ ).

Table 20. Predictive Validity (AUC) of HCR-20 Total

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>
Violence	0.55	0.60
Physical Aggression	0.51	0.56
Verbal Aggression	0.61 <sup>†</sup>	0.62 <sup>†</sup>
Sexual Aggression	0.57	0.59
Serious physical aggression	0.42	0.52
Serious verbal aggression	0.51	0.61 <sup>†</sup>
Serious sexual aggression	0.48	0.47
Most Serious Incident Reported <sup>c</sup>	0.56	0.58
Most Serious Violent Only	0.55	0.57
Most Serious Sexual Only	0.56	0.63 <sup>†</sup>

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a p = 102. Devel (2-tailed). A p = 100. Concluding Physical and Sexual aggression

At follow-up two HCR-20 total scores did not significantly predict any of the outcome variables. HCR-20 total scores did show a trend towards significantly predicting verbal aggression (AUC = 0.62,  $p \le 0.10$ ), serious verbal aggression (AUC = 0.61,  $p \le 0.10$ ), and the most serious sexual incident reported (AUC = 0.63,  $p \le 0.10$ ).

*HCR-20 Violence Risk Judgement.* Table 21 shows the ROC analysis for HCR-20 VRJ for both follow-up time frames. At follow-up one HCR-20 VRJ significantly predicted verbal aggression (AUC = 0.63,  $p \le 0.05$ ), and most serious violent incident reported (AUC = 0.63,  $p \le 0.05$ ).

At follow-up two HCR-20 VRJ did not significantly predict any outcomes. HCR-20 VRJ did show a trend towards significantly predicting verbal aggression (AUC = 0.62,  $p \le$  0.10), and the most serious violent incident reported (AUC = 0.60,  $p \le$  0.10).

Table 21. Predictive Validity (AUC) of HCR-20 SPJ

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>
Violence	0.58	0.57
Physical Aggression	0.59	0.56
Verbal Aggression	0.63*	0.62 <sup>†</sup>
Sexual Aggression	0.52	0.56
Serious physical aggression	0.54	0.58
Serious verbal aggression	0.47	0.55
Serious sexual aggression	0.61	0.58
Most Serious Incident Reported <sup>c</sup>	0.58	0.59
Most Serious Violent Only	0.63*	0.60 <sup>†</sup>
Most Serious Sexual Only	0.45	0.55

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a p = 100. Including Physical and Sexual aggression

These results generally provide evidence that supports the second hypothesis, as the strengths/protective factors on the whole were as predictive or even more predictive than the risk/vulnerability factors.

# 3.5. Hypothesis Three: Protective Factors and Structured Professional Judgments Made Using Both Risks and Protective Factors Will Show Incremental Validity

#### 3.5.1. Short-Term Assessment of Risk and Treatability

*START Violence Risk Judgment.* Table 22 shows the ROC analysis for START VRJ for both follow-up time frames. As described earlier, the START VRJ is made by the clinician utilizing both the strengths and vulnerability ratings, and thus is similar to the SAPROF integrated VRJ. At follow-up one START VRJ significantly predicted violence (AUC = 0.68,  $p \le 0.01$ ), any physical aggression towards others (AUC = 0.69,  $p \le 0.01$ ), verbal aggression (AUC = 0.68,  $p \le 0.01$ ), sexual aggression (AUC = 0.64,  $p \le 0.01$ ), serious sexual aggression (AUC = 0.72,  $p \le 0.05$ ), most serious incident reported (AUC = 0.67,  $p \le 0.01$ ), and most serious violent incident (AUC = 0.69,  $p \le 0.01$ ). START VRJ also showed a trend towards significant prediction of serious verbal aggression (AUC = 0.62,  $p \le 0.10$ ), and serious physical aggression against others (AUC = 0.61,  $p \le 0.10$ ).

Table 22. Predictive Validity (AUC) of START Violence Risk Judgment

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>
Violence	0.68**	0.67**
Physical Aggression	0.69**	0.67**
Verbal Aggression	0.68**	0.63*
Sexual Aggression	0.64*	0.66*
Serious physical aggression	0.61 <sup>†</sup>	0.72***
Serious verbal aggression	0.62 <sup>+</sup>	0.66**
Serious sexual aggression	0.72*	0.71*
Most Serious Incident Reported <sup>c</sup>	0.67**	0.69**
Most Serious Violent Only	0.69**	0.68**
Most Serious Sexual Only	0.54	0.62

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a p = 102. p = 100. Including Physical and Sexual aggression

At follow-up two START VRJ predicted violence (AUC = 0.67,  $p \le 0.01$ ), any physical aggression towards others (AUC = 0.67,  $p \le 0.01$ ), verbal aggression (AUC = 0.634,  $p \le 0.05$ ), sexual aggression (AUC = 0.66,  $p \le 0.05$ ), serious physical aggression

towards others (AUC = 0.72,  $p \le 0.001$ ), serious verbal aggression (AUC = 0.66,  $p \le 0.01$ ), serious sexual aggression (AUC = 0.71,  $p \le 0.05$ ), most serious incident reported (AUC = 0.69,  $p \le 0.01$ ), and most serious violent incident (AUC = 0.68,  $p \le 0.01$ ).

START Incremental Validity Analysis. In order to test the incremental predictive validity of the START Strength total scores over the START Vulnerability total scores for the outcomes that were significant in the ROC analysis, hierarchical logistic regression analyses were carried out separately for each of the follow-up periods. The START Vulnerability total scores were entered in Step 1 of the analyses and the START Strength total scores were added in Step 2. Gender was added as a covariate in Step 1 in order to control for the influence of differential predictive validity by gender. As can be seen from Table 23 for most of the outcomes the overall model was not significant. Only most serious incident reported at follow-up one and most serious sexual incident reported at follow-up two were significantly predicted by the overall model ( $\chi$ 2 (3) = 8.54,  $p \le .05$  and  $\chi^2(3) = 14.79$ ,  $p \le .01$  respectively). The prediction model for the most serious incident reported at follow-up one was improved significantly when the START Strength total scores was added ( $\Delta \chi 2$  (1) = 5.35,  $p \leq .05$ ). However, addition of the START Strength total scores did not show significant improvement to the model for most serious sexual incident reported at follow-up two ( $\Delta \chi 2$  (1) = 0.00, p = ns). Interestingly, though the overall models were not significant, START Strength total scores did significantly improve the prediction models for aggression against others at follow-up one  $(\Delta \chi 2 (1) = 5.56, p \le .05)$  and most serious violent incident reported at follow-up one  $(\Delta \chi 2 (1) = 4.46, p \le .05).$ 

START VRJ Incremental Validity Analysis. In order to test the incremental predictive validity of the START VRJ over the START Vulnerability and Strength total scores for the outcomes that were significant in the ROC analysis, hierarchical logistic regression analyses were carried out on each of the follow-up times. The START Vulnerability total scores were entered in Step 1 of the analyses, the START Strength total scores were added in Step 2, and the START VRJ was finally added in Step 3. Gender was added as a covariate in Step 1 in order to control for the influence of differential predictive validity by gender. As can be seen from Table 24 all of the overall prediction models for all the follow-up times were significant. Additionally, START VRJ

significantly improved all but two of the models, although these did approach significance (serious verbal aggression at follow-up one,  $\Delta \chi 2$  (1) = 3.20,  $p \leq$  .10, and most serious sexual incident reported at follow-up two  $\Delta \chi 2$  (1) = 3.14,  $p \leq$  .10).

Table 23. Logistic Regression of START Strength and Vulnerability Total Scores

Outcome	В	Wald	Exp (B)	Model Fit	Nagelkerke
Outcome			6 mc	onths	
Violence				$\chi^2$ (3) = 6.83 <sup>†</sup>	0.09
				$\Delta \chi^2(1) = 3.08^{+}$	
Gender (Step 1)	-0.71 <sup>†</sup>	2.81	0.49		
Vulnerability Scale (Step 1)	0.01	0.10	1.01		
Strength Scale (Step 2)	0.07 <sup>†</sup>	2.96	1.07		
Physical Aggression				$\chi^2$ (3) = 6.13 $\Delta \chi^2$ (1) = 5.56*	0.08
Gender (Step 1)	-0.14	0.10	0.87		
Vulnerability Scale (Step 1)	-0.01	0.11	0.99		
Strength Scale (Step 2)	0.09*	5.10	1.10		
Serious verbal aggression				$\chi^2$ (3) = 7.15 <sup>+</sup> $\Delta \chi^2$ (1) = 0.69	0.10
Gender (Step 1)	-0.49	0.95	0.62		
Vulnerability Scale (Step 1)	0.07 <sup>†</sup>	2.86	1.08		
Strength Scale (Step 2)	0.37	0.67	1.04		
Most Serious Incident Reporteda				$\chi^2$ (3) = 8.54* $\Delta \chi^2$ (1) = 5.35*	0.11
Gender (Step 1)	-0.60	1.86	0.55		
Vulnerability Scale (Step 1)	0.01	0.06	1.01		
Strength Scale (Step 2)	0.09*	4.94	1.09		
Most Serious Violent Only				$\chi^2$ (3) = 5.68 $\Delta \chi^2$ (1) = 4.46*	0.08
Gender (Step 1)	0.06	0.02	1.07		
Vulnerability Scale (Step 1)	0.00	0.01	1.00		
Strength Scale (Step 2)	0.09	4.14	1.09		
	-		12 m	onths	
Verbal Aggression				$\chi^2$ (3) = 6.28 <sup>+</sup> $\Delta \chi^2$ (1) = 1.49	0.09
Gender (Step 1)	0.06	0.02	1.07	. ,	

Vulnerability Scale (Step 1)	0.06	2.02	1.06	
Strength Scale (Step 2)	0.05	1.46	1.05	
Serious verbal aggression				$\chi^2$ (3) = 7.13 <sup>+</sup> 0.09 $\Delta \chi^2$ (1) = 0.00
Gender (Step 1)	-0.73	2.63	0.48	
Vulnerability Scale (Step 1)	0.07 <sup>†</sup>	3.16	1.07	
Strength Scale (Step 2)	0.00	0.00	1.00	
Serious physical aggression				$\chi^2$ (3) = 5.22 0.07 $\Delta \chi^2$ (1) = 3.68 <sup>†</sup>
Gender (Step 1)	-0.07	0.03	0.93	
Vulnerability Scale (Step 1)	0.01	0.04	1.01	
Strength Scale (Step 2)	0.07 †	3.49	1.08	
Most Serious Incident Reported <sup>a</sup>				$\chi^2$ (3) = 4.62 0.06 $\Delta \chi^2$ (1) = 1.57
Gender (Step 1)	-0.45	1.08	0.64	
Vulnerability Scale (Step 1)	0.03	0.61	1.03	
Strength Scale (Step 2)	0.05	1.54	1.05	
Most Serious Violent Only				$\chi^2$ (3) = 4.72 0.06 $\Delta \chi^2$ (1) = 2.85 <sup>†</sup>
Gender (Step 1)	-0.22	0.27	0.80	
Vulnerability Scale (Step 1)	0.02	0.19	1.02	
Strength Scale (Step 2)	0.06	2.74	1.07	
Most Serious Sexual Only				$\chi^2$ (3) = 14.79** 0.09 $\Delta \chi^2$ (1) = 0.03
Gender (Step 1)	-1.63	3.90	0.20	
Vulnerability Scale (Step 1)	0.15*	5.44	1.16	
Strength Scale (Step 2)	0.01	0.03	1.01	

Note. \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a Including Physical and Sexual aggression

Table 24. Logistic Regression of START Strength, Vulnerability and Violence Risk Judgment

Outcome	В	Wald	Exp (B)	Model Fit	Nagelkerke
Outcome	6 months				
Violence				$\chi^2$ (4) = 20.72*** $\Delta \chi^2$ (1) = 13.89***	0.25
Gender (Step 1)	-0.61	1.78	0.55		
Vulnerability Scale (Step 1)	0.00	0.01	1.00		
Strength Scale (Step 2)	0.05	1.30	1.05		
VRJ (Step 3)	1.43***	10.40	4.17		
Physical Aggression				$\chi^2$ (4) = 21.66*** $\Delta \chi^2$ (1) = 15.53***	0.26
Gender (Step 1)	0.69	0.02	1.07		
Vulnerability Scale (Step 1)	-0.03	0.48	0.97		
Strength Scale (Step 2)	0.07	2.63	1.07		
VRJ (Step 3)	1.38***	4.63	3.99		
Verbal Aggression				$\chi^2$ (4) = 19.17*** $\Delta \chi^2$ (1) = 14.26***	0.24
Gender (Step 1)	0.47	0.97	1.60		
Vulnerability Scale (Step 1)	0.05	1.57	1.05		
Strength Scale (Step 2)	0.01	0.11	1.01		
VRJ (Step 3)	1.83***	8.60	6.26		
Sexual Aggression				$\chi^2$ (4) = 11.06* $\Delta \chi^2$ (1) = 5.55*	0.15
Gender (Step 1)	-0.56	1.13	0.57		
Vulnerability Scale (Step 1)	0.04	0.76	1.04		
Strength Scale (Step 2)	0.02	0.15	1.02		
VRJ (Step 3)	0.82*	5.47	2.27		
Serious verbal aggression				$\chi^2$ (4) = 10.36* $\Delta \chi^2$ (1) = 3.20 *	0.14
Gender (Step 1)	-0.39	0.58	0.68		
Vulnerability Scale (Step 1)	0.07	2.43	1.07		
Strength Scale (Step 2)	0.02	0.14	1.02		
VRJ (Step 3)	0.62 <sup>†</sup>	3.21	1.86		
Serious sexual aggression				$\chi^2$ (4) = 14.03** $\Delta \chi^2$ (1) = 5.33*	0.15
Gender (Step 1)	0.56	0.25	1.75		
Vulnerability Scale (Step 1)	-0.11	1.11	0.90		

Strength Scale (Step 2)	0.08	0.51	1.08		
VRJ (Step 3)	2.42**	7.84	11.26		
Most Serious Incident Reported <sup>a</sup>				$\chi^2$ (4) = 20.98*** $\Delta \chi^2$ (1) = 12.44***	0.25
Gender (Step 1)	-0.48	1.04	0.62		
Vulnerability Scale (Step 1)	-0.00	0.00	1.00		
Strength Scale (Step 2)	0.07	2.76	1.07		
VRJ (Step 3)	1.25***	10.32	3.49		
Most Serious Violent Incident				$\chi^2$ (4) = 19.31*** $\Delta \chi^2$ (1) = 13.63***	0.24
Gender (Step 1)	0.31	0.40	1.36		
Vulnerability Scale (Step 1)	-0.01	0.07	0.99		
Strength Scale (Step 2)	0.06	1.90	1.06		
VRJ (Step 3)	1.28***	11.72	3.58		
			12	months	
Violence				$\chi^2$ (4) = 16.23** $\Delta \chi^2$ (1) = 11.90***	0.20
Gender (Step 1)	-0.42	0.82	0.66		
Vulnerability Scale (Step 1)	0.01	0.13	1.01		
Strength Scale (Step 2)	0.03	0.54	1.03		
VRJ (Step 3)	1.53**	7.97	4.61		
Physical Aggression				$\chi^2$ (4) = 16.22** $\Delta \chi^2$ (1) = 13.22***	0.20
Gender (Step 1)	-0.15	0.11	0.82		
Vulnerability Scale (Step 1)	0.00	0.00	1.00		
Strength Scale (Step 2)	0.03	0.46	1.03		
VRJ (Step 3)	1.37**	9.94	3.94		
Verbal Aggression				$\chi^{2}(4) = 14.73^{**}$ $\Delta \chi^{2}(1) = 7.44^{**}$	0.21
Gender (Step 1)	0.10	0.03	1.10		
Vulnerability Scale (Step 1)	0.06	1.97	1.07		
Strength Scale (Step 2)	0.05	1.19	1.05		
VRJ (Step 3)	1.59*	4.59	4.92		
Sexual Aggression				$\chi^2$ (4) = 12.16* $\Delta \chi^2$ (1) = 8.88**	0.16
Gender (Step 1)	-0.40	0.63	0.67		
Vulnerability Scale (Step 1)	0.04	0.79	1.04		
Strength Scale (Step 2)	-0.02	0.23	0.98		

VRJ (Step 3)	1.02**	8.45	2.76		
Serious verbal aggression				$\chi^2$ (4) = 16.75** $\Delta \chi^2$ (1) = 9.62**	0.21
Gender (Step 1)	-0.60	1.64	0.55		
Vulnerability Scale (Step 1)	0.07 <sup>†</sup>	2.66	1.07		
Strength Scale (Step 2)	-0.03	0.44	0.97		
VRJ (Step 3)	1.06**	8.62	2.89		
Serious physical aggression				$\chi^2$ (4) = 26.57*** $\Delta \chi^2$ (1) = 21.35***	0.31
Gender (Step 1)	0.19	0.16	1.21		
Vulnerability Scale (Step 1)	0.00	0.00	1.00		
Strength Scale (Step 2)	0.05	1.37	1.05		
VRJ (Step 3)	1.80***	14.86	6.04		
Serious sexual aggression				$\chi^2$ (4) = 19.93*** $\Delta \chi^2$ (1) = 18.86***	0.41
Gender (Step 1)	-0.01	0.00	0.99		
Vulnerability Scale (Step 1)	-0.09	1.32	0.91		
Strength Scale (Step 2)	0.00	0.08	1.00		
VRJ (Step 3)	2.36***	12.54	10.59		
Most Serious Incident Reported <sup>a</sup>				$\chi^2$ (4) = 20.04*** $\Delta \chi^2$ (1) = 15.43***	0.25
Gender (Step 1)	-0.32	0.46	0.73		
Vulnerability Scale (Step 1)	0.02	0.34	1.02		
Strength Scale (Step 2)	0.03	0.49	1.03		
VRJ (Step 3)	1.73**	9.88	5.64		
Most Serious Violent Only				$\chi^2$ (4) = 19.67*** $\Delta \chi^2$ (1) = 14.95***	0.24
Gender (Step 1)	-0.06	0.02	0.95		
Vulnerability Scale (Step 1)	0.01	0.04	1.01		
Strength Scale (Step 2)	0.05	1.20	1.05		
VRJ (Step 3)	1.54***	10.65	4.64		
Most Serious Sexual Only				$\chi^2$ (4) = 18.83*** $\Delta \chi^2$ (1) = 3.14 <sup>†</sup>	0.32
Gender (Step 1)	-2.34*	4.32	0.10		
Vulnerability Scale (Step 1)	0.13*	3.74	1.14		
Strength Scale (Step 2)	-0.02	0.05	0.99		
VRJ (Step 3)	0.79 <sup>†</sup>	3.13	2.20		

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a Including Physical and Sexual aggression

#### 3.5.2. **SAPROF** and **HCR-20**

SAPROF Total Score Minus HCR-20 Total Score. Table 25 shows the ROC analysis for HCR-20 – SAPROF total score for both follow-up time frames. At follow-up one HCR-20 – SAPROF total score significantly predicted verbal aggression (AUC = 0.62,  $p \le .05$ ). No other outcomes had a significant association with the HCR-20 – SAPROF total score, however, findings did show a trend towards significant prediction of sexual aggression (AUC = 0.62,  $p \le 0.10$ ).

Table 25. Predictive Validity (AUC) of HCR-20 - SAPROF

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>
Violence	0.58	0.61 <sup>†</sup>
Physical Aggression	0.53	0.58
Verbal Aggression	0.64*	0.67**
Sexual Aggression	0.62 <sup>†</sup>	0.63 <sup>†</sup>
Serious physical aggression	0.46	0.54
Serious verbal aggression	0.58	0.66**
Serious sexual aggression	0.56	0.51
Most Serious Incident Reported <sup>c</sup>	0.58	0.61 <sup>†</sup>
Most Serious Violent Only	0.55	0.60 <sup>†</sup>
Most Serious Sexual Only	0.64	0.68*

Note. \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a n = 102. n = 100. Including Physical and Sexual aggression

At follow-up two, HCR-20 – SAPROF total scores significantly predicted any verbal aggression (AUC = 0.67,  $p \le 0.01$ ), serious verbal aggression (AUC = 0.66,  $p \le 0.01$ ), and most serious sexual incident reported (AUC = 0.68,  $p \le 0.05$ ). The HCR-20 – SAPROF total scores also showed a trend towards significantly predicting violence (AUC = 0.61,  $p \le 0.10$ ), sexual aggression (AUC = 0.63,  $p \le 0.10$ ), the most serious incident reported (AUC = 0.61,  $p \le 0.10$ ), and the most serious violent incident reported (AUC = 0.60,  $p \le 0.10$ ).

SAPROF + HCR Integrated Risk Judgment. Table 26 shows the ROC analysis for the final integrated (i.e. SAPROF + HCR-20) risk judgment for both follow-up time frames. At follow-up one, the SAPROF + HCR integrated risk judgment significantly predicted violence (AUC = 0.62,  $p \le .05$ ), and verbal aggression (AUC = 0.68,  $p \le .01$ ).

At follow-up two, the SAPROF + HCR risk judgment significantly predicted verbal aggression (AUC = 0.67,  $p \le 0.05$ ) and most serious violent incident reported (AUC = 0.61,  $p \le 0.05$ ). The SAPROF + HCR risk judgment also showed a trend towards significantly predicting any violence (AUC = 0.60,  $p \le 0.10$ ), serious verbal aggression (AUC = 0.61,  $p \le 0.10$ ), and the most serious incident reported (AUC = 0.60,  $p \le 0.10$ ).

Table 26. Predictive Validity (AUC) of Final Integrated Risk Judgment

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>
Violence	0.62*	0.60 <sup>†</sup>
Physical Aggression	0.59	0.57
Verbal Aggression	0.68**	0.67*
Sexual Aggression	0.57	0.60
Serious physical aggression	0.54	0.58
Serious verbal aggression	0.52	0.61 <sup>†</sup>
Serious sexual aggression	0.65	0.61
Most Serious Incident Reported <sup>c</sup>	0.58	0.60 <sup>†</sup>
Most Serious Violent Only	0.59	0.61*
Most Serious Sexual Only	0.55	0.60

Note. \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a n = 102. n = 100. Including Physical and Sexual aggression

SAPROF + HCR Integrated Risk Judgment 5-Point. Table 27 shows the ROC analysis for SAPROF + HCR risk judgment 5-point version for both follow-up time frames. At follow-up one, the SAPROF + HCR risk judgment 5-point version significantly predicted violence (AUC = 0.67,  $p \le 0.01$ ), any physical aggression towards others (AUC = 0.65,  $p \le 0.01$ ), verbal aggression (AUC = 0.72,  $p \le 0.001$ ), most serious incident reported (AUC = 0.66,  $p \le 0.01$ ), and most serious violent incident (AUC = 0.67,  $p \le 0.01$ ). SAPROF + HCR risk judgment 5-point also showed a trend towards significant prediction of serious sexual aggression (AUC = 0.68,  $p \le 0.10$ ).

At follow-up two, the SAPROF + HCR risk judgment 5-point predicted violence (AUC = 0.66,  $p \le 0.05$ ), any physical aggression towards others (AUC = 0.63,  $p \le 0.05$ ), verbal aggression (AUC = 0.69,  $p \le 0.01$ ), serious physical aggression towards others (AUC = 0.64,  $p \le 0.05$ ), serious verbal aggression (AUC = 0.67,  $p \le 0.01$ ), most serious incident reported (AUC = 0.69,  $p \le 0.01$ ), and most serious violent incident (AUC = 0.68,  $p \le 0.01$ ). SAPROF + HCR risk judgment 5-point also showed a trend towards significant prediction of any sexual aggression (AUC = 0.62,  $p \le 0.10$ ), and most serious sexual incident reported (AUC = 0.63,  $p \le 0.10$ ).

Table 27. Predictive Validity (AUC) of Final Integrated Risk Judgment 5-point

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>
Violence	0.67**	0.66*
Physical Aggression	0.65*	0.63*
Verbal Aggression	0.72***	0.69**
Sexual Aggression	0.60	0.62 <sup>†</sup>
Serious physical aggression	0.59	0.64*
Serious verbal aggression	0.57	0.67**
Serious sexual aggression	0.68 <sup>†</sup>	0.61
Most Serious Incident Reported <sup>c</sup>	0.66**	0.69**
Most Serious Violent Only	0.67**	0.68**
Most Serious Sexual Only	0.56	0.63 <sup>†</sup>

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a n = 102. n = 100. Including Physical and Sexual aggression

SAPROF Total Score and HCR-20 Total Score Incremental Validity Analysis. In order to examine the incremental predictive validity of the SAPROF total scores over the HCR-20 total scores for the outcomes that were significant in the ROC analysis, we used hierarchical logistic regression analyses at each of the follow-up times. The HCR-20 total scores were entered in Step 1 of the analyses and the SAPROF total score was added in Step 2. Gender was added as a covariate in Step 1 in order to control for the potential influence of differential predictive validity by gender. As can be seen from Table 28, all but one of the overall models were significant. Specifically, the model for predicting violence at follow-up one was not significant ( $\Delta \chi 2$  (1) = 2.73, p = ns). Similarly, SAPROF

total scores significantly improved all but three of the models, although one of these did approach significance (verbal aggression at follow-up two,  $\Delta \chi 2$  (1) = 3.20,  $p \leq$  .10).

Table 28. Logistic Regression of SAPROF and HCR-20 Total Scores

Outcome	В	Wald	Exp (B)	Model Fit	Nagelkerke
Outcome			6 mo	nths	
Most Serious Sexual Incident				$\chi^2(2) = 2.73$ $\Delta \chi^2(1) = 2.48$	0.06
Gender (Not Included) <sup>a</sup>	-	-	-		
HCR-20 (Step 1)	-0.02	0.06	0.99		
SAPROF (Step 2)	0.14	2.29	1.14		
	12 mont	hs			
Verbal Aggression				$\chi^2$ (3) = 11.48** $\Delta \chi^2$ (1) = 3.50 *	0.06
Gender (Step 1)	-0.63	1.26	1.87		
HCR-20 (Step 1)	0.10 <sup>†</sup>	3.43	1.10		
SAPROF (Step 2)	0.12 <sup>†</sup>	3.36	1.13		
Serious verbal aggression				$\chi^2(3) = 16.98^{***}$ $\Delta \chi^2(1) = 7.89^{**}$	0.22
Gender (Step 1)	-1.11*	4.90	0.33		
HCR-20 (Step 1)	0.04	0.67	1.04		
SAPROF (Step 2)	0.16**	7.15	1.18		
Most Serious Sexual Incident				$\chi^2$ (3) = 14.37** $\Delta \chi^2$ (1) = 6.92	0.25
Gender (Step 1)	-1.88*	4.88	0.15		
HCR-20 (Step 1)	0.02	0.10	1.02		
SAPROF (Step 2)	0.21*	5.94	1.24		

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). \*  $p \le 0.1$  level (2-tailed). \* Females had no cases of this outcome and therefore logistic regression could not be run

SAPROF Protective Judgment and SAPROF + HCR Integrated Risk Judgment Incremental Validity Analysis. In order to examine the incremental predictive validity of the SAPROF + HCR risk judgment over the SAPROF Protective Judgment for the outcomes that were significant in the ROC analysis, we used hierarchical logistic regression analyses at each of the follow-up times. The SAPROF Protective Judgment was entered in Step 1 of the analyses and the SAPROF + HCR risk judgment was

added in Step 2. Gender was added as a covariate in Step 1 in order to control for the potential influence of differential predictive validity by gender. As can be seen from Table 29 all but two of the overall models were significant. One of these non-significant models did approach significant prediction of the outcome (most serious sexual incident reported at follow-up one,  $\Delta \chi 2$  (1) = 5.12,  $p \leq$  .10). The SAPROF + HCR risk judgment significantly improved three of the models (including non-significant models), and the incremental validity of one model also approached significance (most serious sexual incident reported at follow-up one,  $\Delta \chi 2$  (1) = 2.72,  $p \leq$  .10).

Table 29. Logistic Regression of SAPROF SPJ and SAPROF + HCR Risk Judgment

Outcome	В	Wald	Exp (B)	Model Fit	Nagelkerke		
Outcome		6 months					
Violence				$\chi^2$ (3) = 7.67* $\Delta \chi^2$ (1) = 4.91*	0.10		
Gender (Step 1)	-0.65	2.38	0.52				
SAPROF SPJ (Step 1)	-0.15	0.21	0.86				
SAPROF + HCR (Step 2)	0.72*	4.69	2.05				
Verbal Aggression				$\chi^2(3) = 10.51^*$ $\Delta \chi^2(1) = 9.23^{**}$	0.14		
Gender (Step 1)	0.30	0.44	1.35				
SAPROF SPJ (Step 1)	-0.15	0.19	0.86				
SAPROF + HCR (Step 2)	1.09**	8.27	2.96				
Most Serious Sexual Incident				$\chi^2(3) = 5.12^+$ $\Delta \chi^2(1) = 0.00$	0.10		
Gender (Not Included) <sup>a</sup>	-	-	-				
SAPROF SPJ (Step 1)	1.27 <sup>†</sup>	3.44	3.56				
SAPROF + HCR (Step 2)	0.04	0.01	1.04				
			12 m	onths			
Verbal Aggression				$\chi^2(3) = 26.87^{***}$ $\Delta \chi^2(1) = 17.45^{**}$			
Gender (Step 1)	1.07	2.50	2.91				
SAPROF SPJ (Step 1)	0.65	2.21	1.91				
SAPROF + HCR (Step 2)	2.64***	10.67	13.96				
Serious verbal aggression				$\chi^2$ (3) = 15.60*** $\Delta \chi^2$ (1) = 0.67	0.20		

Gender (Step 1)	-1.05*	4.68	0.35	
SAPROF SPJ (Step 1)	1.00**	6.21	2.72	
SAPROF + HCR (Step 2)	0.28	0.67	1.32	
Most Serious Violent Incident				$\chi^2(3) = 3.98$ 0.21 $\Delta \chi^2(1) = 2.72^{+}$
Gender (Step 1)	-0.14	0.12	0.87	
SAPROF SPJ (Step 1)	0.07	0.05	1.07	
SAPROF + HCR (Step 2)	0.54 <sup>†</sup>	2.65	1.71	
Most Serious Sexual Incident				$\chi^2(3) = 16.12^{***} 0.27$ $\Delta \chi^2(1) = 0.76$
Gender (Step 1)	-2.56*	5.50	0.08	
SAPROF SPJ (Step 1)	1.21*	4.11	3.35	
SAPROF + HCR (Step 2)	0.40	0.75	1.48	

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a Females had no cases of this outcome and therefore logistic regression could not be run

*HCR-20 VRJ and SAPROF* + *HCR Integrated Risk Judgment Incremental Validity Analysis* In order to examine the incremental predictive validity of the SAPROF + HCR risk judgment over the HCR-20 VRJ for the outcomes that were significant in the ROC analysis, we used hierarchical logistic regression analyses at each of the follow-up times. The HCR-20 VRJ was entered in Step 1 of the analyses and the SAPROF + HCR risk judgment was added in Step 2. Gender was added as a covariate in Step 1 in order to control for the potential influence of differential predictive validity by gender. As can be seen from Table 30 all but three of the overall models were significant. Of these three non-significant models one approached significant prediction of the outcome (violence at follow-up one,  $\Delta \chi 2$  (1) = 7.44, p ≤ .10). The SAPROF + HCR risk judgment significantly improved two of the models (verbal aggression at follow-up one  $\Delta \chi 2$  (1) = 8.57, p ≤ .01, and verbal aggression at follow-up two  $\Delta \chi 2$  (1) = 12.45, p ≤ .001). Additionally, there was a trend towards the SAPROF + HCR risk judgment significantly improving the prediction model for violence at follow-up one ( $\Delta \chi 2$  (1) = 2.83, p ≤ .10). As noted above the model as a whole also only approached significance.

Table 30. Logistic Regression of HCR-20 SPJ and SAPROF + HCR Risk Judgment

Outcome	В	Wald	Exp (B)	Model Fit	Nagelkerke
Outcome			6 m	onths	
Violence				$\chi^2$ (3) = 7.44 <sup>†</sup>	0.10
				$\Delta \chi^{2}(1) = 2.83^{+}$	
Gender (Step 1)	-0.63	2.17	0.54		
HCR-20 SPJ (Step 1)	-0.30	0.33	0.74		
SAPROF + HCR (Step 2)	0.91 <sup>†</sup>	2.71	2.48		
Verbal Aggression				$\chi^2(3) = 19.90^{***}$ $\Delta \chi^2(1) = 8.57^{**}$	0.26
Gender (Step 1)	0.62	1.49	1.87		
HCR-20 SPJ (Step 1)	-0.32	0.31	0.73		
SAPROF + HCR (Step 2)	1.93**	7.72	6.88		
Most Serious Violent Incident				$\chi^2$ (3) = 5.17 $\Delta \chi^2$ (1) = 0.15	0.07
Gender (Step 1)	0.15	0.11	1.16		
HCR-20 SPJ (Step 1)	0.82	2.37	2.27		
SAPROF + HCR (Step 2)	-0.21	0.15	0.81		
			12 n	nonths	
Verbal Aggression				$\chi^2$ (3) = 23.36*** $\Delta \chi^2$ (1) = 12.45***	0.35
Gender (Step 1)	1.08	2.78	2.95		
HCR-20 SPJ (Step 1)	-0.70	1.11	0.50		
SAPROF + HCR (Step 2)	3.08**	9.83	21.83		
Most Serious Violent Incident				$\chi^2$ (3) = 3.79 $\Delta \chi^2$ (1) = 0.81	0.05
Gender (Step 1)	-0.11	0.07	0.89		
HCR-20 SPJ (Step 1)	0.09	0.03	1.09		
SAPROF + HCR (Step 2)	0.47	0.80	1.61		

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed).

These results generally provide support for the third hypothesis, in that we found incremental validity of protective factors and SPJ Made Using Both Risks and Protective Factors in the prediction of physical, verbal, and sexual aggression.

# 3.6. Hypothesis Four: There Will Be A Gender Difference In Validity Of Risk Assessment Measures

# 3.6.1. Gender Differences on Total Scores and Summary Risk Judgments of Measures

Table 31 shows the *t*-test/chi-square findings on all the risk measures with gender as the group variable. No significant differences were found between the males and females on the mean scores of any of the risk measures. Similarly, there were no differences between the two genders on the SPJ ratings for each measure.

Table 31. Gender differences on Risk Measure Total Scores

Measure	t/χ2	df	<i>p</i> -value
Vulnerabilities Scale	0.36	100	0.72
Strength Scale	0.73	100	0.47
START SPJ	1.25	2	0.54
HCR-20 Total Score	1.30	98	0.20
HCR-20 VRJ	0.34	2	0.84
SAPROF Total Score	0.65	100	0.52
SAPROF SPJ	1.17	2	0.56
SAPROF SPJ 5-Point	2.65	2	0.62
SAPROF + HCR Risk Judgment	1.27	2	0.53
SAPROF + HCR Risk Judgment 5-Point	2.42	2	0.66

#### 3.6.2. Short-Term Assessment of Risk and Treatability

START Strength Scale total scores. Table 32 shows the ROC analysis for START Strength total scores separated by gender. At follow-up one, START Strength total scores significantly predicted violence (AUC = 0.65,  $p \le 0.05$ ), any physical aggression towards others (AUC = 0.71,  $p \le 0.01$ ), most serious incident reported (AUC = 0.73,  $p \le 0.01$ ), and most serious violent incident (AUC = 0.73,  $p \le 0.01$ ), but only for the males. START Strength total scores also showed a trend towards significant prediction of verbal aggression (AUC = 0.64,  $p \le 0.10$ ) with the male participants. For the females, START Strength total scores only significantly predicted serious verbal aggression (AUC = 0.77,  $p \le 0.05$ ).

At follow-up two START Strength total scores significantly predicted serious verbal aggression (AUC = 0.66,  $p \le 0.05$ ), and most serious violent incident (AUC = 0.70,  $p \le 0.01$ ) for the male participants only. START Strength Scale total scores also showed a trend towards significant prediction of physical aggression against others (AUC = 0.63,  $p \le 0.10$ ) and verbal aggression (AUC = 0.64,  $p \le 0.10$ ) for the male participants only. For the females, START Strength total scores did not significantly predict any of the outcome variables.

Table 32. Predictive Validity (AUC) of START Strength Scale Separated by Gender

Outcome	6 months	6 months <sup>a</sup>		hs <sup>b</sup>
	8	\$	3	φ
Violence	0.65*	0.62	0.62	0.61
Physical Aggression	0.71**	0.57	0.63 <sup>†</sup>	0.57
Verbal Aggression	0.64 <sup>†</sup>	0.54	0.64 <sup>†</sup>	0.65
Sexual Aggression	0.59	0.63	0.57	0.53
Serious physical aggression	0.63	0.60	0.66*	0.62
Serious verbal aggression	0.56	0.77*	0.55	0.61
Serious sexual aggression	0.59	0.65	0.52	0.51
Most Serious Incident <sup>c</sup>	0.73**	0.56	0.68	0.54
Most Serious Violent Only	0.73**	0.56	0.70**	0.56
Most Serious Sexual Only	0.60	n/a	0.62	0.53

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a Male n = 62, Female n = 40. Male n = 60, Female n = 40. Including Physical and Sexual aggression

START Vulnerability Scale total scores. Table 33 shows the ROC analysis for START Vulnerability Scale total scores separated by gender. At follow-up one START Vulnerability total scores significantly predicted serious verbal aggression (AUC = 0.77,  $p \le 0.05$ ), but for the female participants only. For the males START strength total scores did not significantly predict any of the outcome variables.

At follow-up two START Vulnerability total scores significantly predicted most serious sexual incident reported (AUC = 0.85,  $p \le 0.05$ ), and showed a trend towards significant prediction of serious verbal aggression (AUC = 0.68,  $p \le 0.10$ ), for the female

participants only. For the males START strength total scores did not significantly predict any of the outcome variables.

Table 33. Predictive Validity (AUC) of START Vulnerability Scale Separated by Gender

Outcome	6 month	Sa	12 months <sup>b</sup>	
	3	2	8	φ
Violence	0.53	0.54	0.53	0.54
Physical Aggression	0.51	0.48	0.54	0.47
Verbal Aggression	0.61	0.58	0.61	0.62
Sexual Aggression	0.59	0.60	0.60	0.52
Serious physical aggression	0.55	0.48	0.56	0.52
Serious verbal aggression	0.57	0.77*	0.57	0.68 <sup>†</sup>
Serious sexual aggression	0.42	0.63	0.42	0.50
Most Serious Incidento	0.57	0.49	0.58	0.50
Most Serious Violent Only	0.54	0.49	0.56	0.49
Most Serious Sexual Only	0.59	n/a	0.62	0.85*

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a Male n = 62, Female n = 40. Male n = 60, Female n = 40. Including Physical and Sexual aggression

*START Violence Risk Judgment*. Table 34 shows the ROC analysis for START VRJ separated for gender. At follow-up one, START VRJ significantly predicted violence (AUC = 0.69,  $p \le 0.01$ ) for the males, any physical aggression towards others for the males (AUC = 0.69,  $p \le 0.01$ ) and females (AUC = 0.69,  $p \le 0.05$ ), verbal aggression (AUC = 0.68,  $p \le 0.01$ ) for the males, serious sexual aggression (AUC = 0.77,  $p \le 0.05$ ) for the males, most serious incident reported for both males (AUC = 0.65,  $p \le 0.05$ ) and females (AUC = 0.71,  $p \le 0.05$ ), and most serious violent incident for both males (AUC = 0.68,  $p \le 0.05$ ) and females (AUC = 0.71,  $p \le 0.05$ ). START VRJ also showed a trend towards significant prediction of violence (AUC = 0.65,  $p \le 0.10$ ), verbal aggression (AUC = 0.68,  $p \le 0.10$ ), and any sexual aggression against others (AUC = 0.73,  $p \le 0.10$ ) for the females.

At follow-up two START VRJ predicted violence (AUC = 0.72,  $p \le 0.05$ ) for the females, any physical aggression towards others (AUC = 0.70,  $p \le 0.05$ ) for the females, sexual aggression (AUC = 0.79,  $p \le 0.01$ ) for the females, serious physical aggression

towards others for males (AUC = 0.71,  $p \le 0.01$ ) and females (AUC = 0.73,  $p \le 0.01$ ), serious verbal aggression (AUC = 0.77,  $p \le 0.01$ ) for females, most serious incident reported (AUC = 0.74,  $p \le 0.01$ ) for the females, and most serious violent incident (AUC = 0.70,  $p \le 0.05$ ) for the females. START VRJs also showed a trend towards significant prediction of violence (AUC = 0.63,  $p \le 0.10$ ), aggression against others (AUC = 0.64,  $p \le 0.10$ ), and most serious incident reported (AUC = 0.65,  $p \le 0.10$ ), for the males.

Table 34. Predictive Validity (AUC) of START VRJ Separated by Gender

Outcome	6 months	6 months <sup>a</sup>		ns <sup>b</sup>
	3	2	3	9
Violence	0.69**	0.65 <sup>†</sup>	0.63 <sup>†</sup>	0.72*
Physical Aggression	0.69**	0.69*	0.64 <sup>†</sup>	0.70*
Verbal Aggression	0.68*	0.68 †	0.62	0.66
Sexual Aggression	0.58	0.73 <sup>†</sup>	0.59	0.79**
Serious physical aggression	0.62	0.60	0.71**	0.73**
Serious verbal aggression	0.58	0.67	0.60	0.77**
Serious sexual aggression	0.77*	0.65	0.71*	0.70
Most Serious Incident <sup>c</sup>	0.65*	0.71*	0.65 <sup>†</sup>	0.74**
Most Serious Violent Only	0.68*	0.71*	0.67*	0.70*
Most Serious Sexual Only	0.52	n/a	0.58	0.74

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a Male n = 62, Female n = 40. Male n = 60, Female n = 40. Including Physical and Sexual aggression

### 3.6.3. The Structured Assessment of Protective Factors for Violence Risk

SAPROF Total Score. Table 35 shows the ROC analysis for SAPROF total scores separated by gender. At follow-up one SAPROF total scores significantly predicted violence (AUC = 0.67,  $p \le 0.05$ ), any verbal aggression (AUC = 0.70,  $p \le 0.01$ ), sexual aggression (AUC = 0.69,  $p \le 0.05$ ), serious verbal aggression (AUC = 0.67,  $p \le 0.05$ ), serious sexual aggression (AUC = 0.78,  $p \le 0.05$ ), most serious incident reported (AUC = 0.76,  $p \le 0.01$ ), and most serious sexual incident (AUC = 0.74,  $p \le 0.05$ ), but only for the males. SAPROF total scores total scores did not significantly predict any outcomes for the females.

At follow-up two SAPROF total scores significantly predicted verbal aggression (AUC = 0.71,  $p \le 0.01$ ), serious verbal aggression (AUC = 0.72,  $p \le 0.01$ ), most serious violent incident (AUC = 0.67,  $p \le 0.01$ ), and most serious sexual incident (AUC = 0.72,  $p \le 0.05$ ), for the male participants only. SAPROF total scores also showed a trend towards significant prediction of violence (AUC = 0.65,  $p \le 0.10$ ), sexual aggression (AUC = 0.65,  $p \le 0.10$ ), and most serious violent incident (AUC = 0.64,  $p \le 0.10$ ), again for the male participants only. For the females, SAPROF total scores did not significantly predict any of the outcome variables.

Table 35. Predictive Validity (AUC) of SAPROF Total Score Separated by Gender

6 months	1	12 month	Sb
3	\$	8	9
0.67*	0.51	0.65 <sup>†</sup>	0.53
0.56	0.46	0.58	0.48
0.70**	0.42	0.71**	0.51
0.69*	0.44	0.65 <sup>†</sup>	0.53
0.57	0.39	0.56	0.50
0.67*	0.56	0.72**	0.61
0.78*	0.55	0.55	0.64
0.66*	0.47	0.67*	0.50
0.56	0.47	0.64 <sup>†</sup>	0.49
0.74*	n/a	0.72*	0.72
	0.67* 0.56 0.70** 0.69* 0.57 0.67* 0.78* 0.66* 0.56	0.67*       0.51         0.56       0.46         0.70**       0.42         0.69*       0.44         0.57       0.39         0.67*       0.56         0.78*       0.55         0.66*       0.47         0.56       0.47	0.67*       0.51       0.65 †         0.56       0.46       0.58         0.70**       0.42       0.71**         0.69*       0.44       0.65 †         0.57       0.39       0.56         0.67*       0.56       0.72**         0.78*       0.55       0.55         0.66*       0.47       0.67*         0.56       0.47       0.64 †

Note. \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (

SAPROF Protective Judgement. Table 36 shows the ROC analysis for SAPROF Protective Judgment separated by gender. At follow-up one SAPROF Protective Judgment did not significantly predict any outcomes for either gender. SAPROF Protective Judgment showed a trend towards significant prediction of violence (AUC = 0.64,  $p \le 0.10$ ), verbal aggression (AUC = 0.63,  $p \le 0.10$ ), serious physical aggression (AUC = 0.64,  $p \le 0.001$ ), serious sexual aggression (AUC = 0.75,  $p \le 0.10$ ), and most serious sexual incident reported (AUC = 0.66,  $p \le 0.10$ ), for the male participants only.

At follow-up two SAPROF Protective Judgment significantly predicted serious verbal aggression (AUC = 0.69,  $p \le 0.01$ ), and most serious incident reported (AUC = 0.66,  $p \le 0.05$ ). SAPROF Protective Judgment showed a trend towards significantly predicting any verbal aggression (AUC = 0.64,  $p \le 0.10$ ), and the most serious sexual incident reported (AUC = 0.64,  $p \le 0.10$ ) for the male participants only. For the females, the SAPROF Protective Judgment did not significantly predict any of the outcome variables.

Table 36. Predictive Validity (AUC) of SAPROF SPJ Separated by Gender

Outcome	6 month	6 months <sup>a</sup> 12 mo		onths <sup>b</sup>	
	3	2	3	2	
Violence	0.64 <sup>†</sup>	0.38	0.62	0.50	
Physical Aggression	0.54	0.35	0.55	0.46	
Verbal Aggression	0.63 <sup>†</sup>	0.44	0.64 †	0.54	
Sexual Aggression	0.60	0.45	0.59	0.54	
Serious physical aggression	0.64 <sup>†</sup>	0.48	0.53	0.44	
Serious verbal aggression	0.51	0.32	0.69**	0.59	
Serious sexual aggression	0.75 <sup>†</sup>	0.58	0.55	0.63	
Most Serious Incident <sup>c</sup>	0.61	0.32	0.66*	0.50	
Most Serious Violent Only	0.53	0.32	0.62	0.47	
Most Serious Sexual Only	0.66 <sup>†</sup>	n/a	0.65 <sup>†</sup>	0.66	

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a Male n = 62, Female n = 40. Male n = 60, Female n = 40. Including Physical and Sexual aggression

SAPROF Protective Judgment 5-Point. Table 37 shows the ROC analysis for SAPROF Protective Judgment 5-point version separated by gender. At follow-up one SAPROF Protective Judgment 5-point significantly predicted violence (AUC = 0.67,  $p \le 0.05$ ), any verbal aggression (AUC = 0.69,  $p \le 0.01$ ), serious verbal aggression (AUC = 0.68,  $p \le 0.05$ ), and serious sexual aggression (AUC = 0.77,  $p \le 0.05$ ). SAPROF Protective Judgment showed a trend towards significantly predicting the most serious sexual incident reported (AUC = 0.67,  $p \le 0.10$ ) for the male participants only. For the females the SAPROF Protective Judgment 5-point did not significantly predict any of the outcome variables.

At follow-up two SAPROF Protective Judgment 5-point significantly predicted any verbal aggression (AUC = 0.71,  $p \le 0.05$ ), serious verbal aggression (AUC = 0.70,  $p \le 0.01$ ), and most serious incident reported (AUC = 0.65,  $p \le 0.05$ ). SAPROF Protective Judgment showed a trend towards significantly predicting violence (AUC = 0.64,  $p \le 0.10$ ), and the most serious sexual incident reported (AUC = 0.66,  $p \le 0.10$ ) for the male participants only. For the females, the SAPROF Protective Judgment 5-point did not significantly predict any of the outcome variables.

Table 37. Predictive Validity (AUC) of SAPROF SPJ 5 point Separated by Gender

Outcome	6 months	l	12 month	าร <sup>b</sup>
	3	9	8	9
Violence	0.67*	0.43	0.64 <sup>†</sup>	0.45
Physical Aggression	0.55	0.41	0.54	0.43
Verbal Aggression	0.69**	0.44	0.71*	0.50
Sexual Aggression	0.61	0.49	0.59	0.51
Serious physical aggression	0.55	0.42	0.56	0.44
Serious verbal aggression	0.68*	0.53	0.70**	0.56
Serious sexual aggression	0.77*	0.59	0.56	0.59
Most Serious Incidento	0.61	0.40	0.65*	0.45
Most Serious Violent Only	0.55	0.40	0.62	0.45
Most Serious Sexual Only	0.67 <sup>†</sup>	n/a	0.66 <sup>†</sup>	0.60

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a Male n = 62, Female n = 40. Male n = 60, Female n = 40. Including Physical and Sexual aggression

### 3.6.4. The Historical, Clinical, Risk Management-20 Version 2

*HCR-20 Total Score.* Table 38 shows the ROC analysis for HCR-20 total scores separated by gender. At follow-up one HCR-20 total scores did not significantly predict any of the outcomes for either gender. However, there was a trend towards significant prediction of verbal aggression (AUC = 0.63,  $p \le 0.10$ ) for the males.

At follow-up two, HCR-20 total scores did not significantly predict any of the outcomes for either gender. However, there was a trend towards significant prediction of

serious verbal aggression (AUC = 0.69,  $p \le 0.10$ ), and most serious sexual incident reported (AUC = 0.83,  $p \le 0.10$ ) for the females.

Table 38. Predictive Validity (AUC) of HCR-20 Total Separated by Gender

Outcome	6 months <sup>a</sup>		12 months <sup>b</sup>	
	3	2	8	2
Violence	0.56	0.51	0.59	0.58
Physical Aggression	0.54	0.47	0.58	0.53
Verbal Aggression	0.63 <sup>†</sup>	0.60	0.63	0.62
Sexual Aggression	0.60	0.50	0.59	0.57
Serious physical aggression	0.46	0.40	0.53	0.50
Serious verbal aggression	0.44	0.61	0.54	0.69 †
Serious sexual aggression	0.34	0.64	0.33	0.69
Most Serious Incident <sup>c</sup>	0.59	0.48	0.60	0.54
Most Serious Violent Only	0.59	0.48	0.60	0.52
Most Serious Sexual Only	0.54	n/a	0.57	0.83 <sup>†</sup>

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a Male n = 62, Female n = 40. Male n = 60, Female n = 40. Including Physical and Sexual aggression

*HCR-20 Violence Risk Judgment*. Table 39 shows the ROC analyses for HCR-20 SPJ separated by gender. At follow-up one HCR-20 SPJ significantly predicted most serious violent incident reported violence (AUC = 0.68,  $p \le .01$ ) for the males only. HCR-20 SPJ showed a trend towards significant prediction of verbal aggression (AUC = 0.65,  $p \le 0.10$ ), only for the males. For the females, the HCR-20 SPJ did not significantly predict any of the outcome variables.

At follow-up two HCR-20 SPJ significantly predicted most serious violent incident reported violence (AUC = 0.66,  $p \le .01$ ) for the males only. HCR-20 SPJ showed a trend towards significant prediction of verbal aggression (AUC = 0.66,  $p \le 0.10$ ), again only for the males. For the females, the HCR-20 SPJ did not significantly predict any of the outcome variables.

Table 39. Predictive Validity (AUC) of HCR-20 SPJ Separated by Gender

Outcome	6 months <sup>a</sup>		12 months <sup>b</sup>	
	3	9	8	9
Violence	0.61	0.55	0.61	0.52
Physical Aggression	0.62	0.55	0.61	0.48
Verbal Aggression	0.65 <sup>†</sup>	0.62	0.66 <sup>†</sup>	0.54
Sexual Aggression	0.50	0.57	0.51	0.66
Serious physical aggression	0.59	0.47	0.62	0.52
Serious verbal aggression	0.45	0.51	0.52	0.60
Serious sexual aggression	0.61	0.61	0.53	0.67
Most Serious Incident <sup>c</sup>	0.59	0.55	0.62	0.54
Most Serious Violent Only	0.68*	0.55	0.66*	0.50
Most Serious Sexual Only	0.45	n/a	0.50	0.78

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a Male n = 62, Female n = 40. Male n = 60, Female n = 40. Including Physical and Sexual aggression

#### 3.6.5. SAPROF and HCR-20 Gender Differences

SAPROF Total Score Minus HCR-20 Total Score. Table 40 shows the ROC analysis for HCR-20 – SAPROF total score separated by gender. At follow-up one, HCR-20 – SAPROF total scores significantly predicted verbal aggression (AUC = 0.71,  $p \le .01$ ), sexual aggression (AUC = 0.69,  $p \le .01$ ), and most serious incident reported (AUC = 0.66,  $p \le .05$ ), for the males only. HCR-20 – SAPROF total score showed a trend towards significant prediction of violence (AUC = 0.64,  $p \le 0.10$ ), and most violence incident reported (AUC = 0.63,  $p \le 0.10$ ), again for the males only. For the females, the HCR-20 – SAPROF total score did not significantly predict any of the outcome variables.

At follow-up two, HCR-20 – SAPROF total score significantly predicted verbal aggression (AUC = 0.72,  $p \le .01$ ), serious verbal aggression (AUC = 0.66,  $p \le .05$ ), most serious incident reported (AUC = 0.66,  $p \le .05$ ), and most serious violent incident reported (AUC = 0.66,  $p \le .05$ ) for the males only. HCR-20 – SAPROF total score showed a trend towards significant prediction of violence (AUC = 0.64,  $p \le 0.10$ ), and sexual aggression (AUC = 0.66,  $p \le 0.10$ ) for the males, and serious verbal aggression

(AUC = 0.67,  $p \le 0.10$ ), and most serious sexual incident reported (AUC = 0.83,  $p \le 0.10$ ) for the females.

Table 40. Predictive Validity (AUC) of HCR-20 – SAPROF Separated by Gender

Outcome	6 months <sup>a</sup>		12 months <sup>b</sup>	
	8	9	3	\$
Violence	0.64 <sup>†</sup>	0.48	0.64 <sup>†</sup>	0.56
Physical Aggression	0.58	0.44	0.61	0.51
Verbal Aggression	0.71**	0.52	0.72**	0.60
Sexual Aggression	0.69*	0.49	0.66 †	0.58
Serious physical aggression	0.55	0.36	0.58	0.50
Serious verbal aggression	0.56	0.58	0.66*	0.68 <sup>†</sup>
Serious sexual aggression	0.50	0.64	0.38	0.71
Most Serious Incident <sup>o</sup>	0.66*	0.45	0.66*	0.53
Most Serious Violent Only	0.63 <sup>†</sup>	0.45	0.66*	0.51
Most Serious Sexual Only	0.63	n/a	0.64	0.83 <sup>†</sup>

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a Male n = 62, Female n = 40. Male n = 60, Female n = 40. Including Physical and Sexual aggression

SAPROF + HCR Integrated Risk Judgement. Table 41 shows the ROC analysis for the SAPROF + HCR risk judgment separated by gender. At follow-up one, SAPROF + HCR risk judgments significantly predicted violence (AUC = 0.69,  $p \le .01$ ), verbal aggression (AUC = 0.72,  $p \le .01$ ), and most serious violent incident reported (AUC = 0.66,  $p \le .05$ ) for the males only. SAPROF + HCR risk judgment showed a trend towards significant prediction of any physical aggression towards others (AUC = 0.64,  $p \le 0.10$ ), and most serious incident reported (AUC = 0.63,  $p \le 0.10$ ) for the males only. For the females, the SAPROF + HCR risk judgment did not significantly predict any of the outcome variables.

At follow-up two, SAPROF + HCR risk judgments significantly predicted verbal aggression (AUC = 0.74,  $p \le 0.01$ ), and most serious violent incident reported (AUC = 0.68,  $p \le 0.05$ ). SAPROF + HCR risk judgment showed a trend towards significantly predicting violence (AUC = 0.64,  $p \le 0.10$ ), any physical aggression towards others (AUC = 0.63,  $p \le 0.10$ ), serious physical aggression (AUC = 0.64,  $p \le 0.10$ ), and the

most serious incident reported (AUC = 0.64,  $p \le 0.10$ ) for the male participants only. For the females, the SAPROF + HCR risk judgment did not significantly predict any of the outcome variables.

Table 41. Predictive Validity (AUC) of Final Integrated Risk Judgment Separated by Gender

Outcome	6 months <sup>a</sup>		12 months <sup>b</sup>	
	8	2	3	\$
Violence	0.69**	0.53	0.64 <sup>†</sup>	0.54
Physical Aggression	0.64 <sup>†</sup>	0.52	0.63 <sup>†</sup>	0.49
Verbal Aggression	0.72**	0.60	0.74**	0.56
Sexual Aggression	0.58	0.55	0.57	0.65
Serious physical aggression	0.61	0.46	0.64 †	0.51
Serious verbal aggression	0.51	0.54	0.59	0.65
Serious sexual aggression	0.67	0.63	0.55	0.69
Most Serious Incident <sup>c</sup>	0.63 <sup>†</sup>	0.50	0.64 <sup>†</sup>	0.56
Most Serious Violent Only	0.66*	0.50	0.68*	0.51
Most Serious Sexual Only	0.55	n/a	0.57	0.74

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a Male n = 62, Female n = 40. Male n = 60, Female n = 40. Including Physical and Sexual aggression

SAPROF + HCR Integrated Risk Judgement 5-Point. Table 42 shows the ROC analysis for the SAPROF + HCR risk judgment 5-point separated by gender. At follow-up one SAPROF + HCR risk judgment 5-point significantly predicted violence (AUC = 0.76,  $p \le .001$ ), any physical aggression against others (AUC = 0.73,  $p \le .01$ ), verbal aggression (AUC = 0.78,  $p \le .001$ ), serious physical aggression (AUC = 0.68,  $p \le .05$ ), most serious incident reported (AUC = 0.73,  $p \le .001$ ), and most serious violent incident reported (AUC = 0.74,  $p \le .001$ ) for the males only. The SAPROF + HCR risk judgment 5-point total score showed a trend towards significant prediction of serious sexual aggression (AUC = 0.74,  $p \le 0.10$ ) for the males only. For the females, the SAPROF + HCR risk judgment 5-point did not significantly predict any of the outcome variables.

At follow-up two SAPROF + HCR risk judgment 5-point significantly predicted violence (AUC = 0.73,  $p \le .01$ ), any physical aggression against others (AUC = 0.71,  $p \le .01$ )

.01), verbal aggression (AUC = 0.76,  $p \le .01$ ), serious physical aggression (AUC = 0.73,  $p \le .01$ ), serious verbal aggression (AUC = 0.66,  $p \le .05$ ), most serious incident reported (AUC = 0.76,  $p \le .001$ ), and most serious violent incident reported (AUC = 0.77,  $p \le .001$ ) for the males only. SAPROF + HCR risk judgment 5-point total score showed a trend towards significant prediction of serious verbal aggression (AUC = 0.68  $p \le 0.10$ ) for the females.

Table 42. Predictive Validity (AUC) of Final Integrated Risk Judgment 5-point Separated by Gender

Outcome	6 months <sup>a</sup>		12 months <sup>b</sup>	
	3	2	8	9
Violence	0.76***	0.54	0.73**	0.57
Physical Aggression	0.73**	0.53	0.73**	0.53
Verbal Aggression	0.78***	0.63	0.76**	0.60
Sexual Aggression	0.63	0.55	0.60	0.65
Serious physical aggression	0.68*	0.47	0.73**	0.52
Serious verbal aggression	0.57	0.58	0.66*	0.68 <sup>†</sup>
Serious sexual aggression	0.74 <sup>†</sup>	0.60	0.57	0.67
Most Serious Incident <sup>c</sup>	0.73**	0.55	0.76***	0.59
Most Serious Violent Only	0.76***	0. 55	0.77***	0.55
Most Serious Sexual Only	0.56	n/a	0.60	0.76

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a Male n = 62, Female n = 40. Male n = 60, Female n = 40. Including Physical and Sexual aggression

Finally, these results provide evidence to support our final hypothesis. Although there were no significant gender differences found on the mean scores or SPJ ratings for any of the measures, we found some interesting differences with predictive validity of all the measures.

### Chapter 4. Discussion

### 4.1. Summary

#### 4.1.1. Base Rates of Physical and Sexual Aggression

We found relatively high rates of aggression in this sample of civil psychiatric patients, with roughly half the participants engaging in acts of actual, threatened or attempted harm towards other individuals after six months' follow-up. After one year, this was true for almost two thirds of the sample. However, it should be noted that previous research at this institution found similar rates of aggression (64% for mild assault, 41% for moderate assault, and 26% for violent assault; Ehmann et al., 2001).

We also examined prevalence of sexually aggressive or inappropriate behaviours, and found that a quarter of the patients in this sample engaged in this type of behaviour after a six month follow-up period, and just under a third after a year. Looking at more serious forms of aggression, we found just over a quarter of inpatients engaged in serious violence and under one tenth in serious sexual aggression after six months. This rate increased to almost half of the sample for serious violence and just over one sixth for serious sexual aggression, after a year.

Interestingly, the base rates for physical and verbal aggression did not differ by gender, with similar rates being found for both men and women. These results are also consistent with previous research at RVH that found similar rates of aggression for both men and women, with 43.8% of males and 48.1% of females engaging in physical aggression, and 69.8% of men and 70.8% of women engaging in verbal aggression (Nicholls, Ogloff, & Douglas, 2004). We did find differences with regard to sexual aggression, with the males tending to have higher rates than the females.

## 4.1.2. Hypothesis One – Measures will show good psychometric properties in this population

We found support for the first hypothesis in that we found generally good psychometric properties for all of the risk measures, with the exception of the inter-rater reliability results for the START SPJ and HCR-20 SPJ. Before the outliers were removed the Inter-rater reliability for the START total scores were moderate, and the VRJ were poor. After the 2 outliers were removed the Inter-rater reliability was good for the total scores but the VRJ remained poor. The SAPROF had excellent Inter-rater reliability for the total scores and the SAPROF + HCR risk judgment, and moderate IRR for the protective judgement. The HCR-20 Inter-rater reliability was also excellent for the total scores, and moderate for the VRJ. Item Inter-rater reliability was variable for all three measures, ranging from poor to excellent. Finally, all three-risk measures were significantly correlated in the expected directions (i.e. negative associations between protective factors and risk factors etc.) indicating convergent and divergent validity for all three measures in this population.

# 4.1.3. Hypothesis Two: Protective Factors Will Evidence Predictive Validity Of Future Violence Comparable With Risk Factors

The second hypothesis on predictive validly of protective factors was generally supported by our findings. Using Rice and Harris' (2005) standards of effect sizes for AUC, we found that the START strength score showed good predictive validity for physical aggression and for verbal aggression up to a year. Interestingly, despite not being intended to assess for verbal or sexual aggression, per se, the START Vulnerability scale showed good predictive validity for serious verbal aggression for the six-month follow-up time frame and for most serious sexual incident reported up to a year. In contrast, the SAPROF demonstrated good predictive validity for verbal and sexual aggression for both time frames. The SAPROF protective judgement on its own evidenced good predictive validity for verbal and sexual aggression also, for up to a year. However, the 5-point version of the SAPROF protective judgement showed good predictive validity for sexual and verbal aggression for both time frames. In contrast, the HCR-20 total score did not demonstrate good prediction of any of the outcomes at any time frame.

# 4.1.4. Hypothesis Three: Protective Factors and Structured Professional Judgments Made Using Both Risks and Protective Factors Will Show Incremental Validity

Support was also found for the third hypothesis relating to the incremental validity of protective factors and Structured Professional Judgments Made Using Both Risks and Protective Factors. When strengths and risk factors were combined we found much better results. The START VRJ is made using the information obtained from a consideration of both the strength and vulnerability ratings. The START VRJ had good to excellent predictive validity for all outcomes (verbal, physical and sexual aggression of varying degrees of seriousness) for both time frames with the single exception of male verbal aggression at 12 months. Looking at the HCR-20 minus SAPROF total scores we found that these scores were similar to the SAPROF total scores in that they evidenced good predictive validity for verbal and sexual aggression at both time frames. Similarly, the HCR-20 and SAPROF combined risk judgment also showed good predictive validity for sexual aggression and verbal aggression for both time frames. The predictive validity of the integrated risk judgment improved greatly for the 5-point version, showing good predictive validity for all forms of aggression for both time frames.

With regard to incremental validity, we found that the START strength scores significantly improved many of the predictive models for physical aggression, though not for verbal and sexual aggression. We also found that when the START VRJ was added to the model, there was significant improvement to all the prediction models for all types of aggression. The SAPROF total scores improved most of the prediction models for verbal and sexual aggression. When the integrated risk judgment was added to the model with the SAPROF protective judgments, we again found an improvement to most of the prediction models for all forms of aggression. Similarly, when the integrated risk judgment was added to the model with the HCR-20 VRJ many of the prediction models improved for sexual and verbal aggression.

## 4.1.5. Hypothesis Four: There Will Be A Gender Difference In Validity Of Risk Assessment Measures

Finally, we found evidence to support our final hypothesis related to gender differences in predictive validity of each risk assessment measure. There were no significant gender differences found on the mean scores or SPJ ratings for any of the measures. When the ROC analysis was repeated separated by gender, we found some interesting results. With the START strength scale there were more significant predictive AUC findings for the male than the female participants, and further after one-year follow-up only verbal aggression showed good predictive validity for the female participants. In contrast, the START vulnerability scale was not predictive for the males for any of the types of aggressions at any follow-up time, but serious verbal aggression and most serious sexual incident was predicted for the females up to a year up. Ultimately, however it is not intended for total scores to be used in decision-making, and the START SPJ demonstrated generally equal and good to excellent predictive validity for males and females, though with slightly better prediction was noted for the males.

The SAPROF total score demonstrated good prediction for the men for verbal, physical and sexual aggression up to a year. For the females, however, the SAPROF total score only predicted one outcome (i.e., sexual aggression) after the one year follow-up period. As with the START, the more clinically relevant question is the extent to which the SAPROF summary risk judgments improve upon chance accuracy. The SAPROF protective judgment rating was similar to the total scores in that it showed good prediction for the males for verbal, physical and sexual aggression up to a year. For the females, however, the SAPROF protective judgment did not predict any forms of aggression at any time frame. The SAPROF protective judgment 5-point version had generally higher AUC findings for the males and the same findings for the females as the regular protective judgment.

Similar results were found for the combined HCR-20-SAPROF scores, which evidenced good prediction for the males for verbal, physical and sexual aggression up to a year. With the females, the HCR-20-SAPROF showed good predictive validity for verbal aggression at the one-year time frame. Interestingly, the HCR-20 total scores did not predict any form of aggression for the males at any time frame. For the females,

HCR-20 total scores showed good prediction of only one outcome (i.e., sexual aggression) at one-year follow-up). The HCR-20 VRJ demonstrated improved predictive validity for the males; with good predictive validity found for verbal and physical aggression at all follow-up periods. The HCR-20 VRJ predictive validity was similar to the HCR-20 total score for the females, with good predictive validity of sexual aggression at one-year follow-up.

The HCR-20-SAPROF integrated final risk judgment evidenced results similar to the HCR-20 and SAPROF findings, with good prediction of verbal and physical aggression at both time frames for the males, and for the females, good prediction of sexual aggression and serious verbal aggression at the one-year time frame. The integrated final risk judgment 5-point version showed improved prediction for the males, with good prediction demonstrated for all forms of aggression at both time frames. The females demonstrated good prediction for sexual aggression and serious verbal aggression at the one-year time frame.

#### 4.2. Conclusions

Generally, we found evidence that supports all of the proposed hypotheses. On the whole, psychometric properties for all the measures included were good, with the exception of the HCR-20 SPJ and START Inter-rater reliability findings. Previous studies have generally reported good to excellent inter-rater reliability (ICC=0.69–0.87, O'Shea et al., 2014), though similar findings were also reported in a previous study using file review with a sample of female forensic patient (ICC= 0.62 - 0.68, Viljoen et al., 2011). Protective factors demonstrated incremental validity over the risk factors alone, which is also in line with previous research on the use of strengths in risk assessments (Desmarais et al., 2012; Lodewijks, 2008; de Vries Robbé & de Vogel, 2010; de Vries Robbé et al., 2011; de Vries Robbé, 2014). Similarly, summary risk judgments showed incremental validity over actuarial assessments, which provides empirical evidence for the intended method of utilization in practice and also is in line with previous research (Douglas et al., 2014; Desmarais et al., 2012).

It should be noted that the HCR-20 predictive validity (AUC from 0.42-0.63 for total, and 0.45-0.65 for SPJ) was generally lower that what has been found in civil psychiatric populations in the past although the range of scores are well within what has been reported for that measure (i.e., AUCs from 0.48-0.97 for HCR-20 total scores, and 0.46-0.96 for SPJs, Douglas et al., 2014). Further, the predictive validity of the SAPROF (AUC from 0.50-0.72 for total scores, and 0.43-0.67 for SPJ) and the START (AUC from 0.43 - 0.66 for strength total scores, 0.46 - 0.69 for vulnerability total scores and 0.49 - 0.72 for SPJ) were not as strong as has been reported in prior research (SAPROF AUC from 0.71 - 0.85 for total scores, and 0.65 - 0.82 for SPJ, de Vries Robbé, 2014; START AUC from 0.73 – 0.80 for strength total scores, 0.74 – 0.80 for vulnerability total scores and 0.80 – 0.85 for SPJ; Desmarais et al., 2012<sup>3</sup>). It is possible that these findings are due to the unique nature of this persistently mentally ill and longterm institutionalized population, of which almost all were involuntarily committed and had an average hospital stay of five and a half years, with a range of one month to 29 years. Further, it has been suggested that when a tertiary hospital closes, the most high functioning individual are released first, with the most difficult to place and manage patients being transferred last (Peterson et al., 2013). Given that this RVH has been downsizing for decades, this sample represents the most ill of this institution, and is not representative of a typical tertiary hospital (Peterson et al., 2013).

We found interesting gender differences in the predictive validity of all the risk measures included. Generally, the HCR-20 and SAPROF performed better with the males when predicting physical and verbal aggression, and better with the females when predicting sexual aggression. The research on HCR-20's applicability to female population has revealed mixed results with some studies finding comparable predictive validity for both men and women (Coid et al., 2009) and others finding better predictive validity for men than women (de Vogel & de Vries Robbé, 2013). There are a limited number of studies looking at the predictive validity of SAPROF with females. However, past findings have found weaker predictive validity for females than for males (Vries Robbé, 2014). The START generally performed equally well for both genders with a

<sup>&</sup>lt;sup>3</sup> Note both the SAPROF and START AUCs come from forensic psychiatric samples, not civil psychiatric samples

slightly better predictive validity for the males. There is currently no published research on START predictive validity with female civil psychiatric populations to compare with our findings.

It remains unclear how protective factors are working to aid in the process of desistance for this population, and whether the process differs for various subgroups. For instance, the extent to which one of Fergus and Zimmerman's (2005) three models of resiliency (compensatory, protective, and challenging) best explain desistance, or is whether some other model of resilience is needed to describe desistance remains unknown. For example, is desistance/resilience something that occurs because of a particular event or specific protective factor? Or alternatively, is it more like a slow process by which individuals gradually develop coping mechanisms that help them to refrain from re-offending? For instance, the influence that peers and family have on desistance still needs to be explored.

This study currently stands alone by virtue of the absence of research on SPJ assessments, strength based risk assessments, gender comparisons in risk measures, and integrated risk/protective factor assessments in civil psychiatric samples. Results from this study add to the growing body of literature on protective factors and their added utility to risk assessment measures and ultimately enhanced therapeutic interventions. The use of strength based risk assessments with civil psychiatric populations was generally supported. Our findings suggest a balanced evaluation of clients' protective and risk factors for assessments of violence. In this regard, the SAPROF (in conjunction with HCR-20) and START each provides practitioners with a useful tool to assess patient strengths and vulnerabilities that can help to inform treatment planning and management.

Given the elevated rate of offending (e.g., Douglas et al., 2006; Linhorst, & Scott, 2004; Tengström & Hodgins, 2002) and the marginalized lifestyles (homelessness, victimization, poverty, substance misuse) of many severely mentally ill individuals relative to the general population (e.g., Fazel et al., 2009a; Nicholls et al., 2006; Salkow, & Fichter, 2003), having measures that can accurately assess for these negative outcomes, can be invaluable to clinicians working with this population. Furthermore,

balanced risk assessment measures can help identify gaps in and avenues for fostering success, which can serve to initiate preventative intervention strategies thus reducing reoffending.

### 4.3. Limitations

Our findings should be considered with several limitations in mind. Firstly, this study was conducted using mixed data collection methods. Specifically, a subsection of the sample's (22.5%) data was collected retrospectively due to those participants having been transferred out of Riverview Hospital before this study was initiated. Another subset of participants were denied assent by their psychiatrist for interview due to the instability of their mental health and therefore the data for these participants was collected using file review of their charts only (54.9%). Further, the SAPROF was only added to the study protocol after baseline data collection was completed and participants had been transferred to community-based care facilities, thus this measure was coded using only file review. Although previous research has found that file review is a viable means of collecting data for the study of risk assessment (see Douglas, Guy, & Weir, 2006; Nicholls et al., 2006), this methodology has some drawbacks. There is often varying degrees of information available in files, this may be particularly true of documented information pertaining to protective factors. Therefore, there may be some information that could be potentially relevant but which is simply not in the files. This limitation is particularly relevant to the coding of the START and SAPROF as strengths/protective factor information is necessary for the coding of these two measures.

Secondly, although best efforts were made to keep raters blind to outcomes of each participant when coding the SAPROF, due to limited resources, availability of RAs, and the nature of the data collection methods of the larger project it was not always possible to ensure that the RA who completed the follow-up data collection was different to the RA coding the SAPROF. In order to examine the possible effect of this limitation a selection of the analyses was repeated with 13 participants removed that were coded by an RA who had completed the outcome data collection prior to coding the SAPROF. The

results of these analyses showed that the results did not differ that much from the main analyses, and in fact some of the AUCs actually improved without these 13 participants.

Third, we obtained moderate Inter-rater reliability for the START strength and vulnerability scales and poor Inter-rater reliability for the START VRJ. Although we achieved good reliability when the two outliers were removed for the total scores on the strength and vulnerability scales, the START VRJ Inter-rater reliability remained poor. The exact reason for the outliers remains unclear, though it was noted that these two cases were coded using file only and were both female participants. It is possible that there was vague or insufficient information in these files resulting in differing scores.

Fourth, we only have two follow-up time periods, of six months in length with a total of 12 months. Multiple time frames, would allow for a more in depth analysis of the trajectories of aggression. Further, the HCR-20 and SAPROF are intended for long-term violence assessment and the START is intended for short-term violence assessment. Thus, if multiple time frames were utilised we could examine if the HCR-20 and SAPROF predictive validity improves and the START predictive validity declines.

Fifth, we only had baseline assessments for each risk measure. Therefore, we were unable to examine changes in scores overtime or the change in specific items, such as the dynamic items. In particular, the START is intended for short-term prediction of negative outcomes, and is made up entirely of dynamic items. The SAPROF and HCR-20 are not entirely made up of dynamic factors, however they both include dynamic items. These analyses would be important for the examination of construct validity of each of the measures in this study.

Finally, we also had a relatively small sample size, but there was very minimal attrition over the two follow-up periods. We had no attrition the first follow-up, with sample size of 102, and minimal attrition by the second follow-up with a sample of 100. Further, we did not have equal sample sized for each gender, we had 40 female participants and 60 male participants. Although these sample sizes are comparable, the gender results might be particularly vulnerable to this limitation because the female sample had 20 less participants than the males. Additionally, logistic regression is particularly vulnerable to sample size issues, especially when there is not an equal

division of cases with regard to the outcome variable of interest, which is the case in our study. Thus, caution is warranted before making strong conclusions based on our results.

#### 4.4. Recommendations for Future Research

The literature on the use of protective factors in the assessment of risk for future violence in civil psychiatric patients is still in the early stages, and as such there is still much to be clarified. In particular, this is the first investigation of the validity and reliability of the SAPROF in a North American sample as well as the first investigation of the SAPROF in a civil psychiatric sample. Future studies still need to be completed examining the utility of the SAPROF within other populations within North America (e.g., forensic psychiatric patients and correctional samples).

More research is also needed to determine whether certain protective factors are more important than others, or whether there is merely an additive effect of having more protective factors than risk factors. Further, identifying additional protective factors that are predictive of success in the community can help to enhance risk assessment tools and make them more effective in clinical practice. Our findings regarding the added utility of the integrated risk judgments over the actuarial assessments also need to be further examined. In particular it will be interesting to see which items are influencing clinical decision making, and also if these differ by gender.

There is also a need for replication studies with, larger sample sizes, and for studies using consistent and varied data collection methods. Specifically, more studies are needed using interview methods, preferably prospectively and in combination with collaborative data from multiple sources. Collateral interviews with friends or family members may be particularly enlightening as this information was particularly sparse in the files.

Research with longer Follow-up periods, multiple time frames, and multiple assessments at each Follow-up are needed in order to explore construct validity of these

risk assessment measures. Additionally, these types of studies could examine the trajectory of violence perpetration as well as the change in dynamic variables.

Lastly, more research that directly compares male and female populations on protective factors will help to clarify the protective factors that are influential in future desistence of perpetration of aggression for vulnerable and at risk populations of women (patients/offenders). This kind of research would be particularly important given the poor predictive validity of future verbal and physical aggression of the SAPROF with the female patients in this sample. It would be imperative to identify if there are any protective factors unique to women or that differ from their male counterparts and that might improve this measure's utility with female patients.

#### References

- Bader, S.M., Scalora, M.J., Casady, T.K., & Black, S., (2008). Female sexual abuse and criminal justice intervention: A comparison of child protective service and criminal justice samples. *Child Abuse and Neglect*, *32*(1), 111-119.
- Bettencourt, B. A., & Miller, N. (1996). Gender differences in aggression as a function of provocation: A meta-analysis. *Psychological Bulletin*, *119*, 422–447.
- Binder, R. L., & McNiel, D. E. (1990). The relationship of gender to violent behaviour in acutely disturbed psychiatric patients. *Journal of Clinical Psychiatry*, *51*, 110–114.
- McNiel, D. E., & Binder, R. L. (1995). Correlates of accuracy in the assessment of psychiatric inpatients' risk of violence. *The American Journal of Psychiatry*, 152(6), 901-6.
- Boer, D.P., Hart, S.D., Kropp, P.R., & Webster, C.D. (1997). *Manual for the Sexual Violence Risk-20. Professional guidelines for assessing risk of sexual violence.*Vancouver, British Columbia: Institute against Family Violence.
- Borum, R., Bartel, P., & Forth, A. (2006). *Manual for the Structured Assessment for Violence Risk in Youth (SAVRY)*. Odessa, FL: Psychological Assessment Resources.
- Bonanno, G.A. (2004). Loss, trauma, and human resilience: Have we underestimated the human capacity to thrive after extremely aversive events? *American Psychologist*, *59*, 20–28.
- Buckley, P.F., Miller, B.J., Lehrer, D.S., & Castle, D.J., (2009). Psychiatric comorbidities and schizophrenia. *Schizophrenia Bulletin*, *35*; 2, 383–402.
- Braithwaite E., Charette Y., Crocker A., & Reyes A. (2010). The Predictive validity of clinical ratings of the Short-Term Assessment of Risk and Treatability (START). *International Journal of Forensic Mental Health*, 9(4), 271–281.
- Center for Sex Offender Management (2000). Myths and facts about sex offenders. Retrieved November 20, 2011 from http://www.csom.org/pubs/mythsfacts.html
- Cohen, J. (1992). A power primer. Psychological Bulletin, 112, 155-159.

- Coid, J., Yang, M., Ullrich, S., Zhang, T., Sizmur, S., Roberts, C., ... & Rogers, R. D. (2009). Gender differences in structured risk assessment: comparing the accuracy of five instruments. *Journal of consulting and clinical psychology*, 77(2), 337.
- Costa, F. M., Jessor, R., & Turbin, M. S. (1999). Transition into adolescent problem drinking: The role of psychosocial risk and protective factors. *Journal of Studies on Alcohol, 60,* 480–90.
- Craven, D. (1997). Sex differences in violent victimization, 1994. *United States Bureau of Justice statistics*. Retrieved November 26, 2011 from http://bjs.ojp.usdoj.gov/index.cfm?ty=pbdetail&iid=1145
- de Vogel, V., & de Ruiter, C. (2005). The HCR-20 in personality disordered female offenders: A comparison with a matched sample of males. *Clinical Psychology and Psychotherapy*, 12, 226-240.
- de Vogel, V., de Ruiter, C., Bouman, Y., & de Vries Robbé, M. (2009). SAPROF. Guidelines for the assessment of protective factors for violence risk. English version. Utrecht, The Netherlands: Forum Educatief.
- de Vogel, V., de Ruiter, C., Bouman, Y., & de Vries Robbé, M. (2012). SAPROF.

  Guidelines for the assessment of protective factors for violence risk. 2nd Edition.

  Utrecht, The Netherlands: Van der Hoeven Stichting.
- de Vogel, V., de Vries Robbé, M., van Kalmthout, W., & Place, C. (2012). Female
  Additional Manual (FAM). Additional guidelines to the HCR-20 for assessing risk
  for violence in women. Utrecht, The Netherlands: Van der Hoeven Stichting.
- de Vogel, V., & de Vries Robbé, M. (2013). Working with Women. Towards a more gender-sensitive violence risk assessment. In C. Logan, & L. Johnstone (Eds.), Managing Clinical Risk: A guide to effective practice (pp. 224-241). London: Routledge.
- de Ruiter, C., & Nicholls, T. L. (2011). Protective factors in forensic mental health: A new frontier. *International Journal of Forensic Mental Health*, 10(3), 160-170.
- de Vries Robbé, M., & de Vogel, V. (2010) *Protective factors for violence risk: SAPROF prospective results.* Paper presented at the annual conference of the International Association of Forensic Mental Health Services, Vancouver, Canada.
- de Vries Robbé, M., Vogel, V. de, & Spa, E. de (2011). Protective factors for violence risk in forensic psychiatric patients. A retrospective validation study of the SAPROF *International Journal of Forensic Mental Health.*, 10(3), 178-186.

- de Vries Robbé, M. (2014). Protective Factors. Validation of the structured assessment of protective factors for violence risk in forensic psychiatry. Unpublished dissertation, Van der Hoeven Kliniek.
- Deering, R., & Mellor, D., (2007). Female-perpetrated child sex abuse: Definitional and categorisational analysis. *Psychiatry, Psychology and Law, 14*(2), 218 226.
- Denov, M. S. (2001). A culture of denial: Exploring professional perspectives on female sex offending. *Canadian Journal of Criminology*, *43*(3), 303 329.
- Desmarais, S., Nicholls, T. L., Wilson, C., & Brink, J. (2012). Using dynamic risk and protective factors to predict inpatient aggression: reliability and validity of the START. *Psychological Assessment*, doi: 10.1037/a0026668.
- Douglas, K. S., Shaffer, C., Blanchard, A. J. E., Guy, L. S., Reeves, K. A., & Weir, J. (2014). *HCR-20 Violence risk assessment scheme: overview and annotated bibliography* [Online]. (available from: www.kdouglas.files.wordpress.com).
- Douglas, K. S., Guy, L. S., & Hart, S. D. (2009). Psychosis as a risk factor for violence to others: A meta-analysis. *Psychological Bulletin*, *135*, 679-706.
- Douglas, K. S., Shaffer, C., Blanchard, A. J. E., Guy, L. S., Reeves, K. A., & Weir, J. (2014). *HCR-20 Violence risk assessment scheme: overview and annotated bibliography* [Online]. (available from: www.kdouglas.files.wordpress.com).
- Douglas, K. S., Ogloff, J. R. P., & Hart, S. D. (2003). Evaluation of a model of violence risk assessment among forensic psychiatric patients. *Psychiatric Services*, *54*, 1372-1379.
- Douglas, K. S., & Skeem, J. L. (2005). Violence risk assessment: Getting specific about being dynamic. *Psychology, Public Policy, and Law, 11,* 347–383.
- Dutton, D.G., Nicholls, T.L., & Spidel, A. (2005). Female perpetrators of intimate abuse. *Journal of Offender Rehabilitation*, 41(4), 1–31.
- Elbogen, E.B., & Johnson S.C. (2009). The intricate link between violence and mental disorder: results from the National Epidemiologic Survey on Alcohol and Related Conditions. *Archives of General Psychiatry*, *66*; 2, 152-161.
- Ehmann, T. S., Smith, G. N., Yamamoto, A., McCarthy, N., Ross, D., Au, T., ... & Honer, W. G. (2001). Violence in treatment resistant psychotic inpatients. *The Journal of nervous and mental disease*, *189*(10), 716-721.
- Fazel, S., Gulati, G., Linsell, L., Geddes, J. R., & Grann, M. (2009a). Schizophrenia and violence: systematic review and meta-analysis. *PLoS medicine*, *6*(8), e1000120.

- Fazel, S., Långström, N., Hjern, A., Grann, M., & Lichtenstein, P. (2009b) Schizophrenia, substance abuse, and violent crime. *JAMA*, 301; 19, 2016-2023
- Fazel, S., Lichtenstein, P., Grann, M., Goodwin, G. M., & Långström, N. (2010). Bipolar disorder and violent crime: new evidence from population-based longitudinal studies and systematic review. *Archives of General Psychiatry*, *67*(9), 931-938.
- Fergus, S., & Zimmerman, M. A. (2005). Adolescent resilience: A framework for understanding healthy development in the face of risk. *Annual Reviews of Public Health*, *26*, 399-419.
- Freeman, N. J., & Sandler, J. C. (2008). Female and male sex offenders: A comparison of recidivism patterns and risk factors. *Journal of Interpersonal Violence*, *23*, 1394-1413.
- Garb, H. N. (1997). Race bias, social class bias, and gender bias in clinical judgment. Clinical Psychology: Science & Practice, 4, 99 –120.
- Graves, K.N. (2007). Not always sugar and spice: Expanding theoretical and functional explanations for why females aggress. *Aggression and Violent Behaviour, 12*(2), 131-140.
- Gray, S. N., Bonson, R., Craig, R., Davies, H., Fitzgerald, S., Huckle, P., . . . Snowden, R. J. (2011). The Short-Term Assessment of Risk and Treatability (START): A prospective study of inpatient behaviour. *International Journal of Forensic Mental Health*, 10 (4), 305-313
- Harris, G. T., Rice, M. E., & Quinsey, V. L. (1993). Violent recidivism of mental disordered offenders: The development of a statistical prediction instrument. *Criminal Justice and Behaviour*, *20*, 315–335.
- Hart, S., Cox, D., & Hare, R. (1995). *Manual for the Psychopathy Checklist: Screening Version.* (*PCL:SV*). Toronto, Ontario, Canada: Multi-Health Systems.
- Hanson, R. K. (1997). The development of a brief actuarial risk scale for sexual offender recidivism. Ottawa, ON, Canada: Department of the Solicitor General of Canada.
- Hawkins, J. D., Catalano, R. F., & Miller, J. Y. (1992). Risk and protective factors for alcohol and other drug problems in adolescence and early adulthood: Implications for substance abuse prevention. *Psychological Bulletin*, *112*, 64–105.
- Hillbrand, M. (2001). Homicide-suicide and other forms of co-occurring aggression against self and against others. *Professional Psychology: Research and Practice*, 32, 626–635.

- Hiroeh, U., Appleby, L., Mortensen, P.B., Dunn, G. (2001). Death by homicide, suicide, and other unnatural causes in people with mental illness: a population-based study. *Lancet*, *358*; 9299, 2110-2112.
- Hodgins, S. (1992). Mental disorder, intellectual deficiency, and crime: evidence from a birth cohort. *Archives of general psychiatry*, *49*(6), 476-483.
- Horowitz, R., Pottieger, A. E. (1991). Gender Bias in Juvenile Justice Handling of Seriously Crime-Involved Youths. *Journal of Research in Crime and Delinquency*, 28 (1), 75-100
- Johansson-Love, J., & Fremouw, W. (2006). A critique of the female sexual perpetrator research. *Aggression and Violent Behaviour*, 11, 12-26.
- Kropp, P.R., & Hart, S.D. (2000). The Spousal Assault Risk Assessment (SARA) guide: Reliability and validity in adult male offenders. Law and Human Behaviour, 24, 101-118.
- Lam, J. N., McNeil, D. E., & Binder, R. L. (2000). The relationship between patients' gender and violence leading to staff injuries. *Psychiatric Services*, *51*(9), 1167–1170.
- Lamiell, James T. (2003). Beyond individual and group differences: Human individuality, scientific psychology, and William Stern's critical personalism. Thousand Oaks, CA: Sage.
- Lidz, C., Mulvey, E., & Gardner, W. (1993). The accuracy of predictions of violence to others. *Journal of the American Medical Association*, 269, 1007-1011.
- Lie, G., Schilit, R., Bush, J., Montague, M., & Reyes, L. (1991) Lesbians in currently aggressive relationships: How frequently do they report aggressive past relationships?" *Violence and Victims*, 6 (2), 121-35.
- Linhorst, D. M., & Dirks-Linhorst, P. A. (1997). The impact of insanity acquittees on Missouri's public mental health system. *Law and Human Behaviour*, *21*, 327–338.
- Linhorst, D. M., & Scott, L. P. (2004). Assaultive Behaviour in State Psychiatric Hospitals: Differences Between Forensic and Nonforensic Patients. *Behaviour Modification*, *19*(8), 857–874. doi:10.1177/0886260504266883
- Lodewijks, H. P. B., Doreleijers, T. A. H., Ruiter, C. de, & Borum, R. (2008). Predictive validity of the Structured Assessment of Violence Risk in Youth (SAVRY) during residential treatment. *International Journal of Law and Psychiatry*, 31, 263-271.
- McGraw, K. O., & Wong, S. P. (1996). Forming inferences about some intraclass correlation coefficients. *Psychological Methods*, *1*, 30–46.

- MacDonald, J. M., & Chesney-Lind, M. (2001). Gender bias and juvenile justice revisited: A multiyear analysis. *Crime & Delinquency*, *47*(2), 173-195.
- Magdol, L., Moffitt, T. E., Caspi, A., Newman, D. L., Fagan, J., & Silva, P. A. (1997). Gender differences in partner violence in a birth cohort of 21 years olds: Bridging the gap between clinical and epidemiological approaches. *Journal of Consulting and Clinical Psychology*, *65*, 68–78.
- Muller, H. J., Desmarais, S. L., Hamel, J. M. (2009). Do judicial responses to restraining order requests discriminate against male victims of domestic violence? *Journal of Family Violence*, *24* (8), 625-637.
- Miller, H. A. (2006a). *Manual of the Inventory of Offender Risk, Needs, and Strengths (IORNS)*. Odessa, FL: Psychological Assessment Resources.
- Miller, H. A. (2006b). A dynamic assessment of offender risk, needs, and strengths in a sample of general offenders. *Behavioural Sciences and the Law, 24,*767-782.
- Nathan, P. & Ward, T. (2001). Females who sexually abuse children: Assessment and treatment issues. *Journal of Sexual Aggression*, 8 (1), 5 21.
- Nicholls, T. L., Ogloff, J. R., & Ledwidge, B. (2003). *Inpatient aggression and clinicians'* assessments of violence risk. Paper present at the meeting of the American Psychology and Law Society and European Association of Psychology and Law, Edinburgh, Scotland.
- Nicholls, T. L., Ogloff, J. R., & Douglas, K. S. (2004). Assessing risk for violence among male and female civil psychiatric patients: the HCR- 20, PCL: SV, and VSC. *Behavioral sciences & the law*, 22(1), 127-158.
- Nicholls, T. L., Brink, J., Desmarais, S. L., Webster, C. D., & Martin, M. (2006). The Short-Term Assessment of Risk and Treatability (START): A prospective validation study in a forensic psychiatric sample. *Assessment*, 13, 313-327.
- Nicholls, T. L., Gagnon, N., Crocker, A.G., Brink, J., Desmarais, S., & Webster, C. (2007). START Outcomes Scale (SOS). Vancouver, BC Mental Health & Addiction Services.
- Nicholls, T. L., Desmarais, S. L., Brink, J., & Petersen, K. (2009, March). *Dynamic risk and protective factors in practice*. Paper presented at the American Psychology-Law Society Conference, San Antonio, TX.
- Nicholls, T. L., Petersen, K., Brink, J., & Webster, C. (2011). A clinical risk profile of forensic psychiatric patients: Treatment team STARTs in a Canadian service. *The International Journal of Forensic Mental Health, 10,* 187–199. doi:10.1080/14999013.2011.600234

- Nonstad, K., Nesset, M. B., Kroppan, E., Pedersen, T. W., Nøttestad, J. A., Almvik, R., & Palmstierna, T. (2010). Predictive Validity and Other Psychometric Properties of the Short-Term Assessment of Risk and Treatability (START) in a Norwegian High Secure Hospital. *International Journal of Forensic Mental Health*, 9(4), 294-299.
- Oliver, B. E. (2007). Preventing female-perpetrated sexual abuse. *Trauma, Violence, & Abuse, 8* (1), 19-32.
- O'Shea, L. E., & Dickens, G. L. (2014, May 5). Short-Term Assessment of Risk and Treatability (START): Systematic review and meta-analysis. *Psychological Assessment*. Advance online publication. http://dx.doi.org/10.1037/a0036794
- Petersen, K. L., Nicholls, T. L., Groden, D., Schmitz, N., Stip, E., Goldner, E. M., ... & Lesage, A. (2013). Redevelopment of tertiary psychiatric services in British Columbia: A prospective study of clinical, social, and residential outcomes of former long-stay inpatients. *Schizophrenia research*, *149*(1), 96-103.
- Poels, V. (2007). Risk assessment of recidivism of violent and sexual female offenders. *Psychiatry, Psychology and Law, 14,* 227-250.
- Rennie, C., & Dolan, M. (2010). The significance of protective factors in the assessment of risk. *Criminal Behaviour and Mental Health 20*, 8–22.
- Rice, M. E., & Harris, G. T. (1995). Psychopathy, schizophrenia, alcohol abuse and violent recidivism. *International Journal of Law and Psychiatry*, 18, 333-342.
- Rice, M. E., & Harris, G. T. (2005). Comparing effect sizes in follow-up studies: ROC area, Cohen's d, and r. Law and Human Behavior, 29, 615-620.
- Richardson, G. E. (2002). The metatheory of resilience and resiliency. *Journal of Clinical Psychology*, 58; 3. 307-321.
- Rogers, R. (2000). The uncritical acceptance of risk assessment in forensic practice. Law and Human Behaviour, 24, 595-605.
- Ross, D. J., Hart, S.D., & Webster, C.D. (1998). Aggression in psychiatric patients. Using the HCR-20 to assess risk for violence in hospital and in the community. Port Coquitlam, BC: Riverview Hospital.
- Roy, L., Crocker, A. G., Nicholls, T. L., Latimer, E. A., & Ayllon, A. R. (2014). Criminal behaviour and victimization among homeless individuals with severe mental illness: A Systematic Review. *Psychiatric Services*.
- Salkow, K., & Fichter, M. (2003). Homelessness and mental illness. *Current Opinion in Psychiatry*. *16*(4), 467-471.

- Seto, M. C., Harris, G. T., & Rice, M. E. (2004). The criminogenic, clinical, and social problems of forensic and civil psychiatric patients. *Law and Human Behaviour*, 28(5), 577–586.
- Schaap, G., Lammers, S., & de Vogel, V. (2009) Risk assessment in female forensic psychiatric patients: A quasi-prospective study into the validity of the HCR-20 and PCL-R. *Journal of Forensic Psychiatry & Psychology, 20,* 354 365.
- Schwartz, J. P., Magee, M. M., Griffin, L. D., & Dupuis, C. W. (2004). Effects of a group preventative intervention on risk and protective factors related to dating violence. *Group Dynamics: Theory, Research, and Practice*, *8*, 221-231.
- Skeem, J., Schubert, C., Stowman, S., Beeson, S., Mulvey, E., Gardner, W., & Lidz, C. (2005). Gender and Risk Assessment Accuracy: Underestimating women's violence potential. *Law and Human Behaviour*, *29*(2), 173–186. doi:10.1007/s10979-005-3401-z
- Short, T. B., Thomas, S., Luebbers, S., Mullen, P., & Ogloff, J. R. (2013). A case-linkage study of crime victimisation in schizophrenia-spectrum disorders over a period of deinstitutionalisation. *BMC psychiatry*, *13*(1), 66.
- Short, T., Thomas, S., Mullen, P., & Ogloff, J. R. P. (2013). Comparing violence in schizophrenia patients with and without comorbid substance use disorders to community controls. *Acta Psychiatrica Scandinavica*, *128*(4), 306-313.
- Shrout, P. E. & Fleiss, J. L. (1979). Intraclass correlations: uses in assessing rater reliability. *Psychological Bulletin*, *86*(2), 420-428.
- Straus, M. (1999). The controversy over domestic violence by women. In X. Arriaga & S. Oskamp (Eds.), *Violence in intimate relationships* (pp. 17–44).
- Swets, J. A. (1988). Measuring the accuracy of diagnostic systems. *Science*, 240, 1285–1293.
- Tengström, A., & Hodgins, S. (2002). Criminal behaviour of forensic and general psychiatric patients with schizophrenia: are they different? *Acta psychiatrica Scandinavica Supplementum*, (412), 62–66.
- Viljoen, S., Nicholls, T., Greaves, C., de Ruiter, C., Brink, J. (2011). Resilience and successful community reintegration among female forensic psychiatric patients: A preliminary investigation. *Behavioural Sciences and the Law*, 29, 752–770.
- Volavka, J., & Swanson, J. (2010). Violent behavior in mental illness: the role of substance abuse. *JaMa*, *304*(5), 563-564.

- Webster, C.D., Douglas, K.S., Eaves, D., & Hart, S.D. (1997). *Historical Clinical Risk-20.*Assessing the risk of violence. Version 2. Burnaby, British Columbia, Canada:
  Simon Fraser University and Forensic Psychiatric Services Commission of British Columbia.
- Webster, C., Martin, M., Brink, J., Nicholls, T., & Middleton, C. (2004). *The Short-Term Assessment of Risk and Treatability (START)*. British Columbia: Forensic Psychiatric Services Commission.
- Webster, C. D., Nicholls, T. L., Martin, M., Desmarais, S. L., & Brink, J. (2006). Short-term assessment of risk and treatability (START): The case for a new structured professional judgment scheme. *Behavioural Sciences & the Law, 24*(6), 747.
- Webster, C. D., Martin, M. L., Brink, J., Nicholls, T. L., & Desmarais, S. (2009). Manual for the *Short Term Assessment of Risk and Treatability (START)* (revised). Version 1.1. Forensic Psychiatric Services Commission, Coquitlam, British Columbia, Canada and St. Joseph's Healthcare Hamilton, Ontario, Canada.
- West, H. C., Sabol, W. J. & Greenman, S. J. (2010). Prisoners in 2009. *United States Bureau of Justice statistics*. Retrieved November 25, 2011 from http://bjs.ojp.usdoj.gov/index.cfm?ty=pbdetail&iid=2232
- Wilson, C., Desmarais, S., Nicholls, T. L., & Brink, J. (2010). The role of client strengths in assessments of violence risk using the short-term assessment of risk and treatability (START). International Journal of Forensic Mental Health, 9(4), 282–293.
- Yudofsky, S. C., Silver, J.M., Jackson, W.,& Endicott, S. (1986). The overt aggression scale for the objective rating of verbal and physical aggression. *American Journal of Psychiatry*, 143, 35-39.

## **Appendix A. Selected Repeated Analyses**

Table A1. Predictive Validity (AUC) of SAPROF Total Score without the 13 participants

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>
Violence	0.59	0.59
Physical Aggression	0.51	0.53
Verbal Aggression	0.56	0.59
Sexual Aggression	0.58	0.58
Serious physical aggression	0.47	0.56
Serious verbal aggression	0. 59	0.67**
Serious sexual aggression	0.69	0.55
Most Serious Incident Reported <sup>c</sup>	0.58	0.60
Most Serious Violent Only	0.52	0.58
Most Serious Sexual Only	0.71 †	0.70*

*Note.* \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a. n = 89. b. n = 87. C. Including Physical and Sexual aggression

Table A2. Predictive Validity (AUC) of SAPROF SPJ without the 13 participants

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>	
Violence	0.51	0.56	
Physical Aggression	0.44	0.50	
Verbal Aggression	0.51	0.56	
Sexual Aggression	0.52	0.54	
Serious physical aggression	0.41	0.49	
Serious verbal aggression	0.56	0.64*	
Serious sexual aggression	0.67	0.55	
Most Serious Incident Reported <sup>c</sup>	0.47	0.59	
Most Serious Violence Only	0.43	0.55	
Most Serious Sexual Only	0.61	0.62	

Note. \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed).  $p \le 0.05$  level (2-tailed).

Table A3. Predictive Validity (AUC) of SAPROF SPJ 5 point without the 13 participants

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>	
Violence	0.56	0.55	
Physical Aggression	0.47	0.48	
Verbal Aggression	0.58	0.60	
Sexual Aggression	0.53	0.53	
Serious physical aggression	0.47	0.51	
Serious verbal aggression	0.62 <sup>†</sup>	0.64*	
Serious sexual aggression	0.67	0.52	
Most Serious Incident Reported <sup>c</sup>	0.51	0.57	
Most Serious Violence Only	0.48	0.54	
Most Serious Sexual Only	0.59	0.60	

Note. \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a. n = 89. b. n = 87. C. Including Physical and Sexual aggression

Table A4. Predictive Validity (AUC) of HCR-20 - SAPROF without the 13 participants

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>	
Violence	0.58	0.63*	
Physical Aggression	0.53	0.59	
Verbal Aggression	0.62 <sup>†</sup>	0.65*	
Sexual Aggression	0.64*	0.65*	
Serious physical aggression	0.46	0.56	
Serious verbal aggression	0.56	0.67**	
Serious sexual aggression	0.65	0.53	
Most Serious Incident Reportedo	0.58	0.63*	
Most Serious Violence Only	0.53	0.63*	
Most Serious Sexual Only	0.72*	0.73**	

Note. \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a. n = 89. b. n = 87. C. Including Physical and Sexual aggression

Table A5. Predictive Validity (AUC) of Final Integrated Risk Judgment without the 13 participants

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>
Violence	0.63*	0.63*
Physical Aggression	0.59	0.60 <sup>†</sup>
Verbal Aggression	0.68**	0.66*
Sexual Aggression	0.57	0.60
Serious physical aggression	0.56	0.59
Serious verbal aggression	0.52	0.61 <sup>†</sup>
Serious sexual aggression	0.68	0.61
Most Serious Incident Reported <sup>c</sup>	0.58	0.63*
Most Serious Violence Only	0.58	0.64*
Most Serious Sexual Only	0.54	0.61

Note. \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a. n = 89. b. n = 87. C. Including Physical and Sexual aggression

Table A6. Predictive Validity (AUC) of Final Integrated Risk Judgment 5-point without the 13 participants

Outcome	6 months <sup>a</sup>	12 months <sup>b</sup>	
Violence	0.66**	0.66**	
Physical Aggression	0.63*	0.63*	
Verbal Aggression	0.71***	0.68**	
Sexual Aggression	0.59	0.61 <sup>†</sup>	
Serious physical aggression	0.60	0.63*	
Serious verbal aggression	0.55	0.66**	
Serious sexual aggression	0.69	0.59	
Most Serious Incident Reported <sup>c</sup>	0.64*	0.70**	
Most Serious Violence Only	0.65*	0.69**	
Most Serious Sexual Only	0.52	0.63	

Note. \*\*\*  $p \le 0.001$  level (2-tailed). \*\*  $p \le 0.01$  level (2-tailed). \*  $p \le 0.05$  level (2-tailed). †  $p \le 0.1$  level (2-tailed). a. n = 89. b. n = 87. C. Including Physical and Sexual aggression

# **Appendix B. Demographic Coding Form**

## Baseline Demographics and Risk Package (Interview)

FORM 1: DEMOGRAPHICS & PSYCHOSOCIAL PROFILE				
Instructions: Complete from file only				
1. Gender	□ 1. Male □ 2. Female			
2. Age	D 99	. Unknown		
3. Ethnicity:	☐ 1. Caucasian ☐ 2. First Nations ☐ 3. Asian ☐ 4. East Indian	☐ 5. Black ☐ 6. Hispanic ☐ 97. Other ☐ 99. Unknown		
Current marital status:	□ 1. Single       □ 5. Divorced         □ 2. Common law       □ 6. Widowed         □ 3. Married       □ 97. Other         □ 4. Separated       □ 99. Unknown			
5. Ever been married?	□ 0. No □ 1. Yes □ 99. Unknown			
6. Education:	□ 1. No schooling □ 2. 8 <sup>th</sup> grade or less □ 3. 9 <sup>th</sup> − 11 <sup>th</sup> grades □ 4. High school (graduation or GED) □ 5. Technical or trade certificate □ 6. Some college/university □ 7. Diploma / Bachelor degree □ 8. Masters or PhD degree □ 97. Other □ 99. Unknown			
7. Children:	Number:			
8. Place of birth:	☐ 1. Canada ☐ 2. United States ☐ 3. South Asia ☐ 4. Asia Pacific ☐ 5. Middle-East	☐ 6. Europe ☐ 7. Latin America ☐ 97. Other ☐ 99. Unknown		
9. First Language:	☐ 1. English ☐ 2. French ☐ 3. Cantonese / Mandarin ☐ 4. Hindi ☐ 5. Spanish ☐ 6. Portuguese	☐ 7. Russian ☐ 8. Japanese ☐ 9. German ☐ 97. Other ☐ 99. Unknown		
10. Evidence of ESL	☐ 1. Yes ☐ 2. No	☐ 98. N/A ☐ 99. Unknown		
11. Citizenship:	☐ 1. Canadian Citizen ☐ 2. Landed Immigrant ☐ 3. Refugee ☐ 97. Other ☐ 99. Unknown			
STATUS IN THE COMMUNITY - PRIOR TO INDEX HOSPITALIZATION				
12. Patient hospitalized since childhood /adolescence  □ 0. No □ 1. Yes If yes, skip to index hospitalization section				

13. Did patient have a monthly income?	□ 0. No □ 1. Yes I	∃ 98. N/A □ 99	9. Unknown		
14. If yes, income amount (per month):	☐ 1. Under \$500 ☐ 2. \$500- \$999 ☐ 3. \$1000-\$1499 ☐ 4. \$1500-\$1999	□ 6. O □ 98. I	2000-\$2499 ver \$2500 N/A Jnknown		
15. If yes, sources of income:  Check all that apply	<ul> <li>□ 1. Welfare</li> <li>□ 2. Employment</li> <li>□ 3. Family Support</li> <li>□ 4. Employment Insurance</li> <li>□ 5. Pension (CPP, OAP, Disability, company)</li> </ul>	□ 7. W □ 97. 0 □ 98. I	avings/Inheritance /CB Benefits Other N/A Jnknown		
16. Employed:	□ 0. No □ 1. Yes □ 9	8. N/A □ 99. Unk	known		
17. If employed, Status:	☐ 1. Employed Full-time ☐ 2. Employed Part-time ☐ 3. Seasonal ☐ 4. Self-employed	□ 98. I	Other N/A Jnknown		
18. If employed, Occupation:	Code occupation from Occupation C  ☐ 98. N/A  ☐ 99. Unknown	lassification System	list		
19. If unemployed, Status: check all that apply	<ul> <li>□ 1. Welfare recipient</li> <li>□ 2. Disability pension recipient</li> <li>□ 3. Homemaker</li> <li>□ 4. Student</li> <li>□ 5. Retired</li> <li>□ 6. Hospitalized</li> <li>□ 7. Incarcerated</li> </ul>	□ 97. 0 □ 98. I □ 99. 0			
20. Type of Residence:	<ul> <li>□ 1. At home (private house or apa</li> <li>□ 2. Inpatient of a psychiatric hospir facility</li> <li>□ 3. Nursing or rest home</li> <li>□ 4. Supervised living arrangement</li> <li>□ 5. Residential treatment facility</li> <li>□ 6. Cooperative apartment</li> <li>□ 7. Boarding or rooming house / house</li> <li>□ 8. Homeless shelter</li> <li>□ 9. Homeless (on the street)</li> <li>□ 10. Jail or prison</li> </ul>	□ 97. 0 □ 98. I □ 99. I			
21. Living with:	<ul> <li>□ 1. Alone</li> <li>□ 2. Cohabitating w/partner/Commo</li> <li>□ 3. Spouse</li> <li>□ 4. Parents</li> <li>□ 5. Friends</li> <li>□ 6. Relatives</li> </ul>	□ 98. I			
22. How long had they lived at this address?	Code # of months:		Jnknown		
INDEX HOSPITALIZ	INDEX HOSPITALIZATION (see Minimum Data Set for Mental Health (MDS-MS – CIHI govt. of On)				

23. Index admission date:	/			
24. Referring institution:	□ 98. N/A □ 99. Unknown City/province:			
25. Legal Status at Admission:	☐ 1. Voluntary ☐ 2. Involuntary ☐ 97. Unknown	Other □ 99.		
26. Current Legal Status	☐ 1. Voluntary ☐ 2. Involuntary ☐ 97. Unknown	Other □ 99.		
27. Reason(s) for index hospitalization (general):  Check all that apply	☐ 1. Threat or danger to self ☐ 2. Threat or danger to others ☐ 3. Inability to care for self due to mental illness ☐ 4. Specific psychiatric symptoms (e.g., depressed, hallucinations, med side effects)	□ 5. Problem with addiction/dependency □ 6. Aggressive / violent □ 7. Difficult to treat/medication not working □ 97. Other □ 99. Unknown		
28. Reason(s) for index hospitalization (specific):  Choose 4 most prominent reasons  Macarthur research protocol (see p. 5 of 64)	<ul> <li>□ 1. Depression/Depressive symptoms</li> <li>□ 2. Suicide threat / Suicide ideation</li> <li>□ 3. Suicide attempt/ Self-harm</li> <li>□ 4. Mania symptoms</li> <li>□ 5. Increased anxiety</li> <li>□ 6. Paranoid symptoms</li> <li>□ 7. Delusions</li> <li>□ 8. Hallucinations</li> <li>□ 9. Bizarre behaviour</li> <li>□ 10. Increase in symptoms / decompensation</li> <li>□ 11. Unable to care for self</li> <li>□ 12. Medication, non-compliance</li> <li>□ 13. Medication change, adjustment, evaluation</li> <li>□ 14. Substance abuse / intoxication</li> <li>□ 15. Personal problem with work, family etc</li> </ul>	☐ 16. Evaluation ☐ 17. Court order ☐ 18. Other non-violent / Non-aggressive     behaviour ☐ 19. Aggression against property ☐ 20. Argument / Threat ☐ 21. Homicidal threat / Ideation ☐ 22. Object thrown ☐ 23. Push, grab ☐ 24. Slapping ☐ 25. Kicking, biting, choking ☐ 26. Hitting with fist / object ☐ 27. Sexually assaulting someone ☐ 28. Threatening with a lethal weapon ☐ 29. Using a gun or knife ☐ 30. Other violent/ aggressive behaviour ☐ 30a. Specify other violence / aggressive		
29. Length of index hospitalization:	<ul> <li>□ 1. ≤ 1 week</li> <li>□ 2. One week to six months</li> <li>□ 3. Six months to one year</li> <li>□ 4. One- to two-years</li> <li>□ 5. &gt;2 years</li> </ul>	☐ 6. > 5 years ☐ 7. > 10 years ☐ 97. Other		
30. Placed in seclusion within the past 6 months:	□ 0. No □ 1. Yes □ 99. Unknown			
31. If yes, number of seclusions:	Exact number (if known)	☐ 91. at least 1 ☐ 98. N/A ☐ 92. at least 2 ☐ 99. Unknown ☐ 93. >3		

32. If yes, total minutes in seclusion:	mins	☐ 98. N/A ☐ 99. Unknown	
33. Number of days on leave:		☐ 99. Unknown	
34. Highest privilege level attained during the past 6 months:	☐ 1. Level 1 ☐ 2. Level 2 ☐ 3. Level 3	☐ 4. Level 4 ☐ 5. Level 5 ☐ 99. Unknown (explain)	
35. Time since prior hospitalization (i.e. time in community prior to index hospitalization)	☐ 1. ≤ 1 week ☐ 2. One week to six months ☐ 3. Six months to one year ☐ 4. One- to two-years ☐ 5. >2 years	☐ 6. > 5 years ☐ 7. > 10 years ☐ 8. No prior hospitalization ☐ 99. Unknown	
36. Previous mental hospitalizations	At FPH Hospital		
37. DSM-IV Diagnoses  a) Admission Diagnoses  (Code admission diagnoses from admission card/psychiatrists' notes)	Admission Diagnoses  1st Axis I 2nd Axis I 3rd Axis I  1st Axis II 2nd Axis II  1st Axis II 2nd Axis II 2nd Axis II 3rd Axis III 3rd Axis III	DSM Code Diagnosis	
	3 <sup>rd</sup> Axis III		

	Current D	iagnoses	DSM Code	Diagnosis	
	1 <sup>st</sup> Axis I				
	2 <sup>nd</sup> Axis I				
b) Current	3 <sup>rd</sup> Axis I				
b) Current Diagnoses	. et				
	1 <sup>st</sup> Axis II				
	2 <sup>nd</sup> Axis II				
	3 AXIS II				
	1 <sup>st</sup> Axis III				
	2 <sup>nd</sup> Axis II				
	3 <sup>rd</sup> Axis II				
38. Code the	0 70.0				
most recent GAF	Score:	Date of score:	//	□ 99. Not available	
score from file	in file				
over the past 6 months		dd mm yy			
	☐ 1. Typic	cal (1 <sup>st</sup> generation) antipsyc	hotics		
39. Current		peridol, Thorazine)	□ 97. O	ther	
Medication(s)		cal (2 <sup>nd</sup> generation) otics (e.g., Clozapine,			
		e, Risperidone)	□ 98. N		
check all that		lepressants	□ 99. ui	nknown	
apply		d stabilizers			
40. 14	☐ 5. Benz	odiazepines			
40a. Moved wards at RVH in	□ 0. No □ 1. Yes (If Yes, was it within the past month? □ 0. No □ 1. Yes)				
last 6 months:	□ 99. Unk	known			
40b. Transfer					
Date	/_ dd mm	/ □ Unk	known		
L   MENTAL HEALTH		н уу			
WENTAL HEALTH	HISTORT	T			
41. Age of onset of men	tal illness:	ayrs b. ye	ar	☐ 98. N/A ☐ 99. Unknown	
42. Age at first hospitalization: ayrs b. year □ 98. N/A □ 99. Unk			☐ 98. N/A ☐ 99. Unknown		
43. Age of first mental h	ealth	a. Outpatient contact: _			
contact: b. Inpatient contact:yrs			/A □ 99. Unknown		
		□1. Suicide			
44. Reasons for first cor	staat:	□2. Violence			
44. REASONS IOI IIISI COF	ılaUl.	☐3. Self-neglect	ctato	□ 98. N/A	
☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐			Sialt	□ 99. Unknown	
□ 6. Other					

45. First Diagnosis	a.	□ 0. No □ 1. Yes □ 2. Unknown  (if 1 or 2 check all that apply →)	cv.	□ Schizophrenia Spectrum Disorder □ Schizophrenia □ Schizoaffective disorder □ Delusional disorder □ Psychosis NOS □ Substance Induced Psychosis □ Bipolar Disorder □ Major Depressive Episode/Disorder □ Neurotic Disorder □ Adjustment Disorder □ Adjustment Disorder □ Post-Traumatic Stress Disorder □ Obsessive-Compulsive Disorder □ Somatization Disorder □ Borderline Intelligence □ Mental retardation (e.g., intellectually disabled, cognitively impaired) □ Substance Use Disorder □ Mental Disorder due to medical condition □ Cognitive Impairment □ Other (Specify) □ 99. Unknown
	b.	☐ Definite/Confirmed☐ Provisional		
46. First PD Diagnosis	a. <b>b.</b>	□ 0. No □ 1. Trait/Indication of a Personality Disorder □ 2. Disorder □ 3. Unknown/Diagnosis deferred □ Definite/Confirmed □ Provisional	cn.	□ Paranoid □ Schizoid □ Schizotypal □ Antisocial □ Borderline □ Histrionic □ Narcissistic □ Avoidant □ Dependent □ Obsessive-Compulsive □ Not Otherwise Specified (NOS) □ Other (Specify)
				 □ 99. Unknown
47. Type of previous psychiatric treatment (Check all that apply):		☐ 1. Medication ☐ 2. Psychoeducational ☐ 3. ECT		□ 97. Other □ 98. N/A □ 99. Unknown
48. Previously hospitalized in psychiatric hospital:		□ 0. No □ 1. Yes □ 99. Unknown		
49. Number of prior psychiatric		☐ 1. at least 1		□ 98. N/A

		<u> </u>
hospitalizations:	☐ 2. at least 2 ☐ 3. ≥3	☐ 99. Unknown
50. Ever hospitalized involuntarily:	□ 0. No □ 1. Yes □ 99. Unknown	
51. If previously received medication, specify type(s):  (Check all that apply):	☐ 1. Typical (1 <sup>st</sup> generation) antipsychotics (e.g., Haloperidol, Thorazine) ☐ 2. Atypical (2 <sup>nd</sup> generation) antipsychotics (e.g., Clozapine, Olanzapine, Risperidone) ☐ 3. Antidepressants ☐ 4. Mood stabilizers ☐ 5. Benzodiazepines	☐ 97. Other ☐ 98. N/A ☐ 99. unknown
52. Lifetime history of self- harm (behaviours involving intentional injuring of own body without apparent suicide intent):  * Do not include (para) suicidal behaviours/ attempts	□ 0. No □ 1. Yes □ 99. Unknown	
53. Lifetime history of suicidal ideations:	□ 0. No □ 1. Yes □ 99. Unknown	
54. Lifetime history of suicidal behaviour:	☐ 0. None ☐ 1. Verbal Threat ☐ 2. Par Unknown	rasuicidal □ 3. Attempt □ 99.
55. Ever on suicide watch/identified as suicide risk?	□ 0. No □ 1. Yes □ 99. Unknown	
56. Number of prior suicide attempts:	☐ 1. at least 1 attempt ☐ 2. at least 2 attempts ☐ 3. ≥3 attempts	□ 98. N/A □ 99. Unknown
SUBSTANCE ABUSE HISTOR	Y	
57. Substance abuse history	□ 0. No □ 1. Yes □ 99. Unknown	
58. Age at first substance use		□ 98. N/A □ 99. Unknown I 98. N/A □ 99. Unknown _ yrs □ 98. N/A □ 99.
59. Length of time with substance use problem (regardless of remission periods)	1 months or Unknown	years □ 98. N/A □ 99.
60. Substance abuse 1-drug of choice	☐ 1. Alcohol ☐ 2. Cannabis ☐ 3. Cocaine ☐ 4. Opioids ☐ 5. Amphetamines	☐ 6. Hallucinogens ☐ 7. Sedatives/Hypnotics ☐ 97. Other ☐ 98. N/A ☐ 99. Unknown
61. Substance abuse 2 – check all that apply	☐ 1. Alcohol ☐ 2. Cannabis ☐ 3. Cocaine ☐ 4. Opioids	□ 5. Amphetamines □ 6. Hallucinogens □ 7. Sedatives/Hypnotics □ 97. Other □ 98. N/A □ 99. Unknown

62. Ever received formal substance abuse treatment	_ □ 0. No □	1. Yes □	98. N/A	⊐ 99. Unl	known
62a. IF YES, specify type of treatment – check all that apply	☐ 1. AA/NA☐ 2. Detox☐ 3. Recovery☐ 4. Treatmen	•			5. Native healing 6. Correctional 7. Community counselling 97. Other 98. N/A 99. Unknown
MEDICAL HISTORY	•				
63. History of chronic or ac conditions	ute medical	□ 0. No	☐ 1. Yes	□ 99. L	Jnknown
64. Communicable Disease	:	□ 0. No	☐ 1. Yes	□ 99. L	Jnknown
65. If yes to communicable type?  check all that apply	disease, what	☐ 1. HIV// ☐ 2. Hep ☐ 3. Hep ☐ 4. Hep ☐ 5. TB ☐ 6. STD	A B		□ 97. Other □ 98. N/A □ 99. Unknown
66. History of head injuries	?	□ 0. No	☐ 1. Yes	□ 99. L	Jnknown
FAMILY HISTORY ( MacArth	ur)				
67. Lived with biological mother until 15	□ 0. No (b. sepa	rated by de	ath: Y / N)	□ 1. Yes	☐ 99. Unknown
67a. [If no] Record age of separation	Exact age	(yrs)	□ 98.	N/A □	99. Unknown
68. Lived with biological father until 15	□ 0. No (b. sepa	rated by de	ath: Y / N)	□ 1. Yes	s □ 99. Unknown
68a. [If no] Record age of separation	Exact age	(yrs)	□ 98.	N/A □	99. Unknown
69. Who raised participant?	☐ 1. Parents ☐ 2. Foster pare ☐ 3. Adoptive pa ☐ 4. Grandparen	arents		□ 6. □ 97	Other family Friends/Acquaintances Other  Unknown
70. Gender of primary surrogate caregiver? (if applicable)	<ul><li>□ 1. Male</li><li>□ 2. Female</li><li>□ 98. N/A</li><li>□ 99. Unknown</li></ul>				
71. Evidence of sexual abuse during childhood in file? Use file only.	□ 0. No □ 1.	Yes □9	9. Unknown	·	
72. Evidence of physical abuse during childhood in file? Use file only.	□ 0. No □ 1.	Yes □9	9. Unknown		
73. Evidence of neglect during childhood in file? Use file only.	□ 0. No □ 1.	Yes □9	9. Unknown		
74. Start age of abuse/neglect. Use file only.	1 [	⊐ 98. N/A	□ 99. Unk	nown	

75. Length of abuse/neglect. Use fonly.	ile	1 🗆 98. N/A 🗆 99. Unknown		
76. Perpetrator's relationship to participant  Check all that apply		□ 1. Father □ 2. Mother □ 3. Step-father (include mother's partner) □ 4. Step-mother (include father's partner) □ 5. Foster-father □ 6. Foster-mother □ 7. Uncle □ 8. Aunt		□ 9. Grandfather □10. Grandmother □ 11. Cousin □ 12. Stranger □ 13. Brother/sister □. 97 Other □ 98. N/A. □ 99. Unknown
BIOLOGICAL PAREN	IT	Mother		Father
Major Mental Illness	77.	□ 0.No □ 1.Yes □ 99.Unknown	83.	□ 0.No □1.Yes □ 99.Unknown
If yes, most serious type of Diagnosis	78.	□ 1. Schizophrenia □ 2. Depression □ 3. Bipolar disorder □ 4. Substance abuse disorder □ 5. Personality disorder □ 6. Psychosis (delusional) □ 7. Mental disorder due to general medical condition □ 97. Other □ 98. N/A □ 99. Unknown	84.	□ 1. Schizophrenia □ 2. Depression □ 3. Bipolar disorder □ 4. Substance abuse disorder □ 5. Personality disorder □ 6. Psychosis (delusional) □ 7. Mental disorder due to general medical condition □ 97. Other □ 98. N/A □ 99. Unknown
Criminal Charges/ Convictions (Macarthur page 32)	79.	□ 0. No □ 1. Yes □ 99. Unknown	85.	□ 0. No □ 1.Yes □ 99. Unknown
	80.a	Alcohol abuse:	86.a	Alcohol abuse: ☐ 0. No ☐ 1. Yes ☐ 99.
Substance Abuse	80.b	☐ 0. No ☐ 1. Yes ☐ 99. Unknown Drug abuse: ☐ 0. No ☐ 1. Yes ☐ 99. Unknown	86.b	Unknown Drug abuse: □ 0. No □ 1. Yes □ 99. Unknown
Spousal Abuse (Violence toward other partner)	81.	□ 0. No □ 1. Yes □ 99. Unknown	87.	□ 0. No □ 1. Yes □ 99. Unknown
Major Medical Illness	82.	□ 0. No □ 1.Yes □ 99. Unknown	88.	☐ 0. No ☐ 1. Yes ☐ 99. Unknown
Primary Surrogate Caregiver Information		Female		Male
Major Mental Illness	89.	☐ 0. No ☐ 1. Yes ☐ 98. N/A ☐ 99. Unknown	95.	☐ 0. No ☐ 1. Yes ☐ 98. N/A ☐ 99. Unknown
If yes, most serious type of Diagnosis	90.	<ul> <li>□ 1. Schizophrenia</li> <li>□ 2. Depression</li> <li>□ 3. Bipolar disorder</li> <li>□ 4. Substance abuse disorder</li> </ul>	96.	<ul> <li>□ 1. Schizophrenia</li> <li>□ 2. Depression</li> <li>□ 3. Bipolar disorder</li> <li>□ 4. Substance abuse disorder</li> </ul>

		☐ 5. Personality disorder ☐ 6. Psychosis (delusional) ☐ 7. Mental disorder due to general medical condition ☐ 97. Other ☐ 98. N/A ☐ 99. Unknown		□ 5. Personality disorder □ 6. Psychosis (delusional) □ 7. Mental disorder due to general medical condition □ 97. Other □ 98. N/A □ 99. Unknown
Criminal Charges/ Convictions (e.g. property crimes) MacArthur page 32)	91.	☐ 0. No ☐ 1. Yes ☐ 98. N/A ☐ 99. Unknown	97.	☐ 0. No ☐ 1. Yes ☐ 98. N/A ☐ 99. Unknown
	92.a	Alcohol abuse:  □ 0. No □ 1. Yes	98.a	Alcohol abuse:  ☐ 0. No ☐ 1. Yes
Substance Abuse	92.b	☐ 98. N/A ☐ 99. Unknown Drug abuse: ☐ 0. No ☐ 1. Yes ☐ 98. N/A ☐ 99. Unknown	98.b	☐ 98. N/A ☐ 99. Unknown Drug abuse: ☐ 0. No ☐ 1. Yes ☐ 98. N/A ☐ 99. Unknown
Spousal Abuse (Violence toward other)	93.	☐ 0. No ☐ 1. Yes ☐ 98. N/A ☐ 99. Unknown	99.	☐ 0. No ☐ 1. Yes ☐ 98. N/A ☐ 99. Unknown
Major Medical Illness	94.	☐ 0. No ☐ 1. Yes ☐ 98. N/A ☐ 99. Unknown	100.	☐ 0. No ☐ 1. Yes ☐ 98. N/A ☐ 99. Unknown
Siblings and extended	d family	mental health history		
101. Number of sibli	ngs:	0. None		☐ 99. Unknown
102. Brother(s) or sister(s) with menta health problems?	sister(s) with mental			Inknown
103. Sibling 1: If yes, primary Diagnosis		<ul> <li>□ 1. Schizophrenia</li> <li>□ 2. Depression</li> <li>□ 3. Bipolar disorder</li> <li>□ 4. Substance abuse disorder</li> <li>□ 5. Personality disorder/traits</li> <li>□ 6. Psychosis (delusional)</li> </ul>		☐ 7. Mental disorder due to general medical condition ☐ 97. Other ☐ 98. N/A ☐ 99. Unknown
104. Sibling 2: If yes, primary Diag	f yes, primary Diagnosis  □ 4. Substance abuse disorder □ 5. Personality disorder/traits □ 98. N/A		general medical condition ☐ 97. Other	
105. Sibling 3: If yes, primary Diagi	nosis	<ul> <li>□ 1. Schizophrenia</li> <li>□ 2. Depression</li> <li>□ 3. Bipolar disorder</li> <li>□ 4. Substance abuse disorder</li> <li>□ 5. Personality disorder/traits</li> <li>□ 6. Psychosis (delusional)</li> </ul>		☐ 7. Mental disorder due to general medical condition ☐ 97. Other ☐ 98. N/A ☐ 99. Unknown
106. Sibling 4: If yes, primary Diagi	nosis	<ul> <li>□ 1. Schizophrenia</li> <li>□ 2. Depression</li> <li>□ 3. Bipolar disorder</li> <li>□ 4. Substance abuse disorder</li> <li>□ 5. Personality disorder/traits</li> </ul>		☐ 7. Mental disorder due to general medical condition ☐ 97. Other ☐ 98. N/A

	☐ 6. Psychosis (delusional) ☐ 99. Unknown
107. Extended family diagnosed with mental disorder?	□ 0. No □ 1.Yes □ 99. Unknown
ADULT CRIMINAL ACTIVITY	/ (from form 6 of tracking study)
108. Charged as an Adult:	□ 0. No □ 1. Yes □ 99. Unknown
109. Number of Charges:	☐ 1. at least 1 ☐ 2. at least 2 ☐ 3. ≥3 ☐ 98. N/A ☐ 99. Unknown
110. Number of Violent charges:	☐ 1. at least 1 ☐ 2. at least 2 ☐ 3. ≥3 ☐ 98. N/A ☐ 99. Unknown
	111. (write out charges or note N/A):
List 4 most serious charges and code type from UCR files (using 4	
digit code):	112       □ 98. N/A       □ 99. Unknown         113       □ 98. N/A       □ 99. Unknown         114       □ 98. N/A       □ 99. Unknown         115       □ 98. N/A       □ 99. Unknown
116. Convicted as an Adult:	□ 0. No □ 1. Yes □ 99. Unknown
117. Age at first conviction:	1 yrs □ 98. N/A □ 99. Unknown
118. Number of convictions:	☐ 1. at least 1 ☐ 2. at least 2 ☐ 3. ≥3 ☐ 98. N/A ☐ 99. Unknown
119. Violent conviction(s) as an Adult:	□ 0. No □ 1. Yes □ 99. Unknown
120. Number of violent convictions:	□ 1. at least 1       □ 98. N/A         □ 2. at least 2       □ 99. Unknown         □ 3. ≥3
121. Most serious conviction: (UCR files)	4 digit code from Uniform Crime Reporting (UCR) ☐ 98. N/A ☐ 99. Unknown
122. Incarcerated as an Adult:	□ 0. No □ 1. Yes □ 99. Unknown
123. Number of incarcerations:	☐ 1. at least 1 ☐ 2. at least 2 ☐ 3. ≥3 ☐ 98. N/A ☐ 99. Unknown
124. Previously found NCRMD:	□ 0. No □ 1. Yes □ 99. Unknown
125. Previously found Unfit to Stand Trial	□ 0. No □ 1. Yes □ 99. Unknown

## Appendix C. START Interview

### Form 10

## SHORT-TERM ASSESSMENT OF RISK AND TREATABILITY (START)

\* COMPLETE VIA PATIENT INTERVIEW AND FILE

**Instructions**: This interview is semi-structured. Accordingly, you may omit questions if you already know the answer, and/or can ask additional probe questions not listed if needed. The information obtained from the interview will be used (along with file information) to code the START summary sheet.

□ Check box if START was completed from FILE ONLY (i.e., patient could not participate in START interview)

### A. START Items

### 1. SOCIAL SKILLS

1.	How are you doing [on this ward, in this hospital, in this half-way house, etc.]?
2.	What kinds of activities are you involved with day-to-day?
3.	Do you usually prefer to be around other people or do you prefer to be by yourself (e.g. are you a loner, or sociable, and outgoing)? Has this been the case over the past six months? (also relevant to relationships)
4.	How do you think other people [staff, other patients, or your family] would describe you (e.g., polite/impolite; friendly/shy)? (also relevant to relationships). Coding should also reflect the individual's behaviour in the interview.
mo	
una	TERVIEWER: If historical information needed to determine whether social skills is a "key" or "critical" item is available in files, query the above questions in regard to lifetime history (i.e., what kinds of activities are you usually olved in; have you ever)

### 2. RELATIONSHIPS

5. Are there people here that you get along with well (patients, staff)? / DK

Y/N/RF

<sup>\*</sup> Code for last 6 months

	People that you would consider friends?  / DK	Y / N / RF
	<ul> <li>DK</li> <li>Why are they your friends? (also relevant to social support)</li> </ul>	
6.	How have you been getting along with your family in the last six months or so? What is your family?	s it that you value about
7.	Is it important for you to have relationships with others? / DK Why?	Y / N / RF
8.	In the last six months, have other people: Hurt you physically?	Y / N / RF
/ DK		Y / N / RF
/ DK		Y/N/RF
/ DK	Manipulated you (e.g., taken advantage of you)?	f/N/Kr
	(If yes to any of above) What happened? What types of people are difficult for you to be	a around? (also relevent to
	Victimization)	e around? (also relevant to
9.	What about you? In the last six months have you:	
	What about you? In the last six months have you: Hurt anyone physically?	Y/N/RF
/ DK	What about you? In the last six months have you: Hurt anyone physically? Hurt anyone emotionally?	
/ DK / DK	What about you? In the last six months have you: Hurt anyone physically? Hurt anyone emotionally?  Manipulated anyone (e.g., taken advantage of someone)?	Y/N/RF
/ DK / DK	What about you? In the last six months have you: Hurt anyone physically? Hurt anyone emotionally?  Manipulated anyone (e.g., taken advantage of someone)?	Y/N/RF Y/N/RF Y/N/RF
/ DK / DK / DK	What about you? In the last six months have you: Hurt anyone physically? Hurt anyone emotionally? Manipulated anyone (e.g., taken advantage of someone)?  (If yes to any of above) What happened? Who/What types of people do you do this to insight, external triggers, conduct, attitudes)  Do you feel valued/appreciated by your friends, family, partner?	Y/N/RF Y/N/RF Y/N/RF
	What about you? In the last six months have you: Hurt anyone physically? Hurt anyone emotionally? Manipulated anyone (e.g., taken advantage of someone)? (If yes to any of above) What happened? Who/What types of people do you do this to insight, external triggers, conduct, attitudes)	Y / N / RF Y / N / RF Y / N / RF you? Why? (also relevant to

<sup>12.</sup> Do you believe your treatment team has your best interests in mind? Are there staff here that you feel you could go to if you had a problem or needed help? (also relevant to social support, attitudes)
Y/N/RF/DK

13.	Has there been a care provider or mental health professional with whom you felt you within the past six months?  Y / N / RF / DK	u had a good relationship
una	<b>TERVIEWER</b> : If historical information needed to determine whether <i>relationships</i> is a "available in files, query the above questions in regard to lifetime history (i.e., <i>Has it alwopen in other relationship? Have you ever</i> )	
3. C	OCCUPATIONAL	
14.	Have you been involved with any institutional/hospital programs related to education job skills during the past six months? (also relevant to treatability) (If yes) What do you like/dislike about being involved in these programs? / DK	nal upgrading and/or learning Y / N / RF / DK Y / N / RF
/ Dł	Do you find it difficult (e.g., need a lot of help to get your work assign	ments done)? Y / N / RF
	How do you think program staff would describe your performance in [insert program regularly, show up on time, and participate appropriately, for instance?	name]? Do you attend
15.	If the individual has not participated in educational/vocational programs: Do you thin upgrading or job skills training? Y / N / RF / DK	ık you need educational
	(If yes) Have you looked into what programs are available and what preparation you within the past six months? (also relevant to treatability and plans) Y / N / RF / DK	would need to do for them
16.	Is having a job/going to school important to you? / DK	Y / N / RF
17.	Is there any job that you would like to do?	Y / N / RF
	/ DK (If yes) Have you looked into what skills or training you would need to do this [within relevant to plans) Y / N / RF / DK	the past six months]? (also

	<b>ERVIEWER</b> : If historical information needed to determine whether <i>occupational</i> is a "key" or "critic vailable in files, query the above questions in regard to lifetime history (i.e., have you ever)	cal" item is
	ECREATIONAL What sorts of things do you like to do to relax or have fun?	
19.	What have you been doing during your free time over the past six months?	
20.	Have you been involved in any ward-based recreational activities within the past six months? (a. treatability)  Y / N / RF / DK	lso relevant to
	(If yes) Do you enjoy being involved in these activities?  / DK	Y / N / RF
21.	Have you been getting exercise over the past six months? (also relevant to self-care) / DK	Y / N / RF
22.	Do you have any interests or hobbies?	Y / N / RF
/ DK	/ DK (If yes) Have you been participating in these things over the past six months?	Y/N/RF
una	<b>ERVIEWER</b> : If historical information needed to determine whether <i>recreational</i> is a "key" or "critic vailable in files, query the above questions in regard to lifetime history (i.e., <i>How active are you gramunity?</i> )	
<u>5. S</u> 23.	ELF-CARE [also use for coding Risk Estimate - SELF-NEGLECT] How have you been sleeping in the last six months? [more/less than usual; too little? too much?	]
/ DI/	Do you sleep through most nights?	Y / N / RF
/ DK	Do you require any medications to help you sleep?	Y/N/RF
/ DK 24.	Have you been eating healthy meals for the most part within the past six months? / DK	Y / N / RF
	Can you give me an example of what you eat on a typical day?	
25.	Have you been able to keep yourself clean (i.e., taking showers, changing clothes regularly) with months?  Y / N / RF / DK	nin the past six
	How about your personal living space, do you keep tidy and clean?  / DK	Y / N / RF

	Do you need assistance with these tasks, reminders or help? / DK	Y/N/RF
26.	Has anyone complained to you about your hygiene within the past six months?	Y/N/RF
27.	/ DK Do you care about your appearance and/or the appearance of your living space	Y/N/RF
	/ DK	
28.	Do you feel good when you look good? When your room is tidy and clean? / DK	Y/N/RF 
ther	<b>ERVIEWER</b> : If historical information needed to determine whether <i>self-care</i> is a "key" or "critical" item (or ite is a historical basis for the <i>self-neglect</i> risk estimate) is unavailable in files, query the above questions fetime history (i.e., have you ever)	
6. N	IENTAL STATE and 17. INSIGHT	
	Code based on behaviour in the interview as well as file information and self-report	
29.	Do you know if the doctors or nurses here think you have a mental illness?  / DK	Y/N/RF
30.	Do you think you have a mental illness? / DK	Y/N/RF
	What mental illness do they say you have?	RF/ DK
32.	Do you agree with their diagnosis? / DK	Y/N/RF
	Why/why not? What does your diagnosis or mental illness mean to you?	
33.	Does your mental illness have any impact on your relationships? / DK	Y/N/RF
(If y	es) How so? (also relevant to social skills, relationships, social support)	
34.	What kinds of symptoms do you generally experience? Within the past six months have you had these	
	experiences?: Have you heard voices or sounds when other people are not in the room?	Y/N/RF
/ Dk		
	(If yes) What sorts of things? What do they say/sound like? (hallucinations)	
	What about seeing things that others do not see or smelling things that others do not smell? / DK	Y/N/RF
35	When was the last time you had symptoms? (Rest estimate):	RE / DK

36.	Is there anyone who is out to get you or plotting to harm you in some way?  / DK	Y / N / RF
37.	Do you feel like your condition is under control? / DK	Y / N / RF
	ERVIEWER: If historical information needed to determine whether mental state and/or insight is unavailable in files, query the above questions in regard to lifetime history (i.e., have you expressed in the state of the state and/or insight in the state and insight	
	MOTIONAL STATE [also use to code risk estimates SELF-HARM and SUICIDE]  How would you generally describe your mood	
39.	Have you felt sad, blue, or depressed in the last 6 months?	Y / N / RF
	/ DK Have you been feeling irritable? Or angry?	Y / N / RF
/ Dk		
	Unusually happy? / DK	Y/N/RF
	Other Do you usually feel this way?	Y/N/RF/DK
40.	Have you felt like life wasn't worth living, that things are hopeless over the past six months? / DK	Y/N/RF
41.	Have you ever felt so down in the past six months that you:	
/ Dk	hurt yourself (without intending to kill yourself)?	Y/N/RF
	2) tried to kill yourself?	Y / N / RF
/ Dk	# of times Can you tell me briefly what you did?	
	What was the outcome of the incident (e.g., were you taken to hospital, if an inpatient, were yobservation or in the side room to keep you safe?)	ou put on special
<u></u> 42.	Would you say that you usually expect things to turn out well or do you often expect the wors pessimistic or are you hopeful/optimistic?	t? Are you

43. Do you think you have a good sense of humour? Do other people ever tell you that you are funny?

		If historical information needed to determine whether <i>emotional state</i> is a "key" or "critica a historical basis for the <i>self-harm</i> and <i>suicide</i> risk estimates) is unavailable in files, quer	
		ard to lifetime history (i.e., have you ever)	
<u>8. S</u>	UBSTANCE	USE [also use to code risk estimate SUBSTANCE ABUSE]	
	Had any ald	6 months, have you: cohol to drink?	Y/N/RF
/ Dh	(If yes) / DK	# of times Did use ever result in impairment?	RF / DK Y / N / RF
/ DI	Used any di	rugs?	Y/N/RF
/ Dh	(If yes)	Type(s) # of times Did use ever result in impairment?	RF / DK RF / DK Y / N / RF
	Misused pre	escription medications?	Y/N/RF
/ Dk	(If yes) / DK	# of times Did use ever result in impairment?	RF / DK Y / N / RF
45.	•	and alcohol been problematic for you?	Y/N/RF
/ D.I.		s told you that drugs or alcohol are a problem for you?	Y/N/RF
/ Dk	Does it inter	fere with your medications?	Y/N/RF
46.	Has your su / DK	bstance use lead to you doing anything you later regretted? (also relevant to insight)	Y/N/RF
47.	Are you mo	re likely to behave aggressively or violently when you are using substances or immediate	ely after? Y / N
48.		, are you at risk to hurt yourself?	Y/N/
hos	RF / DK If appropital)?	opriate: Did substance abuse play a role in your index offence (or why you were brought	to the

49.	Have you participated in any treatment over the last 6 months for your drug or alcohol us <i>treatability</i> )?	e (also relevant to
	□ None □ Drug treatment □ Alcohol treatment	
	(If yes) How is treatment going?	
/ Dł	(If no) Do you want to be in treatment?	Y / N / RF
/ Dr		
whe	<b>ERVIEWER</b> : If historical information needed to determine whether <i>substance use</i> is a "kepther there is a historical basis for the <i>substance abuse</i> risk estimate) is unavailable in files stions in regard to lifetime history (i.e., have you ever)	
		· · · · · · · · · · · · · · · · · · ·
9. II	MPULSE CONTROL	
50.	Would you say that you usually think things through before acting or do you often act with possible consequences? How about in the last six months?	nout considering the
51.	Do you like to do things that are exciting or even a little bit dangerous? / DK	Y / N / RF
52.	Do people describe you as a risk taker?	Y/N/RF
	/ DK	V/N/55
	As impulsive? / DK	Y / N / RF
53.	Do you do things on the spur of the moment?	Y / N / RF
	/ DK (If yes) How often?	
54.	Do you sometimes wish you hadn't acted rashly or wonder why you did something (e.g., you intended to? take off on a day leave and not come back?) Y/N/RF/DK	spend more money than
55.	Do you tend to get upset when things don't go your way? / DK	Y/N/RF
	(If yes) Has this happened in the last 6 months? How did you react?	
56.	Has your impulsive behaviour gotten you into trouble (e.g., contact with the police?; loss relationship problems) in the last six months?  Y/N/RF/DK	of privileges on the ward;

	<b>ERVIEWER</b> : If historical information needed to determine whether <i>impulse control</i> is a "key available in files, query the above questions in regard to lifetime history (i.e., have you ever	
10.	EXTERNAL TRIGGERS	
57.	Would you say that you are easily influenced by other people?	Y / N / RF
	/ DK What about to do inappropriate or illegal things?	Y/N/RF
	/ DK (If yes) Has this happened in the last 6 months? / DK	Y / N / RF
 58.	Would you say that you are more likely to get into trouble if you are around certain people of drugs/alcohol? Has this been a problem recently?	, or under the influence
<u></u> 59.	Do you try to avoid [] (substances, victims, unhealthy environments)?  / DK  If you are unable to avoid [], how do you deal with these things? (also relevant to	Y / N / RF
una	TERVIEWER: If historical information needed to determine whether external triggers is a "ke available in files, query the above questions in regard to lifetime history (i.e., have you ever	
	This type of setting can sometimes be stressful for people how have you been finding it he	ere?
61.	What types of situations do you find stressful? (also relevant to external triggers) Are there that are problematic for you (Interviewer: If appropriate query regarding access to substa groups)?	
62.	In general, how well do you believe that you handle stressful situations?	
	Would you say that you are a good problem solver? / DK	Y / N / RF
٧	What would your family or treatment team say about your problem solving skills?	

<u></u>	Are there are techniques or methods you use to help you some with difficult citysticas?	
04.	Are there any techniques or methods you use to help you cope with difficult situations?  / DK	Y/N/RF
	(If yes) What do you find helpful; what are these?	
65.	Have you experienced any stressful events/periods during the past six months?  / DK	Y / N / RF
	(If yes) What happened? How did you deal with this?	
66.	When you experience a stressful or difficult situation, is there anyone you go to for assistance/guidan relevant to social support) Y / N / RF / DK	ce? (also
	(If yes) Have you done this within the past six months?	
	es, query the above questions in regard to lifetime history (i.e., have you ever)  SOCIAL SUPPORT	
67.	Do you have friends or family that you can rely on [here or in the community]? / DK	Y/N/RF
	(If yes):  Have [] provided you with support over the last 6 months?  / DK	Y/N/RF
	(If yes) What kind of support (i.e., emotional, financial, etc.)	 Y/N/RF
/ DK		
/ DK	Do you feel close to []?	Y/N/RF
/ DK	Do you trust them?	Y/N/RF
68.	Are there professionals on whom you feel that you can rely? (also relevant to therapeutic alliance) / DK	Y/N/RF
69.	Do you feel like you need the support of friends/family? Do you benefit from their assistance?  / DK	Y/N/RF
70.	Do you feel like you need the support of professionals? Do you benefit from their assistance? / DK	Y/N/RF

**INTERVIEWER**: If historical information needed to determine whether *social support* is a "key" or "critical" item is unavailable in files, query the above questions in regard to lifetime history (i.e., have you ever...)

	MATERIAL RESOURCES	
71.	Do you have enough money to support yourself and cover your basic needs (food, shelter, clothing)? / DK	Y/N/RF
/ DI	Do you have some money left over to enjoy some recreational activities?	Y/N/RF
72. —	Where do you get money from [e.g., job, government support, family, etc.]?	
73.	Do you have any debts, or owe anyone money? / DK	Y / N / RF
74. —	Are you able to manage your money, or do you tend to spend it as soon as you get it?	
75.	Have you spent more money than you could afford over the last 6 months? RF / DK	]Y / N /
	<b>ERVIEWER</b> : If historical information needed to determine whether <i>material resources</i> is a "key" or "critic vailable in files, query the above questions in regard to lifetime history (i.e., have you ever)	ai item is
_		
	ATTITUDES	
		Y/N/RF
76.	ATTITUDES  Are you satisfied with your life so far? / DK	Y / N / RF
76. 	ATTITUDES  Are you satisfied with your life so far? / DK Why/why not?	Y/N/RF

81.	(If applicable) What effect do you think your crimes/violence have had on the victims?
82.	How do you feel about the staff here? Co-patients? (also relevant to relationships)
83.	Do you feel that coming to RVH [being in this facility] was the right decision?  Y / N / RF  / DK  Why/why not?
	<b>ERVIEWER</b> : If historical information needed to determine whether <i>attitudes</i> is a "key" or "critical" item is unavailable les, query the above questions in regard to lifetime history (i.e., have you ever)
 14.	MEDICATION ADHERENCE
84.	Do you take any medications for your mental health problems? Y / N / RF / DK (If yes) Why do you take this medication? How does it help you? (also relevant to insight and treatability)
	How do you feel? Are there any negative side effects to the medications?
	Do you take your medication orally? on a regular basis/as prescribed? (also relevant to insight and treatability)
85.	Has there been a time over the past six months where you have stopped taking, or forgotten to take, your medications?  Y / N / RF / DK
86.	Are there any medications that your treatment team have recommended you take over the past six months, that you have chosen not to take?  Y/N/RF/DK  What was the reason for your decision?
	<b>ERVIEWER</b> : If historical information needed to determine whether <i>medication adherence</i> is a "key" or "critical" item navailable in files, query the above questions in regard to lifetime history (i.e., have you ever)

<u>15.</u>	RULE ADHERENCE
87.	What do you think about the rules here [the ward, hospital, half-way house etc.]?
88.	Why do you think these rules are in place? Is it good to have rules? (also relevant to attitudes)
89.	Do you generally follow the rules? Have you followed them in the last six months? (also relevant to attitudes and conduct)
	Y / N / R / DK (If no) What rules did you not follow? Why did you not follow them?
	<b>ERVIEWER</b> : If historical information needed to determine whether <i>rule adherence</i> is a "key" or "critical" item is vailable in files, query the above questions in regard to lifetime history (i.e., have you ever)
	CONDUCT
90.	Have you had any problems with other people (e.g., co-patients, staff, family) in the past six months? Y / N / RF / DK (If yes) What happened? What was the outcome?
91.	Over the past six months, have you spent any time in the side room, and/or lost or gained any privileges as a result of your behaviour? (also relevant to rule adherence)  Y / N / RF / DK
92.	Has anyone commented positively or negatively on your behaviour/conduct in the past six months? Y / N / R / DK (If yes) What for?
93.	(If appropriate) In the past six months, have you had any contact with police? New charges? Institutional infractions?  Y / N / RF / DK
94.	How do you contribute to making this a pleasant place to be?
95.	Have you harmed yourself or others in the past six months?  Y / N /  RF / DK

**INTERVIEWER**: If historical information needed to determine whether *conduct* is a "key" or "critical" item is unavailable in files, query the above questions in regard to lifetime history (i.e., have you ever...)

<u>18.</u>	<u>PLANS</u>
96.	What are your goals for the future?
97.	Do you have any short-term plans?  / DK  (If yes) What are they?
98.	What about any plans over the longer-term? / DK (If yes) What are they?
99.	[For any short- or long-term plans identified] What things do you need to do to make this happen? Have you done
	any of those things? How long will it take? How likely is it that this will work out/happen? (relationships, occupational, recreational, material resources)
	any of those things? How long will it take? How likely is it that this will work out/happen? (relationships,
files	any of those things? How long will it take? How likely is it that this will work out/happen? (relationships, occupational, recreational, material resources)  ERVIEWER: If historical information needed to determine whether plans is a "key" or "critical" item is unavailable in
files	any of those things? How long will it take? How likely is it that this will work out/happen? (relationships, occupational, recreational, material resources)  ERVIEWER: If historical information needed to determine whether plans is a "key" or "critical" item is unavailable in a query the above questions in regard to lifetime history (i.e., have you ever)  TREATABILITY  . (As appropriate) Other than the medications and programs for school or job training we talked about earlier, have you been involved in any other treatment programs within the past six months? Y / N / RF / DK

102. Do you think treatment can help you, or is it something that you just have to get through? (als and attitudes)	so relevant to insight
103. Has treatment helped you with your mental health condition? / DK (If yes) How so?	Y/N/RF
INTERVIEWER: If historical information needed to determine whether <i>Treatability</i> is a "key" or "cri unavailable in files, query the above questions in regard to lifetime history (i.e., have you ever)	itical" item is
21-22. CASE SPECIFIC ITEMS	
104. Do you have any other concerns? Specifically, is there anything that we haven't discussed th important to your well-being and/or your treatment?	at you feel is
105. In addition to the things that we've talked about already, do you have any other strengths or talent) that might be relevant to your mental health status and treatment?	talents (e.g., artistic
106. Similarly, are you facing any weaknesses, obstacles or vulnerabilities that we haven't discuss	sed?
B. Signature Risk Signs	
107. A small number of people report behaviours that are <u>unique</u> to them before they become ill o instance, someone might put on a particular item of clothing when their symptoms are getting of any signs that you demonstrate when your condition might be getting worse? (also relevant to the property of the people is a small property of the people in the people is a small property of the people is a small pro	g worse. Do you know
C. Specific Risk Estimates (Not addressed previously)	
VIOLENCE (adapt/omit questioning as appropriate based on information already obtained i	n the interview)
General:	
108. Do you have any history of committing physical aggression or violence against others? RF / DK	Y / N /

109. Do you have any history of committing physical aggression against property (e.g., throwing objects; kicking/punching objects)? Y / N / RF / DK			
110. Do you hav public? Y/N/RF/[	ve any history of committing verbally aggressive behaviour against staff, co-patients or me	embers of the	
Sexual aggress	sion:		
111. Have you o	ever made any sexually inappropriate comments or statements to others?	Y/N/RF	
(If yes)	How many times? To whom did you say those things?		
112. Have you e	ever threatened to sexually harm anyone?	Y / N / RF	
(If yes)	How many times? Who did you threaten?		
113. Have you 6	ever nonconsensually touched or harmed anyone sexually (without their permission)?	Y/N/RF	
(If yes)	How many times? Who did you do this to?		
BEING VICTIM	IZED (adapt/omit questioning as appropriate based on information already obtained	I in the	
interview)			
114. Has anyon / DK	e ever physically harmed you (or attempted to physically harm you)?	Y/N/RF	
•	<ul><li>As an adult (≥18 years)</li><li>/ DK</li></ul>	Y/N/RF	
•	As a child (,18 years) / DK	Y/N/RF	
(If yes)	How many times Was there a specific situation that caused someone to harm you? What was this?		

UNAUTHORIZED	<u>LEAVE</u>		
116. Have you ev	er left a fa	acility (e.g., hospital) without the approval of your treatment team?	Y / N / RF
(If yes)		any times? at reasons (e.g., to see family, substance use desire)?	
D. CURRENT MA		ENT MEASURES rent privilege level?	Y/N/RF/DK
Level _		s appropriate for your needs right now?	Y/N/RF/DK
(If no) what o	do you fee	el your privilege level should be?	
119. Do you fores	ee this le	vel changing in the next 6 months?	Y/N/RF/DK
E. HEALTH CON	CERNS/N	MEDICAL TESTS	
120. Do you have (If yes)		ous medical/health problems? re they?	Y/N/RF/DK
121. (If appropria	ite)	Are you on medication for the/these problem(s)?	Y / N / RF
/ DK		(If yes) Do you take them as prescribed?	Y / N / RF
	/ DK	What about other treatment(s)? / DK	Y / N / RF
	/ DK	(If yes) Are you following it as recommended?	Y / N / RF
122. Have you ha	ad any red	cent medical tests or do you require any tests?	Y / N / RF
	rally see	a doctor or specialist as required?	Y / N / RF
	er left a m	nedical condition unattended or not followed the recommended treatmen	nt? Y/N/RF
F. RISK FORMUL 125. How would y here/recent p	ou descri	be the circumstances that contributed to [your index offence?	e/admission

5 7,	at thoughts about the factors which, recently of in the past, may have had a st places your well-being or the well-being of others around you at risk. To [being victimized, engaging in substance abuse, aggression to

# Appendix D. HCR-20 & PCL:SV Interview

FORM 3 – RISK INTERVIEW FOR HISTORICAL/CLINICAL/RISK MANAGEMENT – 20 (HCR		
<ul> <li>– 20) &amp; PCL:SV</li> <li>Instructions: Complete ratings using information from both file and risk interview</li> </ul>		
☐ Check box if HCR-20 & PCL:SV were completed from FILE ONLY (i.e., patient could not participate in risk interview)		
H8: Early Maladjustment		
SAY: I'd like to ask you some questions about when you were young.		
Did you like school when you were a child? Y / N / DK / RF [What did you like/dislike about it?]		
Did you find school boring? Y / N / DK / RF		
Did you have trouble paying attention? Y / N / DK / RF		
How would your teachers have described you?		
What kinds of grades did you get? ☐ Mostly As, Bs, and Cs ☐ Mostly Ds, Es, and Fs ☐ Mix of		
category 1 and 2 [Could you have done much better if you had tried harder?]		
[could you have done much better if you had then harder:]		
Did you ever fail a grade? Y / N / DK / RF <b>IF YES</b> : What grade(s)? DK / RF		
Why?		
How did you get along with other kids at school?		
Did you have any close friends (or were you a loner?)  Y / N / DK / RF		
What was your attendance like at school?		
How often did you skip out? ☐ Never or infrequently ☐ Sometimes; on occasion		
☐ Often or frequently Specify age/grade range:		
What is the highest grade you completed? <b>IF PARTICIPANT DID NOT GRADUATE</b> : Why did		
you not graduate? Have you obtained or have plans to complete your GED?		

When you think back to that time	e before you	u were 12 year	s old, did yo	u get into trouble	at school	for:	
Cheating DK / RF	Y / N / I	OK / RF	Fighting	J		Y / N /	
		OK / RF	/ RF Vandalism			Y / N /	
eing drunk/stoned at school Y/N/		OK / RF	Setting	Setting fires		Y / N /	
DK / RF Stealing DK / RF	Y / N / I	OK / RF	Plagiaris	sm		Y / N /	
Were you ever suspended from s  If YES:	chool? Y / I	N / DK / RF					
What was the earliest age you were suspended? How many times were you suspended (best estimate)?				DK / RF DK / RF			
Were you ever expelled from sch <b>If YES</b> :							
What was the earliest age you were expelled?				_ DK / RF			
Where did you grow up?							
Were you raised by your natural DK / RF			F	Until the age of 1	16?	Y / N /	
IF NO, ask if this was due to:		Death of pare Abuse	nt(s)	Y / N / DK / RF Y / N / DK / RF	(snecify		
type(s))		Neglect		Y / N / DK / RF	(Specify		
Did you ever live with anyone els	e (step/ado	optive family, g	roup home,	etc.)?]	Y / N / [	OK / RF	
Ask the next 5 questions about to	he primary	parental home.	•				
What was your home life like?							
How often did you break the rule	s at home (	(lie, run away,	steal, etc.)?	How were you pu	nished?		
Do you have any brothers and sis	sters? [How	ı did you get al	ong with the	em?]			
			4				
How old were you when you left Why did you leave? What did you	-	=		DK / RF			

Have you ever been abused emotionally by anyone [else]? Y / N / DK / RF
IF PARTICIPANT ANSWERS YES, FOR EACH APPLICABLE TYPE OF ABUSE, ASK: If Physical Abuse:
By whom?
DK / RF Starting at what age (best estimate)? DK / RF For how long (number of years; best estimate): DK / RF
If Sexual Abuse:
By whom?
DK / RF Starting at what age (best estimate)? DK / RF For how long (number of years; best estimate): DK / RF
If Emotional Abuse: By whom?
DK / RF Starting at what age? DK / RF For how long (number of years; best estimate): DK / RF
H3. Relationship Instability
What is your relationship with your family like now? ( <b>Read response options to participant</b> )  1 = Very Poor  2 = Quite Poor; Sometimes "OK"  3 = Moderately good; Usually "OK"  4 = Good  5 = Excellent
How often do you have contact with them? ( <b>Read response options to participants</b> )  1 = Never  2 = Rarely; on occasion  3 = Sometimes  4 = Often  5 = Frequently
When was the last time you had contact with your family?
How many close friends do you have? (Best estimate): DK / RF [How long have you known them? Do you keep in touch with them? What makes someone a "close friend"?]
<b>SAY</b> : I'd like to switch topics now and ask you about your intimate relationships (meaning boyfriends/girlfriends; husbands/wives)
Have you ever had a long-term romantic relationship (6+ months)?  Y / N / DK / RF  Are you currently in a long-term romantic relationship?  Y / N / DK / RF

Y/N/DK/RF

Y/N/DK/RF

Were you ever physically abused by anyone [else]?

Were you ever sexually abused by anyone [else]?

IF YES: How long have you been in your	5: How long have you been in your current relationship?	
ask the next questions about the longest or most recent relationship:		
How long did the relationship last? [How What was your partner like? [What did your partner like?]		
Were you in love with your partner or wa Was the relationship stable? Did you argue much? Or ever have physical fights? Or separate and get back together? Why did the relationship end?	Y / N / DK / RF Y / N / DK / RF Y / N / DK / RF	("in love:" Y / N / DK / RF)
How long did it take you to get over it? (I	Best estimate):	
Do you still keep in touch with your ex-pa	artner? Y / N / DK / RF	
Have you ever been unfaithful to any of y [How often? With how many different par react?]	·	How did your partner
Da very house one shilldren 2	V / N / DV / DE	
Do you have any children? What about stepchildren?	Y / N / DK / RF Y / N / DK / RF	
How is your relationship with your childres  1 = Very Poor  2 = Quite Poor; Sometimes "OK"  3 = Moderately good; Usually "OK"  4 = Good  5 = Excellent	en? ( <b>Read response options to part</b>	cicipant)
How often do you have contact with your 1 = Never 2 = Rarely; on occasion 3 = Sometimes 4 = Often 5 = Frequently	children? ( <b>Read response options</b>	to participants)
When was the last time you saw or spoke DK / RF	e to one of your children? (Best estima	te):
H4: Employment Problems		
<b>SAY</b> : A moment ago I was asking about	your school history. Tell me about you	r work history.

What type of work have you done in the past?

How many different jobs have you had (best estimate)?	DK / RF
IF THE PARTICIPANT HAS BEEN EMPLOYED AT SOME POINT IN THE Are you a reliable employee? How would your bosses describe you? Are you	
How did you get along with your bosses?	
How did you get along with the other employees?	
Did you ever get into trouble at work for things like:  Being late or absent Y/N/DK/RF IF YES: How many times (best	estimate)?
DK / RF Drinking on the job Y / N / DK / RF IF YES: How many times (best	•
DK / RF Using drugs on the job Y / N / DK / RF IF YES: How many times (best	estimate)?
<ul><li>DK / RF</li><li>Fighting at work Y / N / DK / RF IF YES: How many times (best DK / RF</li></ul>	estimate)?
Stealing from work or other workers Y / N / DK / RF IF YES: How many DK / RF	times (best estimate)?
Ask the next 4 questions about his/her longest or most recent job:	
<ul> <li>What was your position?</li> <li>How long did you work there?</li> <li>Did you enjoy that job? [Was it boring? How was the money?]</li> <li>Why did you leave that job? [Did you quit, or were you fired? Did you h</li> </ul>	ave another iob lined up?1
Have you ever been unemployed? Y / N / DK / RF How many times have you been unemployed? For how long? Were you look How did you support yourself?	ing for work? How seriously?

# H6/C1/C2/C3/C5: Major Mental Illness /Lack of Insight/Negative Attitudes/Active Symptoms of Mental Illness/Unresponsive to Treatment

**SAY:** OK, I've asked you lots of questions about relationships and family. Now I'd like to ask you some questions about your health...

When was the first time you saw a psychiatrist or psychologist for mental health or em	otional problems?
(Best <u>age</u> estimate): DK / RF	
What kinds of problems were you having?	
When did they start? (Best <u>age</u> estimate): DK / RF	
Do you know if the psychiatrist or psychologist gave you a diagnosis? Y / N / DK / RI	=
If Yes, what? (best recollection): DK /	RF
<b>SAY</b> : Now I'd like to ask you some more questions about how you are doing in here.	
Do you know if the doctors or nurses here think you have a mental illness?  What mental illness do they say you have?	Y / N / DK / RF DK / RF
Do you think you have a mental illness? Y / N / DK / RF Why/why not? What does your diagnosis or mental illness mean to you?	
When was the last time you had symptoms? (Best estimate):	DK / RF
when was the last time you had symptoms: (best estimate).	DK / KF
Lately, has your condition been better or worse than usual? Better / Worse / Same ,	/ DK / RF
What are the signs that your condition might be getting worse?	
Any of these recently? Y / N / DK / RF	
IF YES: Describe  How recently (Best estimate, in days):	DK / RF DK / RF
Are you upset or do you tend to get angry or sensitive about your mental illness?  Do you know what medications you are on?  Y / N / DK / RF	, Y / N / DK / RF
Do these medications help you? Y / N / DK / RF What kind of risks do you think would occur if you stopped your medications?	
What are the signs that your condition might be getting worse?	
Do you consider your mental health condition to be a problem in your life, generally?	Y / N / DK / RF
How have your mental health problems affected your life (family, friends, relationships,	, work, school)?

Do you think that you have control over your mental health condition? What about your behaviour generally?	Y / N / DK / RF Y / N / DK / RF
Do you think your mental health problems are part of the reason you have other categories) in the past?  Y / N / DK / RF  Ever tried to stop it?	acted aggressively/violently (or
When was the last time you were really angry? (Best estimate):	DK / RF
Do people tell you that you have a bad temper? $Y / N / DK / E$ [What kinds of things get you really angry? What do you do when you are a	
How have your mental health problems affected your life (family, friends, re	elationships, work, school)?
Do you think the treatment in here has helped you cope with your mental h DK / RF	nealth condition? Y / N /
Do you think that the mental health professionals are really trying to help y	vou? Y / N / DK / RF
IF THE PARTICIPANT HAS ADMITTED TO VIOLENT BEHAVIOUR, AS Has treatment helped with keeping violent behaviour under control? Why/Why not?	<b>SK</b> : Y / N / DK / RF
Do you think your mental health problems are part of the reason you have Y / N / DK / RF Ever tried to stop it?	acted violently in the past?
How do you feel about the time you have spent here, and at RVH?	
Have hospital staff been helpful to you, generally? Y / N / DK / Why/why not?	′ RF

Do you ever feel like the doctors and mental health staff are jerking you around, pretending to help you when in fact they are disrespecting and abusing you? Y / N / DK / RF
IF APPLICABLE: Do you still get angry when you think about all the abuse you've taken? What do you think about doing when you get that angry?
Do you ever think about hurting or humiliating someone in public, who has hurt or insulted you in the past?
How do you think you come across to others? Are people afraid of you?
What's the thing you most regret having done? Why?

**SAY**: Now I'm going to ask you questions about certain types of treatment. Just let me know whether you have ever been involved in these sorts of treatment.

Has there ever been a time when you have been involved with/taken (go through checklist)...

#### (FOR ANY YES ANSWERS TO TREATMENT INVOLVEMENT, ASK):

- Were you involved in that treatment within the past month?
- Was there ever a time that you stopped taking your medication/stopped taking the right amount of medication/stopped participating in or going to treatment?
- IF YES, did this happen within the past month?

	EVER	WITHIN PAST MONTH
Medication	Y / N / DK / RF (non-compliance $\Box$ )	Y / N / DK / RF (non-compliance
Individual Therapy	Y / N / DK / RF (non-compliance $\Box$ )	Y / N / DK / RF (non-compliance
Group Therapy	Y / N / DK / RF (non-compliance $\Box$ )	Y / N / DK / RF (non-compliance
Alcohol Program	Y / N / DK / RF (non-compliance $\Box$ )	Y / N / DK / RF (non-compliance
Drug Program	Y / N / DK / RF (non-compliance $\Box$ )	Y / N / DK / RF (non-compliance
Vocational Program	Y / N / DK / RF (non-compliance $\Box$ )	Y / N / DK / RF (non-compliance
Educational Program	Y / N / DK / RF (non-compliance $\Box$ )	Y / N / DK / RF (non-compliance
Other	Y / N / DK / RF (non-compliance □)	Y / N / DK / RF (non-compliance

#### H1/H2: Previous Violence/Young Age at First Violent Incident

SAY: OK, let's switch topics now. I'd like to ask you about whether you ever did certain things as a child or

As a kid/child/adolescent, did you ever do crazy or dangerous things for fun? [What kind of things? At what ages?]	Y / N / DK / RF
Often bullied, threatened, or intimidated others:  Before the age of 15, did you bully, threaten, or intimidate other kids?  [Prompt for frequency if unclear from file whether above activities were isolated.]	/ N / DK / RF I vs. frequent ]
SCID Often initiated physical fights:  Before the age of 15, did you start fights?  Y / N / DK / RF	
[Prompt for frequency if unclear from file whether above activities were isolated	l vs. frequent]
SCID Used a weapon that can cause serious physical harm to others:  Before the age of 15, did you hurt or threaten someone with a weapon, like a b knife, or gun?  Y / N / DK / RF	at, brick, broken bottle
SCID Was physically cruel to people:  ***This refers to torturing or inflicting pain and suffering on others, apart from injuring the company of the company	ries inflicted during a
***This refers to torturing or inflicting pain and suffering on others, apart from inju	_
***This refers to torturing or inflicting pain and suffering on others, apart from injuright. It also includes situations in which no actual physical pain is inflicted  Before the age of 15, did you deliberately torture someone or cause someone p	-
***This refers to torturing or inflicting pain and suffering on others, apart from injuright. It also includes situations in which no actual physical pain is inflicted  Before the age of 15, did you deliberately torture someone or cause someone p suffering? Y / N / DK / RF  SCID Was physically cruel to animals:	_

**SCID** Stole while confronting a victim (e.g., purse snatching, extortion, armed robbery):

\*\*\*This item requires face-to-face confrontation, ranging from verbal threats to actual violence

<ul> <li>Before the age of 15, did you rob, mug or forcibly take something from someone by threate her? Y / N / DK / RF</li> </ul>	ening him or
SCID Forced someone into sexual activity:  Before the age of 15, did you force someone to have sex with you, to get undressed in fror touch you sexually, or to watch a sexual act?  Y / N / DK / RF	nt of you, to
SCID Deliberately engaged in fire setting with the intention of causing serious damage:  ***The critical element here is intention, rather than whether the fire actually caused severe da  • Before the age of 15, did you set fires? Y / N / DK / RF	ımage
SCID Deliberately destroyed others' property (other than by fire setting):	
***This item refers to vandalism of property with the intent to destroy, rather than purely as a expression (e.g., graffiti would not count, but breaking windows, trashing a house, putting dirt i tank, or slashing tires would).	
Before the age of 15, did you deliberately destroy things that weren't yours?     Y / N	/ DK / RF
<ul> <li>SCID Broke into someone else's house, building, or car:</li> <li>Before the age of 15, did you break into houses, other buildings, or cars?</li> <li>Y / N</li> </ul>	/ DK / DE
before the age of 13, did you break into houses, other buildings, or cars:  1 / N	/ DK / RF
<del></del>	
***This question refers to manipulative lying, and not to lying for other reasons (e.g., to avoid punishment; get someone else in trouble)  Before the age of 15, did you lie a lot or "con" other people?  Y / N / DK / R  [Prompt for frequency if unclear from file whether above activities were isolated vs. frequency	F
Stole items of nontrivial value without confronting a victim (e.g., shoplifting, stealing but breaking and entering, forgery):  ***This item does not address stealing of trivial items or forging a signature for purposes other  Before the age of 15, did you sometimes steal or shoplift things or forge someone's signature DK / RF	than theft

Ran away from home overnight at least twice while living in parental or parental surrogate home (or once without returning for a lengthy period):
Before the age of 15, did you run away and stay away overnight? Y / N / DK / RF
<ul> <li>SCID Often stayed out at night despite parental prohibitions:</li> <li>Before the age of 13, did you often stay out very late, long after the time you were supposed to be home?</li> </ul>
[Prompt for frequency if unclear from file whether above activities were isolated vs. frequent]
SCID Often truant from school:
Before the age of <b>13</b> , did you often skip school?  Y / N / DK / RF  [Prompt for frequency if unclear from file whether above activities were isolated vs. frequent]
(IF APPLICABLE): At what age did you first start engaging in criminal activities or violence (whether you were caught or not)? (Best estimate): DK / RF  How old were you when you <u>first</u> had contact with the criminal justice system? (Best estimate):
DK / RF  Did you ever get into trouble with the police for any of the things we've talked about, when you were a child/adolescent (17 and below)?
Y / N / DK / RF
Were you ever actually arrested as a juvenile (i.e., age 17 and below)? Y / N / DK / RF [What for? Were you ever convicted of these things?]
H1/C4/H10/H9: Previous Violence, Impulsivity, Prior Supervision Failure, Personality Disorder
<b>SAY:</b> OK, now I'd like to ask you some more questions about whether you might have engaged in any crime or violence as an adult (since you were 15).
Failure to conform to social norms with respect to lawful behaviours, as indicated by repeatedly performing acts that are grounds for arrest:  Since the age of 15, have you ever done things that are against the law – even if you weren't caught – like stealing, using or selling drugs, writing bad checks, or having sex for money?  Y / N / DK / RF
IF NO: Have you ever been arrested for anything?

Have you ever been incarcerated in a jail or prison? Y / N / DK / RF
Have you ever breached parole or probation, escaped, gone Unlawfully at Large, or had a Failure to Appear at court?
Continue with the following questions if participant admits to any criminal activity of any kind, whether leading to official charges or not:
Why did you start crime?
Are your crimes usually spur-of-the-moment (Y / N / DK / RF), or are they planned (Y / N / DK / RF)?  How do you feel when you are committing a crime (nervous, excited, scared, etc.)?
SCID Deceitfulness, as indicated by repeated lying, use of aliases or "conning" others for personal profit or pleasure:  • Since the age of 15, do you often find that you have to lie to get what you want? (Have you ever used an alias or pretended that you were someone else?) (Have you often "conned" others to get what you want?)
Do you lie a lot? (Y / N / DK / RF); Are you good at lying? (Y / N / DK / RF)
Do you think that people are easy to "con" or manipulate? (Y / N / DK / RF); Are you good at it? (Y / N / DK / RF) What kinds of things have you done?

#### **SCID** Impulsivity or failure to plan ahead:

- <u>Since the age of 15</u>, do you often do things on the spur of the moment without thinking about how it will affect you or other people? What kinds of things? Was there ever a time when you had no regular place to live?
- **IF YES**: For how long?

Did you ever "hit the road" and travel without any real plans? Y / N / DK / RF  IF YES: Where did you go? [For how long? What did you do? Did you tell anyone you were going? Did keep in touch with family or friends?]	
	you
<b>SCID</b> Irritability and aggressiveness, as indicated by repeated physical attacks or assaults:	
***Aggressive acts required to defend oneself or someone else or that are required as part of your job do not count	f
<ul> <li>Since the age of 15, have you been in any fights? Y / N / DK / RF</li> <li>IF YES: How often?</li> </ul>	
<ul> <li>Since the age of 15, have you ever hit or thrown things at your spouse or partner? Y / I DK / RF</li> <li>IF YES: How often?</li> </ul>	۷/
<ul> <li>Since the age of 15, have you ever hit a child – yours or someone else's – so hard that he she had bruises or had to stay in bed or see a doctor? Y / N / DK / RF</li> <li>IF YES: Tell me about that.</li> </ul>	or
<ul> <li>Since the age of 15, have you physically threatened or hurt anyone else?</li> <li>Y / N / DK / F</li> <li>IF YES: Tell me about that. How often?</li> </ul>	ŀF
What was the worst injury you ever caused someone?  DK / RF	
SCID Reckless disregard for safety of self or others:	
<ul> <li>Since the age of 15,</li> <li>Did you ever drive a car when you were drunk or high? Y / N / DK / RF</li> <li>How many speeding tickets have you gotten or car accidents have you been in? DR</li> </ul>	)K /
<ul> <li>Do you always use protection if you have sex with someone you don't know well?</li> <li>Y / I</li> <li>DK / RF</li> </ul>	۱/
<ul> <li>Has anyone ever said that you allowed a child that you were taking care of to be in a dangerous situation? Y / N / DK / RF</li> </ul>	

As an adult, do you ever do crazy or dangerous things for fun? $Y / N / DK / RF$ [ <b>IF YES</b> : What kind of things? When did you do these things?]
SCID Consistent irresponsibility, as indicated by repeated failure to sustain consistent work behaviour or honour financial obligations:
<ul> <li>How much of the time in the last 5 years were you not working?</li> <li>IF FOR A PROLONGED PERIOD: Why? (Was there work available?)</li> </ul>
<ul> <li>When you were working, did you miss a lot of work?</li> <li>Y / N / DK / RF</li> <li>IF YES: Why?</li> </ul>
<ul> <li>Did you ever walk off a job without having another one to go to? Y / N / DK / RF</li> <li>IF YES: How many times did this happen?</li></ul>
What about not paying child support, or not giving money to children or someone who depended on you? Y / N / DK / RF
Have you ever had any financial problems, like defaulting on loans, or credit problems due to unpaid bills? Y / N / DK / RF
Lacks remorse, as indicated by being indifferent to or rationalizing having hurt, mistreated, or stoler from another:  • IF THERE IS EVIDENCE OF ANTISOCIAL ACTS AND IT IS UNCLEAR WHETHER THERE IS
ANY REMORSE:     How do you feel about (LIST ANTISOCIAL ACTS)?     Do you think what you did is wrong in any way?
Who or what is to blame for your offences (or other antisocial acts)?
Do you regret having committed any of those crimes (or other antisocial acts)?  Y / N / DK / RF [Why/why not?]
Did any of your crimes (or other antisocial acts) have victims? What effect did the crimes have on the victims? What could you have done to avoid committing those crimes? Have you ever tried to stop crime?

crime)? Y / N / DK / RF	ou feel guilty or that you were	sorry you had	done (othe	er than
H5: Substance Use Problems				
Do you currently use alcohol? Have you ever used alcohol in the past?	Y / N / DK / RF Y / N / DK / RF			
IF YES, ASK: How old were you when you first tried alco	ohol for real? (Best estimate: _		)	DK / RF
Do you currently use drugs? Have you ever used drugs in the past?				
IF YES, ASK: How old were you when you first tried druw What kinds of drugs have you used?	gs? (Best estimate:	)	DK / RF DK / RF	
Were you ever addicted? Why do you use	drugs (escape, relaxation, stim	ulation, etc.)?		
Did you ever do anything dangerous or geget into fights, get arrested, etc.)? Y/N		nk or stoned (	drive while	impaired
		nk or stoned (	drive while	impaired
get into fights, get arrested, etc.)? Y / N	/ DK / RF  r plans in place for the participe flect the individual's eventual contract the treatment and method of supp	ant, you will n ommunity situ ort for those i	eed to adapartion (e.g.,	ot , it may
R1: Plans Lack Feasibility  * Interviewer: Depending on the transfe questioning or omit certain questions to renot be necessary to ask about community	/ DK / RF  r plans in place for the participe flect the individual's eventual contract the treatment and method of supp	ant, you will n ommunity situ ort for those i	eed to adapartion (e.g.,	ot , it may

Is there any trade or occupation you would like to have? [How long have you wanted to do this? Have you planned or prepared for this trade/occupation? What training would you require?]						
Are you worried about the future? Y / N / DK / RF [Why/why not?]						
Do you have a way to support yourself? Y / N / DK / RF What is it?						
Do you think you can stay safe? Y / N / DK / RF						
Do you know what you will do if you begin to experience worse symptoms? Y / N / DK / RF						
Do you think you need vocational help? Y / N / DK / RF Educational help? Y / N / DK / RF [If YES, have you looked into how to obtain this help?]						
R2: Exposure to Destabilizers  What sorts of things do you think might lead:  To you wanting to hurt yourself? DK / RF						
<ul> <li>To you being violent? DK / RF</li> <li>To you not taking your medication? DK / RF</li> </ul>						
To family conflict? DK / RF						
Do you think that you'll run into any of these things after you are transferred? Y / N / DK / RF IF YES: Do you have a plan for dealing with these things? Y / N / DK / RF What is it?						
Do you think you can stay away from drugs or alcohol? Y / N / DK / RF Why/why not?						
Are there any people you will see or spend time with who have trouble with the law?  Y / N / DK / R	F					
Will there be weapons in the residence where you'll be living? $Y / N / DK / RF$ Is there any risk of going homeless? $Y / N / DK / RF$ Or losing your social security benefits, if you have any? $Y / N / DK / RF$						

### **R3: Lack of Personal Support**

How supportive are your family and friends, in helping you with your treatment and recovery? (LOW / MODERATE / HIGH)
Have any of your family members been difficult to deal with? Have they been critical or don't want to have anything to do with you? Y / N / DK / RF
How will you fill your spare time? [Will there be big chunks of time when the patient is alone and left to their own devices?]
If you begin to feel alone, overwhelmed, or threatened, do you have someone who will be there for you?  Y / N / DK / RF
R4: Noncompliance with Remediation Attempts  Looking into the future, does it sometimes feel like it will be too much work to stay with treatment?
Y / N / DK / RF  IF APPLICABLE, ASK: In the past, you've stopped taking prescribed medicines or having gone to appointments. What will be different this time?
Have you worked out how you will receive treatment once you're in the community?  Y / N / DK / RF  [Are you in agreement with this treatment plan? Why/why not?]
Will you be attending day programming/partial hospitalization/a 12-step program/another social rehabilitation program/clinic groups? Y / N / DK / RF
Do you think that you'll stick with your medication? Y / N / DK / RF How about other treatment? Y / N / DK / RF [Why/why not?]

Do you anticipate that participating in treatment will result Y / N / DK / RF	in having to deal with di	fficult emotions?
R5: Stress		
Do you think that you'll feel a lot of stress after you are tra	ansferred? Y/N/DK	/ RF
What kinds of stress do you expect to experience once you	u are transferred?	
How about daily hassles? Y / I	N / DK / RF N / DK / RF N / DK / RF	
Do you think you'll run into any problems that you'll have a IF YES, what:	a hard time coping with?	Y / N / DK / RF
IF APPLICABLE: Will being around your family be stressful	in any way? Y	/ N / DK / RF
How about being around friends and other peers in the co	mmunity setting?	Y / N / DK / RF
IF APPLICABLE: What stress do expect to experience arou going to be able to pay rent? Y / N / DK / RF	nd getting a job/being un	nemployed? Are you
IF APPLICABLE: What is the neighbourhood like that you'll violence, gangs, substance abuse, prostitutes]	be returning to? [Assess	for neighbourhood
Are there any loved ones who are very ill or dying?	Y / N / DK / RF	
Do you have any medical or pain conditions that will cause	you stress? Y	/ N / DK / RF
Any unresolved criminal charges? Y / N / DK / RF	Deportatio	n? Y / N / DK / RF

Any daily hassles that just really bugged you when you were in the community? Y/N/DK/RF IF YES, ask: What are these hassles and how will you deal with them?

To the control of the boundary	2
Is there anything else that we haven't discussed that you feel is important for me to k	:now?

## Appendix E. SOS Incident Report

OTART CUTOOMS COALS (COC), INCIDENT REPORT(O)									
START OUTCOME SCALE (SOS): INCIDENT REPORT(S)  INSTRUCTIONS: Complete one incident report for up to the 5 most serious incidents (starting with the most recent) of ACTUAL AND/OR ATTEMPTED 1) PHYSICAL AGGRESSION AGAINST OTHERS, 2) SEXUAL AGGRESSION, 3) SELF-HARM, and/or 4) SUICIDE based on file information from the past 6 months. If the incident involved multiple targets/victims, complete a separate form specific to each target.									
CHECK BOX IF SECTION NOT APPLICABLE □									
	Target Incident Domain:								
Incident #	Target	:	of	Characteristics.		□ Sexual aggression □ Self-harm			
	(e.g. 1	 of 2\		□ Male □ Female		□ Aggression to others □ Suicide			
	(c.g. 1	01 2)		I I AGUII I GIIIG		Incident Nature: □ Actual □ Attempted Incident Severity Level (circle): 1 2 3 4			
Relationship	□ 12.		Spouse/ ommon law		l l	☐ 9. Fracture ☐ 10.Burn		Injury Severity (Highest)	
□ 1. Co-Patient □ 2. Nurse □ 3. Health care worker □ 4. Rehab. Staff □ 5. Psychologist/ psychiatrist □ 6. Social worker □ 7. Other health care staff □ 8. Security staff □ 9. Administration staff □ 10. Research staff □ 11. Other staff □ 12. Co-patient □ 13. Girlfriend/ byofriend/lover □ 14. Parental figure □ 15. Child (relate □ 16. Other family □ 17. Friend □ 18. Co-patient □ 19. Acquaintanc □ 20. Stranger □ 97. Other □ 98. NA □ 99. Unknown		ed) ly nce	□ 0.None □ 1.Headache/ pain/soreness/redn ess d) □ 2.Swelling/ bruising □ 3.Abrasion/ scratch ee □ 4.Bite □ 5.Puncture		☐ 11.Contusion ☐ 12.Suffocation/		□ 0.None □ 1.Mild (transient non-disabling impairment not requiring meds or tx) □ 2.Moderate (requiring med. attention) □ 3.Serious (fractures, hospitalization) □ 4.Death □ 98. NA □ 99.Unknown		
Incident Lo						Weapons		Substance Type	
□ 1. Outside □ 2. Corridor □ 3. Participant's room □ 4. Other patient's room □ 5. Dining room □ 6. Other common room (i.e., smoking/TV room) □ 7. Programs □ 8. Gym □ 9. Bathroom □ 10. Seclusion □ 11. Healthcare		□ 2. Outpatient Setting □ 1. Patient's home □ 2. Other residence □ 3. Store/bank □ 4. Restaurant □ 5. Bar/tavern □ 6. Other commercial □ 7. Work □ 8. School □ 9. Outdoors □ 10. Outpatient treatment □ 97. Other □ 98. NA		Sul	□ 0. No weapons □ 1. Gun □ 2. Knife □ 3. Blunt object □ 97. Other □ 98. NA □ 99. Unknown  Substance Use □ 0. None □ 1. Within 48 hours □ 2. Within 8 hours □ 3. Within 2 hours □ 4. During		☐ 1. Alcohol ☐ 2. Marijuana ☐ 3. Stimulants ☐ 4. Sedatives ☐ 5. Cocaine ☐ 6. Heroin ☐ 7. Opiates ☐ 8. PCP ☐ 9. Psychedelics ☐ 10. Inhalants ☐ 97. Other ☐ 98. NA ☐ 99. Unknown		
☐ 97. Other ☐ 99. □ 98. NA ☐ 99. Unknown		⊔ 99. Unk	□ 99. Unknown		☐ 97. Other ☐ 98. NA ☐ 99. Unknown		ner		
Interventions (code all that apply)							Management (code all that apply)		
□ 0. None □ 8.			☐ 8. Ala ☐ 9. Ex ☐ 10. Co ☐ 11. Po the time ☐ 97. O ☐ 98. No	<ul> <li>☐ 7. Isolation without seclusion—tin</li> <li>☐ 8. Alarm sounded</li> <li>☐ 9. Extra staff responded</li> <li>☐ 10. Code white</li> <li>☐ 11. Police response requested (i. the time)</li> <li>☐ 97. Other</li> <li>☐ 98. NA</li> <li>☐ 99. Unknown</li> </ul>				□ 0. None □ 1. Change in privileges □ 2. Change in meds □ 3. Change in ward □ 4. Police notified □ 5. Criminal charges □ 97. Other □ 98. NA	

CODING NOTES:		