



The 22nd Annual John K Friesen Conference

TABOO TOPICS IN RESIDENTIAL CARE

May 27-28, 2013

Segal Centre, SFU Vancouver Campus
515 West Hastings Street, Vancouver BC



Welcome

It is our pleasure and privilege to invite you to participate in the 22nd John K. Friesen Conference, this year on the topic “Taboo Topics in Residential Care.” The Simon Fraser University Gerontology Research Centre (GRC) and the associated Gerontology Department in cooperation with Fraser Health, the Public Guardian and Trustee of British Columbia, the Seniors’ Directorate, Ministry of Health, Province of British Columbia and Vancouver Coastal Health have brought together a group of Canadian experts in residential care policy, practice and research to address such difficult-to-deal-with issues as resident-resident aggression; theft and financial exploitation in institutional settings; alcohol, drug and tobacco use and abuse; sexuality; and dying and death. The conference will also discuss when it is and is not appropriate to use physical and/or chemical restraints and anti-psychotic medications. The conference also features a public lecture that will present a national perspective on elder abuse in Canada.

The objective of the conference is not just to raise awareness of these issues but also to identify steps that are or should be taken to safeguard the health, safety and well-being of residents of long term care facilities and those who care for them – both today and for the future.



Andrew Sixsmith PhD

Professor and Director, SFU Gerontology Research Centre (GRC) & President, North American Chapter, International Society for Gerontechnology
2013 Friesen Conference Chair

A handwritten signature in blue ink, appearing to read "Andrew Sixsmith".



Gloria Gutman PhD

Professor/Director Emerita SFU GRC & Dept. of Gerontology, President, International Network for Prevention of Elder Abuse, Past President, International Association of Gerontology and Geriatrics
2013 Friesen Conference Program Chair/Manager

A handwritten signature in black ink, appearing to read "Gloria Gutman".



Andrew Wister PhD

Professor and Chair, SFU Department of Gerontology

A handwritten signature in black ink, appearing to read "Andrew Wister".

Conference Program

Monday MAY 27

8.00am-9.00am Registration

9.00am-9.15am Welcome and Introduction
Andrew Sixsmith, Director, SFU Gerontology Research Centre

9.15am-10.30am “Residents Injuring Other Residents: What is Happening? What is Being Done?”

Chair: Gloria Gutman, Professor/Director Emerita SFU GRC & Gerontology Department

- **Lynn McDonald**, Director, Institute for Life Course and Aging, University of Toronto
- **Elisabeth Drance**, Medical Lead for Regional Older Adult Mental Health and Addiction Services, Vancouver Coastal Health

10.35am-11.00am Break

11.00am-12.15pm “Theft and Financial Abuse, Neglect and Exploitation in Institutional Settings

Chair: Alison Leaney, Provincial Coordinator, Vulnerable Adults Community Response, Public Guardian and Trustee of BC

- **Kimberly Azyan**, Director, Services to Adults, Public Guardian and Trustee of BC
- **Dan Levitt**, Executive Director, Tabor Village
- **Charmaine Spencer**, Adjunct Professor, SFU Gerontology and Immediate Past Co-chair, Canadian Network for Prevention of Elder Abuse (CNPEA)

12.15pm-1.15pm Lunch

1.15pm-2.30pm “Alcohol, Drugs and Tobacco in Institutional Settings”

Chair: Kelly Acker, Manager, Strategic Planning, Seniors’ Directorate, BC Ministry of Health

- **Ely Weston**, Community Program Manager, Vancouver Coastal Health/Providence Health Care Clinical Smoking Cessation Program
- **Lottie Cox**, Manager, Clinical Practice Administration & Quality Outcomes, Fraser Health Residential Care Program
- **Duncan Steele**, Coordinator, Ethics and Diversity Services, Fraser Health

2.30pm-3:00pm Break

3.00pm-4.15pm “Sexuality”

Chair: Shannon Berg, Executive Director, Home and Community Care, Vancouver Coastal Health

- **Marie Carlson**, Sexual Health Clinician, GF Strong Rehab Centre
- **Bonnie O’Sullivan**, Community Developer, Generations Program, QMUNITY
- **Jude Morrison**, Director of Resident Services and Assisted Living, Haro Park Centre

4.15pm-4.30pm “Wrap-up of the Day”

- **Alison Leaney**, Provincial Coordinator, Vulnerable Adults Community Response, Public Guardian and Trustee of BC

7.00pm-9:00 pm PUBLIC LECTURE & AWARD CEREMONY

Program:

7:00pm-8:15pm – Keynote Address “Rethinking Elder Abuse in Canada and Why It Matters”

Lynn McDonald, Director, Institute for Life Course and Aging, University of Toronto

8:15pm-8:30pm Presentation of 2013 SFU Elder Abuse Awareness to Action Awards

8:30pm-9:00pm Reception

COLLABORATING ORGANIZATIONS:



Ministry of
Health



TUESDAY MAY 28

7.00am-8.00am Registration

8.00am-9.15am “Chemical and Physical Restraints, Segregation and Surveillance: Risks and Benefits”

Chair: Sue Bedford, Director, Community Care Facility Licensing, Health Authorities Division, BC Ministry of Health

- **Leanne Dospital**, Services to Adults, Public Guardian and Trustee of BC
- **Elisa-Marie Weatherby**, Pharmacist, Lower Mainland Pharmacy Services
- **Susan Madlung**, Clinical Educator, Vancouver Coastal Seniors Program

9.15am-10.30am “Anti-psychotics and Off-label Prescriptions: Right for Whom? When?”

- **Leslie Smith**, Patient’s Daughter
- **Carol Ward**, Geriatric Psychiatrist, Tertiary Mental Health, Interior Health
- **Christina Krause**, Executive Director, BC Patient Safety Quality Council
- **Andrea Felzmann**, Clinical Practice Team - Vancouver

10.30am-10.45am Break

10.45am-12.15pm “Is D_E_A_T_H a dirty word in Residential Care?”

Chair: Cherry Harriman, Director, Clinical Programs, Abbotsford & Chilliwack, Residential Care, Assisted Living & Specialized Populations

- **Gina Gespard**, Clinical Nurse Specialist, Fraser Health Residential Care, Assisted Living & Specialized Population Program
- **Della Roberts**, Clinical Nurse Specialist, Fraser Health End of Life Care Program
- **Romayne Gallagher**, Head, Residential Care and Palliative Care Division, Department of Community and Family Medicine, Providence Health Care
- **Peter Edmunds**, Medical Director, North Shore Palliative Care Team

12.15pm-12.30pm Conference Wrap Up

Exhibitors

 <p>BC CENTRE FOR ELDER ADVOCACY SUPPORT</p>	<p>BC Centre for Elder Advocacy and Support (www.bceas.ca) and BC Association of Community Response Networks (www.bccrns) are two agencies whose purpose is to provide education about elder abuse as well as information and support for people who are at risk of elder abuse and neglect.</p>
 <p>BC Association of Community Response Networks <small>Stopping Adult Abuse and Neglect... Together</small></p>	
 <p>BRITISH COLUMBIA Ministry of Health</p>	<p>The Seniors' Directorate, B.C. Ministry of Health, through its website (www.SeniorsBC.ca) and printed material, provides information on government programs and services (such as health care, safety, finances, benefits, housing, transportation, and more) for seniors and their families so they can make better care and support choices. The <i>Seniors' Guide</i> (10th edition) is available in several languages, as is <i>Healthy Eating for Seniors</i>. Information kits on elder abuse prevention, recognition and response, and other resources are available to build awareness and encourage all British Columbians to commit to take action and to foster a shift in societal attitudes – to reduce elder abuse in our communities.</p>
 <p>Health Canada Santé Canada</p>	<p>Health Canada's exhibit will focus on providing information and resources for seniors on environmental health such as hazards in the home and air quality and on food safety, nutrition, reporting adverse reactions to medications and drugs and on other popular health topics. For more info, please visit: www.healthycanadians.gc.ca.</p>
 <p>INTERNATIONAL ASSOCIATION OF GERONTOLOGY AND GERIATRICS Founded 1950</p>	<p>The International Association of Gerontology and Geriatrics (IAGG) is comprised of 73 national organizations in 65 countries with a combined membership 45,100. Objectives are to promote research on individual and population aging, training of highly qualified personnel, and members' interests in international affairs. IAGG organizes a World Congress every four years, auspices workshops, expert meetings and regional Congresses, and collaborates regularly with the UN's Programme in Ageing, WHO, UNDP and other international organizations. http://www.iagg.info/</p>

	<p>The mission of the International Network for the Prevention of Elder Abuse (INPEA) is to increase capacity through international collaboration to recognize and respond to the mistreatment of older people, so that the later years of life are free from abuse, neglect and exploitation. It engages in research, education, and advocacy and originated World Elder Abuse Awareness Day, held annually on June 15. INPEA has Special Consultative Status with ECOSOC at the UN, is active in the UN NGO Committee on Aging in New York, Geneva and Vienna and is one of two international special interest organizations formally affiliated with IAGG. www.inpea.net</p>
	<p>The International Society for Gerontechnology (ISG) promotes design of technology and environments for independent living and social participation of older persons in good health, comfort and safety. It holds biennial international conferences, publishes the quarterly journal <i>Gerontechnology</i> and, like INPEA, enjoys a collaborative relationship with IAGG as a Standing Committee. www.gerontechnology.info</p>
 <p>GERONTOLOGY RESEARCH CENTRE</p>	<p>Founded in 1982 the Simon Fraser University Gerontology Research Centre GRC specializes in research in five areas: Aging and the Built Environment, Health and Aging, Prevention of Elder Abuse and Neglect, Changing Demography and Lifestyles, and Aging and Technology (www.sfu.ca/grc). The associated Department of Gerontology, established in 1983, offers a post-baccalaureate Diploma in Gerontology, an undergraduate minor, as well as Master's and PhD Degrees (www.sfu.ca/gerontology)</p>
	<p>In light of the changes to Advance Care Planning legislation, Vancouver Coastal Health has developed and begun delivering educational curriculum and instructions on workflow processes on this topic to better capture our clients' health decisions and wishes for future care. In residential care, we have begun a process of providing information to staff to support the conversations around advance care planning. In addition, we are currently working together to support a regional, residential initiative which will streamline the advance care planning, goals of care conversations, and medical orders process.</p>



The John K. Friesen Conference Series

The series is designed to meet the continuing education needs of agencies and individuals responsible for planning, administering and providing services to the elderly. The series embraces two of John Friesen's lifetime interests – the education of adults and the special needs of an aging population.

John Friesen was one of Canada's leading contributors to the field of adult education. In his long career, Dr. Friesen served in university extension work in Canada and overseas and was involved in enhancing life in many different ways from community arts to credit unions. For his leadership role in adult education, Simon Fraser University awarded him an Honourary Doctor of Laws Degree in 1985.