

P12

Session 1 (Sound)

*I: So today now, we're going to talk about...your experience, I want to understand how you experience....[INTRODUCTION CONTINUES]
So how would you explain your experience with this?*

P12: When I first walked into it, it was very um..i guess **the darkness and isolation was very strong**. So it felt like uh...it did feel like **I was in a different space already just kind of when cross that threshold**. And so I went in and I was just kind of just standing still at first I think 'cos I was just **trying to see what I felt like without moving around too much at first**. And that's when I started hearing the sounds I guess. Or the little those clicking sounds from the bottom which I thought were kind of...I don't know I liked the sounds. **I like the texture of that sound actually**.

I: You mean the clicking sound?

P12: Yeah. So I was listening to that for a bit but then I seemed to hear...but at that point I was still standing still so **it seemed to hear more of it when I started walking around more**. So um...I started doing that or I started walking around more and in certain areas I um...I started hearing more of the wind sound. And I wasn't sure at first if it was because I was moving more or if it was being directed in specific areas of the space so ...um...I started to I guess to move around more just to see if I could play with that sound. And it did seem to, or well **it seemed to me I guess it react more when I moved or made bigger movements or faster ones I guess I would hear that more**. So I felt um..i guess after doing that **I felt more linked to the sound in the space**. And then I thought it was, I mean just going through it with the strands and everything it was very...it was a little strange at first 'cos I would walk through it and I thought at first it'd be getting caught or like catching on things on me but it doesn't. And it's a very ...like it doesn't I guess 'cos they're kind of I'm not sure what they're made of I guess like plastic called fiber optics.

It doesn't feel natural or it feels synthetic but it's kind of it's really soft right and it doesn't feel threatening so, it felt like this alien environment kind of to me. And it was...it felt um...yea I mean all the different strands on my arms and stuff like that felt really interesting and I don't think. And I was trying to compare it to other stuff but I don't know if I felt stuff like that before. And it was just...the point of light from this side that's kind of reflecting off of that um..when I'm walking through it it would kind of be or the way that the light reflected of the moving strands look very beautiful so that made me kind of want to like I guess play with the strands more or move my arms around in like a sweeping motion. Yeah so...it was um...that's what I was doing for most of it I guess just kind of walking around and just stroking the strings. Um..

I: Okay thank you. You said when you walked in first time it was dark and you feel like isolated, isolation. Can you describe a little bit more about that experience? that moment?

P12: Um..I think it was... just because ...I think like because of the density, or because there's a lot of the fiber optics I think that's what helped a lot when I stepped into it that made it feel like I was in some place else. And I guess...I think it was more powerful because I was by myself. I'm not sure I would've felt the same way if I was in there with other people as well. So I was in there alone and I was just very...um...yeah like the strings make the space feel really different from you

know, sitting or standing out here so **it felt like I was somewhere else I guess and that's why it felt isolated.**

I: Okay um...did you feel anything else when you just walked in...It was dark and any other feeling around your body?

P12: Um...kind of I guess. It's very or I guess when I first walked in, I wasn't feeling so much with my body yet since I was standing still. **It was more my mind** I suppose. It felt..um..like when I first got in **I guess it just felt a little...the space felt bigger than it actually is.** Because of the sound too so it was kind of more up here for me at first and then **when I started moving around afterwards was when I started feeling it more with my body.**

I: So you mean when you walked in that, you thought the space was bigger than outside?

P12: Yeah Yeah or it seemed like it to me

I: Um...okay so beginning of...your talk you mentioned a lot of different things and now I don't know what haha. Okay so it was isolated and then you kind of realized there was sound and then um...you weren't sure the sound of wind or other sound were respond to your movement or a certain space, how did you figure that out?

P12: Um...**i think just by exploring the space more or moving around** 'cos at first I thought that the wind sound was only in one corner or something like that but then when I started moving around more I started realizing it in different places. Realizing it wasn't consistent to specific spots inside so..yeah.

*I: How did you feel about the **sound** this piece has?*

P12: The clicking sounds and the stuff like that I really liked that one and just..i guess the placement of it too...it feels low to the ground and it feels um...kind of...like it was interesting to me I guess because it felt or it almost sounded like some kind of **synthetic rain** or something like that. It was like I was saying when I went inside **it didn't' feel like a natural space like it felt something that was man-made** which was really interesting to me. And I thought the sound went or that the clicking sounds went well with that but **the wind one I guess it gave me the right feeling like the feeling of openness it was also very natural sound**, which was a bit I guess a different or a bit incongruous to the rest of it for me. so yeah.

I: You said man-made or alien feeling from this environment. Can you describe a little bit about that? I'm curious the alien and man-made...two words a little bit different meaning. The man-made means more realistic but to me alien has a little bit different...

P12: I see yeah I see what you're saying. **I used the term 'man-made' because it doesn't feel like a natural space to me.**

And then I guess when **I said 'alien' it feels other worldly** because it doesn't feel like...spaces that I usually encounter in my everyday life.

I: So it's a kind of you know association or combination between realistic material-wise but it creates very different experience in real life?

P12: Yeah. **It feels realistic but it's creating this novel experience** yeah that doesn't um...yea it's not a familiar feeling so....

I: Were they two different kind of experience or kind of in and out or worked together?

P12: I think it worked together for me. Or **it felt cohesive for me** when I was in it. It's just kind of hard to explain it afterwards 'cos it sounds like it's two different things when I'm talking about it but it felt...it didn't feel separate to me when I was in it.

I: what about touching fiber optics? Can you talk about that experience? the tactility, tactile feeling of it?

P12: Um..yeah it was really. Yeah they were really soft to the touch which was...a little different then I was expecting I guess.

I: What did you expect?

P12: Or I guess. Well I guess they don't look very rigid but when you know when I see it from the outside or when I first go in, it feels the space looks...I guess very densely packed with these things so it feels like it's going to be um...I'm not sure, there's just lots of stuff to get through and **it'd be hard to you know make your way through it without it...without getting tangled in all of it but that's why it was a nice surprise when I did go through it.** And I found when I was walking around or moving my arms and stuff like that it would just kind of fall off me.

I: So you mean soft, can you give me an example in real life. What kind of softness are you talking about?

P12: Um...probably more like...I guess it's like, it reminded me of those kind of like threads or strings. Some people in their houses you know put a bunch of uh...I think strings over a door. I don't know if you've seen those before but they're kind of or sometimes they're kind of like **strings with beads** on them and it's draped like through a door way instead of having a door there. So going through something like that reminded me of it. And also just...

I: How did you...how did your skin feel about that?

P12: It was um...yeah it was really smooth. 'cos I...and actually I just remembered a better example was actually, my neighbor has like a really big **willow tree** actually and they have all the branches and strands hanging down so walking through it and having to push through those kinds of things, it felt like that.

But it was also really different in that 'cos when you walk through the strands of a willow there's lots of leaves on it and it's kind of dry too where you get a lot of. It's like a really different texture. And this one, this one's really smooth and it just kind of shears off you as you move it, which I thought was really different.

I: Any other body parts about that?

P12: I think, I guess slightly um..on my face a bit when I was going through too but most of it seemed to be concentrated on my arm so.

I: When your face feels about it...how do you think about it?

P12: hm...it was kind of hm..i guess **I didn't think about it as much when that happened 'cos I wasn't really concentrating on that** 'cos I was just focused on playing with my arms. So..hm...yeah.

I: Did you aware of any other sensations or senses?

P12: Um...a little bit on **my feet** I guess too. I just...I guess **the ends of the fiber optics were sometimes hitting my feet** when I was walking through it too which I um....it was yeah it was interesting because it was a different feeling than on the arms. **Because on the arms you get the smooth, you know, things kind of just falling over you and stuff like that. You can feel the ends of the strings on your feet sometimes** and it just um...yeah. Added more...

I: How was it?

P12: It was okay. The feeling on the feet was a lot more **subtle**. It wasn't as strong as I guess as the arms. So..um..but yeah it definitely helps to have the shoes off too.

*I: Did you try any **specific actions** in this environment?*

P12: Hm...I guess a lot of it was just **sweeping my arms** around kind of when I was trying to catch more of the strings or trying to create I guess maybe...there's a bit when I was trying to create an open space just try to open it up a bit to look around. Um...mostly it was that. I think closer to the end I was kind of crouching down in the middle just trying to see if it felt much different or if the sounds felt much different from a lower vantage point. And also just trying to compare it again to what it felt like when I was **being still as opposed** to moving so but I think...

I: did you find any differences?

P12: Yeah, I mean after moving around for quite a bit and trying to explore the sounds it was a big contrast I guess to go back to doing nothing and not hearing as much anymore and hearing the last bits of the sounds ??repeated?? out I thought was really nice. Um..and then yeah, I guess at the end it kind of returned to the similar feeling of what I was feeling at the beginning when I first stepped in so. Yeah.

I: when you walked you said near the end of the experience you crouched down and you don't move. Kind of sit still and the middle of your experience you walked around moving your arms, were they....I don't know how to ask...hard to ask...Um...how were they different?

P12: Um..i think they felt different to me in that when I'm moving around or when I was more exploratory and I was trying to feel the different stuff, it felt more focused on the bodily experience and when I was standing still it was more mental I guess 'cos then just thinking about stuff, thinking about how I felt mentally you know how it was calm and quiet. But...um...yeah that was the contrast for me.

I: So when you move around you didn't think you just moved around?

P12: Yeah not in the same way. Like I wasn't, I guess it wasn't as contemplative. 'cos then I was just focusing on, yea I just caught up in just moving around and wanting to feel the stuff on my arms and trying to listen to the sounds.

I: but when you stood still, um...you said you feel more calm and you kind of thinking about...the piece [[or peace?]] and your feeling?

P12: Yeah. I think so, yea I think that's how it was.

I: Okay, um...so you used the word "calm" was it you always feel calm...means....calm yourself or calm the environment?

P12: Um..i **guess I felt calm** because of the environment. Or this, it helped create this feeling in me just because it was, it's a fairly quite space and I was by myself and I was just able to kind of ...crouch there and just...I don't know, just sitting there and not having to talk to anyone or anything like that and just being able to think about what I just experienced I guess. Yeah.

I: Did you feel any emotions?

P12: Not too much this time, it was mostly **curiosity I think of just wanting to figure out how exactly it works and what it feels like**. I think that was the biggest emotion probably for me.

*I: Have you noticed that through the experience, have you noticed that your feeling or your you know any **experience change through the session?***

P12: Um, I don't think so. Or **it felt pretty consistent to me** I guess on the whole. **The only shift for me was what I was mentioning about how it kind of shifted from a mental thing at first to bodily one then mentally again**. But on the whole, I guess, the...the mood of it...

I: How would you describe the whole or overall experience or mood you mentioned or quality of your experience?

P12: Um, I would say it was pretty powerful in a way and that it did feel like I was saying a while ago, **not anything else I've ever felt before**. Um...so that to me was really interesting and it was nice to have this place that was just kind of...like I was free to move on my own and not have to worry about like I guess explaining it to other people or anything like that. But beyond that that was pretty much it for this time.

I: You want to add anything?

P12: I don't think so, I think that's everything.

Session 2 (Video)

I: How would you explain your experience this time?

P12: Um...for this one when you turn down the projector and just got it set up I was actually kind of looking at it from the outside for a little bit before I went in. Just **looking at it from outside, I thought the lights looked really nice**. And just along the bottom of the piece it kind of made it **look like a little city** or something like that. And when I went inside it, it felt...um..it seemed different because it didn't seem as...I guess when you're looking at it from the outside it looks stationary right and when I go in, it felt like it was kind of **its own presence or like it was its own presence in the space**. And **the lights were kind of alive even**. So...um...I went into it and then they seemed to.

It felt like the green light was following me around and actually i thought it was interesting because when I first went into it and I was just walking around just look at the lights, it felt like **I guess since it creates this thing that looks like terrain on the bottom it feels like I should've been walking through something solid or something like because it looked like that but my feet weren't feeling anything so that was kind of interesting**. So I was just kind of observing that at first. Um..and then as I moved around more I tried to play around with the lights I guess, I found myself kind of constantly turning around to see if they were following me

which I think um...but I was ..it felt like the green one was but **I was a bit curious of the blue one which seem to mostly stay, it seem to mostly stay in the same place** when I was in it. Um...so I kind of did that for a while just kind of walked around um...I guess I was mostly observing the lights, I wasn't touching the strands as much at that point. But then afterwards I kind of..i think after that **I sat down for a bit and then that's when I kind of playing with the strands or wanting to touch the lights and see what they felt like** and 'cos they really just felt like or they look like little **fireflies** or something like **that i could just play with**. And it would just, I liked how...even if I was staying stil or even you know when I just sat down to look at all of them, they were, they were stationary but they were also moving in this very slight way...I guess, or just shifting very slightly I guess 'cos the strands are just moving very little bit which made it seem like they were, I think that added more to the feeling that **they were kind of alive in their own way**. Um...so yeah I was sitting down at that point and I think that was the first point that I looked up at the rest of the strands or I looked upwards and um...that had a very nice effect to because the light was or at least on the strands around me, I could kind of see the lights shimmering a bit since they were going down the length of the strand. And it reminded me a bit I guess of something like the **Northern Lights**, or stuff like that, which I thought was really beautiful. Um...Yeah. That was most of it I think...I think afterwards I went outside again and looked at it from the outside again and it felt...and yea it was very different looking at it from the outside and actually being inside it.

I: You said you know from the outside you kind of see the stationary image and then when you walked in you see you know the presence of yourself?

P12: I guess, I think I was focusing more on the presence of the lights. Yeah 'cos yeah from outside it looks like a city and then you go in and it didn't feel like a city anymore it felt like a **bunch of fireflies on the ground or something like that.**

I: So you kind of mentioned, you see the kind of terrain but your feet didn't feel that, can you describe a little bit more about that moment?

P12: Um...yeah I mean I guess it was, it was just kind of strange at first 'cos it felt..'cos you know it's one of those things where **you feel like your brain's telling you one thing because it felt like there should be ground there but...there wasn't anything when my feet were going through it. I guess, it was almost as if my feet were kind of like feeling something I guess. Maybe not really that tangible but it felt like it was trying to feel something there because the brain was trying to think that. Um...**

I: What did your feet feel?

P12: Um...I guess it was a...it was a bit um...I don't know hard to explain because physically it was mostly just feeling the carpet on the bottom but it was like..i could almost feel something else kind of on the rest of it or a bit above it where **my mind was thinking there was supposed to be something there I guess. I don't know it's kind of a weird sensation.**

I: Something there but you're not sure ...was it unclear?

P12: Yeah....um...a little bit, I guess yeah, I guess it was slightly, like it felt like it **was confusing for my feet but not like not necessarily in a bad way either it was just different.**

I: Did you try something to kind of avoid that confusion?

P12: Um...not really I mean I raised my feet a little bit I guess when I was walking a little too. But I suppose when I did that it destroyed the illusion a little bit because it would disrupt the lights so it wouldn't feel like that solidity was there anymore. Um...but that was about it.

I: Um...at one point you sat down and kind of touched the light, how was it ?

P12: um, it was **I enjoyed it because it felt very playful I guess 'cos the lights themselves felt like their own presence.** So in this strange way it didn't feel like I was really by myself or anything and I just kind of wanted to..um..touch them because they were...like I was saying they were all kind of moving in their own way even if you weren't moving you could see them shifting slightly. And it was really..um...yeah it's like the points of lights were kind of separated from the strands. Or like I started to just see those instead of just the strings so it just looked **like they were floating there.** Um...Yeah, which was **pretty magical so.**

*I: You said that it was playful but can you describe that **quality of playfulness?** It seems different from...play, playful in a playground or play game*

P12: Yeah, I guess maybe I chose that word because it feels like...hm..just because **they remind me so much of fireflies** and **when you're a kid you would used to want to catch those things or want to see how they reacted to you you know so it reminded me a lot of them.** And I guess a little bit too when it felt like I was **playing with them** I guess. 'cos even when I was just sitting down and wasn't moving my arms and stuff and I was trying to see if it would follow where my arms were and stuff like that. I did get the sense that they were following me which was...yeah. I don't know it felt...

I: Did you um..notice any other senses when you touched them? Or play with them?

P12: I guess when I was touching them, there was a bit when **I tried to use my hand I guess just to feel the bottoms of the strands and that was kind of, that one was interesting because yeah you were feeling like the points I guess.** Or the points of lights as oppose to just the smoothness of the strands above. Um...

I: Okay when you hold the end of the strand, did you feel they were still alive?

P12: Um...in a way yes but slightly less so than before because when I did that, it made it kind of...it made it more evident that they were strands 'cos you do that and then okay they're still strings they're still attached to all this um...but when I don't do that it seems like they are just floating there.

*I: What about you know **tactile feeling** of it?*

P12: Um...it was I guess I felt more of it when I was...there was a point where I was walking around I guess um..not too slowly I guess but I was just going through it sweeping through the strands again and like the...**how do I describe the ends of the lights were kind of like I could kind of see them beside me 'cos they were getting caught on my shoulder and they would fall away as I walking away through them so I was kind of seeing those lights beside me and feeling the ends of the strings a bit,** if that makes sense 'cos I was going through it yeah. Instead of just just the length of of it so that was kind of interesting 'cos **it felt a bit more tactile I guess a little more presence than the smoothness of the strands.**

I: So when you had the ends of the lights around your shoulder how did you feel?

P12: Um...it was kind of like a similar feeling to when I was sitting down and that it felt like I was, it felt playful in the same way to me 'cos it felt like they were still following me I guess and wanting to be close to be I guess 'cos you know they were getting caught on me and stuff like that, though they...it felt the same way for me but it looked different 'cos I guess when I stand up and going through it they don't look like just points of light. I guess you could see the light at the end and a bit of the length too. They didn't feel like the fireflies like when I was sitting down but it was the same sense of it feels like **there's something else here that wants to interact with me so.** Yeah.

I: You talked about you know playfulness with the light when you were sitting down and then when you walked around the lights around your shoulder. Different sensations but you still feel playful and they are kind of not just material but they are kind of alive and kind of play with you in that environment. Um..what about the color or movement of light, did you notice anything the characteristic of the lights?

P12: Um...yeah I did actually I mean I thought the movement of the light was really great in the way that it would follow me around or like there seemed to be like a slight delay so it was kind of right behind me most of the time so like I was saying I'd move around and look behind me to see where it was or see if it was following um..which added a lot I think to the feeling that it was kind of its own thing that wanted to play but I was a little...like I like how the lights are not too intense and they're not super super bright which I thought was nice too but I wasn't too sure I guess of the color choices? Or it could've been another color and I would've probably felt same way so I was curious what your motivations were with the color also. And also with the I guess I was curious about the blue part too 'cos I was trying to play with that for a while and it seemed to have stayed stationary.

I: What did you try with blue?

P12: I was kind of I think well when I was sitting down I think I was right beside the blue area so I was trying to play with it or move the strands around and touch it to see if my motions or touching it would do anything to I but it didn't seem to me.

I: did you notice any other patterns? Always the green light follow you?

P12: Yeah **the green one would follow me** but I was trying to I guess notice something with the blue one but I couldn't see as much.

*I: Do you have any words or phrases, well you already mentioned fireflies and it reminded you of fireflies but um..do you have any words or **phrases actually captures your experience in this session?***

P12: Yeah I think most of it for me is that...or what I guess I felt for it was **the sense of wonder.** When I went through before I go in I could see from the outside like okay they're fiber optics here and lights at the bottom but when you're inside it I guess it's just really interesting I just thought it was really neat that these materials could create something that look so..like it really is quite beautiful when you look inside it. And **it's easy to forget what it actually is which I thought was really effective because you're just seeing it as...like I see it as fireflies but someone else could see it as other things but...yeah it felt totally different than what the materials actually were and it was just really...and I guess in some ways like...I mean they look like stars too but they were constantly shifting but it still felt like you were in this place that was far away from everything else.** Which I thought was really nice.

I: In the beginning of this conversation you mentioned the kind of effect was similar to Northern Lights have you seen the Northern lights?

P12: Only in images and video from other places, I'd like to see it one day

I: *Did you notice any other sensations from this session?*

P12: I don't think so...it feels like I've talked about everything that I did.

I: *Apparently this one was different from the first session, can you explain how two **experiences** are different?*

P12: Oh for me, it was **there was a big contrast for me** because it felt like um..first one you know I think one of the first things **I said it felt isolated** or I went in and just kind of explored this dark space but **this one...it was still dark but it didn't feel isolated at all actually just because the lights were there making their own presence**. So that was really different for me and that was very um...it was a different focus I guess just because just before I was just focusing on the strands and wanting to touch those from standing up and this one for me **I thought it was most engaging when I was sitting down close to the floor and close to the lights and playing with those ones**. So...um...yeah and it didn't...hm..yeah it just felt really different because **it felt like there was something else that was there with me this time**. Yeah.

I: *Okay let's move onto next one.*

Session 3 (Both)

I: *How was your experience this time?*

P12: Um, it was I guess it's hard to talk about without comparing it to the other ones but I'll try at first. This one i just went into...

I: *Well maybe you can yeah just try a little bit and then actually you can compare with previous sessions because it's literally combined elements.*

P12: yeah of the first two. Okay well this one I walked in right away I think and I was trying to um..yeah when I walked in realized the sounds were there too so I was trying to I guess...play around with the lights and see if it was reacting in any different way and I did...um...I guess the sounds gave the lights a different quality in that I would associate...you know those little clicking sounds with the light themselves so it would feel as though they were making those sounds too. Um..so they kind of yeah, they had another dimension to them I guess this time. So I walked through it and this time I guess **I was doing more walking around rather than sitting down and I seemed to...when I walked around faster or make bigger motions I realized the whole thing would light up** and I'm not sure or I guess I'm not sure if would do that last time or not but I only realized that this time around. So I was walking around a lot more and I guess just seeing...how I guess when I realized that by sweeping my arms around and doing bigger motions when the whole thing would light up I did that several times just because I wanted to try different movements I guess. And then..i liked seeing the bottom of the strings all lit up like that. It would turn off after or a while so I kept doing it so I could look at it a few more times. Um...and I think like this time around was when I was moving around the most because of that. And when I was doing that I would hear the sound of the rushing wind as well which was um.... **It added more I guess like the first time around it made it feel larger or made the space feel vaster than it seems on the outside so I was going through it** and....um...it felt I guess a little less, **I found**

myself playing with the lights a little less this time I guess and I was just trying to feel the space. I think this time I felt more connected to the space

I: Compared to the second one? Or first & second?

P12: Um...I think compared to the first and second, **this one felt the most connected to me.**

I: What do you mean connected to the environment?

P12: I guess it just had the most reactions I guess to the way that I was moving I guess since it had the light and the sound. And the way that all would light up when I made bigger motions which kind of felt like, yeah like **it was really encouraging me to move around more and want to do more stuff like that just because it felt like there was more happening in the space because of that.**

I: You mentioned the sound gives some kind of texture or quality to the visual. Can you describe a little bit about that?

P12: Yeah, I mean the little pattering sounds, the clicking one was I liked it. It seemed to go well with the lights or with how the lights felt 'cos it seems like if those lights could make a sound it seemed like it would kind of make something like that. It was very um...it's very soft and I guess very defined I guess but...i guess **it just felt really appropriate for what I was seeing like the clicking sounds.**

I: Was it appropriate when you stand still looking at the sound or when you move a lot?

P12: Sorry the sound?

I: The yeah..sound appropriate to the light when you look at, you know when you stand still or when you move around a lot.

P12: Um...I guess there were more. I think it felt more appropriate when I was moving around I guess 'cos when I moved around that's when I could see the lights being disturbed more and kind of moving around because of that. It feels like when that happens then they would be making those sounds. So when they're still, it felt like they should be making less sound I guess. Yeah.

I: So overall like you know, through this session, um...where was your attention or awareness. Was it kind of shift to one to another or is kind of followed the visual or sound?

P12: Um, I guess it was more...I think **at first it was mostly focused on the light and sound.** Like I was observing those mostly at first and just seeing how they felt in combination with each other. Um..but then when I was moving around more I think by the maybe by the second half of it, **I was saying I was making bigger motions and movements like that so that one felt like I was focusing more on the tactile 'cos then I was I guess by then I think I have an understanding of how the light and sound behave and I was just about like..feeling the space with that.**

I: So you said you didn't really notice that the whole scene the color of the whole scene changed from the second session, and this time you had sound and you noticed that the entire color would change, did you feel different when you actually move with this bigger movement, bigger gesture? Second and third?

P12: Um yeah, it did because, I think because...well especially this time since I saw that it did make all of it light up and I think that's what kind of contributed to the feeling, like I said a while ago it felt like I was connected to this space right so when I made those big movements it felt like it was.....finishing that? Does that make sense? Like it was continuing the motion that I did to the rest of the space. And I think that's why I felt connected to it.

I: So to you that gesture or action meant connecting to the environment?

P12: Mhmm...'cos **the motion I guess felt like an extension of what I did I think yeah.**

I: Oh I see so what you see and what you hear is an extension of...

P12: Of what I just did yeah.

I: Oh okay yeah, um..did you feel any other senses?

P12: Um I think that was mostly ...like most of **it was focused on my arms and I guess hands.** That's mostly what I was focused on I guess I didn't, I mean thinking about it now I wasn't I realized I wasn't really thinking about my feet as much this time just because I was just **concentrating on the touching the strands** and stuff like that. Um..yeah

I: Ok um...how was it different? Like was it different from the second session or the first?

P12: Yeah um...'cos I, I guess **it felt like a progression to me from the first to second to third** 'cos this time there was still kind of element of playfulness because of the lights that were following me but in some ways it didn't feel as....i think **the second one felt really intimate because I would sit there and play with the lights and it felt like I was just...yeah just playing with these things that were alive.** Um..and **this time it felt more...i felt less focused on the lights and kind of more focused on feeling the whole atmosphere** I think, which I guess is because, or I think it's because of the sound. Because when I move through it I would be, it felt more...you know like I was saying in the first one, it felt like a bigger space and it felt like the whole space itself was reacting to me instead of you know just the lights themselves. So..it did feel, like this one kind of had this sense... like I was starting to get that sense of isolation again I guess as opposed to the second one which felt, the second one felt more comfortable I guess maybe because it didn't have the sounds of like the rushing wind or anything like that.

I: That's very interesting so the second, apparently first and second was very different um...second and third, no sound and sound right, and then the second one you felt more intimate with the light and then third one was...um..not like that intimate but...

P12: Yeah it didn't feel as intimate as the second one but it was **more...atmospheric** I guess

I: But you said you were, atmospheric and you were connected to the space more...um...okay, it sounds very interesting, interesting things between those two. I'm curious how different, so the second one...hm....

P12: I think part of it may have been, you know, how the third time around was when I realized that the whole space would light up if I moved around a lot but I think even more than that. I think what a lot of it was for me was mostly the sound I guess. **Because when I'm walking through it and you heard that sound of rushing wind it feels to me or you know it makes me feel like I'm outside or something. yeah. And somewhere...yeah it's like I'm not just focusing on the lights anymore...**

I: Oh so maybe even though you are in the space, the big environment, you see the whole kind of not just this environment but maybe beyond that there's something ...the wind is..

P12: Yeah, that's what the third one felt like, where as the second one was just concentrated on this.

I: an you choose any words for those differences? Like...um..the quality of experience, second one maybe intimate but you said playful in a way, and third one....

P12: I guess the third one was more...yeah for some reason it just felt kind of **vaster for me 'cos it would...it was strange 'cos it would give me this image in my mind that I was outside or kind of in this open space** I guess, that was more.....

I: Did you have that kind of feeling in the first session?

P12: I think a little bit but not as strong as the third time around because I guess the um...**the first one felt very abstract for me because it was very dark and there was not much to focus on visually so it was just feeling the space then it would feel big** because of the sounds but it wasn't as clear as the feeling as I got the third time around.

I: So third one, the environment you feel vast, you know you are outside because of the sound, the wind sound, but at the same time you kind of walking around play with the tactile creating a playful mode?

P12: Yeah, like I would move around and touch it again the third time around just to see how the lights were reacting, I guess they were reacting the same way as the second time, it just didn't feel...yea for some reason it didn't feel as playful I guess as it was just like..um...I felt a little bit more...I guess it was as if...they kind of the lights you know...were just kind of part of the environment, if that makes sense....?

I: So I just wanted to make sure, the third one wasn't playful

P12: Yeah **not nearly as much as the second one.** Yeah **'cos the second one was really..yeah, like the second one felt really closed in and yeah like comfortable and intimate** right because I would just be playing with those things in front of me. and then the third one was..um..i would still interact with them but it seemed less...um...yeah it seems less playful for some reason, I guess it's just because they were um..part of the...their own environment I guess that I was just stepping into.

I: Do you remember any kind of experience from your body, inside of your body? The second, third?

P12: The third time around?.....um...

I: I think this really you know specific gesture kind of open and you know, kind of accepting the environment, or make connection as you said make connection with the environment and I was wondering if you feel any difference from your inside of your body?

P12: Kind of actually, I guess the third time around felt...um..almost I guess you know I was doing some similar motions, similar motions, but the third time around it felt a little like **a little colder** inside I guess. Um...I think maybe that was maybe because of the sound that made it feel like that. Um..**because I didn't get that feeling of coldness during the second one.** Yeah.

I: Okay if it wasn't cold, did you feel any other feelings?

P12: Um...not really inside I guess, like I guess the second time around I was focusing so much on the lights and wanting to play with those, that mostly what I was feeling did seem to be external I think. Yeah. I **think yeah there was a lot more internal feeling the third time around** yeah. So.....

I: Okay that's interesting, are the internal feeling other than coldness?

P12: Not really I think that was mostly it, it was like that...**the feeling of isolation I had the first time around was starting to get to that again, like it wasn't as strong as the first time. But like I was...yeah I was reminded of that definitely.**

I: Okay so maybe inner experience means...you kind of kept yourself and you didn't lose your attention to anything, is it like that, I'm not sure if I understand right. The second one you said you didn't have much inner experience because you just you know paid attention to other elements of the environment like light, but the third one even though you did similar motions but you didn't really pay attention to that and just focused on yourself?

P12: I guess kind of...I mean like the third one did feel like both. **Like I was feeling the external stuff and it was triggering a lot more internal feelings the third time** around yeah.

I: Can you describe a little bit about internal feelings? Sorry it's getting complex.

P12: No it's alright, I think it's...it was mostly..yeah it would trigger and I would be going around and feeling all these things externally like the strands and hearing the sounds...um...and seeing the lights on the bottom and inside I guess it would be the feelings of that coldness and isolation and also you know there was that slight feeling that there was something else there because the lights were still following you. And **the inner imagery I kind of had in my head of being outside or in some open natural space, like that was really clear in the third one.** I didn't get that kind of mental imagery the second time around yeah.

I: Okay, what was the most strong...kind of sensation immersed from the sessions?

P12: From all of them? Um...I think...the biggest sense for me...was kind of...um...like I was saying a while ago, **that sense of wonder.** And I suppose I felt that in the second one but I felt it then just because that was the first time I've seen the lights turn on so...it was just really...um...yeah I guess it's just like you know I see this installation in the daylight or when all the lights are on and when you see it in this kind of setting, it kind of takes you by surprise because it's not exactly how you feel it'll be or it's really..um..it's really like such it's own space. Or like it has a really strong kind of um...I guess feeling to it. Or I just didn't expect it to look exactly like that so that one for me was what was really surprising I guess.

I: Okay if you have a chance to experience one more time, what session would you try?

P12: Um...probably...with...the **third time around** I guess, just because I liked what the sound added to it. I mean like the second time around was fun for me because I was just playing with the lights but it felt the **third one...I think felt most powerful to me I guess because I wasn't expecting to feel that isolation again and also I was saying just the images that it was just kind of bringing to my mind was very...unexpected I guess.** So I thought that was really interesting and it just...felt like...yeah the lights the third time around, felt...yeah. Like it's probably mentally, like it felt like they weren't as playful, it's like I kind of want to explore a bit more of...those ones...if that makes sense. But yeah that's probably why

I: *Alright do you have anything you want to add?*

P12: Um...no I don't think so...I mean like..yeah.