

P7

Session 1 (Both)

I: We're going to talk about your experience now. What I want to work with you is...um...we tried to experience your experience, sensory or[INTRODUCTION CONTINUES] ...First question, how was your experience, what did you experience?

P7: I felt that, I, it was really scary to me. **I just felt really alone and scary.** And I felt that, there are some unknown objects that I should explore. But I couldn't understand for example, I thought something was a building and I wanted to...or something else is a chair I wanted to sit down on a chair but nothing special happened. And **I expected see something special, and especially, I tried some objects and then I couldn't. I mean nothing happened when I touched.** And the sounds that came around the corner, first I thought that, I'm causing these sounds to appear but then I tried to shake my hands and I heard them and then I shake again and I heard them. Then I thought, oh okay it's me that. I mean it's because of me. But then I was standing without movement and then again the sounds appears and I thought okay so it might be not because of me.

And...for the green light, whenever I was walking or running, **the green lights were coming after me.** I mean in front of me was dark but the back of me was...I think it was a green light. And then I came out and just shook my hand from outside and a green light appeared at the part and I felt that **someone is looking for me and wanted to find me.** But because it was ...I felt that it's not the exact area, it's around that area that the light is trying to find something because of...I wasn't sure but..that was my feeling.

I: So before you entered, what did you feel?

P7: before I entered, **I felt that it would be very exciting and it would be enjoyable** but after...

I: In what sense?

P7: Before? I thought it was going to be fun

I: Did you imagine something special?

P7: No

I: okay not really but it was going to be fun?

P7: Yeah, I thought it was very joyful and fun and happy environment but then after I entered. **Started feeling scary because of the sounds, mostly because I think of the sound and light.**

I: Sound and light?

P7: And also it's because **it was unknown to me.** I couldn't...I expected to see something and I didn't. and I expected not to hear something and I heard. So **it was unknown and scary.**

I: So you expected something and it didn't happen as you expected, then how did you feel about it?

P7: It was just like, someone, I thought it's more complicated than my mind is or **someone is playing with me in some way. Someone is tricking me.** I wasn't sure.

I: Did you think I was doing something?

P7: No no, I thought the environment.

I: Oh the environment.

P7: Someone but not you, **something is hidden in there.** haha

I: Alright so when you enter...

P7: Ahha yes let me say something...I hm...I just wanted to say something, I felt that it's not a person that is doing the lighting or something I thought it was something else. I felt that the environment knows how to but someone else. I didn't feel that you are doing, is are doing something.

I: Um...you mean, not me but did you think...you know another controller person or...maybe system? Computer?

P7: Not person..yeah! no both of them I wasn't sure.

I: Oh okay you weren't sure.

P7: But I wasn't, I mean...um....i didn't feel like someone human is watching me. I felt like something else is.

I: Then how did you feel about this? Something is watching me and is playing with me? what did you feel?

P7: Um...I just scared.

I: Oh a little scared okay. Um...so when you entered I saw you kind of walk around and you know you tried to touch with your arms a little bit. Now why did you do that?

P7: Because I think, first, I enjoyed the touching these strings, yeah I enjoyed when it's...yeah. When it's out part of my body could touch this. I liked that. And I wanted to explore and I thought maybe for the first time, it's better to nicely move haha. And see.

I: How did you move?

P7: I think mostly, directly...umm..i mean just walking and moving my hands like this and this. And for the first time.

I: Did you find something special with this motion?

P7: No, I wasn't, no I don't remember. It was even the lights...**in the middle of the experiment I was curious about the light,** before that I wasn't even...I didn't recall, I didn't understand the lights is going.

I: Uh, um...beginning of this conversation you mentioned you know when you get entered, you get scared because of sound and um...the lights. In terms of sound, how did you feel about the sound. You said the sound makes you scared then what kind of aspect was scared? Like what did you hear?

P7: The wind. It's coming from somewhere and it was more the feeling of lonely in the desert haha I don't know and those sounds...these sounds like this. These from the corner...I wasn't sure what there is.

I: The sound of...this sound?

P7: Yeah, yes. Water?

I: Water.

P7: Water...falling sound

I: Yeah Yeah. Okay that also makes you scary?

P7: Yeah.

I: Why? When you hear water dropping sound you feel scary?

P7: No, not all the time. But this kind of sound, I don't know, yea. I wasn't sure because mostly I **thought maybe it's some..animal small animals.** I wasn't sure what's...I thought it sounded

I: Don't worry, nothing ...it's this is new to you right!

P7: Yeah. **I thought it's not random,** I mean it's not water that is falling I felt it's something else. **It sounded like water falling down.**

I: Oh it sound like water okay.

*I: Um...you feel lonely when you hear wind sound and water dropping sound. Umm how when you feel scary? Do you remember any body...body um...**bodily experience**, do you remember anything?*

P7: Yes. I just wanted to move more slowly and then at the end, then I felt really scary...I was standing. In the beginning I was more active but then when I felt scary, I preferred to just stand and don't move at all.

I: Then what did you find? When you don't move

P7: Um...nothing special happened. I just um...I just realized that okay back of me. **the light is back of me and in front fo me it's dark.** Just that. And then I wanted to explore again why in front of me was dark and the back of me was light.

I: Okay, let's talk about the light. So you said you know, the you feel like light was kind of behind you...then how did you feel about that...like the light was behind you?

P7: Uh..you mean how...hm..i just was curious why. Yeah.

I: Why. Oh okay did you figure it out? Why?

P7: No. and then at the end I came out and just shook my hand and saw that the light was in the area that I am shaking my hand. And then at the end I felt, that someone is looking for me. and it's a projector or something that someone is trying to find me from my movement. But in the middle of the experiment, I was just curious why it's like that.

I: I remember uh how you said when you um...when you touch the strings...I think you enjoyed that part...

P7: In the first time.

I: Ah for the first time. Um...can you describe more about that experience? like touching and also you mentioned, the strings actually touch a part of your body

P7: It was not...um..it was different from the air you don't feel anything. I was in an environment that wasn't really solid but I could feel something and I could see something but I was also free to move. It was different, like you can see the air but it's also you can freely do whatever you want but...also feeling something.

I: Yeah, feeling what? Yeah when you touch them...

P7: Feeling something just I don't know.

I: You don't know, it's hard to describe huh?

I: Hm...okay when you touched them, or they touch you, did you find any special things around you? Like for example sound or lights?

P7: Hm...like uh..i mean in the first...or from from the whole part?

I: Any part

P7: just when I move, the green sound I mean lights appear. And for the sound..and then they were...hit together. I mean several of them some of them hit together, there was a sound I think. I'm not sure but there was very little...

I: Oh there was a sound when they touch, okay so...so let me just summarize it here. So when you move the strings, they touch together and make sound.

P7: Sometimes but not all the time

I: Sometimes okay. But when was it sometimes?

P7: Maybe randomly...it wasn't really...yeah.

I: Okay I'm not sure, what kind of sound? Like?

P7: Like putting something together

I: Oh, do you think that's from com—the speaker?

P7: No. Like...

I: Like actual material touching?

P7: Yeah.

I: Okay um...so through the experience um...you were emotional states kind of change or... how?

P7: I mean **I explained that first I was really enjoyed and excited and then at the end I was really scared and uh felt alone** haha. Yeah.

I: Yeah alright...do you have anything to add for this session?

P7: Uh...not. I just...wanted to say...again that **I was very curious about the object...**

I: You mean object means,...chair???

P7: **The chair**...look like there's a chair in the corner? Not a real chair. I thought it was a chair in the middle I thought it was building...but it's not true but nothing happened when I touched them.

I: So you were kind of....

P7: I was kind of..."**I don't know what's going on in this environment**"

Session 2 (Visual)

I: Alright, let's talk about the experience from this session. Um...so the first part..i mean we're going to talk about the experience of this session and then maybe afterwards when you finish about this one, we can maybe compare to first one as well. So what did you experience?

P7: Um..i thought that I am in an environment that let me...the environment that let me ...move whatever I want. But as a result, **I can see the result of my movement after my movement.** So..i can

I: How did you see? What kind of results are you talking about?

P7: The lighting that appears. And um...so I thought it's like a mirror but something that is like ...like I'm causing it appears but it appears after I do something. so I wanted to move creative in my movements so **I wanted to be more free so that I can see different lighting yeah.**

I: Okay yeah, so um...so you said the light actually makes you move free and what aspect...like what specifically what aspect did you make move? For example color or speed?

P7: The, not color I think it was ...I mean I didn't mind if it was in a different color but maybe just the movement and shaking speed

I: Okay so physical movement? So when you move...

P7: Yeah, when I move I see something so...I mean and I see something is shaking around the area I move so..

I: So you're talking about the physical movement after you move?

P7: Yes

I: Okay that's great. Do you remember the colors of light?

P7: it was all blue. Most of the time...but sometimes ..very rare times some green colors appeared and disappeared very fast.

I: Do you have any clue why?

P7: I thought maybe um...whenever I'm not moving at all. It's all those green lights, I'm not sure.

I: But you felt ...that was a little bit?

P7: But...I felt...yeah a little bit

I: ..So when you don't move a lot,...

P7: No No! when I move not at all. Not at all. **When I didn't move at all, some green things appeared somewhere or when I was first, I was fast and then I was slow.** Those...but I wasn't sure...

I: That's okay...um...this time actually, you know us...um..i saw through camera um...you moved a lot, and also for the first session you used your arms a lot but this time you moved your arms as well but I saw you actually move your leg a lot...like why'd you do that?

P7: Because this time, I was more see that the light is coming up...I mean in the previous session, I don't remember how was it but in this session I realized it is coming up with my body and I wanted to use the lights appears in all part of my body. Especially I felt that it's outlining my body so I wanted to see that so that's why I wanted to use my feet to...so that the light can come up.

I: But what do you mean by light come up?

P7: Come up, on both sides of my legs for example and then coming up. It depends on how I moved but I mean I wanted to see ita part of my body.

I: Okay so, hm...you wanted to see your body parts with light but you were talking about the strings, the physical strings around your body?

P7: Yes, yeah, like the outline of my body.

I: Oh I see. How was it like when you saw your body parts like with the strings?

P7: I was just enjoying. I thought, yeah I wanted to make it come up...so that I could see my outline.

I: Okay um..other thing um..so I think you already mentioned you feel, free in this environment you can do whatever you want and you can actually um.., you kind of enjoyed to create the light movement with your body. Sometimes your movement was very fast, you know you kind of spin very fast...why did you decide to do that?

P7: Um...I don't know haha. I was just free and I wanted to do whatever I want. Or maybe I wanted to see how the light is changing when I'm moving more fast. Was it more beautiful or not?

I: Okay, um...first session, I remember um...you kind of sat down a couple of times. Do you remember that moment? How was it?

P7: I mean this session?

I: No previous session

P7: I felt...I felt nothing. I don't remember why I didn't feel alive in my body that's all. And I felt that okay the light is not coming to my body...I mean I felt nothing and then I decided to stand. It thought that sitting down doesn't have any special effects.

I: So maybe that's why this session you didn't try to sit down?

P7: Yeah maybe.

I: Ah okay. Um...so through the session, did you um...your emotional, your inner experience has been changed?

P7: Mm...not very much because from the beginning to the end I was enjoying moving my body. It doesn't touch my emotional. It didn't touch my emotional, not that way. It was more..**i'm curiosity than emotional.**

I: So you're curious about the environment? And then so you moved your body a lot?

P7: I thought **I thought my mind was working this time rather than my emotions.**

I: Wha—how you're mind was working?

P7: **I wanted to create more...more creative movements. And I wanted to make my mind to feel more relaxed and I wanted to ...feel like I'm free and I can do whatever I want.** So I was working in my mind not with my emotions.

I: So you were working like you wanted to make your mind relaxing...uh..in the end your mind was relaxing?,

P7: Yeah, I think so, I think even in the middle I felt more relaxing. Yeah.

I: Relaxing okay...then I have a question, you say relaxing. But when you feel relaxing...when do you feel relaxing though? Like in real life? When you feel relaxed

P7: Uh...maybe when I have don't have anything to worry about. **But in this environment, I felt relaxing whenever I was free to do whatever I want.**

I: I see. Mhm...I see okay so I think it had a little bit quality like relaxing um...whenever you don't have to worry about anything, it usually...,

P7: Or um..but I have the same the common thing in real world and in this environment, it's also helps be relaxed when I created something valuable. So I think it was common because whenever I was moving here, I thought it was a creative movement. **I felt like more valuable so it helps me feeling more relaxed**

I: So in that way you felt more relaxing. Okay, that's great. Um...so can you describe let's say you explain your friends about this environment...how would you describe this session?

P7: Hm...How I can describe...First I would mention that...it's like...**you are in physical air...**

I: Physical air so your body

P7: So your body feels something is around but it doesn't limit you but at the same time you might think it limits you but it doesn't really. And...yeah I think

I: When you moved around in this environment did you aware of any other sense? Like we mainly talked about light and movement

P7: And touching...hm...

I: Okay so when you move, like fast...like how did you feel about that?

P7: No I don't remember anything special...

I: Okay uh...any other senses?

P7: or sometimes when I moved a lot, those...um..strings..

I: The material...touching...

P7: No no, they were disappear around me and I was in...I'm in the w—going outside and I was on the hole that doesn't have that. And the I wanted them to come back again. I feel like I needed them to be

I: Okay so when you move a lot, they kind of um...you know tangle together and create kind of empty space...so you wanted to make them original okay!

P7: Yes Yes. Haha

I: Why?

P7: I just felt like there should be...yeah...they should come back because I don't like this hole I wanted everything be smooth...everywhere. I just ..don't want my body makes a hole

I: Alright let's compare your experience from the first session, um...how different?

P7: Hm...it was really different because this time it wasn't...there wasn't sound and I think that's why I didn't feel...emotional things but **I felt more freely and I felt like I was doing something not someone else is doing something with me and this part I ...I felt that I'm the boss...**haha. And I can do whatever but in the previous session I felt that someone else is controlling me.

I: So the first one was a little bit scary in the end but this one?

P7: No not this one.

I: Then how...

P7: More creative.

I: More free

P7: More free...more creative..more enjoyable.

I: Enjoyable, okay. Um...so this session apparently there was no sound how did you feel about that? Like...you just felt more enjoyable...or did you think "oh sound is missing" no problem?

P7: In the first part, I thought 'okay I preferred the sound would be' but then after a while no...no there's not need. But you know, just a different, I think I'm not sure I think if there was a sound, I felt more emotional feeling but i...this is..

I: This is great feedback...um..let me see uh...anything you want to add?

P7: Yeah, in this session there wasn't...in the previous session there was some dark ...I mean some dark appear I mean the light was moving, green light coming and blue light was coming and sometimes it was dark. But this session, it was more...uh smooth I mean, more stuff than just blue lights appear. It wasn't really, it wasn't...it didn't get dark that often so it was different I think.

I: So it was mostly light blue

P7: Blue without changing, just I was changing the movement...the light wasn't.

I: How did you feel about that? So no dark parts just all blue?

P7: I mean this is also, I felt that this is also...mm....mean that i mean, it caused that I didn't feel emotional feeling I think so, I'm not sure.

I: Okay so it's just blue and no change and only your movement can change.

P7: Yeah it was more free, more relaxing but at the same time, I'm less emotional because, the light wasn't...changing

I: The light wasn't changing

P7: Yeah. I think.

I: Okay uh...yeah I think we pretty much covered. Okay let's move onto the next session.

Session 3 (Sound)

I: So what did you experience from this session?

P7: Um..i felt that I am, I can um...test the environment this time. It's not that unknown thing and **cause and effect is going on there**. So this time I was trying to figure out if I my direction is the, is causing something appears. And then whenever I was facing this way and shaking my hands like this way, the wind sound appeared. Whenever was facing this direction the wind sound didn't appear but **I felt that there's a glass and ...I'm throwing some water on the glass and outside is raining**. I felt that this way, I don't know if it was because of that lighting or not.

I: Ah sorry you have a glass??

P7: Glass window, and this way I am throwing some water and because of the lighting or something it was like that. And the outside was kind of raining. It was my experience and um...this direction it didn't have anything special and this direction, these two directions sometimes wind appeared but in a very lower degree. But this direction was the main direction to me, I'm not sure. And when I was facing this direction, I was seeing more lights coming up and down when i'm shaking, when I was shaking my hands.

I: You mean this light reflection? [interview lamp]

P7: Uh yeah the reflection of the light. And um, when I was standing and didn't move at all, those water sounds appeared. And I was thinking I am okay, I am now I am understanding this environment and I can test it and it's not as unknown as much. I felt that.

I: So you heard wind sound again, and you heard water kind of dropping sound. Anything else?

P7: In the beginning I heard, whenever I was moving, another sound was coming with me because of my actions

I: Do you remember any, what was it like?

P7: Like, ke...I'm not sure..umm

I: clicking?

P7: Yeah clicking.

I: This?

P7: Which one?

I: That?

P7: No, I think it was another sound, like yeah, when I was moving there was another sound but in the middle and in the end I was I think it disappeared or I wasn't really realize.

I: Okay, um...so you felt like you have more control and you can control the environment?

P7: No, I didn't feel this way, **I felt like I can know the environment, not control it**

I: So you know the environment better...

P7: I just, yeah, I couldn't control the environment, **I could just only understand the environment.**

I: Okay so when you, feel you understand the environment, what did you do?

P7: Then **I was happy that 'okay I understand', it's not unknown.** Even if, even because it was dark, first I thought it would be more difficult to understand but it wasn't.

I: Hm, you know why?

P7: Maybe because, lighting would be more..it's another thing you should also consider. But when the light is not there, **it's maybe easier to understand other things**

I: Oh when you touched fiber optics, like when you moved your hands did you feel anything different?

P7: No that different.

I: Similar to previous sessions?

P7: Not similar...I mean because light weren't there. I think...

I: I mean uh just touching

P7: Just touching, no, it was similar to.

I: Similar ah okay...what about the quality of your experience through the session? So the first one you feel enjoyable but became scary...second one more creative, enjoyable, relaxing, the third one how would you describe?

P7: Uh...just **I felt more confident to know the environment and to test the environment. I wanted to test the environment this time. I didn't want to enjoy it...I just wanted to test it why this happens.**

I: So anything similar to the first or second?

P7: Um...not that similar **I think it's really different.** I don't remember if it was similar. Just that and this time, I felt more...at one time **I felt it was raining, or I mean I'm in the raining environment.** It's raining. I thought the touch is because of the rain, **it's touching my body.** But then it appeared, it disappeared, and when I was checking my hand, and I thought it was raining outside and the glass and water, I felt that the water is...more in this environment.

I: So when you feel, you know, it's raining, and also at the same time you just play with the water and outside the windy and rainy day...and um..so you talked about rain and water, raining a lot, did your body feel anything similar to...the experience you have in a rain day?

P7: No

I: No. So more, so just more like exploration?

P7: Just my, just my eyes and what I saw was that. Not my ...I didn't feel like that.

I: Oh I see. Can you describe the quality of the environment. Like um...you know, assume you explain to your friend, this environment is something like...this...I don't know maybe the second session when I asked this question, you talked about your mind, it was relaxing you tried to bring creative things...

P7: In this environment, because there are no distracting things it's an environment you can think a lot but not in a creative way. **Maybe a structural thinking way, like you , you kind of design your own experiment to explore the environment but not in an enjoyable and creative way. It's just thoughtful way.**

I: Oh, I see...more of realistic discovery...okay

P7: Yeah.

I: So you experienced three sessions, um...what was the most strong experience? Do you remember certain moments, you remember now? Or more evocative?

P7: Just whenever I shake my body in different ways, it was special moment for me.

I: Can I ask you why? Why was it special

P7: Because I was discovering something new about myself and also the environment at the same time. I wanted to first, I wanted to discover something about the environment but then I was discovering something about myself. That was special to me.

I: Okay so it's really three sessions? Okay so if you want to experience one session one more time, what would you experience, which session?

P7: The second one.

I: The second one, because...?

P7: Because it's, an opportunity to be free and creative I think.

I: Do you have anything else you want to say? Anything about this experience

P7: Um...just uh, in the third experience, it was more real. Even when...whenever I expected to see something, I saw that...maybe in a different degree. It was different from what I expected but I always thought whatever I expected. It was more real