

FAMILY CENTRED PROGRAM WORKSHOPS

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UNDERSTANDING YOUR TEENS

Oct. 6, Wed. 12:30 - 3pm
Dolores Storness-Bliss, Instructor, Family Centred Program
Burns Lake, BC

FAMILIES IN THE PROCESS OF CHANGE

Oct. 13, Wed. 9am - 3pm
Marg Malone, Women's Studies Department Simon Fraser University
Burnaby, BC

CROSS-CULTURAL AWARENESS

Oct. 20, Wed. 9am - 3pm
Dave LaSwise, Native Health Counsellor
Edmonton, AB

SUICIDE PREVENTION

Oct. 27, Wed. 9am - 3pm
Andy Beesley, Interpersonal Training & Consulting
Prince George, BC

LOOKING AT LUNAR CYCLES

Nov. 3, Wed. 9am - 3pm
P.M. S. / Menopause / Endometriosis
Julie Ephrom, Registered Nurse, Nechako Family Centre
Vanderhoof, BC

ANGER MANAGEMENT

Nov. 10, Wed. 9am - 3pm
Anne Richardson, Area Manager, Alcohol & Drug Program
Prince George, BC

CO-DEPENDENCY

Nov. 17, Wed. 9am - 3pm
Dena Fairell, Addictions Counsellor, CDA
Burns Lake, BC

HEALTHY SEXUALITY

Nov. 24, Wed. 9am - 3pm
Alice Bell, R.N., Sexual Health Education
Vancouver, BC

***All courses will be held at the NDC Building (4th Ave. entrance).**

***Please phone the Family Centred Program 692-3913 or CNC at 692-3175 to preregister.**

***Sponsored by the Ministry of Social Services and the College of New Caledonia.**