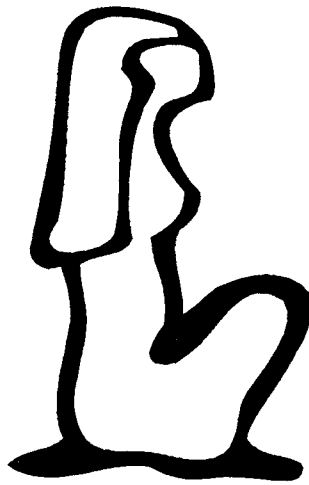


Northwest Women's Wellness Conference



May 10-11, 1996
Northwest Community College
Prince Rupert

The Entertainment

"PERIOD PIECE", by Deb Maguire & Shala Woodland

"MARGARET'S WORKOUT" by Treena Decker

"DAVE & LOUIE" by John Percy & David Smook

Singers: Nancy Green & David Marsh

OUR PRESENTERS

**Shashi Assanand
Arlene Dangelis Hollywood
Cynthia Rehring
Frances Wasserlein
Margaret Atkins
Sylvia Thompson
Anita Roberts
Maryanne Wick
Dr. Biz Bastion**

**Betty Ciccone
Sandra Jones
Dr. Leslee Roberts
Yen Vu
Yolanda Broderick
Mitra Mansoor
Joy Palmeter
Margaret Sherring
Lana Gregoire**

**Dr. Gillian Hodge
Dr. Dianne Miller
Joanne Roberts
Bhuphinder Jaswal
Angenita Gerbracht
Gayle Hill
Kim Bishop
Joy Palmeter
Dr. Mable Lee**

CONFERENCE AGENDA

FRIDAY, MAY 10, 1996

5 - 7 pm	Registration	Mezzanine
6 pm	Wine & Cheese Reception	Mezzanine
7 pm	Keynote Speaker - Anita Roberts	Mezzanine
8:30 - 10 pm	Entertainment	Mezzanine

SATURDAY, MAY 11, 1996

7:30 am	Doors Open/Registration	
8:30 - 5 pm	Health Fair	Mezzanine
8:30 - 10 am	Workshops	
	Job Stress - Angenita Gerbracht	Room 1001
	Self Esteem - Gayle Hill	Room 230
	Financial Planning - Joy Palmeter	Room 1002
	Women & Cancer - Dr. Dianne Miller	Room 1004
	Mother/Daughter Relationships - Dr. Leslee and Joanne Roberts	Room 323
10 - 10:30 am	Coffee	Mezzanine
	T'ai Chi Demonstration	Lower Level
10:30 - 12	Loss and Grieving - Betty Ciccone	Room 1001
	History of Women's Liberation in BC - Frances Wasserlein	Room 323
	Cross Cultural Awareness - Shashi Assanand	Room 230
	Medicine Wheel - Arlene Dangeli-Hollywood	Room 1004
	Assertiveness Works - Anita Roberts	Room 1002
12 - 1:30	Lunch - Crest or Peglegs (voucher provided)	
1:30 - 5 pm	Family Violence Panel	Room 1004
	Menopause Panel	Room 230
	Raising Teens & Surviving Panel	Room 1001
	Assertiveness Works - Anita Roberts (repeat)	Room 1002

CONTRIBUTORS

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Alpen Helicopters	Azalea Gardens	Bahai'i
Baker Boy	Bhupinder Jaswal	Biport Forest Products
Canadian Air	CUPE	CBC
CEIU Local 20922	City of Prince Rupert	PR Economic Development
City Tel	Coca-Cola	Columbia Scaling
David Marsh	David Smook	Deb Maguire
Douglas E. Moore	Dr. Gillian Hodge	Dr. M. Pienaar
Excel Printing	Extra Foods	Farwest Sports
GW Nickersons	Harbour Air	Heather Bullock
Highliner Inn	Hospital Employees Union	Inland Air
Joanne Roberts	John Percy	McLean & Rudderham
Marianne Glover	Mark Sutherland	Maverick Mart
McDonald's	Medallion Paging	Nancy Green
Nancy Kainth	Nicky Boyle	North Coast Timber
Northern Industrial Sales	Northern Tire	Northern Savings Credit
Northwest Community College	Ocean Fish	Overwaitea
Peggy Geismar	Peglegs	Performing Arts Centre
PR Daily News	PR Friendship House	PR Hotel
PR Labour Council	PR T'ai Chi Club	PR This Week
PPWC	Rainbow Fountain	Rivtow Marine
Order of the Royal Purple	Safeway	School District #52
Shala Woodward	Shama Vohora	Sherry Bridden
Sikh Association	SFU Women's Studies	Skeena Broadcasters
Skeena Cellulose	The Crest	Tilden
Tim Hortons	Trenea Decker	Tyee Bldg Supplies
Vancouver Island Helicopter	Wainwright Marine	Wendy Prystay
Williams Moving	Canada Life	

COMMITTEE MEMBERS

Lynne Hill	Heather Sones	Josie Mackey
Pat Bartlett	Lorna Nelson	Lianne Gagnon
Marie Grinstrand	Cynthia Nehring	Bronwen Sutherland
Joanne Roberts	Leslee Roberts	Betty Errico
Sylvia Morales	Leila Durzi	Tami Parsons
Joy Palmeter	Dorothy McLean	Yolanda Broderick
Dawn Dalley	Kathy Bedard	Rhoda Burke