Stochastic Thermodynamics of Multicomponent Molecular Machines

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Abstract

Molecular machines transduce free energy between different forms throughout all living organisms. While truly machines in their own right, unlike their macroscopic counterparts molecular machines are characterized by stochastic fluctuations, overdamped dynamics, and soft components, and operate far from thermodynamic equilibrium. In addition, information is a relevant free-energy resource for molecular machines, leading to new modes of operation for nanoscale engines. Nonequilibrium free energy transduction in molecular machines is typically studied through the lens of stochastic thermodynamics, which permits analysis of thermodynamic quantities like work, energy, entropy, and information in nanoscale stochastic systems far from equilibrium.

Many biological and synthetic molecular machines are made up of interacting components coupled together. While individual machine components have been well studied through single-molecule experiments and computational modelling, multicomponent molecular machines are relatively underexplored. Multicomponent machines permit qualitatively new features that will be explored in this thesis, including internal flows of energy and information, and the possibility of simultaneous exposure to different sources of fluctuations.

In this thesis I apply existing and novel tools from stochastic thermodynamics to study molecular machines, with a special focus on understanding the behaviour of multicomponent molecular machines. The work in this thesis derives fundamental limits, explores model systems, and develops tools for inference from experimental data, all of which which allow for novel analysis of molecular machines. Ultimately, these efforts lead to the identification of design principles which I hope will help to guide future engineering of synthetic nanomachines.

Keywords: molecular machines, stochastic thermodynamics, nonequilibrium, information

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List of Symbols

k_{B}	Boltzmann's constant
\hbar	Planck's constant
x, y, \boldsymbol{x}	position or other degrees of freedom
t	time
v	velocity
T	temperature
eta	inverse temperature $1/(k_{\rm B}T)$
p	pressure
V	volume
N	number of components or motors
μ	chemical potential
$p(\cdot)$	probability distribution
$\pi(\cdot)$	Boltzmann distribution
$S[\cdot]$	Shannon entropy
I[X,Y]	mutual information
$\mathrm{TC}[\cdot]$	total correlation
$\operatorname{Var}(\cdot)$	variance
$\operatorname{Cov}(\cdot)$	covariance
m	mean vector
\boldsymbol{C}	covariance matrix
D	diffusion coefficient
D	diffusion tensor
ζ	friction coefficient
${old \zeta}$	friction tensor
μ	mobility tensor
$f(\cdot)$	force
$V(\cdot)$	potential energy
$\xi(t)$	Gaussian white noise
$J(\cdot,t)$	probability flux
k	transition rates between discrete states

$\mathrm{d}e$	infinitesimal energy change
$\mathrm{d}q$	infinitesimal heat
$\mathrm{d}w$	infinitesimal work
$\mathrm{d}s$	infinitesimal system entropy change
ds_r	infinitesimal reservoir entropy change
$d\sigma$	infinitesimal entropy production
\dot{W}	ensemble-averaged work rate
\dot{Q}	ensemble-averaged heat flow
Ė	ensemble-averaged energy flow
İ	ensemble-averaged information flow
\dot{S}	ensemble-averaged system entropy change
$\dot{\Sigma}$	ensemble-averaged entropy production rate
\dot{F}	ensemble-averaged free energy flow
\mathcal{U}	energy of environment or reservoir
S	entropy of environment or reservoir
${\cal F}$	free energy of environment or reservoir
Φ	Massieu potential of environment or reservoir
η_{T}	thermodynamic efficiency
$\eta_{ m S}$	Stokes efficiency
$\eta_{X/Y/{ m M/C}}$	subsystem efficiencies
$\langle v \rangle$	average velocity
$v_{\rm max}$	maximum velocity
D_{eff}	effective diffusivity
$D_{\rm bare}$	bare collective diffusivity
heta	coefficient of variation
ϕ	Fano factor
ϵ	error
κ	spring constant
E^{\ddagger}	barrier height
f_{\max}	maximum conservative force
ℓ	period of potential energy landscape
A	matrix of linear force coefficients
g	mobility ratio
a	strength of nonconservative force
au	temperature ratio
ν	photon frequency
$n_{ u}$	photon number density
$f_{ u}$	density of states
$\omega_{ u}$	photon angular frequency

Chapter 1 Introduction

Living organisms operate far from thermodynamic equilibrium [1]. Maintaining this nonequilibrium state requires a constant input of free energy, which must in turn be converted from one form to another in order to carry out the different functions necessary for life. At the cellular level, free-energy conversion is accomplished by *molecular machines*: nanoscale protein structures responsible for much of the inner workings of the cell [2].

Biological molecular machines accomplish a wide variety of tasks within cells. Most living organisms on Earth ultimately derive their energy from the Sun, with high-energy solar photons being transduced into electrochemical free energy by photosynthetic organisms using light-harvesting molecular machines such as photosystems I and II [3]. Cells typically use molecules of adenosine triphosphate (ATP) as their energy currency, which is produced primarily by ATP synthases made of coupled rotary motors that leverage cross-membrane proton gradients to synthesize ATP against its chemical-potential gradient [4]. ATP then powers a host of other molecular machines, including transport motors such as kinesin and myosin [5], protein synthesis machines such as ribosomes, trans-membrane transporters such as sodium-potassium pumps, and a wide variety of machinery for DNA replication and transcription [6]. These molecules are truly machines, taking in energy and using it to perform useful work (Fig. 1.1a).

While they are indeed machines in their own right, molecular machines inhabit a very different physical world from the macroscopic machines we interact with in our everyday lives [2]. First of all, their dynamics are highly overdamped, with frictional drag dominating over inertia [7]. Second, the energy scales of driving forces and interactions are comparable to the thermal energy scale $k_{\rm B}T$; thus their dynamics are strongly influenced by stochastic fluctuations from the environment. Third, molecular machines are made up of many soft protein components, coupled by loose, floppy connections. Finally, their strength of driving and rapidity of operation are such that they are at all times far from thermodynamic equilibrium.

Despite these bewildering differences, molecular machines perform remarkably well – comparable to, and in some cases much better than, their macroscopic counterparts [8]. For

example, photosystem II, one of the molecular machines responsible for photosynthesis in plant cells, converts solar energy into electrochemical free energy at an efficiency exceeding 40% [3]. ATP synthase, a molecular machine inside mitochondria, converts the electrical energy provided by a cross-membrane proton gradient into chemical free energy in the form of ATP, with an efficiency of 70-90% [9]. The F_o and F_1 subunits of ATP synthase are rotary motors that reach angular speeds of 150 rps [10]. Kinesin, a well-studied molecular transport motor, achieves velocities of up to 1µm (> 100 body lengths) per second [11].

For nanoscale machines where energy scales are comparable to $k_{\rm B}T$, information (roughly speaking, correlated fluctuations) becomes a relevant thermodynamic resource. Molecular machines can interconvert between information and other types of free energy [12]. Conceptual models have been proposed for physically realizable molecular machines that could convert information directly into work [13], and recent experiments have realized physical information-driven engines in laboratory conditions [14–17]. Such artificial *information engines* can achieve velocities and power outputs comparable to biological molecular machines [17]. While this information-transduction mechanism is understood and demonstrated in both theory and experiment, the question remains: have biological molecular machines evolved to use information as a thermodynamic resource?

In recent years, it has become possible to design and engineer synthetic molecular machines de novo [20–24]; however, to date, these human-designed machines perform significantly worse than evolved biological molecular machines, for example achieving efficiencies of free-energy transduction on the order of 10^{-8} [25]. The practical promise of design principles to improve engineering of synthetic nanomachines drives the quest to better understand the inner workings of biological molecular machines. While the scientific community has learned much about biological molecular machines over the past decades, many questions remain about the physics underlying their function.

1.1 Paradigmatic Molecular Machines

Biology features a vast cornucopia of molecular machines. The molecular machines that have been explored most thoroughly through the lens of nonequilibrium thermodynamics fall into several paradigmatic classes.

1.1.1 Transport motors

Some of the best-studied molecular motors are *transport motors* (Fig. 1.1a, 2nd panel), a large family of proteins that includes kinesins, dyneins, and myosins. Transport motors (also referred to as 'motor proteins' or just 'motors') are integral components of eukaryotic cells, with a wide range of functions including transport of large macromolecular cargo such as vesicles [26], organelles [27], or actin filaments [28], over significant distances [27]. These motors transduce chemical energy, generally in the form of ATP, into net mechanical



Figure 1.1: Molecular machines transduce free energy between different forms at the nanoscale. a) Examples of biological and synthetic molecular machines and the types of free energy they transduce: from left to right, ATP synthase, kinesin, photosystem II (all structures adapted from the Protein Data Bank [18]), and a minimal rotary motor (adapted from Ref. [19] (CC BY 4.0)). b) Modelling ATP synthase as bipartite, made up of the coupled rotary motors F_0 and F_1 , allows resolution of internal flows of energy and information. c) Some molecular machines, such as photosystem II, are in contact with multiple sources of fluctuations, allowing them to effectively act as heat engines.

motion in a preferred direction [2]. Indeed, motor proteins can be thought of and modelled as nanoscale thermodynamic engines, whose behaviour is characterized by stochastic mechanical and chemical dynamics [29]. Individual transport motors can reach speeds as high as $\sim 8 \,\mu\text{m/s}$ [30] and make forward progress while pulling against forces on the order of $\sim 6 \,\text{pN}$ [31]. Particularly well-characterized examples include kinesin and dynein motors pulling vesicles along microtubules [26], and myosin motors pulling on actin filaments to contract muscle tissue [28].

Motor proteins within cells often work collectively to transport large organelles such as mitochondria [27, 32], or even chromosomes during mitosis and meiosis [33]. Experimental determination of the number N of motors attached to a given cargo is generally challenging; nonetheless, recent studies have successfully measured N by identifying discrete peaks in a distinctly multimodal velocity distribution [34, 35] for small numbers of motors, or using more complex techniques such as quantitative immunoblots and immunoelectron microscopy [32]. Experimental investigations both *in vivo* and *in vitro* have found widely varying numbers N of motors coupled to a single cargo. In some cases, only a single motor [36] or a few motors [34] per cargo is observed, but experiments have observed as many as 200 motors bound to large organelles [32]. Likewise, in actomyosin filaments in muscle tissue, on the order of 100 motors are attached to each actin filament [37]. Collective-transport systems can also be engineered *in vitro* [38]; in this setting the number of motors can be controlled more precisely, for example using DNA scaffolds [39, 40].

1.1.2 Rotary motors

Another critically important class of molecular machines is *rotary motors*, which feature rotational degrees of freedom driven by chemical, electrical, or mechanical forces. The family of rotary motors includes F_0F_1 ATP synthase (Fig. 1.1a, 1st panel), responsible for the synthesis of ATP within mitochondria [4]; V-ATPases, which serve as proton pumps across vacuolar membranes [41]; and the bacterial flagellar motor [42], the machinery underlying locomotion for many motile species of bacteria.

 F_oF_1 -ATP synthase (or just ATP synthase), an important example system in this thesis, is made up of two coupled rotary motors, F_o and F_1 , both of which reversibly transduce electrochemical and mechanical free energy. ATP synthase converts electrochemical energy from a transmembrane proton gradient into the synthesis of ATP molecules via free-energy transduction between the F_o and F_1 subsystems [4]. Closely related to F_oF_1 -ATP synthase, V_oV_1 -ATPases are similarly composed of two coupled rotary motors and have recently been the subject of experimental investigation [43], but have yet to be studied through the lens of stochastic thermodynamics. The bacterial flagellar motor is likewise made up of multiple coupled rotary motors: a central rotor, surrounded by a varying number of stators.

1.1.3 Other molecular machines

Most biological free energy ultimately comes from sunlight, which is harvested by *light-harvesting molecular machines* such as photosystems I and II (Fig. 1.1a, 3rd panel) in plant cells and bacteriorhodopsin in many archaea [6]. These molecular machines take in light energy in the form of solar photons, and transduce it into various different forms of electrochemical free energy.

Biology also features a wide range of other machine types, including transmembrane pumps, transporters, and the machinery involved in DNA and RNA transcription, translation, and repair [6].

Beyond biological molecular machines, chemists and engineers have created a suite of synthetic molecular machines for various purposes [44]. These are typically inspired by biological counterparts, but to date remain far simpler and much less functional. Work in this area has yielded synthetic versions of rotary motors [21, 23] and light-driven machines [23, 45], in addition to pumps, burnt-bridge ratchets [24, 46], and assemblers. Other lines of research involve computer simulations of models for synthetic machines, allowing rapid search of design space [25, 47]. Parallel efforts to improve our understanding of biological molecular machines strive to uncover design principles to guide these engineering efforts.

1.1.4 Key observation: multicomponent molecular machines are ubiquitous

Like many synthetic molecular machines, biological molecular machines are typically made up of interacting components coupled together. Examples include ATP synthase (composed of the coupled F_o and F_1 rotary motors [9]), the bacterial flagellar motor (a rotor coupled to ~ 10 stators [48]), and assemblies of transport motors such as kinesin (where as many as hundreds of motors work collectively to pull large cargo [32, 37]). While single-molecule experiments and computational modelling have combined to yield an impressive understanding of how individual parts of molecular machines work in isolation [11, 49, 50], much less is known about how they interact with other components in their natural context as part of a larger conglomerate. Multicomponent molecular machines open new possibilities for free-energy transduction: in addition to exchanging free energy with external reservoirs, they also feature internal flows of free energy (comprised of energy and information) between their various coupled components [51]. Different components of multicomponent molecular machines can exchange energy with different sources of fluctuations (e.g., solar photons, active noise), leading in some cases to effective temperature differences across a machine [52] (Fig. 1.1c).

1.2 Stochastic Thermodynamics

The last 200 years have seen thermodynamics evolve from its infancy in Carnot's "Reflections on the motive power of fire" [53] to being the dominant paradigm for studying how energy moves and is transformed in systems ranging from human-created machines [54] to large-scale astronomical structures like stars [55] and even the universe itself [56], as well as small-scale molecular machines operating within living cells [2]. Historically, thermodynamics was developed to study the behaviour and performance of heat engines. The quest to design a more efficient steam engine ultimately led to the formulation and refinement of the first and second laws of thermodynamics.

As free-energy conversion devices, it is natural and appealing to view molecular machines through the lens of thermodynamics; however, they present a significant challenge for application of classical thermodynamics as a result of their far-from-equilibrium operation, few degrees of freedom, and strongly stochastic dynamics. Motivated by these difficulties, the field of *stochastic thermodynamics* has developed over the last 30 years to extend classical thermodynamics to nanoscale nonequilibrium stochastic systems. Stochastic thermodynamics provides a concrete framework for quantifying energy, heat, work, and other important quantities at the level of individual trajectories.

The first wave of important results included a collection of integrated and detailed fluctuation theorems, most notably those of Jarzynski [57] and Crooks [58]. These allowed, for the first time, direct estimation of equilibrium thermodynamic quantities like free-energy differences using data from experiments far from equilibrium [59–61]. The newfound tractability of nonequilibrium processes led to an explosion of work exploring different methods for obtaining optimal or near-optimal control protocols for probing nanoscale stochastic systems [62–64].

More recently, interest has turned to bounding and inferring entropy production of nonequilibrium systems. Results such as the thermodynamic uncertainty relations [65–67] and Jensen bounds [68, 69] provide lower bounds on entropy production rates of systems and subsystems in different contexts. In the study of molecular machines, these bounds have been used to obtain bounds and trade-offs constraining performance [65, 68, 70–72] and for thermodynamic inference of various efficiency measures [73, 74].

Central to several chapters of this thesis, the development of *bipartite* stochastic thermodynamics has enabled a finer-resolution view of energy and entropy flows into, out of, and within more complex multicomponent stochastic systems [75, 76]. This formalism has been developed primarily to study two-component molecular machines such as ATP synthase [74, 77], transport motors pulling cargo [74, 78–80], synthetic molecular motors [25], and light-driven pumps [45]. Other model systems include information engines [75, 76, 81, 82], cellular sensors [83–85], and coupled quantum dots [75]. This framework constitutes a natural lens through which to study multicomponent molecular machines, and provides a firm grounding for the study of information thermodynamics in physically realizable systems.

Studying small-scale systems also reveals the probabilistic nature of the laws of thermodynamics. This is illustrated by a famous thought experiment, known as Maxwell's demon [86]: An intelligent being with microscopic information about the position and velocity of gas molecules can separate the fast from the slow ones, apparently violating the second law. "Exorcising" Maxwell's demon [87] exposed a deep connection between information and thermodynamics [12], specifically that information about a small fluctuating system can be exploited to perform useful tasks and that this information has a fundamental cost [12, 88]. Systems that leverage information to extract work are called *information engines*, and there are abundant experimental realizations [17, 89–95, 95–99].

1.3 Overview of this thesis

In this thesis I apply existing and novel tools from stochastic thermodynamics to study molecular machines, with a special focus on understanding the behaviour of multicomponent molecular machines. At the broadest level my objective is to build a robust physical theory of biological molecular machines, guided by the following questions, which this thesis constitutes my efforts to address:

Broad Questions

- 1. What fundamental limits do the laws of physics impose on the performance of nanoscale machines, and how close do living organisms come to reaching these limits?
- 2. What can we infer about the inner workings of molecular machines from limited experimental data?
- 3. What design principles can we learn from biology to facilitate future engineering of synthetic nanomachines?

Throughout the discussion sections of each chapter of this thesis, boxes of the above format will highlight key results answering one or more of these questions.

This thesis is organized as follows: Chapter 2 reviews theoretical background that will be built on throughout the thesis, including bipartite (and multipartite) stochastic thermodynamics, efficiency metrics, and thermodynamic inference. Chapter 3 derives a key family of inequalities that will be used throughout the thesis, the Jensen bounds. Chapters 4 and 5 explore the dynamics and thermodynamics of collective motor-driven transport systems, deriving scaling laws and performance trade-offs for a specific model (Chap. 4), and performance bounds and Pareto frontiers for a far more general class of models (Chap. 5). In Chap. 6 I turn to thermodynamic inference, using the Jensen bounds derived in Chap. 3 to derive upper and lower bounds on subsystem efficiencies in bipartite molecular machines. Chapters 7 and 8 consider systems in contact with multiple different sources of fluctuations, with Chap. 7 examining general bipartite heat engines while Chap. 8 focuses specifically on light-harvesting molecular machines. Finally, Chapter 9 concludes the thesis by summarizing the main results, highlighting future directions of interest, and providing a broader perspective.

1.3.1 Contributions

Chapter 1 along with parts of Chapters 2 and 9 are adapted from a review article published as Ref. [100]. Chapter 3 is adapted from Ref. [69], Chap. 4 from Ref. [80], Chap. 5 from Ref. [68], Chap. 6 from Ref. [74], and Chapters 7 and 8 from Ref. [52]. I am the sole first author for Refs. [68, 69, 74, 80, 100], in which I performed the majority of the derivations, simulations, data analysis, writing, and editing. Ref. [52] was a joint project with Jannik Ehrich, with whom I am joint first author; we both independently derived the main results, and worked together to plan and write the manuscript. The material in Chap. 7 was a full collaborative effort, while the material in chapter 8 was developed primarily by myself in response to reviewer feedback on the initial submission of Ref. [52].

Chapter 2

Theoretical Background

2.1 Motivation and Overview

Classical thermodynamics is primarily concerned with heat engines operating cyclically in the quasistatic limit, or systems coming to equilibrium with external reservoirs; by contrast, molecular machines operate far from thermodynamic equilibrium. We are typically interested in their behaviour in the long-time limit, which is dominated by the steady state. Thus, modelling molecular machines within the cellular environment requires a thermodynamics of nonequilibrium steady states.

As a paradigm for molecular machines, consider a nanoscale stochastic system in contact with an equilibrium thermal reservoir at temperature T (and inverse temperature $\beta \equiv 1/(k_{\rm B}T)$) with which it can exchange heat, as well as nonequilibrium free-energy reservoirs with which it can exchange work. Consider F_oF₁-ATP synthase as a specific example, in which case the nonequilibrium free-energy reservoirs are the hydrogen-ion gradient across the mitochondrial membrane and nonequilibrium concentrations of ATP and ADP.

In the sections that follow, and indeed throughout most of this thesis, I focus on systems that can be described by continuous degrees of freedom. That said, the theory of stochastic thermodynamics developed throughout this chapter can equivalently be applied to systems with discrete degrees of freedom, indeed chapters 7 and 8 will feature examples of such systems. For an overview of stochastic thermodynamics for discrete stochastic systems, I refer the interested reader to Ref. [51].

2.1.1 Contributions

Parts of this chapter are adapted from a review article published as Ref. [100], authored by myself and David Sivak.

2.2 Random Variables, Probability, and Information Theory

Information as a thermodynamic resource is an important theme throughout this thesis. Information can be quantitatively characterized using tools from *information theory* [101]. Most centrally, information theory is concerned with quantifying uncertainty in random variables.

Throughout this thesis, I will refer to random variables with capital letters (e.g., X), and specific instances of a random variable with lower-case letters (e.g., x). The probability distribution of a random variable will be denoted p(x), and ensemble averages over p(x) (or the relevant probability distribution) denoted by angle brackets:

$$\langle g(x) \rangle \equiv \int g(x)p(x)\mathrm{d}x.$$
 (2.1)

Entropy is a concept central to both statistical physics and information theory. For a single random variable, the Shannon entropy is

$$S[X] \equiv \langle -\ln p(x) \rangle, \qquad (2.2)$$

while for two variables it is:

$$S[X,Y] \equiv \langle -\ln p(x,y) \rangle.$$
(2.3)

For two variables, the relevant distribution is the joint distribution p(x, y). However, the uncertainty about individual variables can be quantified by the marginal distributions,

$$p(x) \equiv \int p(x, y) \mathrm{d}y, \qquad (2.4a)$$

$$p(y) \equiv \int p(x, y) \mathrm{d}x. \tag{2.4b}$$

Additionally, the dependence of one variable on another can be quantified by the conditional distributions,

$$p(x|y) \equiv p(x,y)/p(y), \qquad (2.5a)$$

$$p(y|x) \equiv p(x,y)/p(x). \tag{2.5b}$$

These distributions have their own entropies, for example the marginal entropy of X and conditional entropy of X given Y are

$$S[X] \equiv \langle -\ln p(x) \rangle,$$
 (2.6a)

$$S[X|Y] \equiv \langle -\ln p(x|y) \rangle, \qquad (2.6b)$$

and similarly for Y. Here, and elsewhere where there are two random variables under consideration, angle brackets denote averages over the distribution p(x, y). For two variables, another important information-theoretic quantity is the mutual information, which is the difference between the marginal and conditional entropies:

$$\begin{split} I[X,Y] &\equiv S[X] - S[X|Y] \\ &= S[Y] - S[Y|X] \\ &= \left\langle \ln \frac{p(x,y)}{p(x)p(y)} \right\rangle \end{split}$$
(2.7)

The mutual information is a measure of how much the uncertainty about one variable is reduced by knowledge of the other variable.

The Shannon entropy extends trivially to N variables; for $\mathbf{X} = \{X_1, ..., X_N\}$, the Shannon entropy is

$$S[\mathbf{X}] \equiv \langle -\ln p(\mathbf{x}) \rangle \,. \tag{2.8}$$

There is no unique generalization of the mutual information beyond two random variables. Ref. [102] reviews several of the most commonly used possibilities. For the purpose of this thesis, the only multivariate information measure considered will be the total correlation,

$$TC[\boldsymbol{X}] \equiv S[\boldsymbol{X}] - \sum_{i=1}^{N} S[X_i].$$
(2.9)

2.3 Stochastic Thermodynamics for One Degree of Freedom

Consider a stochastic system coupled to a thermal reservoir at temperature T, with continuous state quantified by the random variable X. The particle experiences a potential energy landscale V(x) and nonconservative force f(x). In the overdamped limit, the dynamics of the particle are described by the overdamped Langevin equation:

$$\dot{x} = \frac{1}{\zeta} \underbrace{\left[f_{\rm nc}(x) - \partial_x V(x) \right]}_{f(x)} + \sqrt{2D} \xi(t).$$
(2.10)

Here ζ and D are the friction and diffusion coefficients respectively, and $f(x) = f_{nc}(x) - \partial_x V(x)$ is the total force. Finally, $\xi(t)$ denotes Gaussian white noise, which is defined by the statistical properties

$$\langle \xi(t) \rangle = 0, \tag{2.11a}$$

$$\langle \xi(t)\xi(t')\rangle = \delta(t-t'). \tag{2.11b}$$

The Langevin equation describes individual trajectories, which are stochastic. By contrast, the probability distribution p(x, t) evolves deterministically according to the Fokker-Planck equation:

$$\partial_t p(x,t) = -\partial_x J(x,t), \qquad (2.12)$$

for probability flux

$$J(x,t) = \frac{1}{\zeta} f(x) p(x,t) - D\partial_x p(x,t).$$
(2.13)

Most informatively, Langevin dynamics can be described at the level of a probability distribution over the space of all possible trajectories. This can be done using a stochastic path-integral formalism [29] which, while mathematically fascinating, will not be used in this thesis.

As a paradigmatic example, consider a colloidal particle on a ring, with position quantified by $x \in [0, 2\pi]$. In the absence of a nonconservative force $(f_{\rm nc} = 0)$, the particle should relax to the equilibrium Boltzmann distribution, which we denote $\pi(x)$,

$$\lim_{t \to \infty} p(x,t) = \pi(x) \propto \exp\left(\frac{-V(x)}{k_{\rm B}T}\right).$$
(2.14)

For this to be the case requires

$$D\zeta = k_{\rm B}T.\tag{2.15}$$

Equation (2.15) is an example of a fluctuation-dissipation theorem (FDT) and was derived by Einstein in 1905 [103].

If instead $f_{\rm nc} \neq 0$, then the system will not reach equilibrium. For a colloidal particle on a ring, p(x,t) will converge to a nonequilibrium steady state (NESS), where

$$\lim_{t \to \infty} p(x,t) = p(x) \neq \pi(x).$$
(2.16)

The goal of stochastic thermodynamics is to build a quantitative thermodynamic description of microscopic stochastic systems, including first and second laws governing flows of energy and entropy. To do this, we must first define these quantities.

2.3.1 Energy flows and the first law

In the absence of kinetic energy (since the dynamics are overdamped, momentum does not persist over significant timescales), the total energy of the particle in microstate x is simply given by its potential energy,

$$e(x) = V(x). \tag{2.17}$$

Suppose the particle moves by an infinitesimally small step dx. Then the energy changes by

$$de = \partial_x V(x) \circ dx. \tag{2.18}$$

Here ' \circ ' denotes multiplication in the Stratonovich sence, which is explained in the box below.

Stratonovich Discretization and Ensemble Averages When multiplying xdependent quantities by changes in x (either dx or \dot{x}), I use the symbol \circ to indicate that the multiplication should be interpreted in the Stratonovich sense. This means that products like $f(x) \circ dx$ are discretized in the form

$$f(x) \circ dx = f(x) \cdot \left[x(t + dt/2) - x(t - dt/2) \right].$$
(2.19)

Using the Stratonovich convention, rather than its alternative the Itô convention, ensures that the chain rule of calculus holds as in deterministic calculus. For further discussion of this technical detail, I refer the interested reader to Ref. [104].

The Stratonovich discretization also makes possible the evaluation of ensemble averages of the form

$$\dot{G} \equiv \langle g(x) \circ \dot{x} \rangle_{p(\dot{x},x)} \,. \tag{2.20}$$

As proven, for example by Ehrich [105], these can be evaluated as

$$\langle g(x) \circ \dot{x} \rangle_{p(\dot{x},x)} = \left\langle g(x) \frac{J(x)}{p(x)} \right\rangle_{p(x)}.$$
 (2.21)

The work done on the particle by the nonconservative force can also be quantified as

$$\mathrm{d}w = f_{\mathrm{nc}}(x) \circ \mathrm{d}x. \tag{2.22}$$

Over the course of the small step dx, energy must be conserved, so the balance of the infinitesimal energy change and work must equal the heat exchanged by the particle with its environment. This leads to the natural definition of the heat,

$$\mathrm{d}q = -f(x) \circ \mathrm{d}x. \tag{2.23}$$

With this definition, we recover a first law describing energy balance for an infinitesimal state change dx,

$$de = dw + dq. \tag{2.24}$$

Integrating this equation over a trajectory, $x(\cdot) = \{x(t), 0 \le t \le \tau\}$, yields a first law for trajectories

$$e(\tau) - e(0) = \int_0^\tau de[x(t)]$$
(2.25a)

$$= \int_0^\tau \mathrm{d}w[x(t)] + \int_0^\tau \mathrm{d}q[x(t)]$$
 (2.25b)

$$= w[x(\cdot)] + q[x(\cdot)].$$
 (2.25c)

2.3.2 Entropy flows and the second law

With the first law now established, it is time to turn to the second law. First, we must define entropy. To do this, first consider the entropy of an ensemble of systems, given by the Shannon entropy (2.2). For a single member of the ensemble, then, defining the state-dependent entropy as [106]

$$s(x) = -\ln p(x),$$
 (2.26)

yields the Shannon entropy when the ensemble average is taken,

$$S[X] = \langle s(x) \rangle \,. \tag{2.27}$$

Again considering an infinitesimal change in the system state dx, the infinitesimal change in the entropy of the universe (here and throughout, we measure entropy production in dimensionless units scaled by Boltzmann's constant $k_{\rm B}$ per second) is [106]

$$\mathrm{d}\sigma = \mathrm{d}s_r + \mathrm{d}s,\tag{2.28}$$

where s_r is the entropy of the reservoir. This follows naturally from considering the entire universe to comprise nothing but the system and reservoir. Since the reservoir is assumed to be at equilibrium, the change in its entropy is the heat divided by the temperature,

$$\mathrm{d}s_r = -\mathrm{d}q/\left(k_\mathrm{B}T\right).\tag{2.29}$$

The change in the system entropy is more subtle, but can be derived as follows [106]:

$$ds = -\partial_x \ln p(x) \tag{2.30a}$$

$$= -\frac{\partial_x p(x)}{p(x)} \circ \mathrm{d}x \tag{2.30b}$$

$$= \frac{J(x)}{Dp(x)} \circ \mathrm{d}x - \frac{f(x)}{k_{\mathrm{B}}T} \circ \mathrm{d}x$$
(2.30c)

$$=\frac{J(x)}{Dp(x)}\circ \mathrm{d}x + \mathrm{d}q/\left(k_{\mathrm{B}}T\right).$$
(2.30d)

Here in the third line I inserted the Fokker-Planck equation, and in the fourth line I identified the heat from its definition. Combining the results for ds_r and ds, I obtain the change in the entropy of the universe:

$$d\sigma = \frac{J(x)}{Dp(x)} \circ dx.$$
(2.31)

Note that $d\sigma$ need not be non-negative! This means that individual trajectories can "break the second law", decreasing the entropy of the universe. The next subsection shows how the second law is recovered from this quagmire.

2.3.3 Ensemble averages

For molecular machines, as with many other stochastic systems of interest, we are generally interested in ensemble-averaged rates of energetic and entropic quantities at steady state.

For example, using Eq. (2.21), the ensemble-averaged work rate is

$$\dot{W} = \left\langle \frac{\mathrm{d}w}{\mathrm{d}t} \right\rangle$$
 (2.32a)

$$= \langle f_{\rm nc}(x) \circ \dot{x} \rangle_{p(x,\dot{x})} \tag{2.32b}$$

$$= \left\langle f_{\rm nc}(x) \frac{J(x)}{p(x)} \right\rangle. \tag{2.32c}$$

Similarly, the heat and energy flows are

$$\dot{Q} = -\left\langle f(x)\frac{J(x)}{p(x)}\right\rangle,\tag{2.33a}$$

$$\dot{E} = \left\langle \partial_x V(x) \frac{J(x)}{p(x)} \right\rangle.$$
(2.33b)

Thus, as expected, the first law extends from trajectory-level to ensemble-averaged energy flows:

$$\dot{E} = \dot{Q} + \dot{W}.\tag{2.34}$$

At steady state, the energy is constant, so that $\dot{Q} + \dot{W} = 0$.

Performing the same ensemble averages yields average rates of change for the system entropy (S) and entropy of the universe (Σ) :

$$\dot{S} = -\left\langle \partial_x \ln p(x) \frac{J(x)}{p(x)} \right\rangle, \qquad (2.35a)$$

$$\dot{\Sigma} = \left\langle \frac{J(x)^2}{Dp(x)^2} \right\rangle. \tag{2.35b}$$

Thus the second law at the ensemble level is

$$\dot{\Sigma} = \dot{S} - \dot{Q}/\left(k_{\rm B}T\right) \ge 0. \tag{2.36}$$

Here nonnegativity of the entropy production follows from the square inside the ensemble average.

2.4 Two Degrees of Freedom: Bipartite Systems

As a next step, consider now a system which can be decomposed into two *subsystems*, with two stochastic degrees of freedom evolving according to coupled overdamped Langevin

equations:

$$\dot{x} = \frac{1}{\zeta_X} \underbrace{\left[f_X^{\rm nc}(x,y) - \partial_x V(x,y) \right]}_{f_X(x,y)} + \sqrt{2D_X} \xi_X(t), \qquad (2.37a)$$

$$\dot{y} = \frac{1}{\zeta_Y} \underbrace{[f_Y^{\rm nc}(x,y) - \partial_y V(x,y)]}_{f_Y(x,y)} + \sqrt{2D_Y} \xi_Y(t).$$
(2.37b)

As in the one-dimensional case, each of the noise terms $\xi_X(t)$ and $\xi_Y(t)$ satisfy Eqs. (2.11). In addition, in the sections that follow (and throughout this thesis) I assume that the dynamics of X and Y are *bipartite* [75, 107, 108], meaning that each subsystem is in contact with different thermal reservoirs which may in general be at different temperatures T_X and T_Y . For Langevin dynamics, this requires the two noise terms to be uncorrelated,

$$\left\langle \xi_X(t)\xi_Y(t')\right\rangle = 0, \ \forall t, t'.$$
(2.38)

Again, I assume the fluctuation-dissipation theorem holds for each subsystem, so that

$$\zeta_X D_X = k_{\rm B} T_X, \tag{2.39a}$$

$$\zeta_Y D_Y = k_{\rm B} T_Y. \tag{2.39b}$$

At the distribution level, these coupled Langevin dynamics are described by a single Fokker-Planck equation,

$$\partial_t p(x, y, t) = -\partial_x J_X(x, y, t) - \partial_y J_Y(x, y, t), \qquad (2.40)$$

for probability fluxes

$$J_X(x,y,t) = \frac{1}{\zeta_X} \left[f_X^{\rm nc}(x,y) - D_X \partial_x V(x,y) \right] p(x,y,t) - \partial_x p(x,y,t), \tag{2.41a}$$

$$J_Y(x, y, t) = \frac{1}{\zeta_Y} \left[f_Y^{\rm nc}(x, y) - D_Y \partial_y V(x, y) \right] p(x, y, t) - \partial_y p(x, y, t).$$
(2.41b)

For Fokker-Planck dynamics, the bipartite assumption requires that there are no terms of the form $\partial_x \partial_y p$.

2.4.1 Energy flows and first laws

We once again consider the change in system energy e(x, y) = V(x, y) over an infinitesimal time interval dt, this time with both X and Y changing by respective amounts dx and dy. The change in energy is

$$de = \underbrace{\partial_x V \circ dx}_{de_X} + \underbrace{\partial_y V \circ dy}_{de_Y} = \underbrace{f_X^{nc} \circ dx}_{\overline{d}w_X} + \underbrace{f_Y^{nc} \circ dy}_{\overline{d}w_Y} - \underbrace{[f_X^{nc} - \partial_x V] \circ dx}_{\overline{d}q_X} - \underbrace{[f_Y^{nc} - \partial_y V] \circ dy}_{\overline{d}q_Y}.$$
(2.42)

Here, we have decomposed the total change in system energy into work and heat contributions from each of the X and Y subsystems. From Eq. (2.42), we can see that more fine-grained relationships hold between the changes in energy, works, and heats for each of X and Y:

$$\mathrm{d}e_X = \mathrm{d}w_X + \mathrm{d}q_X,\tag{2.43a}$$

$$\mathrm{d}e_Y = \mathrm{d}w_Y + \mathrm{d}q_Y. \tag{2.43b}$$

These are the *subsystem first laws*, here written at the trajectory level.

As in Sec. 2.3, considering rates and taking ensemble averages gives first laws describing average rates of energy flow for each subsystem:

$$\dot{E}_X = \dot{W}_X + \dot{Q}_X, \tag{2.44a}$$

$$\dot{E}_Y = \dot{W}_Y + \dot{Q}_Y. \tag{2.44b}$$

At steady state, the energy is constant, so that any increase in energy due to Y dynamics must be accompanied by a matching decrease in energy due to $X: \dot{E}_X = -\dot{E}_Y$. Treating Y as an external control parameter driving X, we can also think about the energy flow \dot{E}_Y as "transduced work" from Y to X [51].

2.4.2 Entropy flows and second laws

As before, the change $d\sigma$ in the entropy of the universe is the sum of the change in system energy and change in reservoir entropies,

$$d\sigma = ds + ds_r$$

$$= \underbrace{-\partial_x \ln p(x, y) \circ dx}_{ds_X} \underbrace{-\partial_y \ln p(x, y) \circ dy}_{ds_Y} + \underbrace{\beta_X \left[f_X^{nc} - \partial_x V \right] \circ dx}_{-\beta_X dq_X} + \underbrace{\beta_Y \left[f_Y^{nc} - \partial_y V \right] \circ dy}_{-\beta_Y dq_Y}.$$
(2.45a)
$$(2.45a)$$

$$(2.45b)$$

Here in the last line I split the entropy changes into contributions due to each of X and Y. With this splitting, the total entropy production can be decomposed into contributions from each subsystem, $d\sigma = d\sigma_X + d\sigma_Y$, given by

$$\mathrm{d}\sigma_X = \mathrm{d}s_X - \beta_X \mathrm{d}q_X,\tag{2.46a}$$

$$\mathrm{d}\sigma_Y = \mathrm{d}s_Y - \beta_Y \mathrm{d}q_Y. \tag{2.46b}$$

For ensemble-averaged rates, this gives

$$\dot{\Sigma}_Y = \dot{S}_X[X, Y] - \beta_Y \dot{Q}_Y \ge 0, \qquad (2.47a)$$

$$\dot{\Sigma}_X = \dot{S}_Y[X, Y] - \beta_X \dot{Q}_X \ge 0. \tag{2.47b}$$

Here we now find that the subsystem entropy production rates $\dot{\Sigma}_X$ and $\dot{\Sigma}_Y$ are both non-negative.

2.4.3 Information flow

Using the definition of the mutual information (2.7), the entropy rates \dot{S}_X and \dot{S}_Y can be decomposed further:

$$\dot{S}_X[X,Y] = \langle -\partial_x \ln p(x,y) \circ \dot{x} \rangle \tag{2.48a}$$

$$= \left\langle -\partial_x \ln \left[p(x) \frac{p(x,y)}{p(x)} \right] \circ \dot{x} \right\rangle$$
(2.48b)

$$= \langle -\partial_x \ln p(x) \circ \dot{x} \rangle - \left\langle -\partial_x \ln \frac{p(x,y)}{p(x)} \circ \dot{x} \right\rangle$$
(2.48c)

$$= \langle -\partial_x \ln p(x) \circ \dot{x} \rangle - \left\langle -\partial_x \ln \frac{p(x,y)}{p(x)p(y)} \circ \dot{x} \right\rangle$$
(2.48d)

$$= \mathbf{d}_t S[X] - \dot{I}_X. \tag{2.48e}$$

Here $d_t S[X]$ is the rate of change of the marginal entropy S[X], and \dot{I}_X is the rate at which the dynamics of X change the mutual information, which we call the *information* flow (alternatively known as the learning rate [109]). \dot{S}_Y can be decomposed similarly. At steady state, the marginal entropies S[X] and S[Y] are constant, so that $\dot{S}_X = -\dot{I}_X$ and $\dot{S}_Y = -\dot{I}_Y$. Thus, the second laws can be rewritten in terms of the information flow as [75]

$$\dot{\Sigma}_Y = -\beta_Y \dot{Q}_Y - \dot{I}_Y \ge 0, \qquad (2.49a)$$

$$\dot{\Sigma}_X = -\beta_X \dot{Q}_X - \dot{I}_X \ge 0. \tag{2.49b}$$

As with the energy flow, at steady state the mutual information is constant, so that $\dot{I}_X = -\dot{I}_Y$.

Compared to the energy flow E_Y , the information flow I_Y is a more nebulous thermodynamic quantity. The information flow is a component of the total change in system free energy due to the dynamics of Y, which we call the *transduced free energy*. At steady state, Y increases the free energy $F = E - k_{\rm B}TS$ of the system at a rate

$$\dot{F}_Y \equiv \dot{E}_Y - k_{\rm B} T_Y \dot{S}_Y \tag{2.50a}$$

$$= \dot{E}_Y + k_{\rm B} T_Y \dot{I}_Y. \tag{2.50b}$$

 \dot{S}_Y is the rate at which Y increases the system entropy. At steady state the marginal entropy S[Y] = S[X,Y] + I[X,Y] - S[X] is constant, so that the entropic part of the transduced free energy (quantifying changes in joint entropy) is given by the information flow [51].

To gain a better intuition, consider the following alternative definition for the information flow: V(V(t), V(t)) = V(V(t), V(t))

$$\dot{I}_{Y} \equiv \lim_{\tau \to 0} \frac{I\left[X(t), Y(t+\tau)\right] - I\left[X(t), Y(t)\right]}{\tau}.$$
(2.51)

Equation (2.51) shows that the information flow is the rate at which the dynamics of the Y subsystem increase the mutual information I[X, Y] between the two subsystems. This mutual information is a thermodynamic resource, which can be used by, e.g., the X subsystem: if the X dynamics decrease the mutual information ($\dot{I}_X < 0$), then the subsystem second law allows X to entirely convert heat from its environment ($\dot{Q}_X > 0$) into output work ($-\dot{W}_X > 0$). If only X is observed, it appears to convert heat directly into work, seemingly a violation of the second law. Only when the information flow is taken into account, does the validity of the second law become apparent. Thus a useful way of thinking about the information flow \dot{I}_Y is as the capacity of subsystem X to convert heat into work.

2.4.4 Constraints on bipartite engine setups

These thermodynamic laws constrain the possible flows within bipartite engines. Figure 2.1 illustrates several example operational modes that generate output work $-\dot{W}_X$. One such example is the *conventional engine*, where free energy from input work \dot{W}_Y is transduced solely in the form of energy flow between the Y and X subsystems. In this case, one subsystem takes in input work, the other produces output work, and both subsystems dissipate heat to their environments. Alternatively, it is possible to construct a pure *information engine*, where free energy is instead exchanged solely via information flow: one subsystem (here Y) takes input work, creates mutual information between Y and X, and dissipates heat $-\dot{Q}_Y$ to the environment; the other subsystem then uses the mutual information to extract heat from the environment, which it then turns into output work $-\dot{W}_X$.

Conventional and information engines represent extremes, each utilizing only one type of free-energy transduction. More generally, work converters feature both internal energy and information flows (Fig. 2.1c); we call these *hybrid* engines. Finally, bipartite machines with access to different sources of fluctuations can operate as *heat engines* (Fig. 2.1d), producing output power by leveraging a temperature difference. As discussed in Sec. 2.4.3, the directionality of internal information and energy flows is constrained [52].

The conventional and information engines defined here may at first glance bear some superficial similarities to the *power-stroke* and *Brownian-ratchet* archetypes for molecular motors [110, 111]; however, while the conventional/information engine distinction describes how free energy is transduced within a multicomponent molecular machine, one version of



Figure 2.1: Different operational modes of bipartite thermodynamic engines, with their defining constraints below. a) Conventional engine. b) Information engine. c) Hybrid engine. d) Heat engine $(T_Y > T_X)$. Arrows show direction of energy and information flows, all symbols are positive quantities for the operational modes depicted.

the power-stroke/Brownian-ratchet distinction quantifies how free-energy differences and driving forces are split between forward and reverse rates of specific state transitions [110]. To my knowledge, there is no necessary relationship between conventional engines and such power-stroke motors, and while pure information engines and Brownian ratchets coincide under certain conditions [112], there is no known general relationship.

2.4.5 Efficiency metrics for bipartite machines

Work Transducers

Many molecular machines transduce free energy from one form to another, taking in input work \dot{W}_Y via one subsystem (Y, without loss of generality), and outputting work $-\dot{W}_X$ via the other subsystem. Examples include the conventional, information, and hybrid engines in Fig. 2.1. For work transducers, thermodynamic efficiency can be defined in a straightforward manner as the ratio of output to input work,

$$\eta_{\rm T} \equiv \frac{-\dot{W}_X}{\dot{W}_Y} \le 1. \tag{2.52}$$

The bipartite structure allows us to resolve more fine-grained details of free-energy transduction *within* the system. Combining the first (Eq. (2.44a)) and second (Eq. (2.49)) laws of bipartite stochastic thermodynamics at steady state yields two nested inequalities relating the free-energy inputs and outputs of each subsystem [76, 113]:

$$\dot{W}_Y \ge \dot{E}_Y + k_{\rm B}T\dot{I}_Y \ge -\dot{W}_X. \tag{2.53}$$

Here the sum of the energy and information flows, the internally transduced free energy $\dot{E}_Y + k_{\rm B}T\dot{I}_Y$, acts as a bottleneck between input and output work. This motivates the

introduction of subsystem efficiencies [52, 76], which quantify the efficiency of free-energy transduction for each subsystem:

$$\eta_Y \equiv \frac{\dot{E}_Y + k_{\rm B}T\dot{I}_Y}{\dot{W}_Y} \le 1, \tag{2.54a}$$

$$\eta_X \equiv \frac{-\dot{W}_X}{\dot{E}_Y + k_{\rm B}T\dot{I}_Y} \le 1. \tag{2.54b}$$

Their product is the thermodynamic efficiency of the whole system, $\eta_{\rm T} = \eta_Y \eta_X$. Other subsystem efficiency definitions have also been proposed to quantify the efficiency of converting information into heat energy [75].

Transport Motors

Many molecular machines, rather than transducing energy from one form to another, consume free energy to transport cargo from one place to another. Examples include transport motors such as kinesin pulling a diffusive cargo, and the flagellar motor pushing a cell. For these kinds of systems, we can think of the motor and cargo as the Y and X subsystems, respectively. In this case, the output of the motor is motion of the cargo at some average velocity $\langle v_X \rangle$ against the force of viscous friction, for Stokes flow equal to the friction coefficient ζ_X times the velocity. The average work rate against this viscous friction force is thus $\zeta_X \langle v_X \rangle^2$, suggesting the definition of the Stokes efficiency [114]:

$$\eta_{\rm S} \equiv \frac{\zeta_X \left\langle v_X \right\rangle^2}{\dot{W}_Y} \le 1. \tag{2.55}$$

For transport systems, the motor itself still has a well-defined subsystem efficiency (Eq. (2.54a)), quantifying how much of the input work is made available to the cargo as transduced free energy [74].

2.5 Many Degrees of Freedom: Multipartite Systems

While Sec. 2.4 focuses on bipartite systems, many of the main results generalize to multipartite systems with N > 2 degrees of freedom. As with the bipartite assumption, a system is multipartite when all subsystems are influenced by independent fluctuations, with the same mathematical consequences as in the bipartite case. Many molecular machines of interest are well-described as multipartite systems, for example collective transport systems where anywhere from one to over a hundred transport motors jointly pull a single cargo [68, 80], or the bacterial flagellar motor where ≈ 10 stators collectively apply torque to turn a single rotor.

Consider an overdamped stochastic system with N degrees of freedom, denoted $\boldsymbol{x} = \{x_i\}_{i=1}^N$, each in contact with a heat bath at temperature T_i . The system is characterized

by a mobility tensor μ , which is related to the hydrodynamic friction tensor ζ by $\mu = \zeta^{-1}$ [115, 116], as well as a diffusion tensor D. For multipartite systems the mobility, friction, and diffusion tensors are all diagonal, so that each coordinate is subject to independent thermal noise [117]. I assume their elements to be independent of time and position. D_i , ζ_i , and μ_i denote the coefficients of the *i*th subsystem.

The system dynamics depend on the forces that influence it; these forces may either result from a conservative potential $V(\boldsymbol{x},t)$, or be nonconservative forces $\boldsymbol{f}_{\rm nc}(\boldsymbol{x},t)$ which do not arise from a potential. Here I also allow both conservative and nonconservative forces to in general be time-dependent due to external control. The total force vector acting on the system is $\boldsymbol{f}(\boldsymbol{x},t) = \boldsymbol{f}_{\rm nc}(\boldsymbol{x},t) - \nabla V(\boldsymbol{x},t)$.

The system evolves dynamically according to a multidimensional overdamped Langevin equation,

$$\dot{\boldsymbol{x}} = \boldsymbol{\mu} \boldsymbol{f}(\boldsymbol{x}, t) + \boldsymbol{\xi}(t), \qquad (2.56)$$

where the random fluctuations $\boldsymbol{\xi}(t)$ have zero mean and correlations satisfying

$$\left\langle \boldsymbol{\xi}(t)\boldsymbol{\xi}^{\top}(t')\right\rangle = 2\boldsymbol{D}\,\delta(t-t').$$
 (2.57)

I assume the fluctuation-dissipation theorem, so that elements of the diffusion and mobility tensors are related by [118, 119]

$$D_{ii} = \mu_{ii} k_{\rm B} T_i, \tag{2.58}$$

for Boltzmann's constant $k_{\rm B}$.

These dynamics can equivalently be described at the level of the probability distribution $p(\boldsymbol{x}, t)$ by a Fokker-Planck equation (FPE):

$$\frac{\partial}{\partial t}p(\boldsymbol{x},t) = -\nabla \cdot \boldsymbol{J}(\boldsymbol{x},t), \qquad (2.59)$$

with probability flux vector

$$\boldsymbol{J}(\boldsymbol{x},t) \equiv \boldsymbol{\mu} \, \boldsymbol{f}(\boldsymbol{x},t) \, \boldsymbol{p}(\boldsymbol{x},t) - \boldsymbol{D} \, \nabla \boldsymbol{p}(\boldsymbol{x},t). \tag{2.60}$$

Following the same steps as for bipartite systems, the ensemble-averaged energy flow rates are

$$\dot{E}_{i} = \left\langle \frac{\partial V}{\partial x_{i}} \frac{J_{i}(\boldsymbol{x}, t)}{p(\boldsymbol{x}, t)} \right\rangle, \qquad (2.61a)$$

$$\dot{W}_{i} = \left\langle f_{\rm nc}(\boldsymbol{x}, t) \frac{J_{i}(\boldsymbol{x}, t)}{p(\boldsymbol{x}, t)} \right\rangle, \qquad (2.61b)$$

$$\dot{Q}_{i} = \left\langle -f(\boldsymbol{x}, t) \frac{J_{i}(\boldsymbol{x}, t)}{p(\boldsymbol{x}, t)} \right\rangle.$$
(2.61c)
For each subsystem, these flows satisfy a local first law:

$$\dot{E}_i = \dot{W}_i + \dot{Q}_i. \tag{2.62}$$

Each subsystem likewise satisfies a second law [117],

$$\dot{\Sigma}_i = \dot{S}_i[\mathbf{X}] - \dot{Q}_i / (k_{\rm B}T_i) \ge 0,$$
(2.63)

for entropy flow

$$\dot{S}_{i}[\boldsymbol{X}] = \left\langle -\frac{\partial}{\partial x_{i}} \ln p(\boldsymbol{x}, t) \frac{J_{i}(\boldsymbol{x}, t)}{p(\boldsymbol{x}, t)} \right\rangle, \qquad (2.64)$$

and entropy production rate

$$\dot{\Sigma}_{i} = D_{i}^{-1} \left\langle \left[\frac{J_{i}(\boldsymbol{x}, t)}{p(\boldsymbol{x}, t)} \right]^{2} \right\rangle.$$
(2.65)

Due to the multipartite assumption, the total entropy production rate is simply the sum of all subsystem entropy production rates [117],

$$\dot{\Sigma} = \sum_{i=1}^{N} \dot{\Sigma}_i. \tag{2.66}$$

As for bipartite systems, the system entropy rate $\dot{S}_X[\mathbf{X}]$ can be decomposed into a marginal entropy term and an information-theoretic term,

$$\dot{S}_{X}[\boldsymbol{X}] = \left\langle -\frac{\partial}{\partial x_{i}} \ln p(\boldsymbol{x}, t) \frac{J_{i}(\boldsymbol{x}, t)}{p(\boldsymbol{x}, t)} \right\rangle$$
(2.67a)

$$= \left\langle -\frac{\mathrm{d}}{\mathrm{d}x_i} \ln p_{X_i}(x_i, t) \frac{J_i(\boldsymbol{x}, t)}{p(\boldsymbol{x}, t)} \right\rangle - \left\langle \frac{\partial}{\partial x_i} \ln \frac{p(\boldsymbol{x}, t)}{\prod_{j=1}^N p_{X_j}(x_j, t)} \frac{J_i(\boldsymbol{x}, t)}{p(\boldsymbol{x}, t)} \right\rangle$$
(2.67b)

$$= \mathbf{d}_t S[X_i] - \dot{I}_i. \tag{2.67c}$$

Here the information flow \dot{I}_i is the rate at which the dynamics of the *i*'th subsystem change the total correlation (Eq. (2.9)), which is one possible multivariate generalization of the mutual information. The subsystem second laws then become

$$\dot{\Sigma}_i = d_t S_{X_i}[X_i] - \dot{Q}_i / (k_{\rm B} T_i) - \dot{I}_i \ge 0$$
(2.68)

The appearance in the second law of the total correlation shows that it is the correct multivariate generalization of the mutual information as a thermodynamic resource.

While for bipartite systems the energy and information flows can be described as flows from one system to another, this description is much less straightforward for multipartite systems. In general such a description can only be assigned when the graph describing interactions between subsystems is a tree [120]. This is the case for the collective transport system considered in Chap. 4, where each of N motors can only interact with the sole cargo, and thus the energy flows for each motor can be considered flows from motor to cargo. Otherwise, in this thesis I will avoid delving into these fraught accounting considerations, and leave it for future work.

2.6 Other Generalizations

While my focus in this thesis is on analysis of single molecular machines, or single collections of linked machines, when large collections are considered together they can be modeled using deterministic chemical reaction networks, with state concentrations replacing state probabilities as the relevant variables. Nonequilibrium steady-state thermodynamics can still be formulated for chemical reaction networks [121], and when these networks are bipartite the energy and information flows can be defined as for single molecular machines [112]. This formalism has frequently been used to study the thermodynamics of synthetic molecular machines [25, 45].

Efforts have also been made to extend certain results to systems lacking the bipartite structure [52, 69, 122]. I will derive certain results for non-bipartite/multipartite systems in chapters 3 and 8.

2.7 Bipartite Models for Molecular Machines

To give some context for how others have used stochastic thermodynamics to study multicomponent molecular machines, here I highlight several examples of bipartite models for molecular machines including ATP synthase, kinesin, and a synthetic rotary motor (see Fig. 2.2). The lens of bipartite stochastic thermodynamics leads to new kinds of analysis in these systems.

The coupled rotary motors of ATP synthase constitute a textbook example of a bipartite molecular machine. The rotational degrees of freedom in ATP synthase, the c-ring in F_o and the γ -shaft in F_1 , can be modelled using overdamped Langevin equations coupled by a rotationally symmetric joint potential energy [77, 113, 123]. One of the most notable findings [77] is that output power depends non-monotonically on the coupling strength between F_o and F_1 . While efficiency is highest for tight coupling, the output power is maximized at intermediate coupling strength (Fig. 2.2a). This somewhat counterintuitive result can be understood by considering the dominant transition paths (inchworming and slippage) during coupled rotation of the two motors [77]: at low coupling strength the motors are decoupled, while at high coupling strength they can only rotate in lockstep; intermediate coupling strength allows enough flexibility for F_o and F_1 to separately cross their respective energy barriers (inchworming) while keeping slippage minimal.



Figure 2.2: Insights from analysis of the energy and information flows in simple models of molecular machines. a) Energy and information flows for F_o and F_1 in ATP synthase, as functions of the coupling energy βE_{couple} , from the model considered in Ref. [113]. b) Energy and information flows from the chemical and mechanical components of the kinesin motor model studied in Ref. [124], as functions of the opposing force F. c) Chemical-work consumption, information flow, and mechanical flux in a model, as functions of the fuelling gating, for the synthetic rotary motor studied in Ref. [19]. Gray vertical line indicates experimental conditions. Panel a) adapted with permission from Ref. [113]; copyrighted by the American Physical Society. Inset schematic and code for c) adapted from Ref. [19] (CC BY 4.0).

Exploring a more detailed picture of energy and information flows sheds further light on the inner workings of ATP synthase. Figure 2.2a shows the input and output work rates $\dot{W}_{\rm F_o}$ and $-\dot{W}_{\rm F_1}$, along with the energy and information flows $\dot{E}_{\rm F_o}$ and $\dot{I}_{\rm F_1}$. As with the output power, the transduced free energy and energy flow from $\rm F_o$ to $\rm F_1$ are both maximized at intermediate coupling, along with the information flow. This information flow from $\rm F_1$ to $\rm F_o$ allows $\rm F_o$ to decrease the heat it dissipates to the environment, thereby increasing the energy transduced to $\rm F_1$ [113]. This model of ATP synthase is an example of a hybrid engine.

Reference [124] considered flows of energy and information between the heads of individual kinesin and myosin motors, as well as changes in energy and information due to contributions from chemical and mechanical dynamics. Figure 2.2b illustrates the thermodynamics of kinesin stepping. Shown are the input chemical work rate $\dot{W}_{\rm chem}$, the output mechanical work rate $-\dot{W}_{\rm mech}$, and the changes due to the chemical dynamics in the internal energy, $\dot{E}_{\rm chem}$, and the mutual information (of the chemical states of the motor's two heads), $\dot{I}_{\rm chem}$. This model shows significant information flow for small opposing forces, with information constituting an important part of the transduced free energy when output power is maximized. This internal information flow is interpreted as a quantitative measure of "gating", an allosteric interaction mediated by mechanical strain between motor heads where the chemical state of one head regulates the stepping kinetics of the other head [125]. Gating is believed to increase both processivity [126] and the stall force [127]. This model of kinesin is another example of a hybrid engine.

The first nanoscale autonomous chemically fueled molecular motor [21] was analyzed from a thermodynamic standpoint in Ref. [25]. This rotary motor (Fig. 1.1a fourth panel) consists of two interlocking molecular rings with two "docking stations" where motion of the smaller ring is alternately blocked or permitted by binding/unbinding of chemical fuel. The motor was modelled as bipartite, with coupled chemical and mechanical degrees of freedom. In this case, the experimentally synthesized molecular motor was shown to operate as an information ratchet, with free energy transduced entirely via information flow $I_{\rm chem}$ (Fig. 2.2c). While this motor is strikingly less efficient than biological molecular machines, with the chemical subsystem's efficiency on the order of 10^{-8} , an exploration in parameter space around the physically realized model allowed the authors to determine design principles for future improvements. For example, by adjusting the "fuelling gating" (the ratio of two rate constants, quantifying attachment bias of the chemical fuel), the mechanical flux $J_{\rm mech}$ can be increased at constant chemical input work $\dot{W}_{\rm chem}$ (Fig. 2.2c). This increase in performance occurs via a corresponding increase in the information flow, and thus the subsystem efficiency (Eq. (2.54a)) of free-energy transduction from the chemical to mechanical subsystems. This synthetic molecular machine is an example of an information engine.

2.8 Thermodynamic Inference

Many thermodynamic quantities of interest, for example efficiencies and internal energy and information flows, are difficult to quantify experimentally. Calculating these quantities generally requires full knowledge of the joint nonequilibrium probability distribution governing the relevant degrees of freedom, along with knowledge of all conservative and nonconservative forces acting on the system. Such information is typically beyond our current ability to measure for systems as complex as biological molecular machines, and can be difficult to compute even for numerical simulations of model systems. As such, we turn to thermodynamic inference: the study, development, and application of mathematical tools to infer hidden thermodynamic properties from quantities that can be observed experimentally [128].

Thermodynamic inference is often accomplished via the use of bounds on entropy production. One generic example is bounding the steady-state thermodynamic efficiency of an isothermal molecular machine converting between different forms of work. Typical singlemolecule experiments probe motor proteins working against applied load forces, and measure the output work rate \dot{W}_{out} but not the input work rate \dot{W}_{in} . In this case, a lower bound $\dot{\Sigma}_{LB}$ on the entropy production rate leads to an upper bound on the thermodynamic efficiency, $\eta_{\rm T} \leq 1/\left(1 + \dot{\Sigma}_{\rm LB}/\dot{W}_{out}\right)$. An important goal in stochastic thermodynamics is then to derive entropy production bounds, calculable from available data, which can be inserted into relationships such as these.

2.8.1 Thermodynamic uncertainty relations

A widely used entropy production bound emerging from stochastic thermodynamics is the family of thermodynamic uncertainty relations (TURs) [67]. These inequalities relate entropy production to the means and variances of time-integrated dynamic or thermodynamic currents. TURs typically take the form

$$\Sigma_{\tau} \ge \frac{2 \langle J_{\tau} \rangle}{\operatorname{Var} (J_{\tau})},\tag{2.69}$$

where Σ_{τ} is the entropy production over a time interval τ , and J_{τ} is any suitably defined current. In the short-time limit, bounds on the entropy production rate are obtained.

An immediate application of the TUR, first demonstrated in Ref. [73], is inferring the efficiencies of molecular transport motors from measurements of their average velocity $\langle v \rangle$ and effective diffusivity

$$D_{\text{eff}} \equiv \lim_{t \to \infty} \frac{\langle \Delta x^2 \rangle - \langle \Delta x \rangle^2}{2t}.$$
 (2.70)

In particular, the thermodynamic efficiency (Eq. (2.52)) of a motor pulling against a constant load force f, and the Stokes efficiency (Eq. (2.55)) of a motor pulling a diffusive cargo (with diffusion coefficient D_c) against viscous drag, are upper bounded by

$$\eta_{\rm T} \le \left(1 + \frac{\langle v \rangle}{\beta D_{\rm eff} f_{\rm load}}\right)^{-1}, \qquad (2.71a)$$

$$\eta_{\rm S} \le \frac{D_{\rm eff}}{D_{\rm c}}.\tag{2.71b}$$

The TUR can also be used to quantitatively assess the performance of molecular machines, by measuring how close their true entropy production rate comes to saturating the bound. This has been done, for example, for a simulated artificial molecular motor, revealing significant deviation from the bound [72]. Investigating the source of these inefficiencies can uncover design principles for improving performance.

Beyond the canonical form of the TUR (Eq. (2.69)), other related bounds include TURtype bounds on subsystem entropy production rates valid at short times [129], and a pair of bipartite TUR bounds for subsystem entropy production rates that hold more generally [130].

2.8.2 Other bounds on entropy production

While the TUR has seen applications towards inference for molecular machines, many other bounds on entropy production have been derived through the formalism of stochastic thermodynamics. Most prominently, these include a collection of *thermodynamic speed limits* [131–134] that lower bound the entropy production in terms of the time taken to move a system from one probability distribution to another. While constraints on entropy production typically provide lower bounds, Dechant [135] recently derived an upper bound on the entropy production rate of a stochastic system, $\dot{\Sigma} \leq \beta \left\langle \mathbf{f}_{nc}^{\top} \boldsymbol{\mu} \mathbf{f}_{nc} \right\rangle$, in terms of an ensemble-averaged norm of the non-conservative forces \mathbf{f}_{nc} . Intuitively, the magnitude of nonconservative forces limits how far from equilibrium the system can be driven, thus limiting the entropy production rate. Combined with previously derived lower bounds on entropy production, upper bounds hold promise for more precise inference.

Entropy production can also be inferred directly, for example using the Variance Sum Rule (VSR) [136, 137], which requires measurements of the second time derivative of the variance of position displacement along with the variance of the forces acting on the system. While the VSR has yet to be applied to the study of molecular machines, I believe it has significant potential as an inference tool.

In the next chapter, I will derive a new entropy production bound that will prove invaluable for studying multicomponent molecular machines.

Chapter 3

Jensen Bound on the Entropy Production Rate for Multicomponent Stochastic Systems

Bounding and estimating entropy production has long been an important goal of nonequilibrium thermodynamics. I derive a lower bound on the total and subsystem entropy production rates of continuous stochastic systems. I first derive this 'Jensen bound' for multipartite overdamped Langevin dynamics, then consider several extensions, allowing for positiondependent diffusion coefficients, underdamped dynamics, and non-multipartite overdamped dynamics.

3.1 Introduction

Bounds on entropy production are useful tools in thermodynamics, placing constraints on the space of physically realizable systems and processes. For an example, we need look no further than the second law itself. The second law was famously used by Carnot to bound the efficiency of heat engines [53], leading to improved steam-engine designs with greater efficiencies. Entropy-production bounds likewise serve as tools for thermodynamic inference [128], where observations of a system's dynamical behaviour are used to constrain hidden thermodynamic details.

The last decade has seen a flurry of entropy-production bounds derived through the framework of stochastic thermodynamics [29], the most well-known being the thermodynamic uncertainty relation (TUR). First conjectured in Ref. [65] and later proven more generally in Ref. [66], the TUR encompasses a family of relations bounding entropy production using fluctuations of observable currents (Ref. [67] reviews recent developments). Important applications include bounding and inferring the efficiency of motor proteins from experimental data [73]. Other stochastic-thermodynamic entropy-production bounds include geometrical bounds based on the Wasserstein distance [134] and various thermodynamic speed limits [131–133].

In this chapter, I derive a new lower bound on entropy production rates for multicomponent stochastic systems which I call the Jensen bound, providing a general derivation for continuous stochastic systems with multiple degrees of freedom. In particular, I focus on four main objectives. I first derive the Jensen bound in full generality for multipartite overdamped Langevin dynamics, allowing for external control, different temperatures, and different mean coordinate rates of change. I then establish three additional extensions to the Jensen bound: inhomogeneous diffusion coefficients, underdamped dynamics, and non-multipartite overdamped dynamics. I also explore the relationship between the Jensen bound and the TUR, showing explicitly how for some classes of systems the Jensen bound can be derived from short-time limits of different TUR formulations.

3.1.1 Contributions

This chapter is adapted from an article published as Ref. [69], authored by myself and David Sivak.

3.2 Multipartite overdamped Langevin dynamics

Consider a multipartite stochastic system with N degrees of freedom evolving according to overdamped Langevin dynamics, as characterized in Sec. 2.5. As shown in Sec. 2.5, the entropy production rate of the *i*th subsystem is

$$\dot{\Sigma}_i = D_i^{-1} \left\langle \left[\frac{J_i(\boldsymbol{x}, t)}{p(\boldsymbol{x}, t)} \right]^2 \right\rangle.$$
(3.1)

The total entropy production rate is the sum of all subsystem entropy production rates,

$$\dot{\Sigma} = \sum_{i=1}^{N} \dot{\Sigma}_i. \tag{3.2}$$

Given the functional form of Eq. (3.1), Jensen's inequality [138] dictates that

$$\left\langle \left[\frac{J_i(\boldsymbol{x},t)}{p(\boldsymbol{x},t)}\right]^2 \right\rangle \ge \left\langle \frac{J_i(\boldsymbol{x},t)}{p(\boldsymbol{x},t)} \right\rangle^2.$$
(3.3)

On the righthand side I identify the mean rate of change $\langle \dot{x}_i \rangle$ of the *i*th coordinate, which is equal to the ensemble-average of the probability current divided by the probability distribution [29]:

$$\langle \dot{x}_i \rangle = \left\langle \frac{J_i(\boldsymbol{x},t)}{p(\boldsymbol{x},t)} \right\rangle.$$
 (3.4)

Two inequalities follow from this, respectively constraining the partial and total entropy production rates:

$$\dot{\Sigma}_i \ge D_i^{-1} \langle \dot{x}_i \rangle^2, \tag{3.5a}$$

$$\dot{\Sigma} \ge \sum_{i=1}^{N} D_i^{-1} \langle \dot{x}_i \rangle^2.$$
(3.5b)

I call Eq. (3.5a) the subsystem Jensen bound and Eq. (3.5b) the total Jensen bound. These can equivalently be written in terms of friction coefficients rather than diffusion coefficients.

Note that this derivation allows for time-dependent forces, different subsystem temperatures, and different mean coordinate rates of change. In the following sections, I will generalize the Jensen bound in three different directions to allow for position-dependent diffusion coefficients, underdamped dynamics, and non-multipartite dynamics.

3.3 Position-dependent diffusion coefficients

Suppose now that the system has position-dependent diffusion coefficients, such that $D_i = D_i(\boldsymbol{x})$. By the fluctuation-dissipation theorem (2.58), the mobility and friction coefficients thus also depend on position. The entropy production rate for the *i*th subsystem is then [139]

$$\dot{\Sigma}_{i} = \left\langle D_{i}(\boldsymbol{x})^{-1} \left[\frac{J_{i}(\boldsymbol{x},t)}{p(\boldsymbol{x},t)} \right]^{2} \right\rangle.$$
(3.6)

To bound this quantity, I use the Cauchy-Schwarz inequality, which applied to the covariance of two random variables X and Y gives [140]

$$\langle XY \rangle^2 \le \left\langle X^2 \right\rangle \left\langle Y^2 \right\rangle.$$
 (3.7)

Specializing to $X = J_i(\boldsymbol{x},t)/[\sqrt{D_i(\boldsymbol{x})}p(\boldsymbol{x},t)]$ and $Y = \sqrt{D_i(\boldsymbol{x})}$ then gives

$$\left\langle \frac{J_i(\boldsymbol{x},t)}{p(\boldsymbol{x},t)} \right\rangle^2 \le \left\langle D_i(\boldsymbol{x})^{-1} \left[\frac{J_i(\boldsymbol{x},t)}{p(\boldsymbol{x},t)} \right]^2 \right\rangle \left\langle D_i(\boldsymbol{x}) \right\rangle.$$
 (3.8)

Identifying the entropy production rate Σ_i (3.6) on the righthand side and mean coordinate rate of change $\langle \dot{x}_i \rangle$ (3.4) on the left hand side, dividing both sides by $\langle D_i(\boldsymbol{x}) \rangle$ then yields the subsystem Jensen bound

$$\dot{\Sigma}_i \ge \langle D_i(\boldsymbol{x}) \rangle^{-1} \langle \dot{x}_i \rangle^2, \tag{3.9}$$

where the constant diffusion coefficient of Eq. (3.5a) has been replaced by the steady-state average diffusion coefficient $\langle D_i(\boldsymbol{x}) \rangle$. Summing the subsystem Jensen bounds for all N subsystems then yields the total Jensen bound:

$$\dot{\Sigma} \ge \sum_{i=1}^{N} \langle D_i(\boldsymbol{x}) \rangle^{-1} \langle \dot{x}_i \rangle^2.$$
(3.10)

While these expressions require knowledge of the nonequilibrium probability distribution to evaluate the quantities $\langle D_i(\boldsymbol{x}) \rangle$, the entropy production rates can be further lower bounded using the maximum values of the diffusion coefficients,

$$D_i^{\max} \equiv \max \left\{ D_i(\boldsymbol{x}) : \boldsymbol{x} \in \operatorname{dom}(\boldsymbol{x}) \right\}.$$
(3.11)

Here dom(\boldsymbol{x}) is the domain of \boldsymbol{x} over which the function $D_i(\boldsymbol{x})$ is defined. Since $D_i^{\max} \geq D_i(\boldsymbol{x})$ for all $\boldsymbol{x} \in \text{dom}(\boldsymbol{x})$, we have

$$\dot{\Sigma}_i \ge (D_i^{\max})^{-1} \langle \dot{x}_i \rangle^2, \qquad (3.12a)$$

$$\dot{\Sigma} \ge \sum_{i=1}^{N} \left(D_i^{\max} \right)^{-1} \langle \dot{x}_i \rangle^2.$$
(3.12b)

3.4 Alternative derivation from the short-time TUR

The subsystem Jensen bounds (3.5a) and (3.9) can also be derived from the short-time thermodynamic uncertainty relation. In Ref. [129], it was shown that for overdamped Langevin dynamics the entropy production rate of the *i*th subsystem is lower bounded by

$$\dot{\Sigma}_i \ge \frac{2 \langle j_{d_i} \rangle^2}{\operatorname{Var}\left(j_{d_i}\right) \mathrm{d}_t},\tag{3.13}$$

for any current

$$j_{d_i} \mathbf{d}_t = d_i(\boldsymbol{x}, t) \circ \mathbf{d}_{x_i}(t) \tag{3.14}$$

in the limit as $d_t \to 0$. Setting $d_i(\boldsymbol{x}, t) = 1$ and computing the mean and variance of the short-time current following the methods of Ref. [129] gives $\langle j_{d_i} \rangle = \langle \dot{x}_i \rangle$ and $\operatorname{Var}\left(j_{d_i}^{\tau}\right) d_t = 2 \langle D_i \rangle$. Inserting these identities into the short-time TUR (3.13) yields

$$\dot{\Sigma}_i \ge \langle D_i(\boldsymbol{x}) \rangle^{-1} \langle \dot{x}_i \rangle^2.$$
(3.15)

This is identical to the subsystem Jensen bound for multipartite overdamped Langevin dynamics with position-dependent diffusion coefficients (3.9), and simplifies to Eq. (3.5a) for constant diffusion coefficients.

3.5 Underdamped Langevin dynamics

I now turn to underdamped Langevin dynamics, for which the equations of motion are [141]

$$\dot{\boldsymbol{x}} = \boldsymbol{v},\tag{3.16a}$$

$$\underline{\underline{m}}\dot{\boldsymbol{v}} = -\boldsymbol{\zeta}\boldsymbol{v} + \boldsymbol{f}(\boldsymbol{x},t) + \boldsymbol{\xi}(t). \tag{3.16b}$$

Here the random noise $\boldsymbol{\xi}(t)$ directly affects the velocity dynamics rather than position dynamics. $\boldsymbol{\xi}(t)$ is Gaussian and satisfies

$$\langle \boldsymbol{\xi}(t) \rangle = 0, \tag{3.17a}$$

$$\langle \xi_i(t)\xi_j(t')\rangle = 2k_{\rm B}T_i\,\zeta_{ij}\,\delta_{ij}\,\delta(t-t').$$
 (3.17b)

The entropy production rate is [141, 142]

$$\dot{\Sigma} = \sum_{i=1} \underbrace{\left\langle \frac{m_i^2}{T_i \zeta_i} \left[\frac{J_{v_i}^{\text{irr}}(\boldsymbol{x}, \boldsymbol{v}, t)}{p(\boldsymbol{x}, \boldsymbol{v}, t)} \right]^2 \right\rangle}_{\dot{\Sigma}_i},\tag{3.18}$$

for irreversible current

$$J_{v_i}^{\text{irr}}(\boldsymbol{x}, \boldsymbol{v}, t) = \frac{1}{m_i} \left(-\zeta_i v_i - \frac{k_{\text{B}} T_i \zeta_i}{m_i} \frac{\partial}{\partial v_i} \right) p(\boldsymbol{x}, \boldsymbol{v}, t).$$
(3.19)

In this section, angle brackets denote ensemble averages over the joint probability distribution $p(\boldsymbol{x}, \boldsymbol{v}, t)$ of positions and velocities at time t.

Following Ref. [143], the velocity is $v_i = \nu_i(\mathbf{x}) + v_i - \nu_i(\mathbf{x})$ for local mean velocity

$$\nu_i(\boldsymbol{x}) \equiv \int v_i \, p(v_i | \boldsymbol{x}) \, dv_i, \qquad (3.20)$$

and the entropy production rate can be decomposed into the sum of two non-negative terms:

$$\dot{\Sigma} = \sum_{i=1}^{N} D_i^{-1} \left\langle \nu_i(\boldsymbol{x})^2 \right\rangle + \sum_{i=1}^{N} D_i^{-1} \left\langle \left[v_i - \nu_i(\boldsymbol{x}) + \frac{k_{\rm B} T_i}{m_i} \frac{\partial}{\partial v_i} \ln p(\boldsymbol{v}, \boldsymbol{x}, t) \right]^2 \right\rangle.$$
(3.21)

Here I used the fluctuation-dissipation relation (2.58) to rewrite friction coefficients in terms of diffusion coefficients.

Since both terms are non-negative, the first term is itself a lower bound for the entropy production. Applying Jensen's inequality to the first term yields subsystem and total Jensen bounds for underdamped Langevin dynamics:

$$\dot{\Sigma}_i \ge D_i^{-1} \langle v_i \rangle^2, \tag{3.22a}$$

$$\dot{\Sigma} \ge \sum_{i=1}^{N} D_i^{-1} \langle v_i \rangle^2.$$
(3.22b)

3.6 Non-multipartite dynamics

The derivations thus far have relied on the assumption of multipartite dynamics, namely that the friction ($\boldsymbol{\zeta}$), mobility ($\boldsymbol{\mu}$), and diffusion (\boldsymbol{D}) tensors are all diagonal. I now turn to the case where the multipartite assumption breaks down such that $\boldsymbol{\mu}$, $\boldsymbol{\zeta}$, and \boldsymbol{D} may have non-zero off-diagonal elements. Let us restrict our attention to the isothermal case where all fluctuations arise from coupling to heat baths at temperature T, and to the case where all diffusion, friction, and mobility coefficients are constant. Crucially, I still assume the multidimensional fluctuation-dissipation theorem

$$\boldsymbol{\zeta}^{-1} = \boldsymbol{\mu} = \boldsymbol{D}/(k_{\rm B}T). \tag{3.23}$$

Without the multipartite assumption, defining the rate of entropy production becomes much less straightforward. While Ref. [118] sketches a derivation of the eventual result, Eq. (3.30), the next two subsections provide a full derivation for pedagogical purposes. Starting from the definition of total entropy production as a sum of changes in internal entropy (scaled by $k_{\rm B}$) and heat dissipated to external baths [106],

$$\dot{\Sigma} \equiv \dot{S} - \dot{Q}/\left(k_{\rm B}T\right),\tag{3.24}$$

I then proceed to evaluate the two terms \dot{S} and \dot{Q} .

3.6.1 Defining the heat flow

Non-multipartite dynamics pose significant difficulties for identifying heat flows. In the previous sections I assumed one-to-one interactions between system components and heat baths. This is incompatible with non-multipartite dynamics, so a given system component can now be subjected to fluctuations from distinct sources. It is for this reason that to make headway I assume a single temperature T, since this allows us to ascribe all fluctuations to a single global heat bath.

To define the heat flow, start with the rate of change \dot{E} of the energy, which can be decomposed into a sum of two contributions that can be identified as rates of work and

heat:

$$\dot{E} = \frac{d}{dt} \langle V(\boldsymbol{x}, t) \rangle \tag{3.25a}$$

$$= \int d\boldsymbol{x} \, p(\boldsymbol{x}, t) \frac{\partial}{\partial t} V(\boldsymbol{x}, t) + \int d\boldsymbol{x} \, V(\boldsymbol{x}, t) \frac{\partial}{\partial t} p(\boldsymbol{x}, t)$$
(3.25b)

$$= \underbrace{\int d\boldsymbol{x} \, p(\boldsymbol{x},t) \frac{\partial}{\partial t} V(\boldsymbol{x},t) + \left\langle \boldsymbol{f}_{\rm nc}(\boldsymbol{x},t)^{\top} \circ \dot{\boldsymbol{x}} \right\rangle}_{\dot{W}} \\ + \underbrace{\int d\boldsymbol{x} \, V(\boldsymbol{x},t) \frac{\partial}{\partial t} p(\boldsymbol{x},t) - \left\langle \boldsymbol{f}_{\rm nc}(\boldsymbol{x},t)^{\top} \circ \dot{\boldsymbol{x}} \right\rangle}_{\dot{Q}}.$$
(3.25c)

Inserting the Fokker-Planck equation (2.59) and integrating the heat term by parts gives the standard definition of heat for multipartite dynamics:

$$\dot{Q} = -\left\langle \boldsymbol{f}(\boldsymbol{x},t)^{\top} \boldsymbol{J}(\boldsymbol{x},t) / p(\boldsymbol{x},t) \right\rangle.$$
(3.26)

3.6.2 Defining the entropy production rate

I now compute the mean rate of change of system entropy, using the FPE (2.59) following the approach of Ref. [106], as

$$\dot{S} \equiv \frac{\mathrm{d}}{\mathrm{d}t} \langle -\ln p(\boldsymbol{x}, t) \rangle \tag{3.27a}$$

$$= \left\langle -\frac{\partial_t p(\boldsymbol{x},t)}{p(\boldsymbol{x},t)} - \frac{\nabla^\top p(\boldsymbol{x},t)}{p(\boldsymbol{x},t)} \circ \dot{\boldsymbol{x}} \right\rangle$$
(3.27b)

$$= \left\langle -\frac{\nabla^{\top} p(\boldsymbol{x}, t)}{p(\boldsymbol{x}, t)} \circ \dot{\boldsymbol{x}} \right\rangle.$$
(3.27c)

In the third line the first term has been integrated out, since probability conservation imposes $\int \partial_t p(\boldsymbol{x}, t) d\boldsymbol{x} = 0$.

This expression can be simplified further using the definition of the probability flux vector (2.60), rearranged to read

$$-\nabla^{\top} p(\boldsymbol{x},t) = -\frac{1}{k_{\rm B}T} \boldsymbol{f}(\boldsymbol{x},t)^{\top} p(\boldsymbol{x},t) + \left(\boldsymbol{D}^{-1}\right)^{\top} \boldsymbol{J}(\boldsymbol{x},t)^{\top}, \qquad (3.28)$$

which yields

$$\dot{S} = -\frac{1}{k_{\rm B}T} \left\langle \boldsymbol{f}(\boldsymbol{x},t)^{\top} \circ \dot{\boldsymbol{x}} \right\rangle + \left\langle \frac{\boldsymbol{J}(\boldsymbol{x},t)^{\top}}{p(\boldsymbol{x},t)} \left(\boldsymbol{D}^{-1} \right)^{\top} \circ \dot{\boldsymbol{x}} \right\rangle$$
(3.29a)

$$= -\frac{1}{k_{\rm B}T} \left\langle \boldsymbol{f}(\boldsymbol{x},t)^{\top} \, \frac{\boldsymbol{J}(\boldsymbol{x},t)}{p(\boldsymbol{x},t)} \right\rangle + \left\langle \frac{\boldsymbol{J}(\boldsymbol{x},t)^{\top} \boldsymbol{D}^{-1} \, \boldsymbol{J}(\boldsymbol{x},t)}{p(\boldsymbol{x},t)^2} \right\rangle.$$
(3.29b)

In the last line I replaced the ensemble-averaged Stratonovich multiplication by $\dot{\boldsymbol{x}}$ with ensemble-averaged multiplication by the local mean velocity $\boldsymbol{J}(\boldsymbol{x},t)/p(\boldsymbol{x},t)$ [29], and replaced $(\boldsymbol{D}^{-1})^{\top}$ with \boldsymbol{D}^{-1} since the quadratic form in the second term is unchanged by taking the transpose of the matrix.

Finally, defining the total rate of entropy production as the sum of heat dissipated to the bath and system entropy change,

$$\dot{\Sigma} \equiv \dot{S} - \dot{Q}/\left(k_{\rm B}T\right) \tag{3.30a}$$

$$= \left\langle \frac{\boldsymbol{J}(\boldsymbol{x},t)^{\top} \boldsymbol{D}^{-1} \boldsymbol{J}(\boldsymbol{x},t)}{p(\boldsymbol{x},t)^2} \right\rangle.$$
(3.30b)

This agrees with the result derived in Ref. [118] and the result reported in Ref. [119]. Unlike in the case of multipartite dynamics discussed previously, for non-multipartite dynamics it is not generally possible to define non-negative entropy production rates at the subsystem level [122].

3.6.3 Jensen lower bound

While more complicated than the multipartite case, the functional form for the entropy production rate obtained in Eq. (3.30) is still amenable to lower-bounding via Jensen's inequality. For the second law ($\dot{\Sigma} \geq 0$) to hold for any flux vector \boldsymbol{J} , the inverse of the diffusion matrix \boldsymbol{D}^{-1} (or equivalently the friction matrix $\boldsymbol{\zeta} = (\beta \boldsymbol{D})^{-1}$) must be positive semidefinite, a standard assumption for multi-dimensional friction matrices in stochastic dynamics [116, 119, 144]. Note that the expression inside the angle brackets in Eq. (3.30b) is a quadratic form in the vector $\boldsymbol{J}(\boldsymbol{x},t)/p(\boldsymbol{x},t)$ [145]. When \boldsymbol{D}^{-1} is positive semidefinite, the quadratic form is a convex function of $\boldsymbol{J}(\boldsymbol{x},t)/p(\boldsymbol{x},t)$. Thus Jensen's inequality yields a general lower bound on the entropy production rate:

$$\dot{\Sigma} = \left\langle \frac{\boldsymbol{J}(\boldsymbol{x},t)^{\top} \boldsymbol{D}^{-1} \boldsymbol{J}(\boldsymbol{x},t)}{p(\boldsymbol{x},t)^2} \right\rangle$$
(3.31a)

$$\geq \left\langle \frac{\boldsymbol{J}(\boldsymbol{x},t)}{p(\boldsymbol{x},t)} \right\rangle^{\top} \boldsymbol{D}^{-1} \left\langle \frac{\boldsymbol{J}(\boldsymbol{x},t)}{p(\boldsymbol{x},t)} \right\rangle$$
(3.31b)

$$= \langle \dot{\boldsymbol{x}} \rangle^{\top} \boldsymbol{D}^{-1} \langle \dot{\boldsymbol{x}} \rangle .$$
 (3.31c)

The result is a generalized Jensen bound depending only on the diffusion matrix and mean rates of change of the N coordinates. This reduces to Eq. (3.5b) for multipartite dynamics when the diffusion matrix (or equivalently the friction matrix) is diagonal.

When all system components have the same mean velocity v, as is the case for collectivetransport systems [68, 80], Eq. (3.31c) significantly simplifies to

$$\dot{\Sigma} \ge \langle v \rangle^2 \sum_{i,j} D_{ij}^{-1}.$$
(3.32)

When the sum of all off-diagonal terms is non-negative, this can be further lower-bounded by the total Jensen bound for multipartite dynamics,

$$\dot{\Sigma} \ge \langle v \rangle^2 \sum_{i=1}^N D_{ii}^{-1}.$$
(3.33)

3.6.4 Alternate derivation from the multidimensional TUR

It is also possible to derive Eq. (3.31c) by taking a short-time limit of the multidimensional TUR. As derived in Ref. [146], the multidimensional TUR bounds the total entropy production rate of a system obeying overdamped Langevin dynamics without requiring the multipartite assumption:

$$\Sigma = \int_0^{t_{\rm f}} \dot{\Sigma} \, \mathrm{d}_t \ge 2 \left\langle \boldsymbol{j}_{\boldsymbol{d}} \right\rangle^\top \boldsymbol{C}^{-1} \left\langle \boldsymbol{j}_{\boldsymbol{d}} \right\rangle. \tag{3.34}$$

Here j_d is a time-integrated current of the form

$$\boldsymbol{j_d} = \int_0^{t_{\rm f}} \boldsymbol{d}(\boldsymbol{x}, t)^\top \circ \dot{\boldsymbol{x}} \, \mathrm{d}_t$$
(3.35)

for any function d(x,t), and C is the covariance matrix for the current j_d , defined as

$$C_{ik} = \langle j_{d_i} j_{d_k} \rangle - \langle j_{d_i} \rangle \langle j_{d_k} \rangle.$$
(3.36)

In the limit $t_{\rm f} = d_t \to 0$, we recover $\Sigma = \dot{\Sigma} d_t$ and

$$\boldsymbol{j_d} \, \mathrm{d}_t = \boldsymbol{d}(\boldsymbol{x}, t)^\top \circ \mathrm{d}\boldsymbol{x}(t). \tag{3.37}$$

Setting $d_i(\boldsymbol{x},t) = 1$ for all *i* yields $\langle \boldsymbol{j}_d \rangle = \langle \boldsymbol{\dot{x}} \rangle$, and $C_{ik} d_t = 2D_{ik}$. Thus we recover the Jensen bound for non-multipartite dynamics, Eq. (3.31c), so long as the diffusion coefficients are constant.

3.7 Discussion

In this chapter I derived Jensen bounds on both subsystem and total entropy production rates for multipartite overdamped Langevin dynamics (Eqs. (3.5a) and (3.5b)). I also derived extensions in several directions, allowing for position-dependent diffusion coefficients (Eqs. (3.9) and (3.10)), multipartite underdamped dynamics (Eqs. (3.2a) and (3.22b)), and non-multipartite overdamped dynamics (Eq. (3.31c)). These results make the Jensen bound applicable to a wide class of stochastic systems. I will apply the Jensen bound to study molecular machines in later chapters, using Eq. (3.5b) to derive performance bounds in chapter 5, and Eq. (3.5a) to perform inference in chapter 6.

Fundamental Limit: The Jensen bound quantifies a minimum entropic cost for motion against viscous friction. Moreover this entropic cost comes at the subsystem level.

In all cases, the Jensen bound lower-bounds the entropy production rate of a continuous stochastic system in terms of only bare diffusion coefficients and mean rates of change of the system's degrees of freedom. These quantities can all be estimated from trajectory data: diffusion coefficients can be inferred using statistical methods [147, 148], and mean rates of change can be computed directly by taking time- or ensemble-averages. In all of the results in this chapter, the diffusion coefficients can be replaced by friction coefficients using the fluctuation-dissipation relation (2.58).

As a further application, note that the Jensen bound can be used to estimate entropy production rates in systems where they cannot be calculated exactly. Explicitly calculating the entropy production rate of a stochastic system requires knowledge of the full nonequilibrium probability distribution along with all of the conservative and non-conservative forces acting on the system. These are all in general difficult to measure or compute for systems with many degrees of freedom. The Jensen bound, however, is much more straightforward to compute from data, provided the friction/diffusion coefficients are previously known or can be measured: mean coordinate rates of change can be computed from far less data than would be required to compute the full nonequilibrium probability distribution.

Inference Tool: The Jensen bound can be used to estimate subsystem and total entropy production rates from only measurements of average coordinate rates of change and friction coefficients.

It is natural to ask how the Jensen bound relates to the thermodynamic uncertainty relation (TUR), of which there are both short-time [129] and long-time [66] formulations. I showed in Sec. 3.4 and 3.6.4 that the subsystem and total Jensen bounds for overdamped Langevin dynamics can be derived from short-time TURs, meaning that the Jensen bound will generally be equal to or looser than the short-time TUR for optimal choices of current. Chapter 5 compares the Jensen bound to the long-time TUR [66] for a numerically simulated model of collective motor-driven transport, finding that there is no general hierarchy between the two bounds: either can be tighter, depending on the regime explored, with the long-time TUR tighter when current fluctuations are small, and the Jensen bound tighter otherwise. Chapter 5 also shows that the Jensen bound is always saturated for linear collective-transport systems.

For applications to experimental data, the main difference in the utilities of these different entropy production bounds arises from the different information required to compute them. The TUR and its multidimensional generalizations [130, 146, 149, 150] generally require measurements of variances and covariances of currents, but do not require detailed knowledge (*e.g.*, friction/diffusion coefficients, conservative and nonconservative forces) regarding the equations of motion from which those dynamics arise. By contrast, the Jensen bound requires measurements of mean coordinate rates of change and knowledge of the friction/diffusion coefficients characterizing the system. While the TUR can make use of any currents in the system (including heat or energy currents), the Jensen bound only holds for coordinate rates of change. Ultimately the choice of which bounds to use should be made through considerations of what information and experimental data are available to the user.

Chapter 4

Performance Scaling and Trade-offs for Collective Motor-Driven Transport

Motor-driven intracellular transport of organelles, vesicles, and other molecular cargo is a highly collective process. An individual cargo is often pulled by a team of transport motors, with numbers ranging from only a few to several hundred. This chapter explores the behaviour of these systems using a stochastic model for transport of molecular cargo by an arbitrary number N of motors obeying linear Langevin dynamics, finding analytic solutions for the N-dependence of the velocity, precision of forward progress, energy flows between different system components, and efficiency. In two opposing regimes, I show that these properties obey simple scaling laws with N. Finally, I explore trade-offs between performance metrics as N is varied, providing insight into how different numbers of motors might be well-matched to distinct contexts where different performance metrics are prioritized.

4.1 Introduction

Motor proteins within cells often work collectively to transport large organelles such as mitochondria [27, 32], or even chromosomes during mitosis and meiosis [33]. Experimental determination of the number N of motors attached to a given cargo is generally challenging; nonetheless, recent studies have successfully measured N by identifying discrete peaks in a distinctly multimodal velocity distribution [34, 35] for small numbers of motors, or using more complex techniques such as quantitative immunoblots and immunoelectron microscopy [32]. Experimental investigations both *in vivo* and *in vitro* have found widely varying numbers N of motors coupled to a single cargo. In some cases, only a single motor [36] or a few motors [34] per cargo is observed, but experiments have observed as many as 200 motors bound to large organelles [32]. Likewise, in actomyosin filaments in muscle tissue, on the order of 100 motors are attached to each actin filament [37]. Collective-transport systems can also be engineered *in vitro* [38]; in this setting the number of motors can be controlled more precisely, for example using DNA scaffolds [39, 40].

Simple phenomenological models for transport-motor dynamics (such as the classical linear force-velocity relationship [36, 151]) have been extended to multiple motors, for example by assuming equal load-sharing [34, 35]. These models provide a good first approximation to the dynamics of multi-motor systems, and can be extended to include, for example, motor binding and unbinding kinetics [152, 153]. These types of models assume that the motors pull against a constant force, rather than the stochastic frictional drag that would occur for a loosely coupled diffusive cargo. However, analysis of transport by single motors has shown that pulling a diffusing cargo and pulling against a constant force lead to qualitatively different transport behaviour [78, 79]. Researchers have proposed and explored several dynamical models for transport of diffusive cargo by multiple motors [154–159]. These approaches rely primarily on numerical simulation, and as such are limited by computational resources to exploring systems with relatively small numbers of motors.

In studying intracellular transport, an important goal is to understand how systems can be tuned to improve performance. Relevant performance metrics vary based on the context, but may include cargo velocity, rate of chemical energy consumption, transport efficiency, and precision [2]. The dependence of these and other performance metrics on the number of motors is of clear interest, and has not yet been systematically investigated.

In this chapter, I introduce a simple, thermodynamically consistent, stochastic model for the collective transport of diffusive molecular cargo by an arbitrary number N of motors. This model has a key advantage over other recent theoretical and computational approaches: it is analytically tractable for arbitrary N, allowing us to explore system behaviour over many orders of magnitude of motor numbers. I derive N-dependent expressions for several performance metrics, and explicitly calculate all thermodynamic energy flows between different system components and thermal and chemical reservoirs. This allows us to derive simple analytic expressions for efficiency both of the whole system and of individual motors. In two opposing regimes I identify simple scaling laws that characterize the N-dependence of these properties. Finally, I derive fundamental trade-offs among these performance metrics, thereby pointing to design principles for collective motor-driven transport.

4.1.1 Contributions

This chapter is adapted from an article published as Ref. [80], authored by myself and David Sivak.

4.2 Model and Theory

Consider a diffusive cargo coupled to N identical transport motors, with motion resolved in one dimension. Each motor interacts only with the cargo via a molecular linker, and is characterized by a mechanochemical cycle through which it transduces chemical power into directed forward motion. The cargo undergoes Brownian motion subject to coupling forces from each motor via the respective linker. Figure 4.1 illustrates the system.



Figure 4.1: Collective-transport system comprising a single diffusive cargo coupled to N (here N = 3) motor proteins moving along a linear substrate. x_c indicates the cargo position, and x_i the position of the *i*th motor. Each motor experiences chemical driving force f_{chem} .

This chapter focuses on the limiting regime in which the time evolution of the system is independent of the initial conditions, its steady state. Mathematically, the relevant limit is that the time greatly exceeds the system's longest relaxation time ($t \gg \tau_{\text{relax}}$). I assume that this limit exists, and that in the steady state, system properties such as the velocity, efficiency, energy flows and entropy production all have well-defined constant average values. The specific model introduced below satisfies these assumptions.

4.2.1 Model

The cargo and motors are modelled as overdamped Brownian particles diffusing (with respective diffusivities $D_{\rm c}$ and $D_{\rm m}$) in a potential landscape. $x_{\rm c}$ and x_i describe the positions of the cargo and *i*th motor. For mathematical simplicity the cargo is treated as a single point, but the model describes equally well (through a linear change of variables) motors attached at different points to a rigid cargo. The system is isothermal and in contact with a thermal reservoir at inverse temperature $\beta \equiv (k_B T)^{-1}$. I assume that both cargo and motor dynamics satisfy the fluctuation-dissipation relation: the friction coefficients for the cargo $(\zeta_{\rm c})$ and motors $(\zeta_{\rm m})$ are related to their respective diffusivities by $\beta \zeta_{\rm c} D_{\rm c} = 1 = \beta \zeta_{\rm m} D_{\rm m}$.

Each motor is subject to chemical driving due to nonequilibrium environmental concentrations of molecules, often ATP, ADP, and phosphate, and further experiences an underlying periodic energy landscape due to interactions with the substrate it walks along. To simplify the analysis, I assume that the scale of this energy landscape (the heights of the barriers separating meta-stable states) are small compared to the magnitude of the chemical driving. This leads to the motors experiencing a flat, downward-sloping energy landscape, which can be thought of as a constant force f_{chem} propelling each motor in a preferred direction. I further assume tight coupling between chemical-energy consumption and forward motor motion.

Each linker coupling one motor to the cargo is modelled as a Hookean spring with zero rest length, dominated by the along-filament displacement, thus with interaction potential $U_i(x_c, x_i) = \frac{1}{2}\kappa(x_i - x_c)^2$. This is a common assumption in modelling approaches [79, 157] and experimentally well-supported for kinesin linkers [160].

This model system dynamically evolves according to N+1 coupled overdamped Langevin equations,

$$\dot{x}_{c} = \beta D_{c} \kappa \sum_{i=1}^{N} (x_{i} - x_{c}) + \eta_{c},$$
(4.1a)

$$\dot{x}_i = \beta D_{\rm m} \left[f_{\rm chem} - \kappa (x_i - x_{\rm c}) \right] + \eta_i, \ i = 1, \dots, N.$$
 (4.1b)

These are assumed to be multipartite as defined in Sec. 2.5.

The single-motor dynamics (4.1b) produce average motion equivalent to the linear forcevelocity relation typically observed experimentally for kinesin motors under constant forces less than their stall force [36, 151] (where most of the analysis takes place),

$$\langle v \rangle = v_{\max} \left(1 - \frac{f}{f_{\rm s}} \right),$$
(4.2)

for stall force $f_{\rm s} = f_{\rm chem}$, maximum velocity $v_{\rm max} = \beta D_{\rm m} f_{\rm chem}$, and force $f = \kappa \langle x_i - x_c \rangle$ acting on the motor.

4.2.2 Parameter estimates

Experimentally, kinesin linkers are well-approximated as Hookean springs with a zero rest length and a spring constant $\sim 0.5 \text{ pN/nm}$ [160]. Similar behaviour has been observed for the linkers of myosin V motors, which have an estimated spring constant of 0.2 - 0.4 pN/nm [161].

The chemical driving force f_{chem} can be estimated in two ways. By noting the equivalence in Eq. (4.2) of f_{chem} with the single-motor stall force, experimental estimates of single-motor stall forces can be used to estimate the chemical driving force. Kinesin motors have stall forces on the order of 5-8 pN [49], while myosin motors stall at forces as high as 15 pN [162].

Likewise, due to tight coupling between chemical energy consumption and mechanical motion [11, 49], $f_{\rm chem}$ can also be thought of as a free-energy dissipation per unit distance. Kinesin, for example, hydrolyzes one molecule of ATP (a reaction with a freeenergy change $\Delta \mu_{\rm ATP} \approx 15 - 30 k_{\rm B}T$ [163]) for every forward step ($d \approx 8 \,\mathrm{nm}$). At 298 K, $1 k_{\rm B}T = 4.114 \,\mathrm{pN}\,\mathrm{nm}$, resulting in a chemical driving force $f_{\rm chem} = \Delta \mu_{\rm ATP}/d \approx 8 - 15 \,\mathrm{pN}$, in line with the previous estimate. I estimate the motor diffusivity using $v_{\text{max}} = \beta f_{\text{s}} D_{\text{m}}$. For kinesin-1 the maximum velocity is $v_{\text{max}} \approx 1 - 2 \,\mu\text{m/s}$ and the stall force is $f_{\text{s}} \approx 6 - 8 \,\text{pN}$ [31], while for myosin V, $v_{\text{max}} \approx 8 \,\text{nm/s}$ [30] and $f_{\text{s}} \approx 10 - 15 \,\text{pN}$ [37]. This suggests that in both cases $D_{\text{m}} = \mathcal{O}(10^{-3}) \,\mu\text{m}^2/\text{s}$. Alternatively, using experimental estimates of rate constants for forward and reverse steps yields an estimate for kinesin-1 motor diffusivity of $D_{\text{m}} \approx 4 \times 10^{-3} \,\mu\text{m}^2/\text{s}$ [164].

Cargo diffusivity can vary by orders of magnitude depending on the type of molecular cargo. As one example, diffusivity of vesicles (with radii on the order of 300 nm) in neurons is estimated to be of order $10^{-3} \,\mu\text{m}^2/\text{s}$ [165]. Other measurements of vesicles and vesicle-sized beads in cytoplasm have found diffusivities on the order of $10^{-4} - 10^{-2} \,\mu\text{m}^2/\text{s}$ [166]. Larger cargo such as organelles, for example mitochondria which have diameters as large as $2\mu\text{m}$, will have even smaller diffusivities. Thus for intracellular transport of vesicles and organelles we expect $D_c/D_m \in [10^{-3}, 1]$.

4.3 Results

4.3.1 Solution

Equations (4.1) constitute a linear system of coupled Langevin equations, and as such are in general analytically solvable, with solution a multivariate Gaussian. Thus it suffices to solve for the mean vector and covariance matrix of the whole system, the components of which satisfy a set of coupled linear ordinary differential equations [167, Section 3.2]. Since the N motors dynamically evolve according to identical stochastic equations (4.1b), their marginal position distributions are identical. As a result, there are only two unique means ($\langle x_i \rangle$ and $\langle x_c \rangle$) and four unique covariances ($Cov(x_c, x_c), Cov(x_c, x_i), Cov(x_i, x_i)$, and $Cov(x_i, x_j)$, all of which vary with time. This symmetry permits exact solution for arbitrary N. Starting from initial conditions $x_c = x_i = 0$ at t = 0, at steady state ($t \gg \tau_{relax}$) the mean cargo position and motor positions are

$$\langle x_{\rm c} \rangle = \langle v \rangle t - \frac{N f_{\rm chem}}{\kappa} \frac{D_{\rm eff}^2}{D_{\rm m} D_{\rm c}},$$
(4.3a)

$$\langle x_i \rangle = \langle v \rangle t + \frac{f_{\text{chem}}}{\kappa} \left(\frac{D_{\text{eff}}}{D_{\text{c}}}\right)^2,$$
(4.3b)

and the covariances are

$$\operatorname{Cov}(x_{\rm c}, x_{\rm c}) = 2D_{\rm eff}t + \frac{N}{\beta\kappa} \left(\frac{D_{\rm eff}}{D_{\rm m}}\right)^2, \qquad (4.4a)$$

$$\operatorname{Cov}(x_{\rm c}, x_i) = 2D_{\rm eff}t - \frac{1}{\beta\kappa} \frac{D_{\rm eff}^2}{D_{\rm m}D_{\rm c}},\tag{4.4b}$$

$$\operatorname{Cov}(x_i, x_j) = 2D_{\text{eff}}t + \frac{1}{\beta\kappa} \left[\delta_{ij} - \frac{D_{\text{eff}}^2}{D_{\text{m}}} \left(\frac{N}{D_{\text{m}}} + \frac{2}{D_{\text{c}}} \right) \right], \qquad (4.4c)$$

for Kronecker delta function δ_{ij} . Here $\langle v \rangle$ and D_{eff} are the mean velocity and effective diffusion coefficient, which will be defined and evaluated in the following section.

Note that different initial conditions would produce different time-independent constant terms in (4.3) and (4.4); however for large times (in the steady-state limit) the constant terms are negligible compared to the terms linear in t. Regardless of initial conditions, the difference between the constant terms in (4.3)a and b will always be the mean value of the separation distance, $\langle \Delta x_i \rangle$.

The distributions of $\{x_i(t)\}_{i=1}^N$ and $x_c(t)$ are time-dependent, so we change to a set of N variables, $\Delta x_i(t) = x_i(t) - x_c(t)$, that at steady state converge to a time-independent joint distribution, a multivariate Gaussian with means and covariances

$$\langle \Delta x_i \rangle = \frac{f_{\text{chem}}}{\kappa} \left(1 + N \frac{D_c}{D_m} \right)^{-1},$$
 (4.5a)

$$\operatorname{Cov}(\Delta x_i, \Delta x_j) = \frac{1}{\beta \kappa} \delta_{ij}.$$
(4.5b)

This time-independent distribution is sufficient to compute many steady-state properties of interest.

The off-diagonal entries of the stationary covariance matrix, $\operatorname{Cov}(\Delta x_i, \Delta x_j)$ for $i \neq j$, are zero: fluctuations in the relative position of one motor are uncorrelated with the relative positions of the other motors. I do not expect this particular result to generalize; for example, collective-transport models with discrete motor motion [157] have found non-zero off-diagonal covariances at small N. Regardless, the results presented below depend only on diagonal terms and are independent of off-diagonal covariances.

The system relaxation time is $\tau_{\text{relax}} = [\beta \kappa (D_{\text{m}} + ND_{\text{c}})]^{-1}$. The earlier parameter ranges and estimates yield a maximum value of about 0.02 s (taking $\kappa = 0.2 \text{ pN/nm}$, T = 298 K, $D_{\text{m}} = 10^{-3} \,\mu\text{m}^2/\text{s}$, $D_{\text{c}} = 10^{-4} \,\mu\text{m}^2/\text{s}$, and N = 1). Using more typical values of these parameters (for example $\kappa = 0.5 \text{ pN/nm}$, $D_{\text{m}} = 4 \times 10^{-3} \,\mu\text{m}^2/\text{s}$, $D_{\text{c}} = 10^{-3} \,\mu\text{m}^2/\text{s}$, and N = 10) gives a much smaller estimate $\tau_{\text{relax}} \approx 5 \times 10^{-4} \text{ s}$. A relaxation time of $\tau_{\text{relax}} = 0.02 \text{ s}$ corresponds to a distance of at most 40 nm for kinesin motors at maximum velocity. Given the short distance over which relaxation to steady state occurs, and the high processivity of motor-driven transport systems (kinesin can travel up to several micrometers before detaching [168]), this chapter focuses exclusively on the steady state.

The dimensionless parameter combination ND_c/D_m appears in Eq. (4.5a) and in many of the results shown later on, constituting a key quantity for understanding the system behaviour. For intracellular transport of vesicles or organelles the diffusivity ratio D_c/D_m is typically $\sim 10^{-3} - 10^0$, depending on the size of the cargo. Since N can range from one to several hundred, the explorations in this chapter focus on the range $ND_c/D_m \in [10^{-3}, 10^3]$.

4.3.2 Scaling behaviour

Dynamical properties

At steady state, the cargo and each motor have equal velocity, $\langle v_c \rangle \equiv \lim_{t \to \infty} \langle x_c(t) - x_c(0) \rangle / t = \lim_{t \to \infty} \langle x_i(t) - x_i(0) \rangle / t \equiv \langle v_m \rangle \equiv \langle v \rangle$. Evaluating this limit yields a simple expression for the N-dependent mean system velocity:

$$\langle v \rangle = v_{\max} \left(1 + \frac{D_{\rm m}}{ND_{\rm c}} \right)^{-1}.$$
 (4.6)

For $N \ll D_{\rm m}/D_{\rm c}$, the mean velocity grows linearly with N, so adding more motors proportionally increases the system velocity. As N grows much larger than $D_{\rm m}/D_{\rm c}$, however, the steady-state velocity asymptotically approaches maximum velocity $v_{\rm max} = \beta D_{\rm m} f_{\rm chem}$ (the mean velocity of an uncoupled motor) as $\langle v \rangle \approx v_{\rm max} [1 - D_{\rm m}/(ND_{\rm c})]$. Thus no matter how many motors are coupled to the cargo, the mean velocity of the aggregate motor-cargo system never exceeds that of an unladen motor. This mean velocity (as well as the maximum velocity) scales linearly with the chemical driving force $f_{\rm chem}$. Figure 4.2a shows normalized velocity $\langle v \rangle / v_{\rm max}$ as a function of N.

While $\langle v \rangle$ gives the average motion, the model (like all transport at the cellular level) is inherently stochastic. As such, the average velocity is not sufficient to fully describe system behaviour, even at steady state. The effective cargo diffusivity D_{eff} quantifies the rate at which the variance of forward progress grows at steady state:

$$D_{\text{eff}} \equiv \lim_{t \to \infty} \frac{\langle x_{\text{c}}^2 \rangle - \langle x_{\text{c}} \rangle^2}{2t}$$
 (4.7a)

$$= \left(\frac{1}{D_{\rm c}} + \frac{N}{D_{\rm m}}\right)^{-1}.$$
(4.7b)

Here Eq. (4.7b) is the result obtained for this model. This expression can be understood by noting that the effective friction coefficient for the system, $\zeta_{\text{eff}} = 1/\beta D_{\text{eff}}$, is simply the sum of the friction coefficients for the motors and cargo. This interpretation is consistent with a recent theoretical study of collective transport of a diffusive cargo using discrete motor dynamics, which similarly found that the contribution from the motors to the effective friction coefficient of the system scales linearly with the number N of motors for the small range explored [169]. Previous work using a simpler phenomenological model also suggested that the effective friction coefficient of a collection of motors should be proportional to N [170].

Figure 4.2a shows D_{eff} as a function of N. While the velocity increases with the number of motors, the effective diffusivity decreases, indicating that a larger number of motors tightens the distribution of cargo-transport distances. Writing the mean velocity as $\langle v \rangle = \beta D_{\text{eff}} N f_{\text{chem}}$ reveals that the effective dynamics of the system are simply those of a single diffusive particle (with diffusivity D_{eff}) under a constant driving force $N f_{\text{chem}}$.



Figure 4.2: **a)** Scaled velocity $\langle v \rangle / v_{\text{max}}$ (Eq. (4.6)) and effective diffusivity $D_{\text{eff}}/D_{\text{c}}$ (Eq. (4.7)) (equal for this model to the efficiency $\eta \equiv \eta_{\text{M}} = \eta_{\text{S}}$ (Eq. (4.14))) as functions of the number N of motors scaled by the diffusivity ratio $D_{\text{m}}/D_{\text{c}}$. **b)** Ensemble-averaged energy flows \dot{W}_{M_i} (Eq. (4.10)), $\dot{E}_{\text{M}_i \to \text{C}}$ (Eq. (4.11)), \dot{Q}_{M_i} (Eq. (4.12)), and \dot{Q}_{C} (Eq. (4.13)) as functions of N scaled by $D_{\text{c}}/D_{\text{m}}$. All energy flows are normalized by the chemical power consumption $\dot{W}_{\text{M}_i}^{\text{max}} = f_{\text{chem}}v_{\text{max}}$ of a single motor at maximum velocity. For \dot{Q}_{C} I use $D_{\text{c}}/D_{\text{m}} = 1/10$; all other energy flows depend solely on the quantity $ND_{\text{c}}/D_{\text{m}}$.

The system stochasticity can alternatively be quantified by the coefficient of variation θ [171] or the Fano factor ϕ [79]. The coefficient of variation (CV) of cargo position is

$$\theta \equiv \frac{\sqrt{\langle x_{\rm c}^2 \rangle - \langle x_{\rm c} \rangle^2}}{\langle x_{\rm c} \rangle} \tag{4.8a}$$

$$= \sqrt{2\left(\frac{1}{D_{\rm c}} + \frac{N}{D_{\rm m}}\right)} \frac{D_{\rm c}}{ND_{\rm m}} \frac{1}{\beta f_{\rm chem}} t^{-1/2}.$$
 (4.8b)

For small $N \ll D_{\rm m}/D_{\rm c}$ the coefficient of variation scales as N^{-1} , while for large $N \gg D_{\rm m}/D_{\rm c}$, $\theta \propto N^{-1/2}$. Thus this measure of the variation in forward progress can be made arbitrarily small with sufficiently large $ND_{\rm c}/D_{\rm m}$, but with diminishing returns for larger N.

The steady-state Fano factor is

$$\phi \equiv \frac{\langle x_{\rm c}^2 \rangle - \langle x_{\rm c} \rangle^2}{\langle x_{\rm c} \rangle} = \frac{2}{N\beta f_{\rm chem}}.$$
(4.9)

Similarly to D_{eff} , ϕ decreases (and hence the precision increases) with the number of motors, scaling as $\phi \propto N^{-1}$. Here adding motors decreases the variance of forward progress while increasing the velocity, leading to a Fano factor that decreases with N. For N = 1 motor, Eq. (4.9) recovers the Fano factor previously calculated in the limit of low cargo diffusivity for a single motor [79].

The addition of motors can be thought of as having an "averaging" effect on the dynamics. The precision (as quantified by θ or ϕ) also increases with the chemical driving force f_{chem} on each motor. Figure 4.3 shows the *N*-dependence of the three stochasticity metrics: the effective diffusivity D_{eff} (Eq. (4.7)), the coefficient of variation θ (Eq. (4.8)), and the Fano factor ϕ (Eq. (4.9)).



Figure 4.3: N-dependence of the performance metrics used to quantify stochasticity: the effective diffusivity $D_{\text{eff}}/D_{\text{c}}$, the coefficient of variation $\theta^* = \theta \beta f_{\text{chem}} \sqrt{t/D_{\text{c}}}$, and the Fano factor $\phi^* = \beta f_{\text{chem}} (D_{\text{m}}/D_{\text{c}})\phi$; all in dimensionless units.

Thermodynamic properties

It is also possible to exactly calculate steady-state ensemble averages of all energy flows into and out of each subsystem. Transport systems are highly processive, so we focus on average energy flows, ignoring higher moments that are less salient at long durations. The mean chemical power to each motor is

$$\beta \dot{W}_{\mathrm{M}_{i}} = N D_{\mathrm{c}} \left(1 + N \frac{D_{\mathrm{c}}}{D_{\mathrm{m}}} \right)^{-1} \left(\beta f_{\mathrm{chem}} \right)^{2} \tag{4.10a}$$

$$=\beta f_{\rm chem} \langle v \rangle. \tag{4.10b}$$

Here the energy flows are multiplied by the inverse temperature β so that quantities have units of s⁻¹. In keeping with the assumption of tight mechanochemical coupling, the power consumption is simply the chemical driving force multiplied by the motor velocity. Since the motors are identical, the total chemical power consumption is simply $P_{\text{chem}} = N\dot{W}_{M_i}$. Likewise, the average rate of energy flow from each motor to the cargo is

$$\beta \dot{E}_{\mathrm{M}_i \to \mathrm{C}} = N D_{\mathrm{c}} \left(1 + N \frac{D_{\mathrm{c}}}{D_{\mathrm{m}}} \right)^{-2} \left(\beta f_{\mathrm{chem}} \right)^2 \tag{4.11a}$$

$$=\frac{\langle v\rangle^2}{ND_{\rm c}}.\tag{4.11b}$$

The total energy flow $\sum_i \dot{E}_{M_i \to C} = \langle v \rangle^2 / D_c$ from the motors to the cargo increases monotonically with N and reaches a finite maximum value. $\dot{E}_{M_i \to C}$ for a single motor is nonmonotonic in N, as shown in Fig. 4.2b. In particular, $\dot{E}_{M_i \to C} \propto N$ for $N \ll D_m/D_c$ and $\propto N^{-1}$ for $N \gg D_m/D_c$. This is because for large N, when the cargo reaches maximum velocity and thus a constant rate of heat dissipation, the sum $\sum_i \dot{E}_{M_i \to C} = -\dot{Q}_C$ must reach a constant value as well. Dividing this nearly constant total energy flow among an increasing number of motors means that $\dot{E}_{M_i \to C}$ decreases. Thus the energy flow from each individual motor to the cargo is maximized at an intermediate $N^* = D_m/D_c$.

The average heat flow into each motor is

$$\beta \dot{Q}_{M_i} = -N^2 \frac{D_c^2}{D_m} \left(1 + N \frac{D_c}{D_m} \right)^{-2} (\beta f_{chem})^2$$
(4.12a)

$$= -\frac{\langle v \rangle^2}{D_{\rm m}},\tag{4.12b}$$

and the heat flow into the cargo is

$$\beta \dot{Q}_{\rm C} = -N^2 D_{\rm c} \left(1 + N \frac{D_{\rm c}}{D_{\rm m}} \right)^{-2} \left(\beta f_{\rm chem} \right)^2 \tag{4.13a}$$

$$= -\frac{\langle v \rangle^2}{D_c}.$$
 (4.13b)

The subsystem-specific heat flows are, on average, given by the friction coefficient (e.g. $\zeta_{\rm c} = 1/\beta D_{\rm c}$ for the cargo) multiplied by the mean velocity squared, the result we would expect for the frictional energy dissipation of an overdamped particle moving at constant velocity $\langle v \rangle$. The sum of the heat flows over all N+1 subsystems represents the total energy

dissipation of the system at steady state; all of the chemical energy consumed by the motors is either dissipated directly by the motors as heat (due to loose coupling to the cargo) or transduced into mechanical work on the cargo which is then dissipated by the cargo as heat.

Figure 4.2b shows how these four steady-state energy flows depend on the number N of motors, manifesting two regimes. For $N \ll D_{\rm m}/D_{\rm c}$, the heats $-\dot{Q}_{\rm M_i}$ and $-\dot{Q}_{\rm C}$ scale as N^2 , while the chemical power $\dot{W}_{\rm M_i}$ to each motor and the power $\dot{E}_{{\rm M_i}\to{\rm C}}$ from each motor to the cargo scale linearly with N. For $N \gg D_{\rm m}/D_{\rm c}$, the chemical power to each motor as well as the two heats asymptotically approach constants. For sufficiently large N, each motor's heat roughly equals its chemical power consumption, as the energy flow per motor transferred through the coupling decays as N^{-1} .

All energy flows display the same quadratic dependence on the chemical driving force. This is reminiscent of linear irreversible thermodynamics, where rates of entropy production (and thus heat dissipation) are quadratic in the thermodynamic driving forces [172]. This is true for this system on average due to the linearity of Eqs. (4.1)a-b, even with the inherent stochasticity.

The steady-state energy flows (4.10)-(4.13) are all independent of the coupling strength κ , despite the steady-state distributions for the separation distances Δx_i depending strongly on κ . To understand this initially surprising result, consider the average force an individual motor pulls against, $\kappa \langle \Delta x_i \rangle$, for separation distance $\Delta x_i \equiv x_i - x_c$. Equation (4.5a) shows that $\langle \Delta x_i \rangle \propto 1/\kappa$, so the mean force on the motor is independent of the coupling strength. Since the motor velocity is also independent of the coupling strength, the mean power output of each motor (roughly the mean velocity multiplied by the mean opposing force) is independent as well. The power consumption $P_{\rightarrow M_i}$ is likewise independent of κ for the same reason. From the first laws (2.62), the system only has three independent energy flows, so the other energy flows must thus also be independent of κ .

I consider several different metrics of steady-state energetic efficiency. Since the system does not perform any thermodynamic work as output, and the input power P_{chem} is always positive, the full system's thermodynamic efficiency is zero; however, the thermodynamic efficiency $\eta_{\text{M}} \equiv \dot{E}_{\text{M}_i \to \text{C}} / \dot{W}_{\text{M}_i}$ of each motor subsystem is positive. The Stokes efficiency, given by Eq. (5.3), is also positive. This system has equal Stokes efficiency and motor efficiency:

$$\eta_{\rm M} = \eta_{\rm S} = \left(1 + N \frac{D_{\rm c}}{D_{\rm m}}\right)^{-1}.$$
(4.14)

Figure 4.2a shows efficiency as a function of N: for small ND_c/D_m , the efficiency is $\approx 1 - ND_c/D_m$, while for $ND_c/D_m \gg 1$ the efficiency scales as N^{-1} . For a given diffusivity ratio D_c/D_m , the efficiency for any N is upper bounded by $\eta_{\text{max}} = (1 + D_c/D_m)^{-1}$ since N is lower bounded by unity. Thus, for example, a system with $D_c = D_m$ can achieve at most 50% efficiency. This efficiency can be re-written in terms of the system's effective diffusivity

as

$$\eta_{\rm M} = \eta_{\rm S} = \frac{D_{\rm eff}}{D_{\rm c}},\tag{4.15}$$

which exactly saturates an upper bound proven for the Stokes efficiency of transport by a single motor [73].

Table 4.1 summarizes the scaling with N of key performance metrics in the two limiting regimes.

	Table 4.1:	Performance metrics' asymp	ptotic scaling with N .
Metric	$N \ll D_{\rm m}/D_{\rm c}$	$N \gg D_{\rm m}/D_{\rm c}$	
$\langle v \rangle$	$\propto N$	$\approx v_{\rm max} \left[1 - D_{\rm m}/(ND_{\rm c})\right]$	
θ	$\propto N^{-1}$	$\propto N^{-1/2}$	
$\dot{W}_{\rm chem}$	$\propto N^2$	$\propto N$	
$\eta_{ m S/M}$	$\approx 1 - ND_{\rm c}/D_{\rm m}$	$\propto N^{-1}$	

4.3.3 Performance trade-offs

The previous section outlined the separate N-dependence of different performance metrics; however, these quantities are not independent, instead posing trade-offs parameterized by N. Examining the trade-offs between all pairs of dynamical and thermodynamic properties from Table 4.1 shows that several pairs of desirable properties cannot be simultaneously attained.

The mean transport velocity and the total chemical power consumption of the motors are related by

$$\frac{\dot{W}_{\rm chem}}{\dot{W}_{M_i}} = \frac{D_{\rm m}}{D_{\rm c}} \frac{\left(\langle v \rangle / v_{\rm max}\right)^2}{1 - \langle v \rangle / v_{\rm max}}.$$
(4.16)

Figure 4.4a illustrates this trade-off as N is varied, for several different diffusivity ratios. For $N \ll D_{\rm m}/D_{\rm c}$, the total chemical input power scales as the square of the average velocity $\langle v \rangle$. At $N = D_{\rm m}/D_{\rm c}$ the velocity is half its maximum; beyond this velocity the required chemical power skyrockets, scaling as $\dot{W}_{\rm chem} \propto (v_{\rm max} - \langle v \rangle)^{-1}$ for $N \gg D_{\rm m}/D_{\rm c}$.

The total power consumption and coefficient of variation (4.8) are inversely related,

$$\dot{W}_{\rm chem} = (2/t)\theta^{-2},$$
 (4.17)

for all N and D_c/D_m . Figure 4.4b illustrates this trade-off, which features scaling behaviour consistent across the regimes of large and small N. Arbitrarily high precision (low θ) can be achieved in this collective-transport system, but at the cost of power consumption that increases without bound.



Figure 4.4: Trade-offs between **a**) scaled chemical power consumption $\dot{W}_{\rm chem}/\dot{W}_{\rm M_i}^{\rm max}$ and scaled mean velocity $\langle v \rangle / v_{\rm max}$, **b**) $\dot{W}_{\rm chem}/\dot{W}_{\rm M_i}^{\rm max}$ and scaled coefficient of variation $\theta^* = \theta v_{\rm max}\sqrt{t/D_{\rm c}}$, **c**) efficiency $\eta_{\rm S} = \eta_{\rm M}$ and $\langle v \rangle / v_{\rm max}$, and **d**) $\eta_{\rm S} = \eta_{\rm M}$ and θ^* , as the number N of motors is varied, for different diffusivity ratios $D_{\rm c}/D_{\rm m}$. Stars: $N = D_{\rm m}/D_{\rm c}$. Circles: maximum efficiencies for respective diffusivity ratios, $\eta_{\rm max} = (1 + D_{\rm c}/D_{\rm m})^{-1}$, realized for N = 1. Insets in **a**), **b**), and **d**) show that scaling the power consumption and coefficient of variation by factors of $D_{\rm c}/D_{\rm m}$ collapses the curves for different diffusivity ratios onto single master curves. Numbers in parentheses indicate coordinates of black stars (where $ND_{\rm c}/D_{\rm m} = 1$). All curves terminate at points where N = 1, so there is always an integer number of motors.

Comparing (4.6) and (4.14), the efficiency and scaled velocity obey a simple relation:

$$\eta_{\rm S/M} + \frac{\langle v \rangle}{v_{\rm max}} = 1, \tag{4.18}$$

where $\eta_{\rm S/M}$ can be either the Stokes or motor efficiency, since they are equal for this system. Fig 4.4c shows this trade-off. The collective-transport system cannot simultaneously achieve high efficiency and near-maximum velocity. Further, depending on the diffusivity ratio only certain efficiencies are achievable: those with $\eta_{\rm S/M} \leq \eta_{\rm max} = (1 + D_{\rm c}/D_{\rm m})^{-1}$. Notably, 50% efficiency and half-maximal velocity can always be achieved at $N = D_{\rm m}/D_{\rm c}$.

Finally consider the trade-off between efficiency and precision (quantified by coefficient of variation θ),

$$\theta v_{\rm max} \sqrt{\frac{t}{2D_{\rm c}}} = \frac{\sqrt{\eta_{\rm S/M}}}{1 - \eta_{\rm S/M}}.$$
(4.19)

Figure 4.4d shows that high efficiency and high precision (low CV) are not simultaneously achievable. This suggests that to maximize efficiency systems must exploit thermal fluctuations, leading to a decrease in precision. Note that the transition from near-zero to near-unit efficiency occurs over a small range of CVs around $N = D_{\rm m}/D_{\rm c}$.

Insets in Figs 4.4a, b, and d show that scaling the power consumption and coefficient of variation by factors of the diffusivity ratio D_c/D_m collapses the separate curves for distinct D_c/D_m onto single master curves. Thus the qualitative nature of the trade-offs described here are independent of the relative diffusivities of the motors and cargo.

These performance trade-offs suggest that collective-transport systems where different performance metrics are prioritized should have different numbers of motors if N can be adjusted to tune performance. For systems in which maximum velocity and high precision are preferred, optimization would drive systems towards the $N \gg D_{\rm m}/D_{\rm c}$ regime. This would however come with the cost of high power consumption and decreased efficiency. If instead highly efficient directed transport on a small power budget is favoured, then optimal systems would have $N \ll D_{\rm m}/D_{\rm c}$ at the cost of slow and imprecise transport.

4.4 Generalizations of the model

4.4.1 Adding energy barriers

Many of this chapter's results extend to more general models of motor dynamics. To show this, consider a more complex model which relaxes the assumption that the chemical driving force is much larger than the scale of the motor's energy landscape. We add to each motor a periodic potential-energy landscape of the form $V(x_i) = (1/2)E^{\ddagger} \cos(2\pi x_i/\ell)$, where E^{\ddagger} is the height of the energy barriers between successive meta-stable states (local energy minima), and ℓ is the period. Each motor's dynamics satisfy

$$\dot{x}_i = \beta D_{\rm m} \left[f_{\rm chem} - \kappa (x_i - x_{\rm c}) - f_{\rm max} \sin(2\pi x_i/\ell) \right] + \eta_i, \qquad (4.20)$$

where $f_{\text{max}} = \pi E^{\ddagger}/\ell$ is the maximum conservative force arising from the periodic potential. (Note that the motor energy landscapes here are parameterized differently from Ref. [80] to ensure consistency with Ref. [68]; the results of Fig. 4.5 are unchanged.) The cargo motion still obeys Eq. (4.1a). This continuous model, inspired by similar models of other molecular machines [77, 78], produces motor dynamics qualitatively similar to commonly used discretestep models [155, 157]. In the limit as $f_{\text{max}}/f_{\text{chem}} \rightarrow 0$, this system is identical to the analytically tractable system (described by Eq. (4.1)) centrally featured in this chapter.

While these new equations of motion cannot be solved analytically, we can numerically simulate the dynamics of this system, by integrating the N+1 Langevin equations for a given value of N. Obtaining full time-dependent probability distributions through simulation is computationally intractable for large N, so we compute only properties that dependent

solely on the average system dynamics. Figure 4.5 shows for this more complex model the scaling with N of the mean velocity $\langle v \rangle$, chemical power consumption \dot{W}_{chem} , and Stokes efficiency $\eta_{\rm S}$, for a variety of barrier heights. (Calculating the coefficient of variation for large N is computationally intractable.) The scaling laws in the limiting regimes of large and small N (outlined in Table 1) still accurately reflect the limiting scaling behaviour for this generalization. As a direct result of the scaling laws generalizing, the performance trade-offs [Figs. 4.4a and c] also apply more generally, at least qualitatively: even under more general motor dynamics, desirable pairs of properties such as high velocity and high efficiency or high velocity and low power consumption remain mutually exclusive.

4.4.2 Motor binding/unbinding

So far, I have treated the number N of active motors per cargo as fixed, although in real transport systems motor proteins are constantly binding and unbinding to both the cargo and the substrate. The estimate $\tau_{\text{relax}} < 0.02 \text{ s}$ of the system's relaxation time (Sec. 4.3.1) is much shorter than estimates of 0.2 - 1 s for the motor binding and unbinding timescales of kinesin on microtubules [152]. Due to this timescale separation, the system can be treated as always in dynamical steady state at fixed N even when motors bind and unbind over longer timescales. Thus the steady-state results should still hold for temporally varying N. The convexity of these properties with respect to N determines the sign of the error resulting from computing steady-state quantities at a single average motor number $\langle N \rangle$ instead of considering a full distribution p(N). For example, mean velocity is a concave function of N, so when N varies $\langle v (\langle N \rangle) \rangle$ overestimates the mean velocity $\langle v(N) \rangle$. By contrast, the total power consumption is convex, so $\langle \dot{W}_{\text{chem}}(N) \rangle \geq \dot{W}_{\text{chem}}(\langle N \rangle)$.

To confirm this intuition, I use a simple stochastic dynamical model of motor binding/unbinding based on Ref. [152] to estimate the error due to treating N as constant. The motor number N undergoes a random walk, with rates

$$N \to N+1: k_N^+ = k_0^+ (N_{\max} - N),$$
 (4.21a)

$$N \to N - 1: k_N^- = k_0^- N.$$
 (4.21b)

Here k_0^+ and k_0^- are base rates of binding and unbinding for each motor, and N_{max} is the maximum number of motors that can bind a given cargo. The distribution p(N) satisfies the master equation

$$\frac{\partial}{\partial t}p(N) = k_{N+1}^{-}p(N+1) + k_{N-1}^{+}p(N-1) - (k_{N}^{+} + k_{N}^{-})p(N) , \qquad (4.22)$$

with reflecting boundaries at N = 1 and $N = N_{\text{max}}$. (We set a reflecting boundary at N = 1 rather than N = 0 because we are interested only in the behaviour of the system when there are motors attached.)



Figure 4.5: Scaling of a) the scaled mean velocity $\langle v \rangle / v_{\text{max}}$, b) the Stokes efficiency η_{S} , and c) the scaled chemical power consumption $\dot{W}_{\text{chem}}/P_{\rightarrow M_i}^{\text{max}}$, as a function of the motor number N scaled by the diffusivity ratio $D_{\text{m}}/D_{\text{c}}$. We simulate $N \in [1, 2, 3, ..., 1000]$ for several different ratios $f_{\text{max}}/f_{\text{chem}}$ of the maximum conservative force to the chemical driving force. $f_{\text{max}}/f_{\text{chem}} = 0$ (solid blue) recovers the analytically tractable model. Black curves indicate the scaling laws from Table 4.1 in the small-N (dotted) and large-N (dashed) limits. Parameters: $f_{\text{chem}} = 10$, $\kappa = 1$, $D_{\text{c}} = 0.03D_{\text{m}}$; in dimensionless units chosen so that $D_m = \kappa = \ell = 1$.

The master equation (4.22) with these boundary conditions has a time-independent steady-state solution. To simplify the analysis I take the limit $N_{\text{max}} \to \infty$ and $k_0^+ \to 0$ such

that $N_{\max}k_0^+/k_0^- = \lambda$ is fixed. The steady-state solution is then

$$p(N) = \frac{\lambda^N}{N!(e^{\lambda} - 1)},\tag{4.23}$$

defined for $N \ge 1$. This is a zero-truncated Poisson distribution [173], with mean

$$\langle N \rangle = \frac{\lambda}{1 - e^{-\lambda}}.\tag{4.24}$$

This distribution can then be used to calculate mean values of different steady-state properties of the transport system, averaged over p(N). In particular, I estimate the error involved in assuming the system is well described by a constant (rather than fluctuating) number of motors, taking the mean velocity as an example.

For a given average number $\langle N \rangle$ of motors, we compare the mean velocity (4.6) evaluated at fixed $N = \langle N \rangle$ to the velocity instead averaged over the distribution p(N) with the parameter λ chosen so that $\sum_{N=1}^{\infty} Np(N) = \langle N \rangle$. The error in mean velocity incurred by assuming fixed N is

$$\epsilon \equiv \frac{\left\langle v\left(\langle N \rangle_{p(N)}\right) \right\rangle_{\rm ss} - \langle \langle v(N) \rangle_{\rm ss} \rangle_{p(N)}}{\langle \langle v(N) \rangle_{\rm ss} \rangle_{p(N)}},\tag{4.25}$$

where $\langle \cdot \rangle_{ss}$ denotes an ensemble average over the system dynamics at fixed N, and $\langle \cdot \rangle_{p(N)}$ denotes an average over the probability distribution p(N).

Figure 4.6 shows this error over a range of different values of $\langle N \rangle$ and D_c/D_m . The error resulting from assuming a fixed number of motors is less than 7%, and with other quantities suffering similar magnitudes of error. Note that the error is maximized for small $\langle N \rangle$, and for $\langle N \rangle D_c/D_m \approx 1$.

4.5 Discussion

In this chapter, I introduced a simple model for collective intracellular transport by an arbitrary number of transport motors. This model is stochastic, thermodynamically consistent, and can be solved analytically for arbitrary motor number N. Using this model, I derived analytic expressions for several steady-state properties, including dynamic properties such as mean velocity, effective diffusivity, and precision, as well as thermodynamic quantities such as power, heat, and efficiency. I found qualitatively different N-dependence for these quantities in the two opposing regimes of high and low N (compared to the motor-cargo diffusivity ratio D_m/D_c), summarized by simple scaling laws (Table 4.1). The model should best reflect the physics of motors whose energy-landscape features are smaller in scale than the magnitude of their chemical driving, however the numerical explorations in Sec 4.4.1 suggest that many of this chapter's results generalize well beyond this regime.



Figure 4.6: Error (4.25) in mean velocity between fluctuating (described by Eq. (4.23)) and constant motor number, both with equal mean motor number $\langle N \rangle$, as a function of $\langle N \rangle D_c/D_m$. Vertical gray dotted line indicates $\langle N \rangle D_c/D_m = 1$.

I also examined trade-offs between several performance metrics that are expected to be generally important for real transport systems: many pairs of desirable properties, for example high velocity and high efficiency, are mutually exclusive in these systems. The trade-off between efficiency and velocity (Fig. 4.4c) has also been explored theoretically in other types of molecular machines [174, 175]. The incompatibility of high velocity and high efficiency seems to be a general feature of these types of systems, and has also been seen experimentally for myosin motors [30]. These findings are reminiscent of the thermodynamic uncertainty relation [67], which lower bounds the product of uncertainty and entropy production. At steady state the system saturates this bound, which may be a universal feature of linear systems with only one driving force [65] or systems described by Gaussian probability distributions [176]. This suggests that the performance trade-offs (especially Fig. 4.4b) may in fact be Pareto frontiers [177] for more general collective-transport systems. Chapter 5 proves this hypothesis for a broad class of systems.

The performance trade-offs derived in Sec. 4.3.3 point to insights about optimization in collective-transport systems, as adjusting the number of motors per cargo can tune performance. This could be achieved, for example, by manipulating the motor concentration [178], adjusting the number of possible binding sites on the cargo [179], or using extra structural assemblies such as DNA scaffolds [39]. Depending on the regime the system inhabits, as determined by the dimensionless quantity ND_c/D_m , systems can either achieve fast and precise but energetically costly transport ($N \gg D_m/D_c$), or efficient but slow and imprecise transport ($N \ll D_m/D_c$). Ultimately, real systems have likely evolved to prioritize complex

combinations of the performance metrics considered here and others not considered, however estimating ND_c/D_m for *in vivo* systems may provide insight into which performance metrics are most important in specific systems.

Design Principle: The number N of motors in a collective transport system can be tuned to optimize different performance metrics of interest. $N \gg D_{\rm m}/D_{\rm c}$ maximizes velocity and precision at the cost of high power consumption and decreased efficiency, while $N \ll D_{\rm m}/D_{\rm c}$ maximizes efficiency but leads to slow and imprecise transport.

Few experiments have measured exact numbers of motors in collective-transport systems; nonetheless, motor numbers have indeed been measured, for example by identifying discrete peaks in a distinctly multimodal velocity distribution. Using this technique to study transport of beads by kinesin motors, Refs. [34, 35] found a mean velocity roughly proportional to the number of motors, consistent with my predictions for the small-N regime; the bead diameter and solution viscosity indicate that these experiments had $N < D_c/D_m$. Similar experimental investigations have also found velocity to be a concave function of N, qualitatively consistent with my predictions [180]. Other experiments have varied the concentration of motor proteins in solution, a rough proxy for the number of motors per cargo. Kinesin motors attached to a substrate while transporting long microtubules [181, 182] produce velocity that is a concave function of motor concentration, as this chapter predicts; similar results have been found for myosin motors pulling actin filaments [37].

Using models similar to ours, but with discrete steps rather than continuous motor dynamics, Refs. [154] and [157] found a similar monotonic and concave functional dependence of the mean velocity $\langle v \rangle$ on motor number N, although their findings are restricted to relatively small N. Likewise, Ref. [157] also found $D_{\text{eff}} \propto 1/N$ for the greatest N they investigated. Another recent study [158] found that the total load capacity, or effective stall force, is N times the stall force for a single motor. The model can easily incorporate a constant external force f_{ext} pulling the cargo in the opposite direction of the chemical force driving the motors. This simply requires adding a term $-\beta D_{c} f_{\text{ext}}$ to the left side of (4.1a), preserving analytic solubility of the dynamical equations. The mean velocity in this case is

$$\langle v \rangle_{f_{\text{ext}}} = \langle v \rangle_0 \left(1 - \frac{f_{\text{ext}}}{N f_{\text{chem}}} \right),$$
(4.26)

where $\langle v \rangle_0$ is the mean velocity for $f_{\text{ext}} = 0$ given by Eq. (4.6). From this we identify the stall force $f_{\text{s}} = N f_{\text{chem}}$ which scales linearly with the number of motors, independent of the diffusivity ratio.

The model also ignores other possibly relevant effects such as motor-motor interactions and discretization of motor steps. Depending on the time- and lengthscales of resolution, motor proteins like kinesin can be thought of as taking discrete steps [183], in contrast to the
continuous motion assumed here. Nevertheless, treating the motor dynamics as continuous should be valid as long as the relaxation timescale for the motors is sufficiently separated from that of the cargo (either much larger or much smaller) so that the steady-state separation distance distribution (4.5) converges to the resulting steady-state distribution. This assumption is valid for both $N \gg D_m/D_c$ and $N \ll D_m/D_c$, but may break down for $N \approx D_m/D_c$, where system behaviour may be more sensitive to the exact motor dynamics. Interactions between motors may become relevant under certain conditions. Computational studies indicate the possibility of long-range cooperative interactions between kinesin motors through microtubules [184] as well as crowding effects such as traffic jams when large numbers of motors are present [185]. While this chapter has not incorporated these effects, generalizing the results using model-agnostic considerations from the theory of stochastic thermodynamics is a promising future direction. In the next chapter I will consider a more general class of collective transport models.

Chapter 5

Dynamic and Thermodynamic Bounds for Collective Motor-Driven Transport

Molecular motors work collectively to transport cargo within cells, with anywhere from one to several hundred motors towing a single cargo. For a broad class of collective-transport systems, I use the Jensen lower bound for the entropy production rate to derive constraints on performance. This implies new bounds on the velocity, efficiency, and precision of general transport systems and a set of analytic Pareto frontiers for identical motors. In a specific model, I identify conditions for saturation of these Pareto frontiers.

5.1 Introduction

Many specific models of transport systems have been explored, including deterministic phenomenological models [34, 35, 152], discrete stochastic models [79, 157, 158], and continuous stochastic models like the one in the last chapter [80, 155]. A common goal of these investigations has been to determine how various parameters (such as coupling strength, stall force, diffusivity, and number of motors) tune the performance of these systems. Performance metrics of interest include dynamical quantities such as velocity and precision, and thermodynamic quantities like efficiency and power consumption [2]. While the behaviour of specific model systems has been explored, considerably less is known about the fundamental performance limits for transport systems in general, agnostic of model details.

The behaviour of transport systems is restricted by two fundamental thermodynamic limitations. First and foremost, they must obey the second law of thermodynamics, the most useful form in these contexts stating that at steady state the ensemble-averaged rate of global entropy production cannot be negative [29]. Second, the recently established Thermodynamic Uncertainty Relation (TUR) [65–67] lower bounds products of the entropy production rate and uncertainties in various currents at steady state. These key inequalities have been used to derive bounds on various performance metrics, for example efficiency [73].

In this chapter, I consider the thermodynamics of motor-driven intracellular transport in far more generality than in Chap. 4. I apply the Jensen bound, derived in chapter 3, and the TUR to derive a set of bounds on performance metrics such as velocity, efficiency, and precision. These bounds constrain emergent properties of collective systems for arbitrary numbers of motors of any directionality, using only bare properties of individual subsystems. This theory holds for a broad class of collective-transport systems, independent of any model-specific interaction potentials or spatially inhomogeneous energy landscapes. For identical motors, I then derive analytic expressions for several Pareto frontiers constraining combinations of performance metrics. Finally, I simulate an example system to illustrate these bounds and conditions sufficient for their saturation.

5.1.1 Contributions

This chapter is adapted from an article published as Ref. [68], authored by myself and David Sivak.

5.2 Theory and model

As in Chapter 4, consider N transport motors coupled to a diffusing molecular cargo, all moving in one dimension. Each motor interacts with the cargo via a molecular linker, and is characterized by a mechanochemical cycle through which it transduces chemical power into directed forward motion. The cargo undergoes overdamped Brownian motion (with bare diffusivity D_c) constrained by interactions with each motor (with its own bare diffusivity D_i).

Each motor in isolation experiences a constant chemical driving force f_i , along with a spatially periodic potential-energy landscape arising due to interactions with the substrate it walks along (e.g., microtubules for kinesin). This may include features such as metastable states and energy barriers. (Multiple cargos are trivially incorporated as motors with no chemical driving force, $f_i = 0$.) I assume that each motor tightly couples its chemical and mechanical degrees of freedom, consistent with experiments on kinesin and myosin motors [11, 49, 186]. Motors and cargo are coupled via the total potential energy $V(\mathbf{x})$ for the vector $\mathbf{x} \equiv \{x_c, x_1, ..., x_i, ..., x_N\}$ of cargo position x_c and motor positions $\{x_i\}_{i=1}^N$. This potential describes, e.g., the molecular linkers attaching each motor to the cargo and attractive or repulsive interactions between motors. The dynamics of this model are given by the multipartite overdamped Langevin and Fokker-Planck equations, Eqs. (2.56) and (2.59) from Sec. 2.5.

In the steady-state limit the subsystems (cargo and motors) must stay together, i.e., the relative coordinates $x_i - x_c$ reach time-independent distributions at steady state so that each subsystem has the same mean velocity, $\langle v \rangle \equiv \langle \dot{x}_c \rangle = \langle \dot{x}_i \rangle$. In terms of the potential $V(\boldsymbol{x})$, this requires that all subsystems are coupled and at long distances any repulsive interactions are dominated by attraction.

5.2.1 Performance metrics

I consider several performance metrics for collective-transport systems, all of which were introduced in chapter 4. These include the mean velocity:

$$\langle v \rangle = \left\langle \frac{J_{\rm c}(\boldsymbol{x},t)}{P(\boldsymbol{x},t)} \right\rangle$$
 (5.1a)

$$= \left\langle \frac{J_i(\boldsymbol{x}, t)}{P(\boldsymbol{x}, t)} \right\rangle, \tag{5.1b}$$

the average rate of total chemical-energy consumption by the N motors:

$$\dot{W}_{\rm chem} \equiv \sum_{i=1}^{N} \langle f_i \dot{x}_i \rangle \tag{5.2a}$$

$$=\sum_{i=1}^{N} f_i \langle v \rangle, \tag{5.2b}$$

the Stokes efficiency:

$$\eta_{\rm S} \equiv \frac{\zeta_{\rm c} \langle v \rangle^2}{\dot{W}_{\rm chem}},\tag{5.3}$$

the effective diffusivity (4.7), and the precision (quantified by the coefficient of variation):

$$\theta \equiv \frac{\sqrt{\langle \delta x_{\rm c}^2 \rangle}}{\langle x_{\rm c} \rangle}.\tag{5.4}$$

Here $\langle \delta x_{\rm c}^2 \rangle$ is the variance of the cargo position $x_{\rm c}$.

From Sec. 2.5, the average rates of dimensionless entropy production for each subsystem are [117]

$$\dot{\Sigma}_{i} = \frac{1}{D_{i}} \left\langle \left[\frac{J_{i}(\boldsymbol{x}, t)}{P(\boldsymbol{x}, t)} \right]^{2} \right\rangle \ge 0$$
(5.5a)

$$\dot{\Sigma}_{\rm c} = \frac{1}{D_{\rm c}} \left\langle \left[\frac{J_{\rm c}(\boldsymbol{x}, t)}{P(\boldsymbol{x}, t)} \right]^2 \right\rangle \ge 0.$$
(5.5b)

The total entropy production rate is their sum, $\dot{\Sigma} = \dot{\Sigma}_{c} + \sum_{i=1}^{N} \dot{\Sigma}_{i}$. For a diffusive cargo with no external forces, the entropy production equals the total chemical power:

$$\dot{\Sigma} = \beta \dot{W}_{\text{chem}}.$$
(5.6)

5.3 Bounds for general systems

Applying the Jensen bounds to this system yields three inequalities constraining the partial and total entropy production rates:

$$\dot{\Sigma}_i \ge \frac{1}{D_i} \langle v \rangle^2,$$
(5.7a)

$$\dot{\Sigma}_{\rm c} \ge \frac{1}{D_{\rm c}} \langle v \rangle^2,$$
(5.7b)

$$\dot{\Sigma} \ge \frac{1}{D_{\text{bare}}} \langle v \rangle^2.$$
 (5.7c)

Here D_{bare} is the "bare collective diffusivity", the inverse of the total friction coefficient from summing the individual friction coefficients (inversely proportional to bare diffusivities) of each subsystem:

$$D_{\text{bare}} \equiv \left(\frac{1}{D_{\text{c}}} + \sum_{i=1}^{N} \frac{1}{D_{i}}\right)^{-1}.$$
 (5.8)

Physically, D_{bare} is the effective diffusivity under a potential that depends only on relative subsystem positions.

Equation (5.7c) constitutes a general, model-independent, lower bound (non-negative and thus tighter than the second law (5.5)) on the entropy production required for a collective-transport system with N motors to maintain mean velocity $\langle v \rangle$.

The collective-transport system is also constrained by the long-time limit of the thermodynamic uncertainty relation (TUR) [65–67], whose most useful form for this system is

$$\dot{\Sigma}t \, \frac{\langle \delta x_{\rm c}^2 \rangle}{\langle x_{\rm c} \rangle^2} \ge 2. \tag{5.9}$$

Identifying $\langle v \rangle = \langle x_c \rangle / t$ and D_{eff} (4.7) recasts this inequality as

$$\dot{\Sigma} \ge \frac{1}{D_{\text{eff}}} \langle v \rangle^2,$$
(5.10)

which has the same form as the Jensen bound (5.7c). Equations (5.7c) and (5.10) thus constitute two bounds on the entropy production. In general, either of these bounds can be tighter. Even for a single particle in a tilted sinusoidal potential, either $D_{\text{bare}} < D_{\text{eff}}$ or $D_{\text{bare}} > D_{\text{eff}}$ is possible, depending on the ratio of the barrier height to the driving force [187].

Substituting (5.6) and the Stokes efficiency (5.3) into (5.7c) gives an upper bound on $\eta_{\rm S}$:

$$\eta_{\rm S} \le \frac{D_{\rm bare}}{D_{\rm c}}.\tag{5.11}$$

This is similar, but not equivalent, to a previous bound [73]: $\eta_{\rm S} \leq D_{\rm eff}/D_{\rm c}$. Like the Jensen bound (5.7c) and TUR (5.10), either of these two bounds can be tighter in different circumstances.

Likewise, substituting (5.6) and $\dot{W}_{\text{chem}} = f_{\text{tot}} \langle v \rangle$ (for total force $f_{\text{tot}} = \sum_{i=1}^{N} f_i$ which I assume without loss of generality to be non-negative) into (5.7c) yields an upper bound on the average velocity:

$$\langle v \rangle \le \beta D_{\text{bare}} f_{\text{tot}}.$$
 (5.12)

Finally, substituting (5.6) and the coefficient of variation (5.4) into the TUR (5.9) and employing the velocity inequality (5.12) gives an upper bound on the precision through a lower bound on the coefficient of variation:

$$\theta \ge \frac{1}{\beta f_{\text{tot}}} \sqrt{\frac{2}{D_{\text{bare}}t}} \tag{5.13}$$

These three bounds (5.11)-(5.13) constitute this chapter's second major result, constraining global system properties using only properties (D_{bare} , D_{c} , and f_{tot}) of each individual subsystem in isolation.

5.4 Identical motors

I illustrate the utility of these performance bounds with the special case where transport motors are identical, each with diffusivity $D_{\rm m}$ and driving force $f_{\rm chem}$. This reflects many biological systems of interest, such as identical kinesin motors towing a large vesicle, or identical myosin motors pulling an actin filament. The Jensen bound (5.7c) becomes

$$\dot{\Sigma} \ge \left(\frac{1}{D_{\rm c}} + \frac{N}{D_{\rm m}}\right) \langle v \rangle^2.$$
(5.14)

The general performance bounds (5.11-5.13) can be rewritten in terms of more natural variables as

$$\eta_{\rm S} \le \left(1 + \frac{ND_{\rm c}}{D_{\rm m}}\right)^{-1},\tag{5.15a}$$

$$\langle v \rangle \le \beta N D_{\rm c} f_{\rm chem} \left(1 + \frac{N D_{\rm c}}{D_{\rm m}} \right)^{-1},$$
 (5.15b)

$$\theta \ge \frac{1}{\beta N f_{\text{chem}}} \sqrt{\frac{2}{D_{\text{c}}t}} \left(1 + \frac{N D_{\text{c}}}{D_{\text{m}}}\right)^{1/2}.$$
(5.15c)

Since $ND_c/D_m > 0$, a looser upper bound on the mean velocity is

$$v_{\rm max} = \beta D_{\rm m} f_{\rm chem}, \tag{5.16}$$

the mean velocity of a single motor in a flat potential subject to constant force f_{chem} . Likewise, since $N \ge 1$, the Stokes efficiency has a looser upper bound of $(1 + D_c/D_m)^{-1}$.

Combining (5.15a) with (5.15b) gives a Pareto frontier between the Stokes efficiency and scaled mean velocity:

$$\eta_{\rm S} + \frac{\langle v \rangle}{v_{\rm max}} \le 1. \tag{5.17}$$

Similarly, combining (5.14) and (5.12) gives

$$\frac{\dot{W}_{\text{chem}}}{\dot{W}_{i}^{\text{max}}} \ge \frac{D_{\text{m}}}{D_{\text{c}}} \frac{\left(\langle v \rangle / v_{\text{max}}\right)^{2}}{1 - \langle v \rangle / v_{\text{max}}},$$
(5.18)

a Pareto frontier constraining velocity and power consumption. Here $\dot{W}_i^{\text{max}} = f_{\text{chem}} v_{\text{max}}$ is the mean power consumption of a single motor at maximum velocity. These two Pareto frontiers follow solely from the Jensen bound (5.7c); the TUR (5.9) alone gives a Pareto frontier for power consumption and precision:

$$\beta \dot{W}_{\rm chem} \theta^2 \ge 2. \tag{5.19}$$

5.4.1 External force on cargo

So far, the cargo has only encountered resistance from viscous drag; similar considerations also constrain performance for an additional external force f_{ext} on the cargo, in the direction opposite to f_{chem} . The entropy production rate is then

$$\dot{\Sigma} = \beta (N f_{\text{chem}} - f_{\text{ext}}) \langle v \rangle$$

$$\geq \left(\frac{1}{D_{\text{c}}} + \frac{N}{D_{\text{m}}} \right) \langle v \rangle^{2},$$
(5.20)

Here, thermodynamic efficiency $\eta_{\rm T} \equiv f_{\rm ext}/(Nf_{\rm chem})$ is positive. Applying the Jensen bound leads to a Pareto frontier for thermodynamic efficiency and mean velocity:

$$\eta_{\rm T} + \frac{D_{\rm m}}{ND_{\rm bare}} \frac{\langle v \rangle}{v_{\rm max}} \le 1.$$
(5.21)

Since $D_{\rm m}/ND_{\rm bare} \ge 1$, a looser bound analogous to (5.17) is

$$\eta_{\rm T} + \frac{\langle v \rangle}{v_{\rm max}} \le 1. \tag{5.22}$$

5.5 Example system

Consider an example with tunable parameters that can saturate the derived bounds. Each motor has periodic potential $V_i(x_i) = \frac{1}{2}E^{\ddagger}\cos(2\pi x_i/\ell)$ with barrier height E^{\ddagger} , period ℓ , and maximum conservative force $f_{\text{max}} = E^{\ddagger}/(2\ell)$. Each motor is linked to the cargo by a



Figure 5.1: Motor and cargo trajectories for the example system with N = 2 motors, for different $f_{\text{max}}/f_{\text{chem}}$. Dark curves: cargo; lighter curves: two motors. Dashed grey horizontal lines: local minima of motor potential energy. The start times of different trajectories are staggered for clarity. Position and time are respectively scaled by ℓ and $\tau = \ell^2/D_{\text{m}}$. Parameters used are $\beta f_{\text{chem}} \ell = 15$, $\beta \kappa \ell^2 = 7$, and $D_c/D_m = 1/30$. Copyrighted by the American Physical Society [68].

Hookean spring with spring constant κ and zero rest length [160], $U_i(x_c, x_i) = \frac{1}{2}\kappa(x_i - x_c)^2$. The motors do not directly interact. The total system potential is thus

$$V(\boldsymbol{x}) = \sum_{i=1}^{N} \left[\frac{1}{2} E^{\ddagger} \cos\left(2\pi x_i/\ell\right) + \frac{1}{2} \kappa (x_i - x_c)^2 \right].$$
 (5.23)

Equating the Kramers rate [188] for a single uncoupled motor hopping between adjacent landscape minima with experimentally measured rates for kinesin-1 motors [164] (Appendix A.2 gives details) yields $f_{\text{max}}/f_{\text{chem}} \approx 0.4$, which sets the scale of the parameter sweep.

Figure 5.1 illustrates that for N = 2 motors the dynamics change significantly as the barrier height increases. For $f_{\text{max}}/f_{\text{chem}} \ll 1$, the motors move continuously, while for $f_{\text{max}}/f_{\text{chem}} \gtrsim 1$ the motors hop between distinct states.

Figure 5.2 shows for N = 2 motors the trade-off between Stokes efficiency and velocity due to parametric variation of the diffusivity ratio D_c/D_m , for different barrier heights. When the motors face no barriers $(f_{\text{max}}/f_{\text{chem}} = 0)$, the system exactly saturates the Pareto frontier (5.17). As $f_{\text{max}}/f_{\text{chem}}$ increases, the performance trade-off degrades, falling increasingly far from the Pareto frontier.

While the $\eta_{\rm S} - \langle v \rangle$ curve is linear for $f_{\rm max}/f_{\rm chem} = 0$, as $f_{\rm max}/f_{\rm chem}$ increases it becomes increasingly convex. This suggests that for large energy barriers high efficiency or high velocity are more easily achieved than a compromise between the two. As expected, the



Figure 5.2: Trade-off between Stokes efficiency $\eta_{\rm S}$ and scaled velocity $\langle v \rangle / v_{\rm max}$ in the example system with N = 2 motors, plotted parametrically for $D_{\rm c}/D_{\rm m} = 10^{-3} - 10^3$. Colours: different $f_{\rm max}$. Black dotted line: Pareto frontier (5.17). Stars: single uncoupled motor. Other parameters same as Fig. 5.1. Copyrighted by the American Physical Society [68].

velocity in the $ND_c/D_m \to \infty$ limit is exactly that of a single uncoupled motor on the same energy landscape, while the Stokes efficiency is zero. In the limit as $ND_c/D_m \to 0$, the velocity approaches zero and the Stokes efficiency approaches unity.

Figure 5.3 shows the trade-off between power consumption and velocity due to parametric variation of the motor number N and barrier heights. Since this Pareto frontier (5.18) depends on D_c/D_m , that ratio is held constant. Computational constraints limit simulations to small N. When the motors face no barriers $(f_{\text{max}}/f_{\text{chem}} = 0)$, the system exactly saturates the Pareto frontier (5.18). As $f_{\text{max}}/f_{\text{chem}}$ increases, the performance trade-off degrades, falling increasingly far from the Pareto frontier.

5.6 Comparison of entropy production bounds

Figure 5.4 shows the entropy production rate of the specific model considered, along with the different lower bounds discussed: the Jensen bound (5.7c), TUR (5.10), and second law $(\dot{\Sigma} \ge 0)$. The Jensen bound is generally the tightest constraint for my best estimates of reasonable model parameters in kinesin-vesicle systems.

More generally, the Jensen bound is tighter whenever $D_{\text{eff}} > D_{\text{bare}}$. I numerically explore the ratio $D_{\text{eff}}/D_{\text{bare}}$ over a 2D region of parameter space in Fig. 5.5, expanding around my best estimates of $\beta \kappa \ell^2 \approx 7$ and $f_{\text{max}}/f_{\text{chem}} \approx 0.4-0.8$ for kinesin motors pulling vesicles, and find that $D_{\text{eff}} > D_{\text{bare}}$ (the Jensen bound is tighter) over a wide range of coupling strengths and barrier heights. For sufficiently large energy barriers and motor-cargo coupling, however, $D_{\text{eff}} < D_{\text{bare}}$ and thus the TUR is tighter. This is consistent with a previous study of coupled



Figure 5.3: Trade-off between power consumption $\dot{W}_{\rm chem}$ and scaled velocity $\langle v \rangle / v_{\rm max}$ in the example system, plotted parametrically for $N = \{1, 2, 4, 8, 16, 32\}$ and different $f_{\rm max}$ (colours). Black dotted curve: Pareto frontier (5.18). Other parameters same as Fig. 5.1: $\beta f_{\rm chem} \ell = 15$, $\beta \kappa \ell^2 = 7$, and $D_{\rm c}/D_{\rm m} = 1/30$. Uncertainties are smaller than the widths of the points. Copyrighted by the American Physical Society [68].

Brownian particles diffusing in a single periodic potential [189]. At high coupling strengths, subsystems can only cross energy barriers simultaneously [77], making forward progress only with much larger fluctuations whose rarity leads to decreased effective diffusivity. Likewise, high energy barriers could lead to phenomena like hindered diffusion, which lowers the effective diffusivity [190]. (Recall that any details of interactions with other subsystems or the substrate only affect D_{eff} , with D_{bare} uniquely determined by the diffusion coefficients of the components making up the system.)

5.7 Comparison with experiments

Figure 5.6 shows experimental measurements of velocity and efficiency for myosin motors in several different animal tissues from Ref. [30]. For maximum velocity $v_{\text{max}} = 12 \,\mu\text{m/s}$ (to my knowledge, the highest observed in animal muscle tissue [191]), the predicted Pareto frontier (5.22) indeed bounds the experimentally observed performance. The assumption of a global v_{max} across many different species is reasonable so long as the difference between species-specific myosin motors comes predominantly from different potentials $V(\mathbf{x})$ as opposed to differences in the chemical driving force and bare diffusivity.



Figure 5.4: Comparison of model entropy production with various lower bounds. Entropy production during time $\tau \equiv \ell^2/D_{\rm m}$ of the specific model considered in the main text (blue solid curve), the Jensen bound (5.7c) (black dotted), the TUR (5.10) (gray dashed), and the second law (red dot-dashed), each as a function of $f_{\rm max}/f_{\rm chem}$. Uncertainties are smaller than the widths of the curves. Parameters are N = 2 motors, $\beta f_{\rm chem} \ell = 15$, $\beta \kappa \ell^2 = 7$, and $D_{\rm c}/D_{\rm m} = 1/3$. Copyrighted by the American Physical Society [68].

Figure 5.6 also shows experimental data for kinesin motors pulling diffusive cargo from Ref. [34], which measured average velocity for single transport motors (motor number inferred from multimodal velocity distributions) pulling vesicles, as a function of the vesicle diameter. Cargo diffusivity D_c is estimated from the measured diameter using the Stokes-Einstein relation [103] and reported measurements of temperature and viscosity, while D_m is fit to the theoretical prediction $\langle v \rangle / v_{max} = (1 + D_m/D_c)^{-1}$ from Chap. 4, with $v_{max} = 2 \,\mu m/s$ (the maximum velocity observed in Ref. [34]). This analysis also assumes kinesin tightly couples mechanical motion with chemical energy consumption [11] so that $\dot{W}_{chem} = \langle v \rangle \Delta \mu_{ATP}/d$, for step size d = 8 nm and $\Delta \mu_{ATP} = 15 k_{\rm B}T$ [163, Chapters 3 and 4].

For both myosin and kinesin, Fig. 5.6 shows that the predicted Pareto frontier (5.22) indeed bounds the experimentally observed performance. Consistently, theoretical studies of the trade-off between efficiency and velocity in other types of molecular machines have found that high velocity and high efficiency are mutually exclusive [174, 175].



Figure 5.5: The ratio $D_{\rm eff}/D_{\rm bare}$ between the effective diffusivity and the bare collective diffusivity, as a function of dimensionless coupling strength $\beta \kappa \ell^2$ and $f_{\rm max}/f_{\rm chem}$. Parameters are N = 2 motors, $\beta f_{\rm chem} \ell = 15$, and $D_{\rm c}/D_{\rm m} = 1/3$. Standard errors of the mean are each ~1-5%. Copyrighted by the American Physical Society [68].

5.8 Discussion

For motor-driven intracellular transport systems, the Jensen bound lower bounds the entropy production rate of a collective-transport system. This bound can be tighter or looser than the thermodynamic uncertainty relation (5.10), depending on the relative magnitudes of the bare collective diffusivity D_{bare} and the effective diffusivity D_{eff} . Due to its dependence solely on parameters and averaged quantities, the Jensen bound is much easier to compute than the TUR which depends on D_{eff} (a function of the variance, which requires more data to accurately estimate), provided that diffusion coefficients and driving forces are known for each subsystem in isolation.

Once these properties are known for a given set of subsystems, the Jensen bound is easily computed for any collective system assembled from a combination of such modular components. The TUR by contrast does not take advantage of information about the subsystems composing a collective system, and must be computed *de novo* for every such combination by measuring emergent properties of the collective system. This makes the Jensen bound particularly well suited for collective motor-driven transport systems, which are assembled out of parts (cargo and motors) that can be identified and studied in isolation.



Figure 5.6: Myosin motors across various animals, and kinesin motors pulling differentsized cargo, obey the theoretical Pareto frontier. Red points: experimental measurements of efficiency $\eta_{\rm T}$ and velocity $\langle v \rangle$ for myosin motors from different animal species [30]. Blue points: measured velocity and calculated Stokes efficiency for kinesin motors pulling diffusive cargo based on data from Ref. [34]. Dotted line: predicted Pareto frontier (5.22). Copyrighted by the American Physical Society [68].

Using the Jensen bound and the TUR, I have derived several bounds on performance metrics such as velocity, efficiency, and precision, as well as three analytic expressions for Pareto frontiers when motors are identical. These bounds, which restrict emergent properties of collective systems, depend only on properties of each of arbitrarily many subsystems in isolation. These results hold quite generally, for arbitrarily many motors (of any directionality) and cargos. The system's joint potential $V(\boldsymbol{x})$ is only required to keep the components of the system together at steady state, but may in general capture phenomena not included in the example, such as non-Hookean motor-cargo linkers, motor-motor interactions, or more complex periodic energy landscapes.

Fundamental Limits: Eqs. (5.12), (5.11), and (5.13) provide bounds on individual performance metrics for general collective-transport systems, while Eqs. (5.17) and (5.18) describe Pareto frontiers for systems with identical motors.

Numerical investigations show that the performance bounds and Pareto frontiers derived in this chapter are attainable for systems with no energy barriers. This is unsurprising, as it is well known that decreasing energy barriers (catalysis) speeds up a chemical reaction without affecting the energetics. All the bounds and frontiers are saturated for a model with only quadratic couplings between the cargo and each motor. This system, whose dynamics and thermodynamics have been solved analytically [80], is Pareto optimal for the class of systems considered here. More generally, the Jensen bound (5.7c) is always saturated for linear systems within the class of models considered here (Appendix. A.1 provides proof). The simulations focus on N = 2 motors due to computational constraints, however the derived bounds hold for arbitrarily large N; indeed, their utility is most significant for $N \gg 1$, where direct simulation is computationally intractable.

Design Principle: Performance of a collective transport system can be maximized by making the overall potential energy landscape as close as possible to quadratic.

While the results of this chapter apply to a broad class of systems, they do rely on three key assumptions: 1) all components of the transport system stay together, achieving at long times the same mean velocity; 2) the dynamics are multipartite, such that the entropy production can be split into subsystem-specific contributions [117]; and 3) motor motion is tightly coupled to chemical-energy consumption. Multipartite dynamics are a standard assumption in stochastic thermodynamics [75, 117, 192], generally necessary to analyze the behaviour of multi-component systems. Experiments on kinesin [11, 49] and myosin [186] motors do support tight coupling between the mechanical and chemical degrees of freedom; nonetheless, futile cycles and backsteps have been observed to occur infrequently [193], and are beyond the scope of this analysis. I speculate that such phenomena can only degrade the performance metrics discussed, but generalizing these results to looser mechanochemical coupling will be an important future direction.

Chapter 6

Inferring Subsystem Efficiencies in Bipartite Molecular Machines

Molecular machines composed of coupled subsystems transduce free energy between different external reservoirs, in the process internally transducing energy and information. While subsystem efficiencies of these molecular machines have been measured in isolation, less is known about how they behave in their natural setting when coupled together and acting in concert. Here I derive upper and lower bounds on the subsystem efficiencies of a bipartite molecular machine. I demonstrate their utility by estimating the efficiencies of the F_o and F_1 subunits of ATP synthase and that of kinesin pulling a diffusive cargo.

6.1 Introduction

In addition to transducing free energy between different forms [2], a molecular machine can also transduce free energy within itself, between internally coupled components [13, 194]. F_0F_1 -ATP synthase and transport motors like kinesin pulling diffusive cargo are two paradigmatic examples. Synthetic molecular machines are likewise often assembled from two or more components [21, 22]. To facilitate future design of synthetic molecular machines, it is critical to understand how components of a multicomponent molecular machine work both in isolation and together to transduce free energy.

Subsystems of bipartite molecular machines, such as the F_1 subunit [195], have been studied in isolation to determine their efficiency. Less, however, is known about how these subsystems perform when coupled together, as when performing their functions inside of biological organisms. For example, while experiments that measure motor efficiency typically apply a constant force, modelling efforts have shown that transport motors perform differently when pulling a diffusive cargo [78, 79]. Understanding molecular machines thus requires estimates of subsystem efficiencies within bipartite machines, in addition to their efficiencies in isolation. In this chapter, I detail a new method to derive upper and lower bounds on the thermodynamic efficiencies of bipartite subsystems from any bounds on subsystem entropy production rates. As an example, I apply the recently proven Jensen lower bounds [68], which do not depend on detailed internal interactions, making them easy to compute even from limited data. I illustrate the utility of these bounds using experimental measurements to infer the efficiencies of F_0 and F_1 when coupled together, as well as the efficiency of a kinesin motor while pulling a diffusive vesicular cargo. Ultimately this method allows for measurements of the efficiencies of subsystems in their natural settings, something inaccessible when studying them in isolation.

6.1.1 Contributions

This chapter is adapted from an article published as Ref. [74], authored by myself and David Sivak.

6.2 Bounds on subsystem efficiencies

The subsystem first (2.44a) and second laws (2.49) can be rearranged to provide two equalities for the transduced free energy,

$$\dot{\Sigma}_X - \beta \dot{W}_X = \beta \dot{E}_Y + \dot{I}_Y = \beta \dot{W}_Y - \dot{\Sigma}_Y.$$
(6.1)

Applying to Eq. (6.1) any lower bounds $\dot{\Sigma}_X^{\text{LB}} \leq \dot{\Sigma}_X$ and $\dot{\Sigma}_Y^{\text{LB}} \leq \dot{\Sigma}_Y$ on the subsystem entropy production rates yields upper and lower bounds on the transduced free energy:

$$\dot{\Sigma}_X^{\text{LB}} - \beta \dot{W}_X \le \beta \dot{E}_Y + \dot{I}_Y \le \beta \dot{W}_Y - \dot{\Sigma}_Y^{\text{LB}}.$$
(6.2)

Dividing Eq. (6.2) by \dot{W}_Y yields upper and lower bounds on Y's efficiency:

$$\eta_{\rm T} \left(1 + \frac{\dot{\Sigma}_X^{\rm LB}}{-\beta \dot{W}_X} \right) \le \eta_Y \le 1 - \frac{\dot{\Sigma}_Y^{\rm LB}}{\beta \dot{W}_Y}.$$
(6.3)

Likewise, multiplying the reciprocal of Eq. 6.2 by $-\dot{W}_X$ yields upper and lower bounds on X's efficiency:

$$\eta_{\rm T} \left(1 - \frac{\dot{\Sigma}_Y^{\rm LB}}{\beta \dot{W}_Y} \right)^{-1} \le \eta_X \le \left(1 + \frac{\dot{\Sigma}_X^{\rm LB}}{-\beta \dot{W}_X} \right)^{-1}. \tag{6.4}$$

The two inequalities (6.3) and (6.4) constitute the most general form of the subystem efficiency bounds, providing a recipe to derive bounds on subsystem efficiencies using the interactions of subsystems with their environments and lower bounds on their entropy production rates. These inequalities are valid for any lower bounds $\dot{\Sigma}_X^{\text{LB}}$ and $\dot{\Sigma}_Y^{\text{LB}}$, and are also valid for discrete degrees of freedom.

Inserting the subsystem second laws $\dot{\Sigma}_X^{\text{LB}} = 0 = \dot{\Sigma}_Y^{\text{LB}}$ into Eqs. (6.3) and (6.4) yields $\eta_{\text{T}} \leq \eta_{X/Y} \leq 1$. Beyond the second law, however, the recently derived Jensen bound [68] gives tighter lower bounds for the overdamped bipartite Langevin dynamics considered here:

$$\beta \zeta_X \langle \dot{x} \rangle^2 \le \dot{\Sigma}_X, \tag{6.5a}$$

$$\beta \zeta_Y \langle \dot{y} \rangle^2 \le \dot{\Sigma}_Y. \tag{6.5b}$$

 $\langle \dot{x} \rangle$ and $\langle \dot{y} \rangle$ are the steady-state average rates of change of the coordinates X and Y. Inserting these Jensen bounds into Eqs. (6.3) and (6.4) gives

$$\eta_{\rm T} \left(1 + \frac{\zeta_X \langle \dot{x} \rangle^2}{-\dot{W}_X} \right) \le \eta_Y \le 1 - \frac{\zeta_Y \langle \dot{y} \rangle^2}{\dot{W}_Y},\tag{6.6a}$$

$$\eta_{\rm T} \left(1 - \frac{\zeta_Y \langle \dot{y} \rangle^2}{\dot{W}_Y} \right)^{-1} \le \eta_X \le \left(1 + \frac{\zeta_X \langle \dot{x} \rangle^2}{-\dot{W}_X} \right)^{-1}. \tag{6.6b}$$

This is a specific, immediately applicable version of Eqs. (6.3) and (6.4). Equations (6.6) bound internal energetic flows through subsystems, in terms of the experimentally accessible quantities ζ_X , ζ_Y , $\langle \dot{x} \rangle$, $\langle \dot{y} \rangle$, \dot{W}_X , and \dot{W}_Y (recall that $\eta_{\rm T} = -\dot{W}_X/\dot{W}_Y$). These quantities solely depend on and characterize the interactions of the two subsystems with their environments; applying the bounds Eqs. (6.6a) and (6.6b) does not require any knowledge of the details of the coupling between subsystems.

Molecular machines that transduce free energy into directed motion rather than into stored free energy will often produce no output work ($\dot{W}_X = 0$, and thus also $\eta_X = 0 = \eta_T$). It is then desirable to reformulate Eq. (6.6a) in a way that incorporates the Stokes efficiency and does not include division by \dot{W}_X . Substituting the definition of η_T , and identifying η_S (2.55), Eq. (6.6a) can be expressed as

$$\eta_{\rm T} + (1 - \eta_{\rm T})\eta_{\rm S} \le \eta_Y \le 1 - (1 - \eta_{\rm T}) \frac{\zeta_Y \langle \dot{y} \rangle}{\zeta_X \langle \dot{x} \rangle} \eta_{\rm S}.$$
(6.7)

When $\dot{W}_X = 0$ (and thus $\eta_T = 0$), this bound significantly simplifies to

$$\eta_{\rm S} \le \eta_Y \le 1 - \frac{\zeta_Y \langle \dot{y} \rangle}{\zeta_X \langle \dot{x} \rangle} \eta_{\rm S}.$$
(6.8)

6.3 Subsystem efficiencies in ATP synthase

I now apply Eqs. (6.6a) and (6.6b) to the molecular machine ATP synthase. The two coordinates Y and X correspond roughly to the rotational states of the c-ring inside the F_o subsystem and the γ -shaft inside the F_1 subsystem, respectively [77].

Lacking experimental data on ATP synthesis and proton translocation rates, I assume that the F_o and F₁ subsystems tightly couple [196] rotary motion with proton translocation [197] and ATP synthesis [195], respectively. The external work rates are then $\dot{W}_{o} = \Delta \mu_{\rm H^+} \langle J_o \rangle$ and $\dot{W}_1 = \Delta \mu_{\rm ATP} \langle J_1 \rangle$, for the two subsystems' respective average rotation rates $\langle J_o \rangle$ and $\langle J_1 \rangle$ and chemical driving forces $\Delta \mu_{\rm H^+}$ and $\Delta \mu_{\rm ATP}$. This recasts the subsystem efficiency bounds (6.6a) and (6.6b) as

$$\eta_{\rm T} \left(1 - \frac{\zeta_1 \langle J_1 \rangle}{\Delta \mu_{\rm ATP}} \right) \le \eta_{\rm o} \le 1 - \frac{\zeta_{\rm o} \langle J_{\rm o} \rangle}{\Delta \mu_{\rm H^+}},\tag{6.9a}$$

$$\eta_{\rm T} \left(1 - \frac{\zeta_{\rm o} \langle J_{\rm o} \rangle}{\Delta \mu_{\rm H^+}} \right)^{-1} \le \eta_1 \le \left(1 - \frac{\zeta_1 \langle J_1 \rangle}{\Delta \mu_{\rm ATP}} \right)^{-1}. \tag{6.9b}$$

The six quantities composing the above bounds can be estimated from experimental data and theoretical calculations. Consider the bovine mitochondria, where many of the relevant quantities have been determined experimentally for ATP synthase far from stall. The chemical driving forces are estimated as $\Delta \mu_{ATP} \approx -7.5 k_B T/rad$ and $\Delta \mu_{H^+} \approx 8.3 k_B T/rad$ [9]. ATP can be synthesized at a rate of up to 440 molecules/second [10], and F₁ has been observed rotating at speeds of $\langle J_1 \rangle \approx 100 \text{ rot/s}$ [198]. Accordingly, I estimate the rotational flux to be $\langle J_1 \rangle \in [100, 150] \text{ rot/s}$. Ref. [9] found $0.65 \leq \eta_T \leq 1$, so I take $\langle J_1 \rangle \leq \langle J_0 \rangle \leq 1.4 \langle J_1 \rangle$. The friction coefficient of the γ -shaft rotating within the F₁ subsystem has been estimated to be of order $1.5 \times 10^{-2} \text{ pN} \cdot \text{nm} \cdot \text{s/rad}^2$ [199]. Accordingly, I take $\zeta_1 \in [0.01, 0.03] \text{ pN} \cdot \text{nm} \cdot \text{s/rad}^2$.

Figure 6.1 illustrates the joint range of subsystem efficiencies η_0 and η_1 inferred from the bounds (6.9). This significantly constrains the possible subsystem efficiencies within ATP synthase, to $\eta_0 \approx 0.5 - 0.85$ and $\eta_1 \approx 0.7 - 0.85$. Note that the size and location of the inferred region are somewhat sensitive to the parameter estimates; more precise measurements of physical parameters would allow for tighter thermodynamic inference. Because of the functional form of the Jensen bound, the inferred region is also smaller for higher friction and higher coordinate rates of change.

6.4 Efficiency of a transport motor pulling a diffusive cargo

Taking Y and X to be the respective one-dimensional positions along a microtubule of a transport motor and its cargo, Eq. (6.8) allows estimation of the motor efficiency $\eta_{\rm M}$, quantifying the free-energetic efficiency of a motor pulling against the fluctuating force arising from the motion of the diffusive cargo. Since a coupled motor and cargo have equal average velocity [68], $\langle \dot{x} \rangle = \langle \dot{y} \rangle = \langle v \rangle$, Eq. (6.8) further simplifies to

$$\eta_{\rm S} \le \eta_{\rm M} \le 1 - \frac{D_{\rm c}}{D_{\rm m}} \eta_{\rm S} \ . \tag{6.10}$$



Figure 6.1: Inferred subsystem efficiencies η_0 for F_0 (the Y subsystem) and η_1 for F_1 (the X subsystem) in F_0F_1 -ATP synthase. Red horizontal and vertical lines: minimum possible values of the lower bounds (6.9) on η_1 and η_0 , respectively, that are consistent with the estimated parameter ranges detailed in the main text. Green horizontal and vertical lines: maximum possible values of the two upper bounds (6.9). Red and green dashed curves: minimum and maximum possible values of the product $\eta_0 \cdot \eta_1 = \eta_T$ given my parameter estimates. Purple region: efficiencies satisfying all bounds. Copyrighted by the American Physical Society [74].

Here the friction coefficients of Eq. (6.8) have been replaced with diffusion coefficients (using the fluctuation-dissipation relation [29]) which are more natural for the motor-cargo system.

Estimating $\eta_{\rm M}$ requires measurements of the diffusion coefficients $D_{\rm c}$ and $D_{\rm m}$, the average velocity $\langle v \rangle$, and the chemical power consumption $\dot{W}_{\rm M}$ by the motor. Ref. [34] provides experimental measurements of average velocity for single transport motors (motor number inferred from multimodal velocity distributions) pulling vesicles, as a function of the vesicle diameter. Cargo diffusivity $D_{\rm c}$ is estimated from the measured diameter using the Stokes-Einstein relation [103] and reported measurements of temperature and viscosity. I estimate $D_{\rm m}$ by fitting the resulting $\langle v \rangle$ as a function of $D_{\rm c}$ to the theoretical prediction $\langle v \rangle / v_{\rm max} = (1 + D_{\rm m}/D_{\rm c})^{-1}$ [80] with $v_{\rm max} = 2\,\mu{\rm m/s}$ (the maximum velocity observed in Ref. [34]). Finally, I assume the transport motor tightly couples mechanical motion with chemical energy consumption [11] so that $\dot{W}_{\rm M} = \langle v \rangle \Delta \mu_{\rm ATP} / d$, for step size d = 8 nm and $\Delta \mu_{\rm ATP} = 15 \,k_{\rm B}T$ [163, Chapters 3 and 4].

Figure 6.2 shows the upper and lower bounds on $\eta_{\rm M}$ (6.10) inferred from the above estimates and experimental data. This method for the first time significantly constrains $\eta_{\rm M}$, suggesting it decreases from ~0.85 to ~0.75 as $D_{\rm c}$ increases from $2\,\mu{\rm m}^2/{\rm s}$ to $5.5\,\mu{\rm m}^2/{\rm s}$ (corresponding to vesicle diameters from 1.1 μ m to 0.4 μ m). These estimates are consistent with my earlier theoretical prediction from Chap. 4, $\eta_{\rm M} = (1 + D_{\rm c}/D_{\rm m})^{-1}$, which falls entirely within the inferred region of Fig. 6.2.



Figure 6.2: Upper and lower bounds (6.10) on the motor efficiency computed from experimental data for a single transport motor (the Y subsystem) pulling a diffusive cargo (the X subsystem) [34]. For each paired velocity and cargo diameter from Ref. [34], red and green points respectively denote lower and upper bounds (Eq. (6.10)) on the motor efficiency, with error bars showing experimental error propagated through Eq. (6.10). Purple dashed curve: nonlinear best-fit curve separating the upper and lower bounds computed using a nonlinear support vector machine [200]. Purple shaded region: corresponding confidence interval. Blue dot-dashed line: theoretical prediction from Chap. 4. Copyrighted by the American Physical Society [74].

While the cargo does not have a thermodynamic efficiency since it does not provide output work, it is nonetheless possible to define an efficiency metric for the cargo subsystem. Similar to the definition of the Stokes efficiency in Chap. 2, considering the output of the cargo as work against a viscous friction force suggests the definition of the *Stokes subsystem efficiency*:

$$\eta_{\rm C} \equiv \frac{\zeta_{\rm c} \left\langle v \right\rangle^2}{\dot{E}_{\rm M} + k_{\rm B} T \dot{I}_{\rm M}}.\tag{6.11}$$

 $\eta_{\rm C}$ quantifies the efficiency at which the cargo dynamics transduce free energy from the motor into work against viscous friction.

Applying the Jensen bound to the subsystem second law for the cargo yields the upper bound $\eta_{\rm C} \leq 1$, making this a well-defined efficiency metric. Similarly, applying the Jensen bound to the motor second law yields a lower bound on $\eta_{\rm C}$. Thus like the other subsystem efficiencies considered in this chapter, the cargo Stokes subsystem efficiency is constrained by upper and lower bounds:

$$\eta_{\rm S} \left(1 - \frac{\langle v \rangle d}{D_{\rm m} \beta \Delta \mu_{\rm ATP}} \right)^{-1} \le \eta_{\rm C} \le 1.$$
(6.12)

As with F_0F_1 -ATP synthase, it is now possible to plot simultaneous constraints on the motor and cargo subsystem efficiencies, which I do in Fig. 6.3, again based on experimental data from Ref. [34]. Here I take averages over all data points shown in Fig. 6.2 to obtain estimates for D_c and $\langle v \rangle$.



Figure 6.3: Inferred subsystem efficiencies $\eta_{\rm M}$ for kinesin (the Y subsystem) and $\eta_{\rm C}$ for its diffusive cargo (the X subsystem). Red horizontal and vertical lines: minimum possible values of the lower bounds (6.10) and (6.12) on $\eta_{\rm M}$ and $\eta_{\rm C}$, respectively, that are consistent with the estimated parameters detailed in the main text. Green horizontal and vertical lines: maximum possible values of the two upper bounds (6.10) and (6.12). Red and green dashed curves: minimum and maximum possible values of the product $\eta_{\rm M} \cdot \eta_{\rm C} = \eta_{\rm S}$ given parameter estimates. Purple region: efficiencies satisfying all bounds. Blue point: theoretical prediction from Chap. 4. Copyrighted by the American Physical Society [74].

6.5 Discussion

I derived general lower and upper bounds on the efficiencies of two subsystems composing a bipartite molecular machine in their natural setting, as opposed to in isolation as in typical single-molecule experiments. The measurable quantities required to compute the bounds depend only on the interactions of each molecular machine with its environment; details of the coupling between subsystems need not be understood. Quantifying subsystem efficiencies allows us to determine where free energy is lost in multi-component systems, which will ultimately be critical for the future engineering of synthetic molecular machines.

Inference Tool: Subsystem efficiency bounds enable simultaneous inference of the efficiencies of both parts of a bipartite molecular machine in their natural, coupled context.

The respective efficiencies inferred for F_o and F_1 , $\eta_o \approx 50-85\%$ and $\eta_1 \approx 70-85\%$, are somewhat lower than the measured efficiency of isolated F_1 hydrolyzing ATP, which is nearly 100% [50]. The F_o subunit efficiency has likewise been estimated at over 90% [9]. My findings suggest that the F_o and F_1 subsystems have different efficiencies acting in concert than when they operate in isolation. One possible reason could be non-tight mechanical coupling between F_o and F_1 under physiological conditions; such a "floppy" connection imperfectly transfers energy (increasing dissipation) but can improve operational speed [77] and allows for information flows [113].

Experimental [201] and theoretical [202] investigations of kinesin motors pulling against constant forces suggest motor efficiencies of 40 - 60%. The inferred range of 70 - 90% is slightly higher, suggesting that transport motors may attain higher efficiencies when pulling against the variable load produced by a diffusive cargo, their main function within cells.

It is important to note conceptual differences between previous subsystem efficiencies and those inferred in this chapter. Conventional single-molecule experiments measuring subsystem efficiency (such as Ref. [50]) typically consider transduction to and from deterministic external reservoirs, hence preclude information flows and are limited to work. The subsystem efficiencies (Eqs. (2.54a) and (2.54b)) consider transduction to and from a strongly coupled stochastic subsystem, naturally including information transmission and hence encompassing all free-energy transduction. In contrast with conventional experimental efficiencies that study isolated subsystems in artificial environments, the subsystem efficiencies describe their behaviour in their natural, coupled, *in vivo* context.

The main results are derived here for X and Y subsystems fully characterized by onedimensional degrees of freedom, but are more general. The x and y coordinates will in most cases be coarse-grained over many internal degrees of freedom; such a coarse-graining underestimates the true entropy production [117, 203], so the efficiency bounds would loosen but remain valid because they derive from lower bounds on the entropy production rates.

Finally, while I employed the Jensen bound (6.5) to derive lower bounds for $\dot{\Sigma}_X$ and $\dot{\Sigma}_Y$ and thus derive Eqs. (6.6a) and (6.6b), this framework is far more general. Any set of lower or upper bounds on $\dot{\Sigma}_X$ and $\dot{\Sigma}_Y$ could be inserted into Eq. (6.1) to obtain different subsystem efficiency bounds. Promising examples include the recently derived bipartite TUR [130].

Chapter 7

Information Arbitrage in Bipartite Heat Engines

Heat engines and information engines have each historically served as motivating examples for the development of thermodynamics. While these two types of systems are typically thought of as two separate kinds of machines, recent empirical studies of specific systems have hinted at possible connections between the two. Inspired by molecular machines in the cellular environment, which in many cases have separate components in contact with distinct sources of fluctuations, we study bipartite heat engines. We show that a bipartite heat engine can only produce net output work by acting as an information engine. Conversely, information engines can only extract more work than the work consumed to power them if they have access to different sources of fluctuations, i.e., act as heat engines. We illustrate these findings first through an analogy to economics and a cyclically controlled 2D ideal gas. We then explore two analytically tractable model systems in more detail: a Brownian-gyrator heat engine which we show can be reinterpreted as a feedback-cooling information engine, and a quantum-dot information engine which can be reinterpreted as a thermoelectric heat engine. These results suggest design principles for both heat engines and information engines at the nanoscale, and ultimately imply constraints on how free-energy transduction is carried out in biological molecular machines.

7.1 Introduction

In contrast to the classical thermodynamic arena of heat engines operating between different temperatures, biological processes are typically assumed to be isothermal, with fluctuations often treated as homogeneous and isotropic. However, recent experimental and theoretical developments have shed light on possible departures from uniform fluctuations. For example, experiments suggest the mitochondrial temperature could be as much as 10K hotter than the rest of the cell [204–207]. This temperature difference could conceivably be accessed by the molecular machine ATP synthase which straddles the mitochondrial membrane. As another

example, light-harvesting machines like photosystem II [3] are driven out of equilibrium by solar photons. These light-induced reactions can be treated as coupling to a heat bath at the temperature of the photon source [45, 208, 209]. Lastly, the cellular interior supports a host of *active fluctuations* [210–213] powered by metabolic activity via the motion of large cytosolic components, for example enzymes and related complexes [214, 215] or the cytoskeletal network [216].

Such biological systems are typically composed of interacting degrees of freedom, which may thus be separately influenced by fluctuations of different strengths. The theory of bipartite stochastic thermodynamics [75, 107, 108] describes energy and entropy balance at the level of individual subsystems, and allows for quantification of internal energy and information flows [51] between coupled subsystems. In such setups, different sources of fluctuations can be leveraged to improve performance. For example, active fluctuations speed *in vitro* kinesin operation [217] and enzymatic catalysis [218], and temperature differences increase output work in a model for ATP synthase [219]. These effects are reminiscent of classical heat engines that alternately couple to different reservoirs at distinct temperatures. However, microscopic biological systems differ in that they are composed of interacting subsystems which each experience fluctuations from different sources. This motivates the study of two-component heat engines in which each part interacts with a heat bath at a different temperature. We call such systems *bipartite heat engines*.

Nanoscale stochastic systems can also use information as a thermodynamic resource to behave as information engines. Information engines fundamentally require a setup with two components: a *controller* and a *controlled system*. Information can then serve as a thermodynamic resource to make the controlled system, when considered on its own, do something seemingly forbidden by the second law, e.g., convert heat entirely into work. This comes at the controller's expense because the apparent second-law violation entails an energetic cost [82]—through Landauer's principle [88]—for performing feedback control and erasing previously acquired information.

Because of their interacting components and the relevance of (thermal) fluctuations, it is natural to ask whether molecular machines behave as information engines. Assuming a bipartite setup permits quantification of the information thermodynamics of such systems analogously to their energetics [220], by calculating an *information flow* [51, 67, 221] one can quantify the extent to which information is transduced through a composite system's dynamics. This setup has been used to bound the dissipation of molecular sensors [83–85] and study the role information plays in bipartite molecular machines [25, 74, 113, 124, 194, 219].

It has recently been suggested that information engines designed to leverage nonequilibrium fluctuations [222–224] can greatly outperform their purely thermally driven counterparts. Output power can even surpass minimum control costs, rendering the information engine an energy harvester that operates between two reservoirs, the equilibrium thermal fluctuations affecting the controller and the nonequilibrium fluctuations affecting the controlled system. This setup is suggestively similar to that of a bipartite heat engine with a "cold" and a "hot" subsystem. In fact, like heat engines, such information engines are constrained by the Carnot bound, hinting at connections between the two engine types [225– 228].

This chapter elucidates a connection between heat engines exploiting the flow of heat from hot to cold, and information engines implementing Maxwell-demon-like exploitation of fluctuations. To broaden the perspective, I illustrate that bipartite heat engines, where two engine components are each in contact with distinct reservoirs at different temperatures, can indeed be understood as information engines, and vice versa. To operate as a heat engine and extract energy from the temperature difference, the two components need to work together by exchanging entropy—in the form of information. This cooperation can be understood as an information engine in which the "colder" component acts as a controller that exploits the fluctuations of the "hotter" component. I illustrate these core findings using an analogy from economics, followed by a simple example consisting of a Carnot cycle on a 2D ideal gas with anisotropic temperature which is revealed to be a disguised information engine.

Building on the theory of bipartite stochastic thermodynamics, I derive the information flow arbitrage relation (Eq. (7.14)): an inequality bounding the output work of a bipartite heat engine by the product of the temperature difference between the two reservoirs and an internal information flow between the two subsystems. This result shows that a bipartite heat engine can only achieve net output work by supporting an information flow between its two subsystems, thus acting as an information engine. Conversely, a bipartite information engine can only produce more work than the energy cost required to run the controller when it operates between two temperatures, thus acting as a heat engine. This shift in perspective helps to establish the information engine as a useful mechanism for work extraction, and implies that any bipartite heat engine must implicitly contain this information-engine mechanism: Maxwell's demon lies at the heart of many real-world heat engines.

7.1.1 Contributions

This chapter is adapted from an article published as Ref. [52], authored by myself, Jannik Ehrich, and David Sivak. Jannik and I share joint first-authorship; we both independently derived the main results of this chapter, and worked together to plan and write the manuscript.

7.2 Heat engines are entropy arbitrageurs

Fundamentally, heat engines trade energy with heat reservoirs. They receive a certain amount of energy in the form of heat from the hot reservoir, and give a lesser amount



Figure 7.1: Heat engine as entropy arbitrageur. (a) Energy (green filled arrows) and entropy (unfilled arrows) flows in an ideal heat engine operating between a hot $(T_X = 2)$ and a cold $(T_Y = 1)$ reservoir. (b) Arbitrage analogy from economics. The heat engine is an arbitrageur buying sheep (entropy reduction) for a low price and selling sheep (entropy increase) for a higher price at a different market, pocketing the difference in money (energy).

of heat to the cold reservoir, withdrawing the energy difference as output work. Since energy is conserved, the work extracted is equal to the difference in heats.

Flows of another quantity, *entropy*, determine how input heat can be split among output work and output heat. The input heat from the hot reservoir comes with an increase in the entropy of the heat engine, with the ratio of energy to entropy bounded by the temperature of the reservoir (multiplied by Boltzmann's constant $k_{\rm B}$). Because of the lower temperature of the cold reservoir, getting rid of the entropy only requires giving off a smaller amount of heat.

The greater the temperature difference, the less of the input energy needs to flow to the cold reservoir to maintain entropy balance, and thus the more energy can be extracted. Figure 7.1(a) illustrates the energy and entropy flows in a heat engine in contact with two heat reservoirs at temperature $T_X = 2$ and $T_Y = 1$, respectively. For simplicity, we stick to a temperature ratio of $T_X/T_Y = 2$ throughout this chapter. We take the convention that work and heat flows into the system are positive.

The analysis invites an analogy from economics: When in two markets the prices for the same good differ, a market participant can make risk-free profit by buying from one market at a lower price and selling at another market for a higher price, pocketing the difference. This practice is *arbitrage* [229] and people engaging in it are *arbitrageurs*. The heat engine described above is such an arbitrageur: It "buys" a reduction in entropy from the cold reservoir for a smaller amount of energy and "sells" an equal entropy increase to the hot reservoir for a larger amount of energy, pocketing the difference. Inspired by [230], we depict

the analogy with an arbitrageur trading sheep at different markets in Fig. 7.1(b). In this analogy money corresponds to energy, while sheep correspond to entropy reduction—since by the second law entropy cannot spontaneously decrease, decreasing entropy most cost something.

Trading sheep this way drives prices in the two markets, through the forces of supply and demand, toward equality, known as an *arbitrage equilibrium*; aptly named, since in the thermodynamic context the heat flow through the engine eventually leads to an intermediate temperature in the reservoirs and a global *thermodynamic equilibrium*. Just as processes in nature evolve towards an equilibrium, so do economic forces impel market participants to engage in arbitrage, pushing the market towards equilibrium. This analogy between heat engines and market arbitrage is not new [231, 232] and, though different from the approach here, has even been used in the context of an information engine [233].

We consider the analogy particularly illuminating because in the same way in which a trader cannot increase the number of sheep by making them out of thin air (except by spending money) the second law forbids decreasing entropy (except by spending energy to do so). Hence, in both cases optimal efficiency is achieved by conserving the traded good. Inefficiencies in thermodynamic engines are expressed by unnecessary entropy production that increases the amount of heat that needs to be dissipated to break even. Similarly, if the arbitrageur somehow loses some sheep between the markets without compensation, they sell fewer sheep and make a smaller profit.

7.2.1 Bipartite heat engines: information arbitrage

Not all engines are in simultaneous or alternating contact—as in conventional Carnot analysis—with two heat reservoirs. Instead, some engines are composed of distinct *sub-systems* that are each in permanent contact with a different reservoir at a given temperature. Macroscopic examples include thermoelectric devices, where two coupled junctions in contact with different temperatures collectively achieve work output [234]. Microscopic examples include the molecular machines mentioned in the Introduction, which are made up of different components that can be exposed to different sources of fluctuations from temperature gradients [204–207], hot thermal radiation [45], or active fluctuations [210, 211, 214–217].

Motivated by these examples, I now consider *bipartite heat engines*, where two subsystems each interact with only one reservoir at a distinct temperature. Collectively, the subsystems can act as a heat engine, conducting heat from hot to cold and producing work output. Figure 7.2(a) depicts such a setup: The larger input heat Q_X is entirely converted to output work $-W_X$, while the smaller input work W_Y is entirely converted to output heat $-Q_Y$. Comparing with Fig. 7.1(a), $-W = -W_X - W_Y > 0$, i.e., net output work is positive.

The setup portrayed in Fig. 7.2(a) does not require a flow of energy through the machine because heat and work are converted locally in each subsystem; however, the machine re-



Figure 7.2: Ideal bipartite heat engines and their economic analogs. (a) Energy (green filled arrows) and entropy (unfilled arrows) flows. The flow of entropy between engine components X and Y is conventionally identified as an information flow (in the opposite direction). In (a), X and Y cannot exchange energy, so Y requires external input work. (b) Arbitrage analogy of (a): Two market participants must work together to realize the arbitrage scheme, requiring a flow of sheep from the lower-priced to the higher-priced market as well as a flow of money from the higher-priced market to the lower-priced market. (c) Same as (a) but with X and Y each extracting work. (d) Arbitrage analogy of (c).

quires a flow of entropy from the hot subsystem to the cold subsystem. In stochastic thermodynamics, entropy transduction between components is called *information flow* [51, 75, 221]. Section 7.3 gives a precise mathematical statement of information flow, but for now we make do with an intuitive explanation: In information theory, mutual information measures the mutual dependence between two variables. Information flow measures how much each subsystem tends to increase or decrease the mutual information between their statistical states. By the equivalence of information-theoretic (Shannon) entropy and thermodynamic entropy, subsystems may exchange thermodynamic entropy with each other by altering their mutual information.

This flow of information is the hallmark of an *information engine* or Maxwell demon, which achieves conversion of heat to work using information, in apparent violation of the second law. In this setup we immediately see that the apparent paradox results from only focusing on the X-subsystem in Fig. 7.2(a), which indeed transforms input heat to output work, and ignoring the Y-subsystem, which dissipates input work as output heat.

We can also understand the necessity of a flow of entropy in terms of the previous arbitrage analogy, Fig. 7.2(b): Because each trader only has access to one market, they need to work together to make a net profit. Since they cannot produce new sheep (no decreasing entropy), a necessary requirement for their arbitrage scheme to work is that sheep are transported from the market with the lower exchange rate to that with the higher exchange rate.



Figure 7.3: Heat engine using a two-dimensional ideal gas in contact with heat baths acting in different directions. (a) Illustration of thermodynamic cycle. Small arrows indicate respective pressures in X and Y directions. Central inset: thermodynamic diagram showing presence/absence and directionalities of all energy, entropy, and information flows over the course of one cycle. (b) p - V diagram indicating the pressures on the mobile partitions (p)and volumes (V) for each step in the cycle. (c) Corresponding T - S diagram. In (b) and (c), red and blue curves denote isotherms at T_X and T_Y , respectively, while black dashed lines denote isochores (or equivalently adiabats).

Finally, bipartite heat engines may differ in which subsystem is capable of extracting work. For example, if the Y-subsystem has no access to a work source, the machine must transduce work from the hot to the cold side to "pay for" reducing its entropy by releasing heat to the cold reservoir. In terms of the analogy, in this case money must be transferred from one market participant to the other. Of course, multiple different schemes of money transfer could be set up. For example, the two arbitrageurs could equally share profits, as illustrated in Figs. 7.2(c) and (d). Notice, however, that regardless of the details of the energy (money) extraction, entropy (sheep) must be transported from hot to cold reservoirs (lower- to higher-exchange-rate markets).

7.2.2 Example: Carnot cycle for 2D ideal gas

If bipartite heat engines necessitate an information flow to generate net output power, one should be able to interpret a given bipartite heat engine in terms of an equivalent information engine. This section illustrates this principle in a slight modification of a well-known thermodynamic process. Consider a 2D ideal gas, depicted in Fig. 7.3(a), in which the

position and momentum coordinates in the vertical direction are assumed to not interact with those in the horizontal direction, and the coordinates in the two directions are in contact with different thermal reservoirs at respective temperatures T_X and $T_Y < T_X$. This idealized setup could be achieved, for example, with a monatomic gas cooled to low temperature in a container with perfectly elastic walls held at different temperatures. In the following, we show how such a setup is harnessed to execute the thermodynamic cycle of a heat engine. Then, in Sec. 7.2.3 we interpret the thermodynamic process in terms of the wellknown Szilard engine. Similar systems have been proposed and analyzed previously [227, 228, 235], but without considering connections between the two engine types.

The gas is confined to a square container of side length L and exerts different pressures p_X and p_Y on the vertical and horizontal container walls, respectively. The ideal-gas law then gives relationships between the pressures p_X and p_Y (defined as forces per unit length), container volume $V = L^2$, and temperatures:

$$p_X V = N k_{\rm B} T_X \tag{7.1a}$$

$$p_Y V = N k_{\rm B} T_Y \,, \tag{7.1b}$$

where N is the number of molecules.

Now consider the following thermodynamic process, depicted in Fig. 7.3(a):

- Init. The container is partitioned vertically into equal volumes.
- $1 \rightarrow 2$ The gas is reversibly compressed in the Y-direction to half the volume, compressing from the top on the left side and from the bottom on the right. This compression creates a horizontal partition separating the top and bottom of the container.
- $2 \rightarrow 3$ The two parts of the horizontal partition are now fixed in place, while the vertical partition is split into two mobile parts which can move horizontally.
- $3 \rightarrow 4$ The gas is reversibly expanded to the original volume.
- $4 \rightarrow 1$ The horizontal partition is removed and instantaneously replaced with the vertical partition.

Figure 7.3(b) shows the p-V diagram using at each step the relevant pressure p_X or p_Y . The cycle contains two *isothermal* steps and two *isochoric* (constant volume) steps. The latter correspond to swapping the partition and thereby swapping which pressure is relevant for the gas expansion or contraction. As illustrated in Fig. 7.3(c), this instantaneous swapping of the container partitions is not only isochoric but also *adiabatic* since no heat is exchanged with the heat baths. This is possible because the engine essentially has two working media at different fixed temperatures: the X and Y components of the ideal gas.

During the isochoric steps $(2 \rightarrow 3 \text{ and } 4 \rightarrow 1)$, no heat is exchanged with the baths, and the compression $(1 \rightarrow 2)$ and expansion $(3 \rightarrow 4)$ steps are isothermal at respective temperatures

 T_Y and T_X . Hence the work done on the gas during compression is $W_{1\to 2} = Nk_{\rm B}T_Y \ln 2$ and during expansion is $W_{3\to 4} = -Nk_{\rm B}T_X \ln 2$. Heat flows into the gas during the expansion, $Q_{3\to 4} = Nk_{\rm B}T_X \ln 2$, and out of the gas during compression, $Q_{1\to 2} = -Nk_{\rm B}T_Y \ln 2$. Hence, in one cycle the heat engine outputs net work

$$-W_{1\to 2} - W_{3\to 4} = Nk_{\rm B} \left(T_X - T_Y\right) \ln 2 \tag{7.2}$$

at Carnot efficiency

$$\eta = \frac{-W_{1\to 2} - W_{3\to 4}}{Q_{3\to 4}} = 1 - \frac{T_Y}{T_X}.$$
(7.3)

7.2.3 Szilard engine in disguise

There is an information engine hidden in this heat engine. Imagine only having access to the X-position of each gas molecule during the cycle: In step $2 \rightarrow 3$ the container is divided and each gas molecule is either left or right of the partition. In step $3 \rightarrow 4$ input heat drives an isothermal expansion, and work is extracted from the gas as the piston is moved across the correct respective empty half of the container (appearing to act on hidden knowledge of the system state): It seems as if heat is entirely converted into work. However, with full access to the state space we recognize that this expansion step, seemingly requiring hidden knowledge, is preceded by a compression step that correlates each molecule's Y position with its X position, and the expansion step utilizes the Y position as a memory to execute the expansion into the correct half.

Imagining this process with a single molecule, we obtain the famous Szilard engine [236, 237], arguably the simplest information engine used to illustrate the Maxwell-demon paradox [87]. For the Szilard engine, the paradox is resolved by explicitly accounting for the memory degree of freedom and using Landauer's principle [88] to show that information erasure carries a thermodynamic cost. In analogy to this, we analyze the information thermodynamics [12] of the interplay between the X and Y components of the gas.

In the initial, uncompressed state the N-molecule gas has joint entropy

$$S_1[X,Y] = N\ln V + \frac{N}{2}\ln T_X + \frac{N}{2}\ln T_Y , \qquad (7.4)$$

up to constants irrelevant to the analysis. (Note that while we appear to take logarithms of dimensional quantities, this is because we have omitted additional constant factors [238].) Using the container's side length L (and hence volume $V = L^2$), the joint entropy is

$$S_1[X,Y] = S_1[X] + S_1[Y], \qquad (7.5a)$$

for marginal entropies

$$S_1[X] = N \ln L + \frac{N}{2} \ln T_X$$
 (7.5b)

$$S_1[Y] = N \ln L + \frac{N}{2} \ln T_Y.$$
 (7.5c)

Initially, at equilibrium without any coupling, the subsystems X and Y are independent and hence they have zero mutual information: $I_1[X;Y] = S_1[X] + S_1[Y] - S_1[X,Y] = 0$.

The compression step $1 \rightarrow 2$ does not change the one-dimensional phase space available to each individual component. Consequently, the marginal entropies remain unchanged: $S_2[X] = S_1[X]$ and $S_2[Y] = S_1[Y]$. Nonetheless, the joint entropy has been reduced by $N \ln 2$, since the (joint) phase-space volume available to each molecule has been halved. Since the joint entropy has been reduced while holding the marginal entropies constant, mutual information has been introduced between the components:

$$S_2[X,Y] = S_2[X] + S_2[Y] - I_2[X;Y]$$
(7.6a)

$$= S_1[X, Y] - N \ln 2, \qquad (7.6b)$$

and hence

$$I_2[X;Y] = N \ln 2. (7.7)$$

This can be thought of as using a binary memory variable Y to encode each molecule's coarse-grained X-position: whether it is left or right of the divider. Therefore each molecule's coarse-grained Y-position (*above* or *below* the divider) acts as a memory of each molecule's coarse-grained X-position. Reducing entropy incurs a thermodynamic cost, expressed by the work done (or equivalently the heat flow) in this step,

$$W_{1\to 2} = -Q_{1\to 2} = k_{\rm B} T_Y I_2[X;Y].$$
(7.8)

Hence the work $W_{1\to 2}$ produces mutual information $I_2[X;Y]$.

Swapping the mobilities of the partitions leaves the entropy unaffected: $S_3[X;Y] = S_2[X,Y]$. The expansion step $3 \rightarrow 4$ returns the engine back to the initial state and thus

$$S_4[X,Y] = S_1[X,Y] = S_1[X] + S_1[Y].$$
(7.9)

Therefore, the expansion "uses up" the previously created mutual information $I_2[X;Y]$ to do work:

$$W_{3\to4} = -k_{\rm B}T_X I_2[X;Y].$$
(7.10)

From this point of view, the engine cycle consists of a measurement step $1 \rightarrow 2$ creating information, and feedback step $3 \rightarrow 4$ exploiting that information. Thereby the Y-component of the gas acts as the controller and memory of an information engine whose working substance is the X-component of the gas.

7.3 Bipartite stochastic thermodynamics and informationflow arbitrage relation

We now mathematically formalize the above ideas to demonstrate that any bipartite heat engine must utilize information to achieve positive output power. Specifically, we derive an inequality that bounds the output power of a bipartite heat engine by its information flow.

With the subsystems X and Y in contact with heat baths at different temperatures T_X and T_Y , the subsystem second laws (Eqs. (2.47)) are:

$$\dot{\Sigma}_X = \mathbf{d}_t S[X] - \beta_X \dot{Q}_X - \dot{I}_X \ge 0, \tag{7.11a}$$

$$\dot{\Sigma}_Y = \mathbf{d}_t S[Y] - \beta_Y \dot{Q}_Y - \dot{I}_Y \ge 0. \tag{7.11b}$$

In addition to the second laws (7.11), bipartite systems also satisfy a first law describing energy balance:

$$\dot{W} + \dot{Q}_X + \dot{Q}_Y = \mathbf{d}_t E. \tag{7.12}$$

Here E is the internal energy of the system, and \dot{W} is the rate of work into the system, which in general may include contributions from both nonconservative driving forces and changes in potential energy due to varying external control parameters.

7.3.1 Nonequilibrium steady states

We now consider the special case of autonomous systems not subject to time-dependent external control. At nonequilibrium steady state (NESS), the first and second laws combine to yield two inequalities constraining sums of the external work rates, the transduced power (energy flow), and the information flow:

$$\dot{\Sigma}_X = \beta_X \dot{W}_X + \beta_X \dot{E}_Y + \dot{I}_Y \ge 0, \qquad (7.13a)$$

$$\dot{\Sigma}_Y = \beta_Y \dot{W}_Y - \beta_Y \dot{E}_Y - \dot{I}_Y \ge 0.$$
(7.13b)

Multiplying Eqs. (7.13) by $k_{\rm B}$ and the respective subsystem temperatures T_X and T_Y , summing the two equations, and rearranging yields an upper bound on the total output power in terms of the temperature difference and the information flow:

$$-\dot{W} = -\dot{W}_X - \dot{W}_Y \le k_{\rm B}(T_X - T_Y)\dot{I}_Y.$$
(7.14)

We call this result the *information-flow arbitrage relation* (*IFAR*), and it holds significant implications for the functioning of bipartite heat engines. It makes precise the notion, described in Sec. 7.2.1 through analogy to economic arbitrage, that information flows are necessary; to achieve net output work $(-\dot{W} > 0)$, there must be a flow of information between the two subsystems. Moreover, it must be the colder subsystem whose dynamics increase correlations (and thus the hotter subsystem whose dynamics reduce them): if $T_X > T_Y$, then a functional heat engine must have $\dot{I}_Y > 0$ (and thus $\dot{I}_X < 0$).

In addition to showing that bipartite heat engines require information flows, the IFAR also provides a necessary condition for information engines to achieve net output power $-\dot{W} > 0$: a positive information flow \dot{I}_Y is not sufficient; a temperature difference is also required. Only then does the controller at T_Y "pay" less energy to create correlations than the controlled system at $T_X > T_Y$ extracts by consuming those correlations. This reflects a fundamental connection between information engines and bipartite heat engines: to achieve net output power, an information engine must leverage fluctuations of different strengths (e.g., a temperature difference, which is the driving force for a heat engine), while a bipartite heat engine must contain an information flow (the hallmark of an information engine).

While the IFAR bounds the net output power $-\dot{W}$, with dimensions of energy divided by time, this output power is spread across two different temperatures. These different temperatures constitute different conversion rates between energy and entropy, and so the two output powers $-\dot{W}_X$ and $-\dot{W}_Y$ are each measured relative to different thermal backgrounds. We can take these different "exchange rates" into account by considering the sum of the two output powers scaled by their respective temperatures, $-\beta_X \dot{W}_X - \beta_Y \dot{W}_Y$. Similar to the derivation of the IFAR, summing Eqs. (7.13) and rearranging yields

$$-\beta_X \dot{W}_X - \beta_Y \dot{W}_Y \le (\beta_X - \beta_Y) \dot{E}_Y, \tag{7.15}$$

which we call the transduced-power arbitrage relation (TPAR). The TPAR states that to obtain a positive sum of scaled output powers, the hot (X) subsystem must transduce work to the cold (Y) subsystem so that $\dot{E}_Y < 0$.

An intriguing possible configuration of a bipartite heat engine is one where net output work is extracted from both subsystems (both $\dot{W}_X < 0$ and $\dot{W}_Y < 0$), as illustrated in Fig. 7.2(c). (We will show an explicit example of such a heat engine in section 7.4.1.) Combining the IFAR (7.14) and TPAR (7.15) shows that extracting net output work from both subsystems is only possible for specific directions of the internal energy and information flows. In particular, transduced work must flow from hot to cold ($\dot{E}_Y < 0$) while information must flow from cold to hot ($\dot{I}_Y > 0$).

7.3.2 Interpretation in terms of environmental potentials

For an alternative interpretation of these results, consider the thermodynamics from the perspective of the environment, comprised of two reservoirs at T_X and T_Y respectively. These reservoirs are assumed to be at equilibrium, so each have well-defined energies (\mathcal{U}_X and \mathcal{U}_Y) and entropies (\mathcal{S}_X and \mathcal{S}_Y). From these state functions we can construct thermodynamic potentials for the environment, for example the Helmholtz free energy

$$\mathcal{F} \equiv \mathcal{U}_X - k_{\rm B} T_X \mathcal{S}_X + \mathcal{U}_Y - k_{\rm B} T_Y \mathcal{S}_Y, \tag{7.16}$$

and free entropy (also known as the Massieu potential [238])

$$\Phi \equiv \mathcal{S}_X - \beta_X \mathcal{U}_X + \mathcal{S}_Y - \beta_Y \mathcal{U}_Y.$$
(7.17)

Since the reservoirs interact (and thus exchange energy and entropy) only with their respectively coupled subsystems, the rates of change of their energies and entropies are $\dot{\mathcal{U}}_X = -\dot{W}_X - \dot{Q}_X$ and $\dot{\mathcal{S}}_X = -\beta_X \dot{Q}_X$, and likewise for $\dot{\mathcal{U}}_Y$ and $\dot{\mathcal{S}}_Y$. We can then compute the steady-state rates of change of the two environmental potentials:

$$\dot{\mathcal{F}} = -\dot{W}_X - \dot{W}_Y, \tag{7.18a}$$

$$\dot{\Phi} = \beta_X \dot{W}_X + \beta_Y \dot{W}_Y. \tag{7.18b}$$

We then substitute these definitions into the left hand sides of the IFAR (7.14) and TPAR (7.15) to reformulate them in terms of rates of change of environmental potentials:

$$\dot{\mathcal{F}} \le k_{\rm B}(T_X - T_Y)\dot{I}_Y,\tag{7.19a}$$

$$-\dot{\Phi} \le (\beta_X - \beta_Y)\dot{E}_Y.$$
 (7.19b)

These reformulations lead to a new interpretation with a pleasing symmetry. The IFAR states that the rate at which the system can leverage a temperature difference to increase the free energy of the environment is limited by the rate of internal information (entropy) transduction, while conversely the TPAR states that the rate at which the system can decrease the free entropy of the environment is limited by the rate of internal energy transduction.

Intuitively, these results follow from the definitions of environmental free energy (7.16) and free entropy (7.17). Since the energetic terms of the free energy (7.16) are not modulated by temperature, and at steady state their sum must remain constant, it follows that \mathcal{F} can only be increased by moving entropy from the hotter reservoir to the colder one. The reservoirs only interact indirectly via the system, which must then serve as a conduit for the entropy flow, which we call an information flow. Thus environmental free energy can only increase if the system supports an internal information flow.

Conversely, the entropic terms of the free entropy (7.17) are not modulated by temperature, and at steady state cannot decrease (by the second law), so it follows that Φ can only be decreased by moving energy from the hotter reservoir to the colder one. As with entropy, energy can only be exchanged using the system as a conduit. Thus decreasing the environmental free entropy requires an internal energy flow, i.e., a transduced power from hot to cold.

This interpretation of the two arbitrage relations is intimately connected with the economics analogy outlined earlier in Sec. 7.2. A bipartite heat engine which increases the free energy of the environment corresponds to a pair of arbitrageurs who cooperate to extract net money from two markets with different exchange rates; as illustrated in Fig. 7.2 this is only possible when the two arbitrageurs exchange sheep (i.e., when the heat engine supports an information flow). Conversely, decreasing the free entropy of the environment corresponds to the arbitrageurs obtaining a net return of sheep, which in turn requires them to exchange money with each other (corresponding to the two subsystems supporting a transduced power).

7.3.3 Connection to Carnot bound

The IFAR (7.14) relates the output work of a bipartite heat engine to the information flow and temperature difference. The output work of a heat engine operating between two reservoirs was famously first upper-bounded by Carnot [53], in terms of the temperature ratio and the input heat. Because in a bipartite heat engine, each of the two reservoirs is coupled to a distinct individual subsystem, the input heat from the "hot" reservoir can only flow into the "hot" subsystem X. Then, the Carnot bound for heat engines at steady state is derived from the global first law,

$$\dot{W} + \dot{Q}_X + \dot{Q}_Y = \mathbf{d}_t E \tag{7.20}$$

(with $d_t E = 0$), and the global second law,

$$\dot{\Sigma} = -\beta_X \dot{Q}_X - \beta_Y \dot{Q}_Y \ge 0. \tag{7.21}$$

This is simply a sum of the two subsystem-specific second laws (7.11). Rearranging Eq. (7.21) to get an upper bound on \dot{Q}_Y and inserting into Eq. (7.20) yields the Carnot bound on the ouput power of a heat engine:

$$-\dot{W} \le \left(1 - \frac{T_Y}{T_X}\right) \dot{Q}_X. \tag{7.22}$$

The Carnot bound essentially states that in a heat engine input heat limits output work, with a proportionality constant dependent on the temperature ratio.
Now notice that we have $\dot{Q}_X \geq 0$, i.e., heat flows into subsystem X (which, recall, is coupled to only one reservoir), something seemingly forbidden by the second law and the hallmark of a Maxwell demon [239–242]. Under steady-state conditions, the second law for the X subsystem (7.11a) can be rewritten to bound the achievable input heat by the information flow,

$$\dot{Q}_X \le k_{\rm B} T_X \dot{I}_Y. \tag{7.23}$$

Inserting this inequality into the Carnot bound yields the information-flow arbitrage relation:

$$\underbrace{-\dot{W} \leq \underbrace{\left(1 - \frac{T_Y}{T_X}\right)\dot{Q}_X}_{\text{2nd Law for } X} \leq k_{\text{B}}(T_X - T_Y)\dot{I}_Y}_{\text{IFAR}}.$$
(7.24)

Thus we find that the IFAR is in general looser than the Carnot bound on heat-engine output work. Nonetheless, IFAR broadens the perspective by showing that working bipartite heat engines necessarily require an information flow. Note also that IFAR is saturated for heat engines at equilibrium (where output work vanishes), as is the Carnot bound [243].

7.3.4 Periodic driving

While biological systems of interest operate autonomously and are typically in nonequilibrium steady states, many human-engineered systems (e.g., classical heat engines and the 2D ideal gas considered in Sec. 7.2.2) are controlled by periodic driving protocols. Likewise, experimental [17, 89–99] and theoretical models [228, 244–248] of information engines typically use repeated feedback loops [220, 249–254] which comprise measurement, feedback, and relaxation steps. These setups can also be understood in terms of a periodic driving protocol that achieves the desired feedback [82]. Information engines with access to a temperature difference [227, 228] or nonequilibrium fluctuations that only affect their working medium and not their controller [222–224] can have positive net work output. Here we show that the IFAR (7.14) also holds for this class of systems.

For bipartite systems in periodic steady states, the IFAR is derived analogously to systems at NESS. We take as a starting point the instantaneous second laws (7.11), and integrate over the cycle time τ to yield their cyclic counterparts:

$$\Sigma_X = \Delta S[X] - \beta_X Q_X - \Delta I_X \ge 0, \tag{7.25a}$$

$$\Sigma_Y = \Delta S[Y] - \beta_Y Q_Y - \Delta I_Y \ge 0. \tag{7.25b}$$

Here $Q_X \equiv \int_0^{\tau} \dot{Q}_X(t) d_t$, $\Sigma_X \equiv \int_0^{\tau} \dot{\Sigma}_X(t) d_t$, $\Delta S[X] \equiv S_{\tau}[X] - S_0[X]$, and $\Delta I_X \equiv \int_0^{\tau} \dot{I}_X d_t$, with analogous definitions holding for flows due to Y. Likewise, the global first law also integrates to yield

$$W + Q_X + Q_Y = \Delta E, \tag{7.26}$$

where $W \equiv \int_0^{\tau} \dot{W} d_t$ and $\Delta E \equiv E(\tau) - E(0)$.

For systems at periodic steady states, we require that all state variables are identical at the beginning and end of the cycle. Specifically these are the mean internal energy $[\Delta E = E(\tau) - E(0) = 0]$, the two marginal entropies $(\Delta S[X] = S_{\tau}[X] - S_0[X] = 0$ and $\Delta S[Y] = S_{\tau}[Y] - S_0[Y] = 0)$, and the mutual information $(\Delta I_X + \Delta I_Y = I_{\tau}[X;Y] - I_0[X;Y] = 0)$. Using these invariants to simplify the first (7.26) and second laws (7.25), we derive the IFAR for periodically driven systems:

$$-W \le k_{\rm B}(T_X - T_Y)\Delta I_Y. \tag{7.27}$$

The TPAR (7.15) does not extend as easily to periodic steady states, since in the presence of external control, defining external work at the subsystem level requires a more nuanced analysis beyond the scope of this thesis.

7.3.5 Revisiting the 2D ideal-gas engine

Having derived the IFAR for periodically driven systems, we return to the 2D ideal-gas engine in Sec. 7.2.2 to illustrate this relation.

Intuitively, the total Y-information flow over one cycle should be given in terms of the information acquired during the compression $(1 \rightarrow 2)$ step, when the molecules' Ycoordinates change. To see why this is indeed true, consider first the *coarse-grained* variables $\bar{X}^i := \operatorname{sgn}(X^i)$ and $\bar{Y}^i := \operatorname{sgn}(Y^i)$ that respectively indicate whether a given molecule *i* is left or right of and above or below the box's center. The gas molecules' coordinates are in equilibrium hence the conditional probability of the specific position given the coarsegrained position is uniform and factorizes,

$$p(X^{i}, Y^{i} | \bar{X}^{i}, \bar{Y}^{i}) = p(X^{i} | \bar{X}^{i}) p(Y^{i} | \bar{Y}^{i}).$$
(7.28)

This implies for the conditional entropy of the specific position given the coarse-grained position, $S[X^i, Y^i | \bar{X}^i, \bar{Y}^i] = S[X^i | \bar{X}^i] + S[Y^i | \bar{Y}^i]$. Therefore, the mutual information between the coordinates X^i and Y^i equals the mutual information between the coarse-grained coordinates \bar{X}^i and \bar{Y}^i ,

$$I[X^{i}; Y^{i}] = S[X^{i}] + S[Y^{i}] - S[X^{i}, Y^{i}]$$
(7.29a)

$$= S[X_i, \bar{X}_i] + S[Y^i, \bar{Y}^i] - S[X^i, Y^i, \bar{X}^i, \bar{Y}^i]$$
(7.29b)

$$= S[\bar{X}^{i}] + S[\bar{Y}^{i}] - S[\bar{X}^{i}, \bar{Y}^{i}] + \underbrace{S[X^{i}|\bar{X}^{i}] + S[Y^{i}|\bar{Y}^{i}] - S[X^{i}, Y^{i}|\bar{X}^{i}, \bar{Y}^{i}]}_{=0}$$
(7.29c)

$$=I[\bar{X}^i;\bar{Y}^i], \qquad (7.29d)$$

where to get (7.29b) we used the fact that once a molecule's true position (X^i, Y^i) is known, the coarse-grained position (\bar{X}^i, \bar{Y}^i) is redundant information. From Eqs. (7.29), it follows that to calculate information flow, we can replace all mutual information terms by their coarse-grained counterparts.

The total Y-information flow is

$$\Delta I_Y = \int_1^2 d_t \, \dot{I}_Y + \int_3^4 d_t \, \dot{I}_Y$$

$$= \int_1^2 d_t \lim_{d_t \to 0} \frac{I[\bar{X}(t+d_t); \bar{Y}(t+d_t)] - I[\bar{X}(t); \bar{Y}(t)]}{d_t}$$

$$+ \int_3^4 d_t \lim_{d_t \to 0} \frac{I[\bar{X}(t); \bar{Y}(t)] - I[\bar{X}(t); \bar{Y}(t)]}{d_t}$$
(7.30b)

$$= I_2[\bar{X};\bar{Y}] - \underbrace{I_1[\bar{X};\bar{Y}]}_{=0} = I_2[X;Y], \qquad (7.30c)$$

where $I_2[X;Y]$ is the mutual information between the molecules' X and Y coordinates after compression, see Eq. (7.7). To get Eq. (7.30b) we used the definition of the Y-information flow (2.51) and the fact that $\bar{X}^i(t + d_t) = \bar{X}^i(t)$ in step $1 \to 2$ and $\bar{Y}^i(t + d_t) = \bar{Y}^i(t)$ in step $3 \to 4$, i.e., during compression (expansion) the coarse-grained X(Y)-coordinate does not change. Similarly,

$$\Delta I_X = I_4[\bar{X};\bar{Y}] - I_3[\bar{X};\bar{Y}] = -I_2[X;Y] = -\Delta I_Y.$$
(7.31)

With the total net output work in Eq. (7.2) and the mutual information $I_2[X;Y] = N \ln 2$ (7.7), we verify that the IFAR (7.27) holds as an equality, which can be attributed to the fact that all steps in the cycle are carried out reversibly.

7.4 Model systems: Brownian gyrator and double quantum dot

Using the theory of bipartite stochastic thermodynamics outlined above, we now analyze explicit nonequilibrium models to illustrate the main results: we consider the Brownian-gyrator heat engine [255] modified to incorporate nonconservative driving forces, and a double quantum dot which constitutes a simple model for an autonomous information engine. These models are analytically tractable, allowing us to show explicitly that the Brownian gyrator must use information flow to achieve net output power, and the quantum-dot information engine must act as a heat engine to deliver positive output power.

7.4.1 Brownian-gyrator heat engine

Consider the Brownian gyrator, a microscopic, stochastic model for a steady-state heat engine depicted in Fig. 7.4(a). First introduced in a slightly different form by Filliger and

Reimann [255], the Brownian gyrator has since been studied extensively both in its original formulation [221, 256–259] along with a plethora of different extensions including the addition of conservative [260, 261] or nonconservative [262, 263] external forces, higherorder potentials [264], underdamped dynamics [265], as well as non-Markovian [266] and active [267] fluctuations. The dynamics of the Brownian gyrator can also be mapped directly onto electric-circuit models with resistors subject to Johnson noise from different heat baths; this equivalent system and several extensions have been thoroughly studied both theoretically and experimentally [268–272]. The Brownian gyrator has also been realized experimentally as an overdamped particle with electromagentically induced anisotropic fluctuations [273, 274].

This formulation of the Brownian gyrator, illustrated in Fig. 7.4(a), is equivalent to that presented in Ref. [262], a bipartite system with two degrees of freedom X and Y whose dynamics evolve according to the coupled overdamped Langevin equations

$$\dot{x} = ay - \partial_x V(x, y) + \sqrt{2} \eta_X(t), \qquad (7.32a)$$

$$\dot{y} = g \left[-ax - \partial_y V(x, y) \right] + \sqrt{2g\tau} \,\eta_Y(t). \tag{7.32b}$$

Here $\eta_X(t)$ and $\eta_Y(t)$ are uncorrelated Gaussian white noise sources with $\langle \eta_X(t)\eta_X(t')\rangle = \delta(t-t')$ and similarly for $\eta_Y(t)$, g is the ratio of the two mobility coefficients, $\tau \equiv T_Y/T_X$ is the temperature ratio, and the potential is

$$V(x,y) = \frac{1}{2}x^2 + \frac{1}{2}y^2 + \frac{1}{2}\kappa(x-y)^2,$$
(7.33)

for coupling strength κ between X and Y. Furthermore, $f_X(x, y) = ay$ and $f_Y(x, y) = -ax$ are nonconservative forces of strength a that, on their own, induce a rotation of the system in the x-y plane. All quantities are dimensionless. The nonconservative forces were not present in the original formulation of the Brownian gyrator [255], and have been added here as in Ref. [262] so that work can be input to or extracted from the Brownian gyrator in a thermodynamically consistent manner. Such nonconservative forces can be incorporated into electrical implementations of the gyrator through, for example, a non-reciprocal capacitor [272].

The coupled Langevin equations (7.32) are linear, so the stationary joint probability distribution for X and Y can be solved analytically [167], from which the ensemble-averaged energy and information flows can be computed analytically from their definitions [74] using Maple [275] (plotted in Fig. 7.4).

Figure 7.4(b) illustrates the energy and information flows in the Brownian gyrator. In the regime of heat-engine operation, when $0 < a < \kappa(1-\tau)/(1+\tau)$, both subsystems (X and Y) output work at positive rates ($\dot{W}_X < 0$ and $\dot{W}_Y < 0$). This is powered by a flow of heat into the hotter X subsystem ($\dot{Q}_X > 0$), which by the second law then requires a



Figure 7.4: Dynamics and thermodynamics of the Brownian gyrator. (a) Schematic diagram. Gray closed curves denote isopotential contours; light green arrows show the nonconservative force field; red-blue circle denotes the 2D Brownian particle; blue and red arcs denote different-strength fluctuations in different directions. (b) Energy and information flows. (c) Thermodynamic diagram showing directionality of energy, entropy, and information flows for a = 2.5 (black dashed vertical line in (b)). (d,e) Verification of the two arbitrage relations, IFAR (7.14) (d) and TPAR (7.15) (e). (f) Energy and information flows in the feedbackcooling information-engine interpretation. Inset: schematic, with nonconservative force from controller indicated by green arrow. (g) Thermodynamic diagram showing directionality of energy, entropy, and information flows for a = 2.5 (black dashed vertical line in (f)). Throughout, $\kappa = 15$, $\tau = 1/2$, and g = 1.

net flow of heat out of the cooler Y subsystem ($\dot{Q}_Y < 0$). As required by the arbitrage relations (7.14) and (7.15), the information flow and transduced power are both non-zero, with information flowing from cold to hot ($\dot{I}_X < 0$) and transduced work flowing from hot to cold ($\dot{E}_X > 0$). This thermodynamic setup is shown in Fig. 7.4(c).

For $\kappa(1-\tau)/(1+\tau) < a < \kappa$, the Brownian gyrator operates as a heat pump, with net input work into both subsystems ($\dot{W}_X > 0$ and $\dot{W}_Y > 0$) powering the flow of heat from cold to hot ($\dot{Q}_Y > 0$ and $\dot{Q}_X < 0$). Here the information flow goes from hot to cold ($\dot{I}_X > 0$), a condition which follows directly from the second law applied to bipartite heat pumps. For $-\kappa < a < 0$ the Brownian gyrator is a dud, with input work into both subsystems accompanying a flow of heat from hot to cold. Finally for $|a| > \kappa$, the setup is again a dud (albeit of a different sort), with input work into both subsystems resulting in heat flows into both reservoirs.

Figures 7.4(d) and (e) explicitly confirm the two arbitrage relations in this system. We find that the inequalities are tighter when the system is near equilibrium. For the Brownian gyrator this is at stall, where all energy and information flows vanish, for $a = \kappa (1-\tau)/(1+\tau)$.

If, as we claim, information flow along with a temperature difference is what drives the net power output in the Brownian gyrator, we should be able to find the information engine hidden in this setup. To do this, we rescale the variable X such that $x' \equiv x(\kappa - a)/(1 + \kappa)$, and define the parameters $\kappa' \equiv 1 + \kappa$, $t_m \equiv 1/[g(1 + \kappa)]$, $\sigma^2 \equiv 2\tau/[g(1 + \kappa)^2]$, and $a' \equiv (a^2 - \kappa^2)/(1 + \kappa)$.

The resulting dynamics are equivalent to the feedback-cooling information-engine model studied by Horowitz and Sandberg [81], with the controlled system consisting of the position x' of an overdamped Brownian particle in a quadratic trap with strength κ and the controller y monitoring the dynamics of the system:

$$\dot{x}' = -\kappa' x' - a' y + \xi_{X'}, \tag{7.34a}$$

$$t_m \dot{y} = -y + x' + \xi_Y, \tag{7.34b}$$

The noise terms ξ_X and ξ_Y correspond to independent Gaussian white noise with respective variances $2T_X$ and σ^2 , a' is the feedback gain, and t_m is a time constant by which Y can be considered to low-pass filter noisy measurements of X with measurement noise σ^2 .

In addition to rescaling the X variable and redefining the various parameters, we also adjust our interpretation of the sources of the forces acting on the two subsystems. In keeping with the interpretation of Ref. [81], we take $V(x', y) = \frac{1}{2}\kappa'(x')^2$ to be the conservative potential, and $f_X(x', y) = -a'y$ and $f_Y(x', y) = x' - y$ to be the nonconservative forces. This change in perspective from the original Brownian-gyrator interpretation can be thought of as a gauge transformation, as considered in Ref. [276]. The information flow is unchanged by rescaling one of the variables (because the mutual information itself is invariant under variable rescaling [277]), so we identify the information flow within the Brownian gyrator as the same information flow found within the feedback-cooling information engine.

Figure 7.4(f) shows the thermodynamics of the feedback-cooling information engine, as quantified by the energy and information flows. The heat and information flows are unchanged from those of the Brownian gyrator, but the input, output, and transduced powers are modified. In particular, since there is no potential energy coupling the controller to the particle, the transduced power \dot{E}_X is always zero. For $a' < \kappa'(1-\tau)/(1+\tau)$, output work is extracted from the particle ($\dot{W}_X < 0$), while input work is required to run the controller ($\dot{W}_Y > 0$). The three thermodynamic regimes highlighted for the Brownian gyrator in Fig. 7.4(b) correspond to matching regimes for the information engine depicted in Fig. 7.4(f). In particular, the heat-engine regime corresponds to a feedback-cooling information engine that extracts more power than is required to power it, while the dud regime corresponds to an information engine that consumes more energy than it extracts. Finally, the heat-pump regime corresponds to a feedback refrigerator, where the controller Y is cooled through feedback on the hotter system X'.

7.4.2 Double-quantum-dot information engine

The above treatment of the Brownian gyrator focused on interpreting a bipartite heat engine as an information engine. This section illustrates the converse, showing that an established model of an autonomous information engine can only deliver positive total output power if the controller and feedback-controlled system are at different temperatures, thus rendering the system a bipartite heat engine.

Consider a single quantum dot X in contact with two reservoirs (leads) at temperature T_X and with chemical potentials μ_{ℓ} for the left lead and $\mu_{\rm r}$ for the right lead [Fig. 7.5(a) inset]. Electrons can jump between either reservoir and the quantum dot, which can be either empty (x = 0) or filled (x = 1). The rates satisfy detailed balance with their respective thermal reservoirs:

$$k_{\ell}^{10} = \frac{\Gamma_X^{\ell}}{e^{-\beta_X \mu_{\ell}} + 1}, \quad k_{\ell}^{01} = \frac{\Gamma_X^{\ell} e^{-\beta_X \mu_{\ell}}}{e^{-\beta_X \mu_{\ell}} + 1}$$
(7.35a)

$$k_{\rm r}^{10} = \frac{\Gamma_X^{\rm r}}{e^{-\beta_X\mu_{\rm r}} + 1}, \quad k_{\rm r}^{01} = \frac{\Gamma_X^{\rm r} e^{-\beta_X\mu_{\rm r}}}{e^{-\beta_X\mu_{\rm r}} + 1}$$
 (7.35b)

where $\Gamma_X^{\ell}/2$ and $\Gamma_X^{r}/2$ are bare rate constants, i.e., the rate constants at equilibrium (when $\mu_{\ell} = 0 = \mu_{\rm r}$). Here and throughout, the superscript "10" denotes the transition from state 0 to state 1, with "01" denoting the reverse transition. Note that in this subsection the symbol W with a subscript and a superscript denotes a transition rate, not to be confused with \dot{W} with a subscript that throughout this thesis denotes power.

The average current of electrons flowing from the left lead is $J_{\ell} \equiv k_{\ell}^{10} p_0 - k_{\ell}^{01} p_1$, where p_0 and p_1 are the respective stationary probabilities for the dot being empty and filled. Similarly, $J_r \equiv k_r^{01} p_1 - k_r^{10} p_0$. Solving the system of equations consisting of the definitions of J_{ℓ} and J_r , the steady-state equality $J_{\ell} = J_r = J$, and normalization $p_0 + p_1 = 1$, yields p_0, p_1 , and J as functions of the chemical potentials μ_{ℓ} and μ_r , temperature T_X , and bare rate constants Γ_X^r and Γ_X^{ℓ} . These then allow us to calculate the steady-state power from the quantum dot to the reservoirs,

$$-\dot{W}_X \equiv J \ (\mu_{\rm r} - \mu_{\ell}) \ . \tag{7.36}$$

This power is equal to the heat flow from the thermal reservoir due to the conduction of electrons through the quantum dot. Figure 7.5(a) depicts this power as a function of the chemical potential $\mu_{\rm r}$ for fixed μ_{ℓ} , T_X , and $\Gamma_X^{\ell,{\rm r}}$.



Figure 7.5: Thermodynamics of the quantum-dot information engine. (a) Output power $-\dot{W}_X$ by a single quantum dot in simultaneous contact with two reservoirs at temperature $T_X = 2$ and respective chemical potentials $\mu_{\ell} = 5$ and μ_r , as a function of μ_r , for $\Gamma_X^{\ell} = \Gamma_X^r = 1$. Inset: transition rates for electrons hopping into and out of the quantum dot. (b) When measurement with error ϵ and feedback are added, $-\dot{W}_X > 0$ is possible, indicating that electrons are pumped against their natural gradient. (c) State diagram and possible transitions for the double-quantum-dot model. (d) Output power $-\dot{W}_X$, transduced power \dot{E}_Y , and information flow \dot{I}_Y in the double quantum dot for the same parameters as in (a) and (b), and $\epsilon = 0.2$, $T_Y = 1$, $\Gamma_Y = 10^3$. (e) Same plot but for $T_Y = 2$. (f) Thermodynamic diagram showing directionalities of energy, entropy, and information flows for $\mu_r = 3$ and $T_Y = 1$ [gray dashed vertical line in (d)]. Throughout: faint vertical orange line indicates μ_{ℓ} .

"Maxwell-demon feedback" [278] can be used to pump electrons from right to left, against the chemical-potential gradient. Like Maxwell's original demon [86] that implements feedback by opening and closing a trap door between two gas volumes, this feedback only modifies the bare transition rates, not the energy levels. We assume that the state of the quantum dot is continuously measured by an auxiliary measurement device that modifies the bare rates Γ_X such that $\Gamma_X^{\ell} = 0$ when the dot is measured empty and $\Gamma_X^{r} = 0$ when the dot is measured filled [Fig. 7.5(b) inset].

The measurement has an error probability ϵ with which it erroneously measures the opposite state. Then the net flux from left to right is

$$J = k_{\ell}^{10} p_0 \epsilon - k_{\ell}^{01} p_1 (1 - \epsilon)$$
(7.37a)

$$=k_{\rm r}^{01}p_1\epsilon - k_{\rm r}^{10}p_0(1-\epsilon).$$
(7.37b)

Solving this equation with normalization $p_0 + p_1 = 1$ yields the steady-state occupation probabilities and the flux as functions of μ_{ℓ} , $\mu_{\rm r}$, T_X , and ϵ . Equation (7.36) then gives the steady-state output power $-\dot{W}_X$ [Fig. 7.5(b)]. For $\epsilon < 1/2$, this power can become positive, indicating that the quantum dot delivers net power to the reservoirs. This output power stems from the heat due to thermal fluctuations that spontaneously fill the dot with an electron from the right reservoir. The feedback then rectifies these fluctuations by preferentially allowing the electron to flow into the left reservoir.

The quantum dot and the feedback mechanism together constitute a Maxwell-demon setup or information engine. However, we have yet to specify the physical mechanism of the controller. As pointed out in previous works [75, 239, 279–282], a second capacitively coupled quantum dot can serve as the controller for this information engine. Consider the single-level quantum dot Y that is coupled to a reservoir with chemical potential μ_Y and temperature T_Y . Somewhat counterintuitively, a filled Y (y = 0) can encode the measurement of an empty X (x = 0) and an empty Y (y = 1) can encode the measurement of a filled X (x = 1). The capacitive interaction between the dots results in a potential energy U when both dots are filled. Otherwise, the potential energy vanishes.

Figure 7.5(c) depicts the transition rates between the four different configurations of the double quantum dot. The transition rates into and out of the X-dot are

$$k_{y}^{xx'} = \begin{cases} \tilde{k}_{r}^{xx'}, & y = 0 \text{ (filled)} \\ k_{\ell}^{xx'}, & y = 1 \text{ (empty)}, \end{cases}$$
(7.38)

where x and x' are the states of X with $x \neq x'$, $k_{\ell}^{xx'}$ is given by Eq. (7.35a), and

$$\tilde{k}_{\rm r}^{10} = \frac{\Gamma_X^{\rm r}}{e^{-\beta_X(\mu_{\rm r}-U)} + 1},$$
(7.39a)

$$\tilde{k}_{\rm r}^{01} = \frac{\Gamma_X^{\rm r} e^{-\beta_X(\mu_{\rm r}-U)}}{e^{-\beta_X(\mu_{\rm r}-U)} + 1}$$
(7.39b)

correspond to the rates in Eq. (7.35b), modified by the potential energy U due to the interaction with the other quantum dot Y. Equation (7.38) implies that the X-dot couples to different reservoirs depending on the state of the Y-dot. This is a special case of the treatment in, e.g., Refs. [75, 239] in which the bare rates Γ_X^{ℓ} and Γ_X^{r} are modified through a

Y-dependent density of states. This model thus corresponds to an idealized double-quantumdot information engine with only one global cycle and no local cycles [75].

To implement the measurement, the Y-transitions are governed by

$$k_{01}^{0} = \frac{\Gamma_Y}{e^{-\beta_Y \mu_Y} + 1}, \qquad k_{10}^{0} = \frac{\Gamma_Y e^{-\beta_Y \mu_Y}}{e^{-\beta_Y \mu_Y} + 1}$$
 (7.40a)

$$k_{01}^{1} = \frac{\Gamma_{Y}}{e^{-\beta_{Y}(\mu_{Y}-U)} + 1}, \ k_{10}^{1} = \frac{\Gamma_{Y} e^{-\beta_{Y}(\mu_{Y}-U)}}{e^{-\beta_{Y}(\mu_{Y}-U)} + 1}$$
(7.40b)

where $U = 2\mu_Y$ and $\mu_Y = k_{\rm B}T_Y \ln\left[(1-\epsilon)/\epsilon\right]$ are chosen such that

$$\frac{k_{01}^0}{k_{10}^0} = \frac{k_{10}^1}{k_{01}^1} = \frac{1-\epsilon}{\epsilon},\tag{7.41}$$

and hence the measurement-error probability is ϵ . Setting $\Gamma_Y \gg \Gamma_X^{\mathbf{r},\ell}$ ensures that Y quickly relaxes into a local equilibrium distribution corresponding to the desired measurement distribution.

The net current of electrons from the left to right leads is determined by solving

$$J = k_{\ell}^{10} p_{01} - k_{\ell}^{01} p_{11} = W_{01}^{1} p_{11} - k_{10}^{1} p_{10}$$

= $\tilde{k}_{r}^{01} p_{10} - \tilde{k}_{r}^{10} p_{00} = W_{10}^{0} p_{00} - k_{01}^{0} p_{01}$ (7.42a)

along with normalization $p_{00} + p_{10} + p_{10} + p_{11} = 1$ constraining the probability p_{xy} to find the joint system in state (x, y). Figure 7.5(d) shows the net power (7.36) done on X by the two X-reservoirs.

Importantly, the output power $-\dot{W}_X$ differs from the case where the controller does not require power [see, for example, the $\epsilon = 0.2$ curve in Fig. 7.5(b)]. Specifically, positive output power $(-\dot{W}_X > 0)$ is only possible for $2 \leq \mu_r \leq 5$. This is because power is required to run the controller Y, which itself is not directly driven by a chemical-potential difference since it has access to only one reservoir, and thus $\dot{W}_Y = J(\mu_Y - \mu_Y) = 0$. As depicted in Fig. 7.5(f), the power to run the controller Y is diverted from the output power as transduced power $-\dot{E}_Y$ [Fig. 7.5(d), green curve]. The blue curve in Fig. 7.5(d) shows the information flow \dot{I}_Y , with which we can verify the IFAR (7.14),

$$-\dot{W}_X - \underbrace{\dot{W}_Y}_{=0} \le \underbrace{(T_X - T_Y)}_{=1} \dot{I}_Y.$$
 (7.43)

Finally, Fig. 7.5(e) shows output power $-\dot{W}_X$ and transduced power \dot{E}_Y when both quantum dots are at equal temperature $(T_Y = T_X = 2)$, so the RHS of (7.43) vanishes and $-\dot{W}_X \leq 0$. In this case so much power $-\dot{E}_Y$ is diverted that no positive output power can be generated. This illustrates that the double-quantum-dot information engine can only deliver positive output power when the controller is at a lower temperature than the feedback-controlled system, i.e., when the joint system operates as a bipartite heat engine, as predicted by the information-flow arbitrage relation (7.14).

7.5 Discussion

This chapter illustrates that functioning bipartite heat engines must transmit information (i.e., a reduction in entropy) between subsystems in contact with heat reservoirs at different temperatures in order to produce net output work, through a process analogous to economic arbitrage. This implies that they are also information engines, in the sense that they sustain an information flow that powers an apparent violation of the second law. This implies that the field of information thermodynamics [12] applies to real-world heat engines.

These findings directly imply design principles for nanoscale systems, like molecular machines, operating in environments with inhomogeneous or anisotropic fluctuations. When these systems are composed of different parts each in contact with different strengths of fluctuations, maximizing output power requires these components to operate collectively and exchange entropy in the form of information flows. This leads to "Maxwell-demon" behaviour, where one component extracts heat from its environment in apparent, but not true, violation of the second law. Thus Maxwell's demon may well lie hidden within biological molecular machines which have evolved to take advantage of different sources of fluctuations in the cellular environment.

Conversely, this chapter also illustrates that information engines can deliver positive net output power when controller and controlled system are at different temperatures. This fact was explored in Refs. [227, 228], where the ratio of the temperatures of the work medium and memory parameterizes optimal information-processing strategies in variants of the Szilard engine. It is also implicit in the analysis of Ref. [224], where an information engine delivers net power derived from active fluctuations that mimic the effect of a larger temperature.

Fundamental Limit: The net output work of a bipartite heat engine or information engine is limited by the product of the information flow and temperature difference. **Design Principle:** A bipartite heat engine with maximal output power should be designed to function like an information engine.

This framework helps to demystify information engines by providing a change in perspective that illustrates they are variants of heat engines, in which the entropy reduction step is "outsourced" to an auxiliary controller or memory. Ignoring this auxiliary system leads to an apparent second-law violation, highlighting the importance of accounting for the thermodynamic costs of the controller's entropy reduction. The joint setup of controller and controlled system can only deliver positive net output work when the controller is at a lower temperature, thereby giving a heat engine that delivers net power by exchanging heat with two reservoirs at different temperatures. While previous theoretical analyses have hinted at this connection for specific systems [225–228], the results here are far broader, encompassing fully general mathematical proofs and intuitive explanations.

In addition to proving the main results using the theory of bipartite stochastic thermodynamics, I also illustrated them intuitively using an analogy to economics – providing a qualitative argument accessible without reference to stochastic thermodynamics. The concept of arbitrage lends itself well to understanding both classical and bipartite heat engines: the temperature of a heat bath can be thought of as the "exchange rate" between energy and entropy. By "trading" energy and entropy with different baths ("markets"), a heat engine can perform "arbitrage" to produce net output work ("profit"). Such a scheme requires moving energy and entropy from one bath to another, leading to the requirements for information flows and transduced power respectively quantified by the IFAR (7.14) and TPAR (7.15). The usefulness of this analogy should not be surprising; after all, thermodynamics is fundamentally the science of accounting for energy and entropy. Other analogies have likewise been drawn between stochastic thermodynamics and economics [283, 284]; exploring such analogies further, for example at a more quantitative level, could lead to deeper insights into both fields.

As shown in Sec. 7.3.2, the main results of this chapter [the IFAR (7.14) and TPAR (7.15)] can be reinterpreted as constraining changes in thermodynamic potentials of the environment encompassing the two thermal reservoirs. Since the reservoirs by assumption are at equilibrium, and do not directly support correlations or interactions with each other, it is straightforward to define their free energies (Helmholtz potentials) and free entropies (Massieu potentials) even when doing so for the system itself is not possible due to its nonequilibrium state and contact with multiple temperatures. These thermodynamic potentials are particularly useful, allowing for a qualitative understanding of the main results without the more involved theoretical machinery of stochastic thermodynamics; such an approach may prove useful for considering other nonequilibrium systems for which thermodynamic potentials cannot easily be defined.

Beyond elucidating design principles, the information-flow and transduced-power arbitrage relations (IFAR and TPAR) are also powerful tools for thermodynamic inference [128]. Using the IFAR (7.14), observing net output power ($\dot{W} < 0$) from a bipartite system immediately implies the existence of both a temperature difference and an information flow, whose sign is further implied if the ordering of the two temperatures is also known. Through TPAR (7.15), the existence and directionality of internally transduced power can likewise be inferred in autonomous systems at steady state. Chapter 8 showcases applications of the arbitrage relations for inference.

Finally, step back to consider macroscopic heat engines in simultaneous contact with two heat baths at different temperatures, for example thermoelectric devices. Since none of the theoretical results in Sec. 7.3 are built on assumptions about system size, the conclusions

should still hold for macroscopic systems. This then raises the obvious question of where the information flow predicted by the IFAR can be found in, for example, a thermoelectric generator. I conjecture that the information flow is encoded in the statistics of electron positions and momenta [285]. A first step could be to consider small-scale systems which allow exact counting of electrons in a thermoelectric device. For larger thermoelectric devices, the electron positions and momenta are aggregated into correlations of voltage and current fluctuations across the two junctions in contact with different temperatures. Measurement of voltage and current fluctuations would be analogous to measuring the pressure in each quadrant of the two-dimensional ideal-gas Carnot engine in Sec. 7.2.2, which aggregates the statistics of the N gas molecules. The information flow in the engine could be extracted from pressure measurements in each quadrant with fine temporal resolution. It would be interesting to verify these predictions experimentally, namely measuring current and voltage correlations in a thermoelectric device, and thus quantifying the predicted information flow. Such a result would complement recent theoretical predictions of macroscopic information flows [285, 286], and serve to illustrate that core concepts from stochastic thermodynamics such as information flows have real relevance in macroscopic systems, far beyond the nanoscale regime in which they were originally formulated.

Chapter 8

Information Arbitrage in Light-Harvesting Molecular Machines

Light-harvesting machines such as photosystem II and bacteriorhodopsin are in contact with both the thermal reservoir of the cellular interior, and blackbody radiation from the sun which can be treated as a thermal reservoir at a much higher temperature. I show that these molecular machines can be thought of as heat engines, leveraging differences in fluctuations to produce useful output work. The arbitrage relations derived in the previous chapter imply constraints on energy and information flows in bipartite heat engines; in this chapter I generalize those results, and highlight applications to thermodynamic inference by inferring information flows in photosystem II and bacteriorhodopsin.

8.1 Introduction

One example given to motivate the study of bipartite heat engines in the previous chapter was light-harvesting molecular machines like photosystem II [3] and bacteriorhodopsin [287]. These machines are driven out of equilibrium by high-energy solar photons, and the lightinduced reactions can be treated as coupling to a heat bath at the temperature of the photon source [45, 208, 209]. In this chapter (Secs. 8.2 and 8.3) I will provide theoretical background for this counterintuitive claim, first giving a general argument based on the statistical mechanics of blackbody radiation, then examining in detail a simple example system.

The arbitrage relations introduced in the previous chapter have significant applications for thermodynamic inference, with light-harvesting molecular machines constituting a natural example. Since light-harvesting molecular machines cannot always be modelled as bipartite, Sec. 8.4 derives a general result called the entropy arbitrage relation (EAR) which holds for stochastic systems in contact with two thermal reservoirs without requiring the bipartite assumption. This allows for more general application of arbitrage relations to light-harvesting molecular machines. Section 8.5 then applies the arbitrage relations to infer information flows in photosystem II and bacteriorhodopsin, verifying these predictions by comparing with published models.

8.1.1 Contributions

Parts of this chapter (Secs. 8.4 and 8.5) are adapted from an article published as Ref. [52], authored by myself, Jannik Ehrich, and David Sivak. Jannik and I share joint first-authorship; while the material in Chap. 7 was a full collaborative effort, the material in this chapter was developed primarily by myself in response to reviewer feedback on the initial submission of Ref. [52]. Sections 8.2 and 8.3 are new, unpublished material.

8.2 Thermodynamics of Blackbody Radiation

The idea that light-energy can be thought of as heat from a radiation reservoir is highly counterintuitive, so I begin by sketching a proof for why energy exchanged with blackbody radiation or monochromatic radiation can be considered heat exchanged with a thermal reservoir at the temperature of the blackbody.

Suppose that a thermodynamic system can interact with photons of frequency ν that are at equilibrium with a blackbody at temperature $T_{\rm rad}$, which also acts as a radiostat holding the photon number density constant. Following Ref. [209], the thermal radiation has number density (per unit volume) given by

$$n_{\nu} = \frac{f_{\nu}}{e^{\hbar\omega_{\nu}/k_{\rm B}T_{\rm rad}} - 1},\tag{8.1a}$$

where $f_{\nu} = 2\omega_{\nu}^2/\pi c^3$ is the density of states.

The total energy density of photons at frequency ν is $U_{\nu} = n_{\nu} \hbar \omega_{\nu}$, which leads to a marginal energy change due to emission/absorption of a single photon of

$$u_{\nu} = \frac{\partial U_{\nu}}{\partial n_{\nu}} = \hbar \omega_{\nu} \tag{8.2}$$

as expected. Again following Ref. [209], the entropy density of photons at frequency ν is

$$S_{\nu} = \left[(f_{\nu} + n_{\nu}) \ln(f_{\nu} + n_{\nu}) - n_{\nu} \ln n_{\nu} - f_{\nu} \ln f_{\nu} \right].$$
(8.3)

The marginal entropy change due to emission/absorption of a single photon is then

$$s_{\nu} = \frac{\partial S_{\nu}}{\partial n_{\nu}} \tag{8.4a}$$

$$= \ln\left(\frac{f_{\nu} + n_{\nu}}{n_{\nu}}\right) \tag{8.4b}$$

$$=\frac{\hbar\omega_{\nu}}{k_{\rm B}T_{\rm rad}}\tag{8.4c}$$

$$=\frac{u_{\nu}}{k_{\rm B}T_{\rm rad}}.$$
(8.4d)

Eq. (8.4d) is the crux of the argument, showing that the change in entropy of the radiation reservoir due to emission/absorption of a photon (i.e., the heat exchanged between the system and reservoir) is equal to the energy of the photon divided by the blackbody temperature. Thus energy the system exchanges with the radiation reservoir can be treated as heat exchanged with a thermal reservoir at temperature $T_{\rm rad}$.

Note that this argument holds also for systems interacting with monochromatic light, photons at a single frequency ν . This is because the energy and entropy exchanged with the radiation reservoir depend only on the number density of photons with frequency ν , not the rest of the intensity spectrum. Thus monochromatic radiation at a given frequency can be treated as a thermal reservoir at the temperature required to sustain the blackbody distribution corresponding to the observed intensity at frequency ν . In this way light-harvesting molecular machines, which interact with only specific wavelengths of light, can be treated as bipartite heat engines.

It is tempting to consider lasers, common laboratory sources of monochromatic light, as thermal reservoirs in this context; however, lasers are subject to added complications due to coherence as well as the unidirectional nature of the emitted light. A careful treatment of the thermodynamics of lasers is outside the scope of this thesis.

8.3 Illustrative Example

The thermodynamics of light-induced reactions are best illustrated with a simple example system, depicted in Fig. 8.1. Consider a molecule with two states, labeled X = 0 and X = 1, characterized by an energy difference $\Delta E = E_1 - E_0$. Suppose the molecule can transition between these states via two different mechanisms: a light-induced pathway mediated by interactions with photons of frequency ν , and a chemical pathway. To simplify the analysis, let the energy gap be equal to the energy of a photon with frequency ν , so that $\Delta E = \hbar \omega_{\nu}$.



Figure 8.1: Schematic illustrating the photophysical and thermochemical transitions in the simple example system.

The molecule can undergo the following elementary light-induced transitions between states [288]:

$$X_0 + \gamma_\nu \longrightarrow X_1, \tag{8.5a}$$

$$X_1 \longrightarrow X_0 + \gamma_{\nu},$$
 (8.5b)

$$X_1 + \gamma_\nu \longrightarrow X_0 + 2\gamma_\nu. \tag{8.5c}$$

These photophysical processes correspond respectively to absorption, spontaneous emission, and stimulated emission, and occur at respective rates $k_{\rm a}n_{\nu}$, $k_{\rm e}$, and $k_{\rm se}n_{\nu}$. Here n_{ν} is the number density of photons with frequency ν . Assuming the light is blackbody radiation, the rates of the different photophysical processes must obey [288]

$$k_{\rm se} = k_{\rm a},\tag{8.6a}$$

$$k_{\rm e} = k_{\rm a} f_{\nu}.\tag{8.6b}$$

The molecule can also undergo the following chemical transitions, in contact with a thermal bath at temperature T:

$$X_0 + \text{ATP} \longrightarrow X_1 + \text{ADP} + \mathbf{P}_i, \tag{8.7a}$$

$$X_1 + ADP + P_i \longrightarrow X_0 + ATP.$$
 (8.7b)

Here the non-photo-induced transitions between molecular states are coupled to hydrolysis/catalysis of ATP, occurring at respective rates k_+ and k_- . The concentrations of ATP, ADP, and P_i are held fixed, with the ATP hydrolysis reaction having constant chemical potential $\Delta \mu$. To ensure thermodynamic consistency, these thermochemical transition rates are related by generalized detailed balance:

$$\frac{k_{+}}{k_{-}} = \exp\left[\left(\Delta\mu - \hbar\omega_{\nu}\right)/k_{\rm B}T\right]. \tag{8.8}$$

8.3.1 Master equation and steady state

The photophysical and thermochemical processes lead to transitions from X = 0 to X = 1 at respective net rates

$$J_{\rm rad} = k_{\rm a} n_{\nu} p_0 - k_{\rm a} f_{\nu} p_1 - k_{\rm a} n_{\nu} p_1, \qquad (8.9a)$$

$$J_{\rm chem} = k_+ p_0 - k_- p_1. \tag{8.9b}$$

Thus the dynamics of the system are captured by the master equation

$$\partial_t p_1 = -\partial_t p_0 = J_{\text{rad}} + J_{\text{chem}}.$$
(8.10)

This master equation is easily solved, yielding steady-state probabilities

$$p_0 = \frac{k_- + k_{\rm a} f_\nu + k_{\rm a} n_\nu}{k_+ + k_- + k_{\rm a} (2n_\nu + f_\nu)},$$
(8.11a)

$$p_1 = \frac{k_+ + k_{\rm a} n_{\nu}}{k_+ + k_- + k_{\rm a} (2n_{\nu} + f_{\nu})}.$$
(8.11b)

8.3.2 Thermodynamics

First laws

I begin with the thermodynamics of the thermochemical transitions. The heat and chemical work rates (both defined to be positive when into the system) and change in system energy due to thermochemical transitions are

$$\dot{Q} = J_{\rm chem}(\hbar\omega_{\nu} - \Delta_{\mu}), \qquad (8.12a)$$

$$\dot{W}_{\rm chem} = J_{\rm chem} \Delta_{\mu},$$
(8.12b)

$$\dot{E}_{\rm chem} = J_{\rm chem} \hbar \omega_{\nu}.$$
 (8.12c)

Combined, these rates give a first law for thermochemical processes:

$$\dot{E}_{\rm chem} = \dot{Q} + \dot{W}_{\rm chem}.$$
(8.13)

Consider also the energetics of the photophysical transitions. The energy flow rate into the system from the photons is

$$\dot{U}_{\rm rad} = J_{\rm rad} \hbar \omega_{\nu} \tag{8.14a}$$

$$= \dot{E}_{\rm rad}.$$
 (8.14b)

The second line shows that the energy flow into the system from the blackbody reservoir is equal to the change $\dot{E}_{\rm rad}$ in system energy due to the photophysical transitions.

Combining these statements yields a global first law describing energy conservation at the system level:

$$d_t E = \dot{E}_{\rm chem} + \dot{E}_{\rm rad} \tag{8.15a}$$

$$= \dot{Q} + \dot{W}_{\text{chem}} + \dot{U}_{\text{rad}}.$$
(8.15b)

Global second law

Next consider the total entropy production rate due to the system dynamics, which is a sum of the time derivative of the system Shannon entropy, the rate of change in entropy of the thermal reservoir (\dot{S}_{bath}) , and the rate of change in entropy of the blackbody radiation (\dot{S}_{rad}) :

$$\dot{\Sigma} = \mathrm{d}_t S_{\mathrm{sys}} + \dot{S}_{\mathrm{bath}} + \dot{S}_{\mathrm{rad}}$$
(8.16a)

$$= (J_{\rm rad} + J_{\rm chem}) \ln \frac{p_0}{p_1} - \frac{Q}{k_{\rm B}T} - J_{\rm rad} s_{\nu}.$$
 (8.16b)

The last term, $-J_{\rm rad}s_{\nu}$, represents the rate of change of the blackbody radiation entropy due to absorption and emission of photons. Recalling the earlier result for s_{ν} for blackbody radiation at temperature $T_{\rm rad}$, this term can be rewritten as

$$\dot{S}_{\rm rad} = -J_{\rm rad} s_{\nu} \tag{8.17a}$$

$$= -J_{\rm rad} \frac{\hbar \omega_{\nu}}{k_{\rm B} T_{\rm rad}} \tag{8.17b}$$

$$= -\frac{U_{\rm rad}}{k_{\rm B}T_{\rm rad}}.$$
(8.17c)

Again, this illustrates that the energy exchanged between the system and the thermal radiation can be treated as heat exchanged with a bath at temperature $T_{\rm rad}$.

Second-law decomposition

The entropy production rate can be further decomposed into contributions due to each distinct transition mechanism. Defining the rates of system entropy change due to the photophysical (\dot{S}_{rad}) and thermochemical (\dot{S}_{chem}) transitions, it is then possible to define

entropy production rates for each transition mechanism:

$$\dot{\Sigma}_{\rm rad} = \dot{S}_{\rm rad} - \frac{U_{\rm rad}}{k_{\rm B}T_{\rm rad}},\tag{8.18a}$$

$$\dot{\Sigma}_{\rm chem} = \dot{S}_{\rm chem} - \frac{Q}{k_{\rm B}T}.$$
(8.18b)

Using these definitions, it is straightforward to show that these entropy production rates are both non-negative. For the photophysical transitions,

$$\dot{\Sigma}_{\rm rad} = \dot{S}_{\rm rad} - \frac{\dot{U}_{\rm rad}}{k_{\rm B}T_{\rm rad}}$$
(8.19a)

$$= J_{\rm rad} \ln \frac{p_0}{p_1} - J_{\rm rad} \frac{u_\nu}{k_{\rm B} T_{\rm rad}}$$

$$\tag{8.19b}$$

$$= J_{\rm rad} \ln \frac{p_0}{p_1} - J_{\rm rad} \ln \left(\frac{f_{\nu} + n_{\nu}}{n_{\nu}} \right)$$
(8.19c)

$$= J_{\rm rad} \left[\ln \frac{p_0}{p_1} - \ln \left(\frac{k_a f_\nu + k_a n_\nu}{k_a n_\nu} \right) \right]$$
(8.19d)

$$= J_{\rm rad} \ln \left(\frac{k_{\rm a} n_{\nu} p_0}{k_{\rm a} f_{\nu} p_1 + k_{\rm a} n_{\nu} p_1} \right) \tag{8.19e}$$

$$= (k_{a}n_{\nu}p_{0} - k_{a}f_{\nu}p_{1} - k_{a}n_{\nu}p_{1})\ln\left(\frac{k_{a}n_{\nu}p_{0}}{k_{a}f_{\nu}p_{1} + k_{a}n_{\nu}p_{1}}\right).$$
(8.19f)

Here in Eq. (8.19c) I used Eq. (8.4d) to relate u_{ν} to n_{ν} and f_{ν} . The two multiplicative terms in the last line always have the same sign, so their product must be nonnegative. An analogous argument follows for $\dot{\Sigma}_{\text{chem}}$, so that the system satisfies two sub-second laws:

$$\dot{\Sigma}_{\rm rad} = \dot{S}_{\rm rad} - \frac{\dot{U}_{\rm rad}}{k_{\rm B}T_{\rm rad}} \ge 0, \qquad (8.20a)$$

$$\dot{\Sigma}_{\rm chem} = \dot{S}_{\rm chem} - \frac{Q}{k_{\rm B}T} \ge 0.$$
(8.20b)

Combining these inequalities with the transition-specific first laws and assuming steady state so that $d_t E = 0 = d_t S$, I derive an analog to the IFAR for this system,

$$-\dot{W}_{\rm chem} \le k_{\rm B}(T_{\rm rad} - T)\dot{S}_{\rm rad}.$$
(8.21)

In the next section I will derive a far more general form of this result.

Figure 8.2 shows how this inequality constrains the chemical output work, as well as how it compares to the Carnot bound if this system is treated as a classical heat engine.

8.4 Generalized Entropy Arbitrage

Chapter 7 focused on bipartite heat engines composed of two distinct subsystems each in contact with a different thermal reservoir. In some cases however, it may not be possible to



Figure 8.2: Verification of the entropy arbitrage relation (EAR) and Carnot bound on output work in the simple photochemical system considered in Sec. 8.3. Parameters are $\beta\Delta\mu = 6$, $\beta\hbar\omega_{\nu} = 10$, $f_{\nu} = 1$, $k_a = 1000/\text{s}$, and $k_- = 1/\text{s}$.

resolve distinct degrees of freedom corresponding to different subsystems, while still being able to ascribe the rates of different transitions to coupling with distinct reservoirs. An example would be a system described by a discrete set of states $\{z_i\}$, whose dynamics follow the master equation

$$\frac{\partial}{\partial t}p_i = \sum_j \left[\left(k_{ij}^A + k_{ij}^B \right) p_j - \left(k_{ji}^A + k_{ji}^B \right) p_i \right] , \qquad (8.22)$$

for transition rates k_{ij}^A and k_{ij}^B respectively coupled to distinct thermal reservoirs A and B with respective temperatures T_A and T_B . The system considered in Sec. 8.3 constitutes one example. Another example is bacteriorhodopsin, a light-harvesting molecular machine found in certain microorganisms which has recently been analyzed through the lens of stochastic thermodynamics [289], and is typically modelled using a set of discrete states, with only a single transition mediated by light [287].

8.4.1 Decomposing the second law without the bipartite structure

Consider a stochastic system Z with a discrete set of states $\{z_i\}$, coupled to two distinct thermal reservoirs A and B, whose dynamics follows the master equation

$$\frac{\partial}{\partial t}p_i = \sum_j \left[\left(k_{ij}^A + k_{ij}^B \right) p_j - \left(k_{ji}^A + k_{ji}^B \right) p_i \right].$$
(8.23)

Here k_{ij}^A and k_{ij}^B denote transition rates respectively coupled to the two distinct thermal reservoirs A and B at respective temperatures T_A and T_B .

The total entropy production rate, encompassing changes $d_t S[Z]$ of the system Shannon entropy and heat flows \dot{Q}_A and \dot{Q}_B from the respective thermal reservoirs, is

$$\dot{\Sigma} = \underbrace{\sum_{i>j} \left[\left(k_{ij}^{A} + k_{ij}^{B} \right) p_{j} - \left(k_{ji}^{A} + k_{ji}^{B} \right) p_{i} \right] \ln \frac{p_{j}}{p_{i}}}_{d_{t}S[Z]} + \underbrace{\sum_{i>j} \left[k_{ij}^{A} p_{j} - k_{ji}^{A} p_{i} \right] \ln \frac{k_{ij}^{A}}{k_{ji}^{A}}}_{-\dot{Q}_{A}/k_{\mathrm{B}}T_{A}} + \underbrace{\sum_{i>j} \left[k_{ij}^{B} p_{j} - k_{ji}^{B} p_{i} \right] \ln \frac{k_{ij}^{B}}{k_{ji}^{B}}}_{-\dot{Q}_{B}/k_{\mathrm{B}}T_{B}}.$$
(8.24)

This decomposition is similar to the analysis of Ref. [203], which similarly identifies entropy production contributions due to different reservoirs. By splitting the system entropy change into contributions due to transitions respectively coupled to the A and B reservoirs,

$$\mathbf{d}_t S[Z] = \underbrace{\sum_{i>j} \left[k_{ij}^A p_j - k_{ji}^A p_i \right] \ln \frac{p_j}{p_i}}_{\dot{S}_A} + \underbrace{\sum_{i>j} \left[k_{ij}^B p_j - k_{ji}^B p_i \right] \ln \frac{p_j}{p_i}}_{\dot{S}_B}, \tag{8.25}$$

the total entropy production rate can be decomposed into respective contributions due to the A and B reservoirs:

$$\dot{\Sigma} = \underbrace{\dot{S}_A - \frac{\dot{Q}_A}{k_B T_A}}_{\dot{\Sigma}_A} + \underbrace{\dot{S}_B - \frac{\dot{Q}_B}{k_B T_B}}_{\dot{\Sigma}_B}.$$
(8.26)

As in the bipartite case, here $\dot{\Sigma}_A$ and $\dot{\Sigma}_B$ are both nonnegative:

$$\dot{\Sigma}_A = \dot{S}_A - \frac{\dot{Q}_A}{k_{\rm B}T_A} \tag{8.27a}$$

$$= \sum_{i>j} \left(k_{ij}^{A} p_{j} - k_{ji}^{A} p_{i} \right) \ln \frac{p_{j}}{p_{i}} + \sum_{i>j} \left(k_{ij}^{A} p_{j} - k_{ji}^{A} p_{i} \right) \ln \frac{k_{ij}^{A}}{k_{ji}^{A}}$$
(8.27b)

$$=\sum_{i>j} \left(k_{ij}^{A} p_{j} - k_{ji}^{A} p_{i} \right) \ln \frac{k_{ij}^{A} p_{j}}{k_{ji}^{A} p_{i}}$$
(8.27c)

$$\geq 0. \tag{8.27d}$$

The inequality in the last line follows from noting that the difference and log-ratio must have the same sign, so that their product cannot be negative. The same logic holds for the entropy production rate due to transitions coupled to the B reservoir, so that

$$\dot{\Sigma}_B = \dot{S}_B - \frac{Q_B}{k_{\rm B}T_B} \ge 0. \tag{8.28}$$

8.4.2 Entropy arbitrage relation

At steady state the system entropy is constant, so $0 = d_t S = \dot{S}_A + \dot{S}_B$. Combining this with the reservoir-specific second laws and the steady-state first law $-\dot{W} = \dot{Q}_A + \dot{Q}_B$, I derive an IFAR-like result:

$$-\dot{W} \le k_{\rm B}(T_A - T_B)\dot{S}_A. \tag{8.29}$$

We call this generalized result the *entropy arbitrage relation* (EAR), which holds for nonequilibrium systems in contact with two thermal reservoirs, without requiring the bipartite structure. When the system is bipartite, such that it can be decomposed into two subsystems each in contact with a unique reservoir (as detailed in Sec. 7.3), then the entropy rate \dot{S}_A is equivalently the information flow from one subsystem to the other. Thus the IFAR emerges as the bipartite specialization of the EAR.

This inequality can be recast in terms of an information rate by considering the selfinformation I[Z; Z] = S[Z] [101, Sec. 2.4], so that

$$-\dot{W} \le k_{\rm B}(T_A - T_B)\dot{I}_A. \tag{8.30}$$

The information rate I_A is the rate at which the transitions coupled to the A reservoir change the self-information I[Z; Z]. We call this quantity an information rate (rather than a flow) because it cannot always be considered a flow of information from one part of the system to another.

8.5 Inferring information flows in light-harvesting molecular machines

I now turn to applying the arbitrage relations for inference, both qualitative and quantitative.

Using the IFAR (7.14), observing net output power ($\dot{W} < 0$) from a bipartite system immediately implies the existence of both a temperature difference and an information flow, whose sign is further implied if the ordering of the two temperatures is also known. Through TPAR (7.15), the existence and directionality of internally transduced power can likewise be inferred in autonomous systems at steady state. More quantitatively, each of the IFAR, TPAR, and EAR (8.30) can be rearranged to yield a bound on internal flows of energy or information, requiring only knowledge of (often experimentally tractable) input and output works and the two reservoir temperatures. Using the IFAR and TPAR respectively, the information and energy flows inside a bipartite heat engine are bounded by

$$\dot{I}_Y \ge \frac{-W}{k_{\rm B}(T_X - T_Y)},$$
(8.31a)

$$\dot{E}_X \ge \frac{-\dot{W}_X/T_X - \dot{W}_Y/T_Y}{1/T_Y - 1/T_X}.$$
(8.31b)

I will illustrate this application by inferring the existence and magnitude of the information rate inside photosystem II, one of the molecular machines responsible for photosynthesis in plant cells. Photosystem II is in contact with the ambient cellular environment $(T_Y \approx 300 \text{K})$ as well as hot solar radiation emitted from the surface of the sun at \approx 5800K [290]. Its dynamics include light-induced electronic transitions of the P680 complex (coupled to a high-temperature thermal reservoir at $T_X \leq 5800$ K) and water-splitting chemical reactions of the oxygen-evolving complex (OEC) [3] coupled to the lower-temperature thermal reservoir at T_Y . While models of photosystem-II dynamics differ on whether the dynamics of P680 and OEC satisfy the bipartite assumption [291–293], they uniformly ascribe each transition to a particular reservoir. Estimating the mean output work from the freeenergy change $\approx 237 \, \text{kJ/mol}$ [294] and net reaction rate $\approx 350 \, \text{/s}$ [295], I infer a minimum information rate of ≈ 7 bit/reaction (or equivalently ≈ 2000 bit/s) inside photosystem II. In general this is an information rate due to the dynamics of light-induced transitions, however under the more restrictive bipartite assumptions of IFAR this is more specifically an information flow between the OEC and P680 (the rate is the same, only the interpretation differs).

While available experimental data for photosystem II is insufficient to directly quantify information flows due to photochemical dynamics, detailed stochastic models for the reaction dynamics have been constructed and fit to experimental data. A popular such model, Lazár and Jablonsky's Scheme 4 [293] (which can be described by a 24-state master equation of the form Eq. (8.22), detailed in Ref. [293, Appendix A.3], with the A and B reservoirs corresponding respectively to solar blackbody radiation, and to the ambient thermal bath of the cellular environment) incorporates both photophysical dynamics of the P680 complex and chemical dynamics of the OEC. This model is not bipartite, but uniquely identifies transitions as coupled to either photon absorption/emission or chemical reaction dynamics. Note that this model violates the assumption of thermodynamic consistency: several model transitions are irreversible. In this experimentally parameterized stochastic model for photosystem II dynamics, calculations yield an information rate of ≈ 9 bit/reaction, above but remarkably close to the model-agnostic lower bound.

In addition to photosystem II, arbitrage relations can be applied to other light-harvesting molecular machines like bacteriorhodopsin, which uses free energy from sunlight to pump protons across membranes in diverse species of archaea. The reaction dynamics and thermodynamics of bacteriorhodopsin are well understood [287, 296], and while the reaction cycle is not bipartite, models nonetheless uniquely couple transitions to either solar photons $(T_X \leq 5800 \text{K} \text{ as in photosystem II})$ or the ambient cellular environment $(T_Y \approx 293 \text{K})$. Using a typical output work rate of $\approx 6.1 k_{\text{B}} T_{\text{cell}}/\text{cycle}$ [289], the EAR predicts an information rate with magnitude ≥ 0.5 bit/cycle. Using the observed cycle time of ~ 11.5 cycles/s, this is an information rate of ~ 5 bit/s. Solving the master equation for the 7-state model used in Ref. [289] (detailed in Ref. [289, SI Sec. IIA]), I compute an information rate of 2 bit/cycle, in agreement with the model-agnostic prediction and comparable to but somewhat lower than that found in photosystem II.

8.6 Discussion

I demonstrated in this chapter that the arbitrage relations (IFAR, TPAR, and EAR) are powerful tools for thermodynamic inference [128]. In particular, using only information about temperatures and external work rates, these arbitrage relations can be used to infer the existence and magnitude of internal energy and information flows within molecular machines. I illustrated this potential for model-agnostic inference in Sec. 8.5 by estimating the magnitude of information flow in the molecular machine photosystem II, which Secs. 8.2 and 8.3 argued can be considered a bipartite heat engine coupled to both photons at the high temperature of the solar blackbody spectrum and chemical reactions at the much cooler ambient cellular temperature. The resulting prediction, a lower bound on the information flow of ≈ 7 bits per reaction cycle (≈ 2000 bit/s), is validated by computation of the information rate (≈ 9 bits per reaction cycle) in an experimentally parameterized stochastic model of the photosystem II reaction cycle [293]. These results are similarly applied to infer a significant information rate (≈ 5 bit/s) in another light-harvesting molecular machine, bacteriorhodopsin, which is likewise verified through computational modelling. The magnitude of information rates found in these light-harvesting molecular machines is striking when compared to other biological information rates like that underlying bacterial chemotaxis, estimated at 0.03 bit/s [297], and those found in biochemical signalling networks, on the order of bits per hour [298]. It would be interesting to explore systematic variation of this information rate across different classes of molecular machines.

Inference Tool: The IFAR (7.14) and TPAR (7.15) can be used to bound internal energy and information flows in molecular machines well-described as bipartite heat engines, like photosystem II.

This chapter also provides a pedagogical introduction to the stochastic thermodynamics of molecular machines with light-induced reactions. I hope this introduction will prove useful in providing intuition for future work in this area, as light-harvesting molecular machines are a relatively underexplored area of application for stochastic thermodynamics.

Chapter 9

Conclusion

This thesis explored the dynamics and thermodynamics of muticomponent molecular machines through the lens of stochastic thermodynamics. I leveraged existing theoretical tools and developed new ones in order to uncover fundamental limits, infer experimentally inaccessible thermodynamic quantities, and ultimately learn design principles.

Chapter 2 reviewed the theoretical developments central to this thesis, including the thermodynamics of nonequilibrium steady states, bipartite stochastic thermodynamics, and thermodynamic inference. While traditional analyses consider free-energy flows into and out of a machine, the bipartite formalism provides a finer-grained view. Decomposing the machine into multiple coupled components resolves internal details – internal flows of energy and information that enable the machine's function.

Chapter 3 detailed the derivation of a key theoretical tool used throughout this thesis, the Jensen bounds. These bounds constrain both subsystem and total entropy production rates for multicomponent stochastic systems—key thermodynamic quantities that are typically experimentally inaccessible—in terms of measurable quantities like friction coefficients and mean coordinate rates of change. The Jensen bounds are used throughout this thesis to derive fundamental limits, and for thermodynamic inference.

Chapters 4 and 5 focused on collective motor-driven transport, a paradigmatic example of multicomponent assemblies of molecular machines. I first delved into a specific model (chapter 4), which permitted analytic solution for arbitrary numbers N of motors. Examining the behaviour of this model reveals scaling laws describing how various performance metrics of interest depend on N, and performance trade-offs that guide the choice of N. While derived explicitly for a simple analytically tractable model, these general findings are robust to complications like rough energy landscapes and motor binding/unbinding dynamics. Chapter 5 then considered a far more general class of collective transport models, using the Jensen bound to derive performance bounds and Pareto frontiers that constrain all systems independent of details like interactions between motors, cargo, and their substrates.

I focused on thermodynamic inference in chapter 6, using the subsystem Jensen bounds to derive both upper and lower bounds on subsystem efficiencies in bipartite molecular machines. I used these bounds to infer the efficiencies of F_o and F_1 in ATP synthase and of a kinesin motor pulling a diffusive cargo from limited experimental data. These efficiency metrics had never previously been measured or calculated in the machines' coupled, in vivo contexts.

Finally, chapters 7 and 8 considered molecular machines in contact with multiple sources of fluctuations. I showed in chapter 7 that machines in such a context can act as heat engines, extracting energy from a difference in fluctuations to produce net output work, only by transducing information internally between their components. Conversely, an information engine can only output more work than consumed to power it if it has access to an (effective) temperature difference. These ideas can be understood through a powerful analogy to economics, and shed new light on commonly studied model systems. I then used inequalities derived in chapter 7 for thermodynamic inference in chapter 8, obtaining the first quantitative estimates of information flows in light-harvesting molecular machines.

The box below highlights what I believe to be some of the key takeaways from the work contained in this thesis, phrased as answers to the motivating questions from chapter 1 in terms of fundamental limits, inference tools, and design principles. In the final sections of this chapter, I highlight what I believe to be important future directions to build on this work towards the goal of continuing to address these driving questions.

What fundamental limits do the laws of physics impose on the performance of nanoscale machines?

- 1. The Jensen bound quantifies a minimum entropic cost for motion against viscous friction. Most fundamentally, this entropic cost comes at the subsystem level.
- 2. Eqs. (5.11), (5.12), and (5.13) provide bounds on individual performance metrics for general collective-transport systems, while Eqs. (5.17) and (5.18) describe Pareto frontiers for systems with identical motors.
- 3. The net output work of a bipartite heat engine or information engine is limited by the product of the information flow and temperature difference.

What can we infer about the inner workings of molecular machines from limited experimental data?

- 1. The Jensen bound can be used to estimate subsystem and total entropy production rates from only measurements of average coordinate rates of change and friction coefficients.
- 2. Subsystem efficiency upper and lower bounds allow inference of subsystem efficiencies in their natural coupled context from limited experimental data.
- 3. The IFAR (7.14) and TPAR (7.15) can be used to bound internal energy and information flows in molecular machines well-described as bipartite heat engines, such as photosystem II.

What design principles can we learn from biology to facilitate future engineering of synthetic nanomachines?

- 1. The number N of motors in a collective transport system can be tuned to optimize different performance metrics of interest. $N \gg D_{\rm m}/D_{\rm c}$ maximizes velocity and precision at the cost of high power consumption and decreased efficiency, while $N \ll D_{\rm m}/D_{\rm c}$ maximizes efficiency but leads to slow and imprecise transport.
- 2. Performance of a collective transport system can be maximized by making the potential energy landscape as close as possible to quadratic.
- 3. A bipartite heat engine that extracts useful work from different sources of fluctuations must be designed to operate as an information engine.

9.1 Comparing Free-Energy Transduction Strategies in Distinct Machines

Recall Fig. 2.1 in Chap. 2, which illustrated several different possible operational modes for bipartite engines. I believe an intriguing question going forward, which I have only begun to address in this thesis, is to determine what operational modes are used by biological molecular machines in different contexts.

While internal energy and information flows and other thermodynamic quantities (including various measures of efficiency) can be computed from simulations of stochastic models for molecular machines, directly measuring these quantities in experiment is much more difficult, and frequently intractable for current techniques: experimental determination of such quantities currently requires thermodynamic inference [128]. Throughout this thesis, I have developed novel techniques for inferring thermodynamic quantities using the Jensen bounds and arbitrage relations.

Combining results from chapters 6 and 8 on thermodynamic inference allows us to sketch out a map of constraints on operational modes used by different biological molecular machines. Figure 9.1 shows inferred energy and information flows in ATP synthase, kinesin, and photosystem II. The Y and X subsystems correspond respectively to F_o and F_1 (ATP synthase), kinesin and its diffusive cargo (kinesin), and the P680 and OEC subunits (photosystem II), assigned such that X is in contact with the cellular heat bath at T_{cell} and free energy flows from Y to X, hence $\dot{E}_Y + k_B T_{cell} \dot{I}_Y \ge 0$ (demarcated by the grey hatched "forbidden" region).

Mathematically, for ATP synthase and kinesin, Fig. 9.1 plots upper and lower bounds on the transduced free energy, the sum of the internal energy and information flows:

$$\beta \zeta_X \langle \dot{x} \rangle^2 - \beta \dot{W}_X \le \beta \dot{E}_Y + \dot{I}_Y \le \beta \dot{W}_Y - \beta \zeta_Y \langle \dot{y} \rangle^2.$$
(9.1)

For photosystem II, Fig. 9.1 plots inequalities constraining the internal energy flow in terms of the information flow, temperatures, and output work, obtained by rearranging Eqs. (7.13) with $\dot{W}_Y = 0$:

$$-\beta_X \dot{W}_X - \dot{I}_Y \le \beta_X \dot{E}_Y \le -\frac{T_Y}{T_X} \dot{I}_Y.$$
(9.2)

These upper and lower bounds on \dot{E}_Y intersect at \dot{I}_Y equal to the IFAR lower bound. The parameters used are the same as the estimates discussed in Chaps. 6 and 8.

Figure 9.1 shows regions for heat, conventional, hybrid, and information engines, along with inferred constraints on flows inside select molecular machines. For photosystem II, the arbitrage relations constrain its internal thermodynamics to the heat-engine regime, while for ATP synthase and kinesin, constraints from the subsystem Jensen bounds leave open all four different operational modes as possibilities. Figure 9.1 also clearly illustrates how these machines differ in the magnitude of internal free-energy transduction (quantitatively,



Figure 9.1: Physical constraints on internal energy flows (relative to the thermal energy at cellular temperature T_{cell}) and information flows (in units of nats [101]) in molecular machines. Gray hatched region indicates negative free energy transduction $\dot{E}_Y + k_B T_{cell} \dot{I}_Y < 0$. Black circle: equilibrium ($\dot{E}_Y = 0 = \dot{I}_Y$). Light shaded regions show operational modes of heat, conventional, hybrid, and information engines (clockwise). Darker shaded regions show constraints on energy and information flows in the molecular machines photosystem II, ATP synthase, and kinesin.

distance from the bounding line where $\dot{E}_Y + k_{\rm B}T_{\rm cell}\dot{I}_Y = 0$: photosystem II supports significantly more internal free-energy transduction per cycle than ATP synthase, which in turn out-transduces kinesin by a similar margin.

I hope to see future work add further constraints and other molecular machines to this figure. To accomplish this, future work should develop more and better tools for thermodynamic inference. While work to date, outlined in Sec. 2.8, has yielded constraints on the internal details of specific biological machines, these results are insufficient to determine the operational modes used in isothermal machines like kinesin and ATP synthase. Tighter bounds and alternative methods are needed to improve both the precision and accuracy of estimates. Likewise, future work should bring these inference tools to bear on other molecular machines beyond those that have been studied thus far. Exploring the internal details of different classes of molecular machines with improved inference tools will more systematically identify the free-energy transduction strategies used by different classes of evolved biological molecular machines (see Fig. 9.1) in different contexts, allowing identification of patterns and extraction of design principles for engineering synthetic molecular machines.

These efforts would also be aided by efforts to experimentally measure quantities that can be used for thermodynamic inference (Sec. 2.8), both making new measurements and improving the precision of existing ones. These include friction coefficients and rates of change for continuous degrees of freedom (e.g., angular coordinates in rotary motors), freeenergetic driving forces, and variances in measured fluxes. Such measurements will enable inference-driven exploration of understudied and novel molecular machines and improve inference of the workhorse examples highlighted in this thesis.

Ultimately we should measure internal energy and information flows directly to test our theoretical predictions. Cutting-edge experiments are tantalizingly close to achieving the ability to track multiple degrees of freedom simultaneously with high spatiotemporal resolution. For example, dual-color MINFLUX shows significant promise [299], allowing simultaneous tracking of both heads of a kinesin motor. As this data becomes available, theorists should develop and benchmark different methods for computing thermodynamic quantities from noisy, limited data. In the longer term, as measurement techniques improve and data becomes increasingly plentiful and precise, computational resources should be built for rapid, efficient, and tractable analysis.

9.2 Leveraging Active Fluctuations

Chapters 7 and 8 explored the stochastic thermodynamics of molecular machines in contact with thermal reservoirs at different temperatures, which can give rise to different types of fluctuations acting on different parts of a multicomponent molecular machine. As mentioned in Chap. 7, biology features a wide range of active fluctuations [210–213]. While active fluctuations can in some cases be modeled as thermal fluctuations at a higher temperature, this is certainly not always the case, since they can have significant spatiotemporal correlations [210].

A general theory has yet to be developed for thermodynamic engines leveraging active fluctuations; nevertheless, explorations of specific systems have led to insights. Outside of molecular machines, recent work has shown that information can be used to leverage active fluctuations to produce useful work in active heat engines [300], active matter [301], and microorganisms swimming through turbulent flows [302]. Of particular interest, Ref. [300] derives a second-law-like inequality for active engines which, similar to the IFAR, bounds output work in terms of information-theoretic flows (albeit not directly related to the information flow considered in this thesis). For molecular machines, active fluctuations as a resource remain relatively unexplored. Intriguing experiments and computation have shown that certain types of active noise can speed up kinesin operation when pulling a diffusive cargo against high load forces [217]. In future work, I hope to determine thermodynamic constraints on molecular machines with access to active fluctuations. I strongly suspect that an IFAR-like relationship will limit work extraction from active fluctuations in terms of information flow. Another important question will be to determine whether other molecular machines can similarly leverage active noise to improve their performance.

9.3 Other Future Directions

Many of the key results in this thesis rely on the Jensen bound (derived in Chap. 3), which only applies to stochastic systems with continuous dynamics. Discrete master-equation dynamics, the other main class of models for nanoscale stochastic processes, represent a formidable challenge for applying the Jensen bound. Since they do not feature bare friction/diffusion coefficients, or continuously varying coordinates whose mean rate of change can be measured, discrete dynamics are currently beyond the scope of the arguments presented here. Nevertheless, many discrete models of classical physical processes are really coarse-grained approximations of some underlying continuous dynamics, which would themselves obey the Jensen bound as derived in this article. Based on this, it seems likely that a discrete generalization of the Jensen bound is possible. The derivation of the Jensen bound also breaks for velocity-dependent forces (like those arising from magnetic fields), which are also known to break the TUR in some cases [303], or non-thermal sources of fluctuations like active noise [210, 211].

In this thesis, I primarily considered molecular machines that could either plausibly be modelled as bipartite, or multicomponent assemblies of many identical molecular machines. Many other molecular machines of significant biophysical interest, however, do not invite such a simple decomposition. For example, the bacterial flagellar motor is composed of > 10 coupled components (rotor, stators, hook, etc...), while the ribosome is thought to comprise $\mathcal{O}(100)$ components [6]. As such, future theoretical work should seek to solidify and expand the framework of multipartite stochastic thermodynamics beyond the first and second laws described in Sec. 2.5, for example towards multipartite generalizations of subsystem efficiencies. While for bipartite systems the internal energy and information flows can be described as flowing from one subsystem to another, in a multipartite system such an interpretation is much less straightforward to make except in special cases where the subsystems are sparsely connected (such as the collective-transport system considered in Chap. 4). Going from a single system to a bipartite one introduces the possibility of internal energy and information flows; it is natural to wonder what new qualitative features arise when systems are decomposed further. I expect the topology of the graph describing interactions between components to play an important role.

The information flow discussed throughout this thesis is at this point fairly well understood mathematically, but still somewhat mysterious from the standpoint of physical intuition. For example, chapter 8 inferred ≥ 7 bits information flow per reaction cycle in photosystem II. How should we interpret the magnitude of this information flow? The information flow can be interpreted in terms of measurement and feedback [82], but the connection to an autonomous molecular machine could be sharpened. Future work should develop intuition for the magnitude of information flows, perhaps drawing on connections between stochastic thermodynamics and computation [304].

Biological and synthetic molecular machines are characterized by their nanoscale size, stochastic degrees of freedom, and energy scales comparable to the thermal energy $k_{\rm B}T$. As a result of these features information can be a relevant free-energy resource, showcased by the importance of information flows in internal free-energy transduction. An intriguing question is to what extent molecular machines which rely on information flows can be scaled up in size. Existing work has explored how information flows scale with system size in electronic systems [285, 286], and shown that macroscopic heat engines can be constructed using information flow [52]. Other work has likewise shown that biological organisms can leverage fluctuations in their environments at larger scales than the cellular interior. Bacteria [302] and birds [305] leverage nonequilibrium fluid flows for locomotion, and humans are known to do the same, for example in sailing, which requires collecting information about the prevailing winds. Future work should explore how features like internal energy and information flows might behave as molecular machines are scaled up in size towards the macroscopic regime.

9.4 Final Remark

Molecular machines feature centrally in free-energy transduction across biology, with multicomponent machines constituting many of the most prominent examples. Biological molecular machines have been tuned by billions of years of evolution, achieving remarkable performance that in many cases exceeds the best that human engineering has to offer. With the goal of learning from biology, this thesis has explored the stochastic thermodynamics of multicomponent molecular machines. This work derived fundamental limits, inferred hidden properties, and ultimately uncovered design principles for general nanomachines. While we have learned much, ultimately this work only begins to scratch the surface of understanding the intricate machinery hidden inside every living organism. I hope this thesis will serve as a launchpad for further study of free-energy transduction by biological molecular machines, and that the results within will prove useful in guiding efforts to engineer synthetic nanomachines.

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Appendix A

Supplementary Material for Chapter 5

A.1 Linear systems saturate the Jensen bound

Here I prove that a collective-transport system with only linear forces saturates the Jensen bound on entropy production (5.7c). Consider a linear system composed of N+1 subsystems with positions denoted $\{x_1, ..., x_{N+1}\}$, for the first N subsystems the motors, and the last the cargo, so $x_{N+1} \equiv x_c$ and $D_{N+1} \equiv D_c$. The system has constant force vector \boldsymbol{f} and potential

$$V(\boldsymbol{x}) = V_0 + \sum_{i=1}^{N} \sum_{j=i+1}^{N+1} \kappa_{ij} (x_i - x_j)^2.$$
(A.1)

I neglect linear terms in the potential since they can be incorporated into the constant forces, and do not allow terms of the form $k_i x_i^2$ that depend on the absolute position of one subsystem, since they preclude the existence of a nonequilibrium steady state. The cargo may in general be subject to a non-zero external force, $f_{N+1} \equiv f_{\text{ext}}$.

The dynamics of this system are most simply written in Langevin form as

$$\dot{\boldsymbol{x}} = \beta \boldsymbol{D} \left[\boldsymbol{f} - \boldsymbol{A} \boldsymbol{x} \right] + \boldsymbol{\xi}(t). \tag{A.2}$$

Here D is the diffusivity matrix which, under the assumption of multipartite dynamics, is diagonal with entries $D_{ij} = D_i \delta_{ij}$, for Kroneker delta-function δ_{ij} . The matrix A satisfies $A_{ij} = \partial_{x_i} \partial_{x_j} V(\boldsymbol{x})$, and the vector-valued random noise $\boldsymbol{\eta}(t)$ has zero mean and covariance matrix

$$\left\langle \boldsymbol{\xi}(t) \, \boldsymbol{\xi}^{\mathsf{T}}(t') \right\rangle = 2 \boldsymbol{D} \delta(t - t').$$
 (A.3)

The solution is a multivariate Gaussian distribution with mean vector \boldsymbol{m} and covariance matrix $\boldsymbol{C} = \langle \boldsymbol{x}\boldsymbol{x}^{\top} - \boldsymbol{m}\boldsymbol{m}^{\top} \rangle$ satisfying the differential equations [167, Section 3.2]

$$\dot{\boldsymbol{m}} = \beta \boldsymbol{D} \left[\boldsymbol{f} - \boldsymbol{A} \boldsymbol{m} \right], \tag{A.4a}$$

$$\dot{\boldsymbol{C}} = -\beta \boldsymbol{D} \left[\boldsymbol{A} \boldsymbol{C} + \boldsymbol{A}^{\top} \boldsymbol{C} \right] + 2\boldsymbol{D}.$$
 (A.4b)

By definition \boldsymbol{A} and \boldsymbol{C} are symmetric, so $\boldsymbol{A} = \boldsymbol{A}^{\top}$, $\boldsymbol{C} = \boldsymbol{C}^{\top}$, and $\boldsymbol{C}^{-1} = (\boldsymbol{C}^{-1})^{\top}$.

The entropy production rate for the ith subsystem is [117]:

$$\dot{\Sigma}_{i} = \frac{1}{D_{i}} \left\langle \left(\frac{J_{i}(\boldsymbol{x},t)}{P(\boldsymbol{x},t)} \right)^{2} \right\rangle$$
(A.5a)

$$=\frac{1}{D_i}\left\langle\frac{1}{P(\boldsymbol{x},t)^2}\left(\beta D_i f_i P(\boldsymbol{x},t) - \beta D_i (\boldsymbol{A}\boldsymbol{x})_i P(\boldsymbol{x},t) - D_i \frac{\partial}{\partial x_i} P(\boldsymbol{x},t)\right)^2\right\rangle$$
(A.5b)

$$=\frac{1}{D_{i}}\left\langle \left(\beta D_{i}f_{i}-\beta D_{i}(\boldsymbol{A}\boldsymbol{x})_{i}-D_{i}\frac{\partial}{\partial x_{i}}\ln P(\boldsymbol{x},t)\right)^{2}\right\rangle$$
(A.5c)

$$=\frac{1}{D_i}\left\langle\underbrace{(\beta D_i f_i)^2 - 2(\beta D_i)^2 f_i(\boldsymbol{A}\boldsymbol{x})_i + (\beta D_i(\boldsymbol{A}\boldsymbol{x})_i)^2}_{1}\right\rangle$$
(A.5d)

$$\underbrace{-2\beta(D_i)^2 \left[f_i - (\boldsymbol{A}\boldsymbol{x})_i\right] \frac{\partial}{\partial x_i} \ln P(\boldsymbol{x},t)}_{2} + D_i^2 \left[\frac{\partial}{\partial x_i} \ln P(\boldsymbol{x},t)\right]^2}_{3}.$$

For clarity, I separately evaluate the three terms in this lengthy expression.

The first term is

$$\frac{1}{D_i} \left\langle (\beta D_i f_i)^2 - 2(\beta D_i)^2 f_i (\boldsymbol{A} \boldsymbol{x})_i + (\beta D_i (\boldsymbol{A} \boldsymbol{x})_i)^2 \right\rangle \\
= \frac{(\beta D_i)^2}{D_i} \left[f_i^2 - 2f_i (\boldsymbol{A} \boldsymbol{m})_i + \left\langle (\boldsymbol{A} \boldsymbol{x})_i^2 \right\rangle \right]$$
(A.6a)

$$= \frac{(\beta D_i)^2}{D_i} \left[f_i^2 - 2f_i (\boldsymbol{A}\boldsymbol{m})_i + \left\langle \boldsymbol{A}\boldsymbol{x}\boldsymbol{x}^\top \boldsymbol{A} \right\rangle_{ii} \right]$$
(A.6b)

$$= \frac{(\beta D_i)^2}{D_i} \left[f_i^2 - 2f_i (\boldsymbol{A}\boldsymbol{m})_i + \left(\boldsymbol{A}\boldsymbol{m}\boldsymbol{m}^\top \boldsymbol{A} \right)_{ii} + (\boldsymbol{A}\boldsymbol{C}\boldsymbol{A})_{ii} \right]$$
(A.6c)

$$= \frac{1}{D_i} \left[\left(\beta D_i \right)^2 \left(f_i - (\boldsymbol{A}\boldsymbol{m})_i \right)^2 \right] + \beta^2 D_i (\boldsymbol{A}\boldsymbol{C}\boldsymbol{A})_{ii}$$
(A.6d)

$$=\frac{(\dot{\boldsymbol{m}}_i)^2}{D_i} + \beta^2 D_i (\boldsymbol{ACA})_{ii}$$
(A.6e)

$$=\frac{\langle v\rangle^2}{D_i} + \beta D_i \left(\boldsymbol{A}\right)_{ii}.$$
(A.6f)

In the last line I took the steady-state limit so that $\dot{m}_i = \langle v \rangle$. I further assumed that in the steady-state limit each term in the covariance matrix is linear in t:

$$\boldsymbol{C} = \boldsymbol{u}t + \boldsymbol{v},\tag{A.7}$$

where both u and v must be symmetric. This linearity in t is necessary to obtain a constant effective diffusivity in the steady-state limit. The differential equation (A.4b) for the covariance then simplifies to

$$\boldsymbol{u} = -2\beta \boldsymbol{D} \boldsymbol{A} \boldsymbol{u} t - 2\beta \boldsymbol{D} \boldsymbol{A} \boldsymbol{v} + 2\boldsymbol{D}.$$
(A.8a)

Since the left-hand side is independent of t, the right-hand side must be as well. For this to be true for general D, we must have Au = 0. I then evaluate the rightmost term in (A.6e):

$$\boldsymbol{ACA} = \beta^{-1}\boldsymbol{A} - \frac{1}{2}\beta^{-1}\boldsymbol{D}^{-1}\dot{\boldsymbol{C}}\boldsymbol{A}$$
(A.9a)

$$=\beta^{-1}\boldsymbol{A} - \frac{1}{2}\beta^{-1}\boldsymbol{D}^{-1}\boldsymbol{u}\boldsymbol{A}$$
(A.9b)

$$=\beta^{-1}\boldsymbol{A} - \frac{1}{2}\beta^{-1}\boldsymbol{D}^{-1} \left(\boldsymbol{A}\boldsymbol{u}\right)^{\top}$$
(A.9c)

$$=\beta^{-1}\boldsymbol{A}.$$
 (A.9d)

The second term in (A.5d) is

$$\frac{1}{D_i} \left\langle -2\beta (D_i)^2 \left[f_i - (\boldsymbol{A}\boldsymbol{x})_i \right] \frac{\partial}{\partial x_i} \ln P(\boldsymbol{x}, t) \right\rangle \\
= -2 \frac{\beta D_i^2}{D_i} \left\langle \left[f_i - (\boldsymbol{A}\boldsymbol{x})_i \right] \frac{\partial}{\partial x_i} \left(-\frac{1}{2} (\boldsymbol{x} - \boldsymbol{m})^\top \boldsymbol{C}^{-1} (\boldsymbol{x} - \boldsymbol{m}) \right) \right\rangle \tag{A.10a}$$

$$= -2\frac{\beta D_i^2}{D_i} \left\langle [f_i - (\boldsymbol{A}\boldsymbol{x})_i] \left(-\frac{1}{2} \left[(\boldsymbol{x} - \boldsymbol{m})^\top \boldsymbol{C}^{-1} \right]_i - \frac{1}{2} \left[\boldsymbol{C}^{-1} (\boldsymbol{x} - \boldsymbol{m}) \right]_i \right) \right\rangle$$
(A.10b)

$$= 2\beta D_i \left\langle \left[f_i - (\boldsymbol{A}\boldsymbol{x})_i \right] \left(\boldsymbol{C}^{-1} (\boldsymbol{x} - \boldsymbol{m}) \right)_i \right\rangle$$
(A.10c)

$$= 2\beta D_i f_i \left\langle \left(\boldsymbol{C}^{-1}(\boldsymbol{x} - \boldsymbol{m}) \right)_i \right\rangle - 2\beta D_i \left\langle \boldsymbol{A} \boldsymbol{x} \left(\boldsymbol{C}^{-1}(\boldsymbol{x} - \boldsymbol{m}) \right)_i \right\rangle$$
(A.10d)

$$= -2\beta D_i \left\langle \left(A \boldsymbol{x} (\boldsymbol{x} - \boldsymbol{m})^\top \boldsymbol{C}^{-1} \right)_{ii} \right\rangle$$
(A.10e)

$$= -2\beta D_i \left\langle \left(\mathbf{A} \mathbf{C} \mathbf{C}^{-1} \right)_{ii} \right\rangle \tag{A.10f}$$

$$= -2\beta D_i \left(\boldsymbol{A} \right)_{ii}. \tag{A.10g}$$

Finally, the third term in (A.5d) is

$$\frac{1}{D_i} \left\langle D_i^2 \left[\frac{\partial}{\partial x_i} \ln P(\boldsymbol{x}, t) \right]^2 \right\rangle = D_i \left\langle \left[-\frac{1}{2} \frac{\partial}{\partial x_i} \left((\boldsymbol{x} - \boldsymbol{m})^\top \boldsymbol{C}^{-1} (\boldsymbol{x} - \boldsymbol{m}) \right) \right]^2 \right\rangle$$
(A.11a)

$$= D_i \left\langle \left(\boldsymbol{C}^{-1} (\boldsymbol{x} - \boldsymbol{m}) \right)_i^2 \right\rangle$$
(A.11b)

$$= D_i \left\langle \left(\boldsymbol{C}^{-1} (\boldsymbol{x} - \boldsymbol{m}) (\boldsymbol{x} - \boldsymbol{m})^\top \boldsymbol{C}^{-1} \right)_{ii} \right\rangle$$
(A.11c)

$$= D_i \left(\boldsymbol{C}^{-1} \left\langle (\boldsymbol{x} - \boldsymbol{m}) (\boldsymbol{x} - \boldsymbol{m})^\top \right\rangle \boldsymbol{C}^{-1} \right)_{ii}$$
(A.11d)

$$= D_i \left(\boldsymbol{C}^{-1} \boldsymbol{C} \boldsymbol{C}^{-1} \right)_{ii} \tag{A.11e}$$

$$=D_i \left(\boldsymbol{C}^{-1} \right)_{ii} \tag{A.11f}$$

$$=\beta D_i(\boldsymbol{A})_{ii}.$$
 (A.11g)

To derive the last line I used

$$C^{-1} = AA^{-1}C^{-1}A^{-1}A$$
 (A.12a)

$$= \mathbf{A} \left(\mathbf{ACA} \right)^{-1} \mathbf{A} \tag{A.12b}$$

$$= \boldsymbol{A} \left(\beta^{-1} \boldsymbol{A} \right)^{-1} \boldsymbol{A}$$
 (A.12c)

$$=\beta A A^{-1} A \tag{A.12d}$$

$$=\beta A.$$
 (A.12e)

Summing the three terms (A.6f), (A.10g), and (A.11g), the entropy production rate of the ith subsystem is

$$\dot{\Sigma}_{i} = \frac{1}{D_{i}} \langle v \rangle^{2} + \beta D_{i} \left(\boldsymbol{A} \right)_{ii} - 2\beta D_{i} \left(\boldsymbol{A} \right)_{ii} + \beta D_{i} \left(\boldsymbol{A} \right)_{ii}$$
(A.13a)

$$=\frac{1}{D_i}\langle v\rangle^2.$$
 (A.13b)

Thus the total rate of entropy production is

$$\begin{split} \dot{\Sigma} &= \sum_{i=1}^{N+1} \dot{\Sigma}_i \\ &= \left(\sum_{i=1}^{N+1} \frac{1}{D_i}\right) \langle v \rangle^2 \\ &= \left(\frac{1}{D_c} + \sum_{i=1}^{N} \frac{1}{D_i}\right) \langle v \rangle^2 \\ &= \frac{\langle v \rangle^2}{D_{\text{bare}}}, \end{split}$$
(A.14)

exactly saturating the Jensen bound (5.7c).

A.2 Barrier heights for kinesin motors

Here I use experimental data to estimate the heights of energy barriers separating metastable states for kinesin motors. Recall from (5.23) that the *i*th motor has a periodic potential $V_i(x_i) = \frac{1}{2}E^{\ddagger}\cos(2\pi x_i/\ell)$ with barrier height E^{\ddagger} , period ℓ , and maximum conservative force $f_{\text{max}} = E^{\ddagger}/(2\ell)$. The Kramers rate [188] for an uncoupled motor hopping forward from one energy minimum to the next is

$$k_{+} = \frac{\beta D_{\rm m}}{2\pi} \sqrt{\left| \frac{\partial^2 V_i}{\partial x_i^2} \right|_{x_i=a} \cdot \left| \frac{\partial^2 V_i}{\partial x_i^2} \right|_{x_i=b}} e^{-\beta E_b^+}$$
(A.15a)

$$\approx \frac{\pi\beta D_{\rm m} E^{\ddagger}}{\ell^2} e^{-\beta E_b^+},\tag{A.15b}$$

where a is the position of the bottom of the current potential minimum and b is the position of the peak of the energy barrier to the right. The effective barrier height is $E_b^+ = E^{\ddagger} - f_{\text{chem}}\ell/2$. Note that the cosine potential has second derivative of approximate magnitude $2\pi^2 E^{\ddagger}/\ell^2$ at both minima and peaks (points a and b) for f_{max} larger than f_{chem} .

Likewise, the rate for the motor hopping backward to the previous minimum is

$$k_{-} = \frac{\pi \beta D_{\rm m} E^{\dagger}}{\ell^2} e^{-\beta E_b^{-}}, \qquad (A.16)$$

where this time the effective barrier height is $E_b^- = E^{\ddagger} + f_{\text{chem}} \ell/2$.

Analysis of experimental data [306] yields step rates for kinesin of $k_{+} = 133.0/\text{s}$ and $k_{-} = 0.2/\text{s}$ [164], and step size $\ell = 8.2$ nm. Combining these with previous estimates of the motor diffusivity $D_{\rm m} \approx \mathcal{O}(10^{-3}) \,\mu\text{m}^2/\text{s}$ [79, 80], solving the two equations (A.15b) and (A.16) for the two remaining parameters yields estimates $f_{\rm chem}\ell \approx 7 \,k_{\rm B}T$ and $E^{\ddagger} = 2f_{\rm max}\ell \approx 6 \,k_{\rm B}T$. Accordingly, $f_{\rm max}/f_{\rm chem} \approx 0.4$ sets the scale for numerical investigations.