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# Outline

- Motivation and Background
- Technical Case
- Ideal Customer and Competition
- Business Case and Costs
- Risk Analysis and Management
- Sustainability
- Self Reflection
- Plan for 440
- Demo
- Conclusion

# The Team



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**L. Fridman (CSO)**

# Motivation

250,000 ACL injuries per year in  
Canada and US alone [1]

- Recovery can be over a year [2]
- Compromised ACL can lead to unwanted knee positions



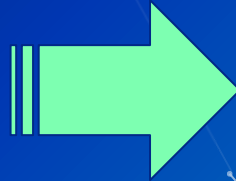
Photo by Gabriel Lynn



# Motivation

## Current Solutions:

- Soft Braces
- Hard Braces:
  - Limit range of motion and promote muscle atrophy
  - Expensive
- Physiotherapy



## TechBrace:

- Inexpensive
- Data Collection
- Non-restrictive
- Prevents muscle atrophy
- Subconscious support

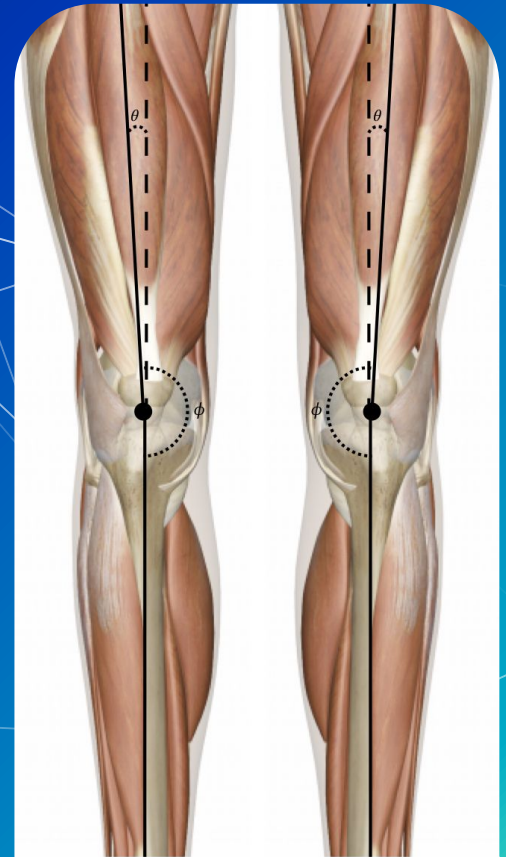
# Background

## Angle Deviation

- Valgus angles of the knee put extra strain on ACL
- Angles measured from tibia and femur

## Electrical Stimulation

- Physiotherapy exercises require conscious thought
- Neuromuscular pathways developed
- Treat and prevent muscle atrophy with activity or electrical stimulation
  - NMES

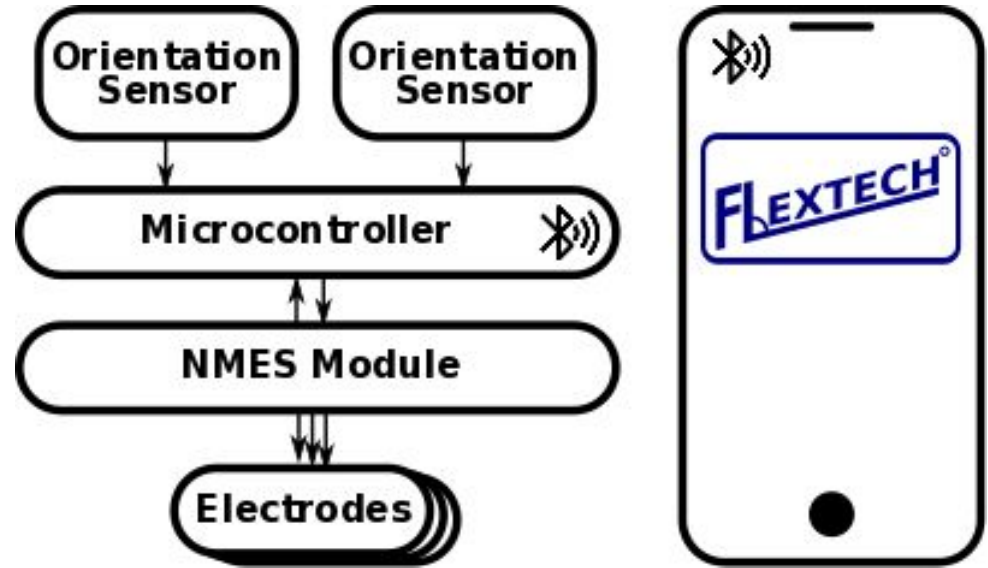


$\theta$  = Q-angle

$\phi$  = Valgus knee angle

# Technical Case

- Angle detection System
- Muscle Activation System
  - PC: Vibration Motor
  - PT: NMES module
- App



# Technical Case: Materials

## Overall System:

- Espressif ESP32 microcontroller
- Knee Brace
  - Breathable
  - Adjustable (11.8'-20.5')
  - Anti-slip
- 1000mAh Lithium-polymer battery





# Technical Case: Materials

## Muscle Activation System:

- DC-DC converter
- Electrodes:
  - Non-woven fabric
  - Re-usable
  - Self-adhesive

## Angle Detection System:

- IMUs



[10]

# Technical Case: Schedule

	<b>Estimated</b>	<b>Actual-to-Date</b>
<b>Proof of Concept</b>	April 15, 2019	Fully Realized
<b>Prototype</b>	Late June	Planning and testing
<b>Product Ready</b>	Early August	Planning only

# Ideal Customer

- ACL Injury
- Pre or post surgery
- Professional athlete to a weekend warrior
- Target athletic markets

## ACL Injury Severity



# Competition

Minimize time to recovery

No other knee brace manufacturers perform [4]:

- Real time angle deviation detection
- Real time position correction by electrical stimulation

## Custom-fit Hard Braces

Breg, Bauerfeind, Ossur, DONJOY

- ✓ Perform well
- ✗ Expensive
- ✗ Muscle Atrophy

## Electronic IoT Knee Braces

DONJOY X4 [5]

- Primarily monitoring and app interaction
- Communicate with doctor



# Current Market

**\$5 Billion** expected global market value for braces and supports in six years [7]

**100,000** ACL reconstruction surgeries performed each year in the United States [6]

Custom-fit products: \$750 to \$2200 CAD [8]

FlexTech Production Cost per unit: \$250

Reusability

# Business Case and Costs

## Financing:

- Wighton Engineering Development Fund
- The Engineering Science Student Endowment Fund (ESSEF)

Subsystem	Cost
Angle Sensing System	\$86.32
Muscle Activation System	\$82.38
General	\$84.67
Total Development Cost	\$253.37

# Risk Analysis and Management

## Risk Analysis:

### 1. Safety

Electrical Safety

### 2. Performance

Complication of  
Human Motion

## Management:

### 1. Safety

Robust Circuit Design

Water-Resistance

### 2. Performance

Data Collection

Algorithm Optimization

# Adherence to Standards

Safety and Performance Standards

Medical Device Software

Battery Standards

Wireless Communication Standards



[13]



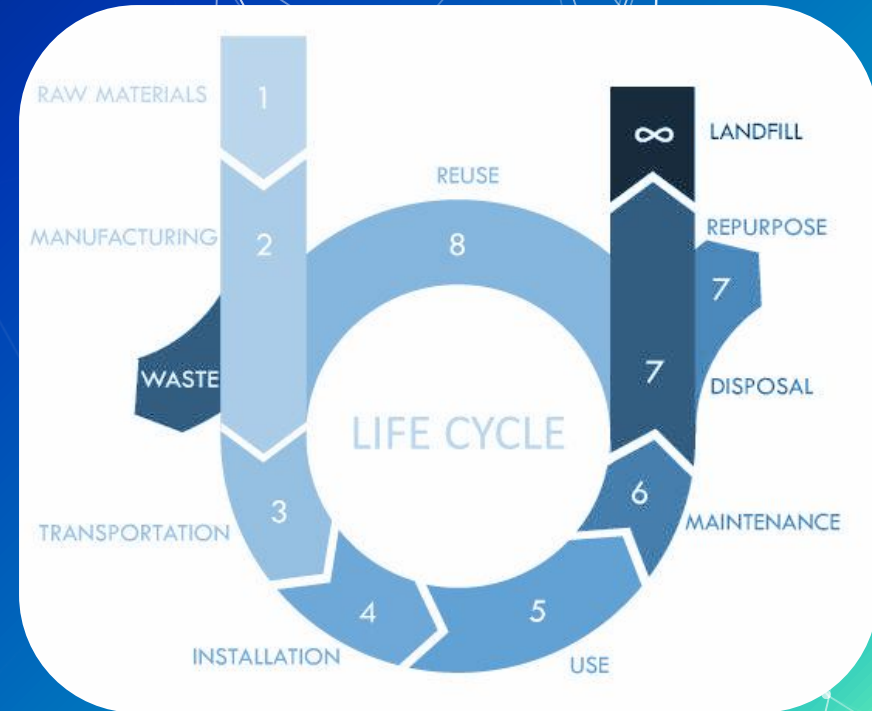
[12]



# Sustainability Considerations

## Cradle to Cradle Philosophy

- Production
- Use
- Maintenance
- Disposal



# Self Reflection



- Communication is key!
- Let people use their individual strengths to strengthen the project as a whole
- Everyone brings something different to the project
- Time management is critical to success
- Development process for 440 will include more thorough testing
- As a team we work well together and motivate each other

# Plan for 440

## Beta Prototype:

- Completed mid-semester
- Refined version of PoC
- Satisfy most of the testing requirements

## Production Ready (Pilot) Prototype:

- Completed by the end of ENSC440
- Final Iteration of TechBrace
- Usability consideration
- Tested thoroughly

### Engineering Prototype

Fix Bugs from PoC  
Acquire New Components  
TENS Circuit  
Firmware Improvements  
App Improvements  
Testing  
Completed

### Production Ready Prototype

Fix Bugs from Engineering Prototype  
Design for Manufacturability  
UX Improvements  
User Testing  
Completed

[14]

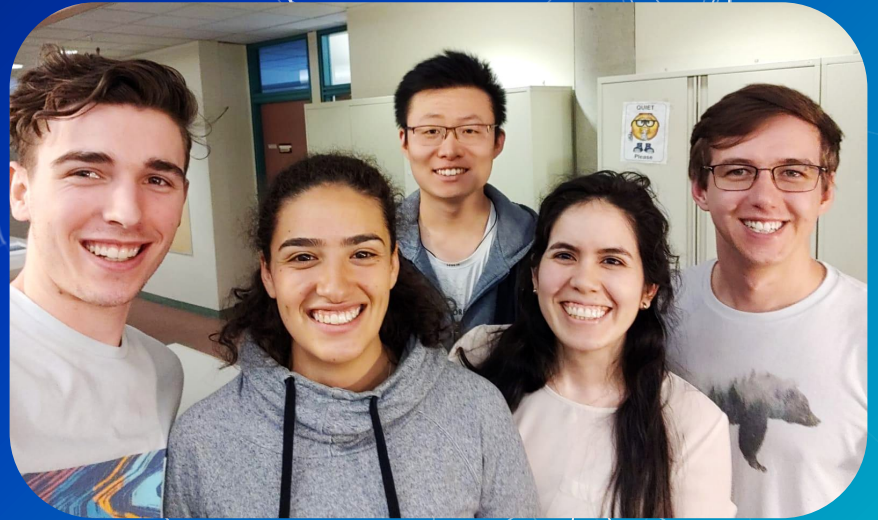


**Demo**



# Conclusion

- Still challenges ahead
  - Angle detection
  - Muscle stimulation
  - App
- Optimistic about development
  - Research
  - Testing
  - Meeting with external mentors



# Acknowledgements

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