



The 23rd Annual John K Friesen Conference

HOUSING ALTERNATIVES FOR AN AGING POPULATION

May 28-29, 2014
Segal Centre, SFU Vancouver Campus
515 West Hastings Street, Vancouver BC



SIMON FRASER UNIVERSITY
GERONTOLOGY
RESEARCH CENTRE



SIMON FRASER UNIVERSITY
ENGAGING THE WORLD

Organizing Committee

Andrew Sixsmith – Professor and Director, SFU-GRC (Conference Chair)

Raymond G. Adams – Information Officer, SFU-GRC

Catherine Bigonnesse – PhD Student, SFU Department of Gerontology

Kara-Leigh Bloch – Executive Director, Seniors Services Society

Habib Chaudhury – Associate Professor, SFU Department of Gerontology

Gloria Gutman – Professor/Director Emerita SFU-GRC and Department of Gerontology

(Program Chair and Conference Manager)

Linda Johnston – Student, Adults 55+ Program, Lifelong Learning, SFU

Rosalyn Kaplan – Director, Liberal Arts and Adults 55+ Program, Lifelong Learning, SFU

Dan Levitt – Executive Director, Tabor Village and Adjunct Professor, SFU Department of Gerontology

Katherine McManus – Former Program Director, Lifelong Learning, SFU

Beverley Pitman – Planner, Strategic Initiatives (Seniors), United Way of Greater Vancouver

Ryan Woolrych – Real Estate Foundation of BC Post-doctoral Fellow in Environmental Gerontology, SFU-GRC

Welcome

The Simon Fraser University Gerontology Research Centre (GRC) and associated Gerontology Department are pleased to welcome you to the 23rd John K. Friesen Conference. This year's conference, organized and hosted in cooperation with the Lifelong Learning Adults 55+ Program, explores a range of tenure arrangements, housing forms, and service models currently available and under development for adults 55+ in British Columbia, including cohousing popular in the USA; life-lease projects, popular in the prairie provinces; mixed-tenure models and models targeted to specific groups (e.g., Performing Arts Lodges; ethno-cultural housing). Assisted Living will also be discussed as well as housing and service options that do not require people to move from their current home (e.g., the Village Model, United Way's *Better at Home Program*, retro-fitting or adding "smart" technologies). Keynote speakers, expert panels and poster presentations will discuss the pros and cons of each housing option and the type of resident for whom it is best suited. The objective of the conference is to provide information that will enable people aged 55+ to plan ahead and make informed choices. As well, it is designed to provide a forum for developers (private, public & non-profit) to learn what adults aged 55+ are looking for in the way of housing for their later years.



Andrew Sixsmith PhD

Professor and Director, SFU Gerontology Research Centre (GRC) & President, North American Chapter, International Society for Gerontechnology
Friesen Conference Chair

A blue ink signature of Andrew Sixsmith.



Gloria Gutman PhD

Professor/Director Emerita SFU GRC & Dept. of Gerontology, Friesen Conference Program Chair & Conference Manager

A black ink signature of Gloria Gutman.



Andrew Wister PhD

Professor and Chair, SFU Department of Gerontology

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Day 1 - Wednesday May 28 – “Move to” options

8:00am - 9:00am Registration

9:00am - 9:15am Welcome and Introduction

Andrew Sixsmith, Director, SFU Gerontology Research Centre

Rosalyn Kaplan, Director, Liberal Arts & Adults 55+ Program, Lifelong Learning, SFU

9:15am - 10:30am **Setting the Stage for Discussion**

Chair: **Elizabeth Tang**, Senior Consultant, BC Research and Information Transfer, CMHC

“Boomers, Zoomers & Super-Centenarians: Changing Demographics and the Mature Adult Housing Market in Canada”

Gloria Gutman, Professor/Director Emerita SFU Gerontology Research Centre & Department of Gerontology

“An Overview of Congregate Housing (Assisted Living) in Canada: Findings from CMHC’s Annual Seniors Housing Survey”

Sarena Teakles, Market Analyst, BC Market Analysis Centre, Canada Mortgage and Housing Corporation

“Affordable Housing for Moderate Income Seniors”

Karen Ungerson, Corporate Representative, BC Community Development Centre, Canada Mortgage and Housing Corporation

10:30am - 10:45am Coffee Break

10:45am - 12:00pm **Cohousing**

Chair: **Jack Wong**, Executive Director, Real Estate Foundation of BC

Charles Durrett, Architect and pioneer in cohousing in North America

Tricia Carpenter, Resident & Consensus Facilitator, WindSong Cohousing

Margaret Critchlow, President, Canadian Senior Cohousing Society & Founding member Harbourside Cohousing

Alan Forrester, Vancouver cohousing developer

12:00pm - 1:00pm Lunch

1:00pm - 2:15pm **Life-lease Projects**

Chair: **Dan Levitt**, Executive Director, Tabor Village and Adjunct Professor, SFU Department of Gerontology
Kate Mancer, Principle & Director of Business Development, Terra Lumina Life Lease Housing
Judith Ray, President, Mission Association for Seniors Housing (MASH)

2:15pm - 3:30pm **Mixed Tenure, Special Interest/Ethno-Cultural and Campus of Care Projects**

Chair: **Marlene Williams**, Executive Direction, BC Seniors Living Association

Lori Baxter, President, Board of Trustees, Performing Arts Lodge Vancouver
Teena Love, General Manager, Amenida Seniors Community
Ron Pike, Executive Director, Elim Village

3:30pm - 3:45pm Coffee Break

3:45pm - 4:15pm **Renters at Risk**

Chair: **Lillian Zimmerman**, Research Associate in Gender Issues, SFU Gerontology Research Centre

Sharon Isaak, Senior Planning Table and Housing Outreach Coordinator, Gordon Neighborhood House
Ana Maria Bustamante, Community Development Consultant

4:15pm - 5:30pm **Things to Consider Before Selling Your Home and Moving into a Rental Unit or Assisted Living**

Chair: **Krista James**, National Director, Canadian Centre for Elder Law

Martha Jane Lewis, Executive Director, BC Centre for Elder Advocacy and Support
Jim Emmerton, Executive Director, BC Law Institute
Al Jina, President, Park Place Seniors Living

7:00pm - 9:00pm

PUBLIC LECTURE

THE POWER OF COMMUNITY

Charles Durrett



SIMON FRASER UNIVERSITY
LIFELONG LEARNING

Sponsored by the David and Cecilia Ting Endowment for Education for Public Responsibility and SFU's Adults 55+ Program.

Reception

Day 2 Thursday, May 29 – Aging in Place

7:30am - 8:00am Registration

8:00am - 8:15am Welcome and Introduction

8:15am -9:15 am **The “Village” Concept**

Chair: **Andrew Wister**, Chair, SFU Department of Gerontology

Andrew Scharlach, Eugene and Rose Kleiner Professor of Aging, School of Social Welfare, University of California, Berkeley and Director, Center for the Advanced Study of Aging Services

9:15am - 10:30am **Support and Information Services, Adaptable (Flex) Housing, Modular Housing and Funding for Housing Adaptations**

Chair: **Gloria Gutman**, Professor/Director Emerita SFU Gerontology Department & Gerontology Research Centre

Christien Kaaij, Provincial Project Manager, United Way of the Lower Mainland *Better at Home* Program

Kara-Leigh Bloch, Executive Director, Seniors Services Society

Tom Parker, Former Senior Researcher, Housing for Seniors and Persons with Disabilities, Canada Mortgage and Housing Corporation

Rebecca Siggner, Manager Research and Planning, BC Housing

Karen Sandhu, Supervisor, Applicant Services, BC Housing

10:30am - 10:45am Coffee Break

10:45am - 12:15pm **How do I decide what’s right for me?**

Chair: **Katherine McManus**, Former Program Director, Lifelong Learning, SFU

Kathy McGreenera, Resident & Consensus Facilitator, Quayside Cohousing

Sandra Cusack, Resident Whitecliff Retirement Living

Jill Hightower, Homeowner, Sechelt, BC

12:15pm - 12:30pm **Wrap Up**

Andrew Sixsmith & Roz Kaplan

*** Program subject to change

Exhibitors & Sponsors



BC CENTRE FOR ELDER
ADVOCACY
SUPPORT

BCCEAS works to prevent elder abuse and to provide assistance and support to older adults that are, or may be, abused and those whose rights have been violated. We provide the following programs that educate, support and advocate on behalf of older adults.

- Seniors Abuse & Information Line (SAIL)
- Victim Services Program
- Legal Programs
- Education and Workshops

Our Seniors Abuse & Information Line (SAIL) is a safe place for older adults, and those who care about them, to talk to someone about situations where they feel they are being abused or mistreated, or to receive information about elder abuse prevention. Through our Victim Services Program, we provide information, support and referrals to people aged 50+ who are victims of abuse, family and sexual violence. Our Legal Programs provide legal advice, advocacy and representation to people aged 55+ who are not able to access legal help due to income or other barriers on legal issues involving: housing, debt, government benefits, financial exploitation, guardianship/capacity, abuse/neglect, discrimination. We also offer training and workshops to community groups on elder abuse in general, and financial abuse in particular. Topics include frauds and scams targeting older adults, and powers of attorney and joint bank accounts. <http://bcceas.ca/>



BC Housing

GOLD SPONSOR

BC HOUSING develops, manages, and administers a wide range of subsidized housing options across the province. We partner with private and non-profit housing providers, other levels of government, health authorities, and community groups to increase affordable housing options for British Columbians in greatest need.

BC Housing also helps bring about improvements in the quality of residential construction in B.C. and helps strengthen consumer protection for buyers of new homes.

<http://www.bchousing.org/>

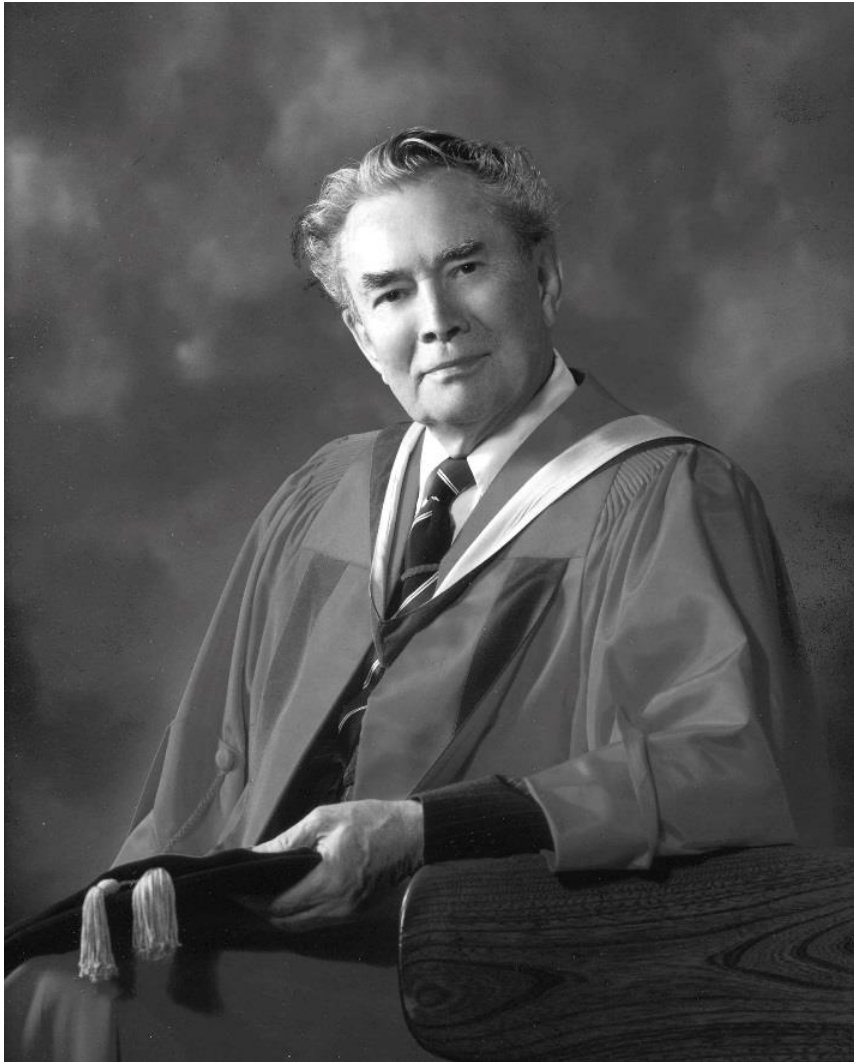
Exhibitors & Sponsors

 <p>GOLD SPONSOR</p>	<p>Canada Mortgage and Housing Corporation (CMHC) is Canada's national housing agency. Backed by more than half a century of experience, we work with community organizations, the private sector, non-profit agencies and all levels of government to help create innovative solutions to today's housing challenges, CMHC contributes to the well-being of the housing sector by conducting or supporting a wide range of research aimed at improving the quality of Canadian housing. In everything we do, we are committed to helping Canadians access a wide choice of quality, affordable homes, while making vibrant, healthy communities and cities a reality across the country.</p> <p>More information is available at www.cmhc-schl.gc.ca or by calling 1-800-668-2642</p>
	<p>Health Canada's exhibit will focus on providing information and resources for seniors on environmental health such as hazards in the home and air quality and on food safety, nutrition, reporting adverse reactions to medications and drugs and on other popular health topics. For more info, please visit: www.healthycanadians.gc.ca</p>
	<p>The International Association of Gerontology and Geriatrics (IAGG) is comprised of 82 national organizations in 70 countries across five continents with a combined membership of over 50,000. Objectives are to promote research on individual and population aging, training of highly qualified personnel, and members' interests in international affairs. IAGG organizes a World Congress every four years, auspices workshops, expert meetings and regional Congresses, and collaborates regularly with the UN's Programme in Ageing, WHO, UNDP and other international organizations. http://www.iagg.info/</p>
	<p>The mission of the International Network for the Prevention of Elder Abuse (INPEA) is to increase capacity through international collaboration to recognize and respond to the mistreatment of older people, so that the later years of life are free from abuse, neglect and exploitation. It engages in research, education, and advocacy and originated World Elder Abuse Awareness Day, held annually on June 15. INPEA has Special Consultative Status with ECOSOC at the UN, is active in the UN NGO Committee on Aging in New York, Geneva and Vienna and is one of two international special interest organizations formally affiliated with IAGG. www.inpea.net</p>

Exhibitors & Sponsors

	<p>The International Society for Gerontechnology (ISG) promotes design of technology and environments for independent living and social participation of older persons in good health, comfort and safety. It holds biennial international conferences, publishes the quarterly journal <i>Gerontechnology</i> and, like INPEA, enjoys a collaborative relationship with IAGG as a Standing Committee. www.gerontechnology.info</p>
 <p>Retirement Concepts</p> <p>SILVER SPONSOR</p>	<p>Retirement Concepts is one of the largest private providers of senior care in BC and is taking a leadership role within the seniors industry in the development and implementation of innovative technologies and practices to improve seniors living. As a provider of seniors housing and residences to over 3500 seniors across 20 campuses within BC, Retirement Concepts is opening a collaborative Innovation Centre to bring together researchers and clinicians in an integrative lab to develop products that will rapidly bring improvements to seniors. The overall goal for Retirement Concepts and the Surrey Seniors Innovation Centre is to become an ambassador for research and innovation in seniors living to ensure that every RC Campus provides the best quality of care and service, and provides leading edge technologies towards improved seniors care.</p> <p>http://www.retirementconcepts.com/</p>
 <p>GERONTOLOGY RESEARCH CENTRE</p>	<p>Founded in 1982 the Simon Fraser University Gerontology Research Centre GRC specializes in research in five areas: Aging and the Built Environment, Health and Aging, Prevention of Elder Abuse and Neglect, Changing Demography and Lifestyles, and Aging and Technology (www.sfu.ca/grc). The associated Department of Gerontology, established in 1983, offers a post-baccalaureate Diploma in Gerontology, an undergraduate minor, as well as Master's and PhD Degrees (www.sfu.ca/gerontology)</p>
<p>Community Literature Table</p>	
<p>Amenida Retirement Community</p>	<p>http://www.homecareliving.ca/about-us/care-services</p>
<p>Ensemble Home Care</p>	<p>http://www.ensemblehomecare.com/</p>
<p>Wellness Centres of Canada</p>	<p>http://www.wellnesscentersofcanada.com/</p>

NOTES



The John K. Friesen Conference Series

The series is designed to meet the continuing education needs of agencies and individuals responsible for planning, administering and providing services to the elderly. The series embraces two of John Friesen's lifetime interests – the education of adults and the special needs of an aging population.

John Friesen was one of Canada's leading contributors to the field of adult education. In his long career, Dr. Friesen served in university extension work in Canada and overseas and was involved in enhancing life in many different ways from community arts to credit unions. For his leadership role in adult education, Simon Fraser University awarded him an Honourary Doctor of Laws Degree in 1985.

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Call or email Jennifer
604-597-9333 Ext. 124
jennifer.ford@homecareliving.ca
 13855 68th Avenue, Surrey | homecareliving.ca



AMENIDA
SURREY