July 7, 2019



Dr. Andrew Rawicz School of Engineering Science Simon Fraser University Burnaby, British Columbia V5A 1S6

RE: ENSC405W Design Specification: Pulse Tracer

Dear Dr. Rawicz,

Please see attached the Design Specifications for Pulse Tracer, a patient monitoring system created by LumoAnalytics. Pulse Tracer uses photoplethysmography (PPG) to remotely measure the heart and respiratory rates of primarily immobile elderly patients who are often left unattended. Our goal for this device is to provide a way to accurately measure the heart and respiratory rates of patients and to detect significant variations from the average values in an attempt to alert caregivers of possible emerging health conditions. This technology will provide patients the ability to live in their own homes while still having a professional caregiver monitor their health.

The attached document will provide detailed specifications for the designs we have developed for the various components of Pulse Tracer. It will first provide an overview of the various components of Pulse Tracer and then provide a detailed design of the individual components, namely the hardware, image processing, and data analysis components. This document also includes test plans for the proof of concept prototype, as well as a design of the user interface as appendices.

LumoAnalytics is comprised of a team of five engineering students: Winsey Chui, Wenpei Li, Huy Thong Bui, Corey Myrdal, and Brittany Hewitson. Our team members come from a range of engineering concentrations including electronics, biomedical, and computer engineering. We believe each member brings a particular skill set to the team that will contribute to the success of Pulse Tracer.

Thank you in advance for taking the time to review our design specifications document. If you have any questions or concerns, please feel free to email our Chief Communications Officer, Huy Thong Bui, by email at htbui@sfu.ca

Sincerely,

Krittom Henistoor

Brittany Hewitson Chief Executive Officer LumoAnalytics



Design Specifications for **Pulse Tracer**

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Abstract

Continuous improvement in healthcare technology in the past several years [1] has led to longer life expectancies in Canada. With this, comes the increasing need to provide health care services for the elderly and those unable to care for themselves. This places a strain on health care facilities and nursing homes that are unable to take so many patients, as well as causing irritation in patients who wish to continue independent living without constant supervision from caregivers.

With this in mind, LumoAnalytics introduces Pulse Tracer, a remote patient monitoring system that utilizes photoplethysmographic technology for the purpose of tracking heart and respiratory rates in elderly, immobile patients. This document specifies and defines the design specifications for Pulse Tracer, specifically outlining the three main subsystems:

• Hardware System

The hardware system is responsible for remotely capturing data. This system contains nearinfrared light sources and a camera for capturing the reflected waves in the form of videos, which are sent to a microcontroller.

• Software System

The software system is responsible for converting raw data into results which the user can understand. Region of interests are automatically selected from the video input produced by the camera before going through processing and analysis to extract heart rate and respiratory rate data.

• User Interface

The user interface displays real time and historical heart rate and respiratory rate data and allows patient and caregiver interaction, with different settings depending on the user.

The design of this device is split into three categories: proof-of-concept (PoC), prototype and final product, which will be clearly specified. For the purpose of this document, the proof-of-concept will be the main focus. Additional features will be integrated in future designs.

This document will begin with a brief system overview before explaining design requirements for each of the subsystems in further detail. In each of these subsections, the functionality of each component and their necessary design specifications will be discussed. The document will finish with appendices detailing the test plan for Pulse Tracer, as well as an evaluation of the design of its user interface.



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Glossary

PoC: Proof-of-Concept

PPG: Photoplethysmography, is a simple and low-cost optical technique that can be used to detect blood volume changes in the microvascular bed of tissue

 ${\bf NIR:}$ Near-Infrared, electromagnetic spectrum from 780 nm to 2500 nm

LED: Light-Emitting Diode

Raspberry Pi: A low cost, credit-card sized computer

HDMI: High-Definition Multimedia Interface, supports the connection between a device such as a Blu-ray player or cable box and a flat-screen HDTV or projector

RR: Respiratory Rate

HR: Heart Rate

GPIO: General Purpose Input Output, is an uncommitted digital signal pin on an integrated circuit or electronic circuit board

PCB: Printed Circuit Board

Python: A programming language

CSI: Camera Serial Interface, it defines an interface between a camera and a host processor

NoIR: No InfraRed

OpenCV: Open source computer vision, is a library of programming functions mainly aimed at real-time computer vision

NumPy: A library for the Python programming language

Dlib: A general purpose cross-platform software library written in the programming language C++

ROI: Region Of Interest

VM: Virtual Machine

Haar Cascade: A classifier which is used to detect the object for which it has been trained for, from the source

XML: Extensible Markup Language, is a markup language that defines a set of rules for encoding documents in a format that is both human-readable and machine-readable

RGB: Red-Green-Blue

YCbCr: It is a family of color spaces used as a part of the color image pipeline in video



HSI: Hue, Saturation, Lightness, Alternative representations of the RGB color model

ICA: Independent Component Analysis

JADE: Joint Approximate Diagonalization of Eigen-matrices, an algorithm for independent component analysis that separates observed mixed signals into latent source signals by exploiting fourth order moments

RIFV: Respiratory Induced Frequency Variation, is a periodic change in the pulse rate which is caused by an autonomous nervous system response

RIIV: Respiratory Induced Intensity Variation, is a change in the baseline signal that is caused by a variation of perfusion due to intra-thoracic pressure variations

RIAV: Respiratory Induced Amplitude Variation, is a change in pulse strength that is caused by a decrease in cardiac output due to reduced ventricular filling during inspiration

RDS: Relational Database Service, is a web service that makes it easier to set up, operate, and scale a relational database in the cloud

AWS: Amazon Web Services

MQTT: Message Queuing Telemetry Transport, is an ISO standard publish-subscribe-based messaging protocol

IoT: The Internet of things, is the extension of Internet connectivity into physical devices and everyday objects.

Django: A high-level Python Web framework that encourages rapid development and clean, pragmatic design

PostgreSQL: A general-purpose object-relational database management system

HTML: Hypertext Markup Language, is the standard markup language for documents designed to be displayed in a web browser



1 Introduction

1.1 Background

As healthcare technologies continue to improve, the life expectancy in Canada is on the rise [2]. However, with this increase comes the need to provide sufficient health care services for the aging population. This can be a challenge as health care facilities can often become crowded and understaffed, leaving the elderly on wait lists or to live at home with little to no regular supervision from caregivers.

LumoAnalytics hopes to use Pulse Tracer to provide patients with the ability to live independently in their own homes while still ensuring a professional caregiver can monitor their health. Pulse Tracer accomplishes this with the use of photoplethysmography (PPG) to remotely monitor the heart and respiratory rates of patients [3]. Using this data, Pulse Tracer is able to determine baseline heart and respiratory rates and detect significant changes in these values. Professional caregivers are then able to view this data and identify if the patient may have any emerging health conditions, as well as to monitor patients living with conditions such as sleep apnea and arrhythmias [4]. Pulse Tracer can also be used to detect behavioural changes in patients, such as predicting when a patient is encountering periods of stress that could potentially lead to medical emergencies such as a heart attack [5]. With no current devices on the market monitoring vital signs remotely using PPG, Pulse Tracer provides a novel method for health care providers to monitor their patients while still allowing them to live in the comfort of their own home.

1.2 Scope

This document will provide a system overview for Pulse Tracer and identify the design specifications of the device. It will detail the components involved in Pulse Tracer, and outline how the components work together to form the final product. These specifications will relate specifically to the proof of concept design for Pulse Tracer, unless otherwise specified for other phases in the design cycle. This document also includes an appendix relating to the design and usability of the user interface for pulse tracer, as well as a test plan for the functionality of the device.

1.3 Intended Audience

This document is intended to be reviewed by the members of LumoAnalytics, Dr. Craig Scratchley, Dr. Andrew Rawicz, the teaching assistants for ENSC 405W/440, and any potential customers and partners interested in the device.

1.4 Design Classification

The design classification used in this document will be as follows: Des {section code}.{subsection code}.{design specification number}-{phase number}

The section and subsection codes map the design specification to its corresponding category, while the phase number indicates which prototype the design specification relates to. Table 1.1 below shows the prototypes in this project.



Phase Number	Description
Ι	Proof of Concept
II	Engineering Prototype
III	Final Product
Table 1.1	1: Design Stages

The different colours in the design specifications tables correpsond to the different phases of the project.

The proof of concept stage will be completed at the end of ENSC 405W, the engineering prototype will be completed in ENSC 440, and the final product represents the full functions of the product to be delivered to the market.

1.5 System Overview

Pulse Tracer is a remote patient monitoring device designed to monitor the heart and respiratory rates of immobile elderly patients. Through the use of near-infrared light, information is captured from the patient and subsequently processed by an analysis pipeline to determine heart and respiratory rates. The device can be divided into three major components: a hardware component for the collection of data, a software component for processing images and extracting necessary data, and an app for users to view the processed data. The following image shows the relationship between the components involved in Pulse Tracer.



Virtual Machine

Figure 1.1: System overview for Pulse Tracer

The device works by shining near-infrared light on an area of the patients exposed skin. A camera connected to the microcontroller collects video footage of this event and an algorithm processes the stream in real time to extract a specified region of interest in each frame. An algorithm to compare



the region of interest for each frame is then used to extract heart and respiratory rates from the data. These rates are then sent to a database via WiFi to be displayed on the web application. Users are able to turn Pulse Tracer on and off by using a switch on the device.



2 Hardware Design Specifications

The hardware component is the main physical presence of Pulse Tracer within the users day to day life, and plays the essential role of data collection. The focus of the proof-of-concept prototype is to use simple components in the form of a breadboard, LEDs and Raspberry Pi to ensure the functionality of our device by collecting clean, accurate signals, as seen in the figure below, while Phase II will begin to focus on increasing the metrics collected, the user interface and minimizing its spatial occupancy. The following sections will go into further details about the general design, optics, circuitry and microprocessor of Pulse Tracer.



Figure 2.1: Conceptual diagram of Pulse Tracer to show relationship between hardware components and user

Given the concept diagram shown above in Figure 2.1 which details the breakdown of the hardware portion of Pulse Tracer, it is important to briefly go over the general hardware design specifications. As noted above, Phase I of Pulse Tracer is defined by ensuring the functionality and accuracy of the device. Because of this, the device will not be enclosed and will be powered by using a wall outlet. Data will be viewed on a monitor attached directly to the Raspberry Pi. Figure 2.2 shows what the enclosure for Pulse Tracer will look like.



Figure 2.2: Pulse Tracer Phase II Enclosure





2.1 General Design Specifications

In comparison, during Phase II, Pulse Tracer shifts its power source from a wall outlet to a rechargeable battery, and is placed into a custom-build enclosed space that can then be relocated to the users desired location. At this point, the data will also no longer be viewed on a laptop, but on a web application that will be described in further detail in the software portion of this document.

Table 2.1 below summarizes the general hardware design specifications.

Design ID	Design Description
Des 2.1.1 - I	Data will be viewed on a monitor with HDMI input
Des 2.1.2 - I	LEDs will provide a light source
Des 2.1.3 - I	The LEDs will provide continuous illumination for continuous data collection.
Des 2.1.4 - I	Data will be captured by a Raspberry Pi Camera module
Des 2.1.5 - I	The Raspberry Pi will be connected to the monitor through an HDMI
Des 2.1.6 - II	Data will be viewed on a web application
Des 2.1.7 - II	The hardware component of Pulse Tracer will be in an enclosed container with
	dimensions at least 10x10x14cm
Des 2.1.8 - II	The enclosed container will have openings for the lens, light source, switch and
	charging station
Des 2.1.9 - II	There will be LEDs to indicate charging status
Des 2.1.10 - II	There will be a LED to indicate whether device is in operation
Des 2.1.11 - II	There will be a charging port
Des 2.1.12 - II	The enclosed container will be a switch
Des 2.1.13 - II	The charging port and switch will be placed on opposite sides of the enclosure
	with their respective LEDs for ease of use
Des 2.1.14 - II	The enclosed container should be an unobtrusive as possible
Des 2.1.15 - II	The enclosed container must completely hide the Raspberry Pi from view to
	ensure no tampering can be done
Des 2.1.16 - II	The enclosed container must be easy to set up for users of all ages and technical
	backgrounds

Table 2.1: General Hardware Design Specifications

2.2 Optics

2.2.1 Blood Absorption Principles

This section details the light source of Pulse Tracer the LEDs. According to principles of biophotonics used most commonly in pulse oximetry, light at wavelength of 700nm to 900nm is absorbed by hemoglobin within the blood, both oxygenated and deoxygenated, and is absorbed, scattered, and reflected [6]. At these wavelengths, the absorption of blood is much higher in comparison to water, as seen in Figure 2.3a. In the adjacent figure (Figure 2.3b), within these set of wavelengths, it is clear that there is a boundary between the absorption levels for deoxygenated and oxygenated blood, where oxygenated blood has a greater absorption from approximately 800nm to 900nm, and deoxygenated blood on the lower end of the usable wavelengths.

Because the goal of Pulse Tracer is to unobtrusively gather data from patients in relation to their heart rate (HR) and respiratory rate (RR), by taking all these factors into consideration, the hard-ware design team has settled on using a wavelength in the NIR range of 850nm. Light at 850nm is in the NIR range, and thus outside of the visible light spectrum, allowing for data collection even





Figure 2.3: Absorption of Light in Human Tissue vs Hemoglobin Absorption Spectra

in the dark and without external interference from ambient light. This wavelength is the only light source used during Phase I of prototyping Pulse Tracer.

During Phase II, additional metrics are added to Pulse Tracer, including measurement of blood oxygenation levels. In order to do this, we include a wavelength at 790nm, just past the understood boundary of visible light, but still with a greater absorption in deoxygenated bloody [7].

2.2.2 Illumination Configuration



Figure 2.4: Example LED Ring [8]

While it is impossible to achieve completely even illumination due to the complexities of the human face, ensure the entire face is illuminated will allow for different selections of regions of interest. Because of this, the configuration of the LEDs in Pulse Tracer becomes important. The LEDs will be placed in a ring configuration (left) to ensure even illumination around the camera where it will be placed, and mostly even illumination, as recorded in [9].

Given that the average size of a human head is approximately 23.9cm [10], we have increased this value to 30cm, and thus a 15cm radius and a surface area of 707cm² for the purpose of our calculations. For Phase I of Pulse Tracer, we use a distance of 1m between the light source

and subject for our calculations. Given that the size of the Raspberry Pi camera module around which the LEDs will be placed is 23mmx25mm [11], and a necessity for minimal overlap in light on the face due to safety concerns, during Phase I, the LED ring has a minimum radius of 5.24cm, as calculated in Figure 2.5 below. In additional to the first ring, which contains 4 LEDs placed at 5.25cm away from the center of the lens, the secondary ring contains 8 LEDs and is placed at a distance of 12.6cm from the 'origin'. This ensures minimal overlap in the center of the face, as seen in Figure 2.7. With these calculations, LED configuration for the proof-of-concept prototype is as



seen in Figure 2.6a.



Figure 2.5: Calculation of Light Dispersion



(a) LED and camera lens placement in centimeters (b) LED and camera lens placement in centimeters (Phase I) (Phase II)

Figure 2.6: LED and camera lens placement: phase I vs phase II

In the prototype phase of Pulse Tracer, we aim to minimize the physical size of the hardware device. In order to do this, we minimize the radius of the LED rings by placing all the LEDs at angles. By reducing the inner radius to 2cm, and the outer ring to 3cm, we can decrease pulse tracer to having a having a minimum radius of 3.5cm, given that the radius of the LED is 0.25cm[12]. The LED configuration for Phase II can be seen in Figure 2.6.

Both of these configurations will provide the illumination seen in Figure 2.7, where the smaller circles



are the fields of illumination provided by each LED, and the large circle with radius 30cm is the upscaled size of an average human head.



Figure 2.7: Illumination of LED rings on subject.

The angles for the LED rings in Phase II can be calculated as shown in Figure 2.8 below.



Figure 2.8: Distance angle calculation for shrinking of LED rings.

2.2.3 Power

As mentioned previously, the powering of the LEDs is important because of potential photoaging in the tissue caused by overexposure. Because of this, the maximum possible exposure for light at 850nm on skin is $0.1 \text{W/cm}^2[13]$. However, because data collection happens continuously, it is possible that light at this wavelength may hit the eye as well. Because of this, the irradiance used



is the maximum permissible exposure for the cornea, which is approximately 1mW/cm^2 [14].

As shown in Figure 2.7 above, which details the illumination on the face from the LED ring, there is overlap in illumination in certain areas. Because of this, to avoid over illumination, we decrease the maximum permissible exposure to 0.5mW/cm^2 . From this, we can calculate the irradiance desired at the output of the LEDs from a distance of 1cm.

$$\frac{I_1}{I_2} = \frac{d_2^2}{d_1^2}$$
$$\frac{I_1}{0.001W/cm^2} = \frac{(100cm)^2}{(1cm)^2}$$
$$I_1 = 10W/cm^2$$

Design Description
LEDs operate at wavelengths of 850nm
LEDs operate in a ring configuration to illuminate the entire face
LEDs operate with an irradiance of $0.5 \text{mW}/\text{cm}^2$ at a distance of 1m.
The ring configuration for the LEDs will have a minimum radius of 16cm.
The ring configuration will provide enough illumination to collect data for HR
and RR extraction.
The ring configuration must be placed at the same distance from the subject as
the Raspberry Pi Camera module.
LEDs of wavelengths 850nm and 780nm will be used
The ring configuration will have an inner radius of 1.5cm and outer radius of
3.5cm.

Table 2.2: Optics Design Specifications



2.3 Circuitry

In this section, we will demonstrate the functionalities of each sub-system and the correlation between them. The general circuitry of the proof-of-concept Pulse Tracer prototype was created as shown in Figure 2.9. The hardware system is based on the microcontroller. In this particular design, a Raspberry Pi 3B+ provides the most important platform for generating NIR illuminance, transmitting data, and performing calculation.



Figure 2.9: The general circuitry of the proof-of-concept prototype

The overall circuitry can be divided into four components. It includes power supply system, light emitting system, network system, as well as image capture and display system. In addition, a protection circuit will also be added to ensure the safety of the users.

2.3.1 Power Supply System

The power supply system consists of a power plug socket and an 110V/5V transformer. The Raspberry Pi can obtain the power by simply connecting the socket to the wall outlet. In phase II, we will promote this stationary power supply system to a rechargeable and portable lithium-ion battery. An 1820 mAh lithium-ion battery provides 4-6 hours charge, and the electricity can support the Raspberry Pi operating for 24 hours or even longer.[15]

The Pulse Tracer will keep running for at least 72 hours, so the battery should maintain its power during this 72 hours period. According to the data collected by other Raspberry Pi researchers, we need a minimum 6000 mAh battery to support the board. Since the pi is calculating and transmitting data all the time, both the workload of the microprocessor and the energy consumption will be higher than our expectation.

2.3.2 NIR Light Emitting System

According to section 2.2, a LED ring circuitry with 12 SFH4550 LEDs that can generate over 5.25cm radius of NIR illuminance is required in the proof-of-concept prototype design. The rated power of SFH4550 LED is 180mW, however, we will power it to 70mW to avoid over exposure. The figure only shows four LEDs for a better illustration.[16]



Figure 2.10: The NIR Illuminance Generation Circuit

The data sheet of SFH4550 NIR light emitting diode also provides the information we need for calculating the power. In addition, in proof-of-concept phase, the 5V voltage input is provided by GPIO pin 2 of the Raspberry Pi, and the ground terminal of the circuitry is connected to GPIO pin 39. The GPIO Pinout will be presented later. The buffer is used for maximizing the input impedance and minimizing the output impedance, it is an essential part in phase II design.

The LED ring circuitry will be built on a bread board firstly because of its convenience for testing. After that, a customized PCB will be invented to fit for the Raspberry Pi 3B+. A customized PCB will have a LED ring circuit on it, and it will be powered by rechargeable and portable batteries instead. The PCB and the Raspberry Pi board will be soldered together at the end of the phase II design procedure.

2.3.3 Operating and Controlled System

The microcontroller used for Pulse Tracer is a Raspberry Pi 3+B due to the ease of image processing in Python. In relation to the hardware, the Raspberry Pi must contain an input for the camera module, as well as at least a singular analog output channel, which has an operating voltage of 5V to power the LEDs.

In the proof-of-concept phase of Pulse Tracer, the microcontroller is turned on and off through a switch included in the purchasing of the Raspberry Pi, and is powered by connecting with a wall socket. However, in the prototype phase, power sources switch from a wall socket to a rechargeable battery. For ease of use, the battery is stored within the enclosure, and can be recharged by attaching a USB cable, similar to a mobile phone, with an output voltage of 5V. A detailed layout of the Raspberry Pi and its GPIO pins are shown in the figures below

Currently, we only used the GPIO pins to generate power and provide ground terminal, but more pins might be used depends on the software requirement in the future.







Figure 2.11: The Raspberry Pi Layout

Raspberr Pinout	y Pi		
3v3 Power	1 🔽	02	5v Power
BCM 2 (SDA)	3 📀	0 4	5v Power
BCM 3 (scl)	5 📀	O 6	Ground
BCM 4 (GPCLKO)	7 📀	0 8	BCM 14 (TXD)
Ground	9 💽	10	BCM 15 (RXD)
BCM 17	11 📀	0 12	BCM 18 (PWM0)
BCM 27	13 📀	0 14	Ground
BCM 22	15 📀	16	BCM 23
3v3 Power	17 📀	18	BCM 24
BCM 10 (mosi)	19 🔘	20	Ground
BCM 9 (MISO)	21 🔘	22	BCM 25
BCM 11 (SCLK)	23 🔘	24	BCM 8 (CEO)
Ground	25 💽	0 26	BCM 7 (CE1)
BCM 0 (ID_SD)	27 🗿	28	BCM 1 (ID_SC)
BCM 5	29 📀	30	Ground
BCM 6	31 📀	32	BCM 12 (PWM0)
BCM 13 (PWM1)	33 📀	34	Ground
BCM 19 (MISO)	35 🔘	36	BCM 16
BCM 26	37 📀	38	BCM 20 (MOSI)
Ground	39 💽	0 40	BCM 21 (SCLK)

Figure 2.12: The Raspberry Pi Pinout [17]

2.3.4 Image Capture System

To capture the images, we will use a NoIR Raspberry Pi camera as shown in the figure below. This camera module is designed for Raspberry Pi that does not have an IR cut filter. There is a connection cable attached in the camera, the other side of the cable could be connected the Raspberry Pi easily. The camera uses CSI interface, which has the ability of handling extremely high data rates, and it exclusively carries pixel data.



In order to make a video to collect data, we have to investigate the camera environment of the Raspberry Pi. The overall procedure includes downloading software, activating the requirements of OpenCV, enabling the camera function in the boost setting, and running a simple Python script.



Figure 2.13: Raspberry Pi Camera Board 5MP V1.3 [18]

2.3.5 Display System

As we mentioned previously, the Raspberry Pi should be connected to a monitor. It can be obtained by either a laptop or a computer. A cable will be connected to the HDMI port of the monitor to display any necessary information we need to see from the Raspberry Pi such as the source codes and raw videos.

The monitor is only used during the development process. The actual product itself will not contain the monitor. At the end of Phase II, we can access data though a phone app instead of the monitor.

2.3.6 Network System

An Ethernet cable that allows the Raspberry Pi to access the Internet is expected in the proofof-concept design process. So the OpenCV can be downloaded and all necessary libraries can be installed and updated through the Internet. The processed data of the images can be transmitted to the database further more. In phase II, the Ethernet cable will be replaced by the wireless network (Wi-Fi). The promotion in the network environment is expected to be done so that the Pulse Tracer can be completely controlled by the user remotely.

2.3.7 Power Surge Protection System

There are many risks we need to consider about. The most important one is how to handle the power surge that might occur in the hardware system. As a result, a protection circuit must be



invented at the end of phase II. This circuit behaves like an automatic switch, it can shut down the whole system once the current exceed the threshold.

There are many kinds of protection circuit can be applied to our system but we only need focus on two of them. The first one is to avoid the over charge of the battery, the second one is to deal with the short circuit that might appears in the light emitting system. Both of them will be considered as an essential part of the hardware design in phase II.

2.3.8 Maintenance System

The maintenance system is simply done by applying a mechanical key to the whole system. The development group has the priority to open the device and fix the problems by using this key. This system will not be applied until phase III when the 3D printed box is created.

Design ID	Design Description
Des 2.3.1 - I	The Raspberry Pi must be powered by wall outlet
Des 2.3.2 - I	A breadboard level LED ring circuit that can produce a reasonable illumination must be designed
Des 2.3.3 - I	Th LED ring circuit must be powered and grounded by GPIOs of the Raspberry Pi
Des 2.3.4 - I	The camera must work with the Raspberry Pi properly and all function should be activated
Des 2.3.5 - I	There must be a monitor to display all information we need from the Raspberry Pi
Des 2.3.6 - I	There must be a Ethernet cable connected to the Raspberry Pi
Des 2.3.7 - II	A minimum 6000 mAh Lithum battery must be provided to support the Raspberry Pi
Des 2.3.8 - II	A customized PCB must be invented to replace the breadboard
Des 2.3.9 - II	The Raspberry Pi should be able to be connected to the Wi-Fi and all proce- dures should be able to be done remotely
Des 2.3.10 - II	An overcurrent protection circuit must be invented to avoid the short circuit
Des 2.3.11 - II	An over charge protection circuit must be invented to avoid the over charge of the battery
Des 2.3.12 - III	A mechanical key must be designed for the maintenance purpose

 Table 2.3: Circuitry Design Specifications



3 Software Design Specifications

The software component of Pulse Tracer will include three major sub-components, namely image processing, data extraction, and a user interface application. The image processing component will be responsible for preparing the data to be used by the extraction algorithms. This will include facial detection of the patient and automatically selecting regions of interest for each image frame captured by the hardware system. The data extraction component will involve algorithms for determining heart and RRs of the patient, as well as any future additional metrics. Finally, the user interface application will provide the users a way of interacting the data. This will include a database to hold all patient data, as well as data transmission from Pulse Tracer devices to the database. The design of the user interface application will be evaluated in Appendix A of this document.

3.1 General Software Design Specifications

All software components for Pulse Tracer will be written primarily in Python. Using this language will allow for rapid development of Pulse Tracer software by making use of existing Python libraries such as NumPy, OpenCV, and dlib. The software will also be easier to read when compared to other languages such as Java and C/C++, allowing future developers to more easily modify the software.

Figure 3.1 below shows how the software components of Pulse Tracer will be connected to form a single pipeline. Due to the limited processing power of the Raspberry Pi, the image processing and data transmission stages of the pipeline will be the only components that perform on the device. After the ROI data is sent to the cloud database, the remaining stages will be performed on a virtual machine (VM) that accesses the database.



Figure 3.1: Data analysis pipeline



The first stage of the pipeline will be image processing, where a script will read the video stream from the Raspberry Pi and perform facial detection to identify regions of interest. After this, the Raspberry Pi will send the identified regions of interest for each frame to be stored on the cloud database. Next, a VM will use the ROI to extract HR information, and subsequently the RR. Finally, the HR and RRs will be stored in the database and then posted to the web application for the users to view.

The Table 3.1 below outlines the general design specifications for all software used in Pulse Tracer.

Design ID	Design Description
Des 3.1.1 - I	The software components shall be written in Python
Des 3.1.2 - I	The version of Python used shall be 3.5 or greater
Des 3.1.3 - I	All software components involved in Pulse Tracer shall be organized into a single pipeline
Des 3.1.4 - I	The pipeline shall include the reading, analysis, and posting of data from the input camera
Des 3.1.5 - I	The only processes performed on the Raspberry Pi shall be the processing of raw image data and transmission of selected regions of interest to the cloud database
Des 3.1.6 - I	The extraction of heart and respiratory rates from transmitted regions of interest shall take place on a remote machine

 Table 3.1: General Software Design Specifications

3.2 Image Processing

Determining the heart and RRs of the patient requires video footage of only a small portion of the patient's exposed skin to be compared over time [3]. Pulse Tracer targets regions of exposed skin on the patient's face, specifically larger areas such as the cheeks, forehead, and nose. In order to identify these regions of interest, the Haar Cascades classifier is used for facial detection. This algorithm is based on the principle of training a classifier using positive and negative images. In this case, the positive images will be those that include a face, whereas negative images will not contain a face. Haar features are then used to extract objects from the positive images. Figure 3.2 below shows an example of Haar features.



Figure 3.2: Haar feature examples [19]

These features are used as a convolution kernel and are multiplied and subsequently added with the image at every pixel location. This introduces a large number of calculations to be performed,



potentially slowing down the algorithm. Therefore, the Haar Cascade classifier uses an integral image to increase the speed of the calculations. The integral image is a summed-area table, which can be thought of as an intermediate representation of the image. It is used to quickly calculate the sum of all pixel intensities in a specified region, namely the region covered by the Haar feature at each pixel location.

The Haar features used in the classifier are also varied in size, increasing the total number of possible features. For example, a 24x24 feature window will produce a set of more than 180,000 features [20]. However, not all of these features are relevant. Figure 3.3 below demonstrates the use of these features in an image. The vertical line feature is able to accurately identify the nose in the image, whereas the horizontal feature can identify the eyes. However, if the two windows are applied to the cheeks where the there is a constant pixel intensity throughout, they would be irrelevant. For this reason, the classifier uses Adaboost to eliminate irrelevant features and therefore improve efficiency of the algorithm.



Figure 3.3: Demonstration of Haar features on an image [20]

OpenCV is used to implement the Haar Cascade classifier in this application. The Python library comes with pre-trained classifiers for the face, which are used by downloading the XML files and including them as the classifier. Pulse Tracer uses a combination of three pre-trained classifiers for frontal face detection. This includes the default frontal face detector, followed by the two alternative frontal face detectors if the default returns no result.

The algorithm above describes how the ROI will be determined in Phase I of Pulse Tracer. During Phase II, the above algorithm will be optimized for speed and detection accuracy, which may include replacing the Haar Cascade Classifier with a newer and faster facial detection algorithm. This may require training a new model instead of using a pre-trained classifier.

Once the face has been detected in the image, Pulse Tracer then identifies facial landmarks using the pre-trained facial landmark detector from Python's dlib library. This detector takes the coordinates of the box bounding the detected face and estimates the location of 68 x-y coordinates which map to the facial landmarks. This detector can identify the mouth, left and right eyebrows, left and right eyes, the nose, and the jaw. Figure 3.4 below shows a mapping of the 68 x-y coordinate to their corresponding landmarks.





Figure 3.4: Map of 68 coordinates to facial landmarks [21]

After identifying the coordinates of the facial landmarks, regions of interest for the forehead, nose, and cheeks are selected. This is accomplished by creating a square around the detected coordinate for each landmark. The size of the square is dependent on the size of the face detected, and each should be approximately 0.5% of the total area of the face. The small size of the ROIs will allow the algorithm to consider multiple regions of the face when extracting the heart and RRs. The algorithm was tested on two videos collected with faces at different distances from the camera. The following figures show the ROIs identified by the algorithm.



Figure 3.5: ROI as detected by the algorithm

The design specifications for the image processing involved in Pulse Tracer are detailed in Table 3.2 below.



Design ID	Design Description
Des 3.2.1 - I	The ROI selection shall detect region of interest on the patient's nose, forehead, and cheeks
Des 3.2.2 - I	For each frame where a face is detected, the image processing algorithm shall produce at least two viable regions of interest to be used by downstream analysis
Des 3.2.3 - I	The selected regions of interest shall each have an area that is approximately $0.5-1.0\%$ of the total area of the detected face
Des 3.2.4 - I	The facial detection algorithm shall accurately detect faces at various distances from the camera
Des 3.2.5 - II	The image processing algorithm shall be able to process the video stream as close to real time as possible
Des 3.2.6 - II	The facial detection algorithm shall accurately detect faces that include obstruc- tions such as facial hair, eye glasses, and headwear
Des 3.2.7 - II	The facial detection algorithm shall accurately detect faces in varying levels of illumination
Des 3.2.8 - II	The image processing algorithm shall raise an alert if no face is detected for more than 2 seconds
Des 3.2.9 - II	The facial detection algorithm shall work for both frontal views and profile views of the face
Des 3.2.10 - II	The facial detection algorithm shall be optimized to improve speed and accuracy

 Table 3.2: Image Processing Design Specifications

3.3 Data Extraction

3.3.1 Heart Rate Data

Pulse Tracer makes use of remote PPG to monitor vital signs from the incoming video stream. PPG itself is an optical technique for measuring changes in blood volume in peripheral vasculature [22]. The principle behind remote PPG is that hemoglobin in the blood absorb light in a way that is proportional to the hemoglobin concentration in the blood. Because hemoglobin concentration varies with the change in blood volume in a vessel, the absorption of light can be used to remotely identify the pulse [23]. This persists as a slight colour change on the surface of the skin which is invisible to the human eye, but can be detected by a camera.

The change in colour of the patient's skin corresponds to a change in the intensity of the pixel values detected by the camera. Therefore, the pixel intensity captured by a digital camera can be decomposed into the illumination intensity and the reflectance of the skin [24] to produce a PPG signal. There are several proposed approaches to relate the pixel value detected by the camera to the corresponding PPG waveform.

The first step is to decide which colour channel to select for the algorithm. As with most digital cameras, the Raspberry Pi NoIR camera stores digital images according to the Red-Green-blue (RGB) colour model. In this model, each image is represented by three m-by-n matrices. Each of these matrices corresponds to one colour, either red, green, or blue. Although there are other colour models that could represent the images, namely YCbCr and HSI [25], the RGB colour model will be used in this algorithm because it is the most common model and the default for storing digital images [26]. Figure 3.6 below shows a visual representation of the RGB colour model.





Figure 3.6: Red-Green-Blue model [25]

Because Pulse Tracer is intended for use during the day and night, both ambient and NIR light will be used as light sources. When ambient light is used for illumination, the image will appear to be normal and will be in full colour. However, when NIR light is used for illumination, ambient light will be blocked out. This will result in a gray-scale representation of the image. Although the green channel has historically been used for remote PPG image processing [27], preliminary tests have shown the red channel is most sensitive to changes in pixel intensity when using NIR. For this reason, Pulse Tracer will use the red colour channel to extract the HR. For Phase I of the design cycle, LumoAnalytics will focus on ambient light for stationary patients, moving to NIR illumination at night in Phase II.

Figure 3.7 below demonstrates the extraction of the raw RGB traces from a video.



Figure 3.7: Extraction of raw RGB trace from a video sequence [28]



After extracting the ROI from the video frame, the mean of the pixels in this ROI will be calculated across each colour channel. This will provide three signals, xR(t), xG(t), and xB(t), corresponding to the average of the red, green, and blue pixels as a function of time, respectively. After calculating the average, the acquired signal will be represented as x(t) = (xR(t), xG(t), XB(t)). However, represents the observed signal, which is a combination of the source signal, s(t), and noise. Therefore, the observed signal for each of the three-colour traces needs to be separated into a source signal, s(t), and a noise signal, n(t).

There are several methods to extract the independent source signals from the observed signals, such as Green, CHROM, and ICA. Pulse Tracer will utilize Independent Component Analysis (ICA) as it is most widely used and has a relatively higher accuracy when compared to other methods [29]. Pulse Tracer will specifically make use of the Joint Approximate Diagonalization of Eigen-matrices (JADE) algorithm, as it is commonly used for HR detection due to its numerical efficiency.

The decomposed source signal will then be filtered with a band pass filter, only selecting frequencies between 0.7 and 4 Hz. This range corresponds to the physiological HR range of 45 to 240 bpm. At this point, the PPG signal will be analyzed by an additional algorithm to extract the HR. To further analyze the HR however, the filtered source signal will be converted to the frequency domain. In this domain, the frequency with the range corresponding to the peak with the highest magnitude will be considered as the HR value [30].

The frequency domain will also keep track of historical data of pulse frequency to reject noise by fixing a threshold for maximum fluctuation in pulse rate between consecutive measurements. If the change between the current pulse rate and the previous acquired value exceeds a specific threshold, the algorithm will reject the current pulse rate and search the frequency range for the peak with the next highest magnitude that meets this restriction. If there is no value that satisfies this criteria, the algorithm will keep the last computed pulse frequency [28]

Figure 3.8 below outlines the steps involved in extracting the HR from the video input.



Figure 3.8: Summary of Heart Rate Extraction process [28]





3.3.2 Respiratory Rate Data

The Respiratory Rate (RR) of a patient can be extracted from PPG data utilizing a number of different algorithms. These algorithms vary in their effectiveness and complexity but all rely on the fundamental way the RR affects the PPG data, specifically how breathing affects a person's HR. There are three main effects that respiration has on the HR. Respiratory Induced Frequency Variation (RIFV) is a periodic change in the pulse rate which is caused by an autonomous nervous system response [31]. Respiratory Induced Intensity Variation (RIIV) is a change in the baseline signal that is caused by a variation of perfusion due to intra-thoracic pressure variations [32]. Finally, Respiratory Induced Amplitude Variation (RIAV) is a change in pulse strength that is caused by a decrease in cardiac output due to reduced ventricular filling during inspiration [33]. These three effects can be seen affecting a sample PPG signal in Figure 3.9.



Figure 3.9: Effect on PPG signal of Respiration [31]

Since there is fundamental respiratory data within the PPG signal, various algorithms can be used to extract it. For this project, some different algorithms will need to be investigated but the general structure is as follows [34, 32, 33, 35, 36, 37]. The first step is to extract the respiratory signal from the PPG signal. In order to achieve this, low frequencies need to be eliminated using a high-pass filter with a cutoff frequency around 4 breaths per minute or 0.067 Hz. The next step can follow one of two paths, either using a filter or feature based extraction method.

Filtering methods can be as simple as just a band pass filter between 4 and 60 breaths per minute or between 0.067 and 1 Hz. However, a more accurate method would be to take the maximum amplitude of the continuous wavelet transform within reasonable HR frequencies between 30-220 beats per minute [34]. This filters out the cardiac signal leaving the portion of the signal related to respiration behind.

A feature based method analyzes the shape of the waveform looking for differences caused by the aforementioned RIFV, RIIV and RIAV [31]. The signal is first filtered to remove high frequencies above about 35 Hz. Then a combination of three analyses can be done. One method is to calculate the difference between the amplitudes of troughs and peaks [34]. Another is to compare the time intervals between peaks [36]. Then the last is to compare the mean signal value between consecutive troughs [37]. The described methods will be implemented and compared to find out which offers the most accurate respiratory signal using the system. After the signal is extracted it looks like the following example from literature, which follows closely to an ECG.





Figure 3.10: Extracted Respiratory Signal [33]

Once the respiratory signal has been extracted, the RR can be estimated. The most simple method is to detect the peaks in the extracted signal to count how many occur in a certain period of time and then generate the breaths per minute from that count [34]. A more accurate method filters the peaks and troughs in the signal by eliminating peaks less than the mean and troughs greater than the mean as well as eliminating peaks or troughs that occur closely together [34]. The algorithm will be tweaked to find the peaks and troughs most accurately representing the RR of the patient.

A final but optional step can be undertaken to improve the accuracy of the RR estimates. In literature it is called the fusion of RRs and it refers to methods that combine the results from multiple RR estimation algorithms to output a more accurate result [34]. A smart fusion of RRs can be done where their quality is assessed by means of standard deviation analysis. Also, temporal smoothing can be performed on the estimated RRs to give an aggregated result. Combining the three main stages of this algorithm (signal extraction, rate estimation and fusion) will allow the RR of the patient to be determined from the PPG data.

3.3.3 Additional Metrics

Heart rate variability (HRV) refers to the variation in the time interval between heartbeats, measured by the variation in the beat-to-beat interval. It has been shown that reduced HRV is a predictor of mortality after myocardial infarction [38]. Reduced HRV is also associated with congestive heart failure, diabetic neuropathy, post-cardiac-transplant depression and poor survival in premature babies [39]. Therefore, detecting HRV would be beneficial. Using remote PPG the HRV can be determined by examining the spectrogram however a more accurate and simple method is to perform peak detection on the PPG signal [40]. One such algorithm for HRV can be seen in Figure 3.11 below. The ability to detect HRV can be implemented in future revisions of the software however there are challenges and potential hurdles to overcome, such as the HRV requiring a more samples or more frames per second in order to be accurately determined.



Figure 3.11: HRV Algorithm from Remote PPG [40]

Blood oxygen saturation is a common health metric indicative of the amount of oxygen the patient is metabolizing. Pulse oximetry is one common method for determining the amount of oxygenated hemoglobin in the blood and it helps warn clinicians of patients with hypoxemia (low levels of oxygen) which can lead to serious health complications [41]. Pulse oximetry works by illuminating the skin in close contact with two wavelengths of light at 660 nm and 940 nm [41]. The two wavelengths are chosen as they have different absorption by oxygenated and deoxygenated hemoglobin as shown in Figure 3.13 below.



Figure 3.12: Light Absorbance Spectra of Hemoglobin [41]

The standard method of pulse oximetry usually requires contact with a patient which can be uncomfortable and easy to fall off especially with elderly patients. Remote PPG is capable of measuring the blood oxygenation from a distance, avoiding these issues. Using a NIR light source or ambient light can provide the illumination to detect changes in oxygenation. Two different color channels such as red and blue can be chosen from the camera and compared using the equation in the below figure [42]. Using this equation, the oxygen saturation can be determined after some filtering is done to the PPG signal for both the red and blue color channels [42]. This metric can be added into the software during Phase II of the Pulse Tracer.



$SpO2 = A - B rac{(Iac/Idc)\lambda { m red}}{(Iac/Idc)\lambda { m infrared}}$

Figure 3.13: Oxygen Saturation Equation [42]

Table 3.3 below outlines the design specifications for the data extraction component of Pulse Tracer.

Design ID	Design Description
Des 3.3.1 - I	The heart rate will be computed based on intensity variations of pixels in a single region of interest (POI)
Dog 229 I	The PCP color model will be used to represent images
Des $3.3.2 - 1$	The heart rate sutraction algorithm will calculate the sucrement of the ninels in
Des 5.5.5 - 1	ROI across a single RGB color channel
Des 3.3.4 - I	The processed signals will be normalized to acquire a heart rate for every second
Des 3.3.5 - I	The source signal will be separated from the observed signal using the Indepen-
	dent Component Analysis method
Des 3.3.6 - I	The source signal will be converted to the frequency domain using the Fast
	Fourier Transform
Des 3.3.7 - I	The heart rate will be extracted from the power spectrum with band frequencies
	from 0.7 to 4 Hz
Des 3.3.8 - I	The respiratory rate algorithm shall filter out low and high frequency signals
	from the PPG signal that are not associated with respiration
Des 3.3.9 - I	The respiratory rate algorithm shall detect features such as RIFV, RIIV and
	RIAV in the PPG signal
Des 3.3.10 - I	The respiratory rate algorithm shall estimate the respiratory rate from the
	extracted respiratory signal
Des 3.3.11 - II	The heart rate algorithm will consider various situations such different skin
	colors and motion artifacts
Des 3.3.12 - II	Noise reduction will be improved with the use of thresholding
Des 3.3.13 - II	Heart rate will be calculated by comparing multiple regions of interest
Des 3.3.14 - II	The respiratory rate algorithm shall combine results from multiple algorithms
	to get a more accurate respiratory rate
Des 3.3.15 - II	Heart rate variability analysis shall be implemented on the PPG signal
Des 3.3.16 - 11	Pulse oximetry using two color channels shall be implemented to provide blood
	oxygenation data
Des 3.3.17 - II	The heart rate algorithm shall be able to correctly identify the heart rate in the
D 0.040 TT	event of a change in illumination
Des 3.3.18 - III	The respiratory rate algorithm shall be made efficient to be able to be run on
	less powerful hardware

Table 3.3: Data Extraction Design Specifications



3.4 User Interface Application

3.4.1 Data Storage and Transmission

All data collected and produced by Pulse Tracer devices will be stored on a database hosted by a cloud service, and subsequently processed by VMs in the same cloud service. Cloud computing offers many benefits when compared to traditional on premise computing, such as ease of access and improved security. In particular, Pulse Tracer will make use of Amazon Web Services (AWS) platform, primarily the Elastic Compute Cloud (EC2) and Relational Database Service (RDS).

Making use of the AWS cloud platform will require that the data collected by Pulse Tracer devices be wirelessly transmitted to the cloud instances. This will involve the following steps.

- Step 1: Create the AWS IoT Policy to allow the Raspberry Pi to perform operations on AWS
- Step 2: Create a thing in AW IoT to represent the Raspberry Pi. All of the devices connected to AWS IoT are represented as "things" in the AWS IoT registry, which allows for a record of all devices connected to the AWS account
- Step 3: Data will be sent in JSON format from the Pulse Tracer device and subsequently stored in AWS IoT
- Step 4: Lambda actions will capture the event and save the information to the database

Figure 3.14 below shows how the data will communicate with AWS.



Figure 3.14: Overview of data flow [43]

3.4.2 Web Application and Database

The software interface for Pulse Tracer will consist of a web application in Phase II and will extend to a mobile application in Phase III. The backend will be built using Django, which is a high-level Python web framework. Because Django is a high-level framework, it allows for rapid development while still providing sufficient features. The front end of the web application will make use of Bootstrap and Javascript alongside Django's HTML templates.





The Django backend will be connected to a PostgreSQL database, which will be hosted in the cloud as an AWS RDS. This will allow many Pulse Tracer devices to remotely send ROI data to the database. A VM will also access this database to process the ROI data into HR and RRs, and then store the results. The database itself will hold metadata about the patient and caregiver, raw ROI data for the patient, and the processed HR and RR data. Figure 3.15 shows the schema for the database.



Figure 3.15: Schema for PostgreSQL Database

Data within the database will be compressed such as to limit the size of the database while still preserving the required information for both health care providers and patients. The ROI data is not needed once the HR waveform has been extracted, therefore only approximately 10 minutes of ROI data will be stored in the database at any given time. This will allow the VM sufficient time to process ROI data into the HR waveform. Additionally, the database will reduce the number of data points stored over time. For example, the HR waveform will be stored for all points every day for the last 90 days. After this point, only the average HR for every 30 minutes throughout the day will be stored.

The design specifications for the web application and database used in Pulse Tracer are detailed in Table 3.4 below.



Design ID	Design Description
Des 3.4.1 - I	Amazon Web Services (AWS) IoT Policy will be used to allow communication
	between the microcontroller and AWS
Des 3.4.2 - I	The microcontroller will be registered on AWS IoT
Des 3.4.3 - I	Data will be transferred from microcontroller to AWS using JSON format
Des 3.4.4 - I	The database will be a PostgreSQL database
Des 3.4.5 - I	The postgreSQL database will be hosted as a cloud database using AWS
Des 3.4.6 - II	Lambda action will forward the receiving data from AWS IoT to the relational
	database
Des 3.4.7 - II	The web application shall have a backend built from the Django web framework
Des 3.4.8 - 11	The wed application shall have a front end built from Bootstrap, Javascript,
	and Django templates
Des 3.4.9 - II	The database shall be hosted in a cloud service such as AWS RDS
Des 3.4.10 - II	The database must store metadata about each patient and health care provider
Des 3.4.11 - II	The database must store heart rate and respiratory rate data for each patient
Des 3.4.12 - II	The database must store approximately 10 minutes of ROI data at any given
	time
Des 3.4.13 - II	The web application shall allow users to view their heart rate and respiratory
	rate data by selecting dates and periods of time
Des 3.4.14 - III	The software interface shall be extended to include both a web application and
	a mobile application
Des $3.4.15$ - III	The mobile application must work on Android, Windows, and iOS devices
Des 3.4.16 - III	Both web and mobile applications shall include a layer of security to only allow
	patients and their health care providers access to the patient's data
Des 3.4.17 - III	The database must include a compression algorithm to compress heart rate and
	respiratory rate data over time

Table 3.4: Web Application and Database Design Specifications



Conclusion

Pulse Tracer is a patient monitoring system designed to offer patients the opportunity to remain independent in their own home while still ensuring their health can be monitored by caregivers. This document outlines detailed design plans for Pulse Tracer broken down into its hardware and software components. Pulse Tracer combines inexpensive hardware with innovative software to meet the design goals outlined in this document.

Pulse Tracer is comprised of the following subsystems as described in the document:

1. Hardware System

- Raspberry Pi powers the LEDs, records video from camera, performs image processing and facial recognition and sends the data to a database
- NoIR camera captures video of a face in the NIR as well as the visible range
- NIR LEDs illuminate the subject

2. Software System

- Image processing and facial recognition acquire ROIs on the face that can be used to extract heart rate and respiratory rate
- Heart rate extraction takes the ROIs and extracts the PPG signal to determine heart rate
- Respiratory rate extraction takes the heart rate signal and applies additional analysis to extract the respiratory rate

3. User Interface

- The main UI displays real time and historical data for the heart rate and respiratory rate
- Different views allow both patients and caregivers to access data
- The database stores data as well as provides hardware for additional processing

This design specifications document will function as a guide and a reference for the LumoAnalytics as the team continues prototyping the Pulse Tracer. These designs may be subject to change as the device goes through development and engineering iteration.



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A User Interface and Appearance

A.1 Introduction

Pulse Tracer is a remote monitoring system intended to be used by elderly patients and their caregivers. In order to encourage the adoption of Pulse Tracer by the elderly population, LumoAnalytics must ensure the user interface of the system is designed to be simple and easy to use, as well as to address the concerns of the intended users. This includes developing a device that is contact-less such as to not interfere with the patient or cause discomfort, as well as ensuring that patient data is secure and only accessible by a professional health care provider [44].

The User Interface components found in Pulse Tracer include an on/off switch, an LED indicating whether the system is recording or not, and a web application for viewing patient data.

A.1.1 Purpose

The purpose of this document is to provide an overview of the user interface design for Pulse Tracer and evaluate the usability of the system.

A.1.2 Scope

This document will outline the user interface of Pulse Tracer throughout the entire design cycle, including the proof-of-concept prototype, engineering prototype, and final product. It will begin by providing a user analysis, outlining the knowledge and restrictions the intended users will be expected to have. Next, a technical analysis will be performed which will investigate Don Norman's "Seven Elements of UI Interaction" and demonstrate how the hardware and software user interfaces of Pulse Tracer will address these concepts. The engineering standards associated with the user interfaces will then be discussed, followed by a detailed description of the analytical and empirical usability tests that will be performed on the final Pulse Tracer device.



A.2 User Analysis

The targeted market for Pulse Tracer can be classified into two major categories, namely patients and their health care providers. Users who are considered patients will mostly be elderly, but could also include middle-aged users with underlying health conditions. Users who are considered health care providers are professionals in the workforce, most likely between the ages of 30 and 65. For this reason, the user interface involved in Pulse Tracer needs to be easy-to-use for a wide range of users.

Pulse Tracer does not require users to have specific physical capabilities, as the device is intended to be used on immobile patients. The device only requires that a user is able to access the app via computer, smartphone, or tablet. If the user is a patient, they will be able to turn the device on or off through the app, eliminating the need to physically touch the Pulse Tracer device.

In order to use the app associated with Pulse Tracer devices, users require access to modern technology such as a computer, smartphone, and/or tablet. Upon initial use of Pulse Tracer, patients will need to download the app and link it to their device. They will then need to set up a profile with their personal information, and link their account with their health care providers. Whether the user is a patient or health care provider, they will need to be able to check the app regularly. This requires constant access to a device that is compatible with the app.

The Pulse Tracer app itself has been designed to be intuitive such that the user does not require extensive experience using mobile applications. This is particularly important for older users, as they typically have less experience using mobile devices and/or computers. The user will simply need to know how to navigate between pages in the app, as well as how to enter data with forms.



A.3 Technical Analysis

LumoAnalytics is dedicated to providing an intuitive system that is easy and simple for users of all ages and technical backgrounds. In order to accomplish this, our team has taken into account the Discoverability, Feedback, Conceptual Model, Affordance, Signifiers, Mapping and Constraints of Pulse Tracer, as detailed in Don Norman's "Seven Elements of UI Interaction" from his book *The Design of Everyday Things*[45]. The following sections will discuss these elements in further detail.

A.3.1 Discoverability

Discoverability emphasizes the intuitive design of the device how intuitive is this device to use and control. For Pulse Tracers prototype, this can be separated into two components the physical presence of Pulse Tracer and the app.

Pulse Tracer the device in Phase II of production is placed within an enclosure, with holes for the camera, the LED ring, lights to indicate whether the device is operating and whether it requires charging, a charging outlet and a switch.

To determine the discoverability for the hardware portion of the prototype, we have compiled a series of actions the user will be required to perform:

- 1. Turn on device with power switch
- 2. Charge Pulse Tracer when light indicates a necessity

In order to achieve these tasks, the following factors have been taken into account for Pulse Tracers design:

- 1. The power switch will be labeled clearly and placed on the left of the device for easy understanding and access
- 2. The charging station and corresponding light to indicate power status are clearly labelled and placed on the right side of the power switch to avoid confusion
- 3. The light that indicates whether the device is in operation clearly labelled and placed on the left side of the device is close proximity to the power switch
- 4. The camera and LED ring are placed at the front of the device

The software portion of Pulse Trace is available as an app. The app will contain two different settings for the user and caregivers respectively. In the user setting, the patient will be able to access their current and historical heart rate and respiratory rate data, along with any additional metrics, in the form of graphical data. The user will also be able to flag data and input personal information such as body weight, age and height. The caregiver setting will allow for viewing of multiple patients and will contain the same information as well as the ability to flag data, but can only view rather than change patient information.

To determine the discoverability for the software portion of the prototype, we have compiled a series of actions the user will be required to perform:

- 1. Access the patient setting and complete the following:
 - (a) Open each metric individually and view graphical data
 - (b) Flag data
 - (c) Input personal information
- 2. Access the caregiver setting and complete the following:
 - (a) Open each metric individually and view graphical data



- (b) Flag data
- (c) View multiple patients
- (d) View patient data

In order to achieve these tasks, the following factors have been taken into account for Pulse Tracers design:

- 1. The application is clearly labelled with a unique icon
- 2. The initial set up will allow the user to select if they are a patient or a caregiver
- 3. The app will allow for a main menu to select which vital sign to view
- 4. There will be a separate page to input and view patient information
- 5. There will be a button to flag data

A.3.2 Feedback

Feedback in Pulse Tracer is used to inform the user of the power and battery status of Pulse Tracer, as well as possible changes in the application. For the prototype model, the following is used:

Battery LEDs:

- Red to indicate power is low and to attach charging cord
- Blue to indicate device is currently charging
- Green to show device is fully charged

Power LED

- Red to show device is on
- $\bullet\,$ No color to show off

Software Application

- When metrics are selected in the main menu, graphs and average value is displayed
- When metrics are selected in the main menu, graphs and average value is displayed
- When flagging data has been selected, a pop up will ask to confirm flag data is desired
- After flagging data, an indicator on the graph will be located where data was flagged
- On the caregiver setting, when each patient is selected, their information will appear

A.3.3 Conceptual Model

A conceptual model is designed to show the user how the system works and allow better understanding of the functions of the device. The physical portion of Pulse Tracer is intended to mimic a wireless webcam, with the lens on display and LEDs to indicate the power and charging of the device. The Pulse Tracer app is modeled after typical smart phone apps with additional designs specified for elderly use, such as easy navigation and clear text. This allows for a very intuitive design that can easily be taught and/or used by anyone with a familiarity with apps.

A.3.4 Affordance

Affordance is defined by how the device should be used within given constraints. Pulse Tracer uses a simple app to display graphical data and average data, with simple navigational tools that show what the app is capable of displaying and nothing else. The hardware application in the prototype stages has a clearly labelled switch and power source as its only sources of interaction, placed in different locations and with different shapes to provide ease of use.



A.3.5 Signifiers

Signifiers are used to discover what affordances are possible. Pulse Tracers signifiers are similar to the feedback provided, where LEDs are turned on and off to indicate the power and charging status of the device. In the application side, metrics and averages are displayed in real time values, and flagged data is shown with an indicator at the location of the chosen data.

A.3.6 Mapping

Mapping is used to indicate the relationship between two sets of things. To ensure good mapping in Pulse Tracers prototype stage, all LEDs and the switch are labelled, with the power and charging LEDs placed on the left and right side respectively to encourage intuition. By position them on opposite sides, this ensures there is no accidental misunderstanding of what each side means, as there are three charging LEDs on the right side as opposed to the singular LED for power on the left side.

A.3.7 Constraints

Constraints are the limits of the user interface. While the constraints on the hardware component are limited to needing an outlet from which to plug in the charger, remembering to charge the device and not being color blind in order to differentiate the different lights used as signifiers, the software portion contains several more constraints. First, the user must own a computer in order to use the web application and have access to internet information cannot be displayed without a screen. From this, the user also requires a keyboard and mouse for the purpose of selecting and flagging data. Secondly, because the data is intended to be secure, the user must be able to remember a login and password in order to access their information, or the information of their patients. Finally, the user needs to the intuition to recognize that clicking certain words or symbols may offer more information.



A.4 Engineering Standards

In order to ensure safe and efficient use of Pulse Tracer, the interfaces of the device shall adhere to the following standards.

IEEE 1621: Standards for User Interface Elements in Power Control of Electronic Devices Employed in Office/Consumer Environments[46]

IEEE 1012: Standards for System and Software Verification and Validation [47]

IEEE Std 1003.13: Standards for portable Real-time and Embedded Applications [48]

C22.2 NO. 0.23-15: General requirements for battery-powered appliances[49]

IEEE 802.15.5: Standard for telecommunications and information exchange between systems. This standard ensures security of component communications using wireless networks such as cloud server, mobile application [50]

IEEE 2410: Standard for Biometric Open Protocol, it ensures security regarding cloud communication with devices [51]

IEC/TR 80002-1: Standard for medical device software [52]

IEEE Std 11073-10101a: Standard Health informatics -Point-of-care medical device communication [53]

IEC 80001-1:2010: Standard of risk management for IT-networks incorporating medical devices [54]



A.5 Analytical Usability

The analytical usability testing will focus on any inefficiencies or annoyances with the user interface that could lead to the user becoming frustrated or unable to complete their desired task. A series of tests will be performed that are designed to test the major portions of the user interface, typical user tasks and perceived areas of difficulty.

Task	Success/Fail	Notes
The camera is in a secure position facing the patient when it is		
setup		
A light turns on to indicate the camera is on and recording		
A light turns off to indicate the camera is off and not recording		
A light stops flashing to indicate the camera is connected to the		
internet and the user application		
A light turns green when charging		
A number of battery LEDs indicate how much power is left in		
the battery		
A message is sent to the user application when the camera is		
recording		

Table A.1: Hardware Analytical Usability

Task	Success/Fail	Notes
The application successfully launches and shows the home page		
An account can be set up by a user showing their username and		
password		
When a patient or caretaker logs into the application, the proper		
application mode is displayed, showing either a patient or care-		
taker view		
The current heart rate of a patient is shown in the heart rate		
display		
The historical heart rate of a patient is shown in the historical		
heart rate graph		
The current respiratory rate is shown in the respiratory rate dis-		
play		
The historical respiratory rate is shown in the historical respira-		
tory rate graph		
Each page in the application is navigable from the home page		
An abnormality in heart or respiratory rate sends an alert		
There is a confirmation box for when the user flags data		
Multiple patients can be viewed in the caretaker view mode		

Table A.2: Software Analytical Usability



A.6 Empirical Usability

Empirical usability testing will play a crucial role in evaluating the usability of both the software and hardware components of Pulse Tracer. This stage of usability testing will require that approximately 5 to 10 potential users perform a series of tasks provided by the LumoAnalytics team. These users include both patients and health care providers. The tasks will evaluate both the hardware and software user interfaces of Pulse Tracer.

The following table identifies the tasks required to evaluate the hardware interface for Pulse Tracer. This includes the button to turn the device on and the interface involved with the rechargeable battery.

thTask	Success/Fail	Notes
Turn the device on		
Turn the device off		
Determine whether the system is recording or not		
Determine whether the device needs to be charged		
Charge the device		
Determine whether the device is finished charging		

Table A.3: Hardware Tasks

The following table identifies the tasks required to evaluate the software interface for Pulse Tracer. This includes the web and mobile applications for updating patient information, viewing calculated heart and respiratory rate data, and switching between patients for caregivers.

Task	Success/Fail	Notes
Login to your account		
Link your account with your Pulse Tracer device		
Allow your health care provider access to view your data		
Edit your profile information (i.e. change username, age, height,		
etc.)		
View your heart rate data from Tuesday of last week		
View the trend in your heart rate over the past week		
Flag a data entry as an event that should not raise concern		
View your respiratory rate data from yesterday		
View the trend in your respiratory rate over the past week		
View your current respiratory rate		

Table A.4: Software Tasks

The goal of this test is to evaluate the system rather than the users; as such, the tasks are aimed towards evaluating how intuitive the user interface of Pulse Tracer is. The members of the Lumo-Analytics team who will be conducting the test will record observations of each user. They will specifically be looking for whether the user was successful in completing the task or not, the time spent on each task, any errors involved with working towards completing the task, and any break-downs or workarounds required for completion. Any recorded problems encountered by the users will be compared to the chart shown in the figure below.





Figure A.1: Severity chart of issues from the empirical usability testing

Any catastrophic incidents that have a high frequency and a high negative impact will be addressed immediately in the user interface. Additionally, incidents with a large negative impact that rarely occur or incidents that have a small negative impact that occur frequently should be addressed but are not of great concern. Finally, incidents with a small negative impact that rarely occur will not be addressed.

Following the task-based usability test, LumoAnalytics will provide each user with the following questionnaire regarding their experience with Pulse Tracer.

Questions Response
Would you use this device in the future?
Was the device was easy to use?
Did the device frustrate you?
What was the greatest strength of the device?
What could be improved about the device?
What was your overall impression of the device?
What features would you like to see added to this device?
What features would you like to see removed from this device?
Would you recommend this device to another person?
Why or why not?

 Table A.5: Post-Test Questionnaire

With these results in mind, LumoAnalytics will modify the Pulse Tracer system to fix any significant issues in an attempt to ensure users are comfortable and able to efficiently use the device.



A.7 Graphical Representation

The main interface components of Pulse Tracer are the hardware interface for toggling the power of the device and the software interface where users can view and edit data. The LumoAnalytics team hopes to provide users with easy-to-use and aesthetically pleasing interfaces to promote adoption of this device.

The following figures show a series of prototypes for what the Pulse Tracer interface could look like.



Figure A.2: Example prototype of what the landing page of the web application could look like





Figure A.3: Example prototype of what the data summary page of the web application could look like







A.8 Conclusion

The user interface of the Pulse Tracer is crucial for delivering heart rate, respiratory rate and other metrics to the users. The interface will allow users to not only view data but interact with it to provide a window into the overall health of the patients in a non-obtrusive manner. The web application will be able to run on multiple platforms, functioning for both patients and caregivers, and will be sleek, elegant and easy to use.

The user interface will not be fully introduced until phase 2 of the Pulse Tracer project. Therefore, for the proof of concept phase, the data will be displayed directly to a monitor instead of through an internet connection and web interface. However, this intermediate interface will show current and historical data on both the heart rate and respiratory rate to demonstrate the effectiveness of the device.

The team at LumoAnalytics strives to make this user interface intuitive and functional so that users from all walks of life will have an easy and straightforward way to monitor themselves, their loved ones and their patients.



B Supporting Test Plan

The following table identifies the category numbers.

Category Number	Category Description
Test 2.1	General Hardware Design Specifications
Test 2.2	Optical Design Specifications
Test 2.3	Circuitry
Test 3.1	General Software Design Specifications
Test 3.2	Image Processing
Test 3.3	Data Extraction
Test 3.4	User Interface Application

Table B.1: Category Numbers

Once the system has passed the test, a check mark can be added to the last column of the table.

The following table outlines various tests to verify and validate the proof of concept, appearance and engineering prototype. They are numbered according to their related category and test number as follows:

Test.{section code}.{subsection code}.{test number}-{phase number}



Test ID	Description	Acceptance Condition	P/F
Test 2.1.1-I	Ensure all data can be viewed on a mon- itor with HDMI input	The monitor displays all data correctly	
Test 2.1.2-I	Ensure LEDs can provide continues il- lumination	The illumination provided by LEDs is reasonable	
Test 2.1.3-I	Ensure the Raspberry Pi can work fine with the camera modules	Videos can be captured by the Raspberry Pi camera correctly	
Test 2.1.4-II	Ensure the data can be viewed on a web application	Users can access data though the web	
Test 2.1.5-II	Ensure the Pulse Tracer will be in an enclosed container with dimensions at least 10x10x14cm	The size of the container is perfectly match the device	
Test 2.1.6-II	Ensure the enclosed container will have openings for the lens, light source, switch and charging station	Users can easily check and operate the device from the outside	
Test 2.1.7-II	Ensure there will be LEDs to indicate the current switching, charging, and op- erating status	Users can obtain the sta- tus of the system by ob- serving the LEDs	
Test 2.1.8-II	Ensure the enclosed container is unob- trusive and easy to set up	Users feels relax and com- fortable when using the device	
Test 2.2.1-I	Ensure LEDs operates at wavelength of 850nm	Videos are able to show provide acceptable data for performing algorithms	
Test 2.2.2-I	Ensure LEDs operate in a ring configu- ration to illuminate the entire face	Videos can display a com- pletely illuminated face	
Test 2.2.3-I	Ensure LEDs operate with an irradiance of 0.5mW/cm2 at a distance of 1m	The irradiance meter shows that the irradiance of LEDs is within desired range	
Test 2.2.4-I	Ensure the ring configuration for the LEDs will have a minimum radius of 16cm	The size of the ring mea- sured by users is correct	
Test 2.2.5-I	Ensure the ring configuration must be placed at the same distance from the subject as the Raspberry Pi Camera module	The Raspberry Pi camera and the LED ring circuit are in the same vertical level	
Test 2.2.6-II	Ensure the ring configuration will have an inner radius of 1.5cm and outer ra- dius of 3.5cm.	The size of inner ring and outer ring measured by users are correct	
Test 2.3.1-I	Ensure the LED ring circuit can work properly	LED ring circuit generates reasonable illumination	

Table B.2: Supporting Test Plan



Test ID	Description	Acceptance Condition	P/F
Test 2.3.2-I	Ensure the LED ring circuit is powered and grounded by GPIOs of the Rasp- berry Pi	The LED ring circuit pow- ered and grounded by the Raspberry Pi works prop- erly	
Test 2.3.3-I	Ensure the camera can work with the Raspberry Pi properly and all function are activated	Camera can be accessed though Raspberry Pi without error	
Test 2.3.4-I	Ensure that there is a Ethernet cable connected to the Raspberry Pi	The Raspberry Pi can ac- cess the Internet though the Ethernet cable	
Test 2.3.5-II	Ensure that a minimum 6000 mAh Lithum battery is provided to support the Raspberry Pi	The Raspberry Pi can keep working for at least 72 hours without charging	
Test 2.3.6-II	Ensure that a customized PCB is in- vented to replace the breadboard	The customized PCB has the same functionality as the breadboard	
Test 2.3.7-II	Ensure the Raspberry Pi can be able to be connected to the Wi-Fi and all pro- cedures can be able to be done remotely	Developers can access the files though Wi-Fi	
Test 2.3.8-II	Ensure that an overcurrent protection circuit is invented to avoid the short cir- cuit	The system automatically shut down once the cur- rent exceeds the threshold	
Test 2.3.9-II	Ensure that an over charge protection circuit is invented to avoid the over charge of the battery	The charging circuit is cut-off once the battery is fully charged	
Test 2.3.10-III	Ensure that a mechanical key is de- signed for the maintenance purpose	Developers have the abil- ity to open the enclosed container at any time	
Test 3.1.1-I	Ensure that all software components in- volved in Pulse Tracer shall be orga- nized into a single pipeline	No conflicts occur between software components	
Test 3.1.2-I	Ensure the pipeline include reading, analysis, and posting of data from the input camera	The pipeline is unob- structed	
Test 3.1.3-II	Ensure the extraction of heart and res- piratory rates from transmitted regions of interest can take place on a remote machine	Developers can edit the HR and HR extraction al- gorithm remotely without error	
Test 3.2.1-I	Ensure the ROI selection can detect re- gion of interest on the patient's nose, forehead, and cheeks	The nose,forehead, and cheeks can be successfully detected	
Test 3.2.2-I	Ensure that for each frame where a face is detected, the image processing algo- rithm shall produce at least two viable regions of interest to be used by down- stream analysis	Developers can see at least two ROI after performing the algorithm	



Test ID	Description	Acceptance Condition	P/F
Test 3.2.3-I	Ensure the selected regions of interest shall each have an area that is approx- imately 0.5-1.0 percentage of the total area of the detected face	The ROI surface area measured by developers is desirable	
Test 3.2.4-I	Ensure the facial detection algorithm can accurately detect faces at various distances from the camera	The results will not be disturbed by changing the distance between camera and face	
Test 3.2.5-II	Ensure the image processing algorithm is real-time based	The algorithm does not cause propagation delay to the system	
Test 3.2.6-II	Ensure the facial detection algorithm can accurately detect faces that include obstruc- tions such as facial hair, eye glasses, and headwear	Users with facial accessories can be detected correctly	
Test 3.2.7-II	Ensure the facial detection algorithm can accurately detect faces in varying levels of illumination	Users under varies levels of illumination can be de- tected correctly	
Test 3.2.8-II	Ensure the image processing algorithm can raise an alert if no face is detected for more than 2 seconds	Users are able to know what happened if alert raises	
Test 3.2.9-II	Ensure the facial detection algorithm can work for both frontal views and pro- file views of the face	Users viewed from differ- ent angles can be detected correctly	
Test 3.2.10-II	Ensure the facial detection algorithm can be optimized to improve speed and accuracy	The workload of micro- processor reduces signifi- cantly	
Test 3.3.1-I	Ensure the heart rate extraction algo- rithm can calculate the average of the pixels in ROI across a single RGB color channel	The number of average pixels in ROI calculated by the algorithm is correct	
Test 3.3.2-I	Ensure the source signal can be be sepa- rated from the observed signal using the Independent Component Analysis and can be converted to the frequency do- main using the Fast Fourier Transform	Signals converted by us- ing Independent Compo- nent Analysis and Fast Fourier Transform is cor- rect	
Test 3.3.3-I	Ensure the hear rate and respiratory rate algorithm can filter out low and high frequency signals from the PPG signal that are not associated with them	Signals filtered by the al- gorithm are all in the de- sired frequency range	
Test 3.3.4-I	Ensure the respiratory rate algorithm can detect features such as RIFV, RIIV and RIAV in the PPG signal	All features are observed by developers	



Test ID	Description	Acceptance Condition	P/F
Test 3.3.5-I	Ensure the respiratory rate algorithm can estimate the respiratory rate from the extracted respiratory signal	The extracted respiratory rate matches the real RR of the tester	
Test 3.3.6-II	Ensure the respiratory rate algorithm can combine results from multiple algo- rithms to get a more accurate respira- tory rate	The accuracy of the RR result is significantly improved	
Test 3.3.7-II	Ensure the Pulse oximetry using two color channels can be implemented to provide blood oxygenation data	Developers can view the blood oxygenation data without errors	
Test 3.3.8-III	Ensure the HR and RR algorithm is ef- ficient and can be able to be run on less powerful hardware	The workload of the micro processor is significantly reduced	
Test 3.4.1-I	Ensure the postgreSQL database will be hosted as a cloud database using AWS	Developers can access the postgreSQL cloud database without prob- lems	
Test 3.4.2-I	Ensure the microcontroller can be reg- istered on AWS IoT and data can be transferred from microcontroller to AWS using JSON format	The AWS IoT detects and reads the data sent from mircrocontroller correctly	
Test 3.4.3-II	Ensure the web application have a back end built from the Django web frame- work	Web function can be log- ically controlled by devel- opers through the Django framework	
Test 3.4.4-II	Ensure the wed application have a front end built from Bootstrap, Javascript, and Django templates	Web shows correct infor- mation to users	
Test 3.4.5-II	Ensure the database can be hosted in a cloud service	Developers can access the cloud without error	
Test 3.4.6-II	Ensure the database can store 10 mins of ROI data,RR,and HR of the patients	Users can view RR and HR data, and develop- ers can view all the data though web	
Test 3.4.7-II	Ensure the web application is user friendly	Users can view specific RR and HR data by entering date/time to a filter	
Test 3.4.8-III	Ensure the mobile application can work on Android, Windows, and iOS devices	Users can view HR and RR on any mobile device	
Test 3.4.9-III	Ensure both web and mobile applica- tions include a layer of security to only allow patients and their health care providers access to the patient's data	Other people without the permission can not access the data in any circum- stance	
Test 3.4.10-III	Ensure the database include a compres- sion algorithm to compress heart rate and respiratory rate data over time	Users can store more data into the database after compression	