

Mid-Main Internet Guidelines

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ACTION for Health

Document Status:

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| <input type="checkbox"/> Published Paper | <input type="checkbox"/> Practitioner's Pointers |
| <input type="checkbox"/> Working Paper | <input type="checkbox"/> Briefing Note |
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MID-MAIN INTERNET GUIDELINES

We are introducing the Internet on a trial basis as part of a research project run through Simon Fraser University called ACTION for Health.

DO:	DON'T:
<ul style="list-style-type: none">• Use the Internet to look up health and dental information	<ul style="list-style-type: none">• Use the Internet for email or other surfing
<ul style="list-style-type: none">• Use the Internet for time blocks of 15 minutes	<ul style="list-style-type: none">• Keep others from taking a turn
<ul style="list-style-type: none">• Use the Internet if you are 14+	<ul style="list-style-type: none">• Use the Internet if you're under 14
<ul style="list-style-type: none">• Ask Karen for technical help: i.e., for assistance to use the computer or to help find information	<ul style="list-style-type: none">• Try to print (unfortunately, we don't have a printer for patients)
<ul style="list-style-type: none">• Continue to consult your doctor, nurse, or pharmacist with medical questions	